

Flaxseed Oil 1250 mg Softgels

CERTIFIED OORGANIC • COLD-PRESSED

SUGAR, SALT AND STARCH FREE

Essential Fatty Acid Source

Supplement Facts
Serving Size 2 Softgels
Servings Per Container: 50

	Amount Per 2 Softgels	% Daily Value
Calories	25	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	2 g	**
Monounsaturated Fat	0 g	**
Alpha Linolenic Acid	1040 mg	**
Linoleic Acid	300 mg	**
Other Fatty Acids†	1160 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Flaxseed Oil, Gelatin, Glycerin, Water.

†Including Oleic Acid, Palmitic Acid, and Stearic Acid.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Flaxseed Oil Softgels are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

Each softgel supplies 1250 mg of fresh, cold pressed flaxseed oil, a source of alpha linolenic acid, an essential omega-3 polyunsaturate; and linoleic acid, an essential omega-6 polyunsaturate.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 1070,1071

Available in Bottles of: 100,250

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