How to Print

Trust The Leaf™

Senna

Latin Name
Cassia angustifolia



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Description
Encapsulated Senna leaves containing a guaranteed natural potency of 10 mg. Sennoside in each capsule.

Usage
Senna is used for relief of occasional constipation and bowel irregularity. This product generally produces bowel movement in 6 to 12 hours.*

Recommended Daily Dosage
Adults and children over 15 years of age: Oral dosage is 12 to 50 milligrams once or twice daily. Take four or five capsules at bedtime, or as needed, with a full 8-ounce glass of water, juice, or other liquid.

The following list is for serving size of 1 capsule (proprietary formula)

Primary Ingredients
Senna Leaves

Other Ingredients
Gelatin

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
Fennel
Gastritix Formula
Ginger
Psyllium Husks

Additional Information
Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition. Discontinue use and consult your doctor.

Usage Warnings

Do not use laxative products when abdominal pain, nausea or vomiting are present unless directed by a doctor. If you have noticed a sudden change in bowel habits that persists over a period of 2 weeks, consult a doctor before using a laxative.

Senna should be avoided during pregnancy and by nursing mothers.

The smallest dose possible should be used to achieve a bowel movement because higher doses can cause abdominal pain, severe cramping, colic and nausea. (This effect is known as griping in older herbal references.) Senna can be habit-forming and should n

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.