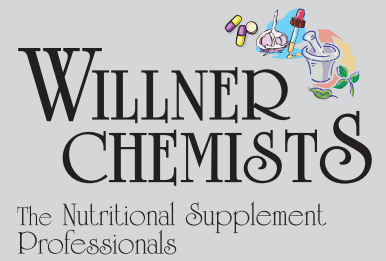


# WILLNER CHEMISTS

## SPRING SALE ~ APR 6 TO MAY 15, 2015



**SALE! - UP TO 40% OFF LIST PRICE!**  
**~SEE FULL LIST OF SALE ITEMS ON BACK PAGE~**

### *Willner Chemists Catalog-Newsletter, Spring 2015*

<i>Was the action of NY Attorney General justified?</i>	<i>See Page 8</i>
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Look Inside for the New Catalog/Newsletter

**Willner Chemists - Midtown Manhattan**  
 100 Park Ave, New York NY 10017 (1 block south of Grand Central Terminal)  
 1-800-633-1106 or 212-682-2817 - fax: 212-682-6192

**Willner Chemists - Downtown Manhattan**  
 253 Broadway, New York NY 10007 (across from City Hall, corner Murray)  
 212-791-0505 - fax: 212-791-1201

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 100 Park Ave  
 New York, NY 10017

### General Information

Every effort was made at the time this flier was prepared to ensure accuracy. We cannot be responsible, however, for manufacturer's price changes, for factory and/or supplier shortages, or typographical errors. We urge you to check on current prices as often as you like. Use the product code numbers whenever possible. The catalog and/or web site will help you find the code numbers.

### Back Orders

During a sale, we cannot automatically "back order" items. If any of the items in your order are temporarily out of stock, we will hold your entire order for up to three (3) days, awaiting arrival of the missing item(s). If the missing items do not arrive in 3 days, your order will be shipped as is; the missing items will not be backordered. You may re-order the missing items if you choose.

If you do not want us to hold your order for up to three days, let us know at the time of order, and we will do our best to accommodate you.

Sale prices and product availability is based upon information provided to us by the various manufacturers and suppliers. Sometimes they misjudge demand, and cannot provide us with product. No "rain checks."

### Cooperation

During sales, we sometimes fall behind by an extra day or two. It may take a little longer to fill your order. Please do not wait until the last moment to place your orders. Please plan ahead, and place your order early.

We cannot guarantee delivery dates, as we have no control over what happens to your package after it leaves Willner Chemists. Using product code numbers when you call or mail in your order will minimize errors. Please try to avoid calling back with "add-on" orders.

### Payment Methods

You may use a charge card (VISA, MasterCard, American Express or Discover/NOVUS). Or, you can send payment with your order (check or money order). We will not charge your card until the order is shipped.

### Returns

Merchandise may be returned only if in resalable condition, within 30 days of purchase, with a copy of your receipt. Perishable products (refrigerated items) are not returnable; books are not returnable.

### Shipping/Handling

There is a flat \$5.95-\$7.95 shipping handling charge, depending on location: If package sent to: MN, IA, MO, AR, LA, MS, IN, IL, KY, TN, WI, MI, OH, AL, FL, GA, SC, NC, VA, WV, charge is \$6.95. If package sent to ND, SD, NE, KS, OK, TX, NM, CO, WY, MT, ID, UT, AZ, CA, NV, OR, WA, charge is \$7.95. If sent to MD, NJ, NY, CT, RI, NH, VT, ME, DC, DE, PA, MA charge is \$5.95. (Note: Alaska & Hawaii ship by U.S. Postal Service only, at a rate of \$8.95)

There will be an extra charge for shipping liquids over 8 oz and large powder products over 18 ounces. Inquire when ordering.

### Hours

Willner Chemists Order Department is open from 9 am to 7 pm, Monday through Friday, and from 9 am to 5 pm on Saturday. We are closed on Sunday. The downtown store is open from 11 am to 5 pm on Saturday

### Mail Orders

To place mail orders, call 1-800-633-1106 or fax your order to 1-212-682-6192. Or use the Willner Chemists web site, www.willner.com.

**All stated discounts are based on List Price! ...i.e. 30% refers to 30% off list price, not 30% off our every-day discount price.**

### Refrigerated Items

Probiotic supplements (acidophilus, etc) and certain other refrigerated items should be kept cold to maintain highest potency. During the summer, shipping over long distances may subject those items to excessive heat.

We suggest using "Next Day Air" or "Second Day Air" to minimize this problem. There is an additional charge for this service. Also, we hold those orders until Monday to avoid weekend delays. (Also, another option: certain brands do not require refrigeration until opened.) Refrigerated items are not returnable. We cannot guarantee conditions during shipment.

... from Willner Chemists:

## Willvite, the complete multivitamin multimineral New, Revised Formula ~ Available Now!

A complete, balanced multivitamin-multimineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multivitamin supplement. A balanced multivitamin-multimineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns. Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals.

• Now: with added CoQ10, lycopene, phytoantioxidants and Lutein! ... regular, and Iron-Free!

It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multivitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take

one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multivitamin-multimineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium

has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.

Willvite is available in a regular and iron-free version. 120 Tablets per bottle. Recommended dosage: 2 tablets, twice a day.



Available Now

### Willvite (New & Revised) Regular & Iron-Free

Willvite, 120 Tabs, Product Code: 30439

Willvite, Iron Free, 120 Tabs, Product Code: 44384

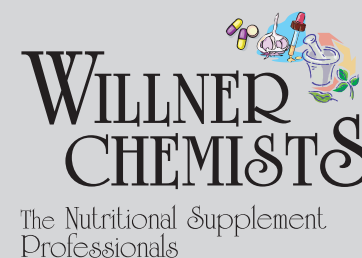
#### WILLVITE (with Iron) 120 Tablets

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract(Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*
* Daily value not established.		
Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.		



# THE WILLNER WINDOW

## CATALOG & NEWSLETTER: SPRING 2015



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For Updates: Special Sale Offers, In-Store Events, and Breaking Nutrition News, Stay Connected with Willner Chemists: [www.willner.com](http://www.willner.com)

Don Goldberg's Blog: [www.dongoldberg.com](http://www.dongoldberg.com)

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**Willner Chemists Phyto-Tech™**  
**Herbal Supplements**  
**ESSENTIAL OILS**

**100% Pure - Sustainably Harvested - Quality Tested - GMP Certified Facility – Kosher Certified**

**Cedarwood (Himalayan) ~ 1 fl oz, # 63003**  
**Cinnamon Leaf ~ 1 fl oz, #62679**  
**Clove ~ 1 fl oz, #63004**  
**Eucalyptus ~ 1 fl oz, #62680**  
**Eucalyptus ~ 4 fl oz, #62681**  
**Grapefruit (Pink) ~ 1 fl oz, #62710**  
**Lavender (French) ~ 1 fl oz, #63005**  
**Lavender (French) ~ 4 fl oz, #62787**  
**Lavender (Bulgarian) ~ 1 fl oz, #62815**  
**Lemon ~ 1 fl oz, #63006**  
**Orange (Sweet) ~ 1 fl oz, #62820**  
**Oregano ~ 1 fl oz, #62821**  
**Patchouli ~ 1 fl oz, #62822**  
**Peppermint ~ 1 fl oz, #62884**  
**Peppermint ~ 4 fl oz, #63007**  
**Rosemary ~ 1 fl oz, #63008**  
**Tea Tree (Australian) ~ 1 fl oz, #63009**  
**Tea Tree (Australian) ~ 4 fl oz, #63010**  
**Ylang Ylang ~ 1 fl oz, #63011**

To see a current price listing, go to [www.willner.com](http://www.willner.com).  
 Using the "By Manufacturer" pull down menu, (upper left) select "Willner Essential Oil."

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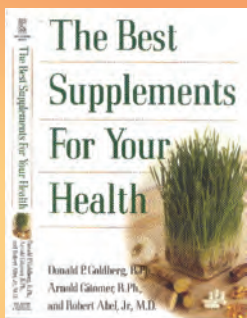
**The Best Supplements For Your Health**

By Don Goldberg, RPh, Arnie Gitomer, RPh, Robert Able Jr. MD

A comprehensive discussion of nutritional and herbal supplements--how to wisely choose and use the ones that are right for you.

Includes over 300 pages of specific product information and recommendations.


"Don and Arnie sure as heck don't pull any punches--they tell you what doesn't work, as well as what does!"  
 If you want the real facts about supplements, this is the book for you!"



... available at all fine bookstores, including Willner Chemists, (item #41016) and [www.willner.com](http://www.willner.com)  
 Retail: \$16.00 ~ Willner's Price: \$11.20 (30% Off List)


Looking for the biggest discounts...  
 Looking for the largest selection...  
 Looking for the most informed staff...  
 Looking for a convenient location...

...Look no further!




**Willner Chemists**  
 The Nutritional Supplement Professionals

**Midtown Location**  
 Willner Chemists  
 100 Park Ave  
 Corner 41st & Park Ave



**Downtown Location**  
 Willner Chemists  
 253 Broadway  
 Corner Murray & Broadway  
 (...Across from City Hall)



Listen to podcasts of The Willner Window radio program for answers to your questions about nutritional supplements and your health.

Originally broadcast on WOR Radio (in NY)  
 ... go to [www.willner.com](http://www.willner.com) and click on the "Radio" tab




Listen to pharmacists Don Goldberg & Arnie Gitomer, along with nutritionist Sam Forbes and medical doctor, Richard Podell, as they discuss the latest developments on nutritional supplements and health.

Go to our website, [www.willner.com](http://www.willner.com), and download mp3 files of archived radio shows.

[www.willner.com](http://www.willner.com)

- **Reference Library:** search for reference articles, radio excerpts, reprints, etc, using simple and advanced full text search tools.
- **Product Information:** search the entire 23,000 product listing in the Willner Chemists inventory, with prices, product details, etc, using simple and advanced full-text search tools.
- **Order Products:** Use the fully functional, secure web site to select and order products from Willner Chemists.
- **Radio Show:** Listen to mp3 archive broadcasts of The Willner Window.. Catch the interview that you missed.
- **What's On Sale?** Check the web site to see what is currently on sale, and look for the current web specials.
- **Latest News and Events:** Read about latest nutritional supplement developments, research and news.



The Willner Chemists web site is a valuable resource for information on nutritional supplements, how to choose them, and how to use them.  
**Follow us on Facebook and Twitter.**



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Damiana 1:3	40	Green Walnut Complex	52	Oregano Oil 70	64		
		Hawthorn Berry 1:3	52	Osha Root 1:1/5	64		

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Biochem® 100% Whey Protein  
20g of Grass-Fed Goodness**

Also available: 100% Greens & Whey,  
100% Berries & Whey,  
Sugar Free 100% Whey Protein,  
and Organic Whey Protein Concentrate

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† No significant difference has been shown between milk derived from rBST-treated and non rBST-treated cows.  
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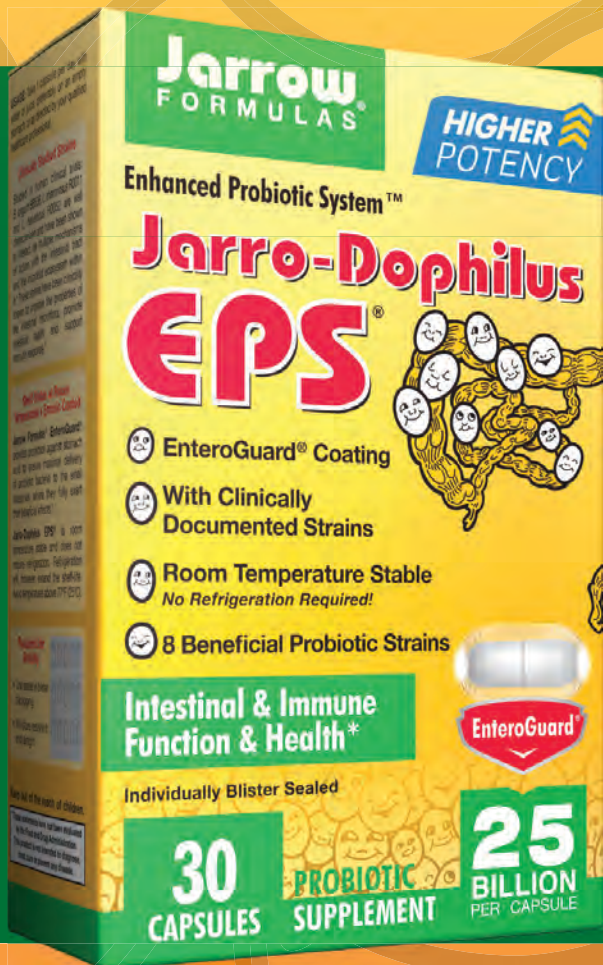
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**HIGHER**  
**POTENCY**

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ENHANCED PROBIOTIC SYSTEM™

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Sale Period: 4/6/15  
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**25**  
BILLION  
PER CAPSULE

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**SNACK  
SMARTER**

WITH **15 GRAMS OF  
PROTEIN**



**GREEK YOGURT POWDER, FIBERS, WHEY & MICELLAR CASEIN PROTEINS**

Jarrow Formulas® Greek Yogurtein™ combines Greek Yogurt with additional high-quality proteins and is optimized with dietary fibers. It is a great tasting (lacto) vegetarian protein, fiber source and rich in calcium. The proteins in Greek Yogurtein™ are highly bioavailable.\* Moreover, the inclusion of quick-digesting (whey) and slow-digesting (micellar casein) proteins provide added support for sustained energy levels and muscle replenishment.\* The dietary fibers promote digestive health, bowel regularity and microfloral ecosystem balance.\* Greek Yogurtein™ has a rich and creamy texture and is easily mixed with your favorite beverages.

Jarrow Formulas® Greek Yogurtein™ - JRW65073

[www.Jarrow.com](http://www.Jarrow.com)

**Jarrow**  
FORMULAS®

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



### Adaptogen Complex

**An excellent anti-stress formula; A Chi or energy tonic.**

Who would benefit from this supplement? Those suffering from fatigue, overexertion, stress, chemotherapy, depression. Best used on a daily basis.

Phyto-Tech™ Adaptogen Complex contains the following herbs: Red Reishi Mushroom, Eleuthero Root, Ashwagandha Root, Vanuatu Kava Root, Licorice Root.

Complimentary Formulas: Phyto-Tech Ginseng Energy Blend; Phyto-Tech Immune Complex

1 fl oz - Prod Code: 57083

### Adrenal Stress Complex

**Supports healthy adrenal gland function, optimizing the body's handling of stress.**

Phyto-Tech Adrenal Stress Complex is a blend of adrenal-normalizing, adaptogenic herbs especially valuable for those suffering the stressful effects of a fast paced lifestyle. This formula can be considered an "adrenal tonic."

This formula also helps maintain healthy blood sugar levels by supporting liver function.

Who would benefit from this supplement? Those suffering from stress related to a fast-paced, demanding lifestyle. Those who have problems with blood sugar regulation, including hypoglycemia and adult onset, type 2 diabetes. Those with adrenal dysfunction leading to blood sugar swings, water imbalance, mood swings, and thyroid dysfunction.

Phyto-Tech™ Adrenal Stress Complex contains the following herbs: Licorice Root, Eleuthero Root, Devil's Club Root Bark, Dandelion Root, Sarsaparilla Root, Ginger Root.

Dosage: 20-40 drops in water or juice, 2-3 times daily, or as needed.

Complimentary Formulas: Phyto-Tech Adaptogen Complex, when fatigue and burn out present

Phyto-Tech Ginseng Energy Blend, when extreme fatigue, low passion present

Phyto-Tech Holy Basil 20-8-8-5 liquid veggie caps to counteract stress and control cortisol levels.

1 fl oz - Prod Code: 57037

### Allergy Complex

**This supplement supports healthy sinus and respiratory systems function by exerting an anti-histamine, decongestant type action.**

Who would benefit from this supplement? Those suffering from allergic rhinitis, hay fever, asthma, and sinus congestion.

Phyto-Tech™ Allergy Complex contains the following herbs: Nettle Leaf, Eyebright Herb, Yerba Santa Leaf, Turmeric Root, Lobelia Herb, Ambrosia Herb.

Dosage: Preventative: Begin use 2-4 weeks before the onset of the allergy season by taking Allergy Complex 2 times per day. This will increase resistance to pollens before they even start. Keep taking throughout the allergy season. Results can vary from a percentage decrease in reactivity to complete eradication of symptoms.

Complimentary Formulas: Many herbalists feel that allergies are a symptom of liver deficiency, and recommend taking Phyto-Tech Liver Support along with Allergy Complex.

Eyebright, Nettle and Ambrosia are anti-histamine in action. Yerba Santa helps decongest. Turmeric treats liver deficiency which almost all hay fever is a symptom of. By treating the underlying constitutional predisposition, Phyto-Tech Allergy Complex can work deeper.

(Note: Ambrosia is also known as ragweed. The leaf extract inhibits histamines caused by the pollen of this plant. One is not allergic to the leaf)

1 fl oz - Prod Code: 56983 ~ Alcohol Free: Code 57041

Child Friendly: Code 57013

### American Ginseng

**American Ginseng is an adaptogenic, immune-system modulating herb, enhancing stamina and energy.**

Who would benefit from this supplement? Those who are beginning to notice the signs of aging. Those who feel depleted and are low on passion or vital energy. Those who fear working too hard and burning out. Those who feel that they are under too much stress, and it is affecting their general health. Those who participate in athletics, and want to boost energy and stamina. Those who want to fight the aging process. Those who are elderly, and feel rundown and mildly depressed.

Description: Phyto-Tech™ American Ginseng 1:3 contains certified organic American Ginseng (*Panax quinquefolium*), 333 mg/ml. Also available in a vegetarian capsule form. Each Phyto-Tech American Ginseng veggie cap contains 400 mg of certified organic American Ginseng Root.

American Ginseng is a classic adaptogen herb with systemic action. It increases resistance to illness and environmental stresses,

improving vigor, vitality, and energy.

American Ginseng does not treat disease directly, but strengthens the body's ability to adapt to stress and therefore may help to avoid acute episodes from manifesting when one is dealing with a chronic disease.

American Ginseng is especially helpful during the later stages in life, the effects of years of stress, wear and tear on the body begin to manifest themselves.

Dosage: 20-40 drops, 2-3 times per day. It is best used as a long term tonic (1-3 months and longer).

Complimentary Formulas: For the elderly, Phyto-Tech Ginkgo Biloba Leaf 1:1.5 works well with American Ginseng, especially if mild depression is a problem.

American Ginseng 1:3 - 1 fl oz ~ Prod Code: 56981

60 Veggie Caps - Prod Code: 60122

### Antiox Phyto Blend

**Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a convenient liquid extract.**

Who might benefit from this supplement? Anyone needing antioxidant protection as well as those looking for enhanced immunity, those with cardiovascular problems, stress, and concerns about environmental pollution. It is also an essential component of any "anti-aging" supplement regimen.

More specifically, this herbal supplement might benefit: Those who desire protection against everyday toxins--dietary, environmental and chemical. Those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle. Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration. Those who want to live a longer, healthier life.

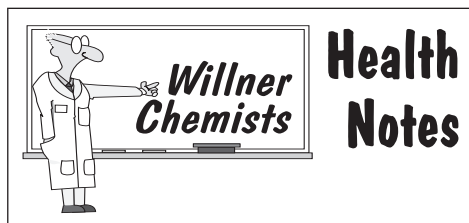
Phyto-Tech Antiox Phyto Blend is a mixture of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Phyto-Tech™ Antiox Phyto Blend contains the following: Acai Berry 4:1, Mangosteen Extract, Goji Berry Extract, Pomegranate 40%, Glycerin Vegetable, Water Pure Deionized, Raspberry Flavor Natural.

References: Acai Berry (*Euterpe oleracea*) is the fruit of a palm tree native to South America. The pulp and skin of acai are rich in

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

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### Was the action of NY Attorney General justified?

The nonprofit American Herbal Pharmacopoeia on Feb 9 sent a extensively detailed communication to New York Attorney General Eric T. Schneiderman with technical data that underscores that DNA barcoding is not a scientifically valid technology for determining the identity of botanical extracts in many dietary supplements. The 4-page AHP letter and 54-page addendum also provides widely recognized standard testing methodologies citing monographs of the American Herbal Pharmacopoeia (AHP), European Pharmacopoeia (EP), and United States Pharmacopoeia (USP).

At the time this catalog was in preparation, the outcome of the controversy has yet to be resolved. For those of you who might be curious, however, I think the explanation provided by the American Herbal Pharmacopoeia in the first few pages of their letter is very helpful and clear, even to us without a strong scientific background. With this in mind, we are reprinting the first few pages:

February 6, 2015  
Attorney General Eric Schneiderman  
Office of the Attorney General  
The Capitol  
Albany, NY 12224-0341

Dear Attorney General Schneiderman,  
I thought it would be helpful to provide some feedback regarding your recent testing of herbal supplements.

It is clear that adulteration in the herbal products industry, as with all industries, occurs. Unfortunately, your testing methodology was not appropriate for determining this. Based on my review of the company websites and the products tested, it appears that a significant number of these were extracts. With rare exception, DNA barcoding is not an appropriate technology for testing the identity of ingredients in extracts. By definition, extracts are made by extracting the desired constituents from the plant material itself into a liquid medium, a process that either does not maintain the DNA or significantly denatures it. The extract is then processed and dried onto an appropriate carrier. In that process, an extract is sometimes subjected to heating or further mechanical filtering, which similarly either removes or further denatures DNA if present. With most extracts there is no actual plant tissue left or, if any material remains, it can be greatly



degraded. Because of this, there is either no DNA in finished products, such as those tested, or there is too little intact DNA to get an accurate finding.

There is a possibility that some of these products may have been adulterated, but the percentages will likely change if the appropriate testing technology is applied. Once the source plant is extracted and DNA is no longer present, other technologies are needed to determine the IDENTITY of the ingredient. Additional tests may be needed to determine the POTENCY of the finished product. Still different tests are needed to determine the PURITY of products in order to determine if "contaminations" are in fact present.

As plant materials are products of nature they are subject to the presence of other organic materials, such as specks of grass, insect fragments, and miscellaneous filth that is both common and acceptable in all food and dietary supplement products within specific limits. Foreign organic matter limits are established in national and international standards (e.g., pharmacopoeial monographs such as those included with this communication) and by regulatory bodies (e.g., Defect Action Limits established by the Food and Drug Administration (FDA)). All organic matter has DNA that can be readily picked up and interpreted as "contaminants". The high sensitivity of DNA barcoding can pick up even minute fragments of DNA if present but cannot determine if this is due to acceptable levels of foreign organic matter or truly a contaminant. Similarly, there are national and international guidelines for determining the identity, quality, and purity of these products and experienced labs that can conduct the tests. National and international standards are reflected predominantly in the American Herbal Pharmacopoeia (AHP), European



Pharmacopoeia (EP), United States Pharmacopoeia (USP), and the World Health Organization (WHO). Additional standards for Ayurvedic and Chinese herbs are available in the Ayurvedic Pharmacopoeia of India, Indian Pharmacopoeia, Pharmacopoeia of the People's Republic of China, and Hong Kong Standards. I have included appropriate monographs for each of the botanicals tested. Dietary supplement GMPs also allow manufacturers to develop their own specifications, due to the wide array of different products that are available, so actual values can vary and should be compared against the label claim. Additionally, adherence to the standards and requirements of pharmacopoeial standards is voluntary. Not all values cited in pharmacopoeia monographs are relevant for all products. Never the less, the testing methodologies for identity and potency are largely considered the industry standards and are relevant to the majority of products.

Appropriate independent laboratories to conduct this type of analysis and whose services are used in a forensic capacity by FDA, USDA, and others include: Covance Laboratories; Flora Research Laboratories;

... continued on page 10



# Science-based nutrition you can depend on.

Doctor's Best offers science-based formulations made with ingredients of unsurpassed quality at potencies validated in clinical studies. We use patented ingredients which are supported by clinical trials to further ensure purity, potency, and efficacy. So, if you're looking for effective joint, bone, cardiovascular, digestive, or brain support, you can trust Doctor's Best to deliver it.

For more details about Doctor's Best science-based products, please visit [www.drbitamins.com](http://www.drbitamins.com)



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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**Doctor's  
BEST**  
Science-Based Nutrition™

... continued from page 8

Eurofins; NSF International; Midwest Laboratories, National Center for Natural Products Research at the University of Mississippi, as well as numerous others.

Regarding testing methodology, I have attached a sampling of the primary nationally and internationally accepted methods for the testing of the various botanicals you tested and some guidance on what should be tested. While these tests can be applied to finished products, it is important to note they were specifically designed for raw materials and extract that go into finished products. Thus, finished product values may vary but should be close to the values provided. While it is likely such analytical methodologies are not familiar to you, they are familiar to any analytical chemist and can guide future analytical work that is scientifically valid, whereas the current DNA barcoding technology is likely not scientifically valid for determining the identity of botanical ingredient identity in extract products. Similarly, without an ability to do a quantitative assay, it is not appropriate for determining if a product is "contaminated" as acceptable limits of foreign organic matter will potentially show up as "contaminants", when in reality they may not be. In conjunction with the American Botanical Council (ABC), Austin, TX and the University of Mississippi, Oxford, MS, AHP is engaged in an active review of herbal ingredients with the express purpose of identifying confirmed adulterations, raising awareness of such problems within industry, and to providing solutions, such as articulating the appropriate testing methodologies that should be conducted, as we have done above. This program has broad support from industry and academic institutes internationally showing that a significant segment of the herbal products market is committed to the quality and integrity of their products. More information about this program can be accessed at:

<http://cms.herbalgram.org/BAP/index.html?t s=1418665529&signature=003bdb220a482eabe942ba7e299089c4&ts=1423272362&signature=49a186414e8b367db4d970c708a6deb3>

We hope this information is helpful. If we can provide further guidance on botanical related issues, please let us know. We wish you well in your work.

Sincerely,  
Roy Upton, Executive Director  
American Herbal Pharmacopoeia  
831-461-6317  
herbal@got.net  
www.herbal-ahp.org

#### Garlic Powder

Identity: Macrosopic, microscopic, HPTLC or HPLC fingerprint profile according to USP.

Potency: Calculated according to methodology of USP compared against label claim.

#### Ginkgo Extract

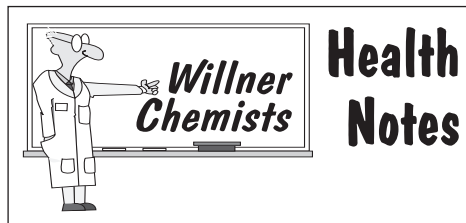
It is rare to find a pure ginkgo leaf product on the market. The industry standard is based on a German extract that has been subjected to widespread clinical investigation.

Identity: HPLC Fingerprint according to AHP or USP monographs and specifically including measures to ensure the absence of spiked rutin, quercetin, or sophora.

Potency: Flavonol Glycosides: Total flavonol glycosides 22-27% (wt/wt) based on the sum of

quercetin, kaempferol and isorhamnetin in the following general ratios:

Quercetin minimum 9.5% (wt/wt)  
Kaempferol minimum 10.5% (wt/wt)



### Ginger for Migraine

**Study shows that ginger powder as effective as the drug sumatriptan, with fewer side effects.**

People with migraines have severe headaches with other physical symptoms. In this study, at the onset of acute migraine, 100 adults took 50 mg of the standard migraine drug, sumatriptan, or 250 mg of ginger powder. Participants kept track of when the headache started and its severity over time.

After one month, a similar majority in both groups reported 90 percent pain relief two hours after taking treatment. Twenty percent of the sumatriptan group had side effects including dizziness, sedation, vertigo, and heartburn, compared to 4 percent in the ginger group reporting an upset stomach, making ginger as effective and safer for migraine.

Reference: Phytotherapy Research; 2014, Vol. 28, No. 3, 412-5

### Willner PhytoTech Ginger Root

**This herb supports the digestive and circulatory systems, and has been shown to be especially helpful in alleviating nausea and equilibrium problems.**

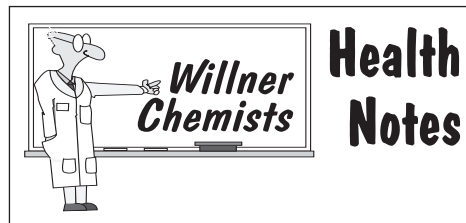
Who can benefit from this supplement? Those who suffer from nausea (pregnancy, motion sickness), digestive insufficiency and poor circulation.

Phyto-Tech™ Ginger Root 1:1.5 Liquid Extract provides 667 mg of certified organic Fresh Ginger Root per 30 drops.

1 fl oz - Prod Code: 56995

**Also available as a veggie cap:  
Each Phyto-Tech Ginger Capsule contains  
500 mg of certified organic Ginger Root  
(Zingiber officinalis).  
(Product code: 60127)**

**90 Veggie Caps - Prod Code: 60127  
List: \$12.60 ~ Discount: \$10.08**



### CoQ10 Study Yields Important Results And Considerations

#### Introduction

One of the most important nutrients for heart health is coenzyme Q10 (CoQ10). Its role in the heart is similar to the role of a spark plug in a car engine. Just as the car cannot function without that initial spark, the heart cannot function without CoQ10.

Although the body can make CoQ10, considerable research shows significant benefits with supplementation in various health issues and in people taking cholesterol-lowering drugs (e.g., statins like Lipitor and Crestor).

Results from a very detailed study conducted at research centers throughout Europe and Asia not only show beneficial effects in patients with chronic heart failure (CHF), but also provides some insight on the importance of effective dosage of CoQ10.


#### Background Data:

CoQ10 is an essential component of the mitochondria, where it plays a major role in energy production. Deficiency of CoQ10 can be a result of impaired production due to nutritional deficiencies, a genetic or acquired defect in CoQ10 synthesis (e.g., statin drugs block CoQ10 formation), or increased tissue needs. Cardiovascular diseases, including angina, hypertension, mitral valve prolapse, and CHF, are examples of diseases that require increased tissue levels of CoQ10. In addition, many elderly people may have increased CoQ10 requirements. In a 5-year double-blind placebo-controlled study of healthy elderly people, daily supplementation with a combination of CoQ10 (200 mg) and selenium (200 mcg) reduced cardiovascular mortality by 46%.

In the treatment of chronic heart failure, studies have most often used CoQ10 as a support aid (adjunct) to conventional drug therapy. The improvements noted with CoQ10 were actually found to be more positive than those obtained from conventional drug therapy used alone in these studies. However, the studies have not yet answered several important questions including what is the optimal form and dosage of CoQ10 and what effect does CoQ10 have on reducing mortality in patients with CHF.

#### New Data:

CoQ10 was evaluated as an adjunctive treatment of CHF in a randomized, double-blind, multicenter trial known as Q-SYMBIO



Natural Factors  
BioQ10

BioQ10 SA™ Coenzyme Q10 is derived from 100% all-natural sourced materials and specially formulated in a proprietary process to enhance bioavailability. A specific protein extracted from non-GMO soy is used in this process that acts as an emulsifier and carrier of the CoQ10. Bioavailability studies have shown BioQ10 SA in soft gelatin capsules led to higher blood levels of ubiquinol (active CoQ10) than other forms of CoQ10 including ubiquinol.

Willner Prod. Code: 60041  
BioQ10, 60 Softgels  
List: \$34.95 ~ Sale: \$24.47

Note: All Natural Factors products, including other CoQ10 formulas, are on sale at 30% off list price until May 15th.

– the Q standing for CoQ10 the other letters for SYMptoms, Biomarker status, and long-term Outcome (hospitalisations/mortality).

A total of 420 patients with moderate to severe CHF were randomly assigned in a 2-year trial to either CoQ10 100 mg 3 times daily or placebo, in addition to standard therapy. The primary short-term endpoints at 16 weeks were changes in New York Heart Association (NYHA) functional classification, 6-min walk test, and levels of a biomarker linked to heart function (N-terminal pro-B type natriuretic peptide). The primary long-term endpoint at 2 years was the number of major cardiovascular events (e.g., a heart attack or stroke).

The results showed that in the CoQ10 group there was a significant improvement in CHF as noted by better NYHA class after 2 years. Most importantly, only 15% of the patients in the CoQ10 group had a major cardiovascular event compared to 26% in the placebo group. Death due to a cardiovascular event occurred in 9% in the CoQ10 group vs. 16% in the placebo group; overall mortality was 10% in the CoQ10 group vs. 18% in the placebo group. There were no side effects with CoQ10 or placebo supplementation.

Q-SYMBIO is the first clinical trial with adequate size, dosage of CoQ10, and duration of follow-up to evaluate the efficacy of CoQ10 on morbidity and mortality in CHF. The major endpoint showed that CoQ10 produced a 43% reduction in the risk of dying from a heart attack or stroke.

... continued on page 14

### Looking for the perfect multivitamin?



**Willvite, Code 30439, 120 Tablets**  
**Willvite, Code 44384, Iron-Free, 120 Tablets**

See pages 96-103 for more information

## Willvite

*A Broad-Spectrum, Complete, Balanced Multivitamin  
Multimineral Supplement*

- Full complement of water-soluble and fat-soluble vitamins
  - Full complement of trace minerals
  - Includes full daily dose of Calcium and Magnesium
- Also contains accessory nutrients such as CoQ10, Grape Seed Extract, Choline, Inositol, PABA, Lutein, Lycopene, etc.
  - Flexible dosage: two to four tablets per day
  - Convenient: everything you need in one product
- Suitable for use as "foundation" formula, to which other supplement can be added as needed
  - Regular and Iron-Free.



# It's your skin!

## XYNDET®


Xyndet® Skin Care Line aids in the care of

- Acne
- Atopic Eczema
- Psoriasis
- Dandruff
- Itching

& takes care of dry, scaly and sensitive skin.



### XYNDET® SKIN CARE LINE

	XYNDET® Sensitive Skin Formula Cleansing Bar	XYNDET® Hair & Body Wash	XYNDET® Balm
<b>Acne</b>	<b>very good</b>	<b>good</b>	<b>good</b>
<b>Atopic eczema</b>	<b>very good</b>	<b>very good</b>	<b>very good</b>
<b>Psoriasis</b>		<b>very good</b>	<b>very good</b>
<b>Sensitive Skin</b>	<b>very good</b>	<b>very good</b>	<b>very good</b>
<b>Dandruff</b>	<b>good</b>	<b>very good</b>	<b>good</b>
<b>Itching</b>	<b>good</b>	<b>good</b>	<b>very good</b>
<b>Red Scalp</b>		<b>very good</b>	<b>very good</b>

#### What are the differences between XYNDET® and regular soaps?

Soaps are based on fatty acids, mostly animal fat. XYNDET® does not contain fatty acids or other animal products. Our washing products contain fatty alcohols. Fatty alcohols foam up nicely at any water harshness. XYNDET® Sensitive Skin Formula Cleansing Bar removes surface residues of make up and helps open up pores for deeper cleaning.

#### What are the special features of XYNDET® Balm?

XYNDET® Balm is a very fine structured oil in a water emulsion. It transfers moisture as well as oils into skin. It goes through hard and scaly skin. In extreme cases of hard and scaly skin we recommend to apply a thick layer of XYNDET® Balm and wrapping it with a plastic foil for a maximum of 2 hours. The balm will not leave any greasy residues, provided the skin was not treated prior with any other product.

#### Why is XYNDET® Balm recommended for itching?

XYNDET® Balm should be kept in a cool place in order to apply a cooling effect to the itchy skin. XYNDET® Balm transports moisture and oils into the skin. XYNDET® contains Dead Sea salt and Dead Sea silt, which have a balancing effect on the skin.

#### What about XYNDET® Hair & Body Wash?

XYNDET® Hair & Body Wash, a Sensitive Skin Formula Cleansing Liquid is composed of products containing Dead Sea minerals. Like the other XYNDET® products it is completely free of fragrances and coloring agents.

XYNDET® Sensitive Skin Formula Cleansing bar and XYNDET® Hair & Body Wash have a skin neutral ph value of 5.7.



