

Calcium Magnesium Citrate Tablets -Dissolves Rapidly-

Highly Absorbable Calcium Citrate Form

SUGAR AND STARCH FREE

Bone Support*

Supplement Facts
Serving Size 5 Tablets
Servings Per Container: 10

	Amount Per 5 Tablets	% Daily Value
Calories	10	
Total Carbohydrate	3 g	1%*
Dietary Fiber	3 g	12%*
Calcium (as calcium citrate)	1000 mg	100%
Iron†	0.6 mg	3%
Magnesium (as magnesium oxide, citrate)	500 mg	125%
Sodium†	10 mg	<1%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Vegetable Glycerin, Carnauba Wax.

†Naturally occurring; therefore amount may vary.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Calcium Magnesium Citrate Tablets dissolve in less than 15 minutes.

This product is free of corn, yeast, wheat, soy and dairy products and is formulated without the use of preservatives, artificial flavors or colors.

For more information call: 1-877-SOLGAR 4

UPC Code(s): ,508,509,510

Available in Bottles of: 50,50,100,250

Solgar's KOF-K Kosher certification #K-1250 

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

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