Children's Multi-Vi-Min® 150 capsules
70190

Buy

Small capsule size ("3 ") for easy swallowing. Although this product was formulated for children, adults who have problems swallowing capsules may prefer Children's Multi-Vi-Min over the other Multi-Vi-Min formulations. Vitamin C was purposely left out of this formula because of its ability to enhance iron absorption.*

Each capsule contains:	
Vitamin A (as Retinyl Palmitate)	800 IU
Vitamin D3 (as Cholecalciferol)	50 IU
Vitamin E (as DL-alpha-Tocopheryl Acetate)	16 IU
Thiamin (as Thiamine Hydrochloride)	4 mg
Riboflavin (as Riboflavin-5'-Phosphate)	2 mg
Niacin (as Niacinamide)	2 mg
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5'-Phosphate)	6.2 mg
Vitamin B6 (as)	0.2 mg
Folic Acid	12 mcg
Vitamin B12 (Cyanocobalamin)	32 mcg
Biotin	16 mcg
Pantothenic Acid (as Calcium Pantothenate)	20 mg
Calcium (as Calcium Citrate)	10 mg
Iron (as Ferric Ammonium Citrate)	0.7 mg
Magnesium (as Magnesium Citrate)	10 mg
Zinc (as Zinc Citrate)	1.1 mg
Selenium (as Sodium Selenite)	8 mcg
Copper (as Copper Citrate)	60 mcg
Manganese (as Manganese Citrate)	0.6 mg
Chromium (as Amino Acid Complex)	16 mcg
Molybdenum (as Sodium Molybdate)	8 mcg
Potassium (as Potassium Chloride)	4 mg
Vanadium (as Vanadium Pentoxide)	8 mcg
Para-Aminobenzoic Acid (PABA)	8 mg
Glutamic Acid	8 mg
Other ingredients:	

Cellulose, magnesium stearate, silicon dioxide.

Suggested use:
As a dietary supplement, 1 capsule daily per ten pounds of body weight, taken with meals, or as directed by a healthcare practitioner. For children under the age of 4, please

consult you healthcare practitioner before use. As is the case with all of our products, Children's Multi-Vi-Min® capsules may also be opened and sprinkled into desired liquid.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.