Magnesium Ascorbate 100 capsules
#70090

Buy

Magnesium Ascorbate is a buffered, non-acidic form of vitamin C (pH of 7.0), which is generally gentler to the stomach than ascorbic acid, and is well tolerated by the bowel.*

| **Each capsule contains:** | |
|---|---|
| Vitamin C (as Magnesium Ascorbate) | 500 mg |
| Magnesium (as Magnesium Ascorbate) | 35 mg |
| **Other ingredients:** | |
| Cellulose. | |

**Suggested Use:**
As a dietary supplement, 1 or 2 capsules one to three times daily between meals, or as directed by a healthcare practitioner.