How to Print

Trust The Leaf™

Cascara Sagrada

Latin Name
Rhamnus purshiana

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Description
Aged Cascara Sagrada Bark is now in vegetarian capsules (VCAPS). NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea of if you are pregnant, nursing, taking medication of have a medical condition. CAUTION: Do not use when nausea or vomiting are present unless directed by a doctor. Consult a doctor if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure move bowels after use may indicate a serious condition. Discontinue use and consult a doctor.

Usage
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Recommended Daily Dosage
Take at bedtime as needed with a full glass of water. Adults and children age 12 and over: Take 1-2 capsules. Children 2-12 years of age: Take 1 capsule. Children under 2 years of age: Consult a doctor. Do not exceed recommended dose. Do not take for more than 1 week as frequent or prolonged use may result in dependence.

The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Cascara Sagrada Bark	850 mg	0%

Other Ingredients
Plant-derived cellulose

Sizes & Suggested Retail Price
100 capsules - $8.49
180 capsules - $11.99

Where to BUY?

Synergistic Products
Gastritix Formula
Ginger
Naturalax™ 2
Psyllium Husks

Additional Information
VCAPS is a trademark of Capsugel.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.