How to Print

Nature's Way
Trust The Leaf™

Vitamin B-100 Complex

Description
A complete complex of B-Vitamins providing 100 mg of 8 important B-Vitamins, fortified with coenzyme B2.

Usage
This product assists energy production and nerve maintenance. B Vitamins are precursors of coenzymes involved in the conversion of cellular energy, manufacture of hormones and proteins, and repair and maintenance of nerve structures. They also function as lipotropics which converts fats to other useful products.*

Recommended Daily Dosage
Take one capsule daily with a meal or water.



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The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Biotin, biotin triurate	100 mcg	33%
Calcium Pantethonate	100 mg	1000%
Choline, bitartrate	25 mg	0%
Folic Acid, folate	400 mcg	100%
Inositol	100 mg	0%
Niacinamide	100 mg	500%
Pyridoxine HCL	100 mg	5000%
Riboflavin, vitamin B-2	100 mg	5882%
Thiamine, vitamin B-1	100 mg	6667%
Vitamin B-12, cyanacobalamin	100 mcg	1667%

Other Ingredients
Cellulose, Gelatin, Magnesium Stearate

Sizes & Suggested Retail Price
100 capsules - $18.99
60 capsules - $11.99



Synergistic Products
Antioxidant Formula
Garlicin
Once Daily Multi w/Iron
Siberian Eleuthero Root
Siberian Eleuthero Root, Extract

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.