Supplements



Mega-Stress Complex - Sustained Release Tablets

Product No. 1250

For those who experience anxiety and nervous energy as a result of extremely stressful or emotional conditions, Mega-Stress Complex was designed to replace the water-soluble vitamins lost during stress. Standardized potency Valerian Root and Chamomile are mild, yet effective, herbs included for their calmative properties.

Bottles of:
30 #1250
60 #1260
90 #1261

Supplement Facts

Serving Size 1 Tablet

Ingredient	Amount	% Daily Value
Vitamin C (as ascorbic acid)	500 mg	833 %
Thiamin (vitamin B-1) (as thiamine HCl)	60 mg	4,000 %
Riboflavin (vitamin B-2)	60 mg	3,529 %
Niacin (as niacinamide)	125 mg	625 %
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,000 %
Folate (as folic acid)	400 mcg	100 %
Vitamin B-12 (as cyanocobalamin)	250 mcg	4,167 %
Biotin	75 mcg	25 %
Pantothenic Acid (as calcium pantothenate)	200 mg	2,000 %
Calcium (as amino acid chelate/complex)	100 mg	10 %
Magnesium (as amino acid chelate/complex)	50 mg	13 %
Zinc (as amino acid chelate/complex)	25 mg	167 %
Inositol	100 mg	†
Valerian (*Valeriana officinalis* root)	50 mg	†
Choline (as bitartrate)	32 mg	†
PABA (para-aminobenzoic acid)	30 mg	†
Chamomile (Matricaria recutita flower)	25 mg	†

Other Ingredients:
Stearic acid, microcrystalline cellulose, rose hips (*Rosa canina* fruit), isolated soy protein, hydroxypropyl methylcellulose, silica, magnesium stearate, rice bran, pharmaceutical glaze

* Percent of Daily Value based on a 2,000 calorie diet.
† Daily Value (DV) not established.

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