Buy Online

Item Details



[click to enlarge

add to cart

Colon Care Caps

Price: $11.95

In basket: 0

COLON CARE CAPS

Promotes Colon Health
Elimination of Toxins*
Provides Essential Dietary Fiber

Benefits: Colon Care Caps promotes colon health with fiber, calcium, magnesium, selenium and FOS probiotic growth complex. These nutrients provide dietary support for normal, healthy functioning of the colon, including regular elimination of toxins and waste material, promoting the growth of friendly bacteria, such as acidophilus and bifidus, and support for proper digestion.*

Colon Care starts to promote colon health immediately when you start using the product, and also acts as a long term protector of the colon. Colon Care provides a balance of essential soluble and insoluble fiber, and is a concentrated source of all 5 fiber types, for complete fiber benefits. Fiber and calcium help to absorb toxins and waste material, speed transit time through the colon, and remove toxins from the body. This helps to maintain a normal, healthy colonic mucosa (cells lining the colon wall). By supporting the integrity of the colonic mucosa, toxins and waste material are less likely to be reabsorbed into the bloodstream through the colon wall. FOS acts as a food source for beneficial bacteria such as acidophilus and bifidus, which are important for proper digestion and colon health. Selenium and magnesium have important protective benefits in the colon.*

Health authorities, including the Food & Drug Administration, recommend 25 to 35 grams daily of fiber for good health. Most Americans consume only 10 to 15 grams of fiber each day, less than half of the recommended amount. For improved health, it is beneficial to eat a variety of high fiber foods and take a fiber supplement as needed. Colon Care is a simple, healthy way to help assure adequate essential dietary fiber.

For best results, use everyday as long as desired. Colon Care contains no added sweeteners, colors or additives.

SUGGESTED USE: ADULTS AND CHILDREN OVER 12: 4 capsules, one to three times a day.
CHILDREN 6 - 12: Colon Care in powder form is recommended for ease of use. See Directions.

Directions: Start by taking 1 serving each day. Gradually increase to 3 servings per day if needed. Swallow one capsule at a time. Take each serving with at least 8 ounces (a full glass) of water or other liquid. Drinking additional liquid is helpful. If minor gas or bloating occurs, reduce the amount you take until your system adjusts.

CAUTION: Do not take capsules if you have difficulty in swallowing. A very small percentage of individuals, particularly health care providers who have been occupationally exposed to psyllium dust, may develop a sensitivity to psyllium. This sensitivity may result in an allergic reaction. If you experience a strong reaction, with difficulty in swallowing or breathing, after taking this product, seek immediate medical attention. Keep out of the reach of children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 4 capsules
Servings per container: 45

Amount per serving	% Daily Value*
Calories 8	
Total Fat 0g	0%
Total Carbohydrate 2g	<2%
Dietary Fiber 2g	8%
Soluble Fiber 1.6g	
Insoluble Fiber 0.4g	
Sugars 0g	
Protein 0g	
Calcium (as calcium carbonate) 40 mg	4%
Magnesium (as magnesium oxide) 20mg	5%
Selenium (as selenium amino acid chelate) 17 mcg	**
Sodium 2 mg	<2%
Potassium 22 mg	<2%
Concentrated Fiber Blend	2.3g**
Psyllium seed husks	
Soy fiber	
Oat bran	
Acacia gum	
Apple pectin extract	

FOS (Fructo-oligosaccharides)	**
40mg	

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value not established

Ingredients: Psyllium seed husks, calcium carbonate, FOS probiotic growth complex, magnesium oxide, acacia gum, soy fiber, oat bran, apple pectin extract, selenium amino acid chelate, USP Kosher gelatin capsule.

Note: The carbohydrate in this product is primarily non-digestible fiber; digestible carbohydrate is less than 1/2 gram per serving.

1-800-488-4339
[home] [about yerba] [buy online] [what's new] [reading room]
[mailing list] [contact us] [privacy]