**LifeExtension**  
Foundation for Longer Life®



## Restore youth at the cellular level with AMPK Activator!



Found in every cell,<sup>1,2</sup> **AMPK** (adenosine monophosphate-activated protein kinase) is an enzyme that serves as the body's **master regulating switch**. Studies show increased AMPK activity supports reduced fat storage,<sup>3</sup> encourages new mitochondria production,<sup>4</sup> helps maintain healthy glucose and lipid levels already within the normal range,<sup>5</sup> and revitalizes aging cells.<sup>6</sup>

This dual-extract formulation contains ActivAMP™ *Gynostemma pentaphyllum*

extract and rose hip extract, which is standardized to *trans*-tiliroside — both of which boost AMPK activity. Plus, researchers have documented a one-inch reduction in abdominal circumference in overweight individuals who took 450 mg daily of *G. pentaphyllum* extract for 12 weeks.<sup>7</sup>

And among other benefits, a low human equivalent dose of 56 mg daily *trans*-tiliroside has been shown by researchers in preclinical studies to promote healthy blood glucose levels and body weight already within normal range.<sup>8</sup> Reverse cellular depletion of AMPK and promote youthful metabolic health with AMPK Activator!



Item #01907

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ActivAMP™ is a trademark of Gencor.

**This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary.**



### Live Healthier & Longer

All Life Extension® products are formulated with premium-quality ingredients based on the latest scientific studies to help you achieve optimal health. These and other fine Life Extension products are available at Willner Chemists. **Order yours today!**

Life Extension will not be liable for typographical, photographic or other pricing or content errors found in our printed or electronic communications. Prices subject to change without notice.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

605.71A 0215





# PEDESTALS.

## BEAUTIFUL LEGS DESERVE TO BE DISPLAYED.

Have you resorted to covering up your legs because of varicose veins? If varicose veins have left you trying to hide your legs or disguise their appearance with self-tanners and creams, it is time to try CircuVein. CircuVein supports vein health by supporting healthy circulation and protecting and toning vascular blood vessels.\* The levels of diosmin and hesperidin found in CircuVein have been clinically proven to reduce the visible signs of varicose veins, as well as alleviate occasional swelling in the legs and ankles.\* So stop hiding and put those legs on display...they deserve to be seen (plus a girl can never have too many heels).



**VEGETARIAN + GLUTEN-FREE + DAIRY-FREE**  
888-436-6697 | VISIT [WWW.FLORAHEALTH.COM](http://WWW.FLORAHEALTH.COM) TO FIND A STORE NEAR YOU.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Receive a **\$2 coupon** toward your next purchase of CircuVein. Visit: [WWW.FLORAHEALTH.COM/LEGS](http://WWW.FLORAHEALTH.COM/LEGS) or scan this code!





## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects A study published in the Journal of Agricultural and Food Chemistry, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

Mangosteen (*Garcinia magostana*) is a plant native to Southeast Asia. Studies reveal that xanthenes from the fruit hulls of mangosteen have antioxidant, antibacterial, antifungal, and anti-inflammatory properties. In one study mangosteen's xanthenes significantly inhibited the growth of leukemia cells. One xanthone in particular, alpha-mangostin, showed complete inhibition of leukemia cells through the induction of apoptosis (programmed cell death). Other studies indicate xanthenes from mangosteen inhibit the activities of COX?1 and COX?2 enzymes, prevent oxidative damage of LDL cholesterol, have cytotoxic effects on liver cancer cells, and are antiproliferative, antioxidative, and apoptic against breast cancer cells.

Goji Berry (*Lycium barbarum*) polysaccharides exhibit anti-tumor, immune enhancing and liver-protective properties. Studies suggest that Goji polysaccharides have positive effects when used with conventional cancer treatments. A 1994 study done in China on patients with a variety of cancers revealed that patients who were given Goji Berry polysaccharides along with their conventional cancer treatment had a 40.9 percent response rate to the treatment, while patients who received conventional treatment without the Goji Berry supplement had only a 16.1 percent response rate. Additionally the Goji Berry supplemented patients experienced longer remissions and had a significant increase in natural killer cell activity. Goji berries contain high levels of Zeaxanthin, a carotenoid necessary for healthy vision that is present in high amounts in the macula of the human eye. The Zeaxanthin in Goji berries is a naturally esterified zeaxanthin which has been proven to cause a higher increase in plasma levels than the non-esterified form contained in many supplements. Researchers have concluded that Goji is one of the best antioxidants to promote healthy aging.

Pomegranate (*Punica granatum*) contains thousands of phytochemicals including anthocyananins, ellagic acid derivatives, catechins and procyanidins, flavonols, fatty acids and sterols. Human studies show that pomegranate polyphenols and their metabolites offer protection against various diseases. Pomegranate increases nitric oxide production in the endothelial cells of the vascular system protecting against cardiovascular disease. Studies show consumption of the juice benefits patients with carotid artery stenosis, those with hypertension, and those with coronary heart disease. Pomegranate has been heavily studied in the treatment of prostate cancer. In one study when men with aggressive prostate cancer were given pomegranate juice daily after treatment by surgery or radiation, there was over a four-fold prolonged delay in prostate specific antigen (PSA) doubling time, and the rate of PSA rise was reduced by 50% over the course of just one year. Numerous other studies demonstrate pomegranate inhibits

inflammation, slows cartilage loss in arthritis, improves sperm health, and increases the overall antioxidant capacity of the blood.

1 fl oz - Prod Code: 57551

### Antiox Phyto Complex II

**Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength veggie cap.**

Who would benefit from this supplement? Anyone needing antioxidant protection as well as those looking for enhanced immunity, those with cardiovascular problems, stress, and concerns about environmental pollution. It is also an essential component of any "anti-aging" supplement regimen.

Phyto-Tech™ Antiox Phyto Complex II Capsules contains 375 mg of the following: Acai Berry Concentrate, Mangosteen Fruit Extract, Goji Berry, Pomegranate, Green Tea Leaf Extract, Grape Skin Extract, Grape Seed Extract.

Description: Phyto-Tech Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phyto-antioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Indications: Who might benefit from this herbal supplement? Those who desire protection against everyday toxins--dietary, environmental and chemical. Those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle. Those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration. Those who want to live a longer, healthier life.

Ingredients: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable,

Cautions: Pregnancy, Nursing

Dosage: Take one 375 mg veggie capsule once or twice a day.

References: Acai Berry (*Euterpe oleraceae*) is the fruit of a palm

tree native to South America. The pulp and skin of acai are rich in anthocyanins, proanthocyanidins, and other fatty acids. Studies have shown that acai has anti-inflammatory, antioxidant, and apoptic (programmed cell death). effects A study published in the Journal of Agricultural and Food Chemistry, showed extracts of Acai berries triggered apoptosis in up to 86 percent of leukemia cells tested.

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*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

... continued on page 16

... continued from page 10  
Commentary:

Improving energy production within the heart muscle (myocardium) is an important goal in any heart condition. Whether the issue is angina, arrhythmia, or heart failure, these sorts of heart conditions are always characterized by impaired energy production within the heart muscle (the myocardium). This impaired energy production is often the result of nutrient or coenzyme deficiency. In addition to CoQ10, nutrients like magnesium, thiamin, carnitine, and pantethine are also important considerations.

An important issue for many patients with CHF, especially more serious forms, is that they often fail to achieve adequate serum CoQ10 levels (i.e., more than 2.5 mcg/ml) on supplemental ubiquinone (the common form of CoQ10), even at dosages of up to 900 mg/day. These patients may respond better with highly absorbed forms of CoQ10, such as ubiquinol or emulsified ubiquinone. In the Q-SYMBIO study, the average serum CoQ10 level in the supplement group was 1.14 µg/ml at baseline; 3.0 at week 16; and 2.0 at week 106. What this signifies to me is that some of the subjects may not have achieved sufficient blood levels of CoQ10. Clearly, most subjects had good initial response, but over time something happened and CoQ10 levels declined. Was this do to impaired absorption, poor compliance (did some patients stop taking the supplement for some reason), reduced manufacture in the body due to drug interactions (e.g., statin use), or there was an increased need for higher dosage levels over time.

My recommendation is that in a serious health condition like CHF, that it makes sense to use the ubiquinol form at 100 mg three

times daily unless blood levels of CoQ10 are being monitored while on regular CoQ10 (ubiquinone)

Reference:

Mortensen SA, Rosenfeldt F, Kumar A, et al. The effect of coenzyme Q10 on morbidity and mortality in chronic heart failure: results from Q-SYMBIO: a randomized double-blind trial. *JACC Heart Fail.* 2014 Dec;2(6):641-9.

Dr. Michael Murray  
2/17/15



This article was reprinted from Dr Michael Murray's Weekly Natural Facts Newsletter. To sign up for this informative newsletter, go to [www.doctormurray.com](http://www.doctormurray.com)

While there, also check out Dr Murrays books. All are available at Willner Chemists, at 20% off list price.

## Willner Chemists Phyto-Tech™ Herbal Supplements

### ESSENTIAL OILS

100% Pure - Sustainably Harvested - Quality Tested - GMP Certified Facility - Kosher Certified

- Cedarwood (Himalayan) ~ 1 fl oz, # 63003
- Cinnamon Leaf ~ 1 fl oz, #62679
- Clove ~ 1 fl oz, #63004
- Eucalyptus ~ 1 fl oz, #62680
- Eucalyptus ~ 4 fl oz, #62681
- Grapefruit (Pink) ~ 1 fl oz, #62710
- Lavender (French) ~ 1 fl oz, #63005
- Lavender (French) ~ 4 fl oz, #62787
- Lavender (Bulgarian) ~ 1 fl oz, #62815
- Lemon ~ 1 fl oz, #63006
- Orange (Sweet) ~ 1 fl oz, #62820
- Oregano ~ 1 fl oz, #62821
- Patchouli ~ 1 fl oz, #62822
- Peppermint ~ 1 fl oz, #62884
- Peppermint ~ 4 fl oz, #63007
- Rosemary ~ 1 fl oz, #63008
- Tea Tree (Australian) ~ 1 fl oz, #63009
- Tea Tree (Australian) ~ 4 fl oz, #63010
- Ylang Ylang ~ 1 fl oz, #63011

To see a current price listing, go to [www.willner.com](http://www.willner.com). Using the "By Manufacturer" pull down menu, (upper left) select "Willner Essential Oil."





# THE **NATURAL** MK-7

**PRODUCED BY FERMENTATION • BINDS CALCIUM TO THE BONES**

**10X BETTER ABSORBED**  
Than K<sub>1</sub> From Spinach\*



**SAVE 30%**  
Sale Period: 4/6/15 through 5/15/15

Jarrow Formulas® MK-7 is natural vitamin K<sub>2</sub> derived from fermentation using *Bacillus subtilis* natto and not produced by synthesis. *B. subtilis* natto has been used for many centuries in Japan to produce natto, a traditional health food.

MK-7 (Menaquinone-7) has a longer half-life in the liver and circulation than MK-4. MK-7 is also ten times better absorbed than vitamin K<sub>1</sub> from spinach\*. Vitamin K<sub>2</sub> is responsible for the carboxylation of the specific bone protein osteocalcin which binds calcium in our bones\*. Jarrow Formulas' research has demonstrated the important synergy between vitamins K<sub>2</sub> and D<sub>3</sub> in building bone.<sup>1</sup>

Using Jarrow Formulas® MK-7:

<sup>1</sup> Gigante, A., Bruge, F., Cecconi, S., Manzotti, S., Littarru, G. P., & Tiano, L. (2012). Vitamin MK-7 enhances vitamin D3-induced osteogenesis in hMSCs: modulation of key effectors in mineralization and vascularization. *J Tissue Eng and Regen Med.* doi: 10.1002/term.1627

Jarrow Formulas® MK-7 60 softgels - JRW44618  
Jarrow Formulas® MK-7 120 softgels - JRW65380

[www.Jarrow.com](http://www.Jarrow.com)



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



and increases the overall antioxidant capacity of the blood.

The powerful antioxidants in Green Tea may help fight the free radicals that contribute to skin, lung, and stomach cancer as well as contribute to lowered blood pressure and LDL cholesterol. Green Tea is rich in a type of polyphenol called catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E. These catechins include four major polyphenols including epigallocatechin gallate (EGCG), epicatechin gallate (ECG), epigallocatechin (EGC) and epicatechin (EC). Of these compounds EGCG is the most abundant in green tea and has generated the most interest. Peer-reviewed scientific research has consistently shown that EGCG is a potent antioxidant, deactivating health-damaging free-radicals. By virtue of its antioxidant effects EGCG has been shown to exert a number of beneficial activities, such as reducing inflammation, and normalizing cell and tissue functions. In promoting cardiovascular health EGCG has been shown to inhibit free-radical activity in the arteries, improving coronary circulation. Other studies have shown that EGCG has a benefit in normalizing blood glucose and protecting the pancreas from oxidative damage, as well as in boosting metabolism and burning fat. Green tea catechins and EGCG in particular have also been shown to naturally support detoxification and the elimination of toxic substances from the body while protecting the liver.

Grape skin and grape seed extracts are anti-inflammatory and radioprotective. They are abundant in a group of polyphenols called procyanidins. Procyanidins are strong antioxidants, lipid peroxidation inhibitors, and free radical scavengers. Procyanidins have antimutagenic effects, meaning they can counteract environmental mutagens, which are thought to be one of the causes of chronic degenerative diseases. Procyanidins also increase circulation making them helpful for conditions such as venous insufficiency (a condition in which the veins have trouble sending blood from the legs back to the heart). A placebo controlled study showed that treatment with procyanidins improved venous functionality and reduced pain, cramps, edema and paresthesias (tingling). Due to procyanidins positive effects on circulation, grape skin and seed extracts are helpful for numerous vision disorders. Studies show treatment with procyanidins from the extracts increase resistance to glare, decrease ocular stress from prolonged activity at a computer and improve contrast sensitivity, retinal function and sensitivity in myopia (nearsightedness).

Complimentary Products: Phyto-Tech™ Antiox Phyto Blend, liquid herbal extract and Phyto-Tech™ Green Tea Guo, regular and peach flavored.

New, High Potency Atiox Phyto Complex II 375 mg Veggie Caps  
90 Veggie Caps - Prod Code 63745

### Anxiety Complex

*This is a calming, soothing and relaxing formula that focuses on emotional stress.*

Phyto-Tech™ Anxiety Complex is a blend of herbs with anti-anxiety properties, including Kava Kava, Pulsatilla and Lobelia, which helps to reduce anxiety, nervous irritability, and panic attacks. Anxiety Complex will calm and soothe the mind when going through difficult times emotionally and mentally, but it does not interfere with cognitive function, allowing you to stay alert and think clearly.

Who would benefit from this supplement? Those who suffer from anxiety, too much stress, insomnia due to an overactive mind, worry, and mild depression. Those who need to remain clear headed, but also need a calming and soothing effect. Those who suffer from panic attacks and performance anxiety. Those whose mild depression is related to anxiety or severe stress.

Phyto-Tech™ Anxiety Complex contains the following herbs: Night Blooming Cereus, Vanuatu Kava Root, St. John's Wort Flowers, Lobelia Herb, Pulsatilla Herb.

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Dosage: Acute short-term need: 2-4 squirts every hour as needed. Anxi-Ease can be increased to 1 tsp. (6 squirts) for short-term strong anxiety reducing doses.

Tonic long-term need: 30-60 drops 2-3 times per day.

Complimentary Products: These other Phyto-Tech™ herbal formulas can be used along with Anxiety Complex under the following conditions:

If mild depression accompanies anxiety, consider St. John's Complex or St. John's Wort.

If an over-all calming, sedating action is needed, consider Phyto-Tech™ Relax PM.

If exhaustion is present, consider Phyto-Tech™ Adaptogen Complex or Phyto-Tech™ Ginseng Energy Blend.

If body pain is present, consider Phyto-Tech™ MuscleGestic.

1 fl oz - Prod Code: 57014

### Arnica Oil 1:6 Topical

*A popular first-aid remedy for trauma, injuries.*

Arnica is the pre-eminent remedy for trauma, injuries, and accidents and is a common part of first aid kits and home medicine cabinets.

This topical oil is massaged into painful tissue that has been traumatized from an accident, athletic event and overexertion. Massage Therapists and Chiropractors commonly use arnica oil on muscle and joints that are problematic in order to disburse congested fluids in a painful area.

It is thought that Arnica works as a fluid transport stimulating herb. It moves interstitial fluids through ischemic tissue. Ischemic tissue is tissue that has diminished oxygen content because of restricted blood and fluid flow. This action by Arnica on the painful tissue helps it heal and stop the pain cycle. As a result of the increased circulation, cellular waste is removed, bruises clear up, pain diminishes, tissue heals, tissue oxygenates and recovery time is significantly reduced.

Athletes find arnica reduces potential for injury, reduces recovery time from injury and bruising.

Arnica Topical Oil is great for the daily bumps and bruises inevitable in life and especially childhood. It is safe for kids.

Phyto-Tech™ Arnica Oil 1:6 Topical contains the following: Arnica montana Flowers (Wild Harvested), Sage Essential Oil, Extra Virgin Cold Pressed Olive Oil,

Note: First extracted in alcohol and oil to maximize potency, then the alcohol is removed.

Special Note: Most Arnica on the market is "Mexican" Arnica. This is commonly Heterotheca inuloides, an adulterant and is not true Arnica. The Vitality Works Arnica products are made from the true European Arnica montana.

Cautions: Do not apply to open wounds, ulcerations or on areas prone to bleeding; Do not take internally; Discontinue use if very sensitive skin results in a rash.

Complimentary Formulas and Single Herbs:

Phyto-Tech™ MuscleGestic, an oral formula for muscle and general body pain, inflammation

Phyto-Tech™ Comfrey Root 1:3 (to promote healing of breaks, fractures, sprains, cuts, lesions)

Phyto-Tech™ Valerian Root 1:2 (for severe pain)

Phyto-Tech™ St. John's Wort 1:2 (if nerves are very sensitive or painful)

Dosage: Massage into effected areas as needed. Repeat 2-3 times per day or as needed.

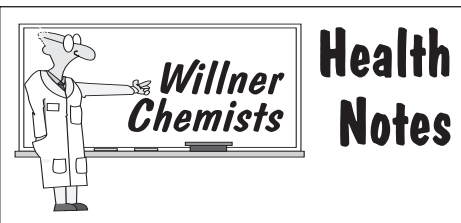
Arnica works best if applied in full concentration to the problematic area. It is less effective if applied all over the body as massage oil. Use a different oil for a massage (i.e. almond oil) and arnica on the painful area.

1 fl oz - Prod Code: 57082

### Ashwagandha Root

*Known as "Ayurvedic Ginseng," Ashwagandha supports stamina, endurance, and energy.*

... continued on page 20



### Prevention

#### Nutrients Prevent Disease and Save Health Care Dollars

Nutrients at \$1.44 a day would create a healthier U.S. population

#### Reducing four costly diseases

The Council for Responsible Nutrition Foundation, a non-profit educational foundation, commissioned a review of scientific studies on the quantifiable effects of eight nutrients on four common conditions: coronary heart disease (CHD), diabetes, age-related eye disease, and osteoporosis. Researchers measured the estimated health-care cost savings over 8 years if people aged 55 or older with these conditions—or with higher chances of them—took the nutrients at the recommended daily preventive doses. Here are the nutrients and their costs per day.

#### B vitamins and CHD

Three B vitamins: B6 2.5 mg, B12 400 mcg, and folic acid 1 mg per day. B vitamins metabolize homocysteine, a factor in hardening of the arteries, blood clotting, and heart disease. Taking these three B vitamin supplements daily at the preventive levels would reduce chances for CHD medical events by 3.3 percent over 8 years, at a cost of 11

cents per person per day.

#### Psyllium fiber, cholesterol and CHD (coronary heart disease)

Taking 10 grams of psyllium fiber per day, at a cost of 30 cents per person, would help keep the intestine from absorbing bad cholesterol, and reduce chances for CHD medical events by 11.5 percent over 8 years.

#### Phytosterols and CHD (coronary heart disease)

Phytosterols are plant compounds, similar to cholesterol, that slow absorption of cholesterol in the intestine, and prevent its buildup in the body. Taking 2 grams of phytosterols per day would reduce chances for CHD medical events by 11.2 percent over 8 years, at a cost of 15 cents per person.

#### Omega-3 and CHD (coronary heart disease)

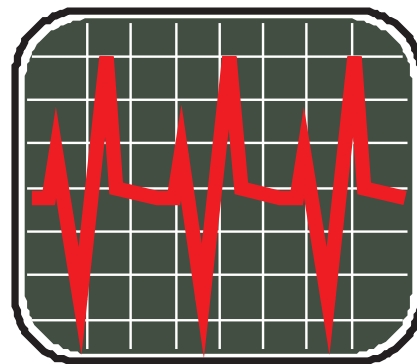
Omega-3s are good fats the body needs to maintain heart health, lower triglycerides, and support healthy blood flow. Taking 1,000 mg of omega-3 fish oil per day would reduce chances for CHD medical events by 6.9 percent over 8 years, at a cost of 25 cents per person.

#### Magnesium and bones

Bones contain over half the magnesium in the body, an essential mineral for keeping bones strong and avoiding osteoporosis and fracture. Taking 100 mg of magnesium per day would reduce osteoporosis medical events by 6 percent over 8 years, at a cost of 9 cents per person.

#### Lutein, zeaxanthin and age-related eye disease

Lutein and zeaxanthin are the brightly col-



ored antioxidants that protect the eye by filtering out damaging light rays before they can reach the sensitive inner parts of the eye, such as the macula. Taking 10 mg of lutein plus 2 mg of zeaxanthin per day would reduce chances for cataract by 15.3 percent; and age-related macular degeneration by 23 percent over 8 years, at a cost of 29 cents per person per day.

#### Calcium, vitamin D, and bones

Bones depend on a steady stream of calcium and vitamin D, which work together to maintain bone mineral density and strength. Taking 1,000 mg of calcium plus 800 IU of vitamin D per day would reduce osteoporosis medical events by 18.6 percent over 8 years, at a cost of 16 cents per person per day.

#### Chromium picolinate and diabetes

People with type 2 diabetes do not use insulin efficiently, creating chronically elevated blood sugar levels and raising chances for coronary heart disease (CHD). Chromium picolinate helps maintain healthy blood sugar and insulin levels, and lowers cholesterol and triglycerides. Taking 400 mcg of chromium picolinate per day would reduce chances for diabetes/CHD medical events by 10.2 per-

cent over 8 years at a cost of 9 cents per person.

Reference: Smart Prevention – Health Care Cost Savings Resulting from the Targeted Use of Dietary Supplements; Frost & Sullivan Economic Report for the Council for Responsible Nutrition Foundation



# Want the Real BEAUTY BENEFITS OF COLLAGEN? Generate It. Don't Eat It!



## Clinically Proven Results!

- Reduces Fine Lines and Wrinkles<sup>†\*</sup>
- Increases Skin Elasticity<sup>†\*</sup>
- Strengthens and Thickens Hair<sup>†</sup>
- Strengthens Nails<sup>†</sup>

### Increase Body Collagen to Augment Beauty

You probably know that adding body collagen directly reduces wrinkles, increases skin elasticity and adds vital moisture to your skin. Indirectly, collagen thickens and strengthens your hair. You may also know that collagen production slows by 1% per year after the age of 21. By age 30, the signs become visible. So how do you get the collagen back?

### How Do I Get My Collagen Back?

Some people think that simply eating collagen might be the way to go. But the scientific reality is, collagen is a protein. When you ingest collagen, such as in pills or powders, your body sees it as chicken, fish, steak or any other protein. It breaks it down and uses it as food. If you want the real beauty benefits of collagen, you have to generate it, not eat it.

[biosilusa.com](http://biosilusa.com)

ON *Sale* NOW!

### How Can I Generate My Own Collagen?

The key to generating collagen is to activate your body's own collagen-generating cells – known as fibroblasts. Now here's the good news. BioSil Hair Skin Nails is clinically proven to increase collagen formation, creating collagen with your own DNA fingerprint! Of course, the real proof is the results you'll see.

### Results of the Landmark BioSil Clinical Trial

In the double-blind, placebo-controlled clinical trial, the women taking BioSil reduced wrinkles by 30%, increased skin elasticity by 89%, thickened and strengthened hair by 13% and dramatically strengthened nails compared to the women not taking BioSil. When you want genuine visible beauty results from collagen, generate it, don't eat it. Experience the beautiful difference for yourself!

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\* Based on clinical testing on the forearm and forehead.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



## A.C. GRACE

53451	GRACE E UNIQUE 400 IU	120	SGC	42.95	38.65
53450	GRACE E UNIQUE 400 IU	30	SGC	11.95	10.75
55962	GRACE E UNIQUE LIQ 400	1	LIQ	21.75	19.57
54938	GRACE E UNIQUE TOCOTR G	60	SGC	39.50	35.55

## ABSORBAID

29431	ABSORBAID	90	VCAP	19.99	15.99
29436	ABSORBAID	240	VCAP	39.99	31.99
29432	ABSORBAID PWD 300 GMS	300	PWD	44.99	35.99

## ACTION LABS

38610	CATUABA POWER MAX	60	CAP	22.99	18.39
50992	GENSENG POWER MAX GX	60	CAP	21.59	17.27
62303	HORNEY GOAT WEEED 500	60	CAP	28.59	22.87
25020	YOHIMBE POWER MAX 2000	100	CAP	44.29	35.43

## ACTIVZ

63672	BEEF JUICE PWD ORG	207	PWD	19.99	17.99
65111	BLUEB Acai STPK BX	24	PAK	39.50	35.65
63671	BLUEBERRY Acai PWD ORG	162	PWD	39.99	35.99
65321	CARROT JUICE PWD	7.8	PWD	19.99	17.99
64970	COCONUT WATER STPK BX	24	PWD	29.99	26.99

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See front page, or www.willner.com

64969	GREEN SMOOTHIE POWDER	9.2	PWD	42.99	38.69
63670	MIXED BERRY PWD ORG	203	PWD	39.99	35.99
63674	RASPBERRY WHOLE PWD	198	PWD	29.99	26.99
65137	SILVER GEL LARGE	4.2	GEL	24.95	22.45
65136	SILVER GEL SMALL	1.5	GEL	11.49	10.34
65138	SILVER LOZENGES	21	LOZ	6.99	6.29
63675	SPINACH WHLE + JUIC OG	217	PWD	39.99	35.99
63676	STRAWBERRY WHLE PWD OG	204	PWD	34.99	31.49
63673	WHEATGRASS JUICE PWD	114	PWD	15.99	14.39

## ACURE ORGANICS

61817	ARGAN OIL MOR 100% ORG	1.2	OIL	14.99	14.99
65302	BODY LOT COCOA BUTTER	8.2		9.99	9.99
64843	BODY LOT FIRMING LEMON	8.2	LOT	9.99	9.99
62436	BODY LOT ORANGE + ARGAN	8.2	LOT	9.99	9.99
61823	CONDIT ARGAN OIL + STM	8.2	LIQ	9.99	9.99
61825	CONDIT ARGAN OIL LEAVE	4.2	LIQ	9.99	9.99
61822	CONDIT LEMONGRASS + ARG	12.2	LIQ	9.99	9.99
61824	CONDIT MINT + ECHIN STM	8.2	LIQ	9.99	9.99
63668	DAY CREAM GOTU KOLA STM A	1.7	CRM	18.99	18.99
63581	EYE CREAM CHLORELLA	1.2	CRM	18.99	18.99
63669	FACIAL CLEANSER SENSIT	4.2	LIQ	14.99	14.99
63974	FACIAL CLEANSER SUPERF	4.2	GEL	14.99	14.99
63583	FACIAL CREAM SENSITIVE	1.7	CRM	19.99	19.99
62441	FACIAL MASK CGF ARGAN	1.2	CRM	15.99	15.99
62443	FACIAL MOIST OIL CONT	1.2	LOT	18.99	18.99
62435	FACIAL SCRUB BRIGHTEN	4.2	CRM	14.99	14.99
63584	FACIAL SERUM FIRMING	1.2	LIQ	22.99	22.99
62440	FACIAL TONER ROSE	2.2	LIQ	15.99	15.99
62437	LINE ERASER ARGAN STRF	.52	CRM	19.99	19.99
64274	MARULA OIL PURE	1.2	LIQ	15.95	15.95
63582	NIGHT CREAM ARGAN	1.7	CRM	19.99	19.99
64600	RADICAL RESURFACING LOT	1.4	LOT	19.99	19.99
62442	RADICAL WRINKLE CMP	1.2	CRM	29.99	29.99
61819	SHAMPOO ARGAN OIL + ST	8.2	LIQ	9.99	9.99
61821	SHAMPOO DRY	2.6	PWD	12.99	12.99
61818	SHAMPOO LEMONGRASS ARG	8.2	LIQ	9.99	9.99
61820	SHAMPOO MINT + ECHN ST	8.2	LIQ	9.99	9.99
63580	SUNSCREEN SPF 30	1.2	CRM	15.99	15.99

## ADV. ORTHOMOLECULAR

44678	BENFOTIAMINE 80 MG	120	VCA	45.00	36.00
45663	CARDIO MAG 50 MG	120	VCA	50.00	40.00
41452	CHANCA PEDRA	90	VCA	26.00	20.80
65375	CURCUMIND	90	VCA	93.50	84.15
45434	PEAK K2 15 MG	90	VCA	66.00	52.80
54116	STRONTIUM SUPPORT II	60	VCA	24.00	19.20
50779	T 100	60	TAB	30.00	24.00
45476	TLC 3.0 PWD	240	PWD	35.50	28.40

## ADVANCED RESEARCH

43726	2 AEP CAL 500 MG	200	VCA	33.20	26.56
27021	2 AEP CAL 500 MG	100	VCA	17.60	14.08
63475	CAL ASPARTATE	100	TAB	14.19	11.35
26510	CAL OROTATE 612 MG	100	CAP	34.50	27.60
26509	CAL OROTATE 612 MG	50	CAP	18.40	14.72
61708	KMG	200	TAB	16.29	13.03
27022	LITHIUM OROTATE	200	TAB	20.00	16.00
26512	MAG OROTATE 500 MG	50	TAB	17.20	13.76
26513	MAG OROTATE 500 MG	100	TAB	32.40	25.92
26514	MAG OROTATE 500 MG	200	TAB	62.59	50.07
27020	MEMBRANE CMP 2 AEP CAL	100	CAP	19.60	15.68
39502	POT OROTATE 175 MG	200	VCA	30.70	24.56
26515	ZINC OROTATE 60 MG	100	TAB	7.10	5.68
26516	ZINC OROTATE 60 MG	200	TAB	11.60	9.28

## AEROBIC LIFE

31408	ABC MAX BULK CLEANSE	122	PWD	16.95	15.25
10260	AEROBIC 07 70ML	70	LIQ	23.95	21.55
21265	AEROBIC BULK CLEANSE	122	PWD	25.95	23.35
37740	MAG 07	90	CAP	23.95	21.55
55184	MAG 07	180	CAP	36.95	33.25

## ALACOR CORP

57175	ELECTRO MIX	30	PAK	11.99	9.59
63733	EMERG C KIDZ FRUIT PUN	30	PAK	16.69	13.35
34828	EMERGEN C + MSM	30	PWD	19.99	15.99
57174	EMERGEN C Acai BERRY	30	PAK	16.69	13.35
57222	EMERGEN C BLACK CHER AC	30	PAK	19.99	15.99
56858	EMERGEN C BLUE	30	PAK	16.69	13.35

63550	EMERGEN C CALCIUM + D A	30	PAK	19.99	15.99
56861	EMERGEN C CRAN POM	30	PAK	16.69	13.35
63277	EMERGEN C IMMUN + CITR	30	PAK	19.99	15.99
54791	EMERGEN C PINK LEMONAD	30	PAK	16.69	13.35
57467	EMERGEN C RASPBERRY	30	PAK	16.69	13.35
10142	EMERGEN C REG #81	30	PAK	16.69	13.35
56502	EMERGEN C SUPER ORANGE	30	PAK	16.69	13.35
57176	EMERGEN C TANGERINE	30	PAK	16.69	13.35
57309	EMERGEN C TROPICAL	30	PAK	16.69	13.35

## ALBA

35877	BODY LOT ORIGINAL UNSC	322	LOT	18.29	14.63
64896	FACIAL MASK PAPAYA ENZ	3.2	CRM	13.99	11.19
30484	UN PETROLEUM JELLY	3.5	JEL	6.59	5.27

## ALL ONE NUTRITECH

33801	ALL 1 CALCIUM COMPLEX	8.5	PWD	25.79	20.63
39822	ALL 1 GREEN PHYTO	21B	PWD	92.49	73.99
25908	ALL 1 GRN PHYTO 15.9Z	15.	PWD	50.99	40.79
28844	ALL 1 POWDER ACT SEN	15Z	PWD	57.89	46.31
39778	ALL 1 POWDER SENIOR	21B	PWD	101.89	81.51
18077	ALL 1 PWD 15.9OZ	5.9	PWD	50.99	40.79
18076	ALL 1 PWD 5.29 OZ	5.2	PWD	18.99	15.19
18078	ALL 1 RICEBASE PWD OZ	15.	PWD	41.69	33.35
30139	CARDIO E Z	180	CAP	37.79	30.23

## ALLERGY RESEARCH

29444	5 HTP 50 MG	150	CAP	48.67	38.93
59658	ACEYL GLUTATHIONE 100	60	TAB	99.99	79.99
36621	ACEYL L CARNITINE 250	60	CAP	38.34	30.67
24355	ACEYL L CARNITINE 500	100	CAP	85.50	68.40
62446	ADRENAL 100 MG VCAP	150	VCA	24.68	19.74
60071	ADRENAL CORTX	100	CAP	87.66	70.12
60072	ADRENAL MEDULLA	100	CAP	45.20	36.16
54607	ALA RELEASE T/R	60	TAB	27.90	22.32
10008	ALLER AID FORM 2	100	CAP	18.46	14.76
10013	ANTIQU FORM ORIGINAL	120	VCA	37.68	30.14
58836	ARGENTYN 23	16Z	LIQ	93.59	74.87
51398	ARGENTYN 23	8.2	LIQ	55.99	44.79
62390	ARGENTYN 23 FIRST AID	2.2	GEL	28.97	23.17
54729	ARGENTYN 23 SPRAY	2.2	SPY	22.99	18.39
10064	ARGININE 500 MG	100	CAP	17.30	13.84
36626	ARGININE 500 MG	250	CAP	46.88	37.50
10015	ARTEMESIA 500	90	CAP	31.15	24.92
36623	ARTEMISININ QINGHAOSU	100	CAP	72.63	58.10
51002	ARTEMISININ SUPER	60	VCA	57.93	46.34
29691	ARTHRID 240GMS	240	PWD	48.15	38.52
10120	B COMPLEX SUPER	120	VCA	19.57	15.65
64354	B12 ADENOSYLCOBALAMIN	60	VCA	17.99	14.39
19723	BIFIDIO BIO W/LSPORO	60	CAP	26.90	21.52
10022	BIOTIN 500	60	CAP	16.93	13.54
60074	BRAIN BEEF	100	CAP	22.04	17.63
26234	BRAINSTEM	60	TAB	28.32	22.65
32720	BRAINWAVE PLUS (REMIND)	120	CAP	70.87	56.69
10115	BUFFERED C POWDER	240	PWD	23.38	18.70
10026	BUYREN	100	TAB	17.75	14.20
40725	C BUF PWD FROM CASVA	300	PWD	24.72	19.77
45509	C BUFF CAP CASAVA 500	120	CAP	17.25	13.80
10114	C BUFFERED 500 MG CAP	120	CAP	15.07	12.05
10003	C PURE CAP 1000 CORN	100	CAP	21.62	17.29
10004	C PURE PWD CORN	120	PWD	16.10	12.88
27217	CAL MAG CITRATE	100	CAP	14.84	11.87
10027	CALCIUM CITRATE 150 MG	180	CAP	21.94	17.55
30409	CALCIUM PYRUVATE 110	90	CAP	32.16	25.72
63766	CARICOL PAPAYA EXT	15	PKT	21.99	17.59
28971	CELLULOSE 250 GMS	250	PWD	13.00	10.40
10028	CHILD MULTI V MIN	150	CAP	16.00	12.80
61910	CHITOSAN	90	CAP	28.15	22.52
21530	CHRONOSET MELATON 1.3	100	CAP	15.99	12.79
10076	COMPLEX M W/GINKGO	60	VCA	35.54	28.43
10033	COPPER SEBACATE	75	CAP	12.75	10.20
29033	COQ10 100 TOCOTRIENOL	200	SGC	228.19	182.55
25475	COQ10 100 TOCOTRIENOL	60	SGC	75.71	60.56
20363	COQ10 50 MG VCA	75	VCA	61.29	49.03
54516	COH CF 100 UBIO C010	60	SGC	65.58	52.46
63137	CULTURELLE KIDS CHW	30	CHW	36.99	36.99
32822	CULTURELLE LACT G G	30	VCA	31.99	31.99
58975	D3 COMPLETE 2000 IU K2	60	SGC	27.50	22.00
42079	D3 SUPER	60	CAP	16.25	13.00
38107					



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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Who would benefit from this supplement? Those suffering from fatigue, stress, immune system problems, chronic fatigue syndrome, recovery from illness and auto-immune disorders. Ashwagandha is an adaptogenic herb, similar to ginseng, but it is less heating, "yang" or stimulating than Panax ginseng.

