Supplements

Mega B-100 - Sustained Release Tablets

Product No. 1430

The ingredients are the same as our regular Mega B-100 formula. However, in this product, each mega-potency tablet contains all of the B-Complex vitamins in a special base which provides for the gradual release of ingredients over a prolonged period of time.

Bottles of:
60 #1430
90 #1440
180 #1450

Supplement Facts

Serving Size 1 Tablet

Ingredient	Amount	% Daily Value
Thiamin (vitamin B-1) (as thiamine hydrochloride)	100 mg	6,667 %
Riboflavin (vitamin B-2)	100 mg	5,882 %
Niacin (as niacinamide)	100 mg	500 %
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,000 %
Folate (as folic acid)	100 mcg	25 %
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667 %
Biotin	100 mcg	33 %
Pantothenic Acid (as calcium pantothenate)	100 mg	1,000 %
Inositol	100 mg	†
Choline (as bitartrate)	42 mg	†
PABA (as para-aminobenzoic acid)	30 mg	†

Other Ingredients:
Di-calcium phosphate, stearic acid, hydroxypropyl methylcellulose, rice bran, magnesium stearate, alfalfa, watercress, parsley, silica, pharmaceutical glaze

* Percent of Daily Value based on a 2,000 calorie diet.
† Daily Value (DV) not established.

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