Product Information

Folic Acid & B-12



Description:	Women who consume healthful diets with adequate folate may reduce their risk of having a child with birth defects of the brain or spinal cord. Folate and B-12 both act to support healthy blood cells.
Item#:	67866
Size:	100ct 800mcg
Suggested Retail Price:	$6.29
Directions:	As a dietary supplement for pregnant and nursing women, dissolve 1 lozenge in mouth daily. Store in a cool, dry place. Folate intake should not exceed 125% of the DV (1,000 mcg) for pregnant women.
Serving Size:	1 Tablet 100 Servings per container

Ingredients:	Amount per serving:	% Daily Value: +
Vitamin B-12 (as Cyanocobalamin)	5 mcg	63%
Folate (as Folic Acid)	800 mcg	100%

Key to Ingredients:
~ = Daily Value not established.
+ = Percent Daily Value is based on a 2,000 calorie diet.
† = Values differ depending on age
‡ = Values differ depending on age

Other Ingredients:	Sorbitol, Mannitol, Cellulose, Stearic Acid, Magnesium Stearate, Citric Acid, Natural Lemon Flavor and Silica
Other:	See product label for more information.

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