Supplements



Liv-R-Actin Milk Thistle Vegetarian Capsules

Product No. 1086

According to an article in the New York Times, Milk Thistle has been demonstrated to nutritionally support the liver. In Nature's Plus Liv-R-Actin complex, Milk Thistle is precisely conjoined with six other herbs, including the widely popular goldenseal.

Bottles of:
60 #1086
90 #1087

Supplement Facts

Serving Size 2 Vegetarian Capsules

Ingredient	Amount	% Daily Value
Herbal Blend (dandelion root, barberry fruit, goldenseal root and rhizome, wild Oregon grape and celery seed)	600 mg	†
Milk Thistle Extract (*Silybum marianum* seed) (standardized 70% [98 mg] of the active flavonoid silymarin)	140 mg	†

Other Ingredients:
Silica, vegetable cellulose (USP), purified water

* Percent of Daily Value based on a 2,000 calorie diet.
† Daily Value (DV) not established.

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