Ashwagandha is known as the "Ayurvedic" Ginseng. It is indicated for the same types of conditions as Ginseng, but Ashwagandha is not heating, Yang or stimulating like Ginseng (Panax varieties). It is used preventatively for those who have difficulty replenishing the energy they expend, and want to avoid burn out. Burnout from unrelenting stress can take the form of immune breakdown (colds, flu), headaches, irritable bowel, blood sugar swings and any other genetic, predispositional or constitutional weakness. Ashwagandha gives additional life force or Chi to help adapt to the stresses at hand.

It can also be used as a restorative for those who have already burned out. Ashwagandha, as part of a rejuvenation treatment plan is effective in chronic fatigue syndrome, depression, debility, recovery from wasting diseases, chemotherapy and helps while one is in emotional recovery therapy.

Ashwagandha is also indicated specifically in autoimmune disorders. It helps immunity to self modulate. It also has an affinity to help chronic neuro-muscular disorders such as fibromyalgia and multiple sclerosis (MS).

Phyto-Tech™ Ashwagandha Root contains the following: Fresh Ashwagandha Root (Withania somnifera), Grain Alcohol, Deionized Water. It is certified organic.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas: Phyto-Tech™ Adaptogen Complex; Phyto-Tech™ Ginseng Energy Blend.

Ashwagandha Root 1:1.5 - 1 fl oz ~ Prod Code: 57008

## Astragalus Root

**As a long term tonic, Astragalus helps boost deep immunity and resistance.**

Who would benefit from this supplement? Those who get sick easily or suffer from chronic health problems. It is especially useful for those undergoing chemotherapy.

"You may already be accustomed to taking echinacea at the first sign of a cold or flu, or when people around you are getting sick. How is astragalus different? Like echinacea, Astragalus not only helps prevent colds and flu but shortens the course of a bug once it has set in. Astragalus can also be used as a long-term preventive and restorative herb, both to prevent illness and to renew energy and vitality once an acute illness has passed. Scientific evidence also suggests that astragalus may be one of the most important herbs for

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

strengthening the immune system against serious diseases, including cancer." (McCaleb, Robert, et al, The Encyclopedia of Popular Herbs, The Herb Research Foundation, Prima Health, 2000)

The indications listed for Astragalus include the following: colds and flu, chronic respiratory problems such as bronchitis, digestive ailments, susceptibility to infectious disease, recovery after illness, general weakness and fatigue, cancer.

The active constituents include polysaccharides (glucans), saponins (astragalosides), flavonoids and phytosterols, all of which contribute to the positive actions of Astragalus. It increases the number of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. It appears to help trigger immune cells from a "resting" state into heightened activity. One study showed Astragalus root helps promote and maintain respiratory health. It also enhances the body's production of immunoglobulin and stimulates macrophages. Astragalus can help activate T-cells and natural killer (NK) cells. Astragalus stimulated NK-cell activity of human peripheral blood lymphocytes and restored steroid-inhibited NK-cell activity in another study.

Traditionally, many herbalists feel Astragalus is best used when not acute. In other words, use it in between acute episodes in order to boost immunity and avoid frequent acute episodes. Astragalus is indicated for those who get sick frequently, for illnesses that do not resolve in a reasonable time, for those who get sick time after time. It is also indicated for those using antibiotics frequently. Think of it as an herbal flu shot, so take it before the immune season begins, especially for the elderly, the young and the immune suppressed.

Phyto-Tech™ Astragalus Root 1:3 contains Astragalus membranaceus, 333 mg/ml, certified organic.

Dosage: 20-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas: Phyto-Tech™ Immune Complex

Astragalus Root 1:3 - 1 fl oz ~ Prod Code: 56949

Astragalus Root, 460 mg - 90 Veggie Caps

Prod Code: 60340

## Attention Complex

**This "Child Friendly" supplement supports healthy attention and concentration.**

Who would benefit from this supplement? Children who suffer from ADHD, ADD, poor concentration and focus, stress, fatigue and mental exhaustion.

Phyto-Tech™ Attention Plus is effective for increasing cognitive ability, helping attention, memory and focus, increasing concentration capacity, reducing mental fog and alleviating stress and fatigue. It can be helpful for those who have Attention Deficit Hyperactivity

Disorder (ADHD), which affects one's ability to pay attention, stay still, and/or control their impulses.

Phyto-Tech™ Attention Complex contains the following herbs Ginkgo biloba Leaf, Gotu Kola Leaf, Licorice Root, Lobelia Herb and Rhodiola Root.

(See label for age-adjusted dosage guidelines)

1 fl oz - Prod Code: 57030

Bilberry

Bilberry is a powerful antioxidant, and is traditionally used to support eye health and visual function.

Who would benefit from taking this herbal supplement? Those who are concerned about possible eye or vision problems, including macular degeneration, cataracts.

"Bilberry contains potent antioxidants that protect and improve micro-circulation, that is, the circulation of blood through the capillaries. These antioxidant pigments, called anthocyanosides or anthocyanins, are similar to those found in red grape skins. Anthocyanosides protect cells in the circulatory system, keeping them more flexible to provide better blood flow and oxygen to capillary-rich organs such as the retina of the eye. Researchers have also found that bilberry affects enzymes responsible for energy production in the eye, which is especially important to good vision under poor light conditions, including night vision.

"Bilberry extract and bilberry constituents appear to improve circulation in young and elderly people alike. Bilberry extract may be helpful in preventing many of the vision problems associated with aging. In combination with vitamin E, it can prevent cataracts; it can also prevent retinopathies (diseases of the retina), including diabetic retinopathy, and possibly even ordinary nearsightedness (myopia). Bilberry's ability to strengthen capillary circulation helps those who bruise easily, and bilberry extracts are even used before elective surgery to minimize bruising and excessive bleeding. Increasing capillary strength also helps in treating spider veins, varicose veins, and hemorrhoids." (McCaleb, Robert, et al., The Encyclopedia of Popular Herbs, the Herb Research Foundation, Prima Health, 2000)

Each 30 drops contains 500 mg of certified organic Bilberry berry. Also available as a standardized (25% Anthocyanidin) extract, 50 mg, in a base of full spectrum 250 mg Bilberry Leaf (Wild Harvested) in a veggiecap formulation. (see below)

Liquid Extract - 1 fl oz ~ Prod Code: 57043

Bilberry Standardized & Full Spectrum

50 mg of 25% Anthocyanidin Extract with 250 mg Bilberry Leaf

60 Veggie Caps ~ Prod Code: 60119

## Black Cohosh Root

**This herb helps normalize the menstrual cycle and promote a healthy menopause.**

... continued on page 22



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



### AMERICAN BIOTECH LABS

56299	SILVER BIOTICS	16Z LIQ	40.99	32.79
50580	SILVER BIOTICS 10 PPM	8Z LIQ	28.99	23.19
65184	SILVER GEL ASAP	1.5 GEL	11.49	9.19

### AMERICAN HEALTH

54970	ACEROLA + 100	100 CHW	7.39	5.91
44138	ACEROLA + SUPER C 500	100 CHW	16.79	13.43
23063	ACIDOPH CHEW BLUEBERRY	100 CHW	10.49	8.39
51058	ACIDOPH CHW MIXED FLAV	100 CHW	10.49	8.39
22761	ACIDOPH CHW STRAW	100 CHW	10.49	8.39
23835	ACIDOPH LIQ PLAIN	16Z LIQ	13.49	10.79
51641	ACIDOPH LIQ STRAW	16Z LIQ	13.49	10.79
38591	APPLE CIDER VINEGAR	200 TAB	9.49	7.59
63724	BLUE GREEN ALGA 500 MG	120 CAP	31.49	25.19
59638	DIGEST HPE	90 VCA	42.99	34.39
24764	E P O 1300 ROYAL BRIT	120 SGC	31.49	25.19
55045	E P O 500 ROYAL BRIT	200 SGC	34.69	27.75
23435	E P O 500 ROYAL BRIT	100 SGC	18.89	15.11
24763	E P O ROYAL BRIT 1300	60 SGC	16.79	13.43
55935	ENZYME PROBIOTIC CMP	90 VCA	19.99	15.99
62873	ESTER C 1000 EFFER LEM	21 PAK	17.99	14.39
60848	ESTER C 1000 EFFER PWD	21 PAK	17.99	14.39
54640	ESTER C 1000 MG W/CITR	90 CAP	25.99	20.79
64090	ESTER C 1000 W/BIO DUO	90 CAP	25.99	20.79
53077	ESTER C 1000 W/BIO TAB	90 TAB	20.99	16.79
53074	ESTER C 1000 W/BIO TB	120 TAB	27.99	22.39
64100	ESTER C 1000 W/BIO VEG	180 TAB	37.99	30.39
60847	ESTER C 1000 W/PROBIOT	60 TAB	19.99	15.99
53792	ESTER C 250 MG CHW	125 WAF	15.29	12.23
53076	ESTER C 500 MG CAP	120 CAP	16.49	13.19
53078	ESTER C 500 MG TAB VEG	90 TAB	11.29	9.03
54971	ESTER C 500 MG TAB VEG	225 TAB	21.99	17.59
53075	ESTER C 500 W/BIO CAP	240 CAP	31.79	25.43
53084	ESTER C 500 W/BIO CAP	120 CAP	17.49	13.99
55845	ESTER C 500 W/BIO CAP	60 CAP	9.99	7.99
64091	ESTER C 500 W/BIO DUO	120 CAP	17.49	13.99
53080	ESTER C 500 W/BIO TAB	225 TAB	22.99	18.39
53083	ESTER C 500 W/BIO TAB	90 TAB	11.79	9.43
53079	ESTER C 500 W/BIO VCAP	120 VCA	18.99	15.19
53081	ESTER C 500 W/BIO VCAP	240 VCA	36.49	29.19
53082	ESTER C 500 W/BIO VCAP	60 VCA	11.29	9.03
55044	ESTER C LIQ 250 MG BER	8Z LIQ	17.99	14.39
54990	ESTER C W/BIOFLAV PWD	8Z PWD	29.99	23.99
53793	ESTER C W/BIOFLAV PWD	4Z PWD	16.49	13.19
57763	ESTER C W/CRAMBERRY	90 TAB	16.99	13.59
63119	MORE THAN A MULTI BRN	90 TAB	24.99	19.99
63118	MORE THAN A MULTI CARD	90 TAB	24.99	19.99
63117	MORE THAN A MULTI ENER	90 TAB	24.99	19.99
63120	MORE THAN A MULTI VISN	90 TAB	24.99	19.99
24445	PAPAYA ENZ PLUS SUPER	360 TAB	20.99	16.79

17131	PAPAYA ENZ PLUS SUPER	180 TAB	12.49	9.99
28518	PAPAYA ENZYME ORIGINAL	600 CHW	19.99	15.99
22544	PAPAYA ENZYME ORIGINAL	250 CHW	10.49	8.39
44107	PAPAYA ENZYME PLUS SUP	90 TAB	7.99	6.39
33714	PAPAYA ENZYME W/CHLOR	600 TAB	20.99	16.79
25038	PAPAYA ENZYME W/CHLOR	250 TAB	11.49	9.19
57881	PROBIOTIC CO 12 BILL	60 TAB	29.99	23.99
44140	SALMON OIL 1000 MG	120 SGC	10.49	8.39
28532	TAM HERBAL LAXATIVE	250 TAB	13.69	10.95

### AMERICAN MERFLUAN

23819	ECO DENT PWD LEM/LIME	2Z PWD	6.49	5.19
28743	ECO DENT TARTAR GUARD	2Z PWD	6.79	5.43
27951	TPST ECO DENT W/ANISE	2Z PWD	6.49	5.19

### AMERICAS FINEST

36956	ALA 300 ALPHA LIPIC	60 CAP	31.99	31.99
36957	BACOPIN 120 MG	90 CAP	8.99	8.99
36958	BETA GLUCAN 1 3 500 MG	100 CAP	26.99	26.99
35327	BOSWELLIN CURCUMINOIDS	90 TAB	18.99	18.99
35334	CHRYSIN 250	60 CAP	24.99	24.99
36959	COLEUS FORSKOHII	30 CAP	11.99	11.99
51079	CURCUMIN C3 CMP BIOPER	60 CPL	25.99	25.99
35328	CURCUMINOIDS 500 MG	90 CAP	18.99	18.99
51253	DGL PLUS GINGER	60 CHW	7.99	7.99
38914	FORSLEAN EXTREME	90 CAP	19.99	19.99
35335	HGH DOPA 400	250 CAP	26.99	26.99
36961	INDOLE 3 CARRINOL	60 CAP	14.99	14.99
35332	LACTOSPORE FLORA	60 CPL	7.99	7.99
35336	TRIBULUS 45	60 CAP	14.99	14.99

### AMERIFIT STRENGTH

64719	ESTROVEN MAX STRENGTH	30 VCA	26.39	21.11
65364	ESTROVEN NIGHTTIME	30 VCA	29.99	23.99
60553	OMEGA 3 500 MG DHA EPA	60 SGC	44.99	35.99

### AMINO ACID & BOTANICAL

63109	/SQUID OIL W/D	120 CAP	49.69	39.75
39731	COLLOIDAL SILVER 1100	2Z LIQ	35.95	28.76
39732	COLLOIDAL SILVER 1100	4Z LIQ	62.95	50.36
26671	COLLOIDAL SILVER 500	2Z LIQ	24.89	19.91
26672	COLLOIDAL SILVER 500	4Z LIQ	38.90	31.12
60499	GREEN LIPPED MUSSEL	60 CAP	29.19	23.35
33903	SHARK LIVER OIL 1000	60 CAP	40.49	32.39

### ANABOLIC

55757	AVED M IRON FREE	120 TAB	47.50	42.75
62612	IRON CHELATE TAB 29 MG	90 TAB	13.50	12.15
54543	OMEGA 3 CONCENTRATED	120 SGC	38.00	34.20
32477	ZYMAN	90 TAB	37.80	34.02

### ANCIENT SECRETS

61525	BREATHE AGAIN SPRAY	3.3 SPY	11.99	9.99
61524	EAR CLEANSING SPRAY	1Z LIQ	9.99	7.99
56693	NASAL CLINS POT NOBREAK	EA MIS	13.99	11.19

### APOTHECARY PRODUCTS

40200	MEDTIME PLANNER DELUXE	EA MIS	10.99	10.99
41952	PILL REMIND 14 DAY AL	EA EA	9.82	7.86
59877	PILL REMIND AMPM 3X LK	EA MIS	8.89	8.89
44754	PILL REMIND DUET XTRA	EA MIS	6.29	6.29
39076	PILL REMINDER LOCK 3XL	EA MIS	6.99	6.99
41997	PILL REMINDER STACK LG	EA MIS	11.15	8.92
41950	PILL REMINDER STACK MD	EA EA	8.82	6.84
63347	PILL STACKABLE SMALL	EA MIS	7.49	7.49
43172	TABLET CUTTER CLEAR	EA MIS	8.02	6.42

### ARIZONA NATURAL

31138	CHARARRAL CAPS 500	180 CAP	18.89	15.11
17140	GARLIC 500 ALLIRICH	250 CAP	18.49	14.79
17139	GARLIC 500 ALLIRICH	100 CAP	9.49	7.59
23930	GARLIC TIME 600 MG	90 CPL	13.50	10.80

### ARTHUR ANDREW MEDICAL

62755	AMINOLASE TPA	90 CAP	69.99	62.99
62756	AMINOLASE TPA	30 CAP	24.99	22.49
62753	FIBROVERA	90 CAP	99.99	79.99
60917	NEPRINOL	90 CAP	79.99	71.99
60916	NEPRINOL	150 CAP	109.99	98.99
60915	NEPRINOL	300 CAP	199.99	179.99
60918	SYNTOL	360 CAP	169.99	152.99
60920	SYNTOL	90 CAP	59.99	53.99
60919	SYNTOL	180 CAP	99.99	89.99

### ASCENTA HEALTH

57464	NUTRASEA + D	200 LIQ	27.99	27.99
63955	NUTRASEA + D 2X CONCEN	60 SGC	28.99	28.99
63778	NUTRASEA 2X CONC SGC	60 SGC	27.99	27.99
63956	NUTRASEA 2X CONC SGC	60 SGC	29.99	29.99
60116	NUTRASEA DHA 800 LIQ	200 LIQ	29.99	29.99
5				





25% Off All  
New Chapter  
Products

# Whole-Body Health as Nature Intended

Discover *Zyflamend*, the premier herbal supplement for helping to balance and support the body's natural, healthy inflammation process.\*

## What is the Inflammation Response?

Our body's inflammation response is a natural process and part of the body doing its job. We often think of the inflammation response as something we can feel—such as where there are large numbers of sensitive nerve endings. But we can also have a response we can't feel, where sensitive nerves aren't concentrated. Whether we're aware of it or not, this inflammation response can affect the whole body.

Zyflamend™ from New Chapter® is an intelligent blend of full-spectrum herbal extracts containing a multitude of naturally occurring compounds. These whole, active phytonutrients work together to support a **healthy inflammation response**.\* Perhaps as important as a daily multivitamin, Zyflamend is the patented herbal protocol to help your whole body's natural inflammation process stay balanced.\* In addition, whole-food antioxidants, including Ginger, Turmeric, Green Tea, and Rosemary, help quench free radicals and support healthy aging.\*

Zyflamend™ Whole Body			
30 Softgels	Item # 61155	Retail \$24.95	<b>Willner Chemists \$17.47</b>
60 Softgels	Item # 35395	Retail \$39.95	<b>Willner Chemists \$27.97</b>
120 Softgels	Item # 38721	Retail \$64.95	<b>Willner Chemists \$45.47</b>
Zyflamend™ Nighttime			
60 Softgels	Item # 36391	Retail \$34.95	<b>Willner Chemists \$24.47</b>
Zyflamend™ Tiny Caps™			
180 Softgels	Item # 43055	Retail \$34.95	<b>Willner Chemists \$24.47</b>
Zyflamend™ Prostate			
60 Softgels	Item # 61153	Retail \$44.95	<b>Willner Chemists \$31.47</b>

## Zyflamend's Patented Formula

Many of the herbs in Zyflamend have been used traditionally to **support human health and longevity** in cultures around the world. Chinese Skullcap, Chinese Goldthread, and Barberry are time-honored tonic herbs in the Chinese herbal tradition. Rosemary and Oregano are native to the Mediterranean region. Zyflamend's Hu Zhang is a natural source of resveratrol, a heart-supportive compound in red wine.\* Turmeric, Ginger, and Holy Basil are common elements in Asian and Indian wellness regimes. Green Tea is known across this region for its many remarkable properties.

Visit [newchapter.com](http://newchapter.com) to learn more!



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*According to SPINS LLC 2014

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## picture of health

From happiness and energy to attractiveness and quality of life, good health has got it going on. You can too with NOW Foods' outstanding line-up of women's health formulas. From general nutrition to stages of life and everything in between, NOW has you covered. EVE™ Women's Multiple provides essential vitamins and minerals that are important for health and longevity. For healthy aging and menopausal support we offer Herbal Pause™, and our Cranberry Mannose, Candida Support™ and Magnesium Citrate can help keep your body well-balanced and in tune. With NOW® Women's Health formulas you'll be ready for every stage of life.\*

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**Supplements • Personal Care • Sports Nutrition • Food**



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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



22108	O 2 THE MAX	2.2 LIQ	21.95	17.56
22924	OSTEO GEST	180 CAP	23.95	19.16

## BIO STRATH

24378	BIO STRATH ORIG	100 TAB	28.99	23.19
17246	BIO STRATH ORIG 3.4 OZ	.4Z LIQ	16.99	13.59
17247	BIO STRATH ORIG 8.4 OZ	.4Z LIQ	28.99	23.19

## BIO TECH

53694	B12 1000 MCF METHYLCO	100 CAP	16.80	15.12
62335	B3 500 INOSITOL NIACIN	100 CAP	24.00	21.60
51102	B6 FOLIC ACID	100 CAP	12.00	10.80
52112	CARNITINE 400 MG	100 CAP	64.00	57.60
21251	CESIUM 100	100 TAB	25.20	22.68
14778	CESIUM 500	100 CAP	68.00	61.20
58713	CRM CHROM POLYNICOT	100 CAP	13.60	12.24
51254	D 3 50	100 CAP	30.00	27.00
44893	D MANNULOSE CAP	100 CAP	35.00	31.50
36251	D MANNULOSE PWD 100 GRAM	100 PWD	50.00	45.00
58573	D3 1000 IU	250 CAP	14.50	13.05
54618	D3 1000 IU	100 CAP	7.00	6.30
26959	D3 5 5000 CAP	100 CAP	7.30	6.57
59990	D3 5 5000 IU	250 CAP	15.70	14.13
51183	D3 50	12 CAP	18.00	16.20
62737	D3 PLUS	90 CAP	19.50	17.55
62738	D3 PLUS	180 CAP	37.50	33.75
51128	DHEA 25 MG	100 CAP	20.00	18.00
54671	DHEA 5 MG	100 CAP	10.00	8.00
19879	DNZ 2 CAP 250	100 CAP	44.00	39.60
55858	FOLIC ACID 5 MG	100 CAP	12.00	9.60
14729	LACTO PECTIN	100 CAP	19.70	17.73
23164	LITHATE 5MG	100 CAP	19.40	17.46
56109	MK 7 150 MCG	100 CAP	57.90	46.32
14705	PROS TECH PLUS	100 CAP	23.10	20.79

## BIOACTIVE NUTRITIONAL

43433	ACETYLCHOLINE CHLORIDE	1.2 LIQ	17.42	15.68
53062	ADAPTAGEN	1.2 LIQ	16.25	14.63
56248	ADRENAL TONIC	2.2 LIQ	21.90	19.71
44914	ADRENOPLEX	1.2 LIQ	16.25	14.63
43473	ALLERGEN 1	1.2 LIQ	16.25	14.63
42313	AMOEBA TOX	1.2 LIQ	16.25	14.63
52363	ASTHMA FORCE	1.2 LIQ	16.25	14.63
44483	BAC	1.2 LIQ	16.25	14.63
44484	BAC HP	1.2 LIQ	20.12	18.11
58944	BIO RES Q	1.2 LIQ	15.25	13.73
42888	BIO THYRO BALANCE	60 CAP	23.51	21.16
44971	BONE REPAIR-HP	1.2 LIQ	20.12	18.11
53359	BRONCHI HP	1.2 LIQ	20.12	18.11
52121	BRONCHIFORCE	1.2 LIQ	16.25	14.63
52119	CARDIOTONE	1.2 LIQ	16.25	14.63
42314	CEREBROFORCE	1.2 LIQ	16.25	14.63
60898	CEREBROPLEX	1.2 LIQ	16.25	14.63
51127	CHEM TOX	1.2 LIQ	16.25	14.63
52142	COLTOX	1.2 LIQ	16.25	14.63
43432	DOPAMINE	1.2 LIQ	17.42	15.68
50014	DRAINAGE	1.2 LIQ	16.25	14.63
54754	ECZEMA HP	1.2 LIQ	20.12	18.11
43292	ECZEMFORCE	1.2 LIQ	16.25	14.63
43862	EQUISTAPLEX	1.2 LIQ	18.25	16.43
51235	FNG 1	1.2 LIQ	16.25	14.63
43288	HEPATATOX	1.2 LIQ	16.25	14.63
44254	HYDRANGCAPLEX	1.2 LIQ	18.25	16.43
62582	HYDRANGCAPLEX	2.2 LIQ	23.90	21.51
44977	IMMUNO FORTIFIER	1.2 LIQ	16.25	14.63
51199	INDUTROTOX	1.2 LIQ	16.25	14.63
43961	INFLAMATION I	1.2 LIQ	16.25	14.63
43571	INFLAMATION II	1.2 LIQ	16.25	14.63
63142	INFLUFORCE	1.2 LIQ	16.25	14.63
45355	INJURY	1.2 LIQ	16.25	14.63
62270	INTERFERON 6C 12C 30 C	1.2 LIQ	16.25	14.63
45598	KIDNEY TONIC 1	2.2 LIQ	21.90	19.71
51364	KIDNEY TONIC II	2.2 LIQ	21.90	19.71
42456	L-DOPA	1.2 LIQ	17.42	15.68
51365	LIVER TONIC 1	2.2 LIQ	21.90	19.71
53757	LYM D HP	1.2 LIQ	20.12	18.11
42461	LYMPH III	2.2 LIQ	21.90	19.71
51021	LYMPHOPLEX	1.2 LIQ	16.25	14.63
58484	MELATONIN DROPS	1.2 LIQ	17.42	15.68
42312	METALOGIN	1.2 LIQ	16.25	14.63
54940	MINAPLEX	1.2 LIQ	18.25	16.43
52367	NEURO TONE	1.2 LIQ	16.25	14.63
44978	NOVAPLEX I	1.2 LIQ	18.25	16.43
53733	NOVAPLEX II	1.2 LIQ	18.25	16.43
44540	OCULOPLEX G	1.2 LIQ	16.25	14.63
44185	OCULOPLEX I	1.2 LIQ	16.25	14.63
50140	OSTEOFORCE	1.2 LIQ	16.25	14.63
43475	PANCREAPLEX DROPS	1.2 LIQ	16.25	14.63
62253	PARA THYROID	1.2 LIQ	16.25	14.63
63820	PITUITARY FORTE SPY	1.2 SPY	23.18	20.86
62701	PMS HP	1.2 LIQ	20.12	18.11
56650	PNEUMOTOX	1.2 LIQ	16.25	14.63
44980	PRE/POST SURGERY	1.2 LIQ	16.25	14.63
54075	PROPOLOPLEX	1.2 LIQ	18.25	16.43
52476	PROSTAFORCE	1.2 LIQ	16.25	14.63
54201	RADIATION	1.2 LIQ	16.25	14.63
51716	RENA FORCE	1.2 LIQ	16.25	14.63
61775	SKIN RELIEF PLUS	1.2 LIQ	16.25	14.63
51504	SOLIPLEX	2.2 LIQ	23.90	21.51
51022	SOLIPLEX	1.2 LIQ	18.25	16.43
44542	THYROID	1.2 LIQ	16.25	14.63
44541	THYROTIC	1.2 LIQ	16.25	14.63
44119	THYROTOX	1.2 LIQ	16.25	14.63
50182	VENDORFORCE II	1.2 LIQ	16.25	14.63
59263	VERMAPLEX	2.2 LIQ	23.90	21.51
43802	VERMEX	1.2 LIQ	16.25	14.63
43289	VIROTOX	1.2 LIQ	16.25	14.63

## BIOFORCE

26419	ALLERGY POLLINOSAN	1.7 LIQ	19.99	15.99
26418	ALLERGY POLLINOSAN	120 TAB	19.99	15.99
36448	BRONCHOSAN 1.7ML	1.7 LIQ	22.99	18.39
15443	CAL ABSORP URTICALIN	400 TAB	19.99	15.99

23888	CARDIOFORCE HEART DRP	1.7 LIQ	22.99	18.39
32660	CARDIOFORCE TONIC	6.8 LIQ	36.99	29.59
35919	COUGH DROP SOOTHING PNE	16 DRP	6.99	5.59
19800	ECHINAFORCE	120 TAB	22.99	18.39
15247	ECHINAFORCE 1.7OZ	.7Z LIQ	22.99	18.39
15248	ECHINAFORCE 100ML	100 LIQ	37.99	30.39
45147	ECHINAFORCE FORTE 18 M	30 TAB	25.99	20.79
42212	KIDNEY BLADDER LIQ	1.2 LIQ	25.99	20.79
32939	LIVER GALLBLADDER	1.7 LIQ	22.99	18.39
65282	LIVER GALLBLADDER TABS	60 TAB	25.99	20.79
23556	MOLKOSAN 500ML	500 LIQ	34.99	27.99
33472	PROSTASAN	30 CAP	39.99	31.99
51074	SECURE DENTURE CRM	1.4 CRM	9.99	7.99
63485	SECURE SENSITIVE DENT	1.4 GEL	11.69	9.35
26042	SINUS RELIEF SINUSAN	120 TAB	19.99	15.99
65097	STRESS MANAGEMENT DRP	1.7 LIQ	22.99	18.39
62568	THYROID SUPPORT TAB	120 TAB	19.99	15.99
34626	VENAFORCE GEL	3.5 GEL	29.99	23.99

## BIOIMMERSION

51224	BETA GLUCAN SYMBIOTIC	300 PWD	62.50	62.50
51479	BLUEBERRY EXT 500 FD	60 VCA	66.32	66.32
62448	CHLORELLA 500 MG	120 TAB	30.00	30.00
52066	CHROMIUM 454 W/BEEF	60 CAP	19.20	19.20
63553	CRANBERRY POMEGR SYMBIO	60 VCA	53.80	53.80
58330	CRUCIFEROUS SPROUT CAP	120 CAP	43.00	43.00
51481	FRUCTO BORATE COMPLEX	60 VCA	30.00	30.00
51478	GARLIC FREEZ DRIED 400	90 VCA	29.20	29.20
51480	HIGH DRAC SYMBIOTIC	60 VCA	56.50	56.50
62667	PHYTO POWER	60 VCA	43.00	43.00

## BIOMED FOODS

17230	AOX PLX 650	190 TAB	48.33	38.67
17236	SOD/CAT	190 TAB	41.67	33.34
17235	SOD/CAT 400	90 TAB	23.33	18.67

## BIOMED HEALTH

54857	BAO SHI MENS HAIR NUTR	120 CPL	36.99	29.59
54859	BAO SHI DRG HAIR NUTR	90 CPL	30.99	24.79
54858	BAO SHI WOMEN HAIR NTR	120 CPL	36.99	29.59

## BIONORICA

57890	SINUPRET KIDS SINUS	100 LIQ	19.99	15.99
57892	SINUPRET PLUS TAB SINUS	50 TAB	34.99	27.99

Please Note: The prices in these listings are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See front page, or www.willner.com.

For various reasons, certain companies prefer that we do not list our pricing in the catalog or web site. We honor those requests.

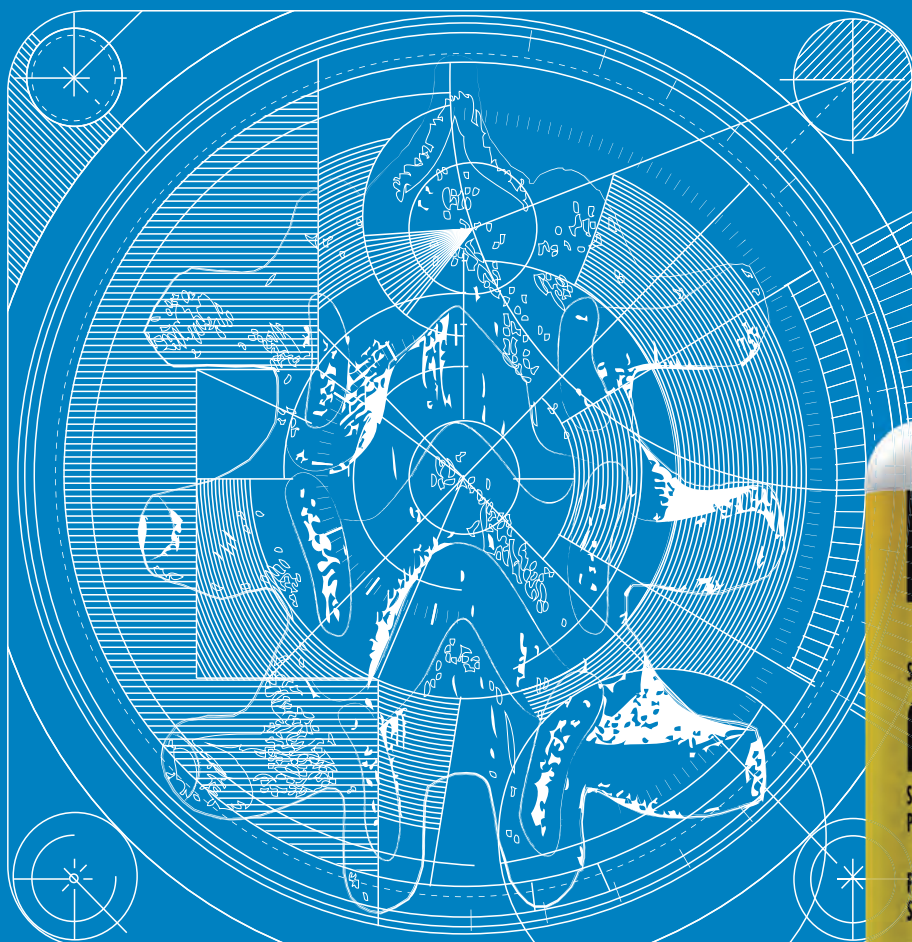
## BLUEBONNET

57891	SINUPRET PLUS TAB SINUS	25 TAB	19.99	15.99
57147	A 1000 IU	100 SGC	7.50	6.00
42336	ACETYL L CARNITINE 500	30 VCA	18.95	15.16
64654	ACIDOP MILK FREE W/FOS	250 VCA	52.95	42.36
55170	ACIDOP MILK FREE CHW	60 CHW	19.95	15.96
41625	ACIDOPHILUS MILK FREE	100 VCA	24.95	19.96
55374	ACIDOPHILUS PLUS PWD	3.2 PWD	24.95	19.96
39789	AGE LESS SKIN FORMULA	120 VCA	48.95	39.16
39788	AGE LESS SKIN FORMULA	60 VCA	24.95	19.96
56794	AGELESS CHOICE MEN 50 +	90 CPL	36.95	29.56
56793	AGELESS CHOICE WOM 50 +	90 CPL	36.95	29.56
62350	AMINO ACID 750 MG	180 VCA	48.95	39.16
54989	AMINO ACID CAPS 750 MG	120 VCA	34.95	27.96
42875	ANTIOXIDANT FORM SUPER	60 VCA	39.95	31.96
50483	ARGININE 500 MG	100 VCA	18.95	15.16
62717	ASCORBYL PALMIT 500 MG	120 VCA	38.95	31.16
51856	B 100 COMPLEX CAP	100 VCA	30.95	24.76
42052	B 100 COMPLEX CAP	50 CAP	16.95	13.56
51858	B 50 COMPLEX	100 VCA	18.95	15.16
58328	B 100 MG	100 VCA	12.95	10.36
45034	MAG 200 CHEL ALBION	60 VCA	16.95	13.56
62703	MAG 200 CHEL ALBION	120 VCA	31.95	25.56
43932	MAG ASPARTATE 400 MG	100 VCA	16.95	13.56
59118	MAG PLUS 86	90 VCA	14.95	11.96
55001	MAG POT ASPAR W/BROM	120 VCA	25.95	20.76
54109	MAGNESIUM CITRATE 200	120 CPL	19.95	15.96
62275	MAGNESIUM PLUS CAL 2:1	180 VCA	28.95	23.16
45492	MANGANESE 10 MG	90 VCA	12.95	10.36
60719	MAXI ONE IRON FREE	90 CPL	37.95	30.36
59118	MAG PLUS 86	90 VCA	14.95	11.96
55001	MAG POT ASPAR W/BROM	120 VCA	25.95	20.76
54109	MAGNESIUM CITRATE 200	120 CPL	19.95	15.96
62275	MAGNESIUM PLUS CAL 2:1	180 VCA	28.95	23.16
45492	MANGANESE 10 MG	90 VCA	12.95	10.36
60719	MAXI ONE IRON FREE	90 CPL	37.95	30.36
59118	MAG PLUS 86	90 VCA	14.95	11.96
55009	MEGA BIO C FORM 500 MG	90 VCA	20.95	16.76
56792	MENS CHOICE	90 CPL	34.95	27.96



# Better Bones by Design

2%-4% of your skeleton is "rebuilt" every year as calcium and minerals leave the bone and must be replaced.



