

Natural Vitamin E 400 IU Softgels

As Pure D-Alpha Tocopherol

SUGAR, SALT AND STARCH FREE

Antioxidant

Vitamin E (alpha tocopherol) is a fat-soluble antioxidant that may help minimize the effects of free-radicals. In food, it helps prevent polyunsaturated fatty acids from breaking down and combining with substances that may harm the body. Vitamin E may also help: maintain muscle and nerve function; bring nourishment to cells; strengthen capillary walls; protect red blood cells; promote healthy immune function; and, decrease platelet aggregation (thins blood).** Solgar offers dry and mixed forms of natural vitamin E (d-alpha tocopherol) in a variety of potencies.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts
Serving Size 1 Softgel

	Amount Per Softgel	% Daily Value
Total Carbohydrate	<1 g	<1%*
Vitamin E (as D-alpha tocopherol)	400 IU	1333%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, Safflower Oil, Soybean Oil, Glycerin, Water.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Natural Vitamin E Softgels are free of corn, yeast, wheat, and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 3520,3521,3522

Available in Bottles of: 50,100,250

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