Amino Acids Capsules & Tablets (Free-form)
Amino Acids Powders (Free-form)
Chelated Minerals
Empty Gelatin Capsules
Eye Care and More
Fish Oil Liquids
Fish Oil Multiples
Fish Oils
Food Enzymes
Foods and Concentrates
Glands and Substances
Herbals
Liquid Mineral Soft Gels
Mineral Tablets and Capsules
Multiple Vitamins and Minerals
Shampoo and Soap
Special Formulations
Vitamin B
Vitamin C
Vitamin E
Vitamin E for Personal Care
Vitamins A and D
New This Month

Carlson® Nutritional Supplements

PRODUCTS:

Amino Acids Capsules & Tablets (Free-form)
Amino Acids Powders (Free-form)
Chelated Minerals
Empty Gelatin Capsules
Eye Care and More
Fish Oil Liquids
Fish Oil Multiples
Fish Oils
Food Enzymes
Foods and Concentrates
Glands and Substances
Herbals
Liquid Mineral Soft Gels
Mineral Tablets and Capsules
Multiple Vitamins and Minerals
Shampoo and Soap
Special Formulations
Vitamin B
Vitamin C



Lecithin 1200 mg

Soy Lecithin in easy-to-swallow softgels. Each 1200 mg soft gel supplies 26 mg Choline (from 180 mg of Phosphatidyl Choline) and 19 mg of Inositol (from 100 mg of Inositol Phosphatides).

Supplement Facts
Serving Size 1 Soft Gel

	Amount Per 1 Soft Gel	% DV
Choline (as phosphatidyl choline)	26mg	*
Inositol (as phosphatidyl inositol)	19mg	*
Lecithin	1200mg	*

* Daily Value (DV) not established

Nutrition Info

Calories 10 (per dosage)

Protein 0 (per dosage)

Carbohydrates 0 (per dosage)

Related Products

Packaging Info

50 SOFT GELS
$3.50
Add To Cart >>

100 SOFT GELS
$6.90
Add To Cart >>

300 SOFT GELS
$18.88
Add To Cart >>

SEARCH PRODUCT CATALOG:

Product Category:

All Categories

Dosage Form:

All Dosage Forms

Product Should Be Free From:

☐ Wheat ☐ Preservatives
☐ Soy ☐ Corn
☐ Salt ☐ Sugar
☐ Yeast ☐ Gluten
☐ Milk

Vitamin E

Vitamin E for Personal Care

Vitamins A and D

Alpha Lipoic 100 mg

Alpha Lipoic 300 mg

Bioflavonoids

Brewers Yeast

Cartilage Builder

Co-Q-10 10 mg

Co-Q-10 100 mg

Co-Q-10 200 mg

Co-Q-10 30 mg

Co-Q-10 300 mg

Co-Q-10 50 mg

Easy Soy

Easy Soy Powder

GLA

Glucosamine Sulfate Capsules

Glucosamine Sulfate Chewable

Golden Primrose

Grape Seed Extract

Grapefruit Pectin

Hi-Fiber

Leci-Key

Lutein 15 mg with Kale

Lutein 6 mg

Lycopene 10 mg (from tomatoes)

Lycopene 15mg

MSM Sulfur

Phosphatidyl Choline

Phosphatidyl Serine

Psyllium

Rutin-Quercetin

Related Links

Product Comparison Chart

Non-active Ingredients

Vitamin & Mineral Facts