**SAVE 30%**

Sale Period: 4/6/15 through 5/15/15

## Jarrow Formulas® Presents . . . A Complete Multi-Nutrient Bone Health System!

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Bone-Up®, 240 Capsules - JRW23115  
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Ultra Bone-Up®, 240 Tablets - JRW54418

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**Bone-Up®** is an effective addition to any bone health regimen.\* It features added vitamins and minerals that synergistically support healthy bone density and overall bone health\*:

- **StimuCal™ Ossein Microcrystalline Hydroxyapatite (MCHA):** Promotes calcium balance.\*
- **Vitamin D<sub>3</sub>:** Converts to calcitriol to enhance calcium absorption.
- **MK-7:** The more bioavailable form of Vitamin K<sub>2</sub>, which is needed for building bone matrix and proper calcium distribution.\*
- **Boron:** A trace mineral important in calcium retention.\*
- **Manganese, Copper and Zinc:** Essential trace minerals involved in the formation of bone.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FORMULAS®

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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



with Phyto-Tech™ BPH Complex once they are over 50 years of age. This is when most prostate problems arise. Using Phyto-Tech™ BPH Complex for 1-2 months once per year is a wise male preventative treatment for maintaining a healthy prostate throughout a life. Since prostate swelling is so prevalent in society, it makes sense to use this male tonic as a preventative.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water.

Complimentary Formulas: Phyto-Tech™ Saw Palmetto Berry 1:3 (for increased potency)

1 fl oz - Prod Code: 57085

### Brain Bio Boost Complex

**Supports healthy cognitive function, focus and memory, increasing overall cognitive ability and vitality. The elderly find this formula especially helpful.**

Who would benefit from this supplement? Those with memory loss, confusion, Alzheimer's disease, dizziness, tinnitus, ADHD and ADD. This is an ideal supplement for college students and others facing demanding mental challenge. It is best used long-term.

Phyto-Tech™ Brain Bio Boost Complex contains the following herbs: Gotu Kola Leaf, Ginkgo Leaf, Green Tea, Codonopsis Root, Licorice Root, Rhodiola Root.

Phyto-Tech™ Brain Bio Boost Complex is a blend of herbs thought to increase overall cognitive ability, energy and vitality. It improves memory and concentration. It is indicated for those with age-related cognitive decline as well as for those who are faced with heavy cognitive demands, such as college students. It can help in Attention Deficit Hyperactivity Disorder (ADHD) by helping one pay attention, sit still and process information.

Supportive Information:

Ginkgo is for cerebral vascular insufficiency and works by cerebral and peripheral blood flow. As one gets older, blood flow to the brain and to peripheral tissue decreases with these resulting symptoms. Diminished cerebral circulation can also result in vertigo, ringing in the ear, Alzheimer's symptoms, forgetfulness and depression. Ginkgo can help all of this. Ginkgo is famous in assisting memory, focus and cognition.

Gotu Kola reduces adrenal corticosterone blood levels during stress. It is high in flavonoids and studies show it helps in capillary fragility and strengthens vascular integrity in the brain and throughout the body. It is a cognitive stimulating herb for use in fatigue, confusion and general lethargy. It is helpful for those exhausted from emotional upheaval or excessive work habits.

Green Tea is a potent antioxidant that binds with free radicals to neutralize their harmful effects. Green Tea is rich in polyphenols and

one in particular called a catechin. Catechins are 40 to 200 times more effective in seeking out and destroying free radicals than Vitamin A, C and E. Studies demonstrate the antioxidant effects of green tea catechins improve overall reference and working-memory related learning ability. Green Teas polyphenols are also believed to help ward off neurodegenerative diseases such as Alzheimer's and Parkinson's by protecting neurons against the harmful effects of reactive oxygen species (ROS) and nitric oxide (NO).

Rhodiola stimulates the activity of serotonin, dopamine, and norepinephrine in the cerebral cortex, brain stem and hypothalamus, and increases the permeability of the blood brain barrier to precursors of dopamine and serotonin. This enhances the effects of these neurotransmitters on the brain and improves cognitive functions (thinking, analyzing, evaluating, calculating and planning), learning, attention span, memory and work productivity. Rhodiola also relieves fatigue and normalizes mood in depressed individuals, and has antioxidant properties that help protect the nervous system from oxidative damage. By stimulating cognitive function, improving resistance to stress and fighting free radicals, Rhodiola can have immediate effects on cognitive function and memory and can also provide long-term support to help preserve future brain functions.

Codonopsis is very similar to ginseng, but milder and more neutral in energy. It increases stamina and alertness and keeps the body and mind strong when under stress.

Licorice works as a limbic (emotional) brain tonic and tonifies the stress axis (hypothalamus, pituitary, adrenal axis). Researchers have found a compound in licorice known as carbenoxolone inhibits an enzyme in the brain involved in making stress-related hormones which have been associated with age related mental decline.

Phyto-Tech™ Brain Bio Boost Complex cannot be expected to work overnight and is best if used consistently for at least 2 weeks. It can be continued as a long-term tonic, especially in the elderly.

Dosage: 20-40 drops in juice or water, 2-3 times daily or as needed

Cautions and Contraindications: While interaction unlikely, those taking prescription blood thinners, or MAO inhibitors should advise their physicians. Do not take during pregnancy, if nursing, or preparing for surgery. The amount of licorice in this formula is theoretically too low to affect blood pressure, but those with high blood pressure should monitor their BP as a precaution.

1 fl oz - Prod Code: 57071

### Burdock Root

**Burdock root is a gentle liver and blood cleanser, especially useful for toxic skin disorders. Recent evidence supports its historic role in treating diabetes. It is an ingredient in various popular cancer remedies.**

Who would benefit from this product? Those with skin conditions such as eczema, acne, and psoriasis. Historically, Burdock has been used to treat diabetes, and it is a common ingredient of several popular cancer remedies (EssiacR and HoxseyR). Burdock Root has been widely recommended to diabetic patients by healthcare professionals.

Burdock Root is considered safe. In Japan, burdock is considered a "vegetable," and consumed as such.

Phyto-Tech™ Burdock Root contains 667 mg certified organic burdock root per 30 drops.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

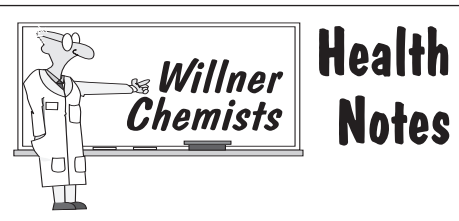
1 fl oz - Prod Code: 57061

### California Poppy 1:3

**California poppy has been used as a sedative to relieve insomnia and nervousness.**

In an article by Abascal K, Yarnell E., Nerve herbs for treating anxiety (Altern Complement Ther. 2004 December:309-315.), the authors discussed California poppy. They first pointed out that "anxiety disorders are common in many Western countries, and conventional drugs like benzodiazepines are often prescribed to relieve anxiety. However, these drugs have worrisome short-term and long-term side effects. Nerve herbs (herbs that quiet nervous excitement) have a long history of traditional use in relieving anxiety, insomnia, and mild depression. With the exception of St. John's wort (Hypericum perforatum), kava (Piper methysticum), and valerian (Valeriana officinalis), there is little published research on the safety and efficacy of nerve herbs. The purpose of this article was to review the available research and explain how the lesser-known nerve herbs are commonly used in practice." One of those "lesser-known nerve herbs" was California poppy. They made the following observation: "California poppy (Eschscholzia californica) is used for its mild analgesic and calming effects. Unlike the opium poppy (Papaver somniferum), it has no narcotic effects. Animal studies indicate California poppy tea reduces anxiety, acts as a mild analgesic, and helps prevent drug-induced memory loss. Most herbal practitioners combine lower doses of California poppy with other nervines to relieve anxiety. Researchers studied a combination of California poppy, hawthorn flower (Crataegus laevigata), and magnesium in 264 people with mild to moderate anxiety. Those taking the herb

. . . continued on page 32



### Brain Health: Boosting Creativity, Memory Function

#### L-tyrosine may aid deep thinking

Prompted in part by Steve Jobs' claim that eating fruit made him more creative, doctors in this study gave 32 people an orange juice drink, alone or with 2 grams of the amino acid L-tyrosine, in two alternating phases.

Researchers tested two types of creativity: divergent and convergent. Divergent thinking asks for diverse solutions to basic problems, such as suggesting multiple uses for a single object. Convergent thinking, more difficult and time-consuming than divergent thinking, asks the person to find connections between ideas or things, such as discovering the link between three seemingly unrelated words.

While there was no difference between placebo and L-tyrosine for divergent thinking, performance in convergent thinking tests improved after taking L-tyrosine.

L-tyrosine is a precursor of dopamine, a hormone released by nerve cells to send signals to other nerve cells. Doctors said tyrosine supplements may be an inexpensive, efficient, and healthy way to promote convergent thinking and support the creative process.

Reference: *Psychological Research*; September, 2014, Published Online

#### Green tea, memory, and triglycerides

Doctors were interested in the cognitive effects of green tea on elderly nursing home residents, and in this study gave two men and 10 women, average age 88, 2 grams of green tea powder per day for three months. The powder contained 227 mg of green tea catechins and 42 mg of theanine, or about the same amount as in two to four cups of bottled or home-brewed green tea.

After three months, scores on a mental exam had improved by more than 50 percent, rising from 12.3 at the start of the study to 17.8 by the end. In particular, for both men and women, short term memory improved, and triglycerides declined significantly.

Reference: *Nutrition Journal*; 2015, Vol. 31, No. 2, 261-75

#### Vitamins, DHA, and brain aging

The brain burns a high proportion of the body's nutrients and needs a constant supply to keep neural pathways healthy; a key in slowing or preventing cognitive problems. A recent study in Neurology found a link between low levels of vitamin D and increasing chances of dementia.

Vitamins such as A and C, minerals, and omega-3 fatty acids such as DHA all play a vital role in neuronal health, yet older adults tend to get less of these micronutrients as they age. Doctors in this study said malnourishment is linked to the process of developing Alzheimer's disease (AD), the most prevalent dementia worldwide, and that the best way to delay the onset of AD is to maintain neuronal health by ensuring an adequate supply of these important micronutrients.

Reference: *Nutrients*; 2014, Vol. 29, No. 6(10), 4032-42

### New Formula -- Higher Potency, Veggie Capsule Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength veggie cap.

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Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable,

**100% Vegetarian - Manufactured in an FDA Registered, GMP Certified facility.**

New, High Potency Atiox Phyto Complex II 375 mg Veggie Caps  
**90 Veggie Caps - Prod Code 63745**

Indications: Who might benefit from this herbal supplement? Those who desire protection against everyday toxins--dietary, environmental and chemical; those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle; those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration; those who want to live a longer, healthier life.

Antiox Phyto Complex II is the perfect supplement to take along with your multivitamin/multimineral supplement.  
(see full details on page 14)



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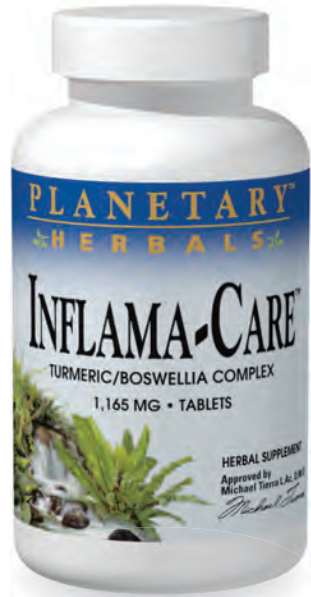
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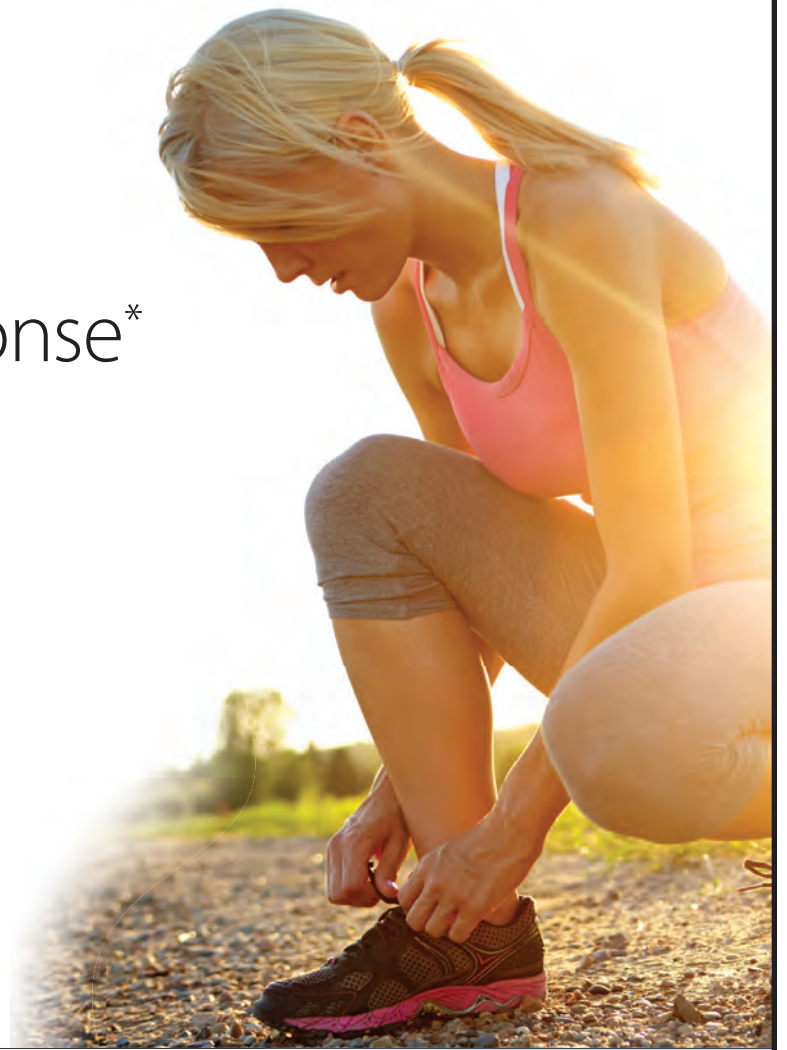


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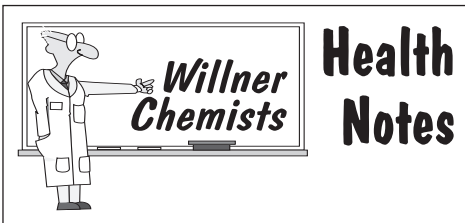
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### Controlling Diabetes

**Magnesium may slow progression to type 2 diabetes**

#### Pre-diabetes

Before developing diabetes, fasting blood sugar levels begin to rise along with chronically elevated signs of inflammation. This condition is called pre-diabetes and if left unchecked can progress to type 2 diabetes.

In this study, doctors measured magnesium in the diets of 2,582 people, aged 26 to 81, about one in three of whom started the study with mildly elevated fasting and after-meal blood glucose levels, making them pre-diabetic. Over the next seven years, doctors tracked blood sugar and insulin levels to measure the chances of developing type 2 diabetes.

Overall, compared to those who got the least, those who got the most magnesium were less than half as likely to develop type 2 diabetes. Both the normal and impaired blood sugar groups saw magnesium reduce chances of progressing to type 2 diabetes, with the greatest benefit going to those who began the study with pre-diabetic blood sugar levels.

Reference: *Diabetes Care*; 2014, Vol. 37, No. 2, 419-27

#### Metabolic syndrome

Lack of exercise and poor diet choices can lead to metabolic syndrome, a combination of factors that include high blood pressure and sugar, elevated triglycerides, low levels of HDL—the “good” cholesterol, and abdominal obesity. Over time, these factors raise the chances of developing type 2 diabetes.

Doctors in this study wanted to test for a link between magnesium in the diet and chances of developing metabolic syndrome. Researchers reviewed six studies involving 24,473 people, about one in four of whom had metabolic syndrome.

Participants in the studies got between 117 and 423 mg of magnesium per day. Overall, compared to those who consumed the least, those who got the most magnesium were 31 percent less likely to develop metabolic syndrome. For every increase of 100 mg of magnesium per day, chances for developing metabolic syndrome declined by 17 percent. Reference: *Diabetes Care*; 2014, Vol. 37, No. 2, 419-27

#### Anthocyanin Supplementation and Diabetes

According to a new study from China, supplementation with purified anthocyanins may improve blood lipid levels and lower blood sugar levels in type 2 diabetics.

A daily 320 milligram dose of anthocyanins, equivalent to about 100 g of fresh blueberries and blackcurrants, was associated with an 8% reduction in LDL cholesterol, a 23% reduction in triglycerides, and a 19% increase in HDL cholesterol, according to scientists from Guangdong Provincial Key Laboratory of Food, Nutrition, and Health and Sun Yat-sen University.

In addition, anthocyanin supplementation for 24 weeks was associated with an 8.5% reduction in fasting plasma glucose and a 13% reduction in insulin resistance estimated using the homeostasis model (HOMA-IR).

Many of the phytonutrients used in supplements such as Willner's Antiox Phyto Complex II are rich in anthocyanins. So this research may indicate another potential benefit of supplements of this type.

Here is an excerpt from the actual study abstract:

#### Purified Anthocyanin Supplementation Reduces Dyslipidemia, Enhances Antioxidant Capacity, and Prevents Insulin Resistance in Diabetic Patients<sup>1,2,3</sup>

Dan Li<sup>4,5</sup>, Yuhua Zhang<sup>5</sup>, Yan Liu<sup>4,5</sup>, Ruifang Sun<sup>4,5</sup>, and Min Xia<sup>4,5,\*</sup>

**Background:** Oxidative stress plays an essential role in the pathogenesis of type 2 diabetes. Anthocyanin, a natural antioxidant, has been reported to reduce oxidative stress and to attenuate insulin resistance and diabetes in animal models; however, the translation of these observations to humans has not been fully tested.

**Objective:** This study was designed to investigate the effects of purified anthocyanins on dyslipidemia, oxidative status, and insulin sensitivity in patients with type 2 diabetes.

**Methods:** A total of 58 diabetic patients were given 160 mg of anthocyanins twice daily or placebo (n = 29/group) for 24 wk in a randomized, placebo-controlled, double-blind trial. Participants and investigators were masked to treatment allocation.

**Results:** Anthocyanin supplementation sig-

nificantly decreased serum LDL cholesterol (by 7.9%; P < 0.05), triglycerides (by 23.0%; P < 0.01), apolipoprotein (apo) B-48 (by 16.5%; P < 0.05), and apo C-III (by 11.0%; P < 0.01) and increased HDL cholesterol (by 19.4%; P < 0.05) compared with placebo after the 24-wk intervention. In addition, patients in the anthocyanin group showed higher total radical-trapping antioxidant parameter and ferric ion reducing antioxidant power values than did patients in the placebo group (both P < 0.05). Serum concentrations of 8-iso-prostaglandin F<sub>2</sub>, 13-hydroxyoctadecadienoic acid, and carbonylated proteins in patients in the anthocyanin group were significantly less than in patients in the placebo group (23.4%, 25.8%; P < 0.01 and 20%; P = 0.022, respectively). Furthermore, supplementation with anthocyanin lowered fasting plasma glucose (by 8.5%; P < 0.05) and homeostasis model assessment for insulin resistance index (by 13%; P < 0.05), and elevated serum adiponectin (by 23.4%; P < 0.01) and -hydroxybutyrate (by 42.4%; P = 0.01) concentrations compared with placebo supplementation.

**Conclusion:** These findings demonstrate that anthocyanin supplementation exerts beneficial metabolic effects in subjects with type 2 diabetes by improving dyslipidemia, enhancing antioxidant capacity, and preventing insulin resistance. This trial was registered at www.clinicaltrials.gov as NCT02317211.



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61034	ARNICARE ARNICA TAB	60 TAB	11.99	9.59
55399	ARNICARE ARTHR TAB	60 TAB	11.99	9.59
57297	ARNICARE CREAM ARN 30C	2.5 CRM	15.59	12.47
51705	ARNICARE CREAM ARNICA	2.5 CRM	11.99	10.78
43944	ARNICARE CREAM ARNICA	1.3 CRM	7.45	6.70
15085	ARNICARE GEL ARNICA	1.5 GEL	7.45	6.70
31940	ARNICARE GEL ARNICA	2.5 GEL	12.29	11.07
38130	ARNICARE GEL ARNICA 30	2.5 GEL	15.59	12.47
15084	ARNICARE OINTMENT	1.2 ONT	7.45	6.70
40812	AVENOC OINTMENT	1.2 CRM	7.75	6.98
25658	AVENOC SUPPOSITORIES	12 SUP	16.19	12.95
51704	CALENDULA CREAM	2.5 CRM	12.29	11.07
31942	CALENDULA GEL	2.5 GEL	12.29	11.07
15083	CALENDULA GEL 1.5 OZ	1.5 GEL	7.75	6.98
15081	CALENDULA LOTION 6.7OZ	6.7 LIQ	18.59	14.87
25065	CALENDULA ONT	1.2 ONT	7.75	6.98
60504	CAMILLA BABY TEETHING	15 LIQ	8.39	7.55
60568	CAMILLA BABY TEETHING	30 LIQ	14.69	11.75
64070	CHESTAL CHILD COLD &	6.7 LIQ	11.99	9.59
64918	CHESTAL COLD AND COUGH	6.7 LIQ	11.40	10.26
39529	CHESTAL FOR ADULT 4.2Z	4.2 LIQ	7.79	7.00
39530	CHESTAL FOR ADULT 8.4Z	8.4 LIQ	13.19	10.55
32000	CHESTAL FOR CHILD	4.2 LIQ	7.79	7.00
39528	CHESTAL FOR CHILD	8.4 LIQ	13.19	10.55
60613	COXYTAL COLIC RELIEF	15 LIQ	8.39	6.71
15071	COLD CALM	60 TAB	11.99	9.59
56001	COLD CALM CHILDREN	80 PEL	14.39	11.51
50437	CYCLEASE CRAMP	60 TAB	11.99	9.59
33171	GASALIA (FLATULENCE)	60 TAB	11.99	9.59
45390	GEMMA THERAPY LIQ	2.2 LIQ	12.00	12.00
15061	LIQUID REM (DILUTIONS)	2.2 LIQ	28.60	28.60
34289	LIQUID REM (DILUTIONS)	1.2 LIQ	17.20	17.20
56540	MOTHER TINCTURE	2.2 LIQ	18.00	18.00
34291	MOTHER TINCTURES	1.2 LIQ	12.00	12.00
24907	OPTIQUE EYE DROPS	20 DRP	11.79	9.43
15070	OSCILOCOCCINUM	6 PEL	15.69	12.55
58080	OSCILOCOCCINUM	12 VIL	25.79	20.63
61036	OSCILOCOCCINUM 30 DOS	30 PEL	37.99	30.39
58002	OSCILOCOCCINUM CHLD	6 PEL	14.99	11.99
15074	QUIETUDE INSOMNIA REM	60 TAB	11.59	9.27
32003	ROXALIA(SORE THROAT)	60 TAB	11.59	9.27
32002	SABADIL ALLERGY	60 TAB	11.59	9.27
31060	SEALIA STRESS NERVO	60 TAB	11.59	9.27
15066	SINGLE RMD MULTI 10M	EA PEL	8.25	8.25
15065	SINGLE RMD MULTI 1M	EA PEL	8.25	8.25
15063	SINGLE RMD MULTI 200C	EA PEL	8.25	8.25
15060	SINGLE RMD MULTI 3C30C	EA PEL	7.00	7.00
15059	SINGLE RMD MULTI 3K30X	EA PEL	7.00	7.00
15067	SINGLE RMD MULTI 50M	EA PEL	8.25	8.25
29303	SINUSALIA	60 TAB	11.59	9.27
58665	SINUSALIA PELLETS	160 PEL	14.39	11.51

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64633	125 GLUTEN FR VEG RECP	EA BOK	18.00	14.40
65214	21 DAY SUGAR DETOX	EA BOK	34.95	27.96
65215	21 DY SUGAR DETOX CKBK	EA BOK	34.95	27.96
65078	375 ESSENT OILS HYDROS	EA BOK	16.95	13.56
62890	500 FORM FOR AROMATHER	EA BOK	12.95	10.36
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41466	ACID ALKALINE BAL DIET	EA BOK	16.95	13.56
52256	ACID ALKALINE FOOD GUID	EA BOK	8.95	7.16
65081	ACID REFLEX SOLUTION	EA BOK	21.99	17.59
63946	ACTIVATED CHARCOAL	EA BOK	7.95	6.36
63790	ADAPTOGENS IN MED HERB	EA BOK	50.00	40.00
60103	ADD & ADHD DIET	EA BOK	10.95	8.76
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64599	AFRO VEGAN	EA BOK	27.50	22.00
64809	ALEXANDER TECHNIQ WKBK	EA BOK	14.95	11.96
35302	ALKALIZE OR DIE	EA BOK	14.95	11.96
64839	ALLERGIC GIRL	EA BOK	24.95	19.96
51448	ALLERGY CANDID COOK 3D	EA BOK	25.95	20.76
64703	ALT HEALTH REMED CATS	EA BOK	12.95	10.36
64704	ALT HEALTH REMED DOGS	EA BOK	12.95	10.36
63791	AMEN SOLUTION	EA BOK	25.99	20.79
63316	ANGER CURE	EA BOK	17.95	14.36
64898	ANTI AGING ENCYCLOPED	EA BOK	74.00	59.60
63173	ANTI CANCER NEW WY LF B	EA BOK	26.95	21.56
61121	ANTI ESTROGENIC DIET	EA BOK	16.95	13.56
64897	ANTIBIOTIC ALTERNATIVE	EA BOK	16.95	13.56
63700	ANTIOXIDANT COUNTER	EA BOK	7.95	6.36
55521	ANXIETY EPIDEMIC	EA BOK	10.95	8.76
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63948	BEING VEGAN	EA BOK	16.95	13.56
39748	BETWEEN HEAVEN & EARTH	EA BOK	18.00	14.40
64102	BEYOND THE YEAST CONN	EA BOK	18.95	15.16
64886	BIPOLAR HANDBOOK	EA BOK	17.00	13.60
62341	BITE IT & WRITE IT	EA BOK	7.95	6.36
55628	BLOOD PRESSURE CURE PP	EA BOK	15.95	12.76
64391	BLOOD PRESSURE DOWN	EA BOK	15.00	12.00

61500	BLOOD SUGAR SOLUTION	EA BOK	27.99	22.39
64661	BODY BY MUSCLE	EA BOK	19.95	15.96
60746	BODY ECOLOGY DIET PPBK	EA BOK	15.95	12.76
64618	BODY REFLEXOLOGY	EA BOK	18.00	14.40
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43340	COLLOID SILVER TODAY	EA BOK	6.95	5.56
51468	COMP BK AYUR HOME REM	EA BOK	15.95	12.76
63944	COMP GO VEGAN FOOD SUB	272 BOK	18.99	15.19
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63174	COMP HOLISTIC DOG BOOK	EA BOK	24.99	19.99
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64594	CONSCIOUS CLEANSE	EA BOK	16.95	13.56
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63942	DIABETES & HYPOLYCEM	EA BOK	12.95	10.36
63659	DIALYSIS WHAT MUST KNW	EA BOK	17.95	14.36
39675	DIET CURE	EA BOK	16.00	12.80
62795	DIET FOR A NEW AMERICA	EA BOK	18.95	15.16
64504	DIGESTIVE WELLNESS	EA BOK	22.00	17.80
59129	DISEASE PREV AND TREAT	EA BOK	69.95	55.96
65077	DISEASE PROOF CHILD	EA BOK	16.99	13.59
26136	DMSO NATURE'S HEALER	EA BOK	14.95	11.96
65396	DR BARNARDS PRG REV DB	EA BOK	15.99	12.79
63910	DR GUNDY'S DIET EVOLUT	EA BOK	14.99	11.99
65132	DRINKERS GO HEALTHY LV	EA BOK	14.95	11.96
28631	EAT RIGHT 4 YOUR TYPE	EA BOK	24.95	19.96
60664	EAT SMART EAT RAW	EA BOK	15.95	12.76
50356	EDGE EFFECT	EA BOK	12.95	10.36
65160	EFFORTLESS WEIGHT LOSS	EA BOK	19.95	15.96
60796	EGGPLANT CANCER CURE	EA BOK	24.95	19.96
38770	ENCY NAT HEAL CHILDREN	EA BOK	19.95	15.96
64705	ENCYCL HERBAL MEDICINE	EA BOK	40.00	32.00
64349	END OF DIABETES	EA BOK	26.99	21.59
64587	END OF DIETING	EA BOK	26.99	21.59
64042	ENERGY MEDICINE WOMEN	EA BOK	17.99	14.39
34729	ENHANCING FERTIL NATUR	EA BOK	14.95	11.96
63681	ENZYME NUTRITION	EA BOK	18.00	14.40
62600	ENZYMES FOR AUTISM AND	EA BOK	19.95	15.96
56152	EVERYTH NO KNW ENZ PPB	EA BOK	14.95	11.96
64635	EXERCISES 4 JMTS GLNDS	/EA BOK	12.95	10.36
31283	FAMILY GUIDE TO HOMEOP	EA BOK	17.00	13.60
62689	FAT CHANCE	EA BOK	25.95	20.76
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63701	FERMENT FOODS FOR HLTH	EA BOK	21.99	17.59
64503	FERTILITY & CONCEPTION	EA BOK	19.95	15.96
63907	FERTILITY FACTS	EA BOK	16.95	13.56
64044	FIBROMYALGIA HANDBOOK	EA BOK	19.99	15.99
65123	FIGHT CANCER NONTX APP	EA BOK	22.95	18.36
62644	FIGHT CANCER VIT ANTOX	EA BOK	16.95	13.56
64960	FIGHT DIABETES VIT ANTI	EA BOK	16.95	13.56
61028	FIVE TO THRIVE	EA BOK	15.95	12.76
64810	FLAT BELLY YOGA	EA BOK	22.99	18.39
64045	FLEXATARIAN DIET	EA BOK	16.95	13.56
64645	FLYING APP GLT FR CKBK	EA BOK	23.95	19.16
63945	FOLKS THIS AINT NORMAL	EA BOK	15.99	12.79
62564	FOOD INC	EA BOK	14.95	11.96
63068	FOOD REVOLUTION	EA BOK	19.95	15.96
63943	FOOD RULES	EA BOK	11.00	8.80
64313	FOODS THAT FIGHT FIBRO	EA BOK	15.00	12.00
64505	FOODS THT HRM FDS HEAL	EA BOK	15.95	12.76
63940	FORKS OVER KNIVES	EA BOK	14.95	11.96
53030	GLUTEN CONNECTION	EA BOK	16.95	13.56
64508	GLUTEN EFFECT	EA BOK	16.95	13.56
65216	GLUTEN FR ALM FL CKBK	EA BOK	16.99	13.59
63634	GLUTEN FR SHOESTR OCK	EA BOK	18.00	14.40
64637	GLUTEN FR VEGET KITCH	EA BOK	18.95	15.16
65115	GLUTEN FREE EDGE	EA BOK	15.95	12.76
63633	GLUTEN FREE ON SHOESTR	EA BOK	18.00	14.40
64636	GLUTEN FREE VEG HOLID	EA BOK	24.95	19.96
64646	GLUTEN FREE VEGAN	EA BOK	16.95	13.56
62490	GLYCEMIC LOAD DIET	EA BOK</		

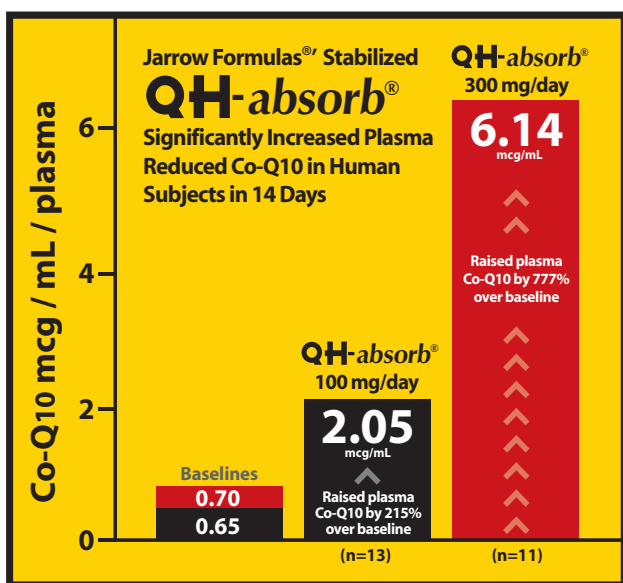


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**SAVE 35%**  
Sale Period: 4/6/15 through 5/15/15



## QH-absorb® delivers Co-Q10 benefits in **LESS** time and at **HIGHER** levels!



Our clinical studies confirm that 300 mg of our proprietary QH-absorb® per day raised plasma Co-Q10 levels by 777% over baseline in humans. This represents the greatest increase in Co-Q10 levels ever achieved.\*

Co-Q10 plays an essential role in the production of energy in every cell in the human body, but standard Co-Q10, ubiquinone, must be reduced to ubiquinol to be physiologically active.\*

Jarrow Formulas® QH-absorb® is the “reduced” – antioxidant-form of Co-Q10 that is proprietary, stabilized and ready for absorption!\*

Jarrow Formulas® QH-absorb® offers tremendously improved bioavailability over all other tested Co-Q10 supplements, both ubiquinone and ubiquinol.\*

- QH-POMEGRANATE, 30 SOFTGELS - JRW62463
- QH-ABSORB®, 100 MG, 60 SOFTGELS - JRW53091
- QH-ABSORB®, 100 MG, 120 SOFTGELS - JRW59922
- QH-ABSORB®, 200 MG, 30 SOFTGELS - JRW55162
- QH-ABSORB®, 200 MG, 60 SOFTGELS - JRW59935 (not pictured)
- QH+PQQ, 30 SOFTGELS - JRW63121

[www.Jarrow.com](http://www.Jarrow.com)

**Jarrow**  
FORMULAS®

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



mixture had significantly improved anxiety symptoms after three months compared to those taking placebo. Hawthorn is primarily used for heart conditions and is not usually considered a nervine. However, it may help alleviate anxiety symptoms such as heart palpitations and increased blood pressure.

1 fl oz - Prod Code: 57643

### Calming Complex

*Child Friendly*

**This supplement, designed for children, exerts a sedative and calming action appropriate for daytime use. It can also be used at night to help induce sleep.**

Who would benefit from this supplement? Children who are hyperactive, anxious, obsessive compulsive, ADHD or insomnia. Phyto-Tech™ Child Friendly Calming Complex contains the following herbs: Chamomile Flower, Valerian Root, Hops Strobiles, Lobelia Herb, Vegetable Glycerin, Pure Dionized Water.

