How to Print

Trust The Leaf™

Red Raspberry

Latin Name
Rubus idaeus

Description
Leaves of the Red Raspberry plant, well known for it's delicious fruit, carefully screened for purity, potency and quality.

Usage
Red Raspberry leaves are widely used as an astringent supplement. Traditionally they were added to water and gargled to treat irritations of the mucous membrane or swallowed to soothe the stomach. Red Raspberry leaves are especially popular with women.*

Recommended Daily Dosage
Take one to two capsules two or three times daily with water at mealtimes or prepared as a tea.



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The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Red Raspberry Leaves	690 mg	0%
Vitamin C	2 mg	3%

Other Ingredients
Gelatin

Sizes & Suggested Retail Price
100 capsules - $8.99

Where to BUY?

Synergistic Products
Chamomile
Folic Acid
Ginger
Nettle
Peppermint
Plantain

Usage Warnings

As a general rule, caution and moderation are advised with all supplementation during these conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.