

Choline/Inositol 250/250 Vegetable Capsules

Suitable For Vegetarians

Sugar, Salt and Starch Free

Lipid Metabolism*

Supplement Facts
Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Total Carbohydrate	<1 g	<1%*
Choline (as choline bitartrate)	250 mg	**
Inositol	250 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Water. May contain vegetable glycerin.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Choline/Inositol Vegetable Capsules are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 849,850

Available in Bottles of: 50,100

Solgar's KOF-K Kosher certification #K-1250 PARVE

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

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