Phyto-Tech™ Child Friendly Calming Complex can be used during the day to help calm down an excitable child. It can be used as a daily tonic or on an as needed basis. It can also be used at night (10-30 minutes before bed time) to help bring on sleep. Typically, it will not make a child sleepy when used in the daytime. It is a strong yet gentle central nervous system and adrenaline calmer. It will help slow down a hyperactive child to increase focus in the day. It can also be used for situations that create anxiety and stress, ranging from airline flights and car trips to difficult family situations to performance anxiety.

Phyto-Tech™ Child Friendly Calming Complex will also function as a mild analgesic, and take the edge off muscle pain and tension. It will help spasms, cramping, colic pain and gas pain.

Dosage (by Weight):

10-30 lb. Use 10-20 drops; 31-60 lb. Use 20-40 drops; 61-100 lb. Use 40-60 drops; Over 100 lb. Use 60-90 drops. Administer 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK.

Cautions: If a child is taking a prescription sedative, consult with the doctor, and take lower herbal doses.

1 fl oz - Prod Code: 56996

### Candida Complex

**An Alternative Formula, with Anti-Fungal and Anti-Infective Properties. Clinically developed specifically for those with chronic candida and yeast infections.**

Please Note: Chronic Candidiasis is not commonly recognized as a medical condition by conventional medicine; any diagnosis and/or treatment of this condition should be supervised by a health professional. This product is not intended to treat, cure or mitigate disease.

James Duke, Ph.D., in his book *The Green Pharmacy*, makes the following comment on Black walnut (*Juglans nigra*). "Kathi Keville, author of *The Illustrated Herb Encyclopedia and Herbs for Health and Healing*, a California Herbalist whom I admire, recounts one impressive study showing that the fresh husk of the black walnut destroyed candida better than a commonly prescribed antifungal drug . . ."

"Recurrent or chronic infections, including chronic candidiasis, are characterized by a depressed immune system. A repetitive cycle makes it difficult to overcome chronic candidiasis: a compromised immune system leads to infection, and infection leads to damage to the immune system, further weakening resistance." (Murray and Pizzorno, *Encyclopedia of Natural Medicine*)

Enhanced immune system function may be the most important component of treating this condition.

Each serving (30 drops) contains the following: Fresh Black Walnut Hull 150 mg, Fresh Spilanthes Flower 75 mg, Usnea Lichen 67 mg, Pau D'Arco Bark 67 mg, Oregon Grape Root 50 mg, Gentian Root 33 mg, Fennel Seed 17 mg, Tea Tree Oil 3 mg, Oregano Oil 1 mg, Grain Alcohol, Deionized Water.

Dosage: Take 30 drops 3 times a day in water before meals.

1 fl oz - Prod Code: 57730

### Cascara Sagrada

**Cascara sagrada, obtained from the dried bark of *Rhamnus purshianus* (Rhamnaceae), is traditionally used as a laxative and detoxification agent.**

Each capsule contains 420 mg of full-spectrum, wildcrafted Cascara sagrada bark.

Who would benefit from the use of this herbal preparation? Those suffering from occasional constipation. Like any "stimulant" laxative, it is not intended for long term or chronic use.

Dosage: Traditional dosage of the dried bark is 300 to 1000 mg taken at bedtime. This is equivalent to one or two capsules. Start with one capsule. The appropriate amount of cascara is the smallest dose that is necessary to maintain soft stools.

90 Veggie Caps - Prod Code: 60124

### Cayenne 1:5

**Cayenne is a spice derived from various species of *Capsicum*. As such, it adds color, pungency and aroma to foods consumed throughout the world.**

1 fl oz - Prod Code: 57054

### Chamomile Flowers

**Chamomile is traditionally used for its mild relaxing effect. It calms, soothes and supports the nervous system.**

Who would benefit from this supplement? Those with stress, anxiety, stomach upset due to nervousness, and mild insomnia.

Phyto-Tech™ Chamomile Flower is traditionally used as a mild relaxing herb for mild insomnia, anxiousness and stomach upset from nervousness. It is a gentle sedative to the central nervous system and can calm one down. It is best when one wants a gentle relaxing herb to gently help them to sleep or to simply relax during the day. It will not make one sleepy like Valerian can, nor will it reduce pain as well as skullcap. It is suitable for children, those who are very sensitive to sedatives and for the elderly. It is especially soothing in a warm cup of water at bedtime.

Chamomile can be used for digestive upset from nervous eating or overeating. It can soothe upset tummies from overeating junk foods.

It has also been used for teething infants and children who need a little pain relieving action. Dilute amounts are added to water, milk or juice in amounts suitable to the weight of the child. Use 10-20 drops for a 30 pound child, 25-30 drops for a 60 pound child and an adult dose above these weights.

Phyto-Tech™ Chamomile Flowers contains 333 mg certified organic Chamomile in 30 drops.

1 fl oz - Prod Code: 57067

### Chaste Tree Berry

**Chaste Tree helps to balance the female cycle and supports proper progesterone levels.**

Who would benefit from this supplement? Women with progesterone deficiency, PMS, menopause related problems, and infertility.

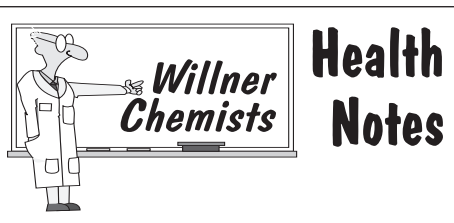
Phyto-Tech™ Chaste Tree Berry contains 500 mg of certified organic chaste tree berry in 30 drops.

Dosage: 20-60 drops, 2-3 times per day or as needed in juice or water

Complimentary Formulas:

Phyto-Tech™ Menses Complex (for PMS related problems)

. . . continued on page 36



### Women's Health

**Nutrients support healthy aging and lipids in women**

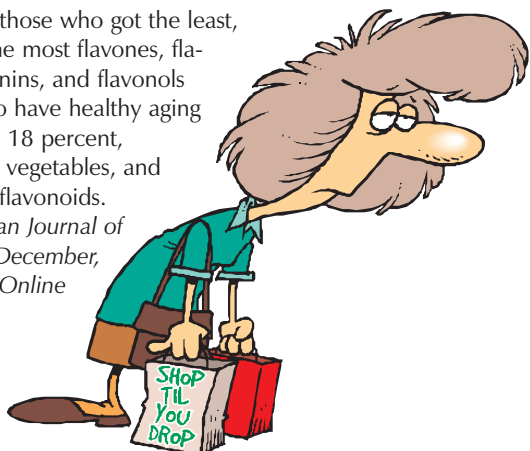
#### Flavonoids boost healthy aging

Doctors in this study collected diet information from 13,818 women, median age 59, who had no major chronic diseases at the start of the study, and followed up for an average of 15 years.

The researchers said that healthy aging to the age of 70 or more would mean having no major chronic diseases and no major physical or cognitive problems. About 11 percent of the women aged healthfully.

When doctors measured flavonoids in the diet, compared to those who got the least, women who got the most flavones, flavanones, anthocyanins, and flavonols were more likely to have healthy aging by 32, 28, 25, and 18 percent, respectively. Fruits, vegetables, and teas contain these flavonoids.

Reference: *American Journal of Clinical Nutrition*; December, 2014, Published Online

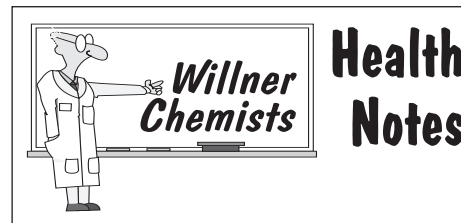


### Vitamin D and diabetes

Postmenopausal women have greater chances of developing heart disease, and increased triglycerides are a factor, but earlier studies of the effects of vitamin D on lipids were inconclusive. To test the effect of vitamin D in postmenopausal women with type 2 diabetes, doctors gave 104 of these women 4,000 IU of vitamin D per day, or a placebo.

After six months, vitamin D levels had increased greatly in the women taking vitamin D while remaining unchanged in the placebo group. Triglycerides in the vitamin D group decreased 6 percent compared to 2.6 percent for placebo, suggesting that postmenopausal women can reduce chances of heart disease by taking vitamin D to lower triglycerides.

Reference: *Clinical Nutrition*; October, 2014, Published Online



### Men's Health

**Nutrients support bone and heart health in men**

#### Resveratrol and bone density

Earlier lab studies found resveratrol protected against bone loss. In one of the first human trials, doctors said that metabolic syndrome can increase chances of bone loss, and gave 66 men with the syndrome a placebo, 1,000 mg or 150 mg of resveratrol in two divided doses per day.

After 16 weeks, compared to placebo, men who took the high-dose resveratrol had a 2.6 percent increase in lumbar spine bone mineral volume density, and a 16 percent increase in signs of bone formation.

Researchers said resveratrol improved bone mineral density at the spine, primarily by stimulating mineralization, or bone formation.

Reference: *Journal of Clinical Endocrinology & Metabolism*; October, 2014, Published Online

#### Omega-3s and heart health

Doctors wanted to test if the lower rates of heart disease in Japan are due to genetic factors or to consuming more omega-3 fatty acids from fish than do Americans. In the study, researchers measured coronary artery

calcification in 175 Japanese men and in 113 American white men. All the men began the study with zero calcification.

After an average of 6.2 years of follow-up, about 6 percent of the Japanese men had developed calcification compared to 13 percent of American men. Researchers took into account differences in chances for heart disease and concluded that U.S. men had three times the rate of calcification as Japanese men, who consumed 100 percent more marine omega-3s than their American counterparts, or about 4 ounces of fish per day. Doctors concluded that the vast difference in heart disease between Japanese and American men is not due to genetics, but to greater consumption of omega-3s.

Reference: *Heart*; 2014, Vol. 100, No. 7, 569-73







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# Is Your Fish Oil Whole, Extra-Virgin & **Wildly Pure**™?

Discover the benefits of **pure fish oil** with whole Omegas—*not* from fishmeal and *not* high-heat purified.

## Our Extra-Virgin Process

Unlike high-heat purified fish oil supplements, Wholemega™ contains naturally pure, **100% wild-caught Salmon oil** sourced from pristine Alaskan waters—among the world’s purest. Our extra-virgin, low-heat process (think fine olive oil) is all that’s needed to deliver Nature’s profile of Omega fatty acids from their superfood source. This gentle, food-grade process preserves numerous beneficial compounds from the Salmon, including Vitamin D3 and Astaxanthin.

By contrast, high-heat purified fish oils are often sourced from various locations with fish that have been shipped long distances. These oils are often a byproduct of fishmeal used primarily to provide food for farmed fish and other livestock. The surplus oil typically goes through a high-heat sterilization process for use in fish oil supplements. The multi-step purification process can reduce the whole spectrum of omegas and naturally occurring antioxidants and vitamins found in fish. The dull, yellow hue and watery texture of purified fish oil capsules is symbolic of highly processed products.

## Healthy Omega Balance

Omega fatty acids include the “good fats” found in fish. Health experts generally recommend that consumption of Omega-3 and Omega-6 be fairly balanced—the ideal ratio may be as low as 1 to 1. However, the typical Western diet over-delivers Omega-6 from grains and grain-fed meat. Wholemega has been **clinically shown to improve the Omega-3 Index** and to improve the ratio of Omega-3’s to Omega-6’s.\* One serving of Wholemega per day† has also been clinically shown to **retain healthy triglyceride levels**.\*

Visit [wholemega.com](http://wholemega.com) to learn more!

### Wholemega™ Whole Fish Oil

30 Softgels	Item # 57364	Retail \$21.95	<b>Willner Chemists \$15.37</b>
60 Softgels	Item # 57365	Retail \$31.95	<b>Willner Chemists \$22.37</b>
120 Softgels	Item # 57438	Retail \$59.95	<b>Willner Chemists \$41.97</b>
180 Softgels	Item # 59837	Retail \$83.95	<b>Willner Chemists \$58.77</b>

### Wholemega™ Tiny Caps™

90 Softgels	Item # 57366	Retail \$31.95	<b>Willner Chemists \$22.37</b>
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### Wholemega™ Prenatal

90 Softgels	Item # 58101	Retail \$31.95	<b>Willner Chemists \$22.37</b>
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† 2 gram daily serving

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... from Willner Chemists:

## Willvite, the complete multivitamin multimineral New, Revised Formula ~ Available Now!

A complete, balanced multivitamin-multimineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multivitamin supplement. A balanced multivitamin-multimineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health needs and concerns. Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals.

• Now: with added CoQ10, lycopene, phytoantioxidants and Lutein! . . . regular, and Iron-Free!

It is impossible to include the daily requirement of calcium and magnesium in one or two tablets or capsules. This makes it necessary to take at least two separate products, a multivitamin along with a calcium-magnesium supplement, to get a full dosage of vitamins, trace minerals, calcium, and magnesium. An alternative is to take

one product that contains that amount of calcium and magnesium. To accommodate this, the daily dose must be a minimum of four tablets or six capsules. The advantage is that a full day's requirement of all essential vitamins and minerals can be obtained from only one product.

Products meeting this requirement are intended to serve as a balanced, broad-spectrum basic multivitamin-multimineral supplement, and are an ideal foundation product upon which a personalized program can be designed.

Willvite has been revised and reformulated to reflect the latest developments in nutritional research. The amount of calcium

has been reduced, for example, and the amount of magnesium has been increased. We have increased the vitamin D levels. The amounts of selenium and chromium have been lowered, to accommodate those who take additional supplements along with Willvite. Important nutrients such as lycopene have been added, and the CoQ10 level has been increased. The most active, co-enzyme forms of vitamins and chelated minerals have been utilized.

Willvite is available in a regular and iron-free version. 120 Tablets per bottle. Recommended dosage: 2 tablets, twice a day.



Looking for  
the perfect  
multivitamin  
supplement?

Available Now

### Willvite (New & Revised) Regular & Iron-Free

Willvite, 120 Tabs, Product Code: 30439

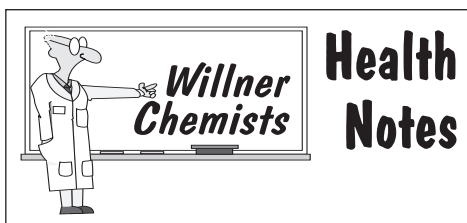
Willvite, Iron Free, 120 Tabs, Product Code: 44384

#### WILLVITE (with Iron) 120 Tablets

Ingredient	Per 4 tabs	% DV
Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene)	20,000IU	400%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	750 mg	1250%
Vitamin D3 (as Cholecalciferol)	800IU	200%
Vitamin E (as d-Alpha Tocopheryl Succinate)	300IU	1000%
Vitamin K2 (as MK7)	60 mcg	75%
Vitamin B1 (as Thiamine Mononitrate)	30mg	2000%
Vitamin B2 (as Riboflavin)	30 mg	1764%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B6 (as Pyridoxine HCl)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	50 mg	500%
Calcium (from Carbonate & Citrate)	800 mg	80%
Iron (from Rice Chelate)	9 mg	50%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Oxide & Aspartate)	600 mg	150%
Zinc (from AA Chelate)	20 mg	133%
Selenium (from L-Selenomethionine)	100 mcg	143%
Copper (from AA Chelate)	2 mg	100%
Manganese (from Manganese Gluconate)	5 mg	250%
Chromium (as Picolinate)	100 mcg	83%
Molybdenum (from Chelate)	150 mcg	200%
Potassium (from AA Chelate)	50 mg	1%
Choline Bitartrate	50 mg	*
Inositol	25 mg	*
Grapeseed Extract(Vitis vinifera)	25 mg	*
CoEnzyme Q 10	20mg	*
PABA (para-aminobenzoic acid)	10 mg	*
Lutein	2 mg	*
Lycopene	2 mg	*
Boron (from citrate, aspartate, glycinate)	1 mg	*
Silicon (horsetail)	350 mcg	*
Vanadium (sulfate)	10 mcg	*

\* Daily value not established.

Other ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica, HPMC and PEG.



### Protecting Muscle and Bone

Nutrients protect after exercise and military training

#### Curcumin and muscle pain

Days after intense exercise, oxidative stress and inflammation can overcome the body's antioxidant defenses, leading to muscle soreness and damage.

In this study, 20 non-smoking men who performed regular aerobic exercise for at least four hours per week took 200 mg of curcumin twice per day, or a placebo, beginning 48 hours before a running test. On day three, the men took a 45-minute treadmill running test, on a specially prepared 10-percent downhill slope. After taking curcumin or placebo for one more day, the men reported

muscle pain on the fifth day.

Compared to placebo, an MRI showed that the curcumin group had significantly less leg muscle damage. For pain scores, 90 percent of the placebo group had posterior or thigh pain vs. 45 percent for curcumin, and 80 percent had middle thigh pain compared to 36 percent for curcumin.

Reference: *Journal of the International Society of Sports Nutrition*; June, 2014, Published online

#### Calcium, vitamin D, and bone

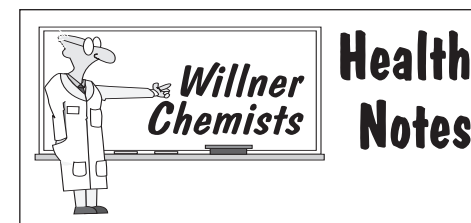
Military training exercises put unusual stress on the body, and 40 percent of male and 60 percent of female new recruits who suffer bone stress fractures can't complete their training. Earlier studies suggested calcium and vitamin D might reduce fracture in female military during training, but no mili-



tary training studies have measured calcium and bone status.

In this study, 243 men and women in basic combat training took 2,000 mg of calcium plus 1,000 IU of vitamin D per day, or a placebo. After nine weeks, compared to placebo, signs of calcium available for maintaining bone, and signs of bone formation were much higher in the calcium and vitamin D group.

Reference: *Bone*; November, 2014, Vol. 68, 46-56



### Calcium Timing

The body must keep calcium levels in balance to maintain bone, and too much exercise can disturb this balance, depleting bone even in young, healthy men. In this study, 33 postmenopausal women took a sports-drink with a placebo or with 1,000 mg of calcium, an hour before or 15 minutes before a one-hour-long brisk walk.

While the 15-minutes-before-exercise calcium group saw calcium levels decline, the one-hour-before-exercise calcium group maintained calcium levels and had better signs of bone formation.

Doctors said the findings confirm earlier bone studies and suggest the timing of taking calcium before exercise plays an important bone-regulating role.

Reference: *Medicine and Science in Sports*





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# Discover a Whole New Chapter in Calcium

Bone Strength *Take Care* delivers whole-food Calcium, *not* limestone—with a slow, steady release for your body's **consistent nourishment**.

## Calcium Source: Plant versus Rock

Typical calcium supplements are derived from limestone rock. Their simple, rock-based calcium has a flat, basic architecture and lacks many other bone-supportive nutrients. Bone Strength *Take Care*™ from New Chapter® is different—it is formulated with a **plant source** of bone-strengthening Calcium that has the essential complexities of whole food. Plant-sourced and porous, our Calcium is part of an intricate matrix of minerals that are organized in a natural honeycomb structure.

## Slow & Steady Release

Because of calcium's vital role for bone health, nerve function, and more, our bodies must maintain a constant level of calcium in the bloodstream. If blood calcium levels are low due to dietary intake, calcium is taken from our bones and used by the body—which can affect bone strength. Delivered in an **easy-to-swallow slim tablet**, our holistic Calcium formula offers a slow, steady release for your body's consistent nourishment.\*

## Holistic Bone Support

Bone Strength *Take Care* is formulated with TargetCal™, a proprietary blend of Vitamins K2 and D3 that support healthy Calcium absorption and utilization.\* Whole-food sourced Vitamin K2 **directs Calcium to bones** where you need it and functions to help maintain artery health.\* Whole-food cultured Vitamin D3 helps the body effectively utilize Calcium to promote normal bone creation.\* The plant-sourced Calcium and trace minerals in Bone Strength *Take Care* have also been shown to support movement, joint flexibility, and joint function.\*

Visit [newchapter.com](http://newchapter.com) to learn more!

<b>Bone Strength <i>Take Care</i>™</b>			
30 Slim Tablets	Item # 57351	Retail \$20.95	<b>Willner Chemists \$14.67</b>
60 Slim Tablets	Item # 55914	Retail \$36.95	<b>Willner Chemists \$25.87</b>
120 Slim Tablets	Item # 54342	Retail \$63.95	<b>Willner Chemists \$44.77</b>
<b>Bone Strength <i>Take Care</i>™ Tiny Tabs™</b>			
120 Tiny Tablets	Item # 64138	Retail \$36.95	<b>Willner Chemists \$25.87</b>
240 Tiny Tablets	Item # 60628	Retail \$63.95	<b>Willner Chemists \$44.77</b>



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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Phyto-Tech™ Menopause Complex (for Menopausal symptoms)  
 Phyto-Tech™ Fertility Complex (if infertile, trying to become pregnant)  
 Phyto-Tech™ Dong Quai Root (if estrogen deficient)  
 Phyto-Tech™ Black Cohosh Root (for hot flashes, cramps)  
 1 fl oz - Prod Code: 56989

### Chinese Red Ginseng

**Ginseng is the premier adaptogenic, immune-modulating herb. Chinese Red Ginseng (Panax ginseng) is more "stimulating" or warming than American Ginseng.**

Who would benefit from this supplement? Those suffering from fatigue, burn-out, frequent illness, depression. Red Chinese Ginseng is thought to increase vigor, energy, vitality and resistance to illness and environmental or external stress. It is often the preferred adaptogenic herb for the elderly.

**Supplemental Information:**

Phyto-Tech™ Chinese Red Ginseng increases vigor, energy, vitality and resistance to illness and environmental stresses. It is best for those who are depleted and are low on passion in life. It is also indicated for those working too hard and are afraid of burn out. Red Chinese Ginseng will increase the stress hormone ACTH from the pituitary that helps the body adapt to stress. When stress is initiating the breakdown on one's innate weakness (genetic, constitutional, predispositional tendencies), Red Chinese Ginseng will help the body to cope and therefore assist in many chronic diseases, especially if debilitating and wasting.

Phyto-Tech™ Chinese Red Ginseng is not for those in their prime of life who are full of fire, the Type-A personality. It is for those who used to be that way and are now not what they used to be. It helps in the aging process to stay alert, youthful, energetic and adaptive to environmental changes. It is immunomodulating and keeps the immune system firing on all levels.

Phyto-Tech™ Chinese Red Ginseng is a tonic for the 21st century with the fast paced life style that creates accelerated wear and tear. It gives more mileage to the body.

Phyto-Tech™ Chinese Red Ginseng should be considered for depression in the elderly who might not be chemically depressed in a St. John's Wort way (serotonin), but need some energy to process life with more passion and enjoyment. It is synergistic with Ginkgo for the elderly.

Phyto-Tech™ Chinese Red Ginseng is a more yang or warming and stimulating ginseng than the American. Eleuthero Root (sometimes referred to as Siberian Ginseng) is not a true Ginseng and is considered neutral, not warming or cooling.

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

Phyto-Tech™ Chinese Red Ginseng contains 333 mg of imported Chinese Red Ginseng per 30 drops.  
 Dosage: 15-45 drops, 2-3 times per day It is best used as a long term tonic (1-3 months and longer).  
 1 fl oz - Prod Code: 57023

### Chlorophyll Extract

**Often considered the "blood" of plants, chlorophyll is structurally similar to hemoglobin. It has a protective and detoxification action.**

Who would benefit from this supplement? Those with heavy metal toxicity and those looking for cleansing and detoxification properties. Those with bad breath and body odor. Those suffering from fatigue and those with slow healing wounds.

Phyto-Tech™ Chlorophyll provides 100 mg Chlorophyll, from Mulberry leaf, per 30 drops.

Dosage: 15-30 drops in water or juice, 1-2 time daily, or as needed

**Supplemental Information:**

Chlorophyll is the sunlight collecting molecule in plants that gives them their green pigment. Plants use chlorophyll to collect light needed for photosynthesis. Through photosynthesis Chlorophyll molecules have the ability to convert solar energy into chemical energy by manufacturing carbohydrates from carbon dioxide and water.

Chlorophyll is often referred to as the "blood" of plants. Interestingly, Chlorophyll molecules are structurally very similar to human hemoglobin molecules. The difference between the two being that Chlorophyll carries Magnesium at its center and hemoglobin carries iron at its center. Like iron, Chlorophyll helps the body build red blood cells and thus increases oxygen availability. It energizes and revitalizes the body and is helpful for fatigue, shortness of breath, asthma, altitude sickness and intense physical exertion.

Chlorophyll acts as an internal deodorizer and is helpful for people with halitosis (bad breath) and body odor. It can be used as an aid to reduce digestive tract odor from a colostomy or ileostomy and also fecal odor caused by incontinence. It can also help for foul smelling gas. Chlorophyll cleanses and nourishes the intestinal tract and is healing to the mucosal lining. It can also be helpful for constipation.

Chlorophyll is an excellent whole body cleanser. It not only detoxifies the digestive tract, but also facilitates cleansing of the blood and liver and assists in the chelation of heavy metals. It is capable of neutralizing harmful oxidants and may reduce oxidative damage from certain carcinogens. It also has the ability to form tight molecular complexes with carcinogens and in doing so blocks the body's absorption of them. In a placebo controlled study conducted in China Chlorophyll supplementation was found to decrease DNA

damage caused by aflatoxin, a liver carcinogen produced by fungus in moldy grains and legumes. Scientists hope that in populations with unavoidable dietary aflatoxin exposure Chlorophyll supplementation could significantly reduce the risk of developing liver cancer.

1 fl oz - Prod Code: 56977

### Cinnamon Bark 40

**This is a standardized Cinnamon Bark complex in a liquid filled veggie cap.**

Historically, Cinnamon has been used for various gastrointestinal problems. More recently, interest has centered on the research showing that Cinnamon can help normalize blood sugar control. This is of major interest to those with type 2 diabetes.

Who would benefit from this supplement? Those with blood sugar regulation problems, including type 2 diabetes, pre-diabetes, and cholesterol related conditions.

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes).

According to Natural Standard Integrative Medicine database, "Cinnamon may be used for various medical conditions (77;78). In a survey of parents in Germany determining the use of complementary and alternative medicines in children with type 1 diabetes in four pediatric diabetes centers (located in Leipzig, Berlin, Stuttgart, and Bonn), 5.6% reported using cinnamon for this indication (79). Cinnamon has been touted as having a positive effect on postprandial glucose metabolism (80). Its ability to lower blood sugar in individuals with diabetes has been discussed (81). Naturally occurring compounds found in cinnamon (Cinnamomum cassia), including chromi- um and polyphenols, may improve insulin sensitivity (82). Human data suggest that cinnamon exhibits "sweet" properties and may be used in strategies for reduction of sugar intake (83).

Each two liquid filled veggie caps contain 250 mg of Cinnamon Bark (alcohol extract), 75 mg of Cinnamon Bark (supercritical carbon dioxide extract, standardized to 40 mg Cinnamaldehydes).

Also available in a vegetarian capsule form. Each veggie capsule contains 410 mg of certified organic Cinnamon Bark.

The Cinnamon used in Phyto-Tech™ Cinnamon supplements is Cinnamomum cassia, the species utilized in research. It is certified organic and vegetarian.

60 Liquid Filled Capsules - Prod Code: 57092

90 Veggie Caps - Prod Code: 60118

### Cleanse Complex 1:2

**A herbal formula based on traditional concepts of a rapid, systemic (full body) cleansing.**

... continued on page 38

and Exercise; 2014, Vol. 46, No. 10, 2007-13

The question of "calcium timing" comes up frequently. We often received questions about the best time to take calcium supplements back when we had the radio show. Some recommended taking the entire dose of calcium at one time, often at bedtime.

I never agreed with this approach. As I used to explain, our bodies have an elaborate mechanism in place to maintain blood calcium levels within a well-defined, narrow range. Keeping the calcium within that range is critical. If calcium falls below that level, the body will use any means it can to bring it back to within that range. This includes taking calcium out of bone. In this regard, the body treats bone as a storehouse of calcium.

Obviously, if the body has to resorb calcium out of bone, the bone will gradually deteriorate. Common sense tells you that your goal, then, is to make sure that the body can always get the calcium it needs from food (and supplements) rather than from bone.

The digestive system, of course, is designed to do this by utilizing the calcium found in our diet. The process requires the proper enzymes, vitamin D, stomach acid, etc. Sometimes, supplemental calcium is necessary as well.

Whether food or supplements, the calcium should be made available several times throughout the day, preferably at mealtime.

If the body is to be subjected to some type of unusual stress, such as an athletic competition, exercise, etc, it is important that calcium (and other minerals and vitamins, in my opinion, are provided before and during that event.

This study supports this common sense observation.

This supports our contention that a multi-

tamin multimineral formulation like **Willvite**, which contains calcium, magnesium and the trace minerals in the same multi-dose formula as the vitamins, provides a significant advantage to most consumers.

Here is an abstract of the actual study:

*Calcium Supplementation and Parathyroid Hormone Response to Vigorous Walking in Postmenopausal Women*  
 SHEA, KAREN L.; BARRY, DANIEL W.; SHERK, VANESSA D.; More

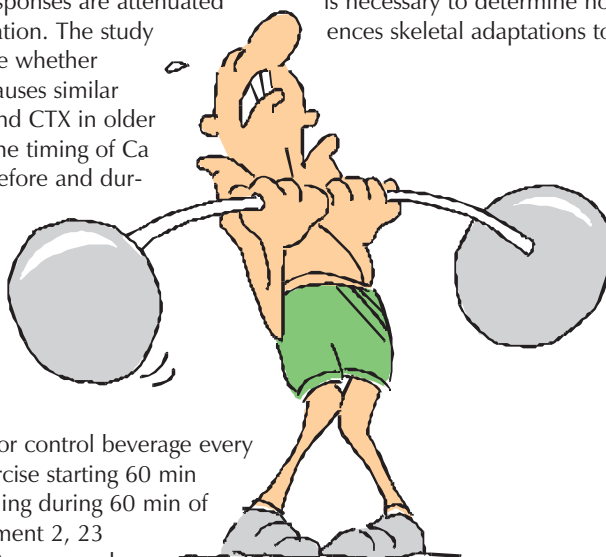
**Introduction:** Disruptions in calcium (Ca) homeostasis during exercise may influence skeletal adaptations to exercise training. In young men, vigorous cycling causes increases in parathyroid hormone (PTH) and bone resorption (C-terminal telopeptides of type I collagen [CTX]); responses are attenuated by Ca supplementation. The study aimed to determine whether vigorous walking causes similar increases in PTH and CTX in older women and how the timing of Ca supplementation before and during exercise influences these responses.

**Methods:** In experiment 1, 10 women (61 ± 4 yr) consumed 125 mL of either a Ca-fortified (1 g·L<sup>-1</sup>) or control beverage every 15 min during exercise starting 60 min before and continuing during 60 min of exercise. In experiment 2, 23 women (61 ± 4 yr) consumed 200 mL of a Ca-fortified (1 g·L<sup>-1</sup>) or control beverage every 15 min starting 15 min before and continuing during 60 min of exercise. The exercise was

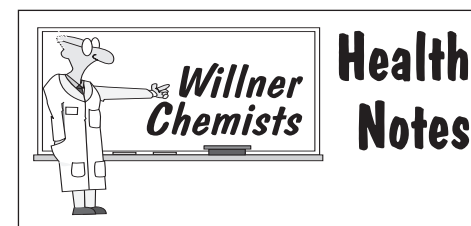
treadmill walking at 75%–80% V̇O<sub>2</sub>peak.

**Results:** In experiment 1, serum ionized Ca decreased in the control condition (P < 0.001), but not with Ca supplementation. PTH increased after exercise on both days (Ca, P = 0.05; control, P = 0.009) but was attenuated by Ca supplementation (8.3 vs 26.1 pg·mL<sup>-1</sup>; P = 0.03). CTX increased only on the control day (P = 0.02). In experiment 2, serum ionized Ca decreased on Ca and control days (Ca and control, P < 0.001), but less so on the Ca day (P = 0.04). PTH (Ca and control, P < 0.001) and CTX (Ca, P = 0.02; control P = 0.007) increased on the Ca and control day, and there were no differences in the changes.

**Conclusion:** The timing of Ca supplementation may be a key mediator of Ca homeostasis during acute exercise. Further research is necessary to determine how this influences skeletal adaptations to training.



## Health Notes



### Healthy Cholesterol and Better Circulation

New study supports effectiveness of oat beta glucans.

#### Lower LDL and total cholesterol

Earlier studies found that oats lowered cholesterol. This new review of placebo controlled studies from 1966 through 2013 supported those findings, and supports the explanation that the beta-glucans was the component responsible.

In doses of at least 3 grams per day, oat beta glucan reduced LDL, the "bad" cholesterol, significantly, as well as reducing total cholesterol. The effect was most pronounced in those with elevated LDL cholesterol and those with diabetes.

Reference: American Journal of Clinical Nutrition; December, 2014, 100:6, Published Online



Solgar Oat Bran 750 mg

#13483 - 100 Tabs - List: \$8.30, Disc: \$6.64

#13484 - 250 Tabs: List: \$17.49, Disc: \$13.99





— Your Trusted Source —

# pure commitment

To Quality Hypoallergenic Nutritional Supplements

**Pure Encapsulations** is committed to producing the most complete line of research-based nutritional supplements. Available through health professionals, finished products are pure and hypoallergenic to optimize the long-term health of all patients, even the most sensitive.\*

- ✓ No added excipients
- ✓ No magnesium stearate
- ✓ Gluten-free, peanut-free facility
- ✓ Allergen testing protocols
- ✓ Rigorous manufacturing controls
- ✓ Extensive 3rd-Party Testing Program



Convenient Once-Daily  
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FDA-inspected, NSF-GMP Registered Manufacturing Facility



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.





# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Many of the herbs used in Phyto-Tech™ Cleanse Complex have a long tradition of use in naturopathic medicine for many toxic conditions. The theory behind using Phyto-Tech™ Cleanse Complex is that it will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels.

Herbs do not really actually cleanse the blood and tissues directly, but instead, stimulate the organs to increase the rate in which they do this naturally. Phyto-Tech™ Cleanse Complex will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxification is thought to help stimulate organs that eliminate the toxemia from drug usage. It can be used in smaller more moderate doses if a slower cleanse is desired. Faster cleanses can result in more uncomfortable acute healing symptoms that might not be desired, but are usually harmless (i.e., loose stool, nausea, headaches, skin discharges). These symptoms can be avoided by decreasing the dose or pace.

Phyto-Tech™ Cleanse Complex works best in conjunction with other cleansing protocols, such as dietary changes, increasing water consumption and exercise.

Phyto-Tech™ Cleanse Complex contains the following herbs: Oregon Grape Root, Red Clover Blossoms, Fresh Burdock Root, Fresh Dandelion Root, Alfalfa Leaf, Yerba Mansa Root, Red Root, Vegetable Glycerin, Deionized Water, Natural Flavors

Dosage: Pour entire contents into 1 gallon of pure water and drink over 3 hours.

Cautions and Contraindications: Do not use if pregnant or nursing; do not use if using other detoxification protocols unless under physician direction; may affect metabolism of some medications, so advise your physician.

Complimentary Formulas:  
Phyto-Tech™ Liver Support  
Phyto-Tech™ Digest Stim Complex  
Phyto-Tech™ Menses Complex

4 fl oz - Prod Code: 57073

## Clove 1:4

*Clove is a source of the volatile oil, Eugenol.*

Clove has been shown to exert an antimicrobial and anti-inflammatory actions. It also is an effective dental analgesic and helpful in conditions associated with inflammation of the mouth and pharynx. It has been used internally for stomach ulcers.

The expert panel German Commission E has approved the use of clove as a topical antiseptic and anesthetic.

