# OcuDyne/ OcuDyne II

Leading Eye Care Formulas

(Hypoallergenic)

**OcuDyne**
Item #71070, 200 capsules

**OcuDyne II w/Lutein & Added Minerals**
Item #71080, 200 capsules

## OcuDyne

The OcuDyne formulas were formulated exclusively for Allergy Research Group® by Jonathan Wright, M.D. and Alan R. Gaby, M.D. The nutrients contained within each of the OcuDyne formulas support the structure and various functions of the eye. OcuDyne contains prime antioxidants, key amino acids, minerals, bioflavonoids, and extracts of ginkgo biloba and bilberry (*Viccinium myrtillus*). For additional support combine with Item no. 74600 Lutein.*

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| Serving Size: | 2 Capsules |
| Servings Per Container: | 100 |
| Amount Per Serving: | |
| Vitamin A (23% as Retinyl Palmitate and 77% as Beta- Carotene) | 8125 IU |
| Vitamin C (as Ascorbic Acid) | 125 mg |
| Vitamin E (as DL-alpha-Tocopheryl Acetate) | 100 IU |
| Thiamin (as Thiamin Hydrochloride) | 5 mg |
| Riboflavin | 6.25 mg |
| Niacin (83% as Niacinamide) | 15 mg |
| Vitamin B6 (as Pyridoxine Hydrochloride) | 7.5 mg |
| Folic Acid | 200 mcg |
| Vitamin B12 | 12.5 mcg |
| Pantothenic Acid | 25 mg |
| Calcium (as Calcium Citrate) | 25 mg |
| Magnesium (as Magnesium Citrate) | 62.5 mg |
| Zinc (as Zinc Picolinate) | 12.5 mg |
| Selenium (as Sodium Selenite and Selenomethionine) | 50 mcg |
| Copper (as Copper Sebacate) | 0.75 mg |
| N-Acetyl-L-Cysteine | 62.5 mg |
| Glycine | 12.5 mg |
| L-Methionine | 50 mg |
| Taurine | 125 mg |
| Glutamic Acid | 12.5 mg |
| Quercetin | 75 mg |
| Ginkgo biloba leaves, dried extract | 15 mg |
| Bilberry (*Vaccinium myrtillus*) fresh berries, dried extract | 10 mg |

Other ingredients: Cellulose, stearic acid.

**Suggested use:** As a dietary supplement, 2 to 4 capsules once or twice daily with meals, or as directed by a healthcare practitioner.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

December- 2002

# OcuDyne II with Lutein and Added Minerals

OcuDyne II with Lutein and Added Minerals is the original OcuDyne formula with the addition of six mineral chelates and lutein. Lutein is a carotenoid and a powerful antioxidant known to be deposited specifically in two areas of the eye, the lens and the macula (the macular region of the retina), which is responsible for central vision. We have improved the OcuDyne II formula by increasing the lutein content 10 times beyond what it was previously. Individuals needing a hypoallergenic formula wishing to also supplement with lutein can combine the original OcuDyne with our Lutein Item no. 74600. This expanded formula may be used as a multivitamin, multimineral formula as well.

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|---|---|
| Serving Size: | 2 Capsules |
| Servings Per Container: | 100 |
| Amount Per Serving: | |
| Vitamin A (23% as Retinyl Palmitate and 77% as Beta- Carotene) | 8125 IU |
| Vitamin C (as Ascorbic Acid) | 125 mg |
| Vitamin E (as D-alpha-Tocopheryl Acid Succinate) | 50 IU |
| Thiamin (as Thiamin Hydrochloride) | 5 mg |
| Riboflavin | 6.25 mg |
| Niacin (86% as Niacinamide) | 15 mg |
| Vitamin B6 (as Pyridoxine Hydrochloride) | 7.5 mg |
| Folic Acid | 200 mcg |
| Vitamin B12 | 12.5 mcg |
| Pantothenic Acid | 25 mg |
| Calcium (as Calcium Citrate) | 25 mg |
| Iodine (as Potassium Iodide) | 5 mcg |
| Magnesium (as Magnesium Citrate) | 62.5 mg |
| Zinc (as Zinc Citrate) | 12.5 mg |
| Selenium (as Sodium Selenite and Selenomethionine) | 50 mcg |
| Copper (as Copper Sebacate) | 0.75 mg |
| Manganese (as Manganese Citrate) | 2.5 mg |
| Chromium (as Chromium Nicotinate) | 50 mcg |
| Molybdenum (as Sodium Molybdate) | 30 mcg |
| Potassium (as Potassium Chloride) | 25 mg |
| Boron (as Boron Citrate) | 150 mcg |
| N-Acetyl-L-Cysteine | 62.5 mg |
| Glycine | 12.5 mg |
| L-Methionine | 50 mg |
| Taurine | 125 mg |
| Glutamic Acid | 12.5 mg |
| Lutein | 2.5 mg |
| Zeaxanthin | 125 mcg |
| Quercetin | 75 mg |
| Horsetail (*Equisetum arvense*) extract | 2.5 mg |
| Ginkgo biloba (leaves) extract | 15 mg |
| Bilberry (*Vaccinium myrtillus*) fresh berries extract | 10 mg |

Other ingredients: Cellulose, magnesium stearate.

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**Suggested use:** As a dietary supplement 2 to 4 capsules once or twice daily with meals, or as directed by a healthcare practitioner.

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**Allergy Research Group®**
30806 Santana Street; Hayward, CA 94544
Phone: 800-545-9960 / 510-487-8526
Fax: 800-688-7426 / 510-487-8682
www.AllergyResearchGroup.com

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