

Vitex Fruit, 100 Capsules

400 mg

SKU: 11750

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Vitex or Chaste tree is a traditional woman's dietary supplement.

Vitex is widely used to promote overall health and balance in a woman's cycle.

Dosage
Take 1 capsule two or three times daily for eigth to twelve weeks. Thereafter, take 1 capsule daily. Vitex works gently. Best results obtained with continuous, long-term use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Vitex agnus castus (fruit) 400 mg	**

**Daily Value not established.

Other ingredients: Millet, Gelatin (capsule), Magnesium stearate

Dosage Form



Precautions
Do not use during pregnancy.