1 fl oz - Prod Code: 57062

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## Comfrey Root 1:3

*Comfrey has been used for centuries as a way to promote healing.*

Comfrey is used for burns, surgery, cuts, ulcerations in the gastrointestinal tract (ulcers, ulcerations, bowel surgery), breaks and fractures to bones, for poorly healing bones, and for osteoporosis. Comfrey was so widely used by herbalists to promote more rapid repair of broken bones, it earned the common names boneset and knitbone.

Comfrey is the preeminent herb to promote healing of tissue ranging from skin, soft tissue, broken bones, fractures and it promotes calcium re-uptake into the bones.

Controversy surrounds Comfrey because of its' content of pyrrolizidine alkaloids (PA). This potentially liver toxic substance is in minimal concentration in this dry plant extract (it is higher in fresh plant Comfrey) It is for short-term use (up to 2 months) and does not normally present a problem unless liver pathology exists (see contraindications below).

Phyto-Tech™ Comfrey Root 1:3 contains Comfrey Root (Symphytum officinale), Grain Alcohol, Deionized Water. Certified Organic.

Dosage: 20-30 drops, 2-3 times per day or as needed in juice or water

Contraindications and Cautions: Pregnancy; Nursing; Do not use if liver enzymes are elevated with liver pathology; Do not use over 2 months in a row because of the pyrrolizidine alkaloid content.

1 fl oz - Prod Code: 57080

## Cough Complex

*A traditional Chinese formula for immediate respiratory system support; relieves coughs and congestion.*

Who would benefit from this supplement? Those with acute or chronic cough, especially wet, or phlegm producing coughs. According to Traditional Chinese medicine, this formula can be helpful to those with cough due to the common cold, acute or chronic bronchitis, emphysema, pertussis and smoker's cough.

Phyto-Tech™ Cough Complex contains the following herbs: Hououtyenia Herb, Poria Cocus, Platycodon Root, Skullcap Root, Bitter Orange Fruit, Fritillaria Bulb, White Mulberry Root Bark, Tangerine Peel, Licorice Root, Pinellia Root, Ginger Root.

Pinyin Names: Yu Xing Cao, Fu Ling, Jie Geng, Zhi Shi, Chuan Bei Mu, Sang Bai Pi, Chen Pi, Gan Cao, Ban Xia, Gan Jiang

Dosage: Adults: 60-90 drops (2 to 3 squirts) in water or juice, 3 to

4 times per day or as needed.

Children: half the dosage.

Most effective away from food by at least 20 minutes.

Cautions: Do not use when pregnant; not as effective for dry cough.

1 fl oz - Prod Code: 57036

## Cramp Bark 1:3

*Traditionally used for menstrual cramps, due to its smooth muscle relaxant action.*

The bark has traditionally been used for cramps, including menstrual cramps and cramping associated with arthritis. While research is limited, a laboratory study found that viopudial isolated from Viburnum opulus (cramp bark) had antispasmodic effects on smooth muscle.

Who might benefit from this supplement? Women suffering from difficult periods, dysmenorrhea and PMS; It may also be helpful to those with intestinal cramps.

Phyto-Tech™ Cramp Bark 1:3 contains Cramp Bark (Viburnum opulus), Grain Alcohol, Deionized Water. Wild Harvested.

Dosage: General: 30-60 drops, 2-3 times per day or as needed in juice or water; Acute Cramping: Take 60 drops to 1 teaspoon as needed.

1 fl oz - Prod Code: 57059

## Cranberry 4:1

*Cranberry is widely used to prevent urinary tract infections.*

Each 400 mg veggie cap contains the equivalent of 1600 mg of raw Berry.

Cranberry is widely used to prevent urinary tract infections, and has been used for this purpose for many years. There is research that supports this, although they may not be perfect. The key thing to note, however, is that the evidence supporting cranberry's ability to "prevent" UTI is much more convincing than any evidence supporting its ability to "treat" UTI's.

For treatment, it can be used as an adjunct to other therapy, but it may not be wise to rely on it as the main agent.

In the past, it was thought to work by acidifying the urine, but now we know that there is a substance, a proanthocyanadin, the prevents the adhesion of bacteria to the cells lining the urinary tract.

There is another caution regarding cranberry juice. Some women make the mistake of going out a buying cranberry juice, rather than using a cranberry extract. The problem with the juice is that it has a high sugar content. Thus, the benefit of using a supplement where the active constituents of cranberry are concentrated, leaving the sugar behind. PhytoTech Cranberry 4:1 is ideal for this purpose.

Dose: One to two Capsules daily, or as directed. Drink plenty of

... continued on page 40



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



64488	EXFOLIATING PEEL	50M CRM	48.99	39.19	54711	BODY WASH CITRUS GINGE	12Z LIQ	7.99	7.19	32682	C L O LEMON FLV 500ML	500 LIQ	55.00	44.00	52214	FISH OIL OMEGA 3 ORANG	16. LIQ	54.50	43.60	
65260	EYE & LIP CONTOUR NAT	15M LIQ	159.99	127.99	41747	DAY CREME CARROT	2.2 CRM	14.99	13.49	23226	C L O LEMON FLVR	8.4 LIQ	32.90	26.32	52213	FISH OIL OMEGA 3 ORANG	6.7 LIQ	27.90	22.32	
64482	EYE CRM SYSTEM ABSOL	15M CRM	59.99	47.19	42164	DEOD HERBAL SAGE SPRY	4.2 SPY	8.00	7.20	50543	C L O LEMON KIDS	250 LIQ	32.90	26.32	51625	FISH OIL ORANGE 120 + 30	120 SGC	24.90	19.92	
64148	EYE WRINKLE CREAM	20M CRM	32.99	26.39	63234	DIAPER OINTMENT BABY	3.2 OINT	7.99	7.19	12574	C L O LIQ REG 250ML	250 LIQ	32.90	26.32	50475	FISH OIL SMART CATCH	180 SGC	29.90	23.92	
64177	EYE WRINKLE CRM AQUANT	.5Z CRM	54.99	43.99	41897	EYE CREME ROYAL JELLY	.22 CRN	14.99	13.49	12575	C L O LIQ REG 500ML	500 LIQ	55.00	44.00	52694	GLUTAMINE 750 MG CAPS	90 CAP	16.60	13.28	
61266	EYE WRINKLE CRM REG LL	30M CRM	54.99	43.99	42320	FACIAL CLEANSER ORANGE	4.2 CRM	8.00	7.20	12578	C L O SUPER 1000	100 SGC	19.90	15.92	12930	GLYCINE 100G	100 PWD	8.90	7.12	
62766	FACIAL TONER COMBINATIO	5.2 LIQ	48.99	39.19	41902	FACIAL SCRUB CITRUS	2.2 CRM	7.99	7.19	12579	C L O SUPER 1000	250 SGC	38.20	30.56	31499	HEARTBEAT ELITE	180 TAB	64.00	51.20	
64484	FACIAL TONER ROSE DEW	150 LIQ	39.99	31.99	41903	HAIR TREAT AVOCADO BUT	4.2 BUT	9.00	8.10	12801	CAL 600 LIQ SGC	250 SGC	32.50	26.00	64227	INFLAMMATION BALANCE	180 SGC	55.90	44.72	
64487	HAND BALM	50M CRM	14.99	11.99	59317	HAND CRM AGEL POM SHEA	2.5 CRM	12.99	11.69	27114	CAL MAG CHEL	60 TAB	15.90	12.72	64218	INFLAMMATION BALANCE	90 SGC	29.90	23.92	
65256	LIFTING SERUM NATUR	50M LIQ	209.99	167.99	41748	HAND CRM BEESWAX ALMND	2.2 CRM	8.99	8.09	12823	CHROMIUM 200	100 TAB	7.75	6.20	53486	K2 VITAMIN 5 MG	60 CAP	24.90	19.92	
64179	MOIST CREAM HYALURONAT	1.6 CRM	58.99	47.19	44943	HAND CRM BEESWAX BANAN	2.2 CRM	8.99	8.09	27354	COQ10 100 MG	90 SGC	39.90	31.92	60023	K2 VITAMIN 5 MG	180 CAP	69.00	55.20	
62789	MOIST SERUM HYALURONAT	1.6 SER	58.99	47.19	41740	HAND SALVE	3.2 CRM	8.99	8.09	63610	COQ10 100 MG	60 SGC	27.70	22.16	63351	KEY E HAND BODY CREAM	2.2 TUB	14.90	11.92	
64479	NATURE EFFECT LIQ	50M LIQ	89.99	71.99	35904	INSECT REPELLENT HERB	4.2 SPY	7.99	7.19	12878	COQ10 30	120 SGC	23.90	19.12	12537	KEY E SUPPOSITORIES	12 SUP	8.88	7.10	
61268	NIGHT CREAM ZZ SENSIT	50M CRM	36.99	29.59	59582	LIP BALM HIBISCUS TINT	1.5 STK	6.99	6.29	63244	COQ10 300 MG	90 SGC	97.00	77.60	40696	KEY E SUPPOSITORIES	24 SUP	14.40	11.52	
64481	NIGHT CRM LIGHT SYS AB	50M CRM	109.99	87.99	59581	LIP BALM PINK BLOS TIN	.15 STK	6.99	6.29	41122	D 2000	120 SGC	12.90	10.32	12868	LECTITHIN 1200	100 SGC	14.50	11.60	
64485	NIGHT CRM ROSE DEW	50M CRM	47.99	38.39	59580	LIP BALM ROSE TINTED	.15 STK	6.99	6.29	54500	D 2000 SOLAR GEMS	120 SGC	14.50	11.60	12869	LECTITHIN 1200	300 SGC	39.90	31.92	
36999	NIGHT CRM SYS ABSLT	1.7 CRM	109.99	87.99	55277	SHAMPOO & WASH BABY	STK LIQ	8.99	8.09	54501	D 4000 SOLAR GEMS	120 SGC	19.90	15.92	35120	LIPIC ACID 300 MG	90 TAB	55.00	44.00	
65258	NIGHT REPAIR CRM NATUR	50M CRM	269.99	215.99	42801	TONER ROSEWATER GLYC	7.2 LIQ	10.99	9.99	12572	D 1000	100 SGC	7.90	6.32	40198	LUTEIN 15 MG W/KALE	60 CAP	27.90	22.32	
65261	PEELING PWD NATUROVALE	1.4 PWD	109.99	87.99					12573	D3 1000	250 SGC	14.90	11.92	40199	LUTEIN 15 MG W/KALE	180 CAP	83.40	66.72		
64490	REVITAL CARE ROSE BLOS	50M LIQ	37.99	30.39					61116	D3 1000 IU DROPS	11M DRP	14.90	11.92	32458	LUTEIN 6 MG	180 SGC	29.90	23.92		
									58008	D3 10000 IU	120 SGC	19.90	15.92	41241	LYCOPENE 15 MG	60 SGC	19.90	15.92		
									58957	D3 2000 IU	360 SGC	29.90	23.92	12907	LYSINE 500	300 CAP	27.70	22.16		
									60749	D3 2000 IU DROPS	11M DRP	18.90	15.12	12934	Lysine PWD 100G	100 PWD	9.90	7.92		
									300 SGC	D3 400	12807	MAG 400 MG LIQ SGC	250 SGC	29.90	23.92	12807	MAG 400 MG LIQ SGC	250 SGC	29.90	23.92
									12571	D3 400	250 SGC	12.40	9.92	12831	MAG GLYCINATE 200 CHEL	90 TAB	19.90	15.92		
									55698	D3 400 IU DROP BABY	11M LIQ	12.90	10.32	12832	MAG GLYCINATE 200 CHEL	180 TAB	33.40	26.72		
									57810	D3 400 IU DROPS KIDS	11M LIQ	12.90	10.32	62706	MAG OXIDE 350 MG	90 CAP	9.90	7.92		
									50570	DHA 100 MG CHW KIDS	60 CHW	12.88	10.30	53436	MEDOMEGA FISH OIL 2800	100 LIQ	39.90	31.92		
									29230	DHA SUPER	180 SGC	82.50	66.00	28095	MOISTURE EYES	180 SGC	52.90	42.32		
									29778	DHA SUPER	60 SGC	29.50	23.60	12835	MOISTURE EYES	100 TAB	9.90	7.92		
									65140	DHA SUPER GEMS 60 + 20	90 SGC	29.50	23.60	55404	MULTI MINI IRON FREE	90 TAB	19.90	15.92		
									62611	DHPA 500 MG	60 CAP	14.44	11.55	41119	MULTI MINI IRON FREE	180 TAB	34.50	27.60		
									12503	E 200 GEMS PLUS MIXED	100 SGC	27.50	22.00	12639	NIACIN 100	300 TAB	27.90	22.32		
									12485	E 400 GEMS	90 SGC	35.50	28.40	12636	NIACIN 50	100 TAB	8.90	7.12		
									35969	E 400 GEMS ELITE	60 SGC	42.20	33.76	12641	NIACIN 500	250 TAB	31.20	24.96		
									36224	E 400 GEMS ELITE	120 SGC	79.50	63.60	12642	NIACIN 500 TIME T/R	100 TAB	12.40	9.92		
									40504	E 400 GEMS ELITE	240 SGC	155.00	124.00	12643	NIACIN 500 TIME T/R	250 TAB	23.90	19.12		
									12506	E 400 GEMS PLUS MIXED	100 SGC	64.20	51.36	58338	NUTRA SUPPORT DIABETES	60 SGC	29.90	23.92		
									12507	E 400 GEMS PLUS MIXED	250 SGC	120.00	96.00	58229	OMEGA 3 ELITE 1250 MG	120 SGC	29.90	23.92		
									44018	E GAMMA GEMS 500 MG	60 SGC	34.90	27.92	12893	OMEGA 3 SUPER + 30FREE	100 SGC	25.50	20.40		
									63776	E GEM BODY OIL	4.2 OIL	25.90	20.72	12890	OMEGA 3 SUPER 1000	50 SGC	12.90	10.32		
									12544	E GEM OIL DROPS	2.2 LIQ	13.50	10.80	12891	OMEGA 3 SUPER 1000	100 SGC	25.50	20.40		
									58227	ECOSMART OMEGA 3 CALAM	120 SGC	24.90	19.92	12892	OMEGA 3 SUPER 1000	250 SGC	57.90			



Body

Solgar



*Raw instead of refined. Stairs instead of elevator.*

*Whole grain instead of processed.*

*Doing the best for your body can really be good for your soul.*

But even if you live well, you still may not be getting all the vitamins and minerals you need. At Solgar, we get it. After all, we've focused on wellness for over 65 years. That's all we do. And when it comes to supplements, we practically invented them.

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**THE SOLGAR PRODUCT LINE INCLUDES HALAL AND KOSHER SUPPLEMENTS IN VARIED DOSES AND FORMS.**  
SOLGAR NUTRITIONAL SUPPLEMENTS IS AVAILABLE AT WILLNER CHEMISTS.





# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



water.  
Complementary Product: PhytoTech Urinary Kidney Complex.  
90 Veggie Caps ~ Product Code: 60121

## Damiana 1:3

**Traditionally used as an aphrodisiac, for women, especially in Central America, since ancient times. It may also exhibit mood elevating action.**

Damiana is traditionally used as a general tonic for the nervous, endocrine, and reproductive systems. In addition, specific historical uses include coughs, gastrointestinal disorders, diuresis. It has been used as an aphrodisiac in Africa and the Americas.

1 fl oz - Prod Code: 57641

## Dandelion Root 1:1.5

**Dandelion Root has long been considered a liver and gallbladder tonic, and digestive stimulant.**

Who might benefit from this herbal supplement? Those with liver disease, upset stomach, loss of appetite, heartburn; those in need of liver and gallbladder detoxification; those suffering from constipation.

Dandelion is commonly used as a food. The leaves are used in salads and teas. The roots are sometime used as a coffee substitute. The leaves and roots have been used traditionally to treat liver, gallbladder, kidney and joint problems. Dandelion is categorized by many herbalists as a blood purifier, or "alterative."

Phyto-Tech™ Dandelion Root 1:1.5 contains Fresh Dandelion Root (*Taraxacum officinale*) 667 mg/ml, Grain Alcohol, Pule Deionized Water. Certified Organic.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

Also available in a veggie capsule, with each Phyto-Tech Dandelion capsule containing 500 mg of certified organic Dandelion Root (*Taraxacum officinale*).

Cautions: Contraindicated in blockage of the bile ducts, acute gallbladder inflammation, and intestinal blockage.

Complimentary Formulas:

Phyto-Tech™ Liver Support, Liquid or Vegicaps

Phyto-Tech™ Burdock Root 1:1.5

Phyto-Tech™ Milk Thistle Seed 1:3

1 fl oz - Prod Code: 56966

90 Veggie Caps - Prod Code: 60117

## Devil's Claw

**This herb, wild harvested from the Kalahari desert of Africa, has been shown to exert significant anti-inflammatory and analgesic action.**

Who could benefit from this supplement? Those with arthritis, rheumatism, fibromyalgia, joint and muscle pain.

Phyto-Tech™ Devil's Claw 1:4 provides 250 mg of Devil's Claw secondary tubers per 30 drops.

Devil's claw (*Harpagophytum procumbens*) originates from the Kalahari and Savannah desert regions of South and Southeast Africa. The part used is the secondary tubers. Currently, the major uses of devil's claw are as an anti-inflammatory and pain reliever for joint diseases, back pain, and headache. Devil's Claw enjoys widespread popularity as a treatment for mild joint pain throughout Europe. This use is supported by several clinical studies.

Devil's Claw also increases gastric digestive enzymes, thus aiding in protein and fat digestion. It has been known to help reduce cholesterol and uric acids in the blood, which can lead to gout.

Dosage: 20-40 drops, 2-3 times per day or as needed in juice or water. Best used long term (over 1 month continual use).

Contraindications: Gastric and duodenal ulcers. Do not use during pregnancy or if breastfeeding.

1 fl oz - Prod Code: 57029

## Digest Stim Complex

**This formula promotes optimal digestive enzyme balance for proper digestive function. It can be categorized as a bitter digestive tonic.**

Who can benefit from using this supplement? Those who are deficient in digestive enzyme secretion or gastric function. Helpful in cases of indigestion, gas, sluggish bowels, bloating.

Phyto-Tech™ Digest Stim is available in a regular, and an alcohol-free version. Most commonly, it is taken before meals. It contains the following herbs: Gentian Root, Fennel Seed, Oregon Grape Root, Ginger Root, Licorice Root, Prickly Ash Bark, Blue Flag Root, Peppermint Spirits, and Potassium Carbonate.

Phyto-Tech™ Digest Stim will stimulate the body to secrete more digestive enzymes (HCl, bile, pancreatic enzymes, pepsin, lipase, and saliva) which will enhance digestion. This makes absorption more possible. This formula actually makes the body secrete its own digestive enzymes if deficient instead of taking digestive enzymes by themselves. The goal is to get the body to function normally and to not rely on external enzymes.

It can be used as needed for meals that cause indigestion.

Phyto-Tech™ Digest Stim can be used as a tonic for those with chronic indigestion, before or after a meal, but is best when used before the meal.

Phyto-Tech™ Digest Stim also contains fennel and peppermint to soothe digestive upset and keep the digestive tract calm while digesting efficiently.

This formula can be especially helpful to the elderly, where poor digestion is common.

Many herbalists recommend Phyto-Tech™ Digest Stim for Candida albicans. Candida thrives in a digestive tract that under secretes, thus becoming too alkaline (digestive pH is acidic, blood pH is alkaline). Phyto-Tech™ Digest Stim is thought to increase HCl in the stomach, thus keeping it very acidic which kills parasites, bacteria, germs and keeps Candida in check. Insufficient digestive enzymes result in leaky gut syndrome and the candida/parasite/germ hypothesis that cannot be healed without increasing digestive enzymes.

Contraindications: Pregnancy; Ulcers, Irritable Bowel (Phyto-Tech™ Digest Stim may help or worsen this condition--use caution)

Dosage: In general, it is best before a meal but can be used afterward.

Daily use: 15-60 drops, 2-3 times per day or as needed in juice or water. Use before or after meals.

Occasional use: 30-60 drops before or after meals that create indigestion or digestive upset.

Digest Stim Complex, 1 fl oz - Prod Code: 56999

Digest Slim Complex, Alcohol Free, 1 fl oz - Prod Code: 57040

## Dong Quai Root 1:3

**A highly regarded, well known Chinese herb widely used for various menstrual and menopausal problems.**

Who might benefit from this supplement? Women suffering from various menstrual irregularities; women seeking to lessen the symptoms of menopause (hot flashes, mood swings, irritability); women with premenstrual disorders (PMS) to decrease the discomfort of cramps, slow onset, dull ache, mood swings, bloating and irritability).

Phyto-Tech™ Dong Quai Root 1:3 contains Dong Quai Root, Alcohol Pure Grain, Water Pure Deionized; 333 mg/ml.

Herbalists consider Dong Quai to be an estrogen synergist. It sensitizes the binding or absorption sites where estrogen is absorbed into the body and will increase levels of estrogen. In menopause where estrogen is decreasing, it helps satisfy the bodies craving and diminishes symptoms. In PMS, Dong Quai accentuates the estrogen phase or phase from menses to ovulation. It is especially indicated for cycles longer than 28 days. It is contraindicated for cycles less than 28 days, which is estrogen excess (use Chaste Tree Berries here). Dong Quai will help bring a longer cycle back to a 28-day cycle, help bring on a crampy slow onset period and possibly help alleviate a dry vagina.

... continued on page 42



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



12792	SELENIUM 200	180 CAP	24.50	19.60
12726	SUPER 1 DAILY VEG	120 TAB	61.20	48.96
41460	SUPER 2 DAILY	120 SGC	46.90	37.52
56507	SUPER D OMEGA 3	250 LIQ	31.50	25.20
31584	TOCOTRIENOL CMP W/E	30 SGC	23.50	18.80
37308	TOCOTRIENOL CMP W/E	90 SGC	59.90	47.92
12793	ZINC 15 MG	100 TAB	8.50	6.80
12841	ZINC 30 CHL	100 TAB	9.90	7.92

CENTURY SYSTEMS				
62642	7 DAY MENS FORMULA	52 CAP	17.95	16.15
62641	7 DAY WOMENS FORMULA	52 CAP	17.95	16.15
62640	HEART MIRACLE LIQ	322 LIQ	36.95	33.25
62643	MALE DRIVE	90 CAP	29.95	26.95
62637	MIRACLE 2000 MULTI	322 LIQ	30.00	27.00
62639	MIRACLE LOT SEVEN WOND	8 Z LOT	9.00	8.10
62638	MIRACLE OIL SEVEN WOND	8 Z LIQ	9.00	8.10

CHILD LIFE				
41615	ALLER CARE	4 Z LIQ	16.95	13.56
45242	C L O OIL STRAWBERRY	8 Z LIQ	19.95	15.96
34349	C VIT LIQ	4 Z LIQ	7.95	6.36
57419	CAL MAG LIQ	16Z LIQ	19.95	15.96
65376	COUGH SYRUP FORM 3 BERR	4 Z LIQ	14.99	11.99
65377	D3 400 IU DROPS ORG	10M DRP	16.99	13.59
56807	D3 LIQ MIXED BERRY	1 Z LIQ	7.99	6.39
64269	DHA PURE 250 MG	90 SGC	12.99	10.39
34350	ECHINACEA	1 Z LIQ	8.95	7.16
34351	FIRST DEFENSE	4 Z LIQ	21.95	17.56
34346	MULTI VIT & MIN	8 Z LIQ	16.95	13.56
65382	PRENATAL DHA 500 MG	60 SGC	21.99	17.59
38405	PROBIOTICS W/COLOSTRUM	50G PWD	23.95	19.16

CID BOTANICALS				
62849	STEVIA PAK MOCHA	100 PWD	9.99	7.99
62847	STEVIA PAK ORIGINAL CBT	100 PAK	9.99	7.99
62848	STEVIA PAK PASSION FLW	100 PAK	9.99	7.99
62850	STEVIA PAK VANILLA	100 PAK	9.99	7.99

COMPLEMENTARY PRESCRIPTIONS				
56588	B12 METHYL 1000 LIQ	4 Z LIQ	23.95	23.95
56587	B12 METHYL 1000 LIQ	1 Z LIQ	12.95	12.95
63979	B12 METHYL 5000 LIQ	1 Z LIQ	16.95	16.95
55344	CANDIDA COMPLEX	90 CAP	24.95	24.95
62923	COLLAGEN TYPE II 500 MG	60 CAP	29.95	29.95
59760	CORTISOL CONTROL	90 CAP	39.95	39.95
56586	D3 5000 IU LIQUID	4 Z LIQ	19.95	19.95
55775	EPICOR 500 MG	90 CAP	49.95	49.95
55343	LIPID CONTROL (LIPICON)	180 CAP	49.95	49.95
55501	LITHIUM OROTATE	120 CAP	14.95	14.95
59885	MASTIC GUM DGL	60 CHW	24.95	24.95
60986	NEO 40 DAILY	30 LOZ	59.95	59.95

55738	RED YEAST EXT 600 MG	120 CAP	21.95	21.95
56145	VESITROL	60 CAP	49.95	49.95
COROMEGA				
50918	COROMEGA CHOC ORANGE	30 PAK	14.99	14.99
39364	COROMEGA DAILY DOSE	90P PAK	34.99	34.99
36730	COROMEGA DAILY DOSE	30P PAK	14.99	14.99
58755	COROMEGA OMEGA 3 + D OR	90 PAK	34.99	34.99

COUNTRY LIFE				
16232	A 10000 UNITS	100 SGC	6.99	5.59
16231	A 10000 UNITS DRY	100 TAB	9.99	7.99
	AGD 10000/400	100 SGC	7.99	6.39
44400	ACETYL L CARNITINE 500	60 CAP	31.99	25.59
50997	ACETYL L CARNITINE 500	120 VCA	48.99	39.19
16173	ACIDOPH W/PEPTIN	250 CAP	25.99	20.79
24489	ACTION MAX FOR MEN	60 TAB	17.99	14.39
24879	ALLER MAX	50 CAP	18.99	15.19
25671	ALLER MAX	100 CAP	34.99	27.99
58986	ALOE VERA + LIQUID	32Z LIQ	19.99	15.99
60945	ALOE VERA 100% INN FIL	32Z LIQ	15.99	12.79
22671	ANTIOXIDANT SUPER 10	120 TAB	48.99	39.19
16055	ARGININE 500 W/D6 CAP	100 CAP	14.99	11.99
16057	ARGININE/ORNITH 1000	90 CAP	32.99	26.39
29833	ARTHRO JOINT MUSCLE RF	60 SGC	28.99	23.19
16249	B 50 ACTION CAP	100 CAP	16.99	13.59
16248	B BASIC 25 MG B COMP	90 CAP	14.99	11.99
16238	B1 100 W/RICE BRAN	100 TAB	9.99	7.99
22634	B12 1000 T/R	60 TAB	12.99	10.39
16244	B12 3000 FOLIC SUBL	60 LOZ	18.99	15.19
16247	B12 500 W/FOLIC SUBL	100 LOZ	9.99	7.99
16245	B12 500 W/RICE BRAN	100 TAB	9.99	7.99
38419	B12 SUPERIOR 3000 MCG	50 LOZ	19.99	15.99
16241	B6 100 TAB	100 TAB	9.99	7.99
16240	B6 50 TAB	100 TAB	9.99	7.99
16178	BEE PROPOLIS	100 CAP	19.99	15.99
63269	BENFOTIAMINE 150 MG	60 VCA	19.99	15.99
53366	BERRIES & WHEY	11. PWD	26.99	21.59
16221	BETAINE HCL PEPSIN 600	250 TAB	19.99	15.99
23953	BETAINE HCL PEPSIN 600	100 TAB	11.99	9.59
22161	BIO RUTIN CMP 500/500	90 TAB	23.99	19.19
61601	BIOTIN 10 MG VCAP	60 VCA	19.99	15.99
61602	BIOTIN 10 MG VCAP C	120 VCA	28.99	23.19
16260	BIOTIN 1000	100 TAB	9.99	7.99
55711	BIOTIN 5 MG	120 VCA	26.99	21.59
25952	BIOTIN 5 MG	60 CAP	15.99	12.79
16259	BIOTIN 500 W/RICE BRAN	100 TAB	9.99	7.99
22902	BONE DENSITY FACTORS	200 TAB	33.99	27.19
57518	BONE SOLID	180 CAP	29.99	23.99
62704	BONE SOLID	240 VCA	35.99	28.79
16224	BROMELAIN 500 2000 GDU	60 TAB	19.99	15.99
53786	BUFFER C 1000 MG PH	120 TAB	25.99	20.79

53781	BUFFER C 500 MG PH CNT	60 CAP	21.95	21.95
53782	BUFFER C 500 MG PH CNT	60 CAP	49.95	49.95
16279	C 1000 CAP MAXI W/BIO	16280	C 1000 CAP MAXI W/BIO	
16281	C 1000 RH	16282	C 1000 RH T/R	
16291	C 1000 RH/BF 150TR BUF	16292	C 1000 RH/BF 150TR BUF	
23468	C 1000 SUPERIOR BUF/BI	20392	C 1000 W/RH T/R	
20767	C 500 ACEROLA W/BF WAF	16296	C 500 ACEROLA W/BF/RUT	
20760	C 500 CAP	16275	C 500 RH T/R	
16289	C 500 RH/BF 100TR BUF	20764	C 500 RH/BF 100TR BUF	
16274	C 500 W/RH	20763	C CMP 1000/500 MAXI TR	
16293	C CRYSTALS 2500 MG	20768	C WAFER 500	
16140	CAL MAG 1000/500 TAB	16141	CAL MAG 1000/500 TAB	
58365	CAL MAG 1000/500 TB D	21167	CAL MAG CAP TM	
34509	CAL MAG CITRATE MAXISB	21168	CAL MAG CAP TM	
16142	CAL MAG POT 500/500/99	34508	CAL MAG CITRATE MAXISB	
16143	CAL MAG POT 500/500/99	43338	CAL MAG W/D CMP TM	
43337	CAL MAG W/D CMP TM	52093	CAL MAG W/D3 LIQ	
20738	CAL MAG ZINC	16145	CAL MAG ZINC TM	
16145	CAL MAG ZINC TM	16146	CAL MAG ZINC TM	
16157	CAL SNACK	16158	CAL SNACK	
20736	CAL W/BORON TM 1000	44030	CARB PHASER 1000	
16060	CARNITINE 500 W/D6 CAP	16060	CARNITINE 500 W/D6 CAP	
16233	CAROTENE 25000 SGC	29834	CAROTENOID COMPLEX	
16180	CHARCOAL 260	23896	CHOL LESS NUTRI	
16262	CHOL/INOSITOL 500/500	16261	CHOLINE 293 W/RICE BRN	
16115	CHROMIUM PICOL 200	22669	CHROMIUM PICOL 200	
24500	CIRCU PRESSURE TAB	29814	CIRCULATION FACTORS	
28092	CIRCULATION FACTORS	24510	COENZYME ACTIVE B6 50	
62836	COENZYME B CMP ADV	62837	COENZYME B CMP ADV	

62837	COENZYME B CMP ADV	120 VCA	47.99	38.39
32944	COENZYME B COMPLEX CAP	30 CAP	14.99	11.99
22673	COENZYME B COMPLEX CAP	60 CAP	19.99	15.99
43981	COENZYME B COMPLEX CAP	120 VCA	29.99	23.99
24168	COQ10 100 MG CAPS	60 CAP	29.99	23.99
24167	COQ10 100 MG CAPS	30 CAP	16.99	13.59
56783	COQ10 100 MG MEGA CTL	90 SGC	75.99	60.79
43350	COQ10 100 MG MEGA GEL	60 SGC	51.99	41.59
58351	COQ10 100 MG VEG SGC	120 SGC	44.99	35.99
61227	COQ10 100 VEG SGC DDO	60 SGC	34.78	34.78
28918	COQ10 30 MG MAXI SORB	50 SGC	24.99	19.99
35154	COQ10 30 MG MAXI SORB	120 SGC	49.99	39.99
16181	COQ10 30 SUPER	60 CAP	15.99	12.79
53778	COQ10 60 MG VEG SGC	60 SGC	18.99	15.19
16183	COQ10 60 XTRA SUPER	60 CAP	25.99	20.79
58794	CORE DAILY 1 MEN	60 TAB	21.99	17.59
58796	CORE DAILY 1 MEN 50 +	60 TAB	31.99	25.59
58795	CORE DAILY 1 WOMEN	MEN TAB	21.99	17.59
58797	CORE DAILY 1 WOMEN 50 +	60 TAB	31.99	25.59
16237	D 1000 DRY	100 TAB	7.99	6.39
16236	D 400	100 SGC	7.99	6.39
55556	D3 1000 IU SGC LANOLIN	200 SGC	12.99	10.39
55266	D3 1000 SGC LANOLIN	100 SGC	7.99	6.39
53780</				



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1 - According to internal industry analyses of product composition and <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3518271/#B7>







# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Contraindications: Pregnancy; Menses that have a cycle shorter than 28 days.  
 Dosage: 15-45 drops, 2-3 times per day or as needed in juice or water.  
 Complimentary Formulas:  
 Phyto-Tech™ Chaste Tree Berry (if cycle is shorter than 28 days or if progesterone deficient)  
 Phyto-Tech™ Menopause Complex (menopausal formula)  
 Phyto-Tech™ Menses Complex (if PMS)  
 Phyto-Tech™ Black Cohosh Root 1:3 (hot flashes, slow onset period)

1 fl oz - Prod Code: 57001

## Ear Drops

**Soothes aches, promotes comfort and circulation, and supports immunity, as an external ear oil.**

Who can benefit from this supplement? Children and adults with ear infections. See article and full monograph on page 4 of this flier.  
 Phyto-Tech™ Ear Drops contains the following herbs: Mullein Flower Oil, Coptis Root Oil, Garlic Bulb Oil, Arnica Montana Flower Oil, Cold Pressed Extra Virgin Olive Oil.  
 This product comes in two versions: Phyto-Tech™ Ear Drops (Code 56953) and a Child Friendly version, Phyto-Tech™ Ear Oil (Code 57011). Both come in 1 fl oz bottles.

Phyto-Tech™ Ear Drops ~ Prod Code: 56953  
 Phyto-Tech™ Ear Oil, Child Friendly - Prod Code: 57011

## Echina Acute Complex

### Liquid Herbal Extract

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.  
 Who can benefit from this supplement? Those who sense the onset of a cold or flu, and those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea angustifolia Root, Goldenseal Root, Yerba Mansa Root, Oregon Grape Root, Licorice Root, Red Root, Myrrh Gum, Wild Indigo Root

Echina Acute Cmplx Liquid Drops  
 1 fl oz ~ Prod Code: 56946

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

Echina Acute Cmplx Liquid Drops  
 2 fl oz ~ Prod Code: 56979  
 Echina Acute Cmplx, Alcohol Free  
 1 fl oz ~ Prod Code: 56974

## Echina Acute Complex

### Liquid Veggie Caps

Designed for "acute" immune support, i.e. when an infection is imminent or active. A broad spectrum anti-infective, immune support formula.

Who can benefit from this supplement? Those who sense the onset of a cold or flu, and those who are struggling with an active bacterial, viral, parasitic or other microbial infection, especially those affecting mucosal linings (respiratory, urinary, digestive and reproductive).

Phyto-Tech™ Echina Acute Complex Herbal Liquid contains the following herbs: Echinacea purpurea Herb, Goldenseal Root, Echinacea angustifolia Root, Oregon Grape Root, Fresh Yerba Mansa Root, Myrrh Gum, Fresh Wild Indigo Root.

60 Liquid Filled Veggie Caps ~ Prod Code: 57093

## Echinacea Root 1:2

### One of the most popular immune system stimulating herbs.

Who can benefit from this herbal supplement? Those who need to stop an oncoming cold, flu or other infection.

