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Nature's Way
Trust The Leaf™

Vitamin B-50 Complex

Description
This complex provides 50 mg. of 10 important vitamin B supplements. Most doses meet the USRDA.

Usage
B Vitamins are precursors of coenzymes involved in the conversion of cellular energy, manufacture of hormones and proteins, and repair and maintenance of nerve structures. They also function as lipotropics which converts fats to other useful products.*

Recommended Daily Dosage
Take one capsule daily with a meal or water.



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The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Biotin, biotin triurate	50 mg	17%
Calcium Pantethonate	50 mg	500%
Choline, bitartrate	25 mg	0%
Folic Acid, folate	400 mcg	100%
Inositol	50 mg	0%
Pyridoxine HCL	50 mg	500%
Riboflavin, vitamin B-2	50 mg	2940%
Thiamine, vitamin B-1	50 mg	3333%
Vitamin B-12, cyanacobalamin	50 mg	833%

Other Ingredients
Gelatin, Magnesium Stearate, Maltodextrin, Millet

Sizes & Suggested Retail Price
100 capsules - $12.99
60 capsules - $7.99



Synergistic Products
Antioxidant Formula
Daily Two Multi Iron-Free
Garlicin
Siberian Eleuthero Root

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.