Friday, December 17, 2004

Multiple vitamins & mineral formulas

CHEWABLE ADULT'S MULTI

Vitamin & Mineral Formula With Antioxidants**



Vegetarian/Kosher
Country Life® now offers the first adult's chewable with its own complete antioxidant system. A daily multi vitamin and mineral formulation including a full range of the most effective antioxidant nutrients, vitamins A, E, C, Beta Carotene and Ginkgo Biloba. This delicious wafer is a convenient way to supplement your diet. Antioxidant nutrients combat free radicals.**

Item #: 8030
Type: Wafer
Size: 60
Serving Size: 1 wafer

Additional Information
Directions

Other Ingredients

Does Not Contain

Supplement Facts

Serving Size 1 wafer

Amount Per Serving		% Daily Value
Calories 10		
Total Carbohydrate 3 g		1%*
Sugars 3 g		**
Vitamin A (as 50% retinyl palmitate and 50% as beta carotene)	10,000 I.U.	200%
Vitamin C (as calcium ascorbate, sodium ascorbate, ascorbic acid, acerola berry extract 4:1)	200 mg	333%
Vitamin D (as ergocalciferol)	50 I.U.	13%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 I.U.	667%
Thiamin (vitamin B-1)(as thiamine mononitrate)	10 mg	667%
Riboflavin (vitamin B-2) (as riboflavin, riboflavin 5' phosphate)	10 mg	588%
Niacin (as niacinamide)	10 mg	50%
Vitamin B-6 (as pyridoxine HCl, pyridoxal 5' phosphate, pyridoxine *alpha*-ketoglutarate)	10 mg	500%
Folic Acid	200 mcg	50%
Vitamin B-12 (as cyanocobalamin)	50 mcg	833%
d-Biotin	100 mcg	33%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as calcium citrate, calcium ascorbate)	50 mg	5%
Iron (as ferrous fumarate)	5 mg	28%
Magnesium (as magnesium oxide)	50 mg	13%
Zinc (as zinc citrate)	5 mg	33%
Selenium (as selenium amino acid chelate)	25 mcg	36%
Copper (as copper oxide)	0.5 mg	25%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium polynicotinate)	50 mcg	42%
Sodium (as sodium ascorbate)	10 mg	<1%
Potassium (as potassium citrate)	50 mg	<2%
Lemon Bioflavonoid Complex	20 mg	**
Choline (from 21 mg choline bitartrate)	10 mg	**
Inositol	10 mg	**
Ginkgo Biloba Extract (leaf) (24% flavoglycosides equal to 1.2 mg)	5 mg	**
PABA (*para*-aminobenzoic acid)	3 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Directions: Adults chew one (1) wafer daily.

Other Ingredients: Fructose, sorbitol, stearic acid, orange flavor, natural pineapple flavor, natural pineapple juice powder, silica, magnesium stearate, natural lemon flavor, citric acid.

No: Wheat, gluten, milk, preservatives or artificial color.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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