


# Ester-C® Plus™ 500 mg Vitamin C Vegetable Capsules

Highly Absorbable, Non-Acidic

SUITABLE FOR VEGETARIANS • SUGAR, SALT AND STARCH FREE

**Supplement Facts**
Serving Size 1 Capsule

| | Amount Per Capsule | % Daily Value |
|---|---|---|
| Total Carbohydrate | <1 g | <1%* |
| Vitamin C† (as Ester-C ® calcium ascorbate) | 500 mg | 833% |
| Calcium† (as calcium ascorbate) | 62 mg | 6% |
| Citrus Bioflavonoids† | 25 mg | ** |
| Acerola† | 10 mg | ** |
| Rose Hips† (fruit) | 10 mg | ** |
| Rutin† | 5 mg | ** |

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Silica, Water. May contain vegetable glycerin.

†Uniquely incorporated into Ester-C Plus™ Complex

Ester-C Plus™ is exclusively formulated by Solgar and provides a patented method of supplementing pH neutral (non-acidic) vitamin C to prevent stomach irritation. In addition, Ester-C Plus™ includes the vitamin C metabolites, L- hreonic acid, L-lyxonic acid and L-ylonic acid, that occur along with vitamin C in nature. A special manufacturing process is employed to form a unique calcium ascorbate metabolite complex.
If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Ester-C® is a licensed trademark of Inter-Cal Corp. and is manufactured under U.S. Patent No. 4,822,816 with other patents applied for.

Solgar's Ester-C® Plus Vegetable Capsules are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

**For more information call**: 1-877-SOLGAR 4

**UPC Code(s)**: 1038,1039,1049

**Available in Bottles of**: 50,100,250

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