How to Print

Trust The Leaf™

Nettle

Latin Name
Urtica dioica



© 2003 Nature's Way
Click here for Usage Rights.

Description
Encapsulated Nettle herb wild harvested, gently dried and ground to a usable form. It contains no chemicals, additives or artificial coloring.

Usage
Nettle is a rich source of chlorophyll in whole herb form. It was used extensively as a folk medicine primarily for respiratory complaints. Nettle extract is widely used in Germany for urinary problems associated with BPH.*

Recommended Daily Dosage
Take two capsules three times daily with water at mealtimes or prepared as a tea.

The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Nettle Herb	870 mg	0%

Other Ingredients
Gelatin

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
AllergyCare
Cayenne
Fenugreek
Hair & Skin Formula
Tru-OPC's™, 75 mg.
Vitamin C 500 L-ascorbic acid w/quercetin

Quality Issues
Valued ingredient in Swedish bitter formulas to aid in poor digestion, and digestive imbalance.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.