Friday, December 17, 2004

Minerals

IRON-AID™

An Advanced Iron Supplement with Vitamin C, B-12 and Folic Acid

Vegetarian/Kosher
Iron is essential for the formation of red blood cells.**

Item #: 2657-58
Type: Tablets
Size: 60 or 90
Serving Size: 1 tablet

Additional Information
Directions

Other Ingredients

Does Not Contain

Supplement Facts

Serving Size 1 tablet

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	150 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667%
Iron (as amino acid chelate)	25 mg	139%
L-Histidine (as L-histidine HCl)	100 mg	*

* Daily Value not established.

Directions: Adults take one (1) tablet daily with food, or as directed by a health care professional.

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, magnesium stearate, silica.

No: Yeast, wheat, gluten, milk, salt, sugar, starch, preservatives or artificial color.

**This statement has not been evaluated by the Food and Drug Administration. This product is not

intended to diagnose, treat, cure, or prevent any disease.

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