# Product Information

## Ex St Calcium + Magnesium




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| Description: | Extra Strength Calcium Magnesium, vegetarian, dietary supplement. • Calcium and Magnesium provide nutritive support for healthy bones and teeth, proper nerve impulse transmission, and muscle contraction. • Magnesium provides nutritive support for maintaining the function of over 300 enzymes. |
| Item#: | 57510 |
| Size: | 100ct |
| Suggested Retail Price: | $9.99 |
| Directions: | As a dietary supplement, take 2 tablets daily with a meal or a glass of water. |
| Serving Size: | 2 Tablet 50 Servings per container |

| Ingredients: | Amount per serving: | % Daily Value: + |
|---|---|---|
| Dietary Fiber | <1 g | 2%% |
| Sodium | 30 mg | 1 %% |
| Total Carbohydrate | <1 g | <1 %% |
| Magnesium (as Magnesium Oxide, Magnesium Amino, Acid Chelate) | 500 mg | 125% |
| Calcium (as Calcium Carbonate, Calcium Amino Acid Chelate) | 1000 mg | 100% |
| Betaine HCl | 100 mg | ~ |

Key to Ingredients:
~ = Daily Value not established.
+ = Percent Daily Value is based on a 2,000 calorie diet.
† = Values differ depending on age
‡ = Values differ depending on age

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| Other Ingredients: | Cellulose, stearic acid, magnesium stearate, Montmorillonite clay |
| Other: | See product label for more information. |

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