How to Print

Trust The Leaf™

Magnesium

Description
Nature's Way Magnesium is an advanced chelate form which enhances absorption of magnesium by providing excellent solubility.



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Usage
Magnesium is essential for the production of ATP, the body's primary energy producing molecule, as well as for the manufacture of protein by cellular ribosomes. It also mediates proper muscle function, providing the mechanism for relaxation of muscles including the heart muscle.*

Recommended Daily Dosage
Take two capsules daily with a meal or water

The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Magnesium citrate	500 mg	125%

Other Ingredients
Cellulose, Gelatin, Maltodextrin

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
Calcium Citrate
Calcium Complex Bone Formula
Headache
Naturalax™ 2

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.