Trust The Leaf™

Hawthorn

Latin Name
Crataegus laevigata

Description
Encapsulated Hawthorn berries, wild grown to ensure traditional nutrients.



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Usage
Hawthorn Berries support efficient heart function. As a dietary supplement, Hawthorn berries are intended for use as part of a total program of diet, exercise and lifestyle changes to promote cardiovascular health. Hawthorn contains bioflavonoid complexes that help to improve circulation to the heart muscle. Hawthorn berries are historically popular in Europe as a cardio tonic.*

Recommended Daily Dosage
Take two or three capsules three times daily with water at mealtimes or prepared as a tea. Best results are obtained with continuous use. This dosage provides 3,060-4,590 milligrams of Hawthorn berry daily.

The following list is for serving size of 3 capsules

Primary Ingredients	***Amount***	***USRDA***
Hawthorn Berry	1.53 g	0%

Other Ingredients
Gelatin, Magnesium Stearate

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
Cayenne
CoQ10 (100 mg)
Garlicin HC
HeartCare™
Reishi, Extract
Vitamin E

Quality Issues
One of the most reliable of all cardiac tonics although it is slow acting as a long-term cardiac support.

Product Q&A

1. Some people refer to Hawthorn as a heart "stimulant". What does this mean?
   Hawthorn may help the heart in several ways: It may open (dilate) the coronary arteries, improving the heart's blood supply; It may increase the heart's pumping force; and, it may eliminate some types of heart rhythm disturbances (arrhythmias).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.