Magnesium Malate Forte 120 tablets
70740

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A combination of malic acid with magnesium and vitamin B2 (riboflavin). All three of these nutrients are important for energy generation. Magnesium malate is a highly absorbable form of magnesium, involved in the Krebs cycle and the activation of nearly 80% of all the enzyme systems that are important for protein and carbohydrate metabolism. For additional benefit, may be used with L-citrulline (Item no. 74760). The combination of L-citrulline and malate has been shown to enhance cognitive function and energy.*

Each tablet contains:

Riboflavin (Vitamin B2)	5 mg
Magnesium (60% as Magnesium Citrate and 40% as Magnesium Hydroxide)	62.5 mg
Malic acid	250 mg

Other ingredients: Dicalcium phosphate, cellulose, stearic acid, silicon dioxide, magnesium stearate.

Suggested Use:
As a dietary supplement, 1 or 2 tablets two or three times daily with meals, or as directed by a healthcare practitioner.