Free Aminos 100 Capsules
70540

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A formulation of 18 naturally occurring amino acids in their free forms, including nine essential amino acids and 5-HTP. Contains no L-Tryptophan. 5-HTP is in the same metabolic pathway as L-Tryptophan, and is the immediate precursor to serotonin and melatonin. This formulation is appropriate for food-sensitive individuals. Hypoallergenic.

Each capsule contains:	
5-HTP (5-Hydroxytryptophan)	10 mg
L-Alanine	41 mg
L-Arginine	62 mg
L-Cysteine	14 mg
L-Cystine	62 mg
L-Glutamine	28 mg
L-Glycine	28 mg
L-Histidine	49 mg
L-Isoleucine	69 mg
L-Leucine	69 mg
L-Lysine	98 mg
L-Methionine	14 mg
L-Phenylalanine	7.5 mg
L-Serine	14 mg
L-Taurine	14 mg
L-Threonine	56 mg
L-Tyrosine	28 mg
L-Valine	28 mg

Other ingredients: Cellulose, magnesium stearate, silicon dioxide.

Suggested use:
As a dietary supplement, 1 or 2 capsules one to three times daily between meals, or as directed by a healthcare practitioner.