

Vitamin B1 (Thiamin) 500 mg Tablets

SUITABLE FOR VEGETARIANS

SUGAR, SALT AND STARCH FREE

Energy Support*

Supplement Facts
Serving Size 1 Tablet

	Amount Per Tablet	% Daily Value
Thiamin (as thiamin HCl, vitamin B1)	500 mg	33333%
Calcium (as dicalcium phosphate)	75 mg	8%

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Vitamin B1 (Thiamin) Tablets are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

Vitamin B1 plays a role in cellular respiration, keeping the machinery that turns food into energy running smoothly.*

For more information call: 1-877-SOLGAR 4

UPC Code(s): 2980

Available in Bottles of: 100

Solgar's KOF-K Kosher certification #K-1250 PARVE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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