How to Print

Trust The Leaf™

Vitamin B-1

Common Name
Thiamin

Description
Encapsulated 100% natural Thiamin HCl. This product is manufactured with the utmost concern for purity and quality.

Usage
Vitamin B-1 provides nutrients for proper energy production and fat metabolism. It is the precursor to active metabolite thiamin diphosphate, which is essential for the conversion of glucose into energy. Glucose is the body's chief source of energy. Thiamin also assists in the conversion of carbohydrates into energy reserves.*

Recommended Daily Dosage
Take one capsule daily with a meal or water.



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The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Thiamine, vitamin B-1	100 mg	6670%

Other Ingredients
Cellulose, Gelatin, Magnesium Stearate, Maltodextrin, Millet, Silica

Sizes & Suggested Retail Price
100 capsules - $5.99

Where to BUY?

Synergistic Products
Calcium/Magnesium
St. John's Wort
Vitamin B-100 Complex

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.