


# Super GLA Softgels 300 mg

SUGAR, SALT AND STARCH FREE

Essential Fatty Acid Source

**Supplement Facts**
Serving Size 1 Softgel

| | Amount Per Softgel | % Daily Value |
|---|---|---|
| Calories | 15 | |
| Calories from Fat | 15 | |
| Total Fat | 1.5 g | 2%* |
| Saturated Fat | 0 g | 0%* |
| Polyunsaturated Fat | 0.5 g | ** |
| Monounsaturated Fat | 0 g | ** |
| Borage Seed Oil | 1300 mg | ** |
| Linoleic Acid | 465 mg | |
| Gamma-Linolenic Acid (GLA) | 300 mg | |
| Oleic Acid | 225 mg | |
| Palmitic Acid | 135 mg | |
| Other Fatty Acids | 175 mg | |

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Water.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Borage Oil is a natural vegetable seed oil supplying essential fatty acids. Solgar's Super GLA 300 mg is obtained by cold processing techniques without the use of solvents (hexane).

Solgar's Super GLA Softgels are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

**For more information call**: 1-877-SOLGAR 4

**UPC Code(s)**: 2675,2676

**Available in Bottles of**: 30,60

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