How to Print

Nature's Way
Trust The Leaf™

Fennel

Latin Name
Foeniculum vulgare

Description
Encapsulated Fennel seed carefully screened to assure potency, purity and quality.

Usage
Fennel seed is historically used to aid digestion and sweeten the breath.*

Recommended Daily Dosage
Take one capsule two to three times daily with water at mealtimes.



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The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Fennel Seed	480 mg	0%

Other Ingredients
Gelatin

Sizes & Suggested Retail Price
100 capsules - $7.99

Where to BUY?

Synergistic Products
Catnip
Chamomile
Gastritix Formula
Ginger
Nettle

Quality Issues
High fatty oil content. Mildest of all G.I. distress herbs.

Additional Information

Fennel is perhaps the safest of all carminative herbs and can be used frequently even by children and the elderly without harmful or unpleasant side effects.

Usage Warnings

Excellent for infants when given as a diluted tea.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.