Kidney Tonic™ (Dandelion/Uva Ursi Complex). For non-specific inflammation of the kidneys or bladder, lower back pain, water retention in PMS or from changes in heat or humidity. Use in low grade bacterial infection of the urethra or bladder and irritation of the urethra after sex. Useful for frequent, urgent, burning or painful urination, lower back pain, pain in the pubic area, the tendency to urinate excessively at night, changes in the color of the urine, and decreases in the amount of the urine. Used over a period of time, it will strengthen the urinary system.
Ingredients: Dandelion leaf, Saw Palmetto, Parsley root, Couchgrass, Boldo, Buchu, Juniper, Uva Ursi, Pipsissewa, Cubeb.
Dose: For acute situations take 20-30 drops or one softgel every four hours.
Contraindications: Not in pregnancy. Side effects: Peculiar urine smell and color may occur.