Product Information

Multi-Max® 1



Description:	*Mineral Full-Spectrum Multi Vitamin *Includes Bioflavonoid Complex, Rutin, and Hesperidin Complex. *dietary supplement
Item#:	75809
Size:	90ct
Suggested Retail Price:	$27.99
Directions:	As a dietary supplement, take 1 tablet daily with a meal or a glass of water.
Serving Size:	1 Tablet 90 Servings per container

Ingredients:	Amount per serving:	% Daily Value: +
Hesperidin Complex (from Citrus)	10 mg	~
PABA (Para-Aminobenzoic Acid)	100 mg	~
Inositol	100 mg	~
Choline Bitartrate	100 mg	~
Betaine HCl	30 mg	~
Rutin	50 mg	~
Bioflavonoid Complex (from Citrus)	50 mg	~
Herb Base (Parsley, Alfalfa, Siberian Ginseng, Papaya Leaves)	8 mg	~
Magnesium (as Magnesium Oxide Magnesium Amino Acid Chelate)	25 mg	6%
Calcium (as Calcium Carbonate, Calcium Amino Acid Chelate)	25 mg	5%

Potassium (as Potassium Amino Acid Chelate)	10 mg	< 1%
Biotin	125 mcg	42%
Selenium (as l-Selenomethionine)	25 mcg	35%
Chromium (as Chromium Amino Acid Chelate)	15 mcg	12%
Copper (as Copper Amino Acid Chelate)	250 mcg	12%
Thiamin (as Thiamine HCl) (B-1)	125 mg	8333%
Riboflavin (B-2)	125 mg	7352%
Vitamin B-6 (as Pyridoxine HCl)	125 mg	6250%
Niacin (as Niacinamide)	125 mg	625%
Vitamin E (as d-Alpha Tocopheryl Acetate)	150 IU	500%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Manganese (as Manganese Amino Acid Chelate)	5 mg	250%
Vitamin B-12 (as Cyanocobalamin)	125 mcg	2083%
Vitamin A (from Retinyl Palmitate)	10000 IU	200%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1000%
Zinc (as Zinc Amino Acid Chelate)	15 mg	100%
Iodine (from Kelp)	150 mcg	100%
Iron (as Iron Fumarate, Iron Amino Acid Chelate)	18 mg	100%
Vitamin D (as Cholecalciferol)	400 IU	100%
Folate (as Folic Acid)	400 mcg	100%

Key to Ingredients:
~ = Daily Value not established.
+ = Percent Daily Value is based on a 2,000 calorie diet.
† = Values differ depending on age
‡ = Values differ depending on age

Other Ingredients:	Cellulose, stearic acid, magnesium stearate, silica and Montmorillonite clay.
Other:	See product label for more information.

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