How to Print

Trust The Leaf™

# Chamomile

***Latin Name***
Matricaria recutita

***Description***
Our Chamomile provides all the benefits of the tea in convenient capsules. Nature's Way uses German Chamomile with the highest amount of active components and our guarantee for essential oil potency.

***Usage***
Chamomile flowers have a relaxing effect on the digestive tract. It has long been used as an after-meal and before-bedtime drink.*

***Recommended Daily Dosage***
As an addition to the daily diet, take two capsules three times daily with water at mealtimes. Product is formulated to deliver two to three grams of dried flowers per day.




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*The following list is for serving size of* 2 capsules

| ***Primary Ingredients*** | ***Amount*** | ***USRDA*** |
|---|---|---|
| Chamomile Flower | 700 mg | 0% |

***Other Ingredients***
Gelatin

***Sizes & Suggested Retail Price***
100 capsules - $7.99

Where to BUY?

***Synergistic Products***
Catnip
Ex-Stress Formula
Ginger
Silent Night Formula

***Quality Issues***
We add no colorings, preservatives or fillers.

***Usage Warnings***

Should be avoided by those with ragweed and pollen allergies. Rare instances of allergy have been associated with German Chamomile ingestion. Avoid if sensitized to Astor family-related allergies (Asteraceae or Compositae), e.g.. mums.

***Product Q&A***

1. Are there any synthetic compounds like guiazulene added to Nature's Way Chamomile?
   **There are no synthetic compounds in Nature's Way Chamomile Flowers.**

2. What part of the Chamomile plant is used in Nature's Way product?
   **Nature's Way Chamomile is made from the flower heads of the German Chamomile plant. It is 100% flower heads and does not contain any stems or leaves.**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.***