Echinacea can also be helpful to those needing a long-term tonic, either due to chronic health problems or a tendency to get ill easily. "Contrary to popular myth, Echinacea is safe for long term use and will not decrease immune response over time. That myth was [based on] a misinterpretation of a [foreign language] study done about 40 years ago."

Phyto-Tech™ Echinacea Root 1:2 contains 500 mg of certified organic Fresh Echinacea angustifolia Root per 30 drops.  
 Also available as a veggie capsule, with each Phyto-Tech Echinacea capsule containing 420 mg of certified organic Echinacea Root (Echinacea angustifolia). (Product code: 60129)

1 fl oz ~ Prod Code: 56945  
 2 fl oz ~ Prod Code: 56980  
 1 fl oz, Alcohol Free ~ Prod Code: 56968  
 90 Veggie Caps - Prod Code: 60129

## Echinacea Triple 1:2:1

**A blend of three forms of Echinacea, helpful to those with colds, flu, immune deficiency and infections.**

Who will benefit from this supplement? The indications for Phyto-Tech Echinacea Triple are basically the same for Echinacea. This product is designed for those who prefer a combination of the three different forms of Echinacea to maximize the efficacy and "diversify" some of the active constituents.

Echinacea, of course, is best known as an immune builder for immune deficiency and for its ability to prevent or ameliorate an upcoming cold, flu or infection when used at the first sign of the condition. The larger doses shown below reflect this purpose.

Echinacea is not thought to kill microbes by itself. Instead, it stimulates the immune system to do it. It supports the healthy innate immune response. This is why one does not need to be apprehensive about taking Echinacea in the presence of auto-immune disorders.

Phyto-Tech Echinacea Triple contains fresh Echinacea angustifolia Root, fresh Echinacea purpurea flowers, dry Echinacea angustifolia root, fresh Ginger root, pure grain alcohol and purified water.

Dosage: Acute: 3-5 dropperfuls and up to 1 teaspoon (5-6 dropperfuls) every 2-3 hours when on the edge of illness. Long Term Tonic: 30-90 drops, 1-3 times per day or as needed, in juice or water.

1 fl oz - Prod Code: 56994  
 1 fl oz Alcohol Free - Prod Code: 57052

## Elderberry

**Recent research shows this herb may be especially effective for those with influenza virus infections.**

Who can benefit from this supplement? Those who suffer from influenza and similar viral infections, as well as those with cardiovascular disease and vision problems. Elderberry is rich in flavonoids, anthocyanins and other phyto-antioxidants.

Phyto-Tech Elderberry supplies one of the most effective herbs to use against the flu. Studies suggest this herb shortens the duration of flu symptoms, such as fever, fatigue, headache, sore throat, cough and body aches. Elderberry has proven to be effective against numerous strains of influenza. Elderberry can be used during an active flu episode (combined, perhaps, with Oregon Oil, Echinacea-Goldenseal, or Phyto-Tech Immune Acute Complex). It can also be used as a preventative to avoid getting sick during the flu season.

Elderberry 1:2 liquid extract is a very concentrated source of anthocyanins, the purple pigments that function as powerful antioxidants, along with the flavonoids quercetin and rutin, vitamin A and vitamin C.

... continued on page 46



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



54229	GO LESS MEN WOMEN	60 VCA	23.99	19.19	23889	MULTI ADULT CHEW WAF	60 CHW	19.99	15.99	54231	VARICOVEIN MEN WOMEN	60 VCA	31.99	25.59	60405	EYE CRM FIRM REGENERAT	15M CRM	42.95	36.50
28797	GRAPE COMPLETE	90 CAP	34.99	27.99	65353	MULTI ADULT CHEW WAF	120 CHW	38.99	31.19	56058	VEGAN PROTEIN VANILLA	15. PWD	24.99	19.99	60402	FACE CRM SOOTH PROBAL	50M CRM	29.95	25.45
23988	GRAPE SEED EXT 100 MG	50 CAP	28.99	23.19	51643	MULTI LIQ FOOD BASE	322 LIQ	41.99	33.59	25824	WATER FACTORS MAX	90 TAB	17.99	14.39	60393	FACIAL CLEAN EXTRODERM	200 CRM	21.95	18.65
26081	GRAPE SEED EXT 200 MG	60 CAP	55.99	44.79	16344	N A C 750 MG	60 CAP	22.99	18.39	16111	WELL MAX	90 TAB	31.99	25.59	60401	FACIAL CLNS SFT PROBAL	150 CRM	22.95	19.50
36438	GREEN TEA EXT 1000 MG	90 TAB	19.99	15.99	16149	NERVE & GTEST SUPP	180 TAB	23.99	19.19	31896	WHEY PRO PWD NAT	24Z TAB	47.99	38.39	60451	HAND CRM INTENS HANDPR	2.5 CRM	21.95	18.65
51606	GREENS & WHEY PWD VAN	10Z PWD	26.99	21.59	58698	OMEGA 3 1000	300 SGC	34.99	27.99	31746	WHEY PRO PWD NAT	12Z PWD	26.99	21.59	60394	INTENSIV CRM EXTRODERM	50M CRM	21.95	18.65
30506	HOMOCYSTEINE SHIELD	60 TAB	13.99	11.19	52461	OMEGA 3 6 9 COMPLETE	180 SGC	41.99	33.59	44685	WHEY PROT PWD CH FD	14Z PWD	26.99	21.59	60398	INTENSIVE GEL PURDERM	50M GEL	18.85	15.84
20759	INOSITOL PWD	8Z PWD	46.99	37.59	43828	OMEGA 3 6 9 ULTRA	90 SGC	24.99	19.99	62425	WHEY PROT PWD CH SG FR	15. PWD	26.99	21.59	60395	SHAMPOO EXTRODERM	200 LIQ	16.95	14.40
16285	INOSITOL PWD 1100 MG	4Z PWD	27.99	22.39	16197	OMEGA 3 F B O 1000	200 SGC	24.99	19.99	62426	WHEY PROT PWD VN SG FR	15. PWD	26.99	21.59	60404	SHOWER FOAM SFT PROBAL	150 FOM	22.95	19.55
16160	IRON AID	60 TAB	12.99	10.39	16196	OMEGA 3 F B O 1000	100 SGC	15.99	12.79	63139	WHEY PROTEIN NAT ORG	10. PWD	33.99	27.19	60399	TINTED CRM DK PURDERM	30M CRM	13.95	11.85
16314	K1 100	100 TAB	7.99	6.39	43842	OMEGA 3 MOOD	90 SGC	31.99	25.59	44906	WHEY PROTEIN PWD VAN	12Z PWD	26.99	21.59					
64248	K2 500 MCG VEGAN MELTS	60 TAB	26.99	21.59	56450	OMEGA 3 MOOD	180 SGC	58.99	47.99	51344	WHEY PROTEIN PWD VAN	10 PAK	27.99	22.39					
16187	KELP 225 MCG	300 TAB	11.99	9.59	34051	OMEGA ULTRA	120 SGC	23.99	19.19	63140	WHEY PROTEIN VAN ORG	12. PWD	33.99	27.19					
41719	LEAN RESULTS TABS	90 TAB	36.99	29.59	16270	PABA 1000 TR W/RICE BR	60 TAB	14.99	11.99	54830	WOMENS DAILY NUTRITION	120 TAB	61.99	49.59					
16188	LECITHIN 19	300 SGC	25.99	20.79	16225	PANCREATIN 1400	100 TAB	16.99	13.59	54829	WOMENS HER DAILY NUTRI	60 TAB	38.99	31.19					
16189	LECITHIN GRAN 160Z	16 PWD	19.99	15.99	24514	PANTOTH A 500 RR W/RB	60 TAB	11.99	9.59	29147	YOHIMBE POWVER 1000	90 CAP	22.99	18.39					
22226	LIGA TEND RR	100 TAB	31.99	25.59	27245	PANTOTHENIC AC 1000 TR	60 TAB	19.99	15.99	54832	YOUR DAILY NUTRITION	90 CAP	41.99	33.59					
32667	LIPOIC ACID 100 MG	50 CAP	13.99	11.19	16227	PAPAYA 25 CHW	500 CHW	16.99	13.59	16170	ZINC 50	100 TAB	9.99	7.99					
51607	LIPOIC ACID 300 S/R	60 TAB	27.99	22.39	50998	PHOS SERINE (NEURO PS)	60 SGC	53.99	43.19	16153	ZINC 50 TM	90 TAB	9.99	7.99					
29812	LIVER SUPPORT FACTORS	100 TAB	37.99	30.39	20744	POTASSIUM 99 MG	100 TAB	9.99	7.99	16154	ZINC 50 TM	180 TAB	15.99	12.79					
39381	LUTEIN 20 MG	60 SGC	29.99	23.99	16175	POWER DOPHILUS	200 CAP	34.99	27.99	16169	ZINC LOZ 23 + C	120 LOZ	14.99	11.99					
16076	LYSINE 1000 W/B6 TAB	100 TAB	13.99	11.19	28915	PREGNENOLONE 10 MG	60 CAP	13.99	11.19	20385	ZINC LOZ 23 + C	60 LOZ	9.99	7.99					
24499	LYSINE 1000 W/B6 TAB	250 TAB	28.99	23.19	61603	PRENATAL REAL FOOD	90 TAB	39.99	31.99	32600	ZINC LOZ CHERRY W/C	60 LOZ	9.99	7.99					
16072	LYSINE 500 W/B6 TAB	100 TAB	11.99	9.59	29811	PROSTA MAX FOR MEN	200 TAB	55.99	44.79	54581	ZINC PICOLINATE	100 TAB	11.99	9.59					
44922	MAG 300 W/SILICA	120 CAP	17.99	14.39	16109	PROSTA MAX FOR MEN	100 TAB	31.99	25.59										
20737	MAG 300 W/SILICA TAR	60 CAP	9.99	7.99	23859	PYCNOGENOL 100 MG CAP	30 CAP	56.99	45.59										
16161	MAG CHELATED 250 MG	180 TAB	17.99	14.39	16120	PYCNOGENOL 50 CAP	50 CAP	49.99	39.99										
20741	MAG CHELATED 250 MG	90 TAB	9.99	7.99	16119	PYCNOGENOL 50 CAP	24 CAP	28.99	23.19										
22734	MAG POT ASPAR T/MINS	180 TAB	22.99	18.39	41650	Q M 1 ENHANCED VCAP	60 VCA	29.99	23.99										
16147	MAG POT ASPARTATE TM	90 TAB	13.99	11.19	44014	R LIPOIC ACID 100 MG	60 VCA	27.99	22.39										
54580	MAGNESIUM CITRATE/CAL	120 TAB	17.99	14.39	58121	RESVERATROL PLUS	60 VCA	24.99	19.99										
28093	MALIC RELIEF FORMULA	60 TAB	18.99	15.19	16306	RUTIN 500	100 TAB	22.99	18.39										
41661	MAX FOR MEN MULTI VCAP	120 VCA	31.99	25.59	29002	SAW PALM PYGEUM	90 CAP	23.99	19.19										
16332	MAX FOR MEN TR	60 TAB	22.99	18.39	16167	SELENIUM 100 YEAST FR	180 TAB	14.99	11.99										
16333	MAX FOR MEN TR TAB	120 TAB	39.99	31.99	16168	SELENIUM 200	90 TAB	13.99	11.19										
16954	MAXI BABY DOPHILUS	2Z PWD	17.99	14.39	52804	SHARP THOUGHT	30 VCA	31.99	25.59										
62217	MAXI HAIR FOR MEN SGC	60 SGC	28.99	23.19	57841	STRESS SHIELD	60 VCA	23.99	19.19										
16213	MAXI HAIR MAX	90 TAB	23.99	19.19	60819	STRESS SHIELD NIGHT	60 VCA	41.99	33.59										
16212	MAXI HAIR MAX	60 TAB	17.99	14.39	16088	TAUURINE 500 W/B6 CAP	100 CAP	11.99	9.59										
61393	MAXI HAIR PLUS VCAP	120 VCA	28.99	23.19	64249	THEANINE 100 MG MELTS	60 TAB	25.99	20.79										
65087	MAXI SKIN COLLAGEN C A	2.7 PWD	15.99	12.79	52693	THEANINE 200 MG	60 VCA	31.99	25.59										
65086	MAXI SKIN COLLAGEN C A	90 TAB	21.99	17.59	16106	THYRO MAX	60 TAB	16.99	13.59										
39382	MAXINE FOR WOMEN VCAP	120 VCA	27.99	22.39	16152	TOT MINS MULTI MIN CMP	120 TAB	23.99	19.19										
16327	MAXINE TR FEM FOR WOM	60 TAB	22.99	18.39	16346	TOTAL MINS FE FREE TAR	60 TAB	15.99	12.79										
16328	MAXINE TR FEM FOR WOM	120 TAB	39.99	31.99	16347	TOTAL MINS FE FREE TAR	120 TAB	24.99	19.99										
24841	MELATONIN 3 MG RAP/REL	90 TAB	12.99	10.39	51642	TOTAL MINS IRON FR VCA	150 VCA	22.99	18.39										
54828	MENS DAILY NUTRITION	120 TAB	58.99	47.19	16092	TYROSINE 500 W/B6 CAP	100 CAP	17.99	14.39										



### Green Tea Guo

**A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.**

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement? The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944

2 fl oz ~ Regular Flavor - Code: 57098

1 fl oz ~ Peach Flavor - Code: 56998

90 Veggie Caps - Code: 60126



35% Savings Every Day  
on Source Naturals® Brand



# Life Force® Healthy Aging™ for Lifelong Vitality



Combining over 50 ingredients from our top-ranked Life Force® Multiple, with 15 other premium botanicals and nutrients, new Life Force® Healthy Aging™ contains more anti-aging ingredients than most other multiples.<sup>1</sup> Life Force Healthy Aging targets four processes that impact how we age. It addresses oxidative stress and cellular energy loss while supporting healthy metabolic inflammation response,<sup>2</sup> and normal liver detoxification. It also offers targeted support for the eyes, brain, bones, and heart health—top health concerns associated with aging.\*

Go ahead and resist aging. Live an active and healthy life at any age.\*



Also Available

<sup>1</sup>Life Force Multiple scored 100% in an independent scientific analysis of 500 multiples, surpassing the published rating of all other nutritional products in America in Lyle MacWilliams' Product Comparison of Source Naturals Life Force Multiple.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

<sup>2</sup>Unlike inflammation associated with disease states, metabolic inflammation is a healthy body's response to everyday stressors, such as a poor diet. When imbalanced, it challenges the body's ability to achieve optimal health.

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## The Willner Chemists web site: [www.willner.com](http://www.willner.com)



## Willner Chemists Phyto-Tech™ Herbal Supplements

### IMMUNE ACUTE COMPLEX

**Description:** Phyto-Tech™ Immune Acute Complex is a blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed for treatment, rather than prevention

**Indications:** Who might benefit from this herbal supplement? Those who sense the onset a cold, flu or similar condition. Those who need an immediate boost to their immune system

**Keywords:** Colds and Flu; Immune Booster

**Ingredients:** Each serving (30 drops) contains the following: Astragalus Root 50 mg, Maitake Mushroom 50 mg, Shiitake Mushroom 50 mg, Fresh Echinacea angustifolia Root 75 mg, Forsythia Fruit 45 mg, Honeysuckle Flower 46 mg, Isatis Root 45 mg, Licorice Root 13 mg, Colloidal Silver 15 ppm, 0.05 ml, Garlic Bulb 13 mg, Beta-Glucan 5 mg, Eucalyptus Oil 0.6 mg, Menthol Crystals 1.5 mg, Deionized Water, Grain Alcohol.

**Cautions:** Do not take during pregnancy or while nursing. Keep out of the reach of children.

**Dosage:** 30-60 drops, 1-2 times per day or as needed in juice or water. Increase frequency when needed. Shake well before using.

**References:** For more information on this product, go the reference library section of the Willner Chemists web site, [www.willner.com](http://www.willner.com), under "Articles & Reprints." or use this url: <http://www.willner.com/article.aspx?artid=239>



**Ordering Information:**  
Phyto-Tech™ Immune Acute Complex  
1 fl oz, Product Code: 57728

## Willner Chemists Phyto-Tech™ Herbal Supplements

### IMMUNE COMPLEX

**Description:** Phyto-Tech Immune Complex is a blend of immune system stimulating and adaptogenic herbs. When used long term, before symptoms are present it can decrease your risk of becoming ill. During illness, it helps prevent the spread of infections. Astragalus and Echinacea directly simulate immune function, while Red Root enhances lymphatic function. Suma, Eleuthero and Licorice are adaptogenic herbs that enhance immune function through strengthened stress response. This adaptogenic component makes Immune Complex an ideal supplement to use during chemotherapy.

**Indications:** Who might benefit from this herbal supplement? Those who catch the cold or flu easily. Those who are under stress or are exposed to others who are sick. Those with a compromised immune system. Those who are undergoing chemotherapy. Those who cannot afford to become ill.

**Ingredients:** Echinacea Angustifolia Root Fresh, Astragalus Root, Red Root, Suma Root, Licorice Root, Eleuthero Root, Alcohol Pure Grain, Water Pure Deionized

**Cautions:** See Catalog (Pregnancy, Children)  
**Dosage:** 30 to 90 drops, in water or juice, 2-3 times daily, as needed. When you feel a cold or flu coming on, take 60 to 120 drops every 2 hours for up to six doses.



**Ordering Information:**  
Phyto-Tech™ Immune Complex  
1 fl oz, Product Code: 57003  
Phyto-Tech™ Immune Complex, Alcohol-Free  
1 fl oz, Product Code: 57033



## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



54888	COCOA CAL MAG 500/250	60 CHW	17.60	14.00	35996	HEALTHY EYES	90 CAP	44.40	35.52	51951	RELDORA W/BACOPA	60 VCA	38.00	30.40	30253	ANTI WRINKLE CRM A RET	4Z CRM	14.99	11.99
40914	COLLAGEN NATURAL	90 TAB	49.60	39.68	53133	HEALTHY VEINS	60 VCA	27.20	21.76	42329	RESVERATROL 50	120 VCA	40.40	32.32	62360	BRIGHT SERUM EVENLY RD	2Z LIQ	29.99	23.99
41188	COLOSTRUM 600 MG	60 CAP	26.00	20.80	51482	HYALURONIC ACID 40 MG	60 VCA	34.00	27.20	58315	RIGHT WHEY PWD CHOC	2.3 PWD	62.00	49.60	39539	CLEAR VEIN CRM	2Z CRM	26.99	21.59
43334	COQ10 100 MG CHEW MELT	60 CHW	55.60	44.48	41655	IMMUNO DMG	90 VTAB	51.20	40.96	58316	RIGHT WHEY PWD VANILLA	2.1 PWD	62.00	49.60	45098	CRACKED SKIN REL CRM	2Z CRM	14.99	11.99
35173	COQ10 100 MG TAB	60 CHW	51.20	41.16	57409	IMMUNO DMG CHW	120 CHW	52.80	42.24	39350	SAM E 200 MG	60 TAB	86.80	69.44	62361	DARK CIRCLE EYE CRM	.5Z CRM	29.99	23.99
16971	COQ10 30	60 CAP	19.60	15.68	58871	IRON BISGLYCINATE	60 VCA	18.80	15.04	50593	SERENITY NOW CHW	30 CHW	38.80	31.04	52065	DEEP WRINK PEPTIDE SER	2Z SER	43.50	34.80
16970	COQ10 50 MG SUB	60 LOZ	28.00	22.40	16974	IRON GLYCINATE	90 TAB	7.20	5.76	57264	SERENITY NOW SM DG CAT	30 CHW	12.00	9.60	56817	DEEP WRINK REV EYE CRM	.5Z CRM	29.99	23.99
56338	COQ10 DMG 300 300	60 CHW	110.00	88.00	57263	JOINT SUPP DOGS MED LG	45 CHW	21.20	16.96	57267	SKIN & COAT DOGS CHW	45 CHW	14.00	11.20	52566	DEEP WRINKLE MOIST PPT	2Z CRM	43.50	34.80
41180	CRANBERRY 400 MG	60 CAP	9.20	7.36	57261	JOINT SUPP SMALL DG CT	45 CHW	9.20	7.36	16979	SPECTRA	240 TAB	54.00	43.20	32302	E OIL 14000I U DERMA D	2Z LIQ	11.59	9.27
45589	CX 2 SOLUTIONS	180 VCA	74.40	59.52	54445	K2 PLUS MK 7	60 CAP	24.40	19.52	16978	SPECTRA	120 TAB	28.00	22.40	31735	E SKIN DRY CRM 12000	4Z CRM	14.99	11.99
55417	D3 1000 IU	250 TAB	11.60	9.28	41163	KIDS MIGHTY VITES	90 CHW	17.20	13.76	57268	SPECTRA CAT CHW	60 CHW	11.20	8.96	60823	ENZYME MASK CLEANSING	4Z CRM	13.99	11.19
60289	D3 10000 IU LIQ	1.7 LIQ	15.60	12.48	50592	LIBIDO	90 SGC	29.20	23.36	57258	SPECTRA DOG CHW	60 CHW	21.00	16.80	60824	EXFOLIAT SCRUB FACIAL	4Z CRM	13.99	11.19
60290	D3 25000 IU	60 CAP	23.60	18.88	59941	LIPIC ACID 300 MG ALP	60 CAP	26.40	21.12	42432	SPECTRA GREENS PWD	12. PWD	44.00	35.20	64766	FACIAL WIPES HYDRATING	25 MIS	7.99	6.39
56280	D3 5000 IU	120 CAP	25.60	20.48	41189	LIPIC ACID ALPHA 100	60 CAP	22.40	17.92	37803	SPECTRA MAN	240 TAB	62.80	50.24	55123	FIRMING CLEANSER	6Z LIQ	15.59	12.47
40920	DAILY BEST	60 TAB	18.80	15.04	60288	LIPOSOMAL C LIQ	10. LIQ	36.40	29.12	29211	SPECTRA MAN	120 TAB	35.20	28.16	43444	FIRMING MOIST DMAE ALA	2Z CRM	22.49	17.99
64024	DAILY BEST ULTRA	60 CAP	30.80	24.64	56262	LYTINE 10 MG	60 VCA	20.00	16.00	50086	SPECTRA MULTI AGE	17 PWD	44.00	33.92	64789	FIRMING SERUM DMAE	2Z LIQ	22.50	18.00
41172	DEVILS CLAW 500 MG	90 CAP	23.60	18.88	64345	LYSINE 500 MG VCAP	90 VCA	12.00	9.60	27736	SPECTRA NO CU/FE	120 TAB	28.00	22.40	39238	GLYCOLIC FACIAL CLEANS	8Z LIQ	14.95	11.96
59051	DHA 100 W/D3 CHW SGC	90 SGC	28.00	22.40	16977	MAG ASPARTATE + 600	90 CAP	12.80	10.24	41161	SPECTRA NO CU/FE	240 TAB	54.00	43.20	59464	MICRODERMABRASIN SCRUB	2Z CRM	32.49	25.99
56279	DHEA 25 MG	90 CAP	11.60	9.28	42742	MAG CITRATE 140 MG	90 CAP	10.00	8.00	52730	SPECTRA ORANGES	9.9 PWD	45.60	36.48	64788	MOIST AGE DEFY SPF 15	2Z CRM	26.49	21.19
56278	DHEA 5 MG	90 VCA	9.60	7.68	59050	MAG CITRATE EFFERV PWD	375 PWD	47.20	37.76	51484	SPECTRA PURPLES	11Z PWD	46.40	37.12	29504	MOIST SMOOTH OIL FR PYC	2Z GEL	29.95	23.96
59049	DHEA SPRAY 5 LIPO MICR	1.7 SPY	18.80	15.04	61585	MANGO PLEX W/ RASP KET	KET CAP	36.00	28.80	45587	SPECTRA REDS	1.4 PWD	45.60	36.48	29503	MOIST SMOOTHING CRM PYC	2Z CRM	29.95	23.96
50087	DIGESTZYME	90 VCA	42.40	33.92	41929	MAXI HGH	10. PWD	63.60	50.88	29722	SPECTRA SENIOR	180 CPL	44.40	35.52	42012	MOIST VERY CLEAR	2Z CRM	19.49	15.59
39273	DIMPRO 75 MG	60 CAP	27.20	21.76	50019	MEGA PROBIOTIC ND	120 VCA	33.60	26.88	64240	SPECTRA ULTIMATE	120 TAB	46.00	36.80	39361	PSORZEMA PSORIASIS CRM	4Z CRM	19.95	15.96
45078	DIMPRO 75 MG	120 CAP	52.00	41.60	41198	MELADONIN 3 MG	120 CAP	19.20	15.36	26664	SPECTRA WOMAN	120 TAB	34.00	27.20	33915	SCAR GEL	2Z GEL	19.95	15.96
10387	DISC DISCOVERY	180 TAB	27.60	22.08	59569	MELADONIN LIPOSOMAL	30 LIQ	16.80	13.44	38136	SPECTRA WOMAN	240 TAB	61.60	49.28	31529	SKIN LITE SPOT CREAM	2Z CRM	24.95	19.96
26573	DL PHENYLALANINE 750	60 CAP	19.60	15.68	41167	MILK THUSTLE 300 MG	90 CAP	22.00	17.60	34077	ST JOHNS WORT 333 MG	90 CAP	14.80	11.84	55125	SMOOTH CLEANSER W/PYC	6Z LIQ	15.59	12.47
19728	DMG GLUCONIC 125	90 TAB	30.40	24.32	57121	MITO FUCEL	10. PWD	59.60	47.68	64118	STRESS B CAP	90 CAP	20.00	16.00	64787	STRETCH MARK CREME	6Z LIQ	19.99	15.99
10388	DMG GLUCONIC 125	60 TAB	21.60	17.28	41164	MSM 500 MG CAP	180 CAP	21.60	17.28	43743	THEANINE 200 MG	30 VCA	18.40	14.72	33202	TEA TREE & E OIL	1Z OIL	14.99	11.99
36772	DMG GLUCONIC 250 CHW	90 CHW	49.20	39.36	62673	MULTIPHASE DETOX	90 CAP	42.00	33.60	45272	THEANINE 200 MG	60 VCA	32.40	25.92	29505	TEA TREE & CRM DERMA E	4Z CRM	14.99	11.99
43532	DMG GLUCONIC 500 MG CH	60 CHW	59.60	47.68	51337	N A C 500 MG	90 VCA	17.60	14.08	54339	THYROID BASICS	120 CAP	39.60	31.68	65149	VERY CLEAR ASTRINGENT	6Z LOT	15.49	12.39
39066	DMG LIQ 300 MG	2Z LIQ	38.40	31.72	52648	NATTOXINASE PLUS	60 VCA	34.00	27.20	56512	TRI MAG 300	120 VCA	21.20	16.96					
61724	E 400 MIXED TOCOPHEROL	60 SGC	28.00	22.40	41179	NATURAL FLEX	120 CAP	42.00	33.60	59048	TURMERIC 500 MG	60 CAP	33.60	26.88					
61282	ENZ FLAME	270 PWD	60.00	48.00	16980	OCTACOSANOL +	60 TAB	17.60	14.08	16984	ULTIMATE PRENATAL	150 TAB	30.80	24.64					
63013	EPA 825 FISH OIL SUPCR	60 SGC	58.80	47.04	51071	OLIVE LEAF EXT 250 MG	90 CAP	22.00	17.60	57259	UT SUPPORT CATS CHW	60 CHW	16.40	13.12					
41840	FIBRO DMG	90 VTAB	53.20	42.56	28628	OLIVIR OLIVE EXT TAB	45 TAB	23.20	18.56	41174	ZINC LOZENGES 23 MG	60 LOZ	7.20	5.76					
21807	FLAVONOID 1000	60 TAB	8.40	6.72	35624	OLIVIR OLIVE EXT VCAP	90 TAB	44.00	35.20	41196	ZINC PICOLINATE 15 MG	60 CAP	10.40	8.32					
40912	FLAXSEED OIL 1000 SGC	90 CAP	12.80	10.24	41207	OLIVIR OLIVE EXT VCAP	90 VCA	44.00	35.20										
16973	FLORA	60 CAP	12.80	10.24	16981	OMEGA 3 1000 ENT COAT	90 SGC	26.80	21.44										
32666	GAMMA LIN 1300 MG	180 SGC	62.40	49.92	57596	OMEGA 3 HP D	120 SGC	39.20	31.36										
10390	GAMMA LIN 500 MG	180 SGC	37.20	29.76	43304	OMEGA 3 SUPREME	90 SGC	23.60	18.88										
56513	GI BENEFITS	388 PWD	60.00	48.00	44135	PARA SHIELD	120 VTAB	33.60	26.88										
34420	GINKGO BILOBA 60 MG	90 CAP	13.60	10.88	10395	PERNA	180 CAP	36.40	29.12										
40522	GLUCO SYNERGY	45 CAP	34.40	27.52	36903	PERNA PLUS	90 TAB	34.40	27.52										
41165	GLUCOS SULF 500 MG	120 CAP	26.00	20.80	38708	PERNA PLUS	180 TAB	63.60	50.88										
41184	GRAPE SEED 100 MG	90 CAP	27.20	21.76	20272	POTEN C 1000 TR	250 TAB	54.40	43.52										
30024	GRAPE SEED 50	120 CAP	24.40	19.52	10397	POTEN C 1000 TR	90 TAB	21.60	17.28										
60569	GRAPEFRUIT SD EXT 400	60 VCA	25.60	20.48	51270	POTEN C 500 MG	90 VCA	17.60	14.08										
43239	GREEN TEA 70 EGCG	60 VCA	39.20	31.36	61283	PROBIOTIC 50 + D/FREE	60 CAP	58.80	47.04										
41177	GREEN TEA EXT 500 MG	60 CAP	13.20	10.56	42765	PROSTATE HEALTH VCAP	60 VCA	52.00	41.60										
42642	HAIR EFFECT	90 VCA	49.20	39.36	34218	PSYCOGENOL 50	60 CAP	56.40	45.12										
57260	HAIRBALL FOR CATS CHW	45 CHW	6.99	5.59	62334	RAINBOW BLEND ORG PROB	9Z PWD	48.80	39.04										



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## ESTER-C®

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### Only Ester-C® gives you all of these benefits:

- Clinically studied to stay in white blood cells longer than regular vitamin C<sup>^</sup>
- Patented formula with 24/7 immune support\*<sup>‡</sup>
- Non-acidic so it's gentle on the stomach
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**Ester-C®** The Better Vitamin C®

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<sup>^</sup>White blood cells are an important part of your immune system    <sup>‡</sup>From one daily serving of Ester-C®

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



The extract can be taken on a long term basis to increase one's resistance to illness and help rebuild a strong immune response. Elderberry also benefits the cardiovascular system. Those with poor night vision will be helped by Elderberry, as it is thought to help regenerate rhodopsin, the pigment in the retina that is responsible for both the formation of the photoreceptor cells and the perception of light, enabling the eyes to adapt to darkness.  
Dose: 20-40 drops, 2-3 times per day in juice or water.  
Phyto-Tech™ Elderberry 1:2 contains 500 mg of certified organic Elderberry berries in each 30 drops.  
1 fl oz - Prod Code: 57026

### Eleutherococcus 1:2

Also known as Siberian Ginseng, Eleutherococcus is an adaptogenic, immuno-modulating herb.

Who will benefit from this herb? Those suffering from stress, fatigue, burn out, and frequent colds brought on by stress. Phyto-Tech Eleutherococcus 1:2 provides 500 mg./ml (30 drops) of Eleuthero senticosis root.  
As a true adaptogenic herb, it modulates how the body responds to stress by being a hormonal tonic to the stress axis—the hypothalamus, pituitary, and adrenal glands. By enhancing the body's ability to adapt to stress, the body can perform at a higher level. Too much stress creates chemical changes in the body that create a host of problems. Eleuthero prevents this from happening.  
Eleuthero is ideal for those who the more hot, stimulant ginsengs would be inappropriate, i.e. "those with passion and fire." Eleuthero is not a true ginseng. It is the only non-heating ginseng, so it is indicated for those who have an adverse effect from Chinese or American ginseng, but still want what ginseng can do for them. It is a great long-term tonic for those who simple do too much and want to avoid burn out.  
Caution: German Commission E recommends caution if you have high blood pressure.  
Dosage: 20-60 drops, 2-3 times a day, or as needed, in juice or water. Consider it a Long-term tonic, and do not expect immediate results (allow one to three months).  
1 fl oz - Prod Code: 57018

### Eyebright 1:3

Historically, considered the "cure for all evils of the eye."

Who would benefit by using this herb? Those with hayfever, allergies, respiratory congestion, sinus infections, allergic conjunctivitis and allergic ear infections.

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

In other words, Eyebright can be considered environmental allergy tonic.

Eyebright is widely used as a topical treatment for various eye conditions, but due to concerns about potential microbial contamination and hygienic problems, we do not recommend this. For eye problems, including blepharitis, conjunctivitis and styes, use it orally as an adjunct to ophthalmic medication.

Phyto-Tech Eyebright contains Eyebright Herb (Euphrasia officinalis), wild harvested, in a 1:3 ratio (333 mg/ml) (30 drops), in a base of grain alcohol and purified water.

Dose: 30-60 drops 2-3 times per day or as need in juice or water. For acute allergy attacks, take 60-90 drops 3-4 times per day for 2-3 days.

1 fl oz - Prod Code: 57077

### Fenugreek 1:3

Fenugreek has been used to aid digestion, and as a general tonic. Recent interest has focused on its apparent hypoglycemic actions.

Who might benefit by taking this herb? Those with Type 2 diabetes, high cholesterol, arteriosclerosis, high triglycerides and digestive problems.

According to Nutrition Focus, "Fenugreek seeds contain alkaloids (mainly trigonelline) and protein high in lysine and L-tryptophan. Its steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin) and mucilaginous fiber are thought to account for many of the beneficial effects of fenugreek. The steroidal saponins are thought to inhibit cholesterol absorption and synthesis, while the fiber may help lower blood sugar levels. One human study found that fenugreek can help lower cholesterol and blood sugar levels in people with moderate arteriosclerosis and non-insulin-dependent (type 2) diabetes. Preliminary and double-blind trials have found that fenugreek helps improve blood sugar control in patients with insulin-dependent (type 1) and non-insulin-dependent (type 2) diabetes. Double-blind trials have shown that fenugreek lowers elevated cholesterol and triglyceride levels in the blood, This has also been found in a controlled clinical trial with diabetic patients with elevated cholesterol. Generally, fenugreek does not lower HDL ("good") cholesterol levels.

Fenugreek is commonly used as a food, spice and source of dietary fiber throughout the world.

Dosage: As a tincture, up to 30-60 drops can be taken up to three times per day, in water or juice.

Caution: Do not use during pregnancy. Keep out of the reach of children.

1 fl oz - Prod Code: 57081

### Fertility Complex

Support for a healthy and successful pregnancy

Who can benefit from this supplement? Women who are trying to become pregnant and those who are already pregnant; especially those with a history of difficult pregnancies.

Phyto-Tech™ Fertility Complex, Alcohol Free, contains the following herbs: Red Raspberry Leaf, Red Clover Blossoms, Nettles Leaf, Yellow Dock Root.

1 fl oz - Prod Code: 57000

### Feverfew 1:2

Traditionally, an antipyretic (reducing fever); now, best know for the prevention of migraine headache.

Who can benefit from this supplement? Those who suffer from chronic migraine headaches. It is also indicated for fever, pain, and conditions involving inflammation, such as arthritis.

According to traditional herbalists, "Feverfew is the pre-eminent headache remedy. It is for both regular headaches and migraine headaches. It is anti-inflammatory and reduces pain. Feverfew inhibits platelet aggregation and therefore thins blood. The parthenolide compound that does this in Feverfew also reduces inflammation throughout the body. Feverfew works best at the initial onset of a headache. Take hourly if one suspects a migraine is coming on the help ward it off. It may help arthritis and inflamed joints as well. Feverfew cools the body and is indicated for those who run warm to hot. It can help reduce a fever." (Coven, Herbal Handbook)

Phyto-Tech Feverfew 1:2 contains Certified Organic Feverfew herb (Chrysanthemum parthenium or Tanacetum parthenium), grain alcohol, purified water. 30 drops contain 500 mg.

