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Multi Vitamins and Multi Minerals



Daily One Without Iron

A new and improved higher potency multi vitamin and mineral supplement. This formula helps promote healthy eyes and provides extra folic acid for healthy heart.
One capsule supplies:
Beta-Carotene (pro-vitamin A) 4000 IU Vitamin A 6000 IU
Vitamin D (from natural form vitamin D-3) 400 IU
Vitamin C 150 mg
Natural Vitamin E (succinate) 100 IU
Vitamin B-1 (thiamine) 25 mg
Vitamin B-2 (riboflavin) 25 mg
Vitamin B-6 (pyridoxine) 25 mg
Vitamin B-12 (cobalamin concentrate) 100 mcg
Niacinamide 100 mg
Pantothenic Acid 50 mg
Biotin 300 mcg
Folic Acid 400 mcg
Flora Glo Lutein 500 mcg
Choline 25 mg
Inositol 25 mg
Calcium (from calcium citrate & calcium carbonate) 25 mg
Magnesium (from magnesium aspartate & magnesium oxide) 7.2 mg
Zinc (from zinc picolinate) 15 mg
Copper (from copper gluconate) 2 mg
Manganese (from manganese gluconate) 5 mg
Iodine (from potassium iodide) 150 mcg
Selenium (from selenomethionine & selenate-50/50 mixture) 200 mcg
Chromium (GTF) 200 mcg
Molybdenum (natural molybdate) 150 mcg

Capsules: 30's; 60's; 90's; 180's

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