



Advanced Calcium Complex Tablets

Sugar and Starch Free

Bone Support*

Supplement Facts
Serving Size 4 Tablets
Servings Per Container: 30

	Amount Per 4 Tablets	% Daily Value
Calories	25	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Total Carbohydrate	3 g	1%*
Dietary Fiber	3 g	12%*
Protein	1.5 g	3%*
Vitamin D (as cholecalciferol)	600 IU	150%
Vitamin K (as phytonadione)	65 mcg	81%
Calcium (as calcium carbonate, citrate, malate, glycinate)	800 mg	80%
Iron†	3 mg	17%
Magnesium (as magnesium glycinate, citrate, oxide)	500 mg	125%
Zinc (as zinc glycinate)	5 mg	33%
Copper (as copper lysinate)	0.5 mg	25%
Manganese (as manganese glycinate)	2 mg	100%
Sodium†	60 mg	2.5%
Silica (from red algae-Lithothamnium corallioides)	15 mg	**
Boron (as boron glycinate complex)	2 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Titanium Dioxide, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin, Carnauba Wax.

†Naturally occurring; therefore amount may vary.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Advanced Calcium Complex Tablets are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 28

Available in Bottles of: 120

Solgar's KOF-K Kosher certification #K-1250 

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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