Echinacea/Astragalus Complex A deep immune system activator. Best tonic to use during the change of seasons to support and boost the immune system. Helps prevent colds and flu by increasing interferon production (interferon alerts the body at the first sign of an infection and prepares the body to deal with invaders). Use to build the immune system before stressful times or while traveling. Helps prevent recurring middle ear infections (otitis media) in children. A wonderful preventive for acute tonsillitis, genital or oral herpes, upper respiratory tract infection. Also a preventive for chronic or recurring yeast infection, thrush and contact dermatitis.
Ingredients: Fresh Echinacea angustifolia root and herb, fresh and dried Echinacea purpurea root, dried Echinacea angustifolia root, Astragalus, Osha, Echinacea purpurea seed, Calendula..
Dose: As a tonic, take 20 to 30 drops in water or one softgel twice a day. As preventive or for chronic, recurring conditions take 20 to 30 drops or one softgel three times a day.