Selenium Solution 8 oz (236 ml) liquid
70120

Buy

Selenium Solution is specially formulated for individuals who are hypersensitive. It provides sodium selenite, the sodium salt of selenium, which is a very pure selenium source. Sodium selenite is well absorbed, and its sodium content is nutritionally insignificant.

Selenium Solution is prepared by dissolving sodium selenite into triple distilled water, then sterilizing this solution by the use of heat rather than by the addition of chemical preservatives. Selenium Solution is therefore best stored refrigerated after the bottle has been opened. Individuals who are highly chemically sensitive may want to use Selenium Solution at an appropriate level of dilution to gradually build up their tolerance. This liquid form of selenium makes it easier to regulate the dose according to the needs of the individual, potentially improving tolerance.*

Each 1/2 teaspoon (2.5 ml) contains:
Selenium (as Sodium Selenite) 100 mcg
Other ingredients:
Distilled water.

Suggested use:
As a dietary supplement, 1/2 teaspoon (100 micrograms of selenium) one to three times daily, or as directed by a healthcare practitioner. DO NOT EXCEED 400 MICROGRAMS OF SELENIUM PER DAY FROM ALL SOURCES.

Refrigerate after opening.