How to Print

Nature's Way
Trust The Leaf™

Calcium/Magnesium/Zinc

Description
This complex offers three important minerals including an advanced chelate form which enhances absorption.



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Usage
Calcium and Magnesium are essential for proper bone development, muscle function and reproduction. Both minerals are involved in more than 300 enzymatic reactions which produce energy. Calcium and Magnesium are also necessary for muscle function, providing the mechanism for muscle contraction and relaxation including the heart muscle. Zinc is present in all tissues, organs, and secretions of the body. Zinc is found in particularly high concentrations in the prostate and reproductive fluids.*

Recommended Daily Dosage
Take three capsules twice daily with meals or water.

The following list is for serving size of 3 capsules

Primary Ingredients	***Amount***	***USRDA***
Calcium (citrate/carbonate/malate)	500 mg	50%
Magnesium (oxide, aspartate)	250 mg	63%
Sodium	5 mg	0%
Zinc Amino Acid Chelate	15 mg	100%

Other Ingredients
Cellulose, Gelatin

Sizes & Suggested Retail Price
100 capsules - $9.99
250 capsules - $19.99

Where to BUY?

Synergistic Products
Alfa-Max
Bone, Flesh & Cartilage Formula
Boron
Dry Vitamin D
Vitamin E

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.