How to Print

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Inositol

Description
100% natural, pure crystalline Inositol.



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Usage
Inositol is a direct precursor of phospholipids which are a major component of cellular membranes. It helps to maintain proper electrical energy and nutrient transfer across the cell membrane. It also acts as a lipotropic which converts fats into other useful products.*

Recommended Daily Dosage
Take one capsule daily with a meal or water.

The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Inositol	500 mg	0%

Other Ingredients
Gelatin, Magnesium Stearate, Maltodextrin, Millet

Sizes & Suggested Retail Price
100 capsules - $11.99

Where to BUY?

Synergistic Products
Choline
Ginkgold
Lecithin
Lecithin Concentrate
Neuromins DHA
Phosphatidyl Serine

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or

prevent any disease.