Trust The Leaf™

Glucomannan

Latin Name
Amorphophallus konjac

Description
Glucomannan is a calorie free dietary fiber source obtained from the root of the konjac plant. Our Glucomannan is specially grown and prepared in Japan according to Nature's Ways exacting specifications.



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Usage
Glucomannan is an excellent addition to a sensible weight loss program.*

Recommended Daily Dosage
Take two to three capsules with a full glass of water at mealtimes.

The following list is for serving size of 3 capsules

Primary Ingredients	***Amount***	***USRDA***
Glucomannan Root	2 g	0%

Other Ingredients
Gelatin, Magnesium Stearate

Sizes & Suggested Retail Price
100 capsules - $15.49

Where to BUY?

Synergistic Products
Blood Sugar Formula
Gymnema, Extract
Marshmallow
Slim & Trim™
Tonalin XS™ CLA

Additional Information
Glucomannan swells up to 50 times its original size in the stomach.

Usage Warnings

As a general rule caution and moderation are advised with supplementation during pregnancy.

Avoid this product if intestinal blockage or constrictions in the bowel are present.

Product Q&A

1. If Glucomannan is a dietary fiber source, how can it have no calories as the label states?
   The Nutrition and Health Encyclopedia defines dietary fiber as fiber that passes through the intestine undigested. We have no information to explain why this fiber would have no calories.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.