How to Print

Nature's Way
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Wild Yam

Latin Name
Dioscorea villosa

Description
Encapsulated Wild Yam Root carefully screened to obtain maximum purity and high quality.

Usage
Wild Yam is a popular women's supplement, it was used by the native Americans to reduce discomforts associated with labor and pregnancy. Wild Yam contains a compound called diosgenin which has been used in steroidal drugs.*

Recommended Daily Dosage
Take two capsules each day or prepared as a tea. In acute situations, increase dosage to three capsules three times per day. Stop acute dosage after one week. Rest one day. Repeat if needed.



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The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Wild Yam Root	850 mg	0%

Other Ingredients
Gelatin, Millet

Sizes & Suggested Retail Price
100 capsules - $8.49

Where to BUY?

Synergistic Products
Chamomile
Change-O-Life Formula
Gastritix Formula
Joints Formula
Marshmallow
PMS Formula

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.