Amino Acids Capsules & Tablets (Free-form)
Amino Acids Powders (Free-form)
Chelated Minerals
Empty Gelatin Capsules
Eye Care and More
Fish Oil Liquids
Fish Oil Multiples
Fish Oils
Food Enzymes
Foods and Concentrates
Glands and Substances
Herbals
Liquid Mineral Soft Gels
Mineral Tablets and Capsules
Multiple Vitamins and Minerals
Shampoo and Soap
Special Formulations
Vitamin B
Vitamin C
Vitamin E
Vitamin E for Personal Care
Vitamins A and D
New This Month

Carlson Nutritional Supplements

PRODUCTS:

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Special Formulations
Vitamin B
Vitamin C



Hi-Fiber

Hi-Fiber aids good intestinal health. Prolonged strain can result in damage to the colon wall. Hi-fiber softens the feces, reducing the pressure necessary for effective bowel evacuation. Waste material spends less time within the intestinal tract as regularity is improved. Food residue is eliminated quickly from the body, cleansing the colon naturally and effectively. Fiber is recognized as an important element in a well balanced diet. Hi-Fiber is 99.8% pure psyllium seed husks providing 6 grams of high quality fiber per teaspoonful.

Nutrition Info

Calories (per dosage)	**0**
Protein (per dosage)	**0**
Carbohydrates (per dosage)	**5 g**

Supplement Facts
Serving Size 1 Rounded Teaspoon

	Amount Per 1 Rounded Teaspoon	% DV
Calcium	11mg	1.1%
Iron	1mg	5.6%
Psyllium (as psyllium seed husk)	6g	*

* Daily Value (DV) not established

Packaging Info

$8.90
Add To Cart >>

$13.75
Add To Cart >>

Related Products

SEARCH PRODUCT CATALOG:

Product Category:
All Categories

Dosage Form:
All Dosage Forms

Product Should Be Free From:

- ☐ Wheat
- ☐ Preservatives
- ☐ Soy
- ☐ Corn
- ☐ Salt
- ☐ Sugar
- ☐ Yeast
- ☐ Gluten
- ☐ Milk

Vitamin E

Vitamin E for Personal Care

Vitamins A and D

Alpha Lipoic 100 mg

Alpha Lipoic 300 mg

Bioflavonoids

Brewers Yeast

Cartilage Builder

Co-Q-10 10 mg

Co-Q-10 100 mg

Co-Q-10 200 mg

Co-Q-10 30 mg

Co-Q-10 300 mg

Co-Q-10 50 mg

Easy Soy

Easy Soy Powder

GLA

Glucosamine Sulfate Capsules

Glucosamine Sulfate Chewable

Golden Primrose

Grape Seed Extract

Grapefruit Pectin

Leci-Key

Lecithin 1200 mg

Lutein 15 mg with Kale

Lutein 6 mg

Lycopene 10 mg (from tomatoes)

Lycopene 15mg

MSM Sulfur

Phosphatidyl Choline

Phosphatidyl Serine

Psyllium

Rutin-Quercetin

Related Links


Product Comparison Chart


Non-active Ingredients


Vitamin & Mineral Facts