How to Print

Nature's Way
Trust The Leaf™

Selenium

Description
Nature's Way's yeast free selenomethionine is an advanced chelate form of selenium for superior absorption.

Usage
Selenium is an essential component of glutathione, the body's most potent natural antioxidant system. It is a popular choice in many antioxidant regimens.*

Recommended Daily Dosage
Take one capsule daily with a meal or water.



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The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Selenium, l-selenomethione	200 mcg	286%

Other Ingredients
Cellulose, Gelatin, Maltodextrin, Millet

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
Vitamin E

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.