How to Print

Trust The Leaf™

Fenugreek

Latin Name
Trigonella foenum-graecum



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Description
Encapsulated Fenugreek seed carefully screened and tested for potency, purity and quality.

Usage
Fenugreek is used worldwide for it's mucilaginous properties. Historically it was used to support respiratory and stomach health. It is also a popular spice.*

Recommended Daily Dosage
Take one capsule two to three times daily at mealtimes with water or prepared as a tea.

The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Fenugreek Seed	1.22 g	0%

Other Ingredients
Gelatin

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
Gastritix Formula
Lobelia
Marshmallow
Nettle
Neuromins DHA
Thyme

Quality Issues
High Vitamin A & D content. One of the oldest medicinal herbs.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.