Friday, December 17, 2004

Minerals

SELENIUM L-SELENOMETHIONINE 100 mcg

A "Yeast Free" Form of Selenium

Hypoallergenic/Vegetarian/Kosher L-Selenomethionine is a major bioactive form of Selenium and is ŧyeast free.ŧ



Item #: 2875-76
Type: Tablet
Size: 90 or 180
Serving Size: 1 tablet

Additional Information
Directions

Other Ingredients

Does Not Contain

Supplement Facts

Serving Size 1 tablet

Amount Per Serving		% Daily Value
Selenium (as L-selenomethionine)	100 mcg	143%

Directions: Adults take one (1) tablet daily as a dietary supplement, preferably with meals.

Other Ingredients: Cellulose, cellulose & glycerin coating, stearic acid, silica, magnesium stearate.

No: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

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