HB Pressure Tonic™ (Linden/Hawthorn Complex). Helpful in cases of mild to moderately elevated blood pressure. Especially helpful when high blood pressure is due to stress or is aggravated by excessive sodium intake. Useful in either systolic or diastolic elevations.
Ingredients: Linden flower, Mistletoe, Dandelion, Passionflower, Hawthorn flower, leaf and berry, Siberian Eleuthero, Yarrow, Skullcap, Prickly Ash bark.
Dose: Take 20-40 drops two or three times a day.
Contraindications: Not in pregnancy. Side effects: May cause low blood pressure.
Warning: Monitor your blood pressure to make sure the herbal treatment is effective for you.