Caution: Do not use during pregnancy.

Dosage: Acute Headache: 30-60 drops, every hour, in juice or water until headache subsides; Long Term Use: 30-90 drops, 2-3 times per day in juice or water.

1 fl oz - Prod Code: 57065

### FibroGestic

Soothing to muscle and nerve discomfort, while supporting joint and connective tissue integrity.

Who can benefit from this supplement? Those with chronic body, muscle and joint pain (fibromyalgia). The herbs in this formula have been shown to decrease muscle pain and inflammation, and to increase circulation into the muscle tissue. It is most effective when used long-term.

This formula was designed specifically for those with fibromyalgia.

... continued on page 48



## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



23267	DEOD TTO STICK 2.5OZ	2.5	STK	6.25	5.00
58784	EYE CREAM DEPUFFING	1.7	CRM	15.99	12.79
58781	EYE CRM GENTLE NOURISH	.5Z	CRM	13.99	11.19
23238	FACE WASH TTD	8.7	SOP	8.95	7.16
29332	FACE WASH TTD	32Z	LIQ	16.99	13.59
23995	FACIAL CLEANSING PADS	50	PAD	7.99	6.39
23241	FACIAL MOIST JOJO ALOE	4.7	CRM	7.99	6.39

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts!  
See front page, or www.willner.com

23242	FACIAL SCRUB	4.7	CRM	7.99	6.39
52467	FOOT REPAIR CRM PISTAC	3.5	CRM	8.99	7.19
62364	HAIR CRM COCO SFT CURL	6.4	CRM	9.99	7.99
62365	HAIR DEFRIZ HEAT PROT	8.5	SPY	9.99	7.99
62362	HAIR LOT COCO SHINE RF	6.4	LOT	9.99	7.99
51635	HAND BODY LOT ALM ORG	8.7	LOT	8.99	7.19
51672	HAND BODY LOT LAVENDER	8.7	LOT	8.99	7.19
51789	HAND BODY LOT VAN CHAI	8.7	LOT	8.99	7.19
51788	HAND BODY LOTION COCO	8.7	LOT	8.99	7.19
52466	HAND REPAIR CREAM PUMP	4.2	CRM	8.99	7.19
17257	JOJOBA OIL 100% PURE	4.2	LIQ	13.99	11.19
17256	JOJOBA OIL 100% PURE	2.7	LIQ	8.99	7.19
45380	JOJOBA OIL ORGNIC 100%	4.2	LIQ	15.99	12.79
29331	MOUTHWASH TTD SPRMINT	16Z	LIQ	7.95	6.36
64234	MOUTHWASH TTD ULT MINT	16Z	LIQ	7.99	6.39
58779	NIGHT CRM GENTLE NOUR	2.7	CRM	16.99	13.59
57820	SHAMPOO COCONUT	8.7	LIQ	8.99	7.19
55659	SHAMPOO FRAGRANCE FREE	8.7	LIQ	8.99	7.19
51432	SHAMPOO GREEN APP GING	8.7	LIQ	8.99	7.19
51433	SHAMPOO ITAL RD GR ORG	8.7	LIQ	8.99	7.19
42059	SHAMPOO JOJOBA	12Z	LIQ	7.99	6.39
52464	SHAMPOO LEMON TT ORG	8.7	LIQ	8.99	7.19
52462	SHAMPOO RASPBERRY ORG	8.7	LIQ	8.99	7.19
35239	SHAMPOO SHEA BUTTER	12Z	LIQ	9.99	7.99
17261	SHAMPOO TTD	12Z	LIQ	8.99	7.19
29380	SKIN OINTMENT TTD	1.7	CRM	7.99	6.39
29333	SOAP CASTILE TTD LIQ	32Z	LIQ	16.99	13.59
27773	SOAP CASTILE TTD LIQ	8.7	LIQ	6.95	5.56
26829	TEA TREE OIL LAVENDER	.6Z	LIQ	12.99	10.39
24108	TPST TTD WINTERGREEN	6.2	TUB	6.95	5.56
23261	TPST TTD W/FENNEL	6.2	TUB	6.95	5.56
23263	TPST TTD W/GINGER	6.2	TUB	6.95	5.56
23264	TPST TTD W/MINT	6.2	TUB	6.95	5.56
17259	TTO 100% PURE	2.7	LIQ	19.50	15.60
17258	TTO 100% PURE	1.7	LIQ	11.50	9.20

26107	TTO 100% PURE	.5Z	LIQ	7.59	6.07
32544	TTO 20% PURE KIND SKIN	4.7	OIL	8.49	6.79
23294	TTO ECO HARVEST	2.7	LIQ	21.95	17.56
33679	TTO ECO HARVEST	1.7	LIQ	13.59	10.87

DESIGNS FOR HEALTH					
60515	ALLERGIZYME	90	CAP	25.00	25.00
38758	ANTIOX ULT FULL SPECT D	90	SGC	34.00	34.00
58472	OMEGA AVAIL ULTRA	120	SGC	38.00	38.00
60514	PROBIOTIC SUPREME CAP	60	CAP	64.00	64.00
58350	TPST PERIODIOT SPER FF	90M	TUB	14.00	14.00

DMSO					
22022	DMSO 70%CON/30%WATER	8.7	LIQ	22.99	18.39
42712	DMSO 70%CON/30%WATER	4.7	LIQ	18.99	15.19
41271	DMSO 99.9% PLASTIC	8.7	LIQ	24.49	19.59
43313	DMSO CRM	4.7	CRM	25.99	20.79
22744	DMSO CRM 70%/30%ALOE	4.7	CRM	27.69	22.15
27940	DMSO GEL 70%CON 30%ALO	4.7	GEL	21.59	17.27
40509	DMSO ROLL ON	3.7	ROL	17.69	14.15

DOCTORS BEST					
32980	5 HTP 100 MG BEST	60	CAP	17.99	14.39
43805	5 HTP ENHANCED	120	VCA	32.99	26.39
52045	ACAI 500 MG BEST	120	VCA	23.99	19.19
40437	ACETYL L CARNITINE BT	60	CAP	21.99	17.59
56666	ARGININE 500 SUST+ IMM D	120	TAB	29.99	23.99
58956	ARTEMISININ 100 MG	100	VCA	49.99	39.99
64461	ASHWAGANDA 125 W/SENS	60	VCA	12.99	10.39
64523	ASTAXANTHIN 6 MG SGC	90	SGC	49.99	39.99
64522	ASTAXANTHIN 6 MG SGC	30	SGC	18.99	15.19
63617	B COMPLEX FULLY ACTIVE	30	VCA	13.99	11.19
63836	B12 FULL ACT 1500 METH	60	VCA	8.99	7.19
62893	BENFOTIAM 150 + LIPDIC	60	VCA	22.99	18.39
50017	BENFOTIAMINE 150 MG	120	VCA	29.99	23.99
63543	BENFOTIAMINE 300 MG	60	VCA	26.99	21.59
43804	BENFOTIAMINE 80 MG	120	VCA	19.99	15.99
52408	BETAINE HCL PEPS GENTN	120	CAP	14.99	11.99
51052	BLADDER SUPPORT BEST	60	VCA	47.99	38.39
58400	BRAIN ENHANCERS NAT	60	VCA	34.99	27.99
61971	BRAIN MAGNESIUM	60	VCA	49.99	39.99
58035	BROMELAIN 3000 G0 500 D	90	VCA	29.99	23.99
60913	C 1000 MG ASCORB ACID	120	VCA	27.99	22.39
59421	CAL BONE MAKER D	180	CAP	27.99	22.39
40132	CARNITINE BEST 500 MG	60	CAP	24.99	19.99
60570	CARNITINE BEST 500 MG	180	CAP	64.99	51.99
64462	CARNOSINE 500 MG BEST	90	VCA	49.99	39.99
50397	CELADRIN	90	CAP	24.99	19.99
45187	CELADRIN CMP W/ GLUCOS	90	TAB	26.99	21.59
45204	CINNAMON EXT BEST	60	VCA	18.99	15.19
61301	COLLAGEN TYPE 1 & 3 CP	240	CAP	20.99	16.79
58038	COLLAGEN TYPE 1&3 PWD	7.2	PWD	19.99	15.99

58037	COLLAGEN TYPE 1&3 TAB	180	TAB	21.99	17.59
57598	COQ10 100 MG HI ABSORP	120	VCA	33.99	27.19
55490	COQ10 100 MG HI ABSORP	60	SGC	18.99	15.19
54710	COQ10 100 MG SGC HI AB	120	SGC	33.99	27.19
28409	COQ10 100 MG VCA HI AB	30	VCA	10.99	8.79
35706	COQ10 100 MG VCAP	60	VCA	18.99	15.19
42104	COQ10 200 MG HI ABSORB	60	VCA	29.99	23.99
51572	COQ10 400 MG HI ABSORB	60	VCA	51.99	41.59
62958	COQ10 600 MG HI ABSORP	/60	VCA	69.99	55.99
58041	COQ10 OMEGA 3 VESISORB	30	SGC	24.99	19.99
41079	CORDYCEPS ULTRA	60	CAP	19.99	15.99
38612	CORDYCEPS ULTRA PLUS	60	CAP	20.99	16.79
41886	CURCUMIN BEST 500 MG	120	CAP	59.99	47.99
56393	CURCUMIN C3 COMPL 1000	120	TAB	99.99	79.99
56665	D PHENYLALANINE 500 MG	60	VCA	27.99	22.39
59123	D RIBOSE 1500 MG CHW	90	CHW	30.99	24.79
55509	D RIBOSE 850 MG	120	VCA	35.99	28.79
53108	D RIBOSE PWD	8.8	PWD	49.99	39.99
60236	D3 1000 IU	180	SGC	9.99	7.99
57294	D3 2000 IU	180	SGC	10.99	8.79
57295	D3 5000 IU	180	SGC	11.99	9.59
58042	D3 5000 IU	360	SGC	20.99	16.79
60236	D3 5000 IU SGC	60	SGC	39.99	31.99
62796	DHA 200 MG VEG ALGAE	180	SGC	73.99	59.19
60272	DHA 500 SGC CALAMARI	60	SGC	27.99	22.39
60238	DHA 500 SGC CALAMARI	90	CAP	39.99	31.99
33352	DIGESTIVE ENZYME BEST	60	VCA	39.99	31.99
53624	EPCOR 500 EXT	30	VCA	26.99	21.59
62920	ESTRO G 100	90	VCA	59.99	47.99
56483	FIBROBOOST 400 MG	30	VCA	21.99	17.59
61972	FINETIN 1000 W/COGNES	90	VCA	13.99	11.19
60481	FOLATE 400 FULLY ACTIV	60	VCA	55.99	44.79
52551	FUCOIODAN 70% BEST	120	CAP	14.99	11.99
43714	GINKGO EXTRA STRENGTH	240	CAP	46.99	37.59
34446	GLUCOS CHOND MSM	120	CAP	25.99	20.79
34445	GLUCOS CHOND MSM	150	CAP	42.99	34.39
61286	GLUCOS CHOND MSM & HYL	180	CAP	19.99	15.99
31495	GLUCOS MSM SYNERGISTIC	180	CAP	19.99	15.99
35271	GLUCOS SULF 750 MG	120	VCA	19.99	15.99
51738	GOJI BERRY EXT BEST	90	TAB	29.99	23.99
24020	GUGGULOW ULTRA	60	VCA	26.99	21.59
62917	HESPER METH CHALC 500	120	CAP	26.99	21.59
55507	HYAL JOINT	60	TAB	39.99	31.99
61285	HYALURONIC ACID 100 CH	60	CAP	21.99	17.59
50520	HYALURONIC ACID 50 CHN	180	CAP	59.99	47.99
58881	HYALURONIC ACID 50 CHN	30	CAP	21.99	17.59
64525	JOINT FLEX W/UC II 40	60	VCA	15.99	12.79
56482	K2 VIT 45 MCG MENAD7	60	SGC	26.99	21.59
5892					



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**Garcinia Cambogia Rind**



**Our Patented Stabilization Process\***



**HCActive™** is a patented **Garcinia cambogia extract** supplying HCA (Hydroxycitric Acid) stabilized with potassium and magnesium. The unique manufacturing and quality control processes used to produce HCActive yield HCA that is up to **5X more bioavailable\*** than other forms of HCA. It also is more concentrated — **HCActive delivers 70% HCA.**

Most HCA products are stabilized by a potassium-calcium salt, significantly



reducing the amount of HCA absorbed because calcium interferes with potassium absorption. The synergistic combination of potassium and magnesium creates HCActive, the uniquely effective *Garcinia cambogia* product. Potassium has a great affinity for cellular uptake and magnesium makes it easier for potassium to enter cells, **bringing the HCA of HCActive along with it.** HCActive is also greater than 99% pure!

## 5X More Bioavailable than Regular HCA

HCActive reduces appetite, supports weight loss, inhibits the conversion of carbohydrates to fat, and promotes a more sustained feeling of satiety.\*

**HCActive™ Garcinia Cambogia Extract, 500 mg, 90 Caps - JRW64186**

For more information visit us at

**www.Jarrow.com**

HCActive™ is protected by nine US Patents 6,207,714; 6,441,041; 6,447,807; 6,476,071; 6,482,858; 7,015,250; 7,189,416; 8,394,856; 8,367,864.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



It contains herbs known to help decrease muscle pain and inflammation, and to increase circulation into the muscles. It can be used not only by those with fibromyalgia, but also by those with injuries, muscle soreness, etc., as well as general body pain. Obviously, Phyto-Tech FibroGestic is not as strong as prescription pain medications, but it is nontoxic, safe and non-addictive. Fibromyalgia requires a multifaceted approach to management, and FibroGestic is designed to be a part of that regimen.

Phyto-Tech FibroGestic is best considered a long-term tonic. It will help "take the edge off" the discomfort, allowing for relaxation and faster healing.

Phyto-Tech™ FibroGestic contains the following herbs: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Fresh Ginger Root, Fresh Pulsatilla Herb.

Dosage: General: 40-60 drops, 2-3 times per day, or as needed, in juice or water; Acute Pain: 60-120 drops, 2-3 times per day, or as needed, in juice or water.

1 fl oz - Prod Code: 57031

## Fo Ti Root

**Considered in Chinese Medicine as a rejuvenating plant, thought to prevent aging, enhance fertility and promote longevity.**

It has been recommended, by both Eastern and Western herbalists, as a tonic to maintain vigor, increase energy, tone the kidneys and liver, and purify the blood. It is said to lower cholesterol, improve immune function, and correct hypertension.

1 fl oz - Prod Code: 57642

## Garlic

**Each Phyto-Tech Garlic capsule contains 500 mg of certified organic Garlic Bulb (*Allium sativum*).**

90 Veggie Caps - Prod Code: 60130

Echinacea Goldenseal

Each Phyto-Tech Echinacea Goldenseal veggie capsule contains the following: Echinacea angustifolia Root, 150 mg; Echinacea purpurea Herb, 100 mg; Echinacea purpurea Root, 100 mg; Goldenseal Root, 100 mg. 100% Vegetarian. Certified Organic.

90 Veggie Caps - Prod Code: 60125

## Gentian Root 1:3

**A classic "bitter" herb, used for centuries as a digestive aid.**

Who can benefit from this herbal supplement? Those with indigestion, dyspepsia, and difficulty digesting dietary fat and protein.

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tion, dyspepsia, and difficulty digesting dietary fat and protein.

Phyto-Tech Gentian Root 1:3 contains Certified Organic Gentian (*Gentiana lutea*), grain alcohol, purified water, in a 1:3 ratio.

As defined by herbalists, "Gentian can be considered the perfect bitter herb to stimulate digestion in numerous ways. The bitter compounds in Gentian stimulate the bitter taste buds on the tongue. This sends a message to the brain to increase bile from the liver, which emulsifies or digests fat. In a lesser way, the bitter stimulation also sends a message to increase hydrochloric acid from the stomach, which increases protein digestion. In other words, bitters stimulate the body's ability to digest and therefore assimilate fat and protein."

(Coven, Herbal Handbook)

Caution: Do not use if you have ulcers.

Dosage: 10-30 drops, 2-3 times per day or as needed, in juice or water. Can be taken on an "as needed" basis or daily, for chronic indigestion.

1 fl oz - Prod Code: 57640

## Gentle Movement

**Child Friendly**

**A gentle, mild laxative formula designed to normalize bowel function, especially for children or the elderly.**

Who can benefit from this supplement? Children, the elderly, or anyone with a sensitive digestive system suffering from mild constipation or sluggish bowel.

Phyto-Tech™ Gentle Movement, Child Friendly, Alcohol Free contains the following herbs: Yellow Dock Root, Licorice Root, Fresh Marshmallow Root.

1 fl oz - Prod Code: 57022

## Ginger Cough Tonic

**A blend of Ginger and other herbs especially useful for soothing coughs**

Each 1/2 teaspoon provides Ginger Root 268 mg, Fresh Osha Root 100 mg, Fresh Ginger Root 43 mg, Wild Cherry Bark 33 mg, Licorice Root 33 mg in a base of Vegetable Glycerine, Hoeny, Purified Water. Each serving is equivalent to 6,000 mg of fresh Ginger. Herbs are certified organic or wild harvested.

Suggested Dose: 1/2 to 1 teaspoon as needed. Can be diluted in hot water. Shake well before using.

Warning: Keep out of the reach of children; do not use while pregnant or nursing.

4 fl oz - Prod Code: 56985

## Ginger Energy Tonic

**A formula that increases circulation, energy, vitality, and resistance to illness and environmental stresses.**

Who might benefit from this supplement? Those who suffer from fatigue and stress; those with low energy and those who are engaged in taxing or strenuous pursuits; those with poor circulation; those with poor digestion.

Phyto-Tech™ Ginger Energy Tonic contains the following: Ginger Root Dry, Ginger Root Fresh, Ginseng American, Ginkgo Leaf, Rhodiola Rosea 5% Rosavin, Schisandra Berry, Glycerin Vegetable, Honey, Water Pure Deionized.

4 fl oz - Prod Code: 57055

## Ginger Immune Tonic

**A Blend of Ginger and other Immune Modulating Herbs**

Each 1/2 Teaspoon contains Ginger Root 271 mg, Elderberry Fruit 90 mg, Fresh Ginger Root 44 mg, Fresh Echinacea angustifolia Root 27 mg and Vitamin C 60 mg, in a base of vegetable glycerine, honey, purified water. Each serving is equivalent to 6,000 mg of fresh Ginger. All herbs are certified organic.

Suggested Dose: 1/2 to 1 teaspoonful as needed. Can be diluted in hot water. Shake well before using.

4 fl oz - Prod Code: 57012

## Ginger Root 1:1.5

**This herb supports the digestive and circulatory systems, and has been shown to be especially helpful in alleviating nausea and equilibrium problems.**

Who can benefit from this supplement? Those who suffer from nausea (pregnancy, motion sickness), digestive insufficiency and poor circulation.

Phyto-Tech™ Ginger Root 1:1.5 provides 667 mg of certified organic Fresh Ginger Root per 30 drops.

Also available as a veggie cap, with each Phyto-Tech Ginger capsule containing 500 mg of certified organic Ginger Root (*Zingiber officinalis*). (Product code: 60127)

1 fl oz - Prod Code: 56995

90 Veggie Caps - Prod Code: 60127

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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



60491	ACETYL L CARNITINE 500	120	CAP	39.80	31.84	55546	CITRUS Q10 100 MG	60	TAB	56.80	45.44	65133	IMMUNITY DGL	60	VCA	28.00	22.40	57360	NEUROKRILL	30	CAP	67.20	53.76
10171	ADDED PROT NO CU/FE	180	TAB	35.40	28.32	55157	CITRUS Q10 60 MG	60	TAB	41.20	32.96	44122	INOSITOL 650 MG	100	CAP	25.70	20.56	32716	NEUROTONE	120	TAB	80.40	64.32
30346	ADDED PROT NO FE	180	TAB	35.40	28.32	33578	CNCR SUPPORT FORM	120	TAB	41.70	33.36	26576	INTESTAMINE 360 GMS	360	PWD	71.30	57.04	50655	NIACINAMIDE 500 MG D	100	CAP	9.30	7.44
10172	ADDED PROTECTION W/CU-Fe	180	TAB	35.40	28.32	61555	CO BIDOTIC	60	VCA	47.30	37.84	36225	IPRIFLAVONE 300 MG	60	CAP	23.20	18.56	40762	NOPAL CACTUS	60	CAP	23.60	18.88
59169	ADRENO MEND	120	VCA	53.40	42.72	63783	COGNITIVE KLEAN ATHLET	90	VCA	46.00	36.80	39295	IRON TIME RELEASE	90	TAB	11.10	8.88	57359	NUTRI E 400 FORTE	60	SGC	36.00	28.80
35007	ADRENPLUS 300	120	CAP	33.80	27.04	56509	COLEUS EXT 250 MG	60	VCA	33.80	27.04	60999	K2 VITAMINE 90 MCG	60	VCA	27.80	22.24	32715	OCUTONE	90	CAP	52.70	42.16
10175	ALER GEST	250	TAB	24.20	19.36	63685	COLOSTRUM	120	VCA	35.95	28.76	55659	KELIFE	100	TAB	7.40	5.92	50659	OLIVE LEAF EXT 500 MG	120	CAP	37.90	30.32
57421	AMINO BLEND	100	CAP	52.70	42.16	34238	COO10 200 MG ULTRA	90	CHW	176.60	141.28	24372	LECITHIN 1200 MG	100	SGC	16.00	12.80	20945	OPTI EPA 500	250	SGC	95.80	76.64
10207	AMINO IRON 18	100	TAB	8.80	7.04	51297	COO10 W/LIPOIC ACID	60	CAP	64.20	51.36	56736	LICORICE RT V DEGLY	90	VCA	18.40	14.72	10229	OPTI SEL 200	100	TAB	7.40	5.92
25582	AMINO MAG 200 CHEL	100	TAB	13.90	11.12	63807	CORVALEN D RIBOSE CHW	90	CHW	40.80	32.64	43612	LIPANASE	90	TAB	25.70	20.56	54564	OPTI ZINC 30 MG	90	VCA	13.20	10.56
63786	ANTIOXIDANT KLEAN ATHL	90	VCA	39.00	31.20	59706	CORVALEN D RIBOSE PWD	9.9	PWD	47.20	37.76	10221	LIPEX	100	TAB	23.80	19.04	22571	ORA ADREN 80	100	CAP	14.50	11.60
64381	ARGININE 700 MG	100	CAP	19.70	15.76	54709	CORVALENM MAG MALIC	122	PWD	60.00	48.00	27304	LIPIC ACID 100 MG	60	TAB	17.60	14.08	28330	P S P	100	CAP	19.70	15.76
40790	ATP 20	60	TAB	20.30	16.24	64955	CURCUMIN OPTIMIZED	60	VCA	45.00	36.00	34925	LIPIC ACID 100 MG	60	CAP	23.60	18.88	56275	PABA 500 MG	100	CAP	15.00	12.00
60500	B COMPLEX W/MEATFOLLIN	60	VCA	22.90	18.32	56934	D 3 LIQ 30 ML	30	LIQ	23.30	18.64	29668	LIPIC ULTRA FORTE	60	CAP	90.80	72.64	21797	PAN OX 5	180	TAB	14.90	12.00
36584	B STRESS PLUS	90	TAB	18.40	14.72	63400	D LACIOPHIL + PECTIN	100	CAP	11.60	9.28	30246	LUTEIN 6 MG	90	SGC	22.90	18.32	23446	PANTOTHENIC ACID 500	100	CAP	13.70	10.96
43521	B12 2500	60	TAB	16.70	13.36	54900	D3 & K LIQ 1000 IU	1.2	LIQ	45.40	36.32	51906	LYCOPENE 5 MG	90	SGC	25.00	20.00	31058	PHOS SERINE	60	CAP	57.10	45.68
44536	B12 5000 MCG	100	TAB	7.70	6.16	59561	D3 5000 IU	100	TAB	11.60	9.28	31483	LYSINE 500 MG	100	CAP	10.70	8.55	30334	PHOS SERINE SGC	60	SGC	57.10	45.68
40145	B6 100 MG	100	TAB	7.70	6.16	26259	DEPA SGC	100	SGC	17.80	14.24	44465	LYSINE 500 MG	250	CAP	21.70	17.36	34239	POT 99 MG CHELATED	100	CAP	11.40	9.12
10182	BASIC PREV 1 + CU/FE	180	TAB	39.00	31.20	60529	DHA HIGH QUELL 775 MG	60	SGC	37.00	29.60	19058	MAG ASPARTATE 100	100	CAP	11.10	8.88	63851	POQ PLUS	30	VCA	62.80	50.24
10178	BASIC PREV 2 NO CU/FE	180	TAB	32.70	26.16	43563	DHEA 10 MG	100	CAP	14.50	11.60	19059	MAG ASPARTATE 100	250	CAP	22.50	18.00	52356	PREGNENOLONE 25 MG	60	CAP	22.90	18.32
10181	BASIC PREV 3 + FE/CU	180	TAB	39.00	31.20	29305	DHEA 25 MG	100	CAP	17.80	14.24	34902	MAG CITRATE 150 MG	90	CAP	12.60	10.08	62592	PRENATAL CAP	60	CAP	20.30	16.24
10180	BASIC PREV 4 NO CU/FE	180	TAB	37.50	30.00	30133	DHEA 25 MG SUB	60	TAB	15.50	12.40	32743	MAG GLYCINATE 100 MG	120	TAB	19.10	15.28	63784	PROBIOTIC KLEAN ATHLET	60	CAP	36.60	29.28
43527	BASIC PREV 5 NO FE	270	VCA	41.70	33.36	27895	DHEA 25 MG SUB	120	TAB	30.70	24.56	23842	MAG GLYCINATE FORTE	60	CAP	35.40	28.32	26456	PYCNOGENOL 50 MG	90	TAB	76.10	60.88
43594	BASIC PREV 5 NO FE TAB	270	VCA	32.90	26.32	33985	DHEA 5 MG SUBLINGUAL	100	TAB	11.20	8.96	43942	MAG OXIDE	100	CAP	6.10	4.88	62934	PYLORI PLEX	60	VCA	54.40	43.52
63740	BENFOTIAMINE ULTRA	60	VCA	36.00	28.80	39279	DHEA 50 MG	100	CAP	22.90	18.32	19060	MAG POT ASPARTATE	100	CAP	14.50	11.60	19053	QUERCIPLEX	100	CAP	37.90	30.32
38711	BENI KUI RED RICE 500	120	CAP	31.10	24.88	61733	DIM ENHANCED	60	VCA	74.00	59.20	19061	MAG POT ASPARTATE	250	CAP	33.80	27.04	64698	RECOVERY KLEAN CHOC	40Z	PWD	48.00	38.40
10186	BETAIN HCL 648 MG	250	CAP	30.40	24.32	61550	EPA DHA PLUS D QUELL	60	SGC	49.50	39.60	38814	MAG TAURATE 400	120	TAB	19.10	15.28	40062	RHEUMA SHIELD	30	CAP	41.70	33.36
63437	BETAIN PLUS	100	CAP	20.30	16.24	60530	EPA HIGH QUELL 800	60	SGC	37.00	29.60	64128	MAGNESIUM LIQ	8.2	LIQ	24.20	19.66	31345	RIBOFLAVIN 5 PHOS	100	TAB	13.70	10.96
26295	BIOFLAVONOID CMP 1000	100	TAB	14.00	11.20	63732	ESSENTIAL MALE PACK	30	PAK	67.00	53.60	52024	MAGNESIUM OXIDE	250	CAP	13.20	10.56	32967	RIBOFLAVIN B2 100 MG	60	CAP	11.50	9.20
10190	BORAGE OIL GLA 240	90	SGC	27.40	21.92	27673	FLAVONIAL	60	TAB	62.30	49.84	23811	MCT OIL	8.2	LIQ	17.80	14.24	53127	SEDITOL PLUS	30	VCA	26.40	21.12
53444	BRAIN CALM	60	VCA	25.50	20.40	24405	FREE FORM AMINO CAPS	100	CAP	21.70	17.36	57478	MELATONIN 1 MG SUB	60	LOZ	9.30	7.44	30239	SELENO METHIONINE	100	CAP	14.50	11.60
43503	BRAIN ENERGY	60	CAP	28.20	22.56	43953	FRUITA MAX	60	VCA	39.10	31.28	22615	MELATONIN 3 MG SUB	60	TAB	13.20	10.56	44224	SERINE 500 MG	60	CAP	37.90	30.32
51113	BRAIN MEMORY	60	VCA	41.70	33.36	26925	GABA 500 MG	60	CAP	18.30	14.64	39454	MELATONIN PR 3 MG	180	TAB	32.70	26.16	51723	STRESS PLEX FOTRE	90	TAB		



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A Breakthrough in Glucose Control Management



RATIO-BALANCED NUTRIENTS

BRANCHED-CHAIN AMINO ACIDS

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<sup>1</sup>Summarized from data published by ADA. Testing in Asymptomatic Patients. *Diabetes Care*. 2012;35 (Supplement 1):S14. Table 4.

<sup>2</sup>Joslin Diabetes Center. Joslin Clinical Guidelines for Overweight and Obese Adults. 8/07/2011.

<sup>3</sup>Hayes KC. Macronutrient ratios and insulin response for improved glucose control. Publication in process.

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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



## Ginger Tonic

**A soothing ginger formula, especially valuable for conditions involving nausea, digestive problems, and inflammation.**

Who might benefit from this supplement? Those suffering from nausea due to motion sickness or pregnancy; those with digestive discomfort and those with arthritis and other inflammatory problems.

Ginger is well known for alleviating nausea due to motion sickness, pregnancy, surgery, chemotherapy and other reasons. It can be taken before a nauseating event or on an ongoing basis if nauseous all the time. Several studies in humans have shown positive results for ginger's effectiveness in reducing nausea and vomiting.

Ginger Tonic is also a useful digestive aid that will increase digestive enzymes and speed up the transit time of food that is slow.

Ginger also has the ability to inhibit nuclear factor-kB (NF-kB), cyclooxygenase (COX) and lipoxygenase (LOX) enzymes and as a result helps reduce pain and inflammation in arthritic joints. In three placebo-controlled clinical trials for the treatment of osteoarthritis, ginger rhizome showed significant efficacy compared to placebo. For pain and inflammation, ginger can be used as an alternative to NSAIDs like ibuprofen without the damaging gastrointestinal side effects that NSAIDs commonly have. Ginger has anti-ulcer effects and can help protect the intestinal mucosa from damage.

Ginger Tonic has a vasodilating action, and will increase circulation and warm one up.

Phyto-Tech™ Ginger Tonic contains Ginger Root Dry, Ginger Root Fresh, Glycerin Vegetable, Honey, Water Pure Deionized.

4 fl oz - Prod Code: 57015

## Ginkgo Biloba Leaf

**One of the most widely researched herbs in recent years, Ginkgo biloba has been associated with memory, increased cerebral and peripheral circulation.**

Who can benefit from this supplement? Those suffering from memory loss, early stage dementia (Alzheimer's disease), tinnitus, vertigo, inability to concentrate, circulatory problems.

Phyto-Tech™ Ginkgo Biloba Leaf 1:1.15 contains 667 mg of ethically wild harvested Fresh and Dry Ginkgo biloba Leaf per 30 drops, in both alcohol and alcohol-free versions.

Also available in a vegetarian capsule form. Each Phyto-Tech Ginkgo veggie cap contains 60 mg of standardized Ginkgo biloba Leaf Extract (24% ginkgo flavonoglycosides and 6% terpene lactones) and 400 mg of certified organic Ginkgo biloba leaf. This provides for an optimal standardized and full spectrum phytotherapeutic approach.

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

1 fl oz - Regular: Prod Code: 56961

Alcohol Free: - Prod Code: 57024

90 Veggie Caps - Prod Code: 60131

## Ginseng, American

See American Ginseng

## Ginseng, Chinese Red

See Chinese Red Ginsent

## Ginseng Energy Blend

**A combination of adaptogenic herbs resulting in a synergistic blend enhancing emotional, physical and mental energy.**

Each type of ginseng, Red Chinese and American, and other adaptogenic herbs, such as Eleutherococcus, have traditionally different properties. The combination, along with complimentary herbs such as Licorice, Ginkgo, Fo Ti and Codonopsis, results in an energy blend for all purposes.

Who can benefit from this supplement? Those who are under stress, suffering from fatigue, mental "burn out," adrenal fatigue, poor immune system function.

This blend of adaptogenic herbs supports the adrenal glands, the immune system, and the nervous system.

Phyto-Tech™ Ginseng Energy Blend is available in an alcohol and an alcohol free version. It contains the following herbs: Red Chinese Ginseng Root, American Ginseng Root, Eleuthero Root, Licorice Root, Ginkgo Leaf, Fo Ti Root, Codonopsis Root, Ginger Root.

1 fl oz ~ Regular Formula

Prod Code: 56962

2 fl oz ~ Regular Formula

Prod Code: 57087

1 fl oz ~ Alcohol Free

Prod Code: 57068

## Goldenseal Root 1:5

**Used by Native Americans for colds, flu, sore throat and intestinal problems.**

Who can benefit from taking this herbal supplement? those with infections of any mucosal tissue, including the respiratory tract, uri-

nary tract, digestive tract, reproductive tract and gum infections.

The anti-microbial activity of Goldenseal may be due to two alkaloids, hydrastine and berberine.

Goldenseal is in serious danger of over-harvesting in the wild, so only organically cultivated goldenseal should be used. This is what is used in Phyto-Tech Goldenseal Root 1:5.

Also available in a vegetarian capsule form. Each Phyto-Tech Goldenseal veggie cap contains 250 mg of certified organic Goldenseal Root.

1 fl oz - Prod Code: 56950

60 Veggie Caps - Prod Code: 60128

## Gotu Kola 1:1.5

1 fl oz - Prod Code: 57010

## Green Tea Guo

**A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.**

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement? The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Prod Code: 56944

2 fl oz ~ Regular Flavor - Prod Code: 57098

1 fl oz ~ Peach Flavor - Prod Code: 56998

90 Veggie Caps - Prod Code: 60126

... continued on page 52



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



44041	ULTRA PREVENTIVE X	240	TAB	73.50	58.80
42673	ULTRA PREVENTIVE X	120	TAB	38.30	30.64
54911	ULTRA PREVENTIVE X VCA	240	VCA	56.10	44.88
42678	ULTRA PROTEIN PLUS VAN	948	PWD	55.20	44.16
26249	ULTRAZYME	180	TAB	37.90	30.32
43523	VANADYL SULFATE 7.5 MG	90	TAB	12.00	9.60
64049	VEGETARIAN PROTEZ FORT	100	TAB	45.10	36.08
51356	VINPOCETINE 10 MG	90	VCA	28.20	22.56
57521	WOBENZYM PS	180	TAB	74.05	59.24
29800	ZINC LOZ ORANGE 10 MG	100	LOZ	11.10	8.88
43690	ZINC PICOLINATE 20	100	TAB	9.60	7.68
28634	ZINC PICOLINATE 50 MG	100	CAP	14.50	11.60

DR CHRISTOPHER					
62891	GLANDULAR SYS FORMULA	100	CAP	19.29	15.43
57903	HAWTHORN BERRY HEART	8	SRP	59.99	47.99
62868	KIDNEY FORMULA	100	CAP	22.99	18.39

DR RATH					
60671	CARDIOVASCULAR HEALTH	90	TAB	37.90	30.32
60840	HEALTHY BLOOD PRES SYN	120	TAB	39.90	31.92
60672	HEALTHY BLOOD SUGAR	120	TAB	46.90	37.52
60883	HEALTHY CELL GROWTH	180	CAP	54.90	43.92
60373	HEALTHY COLLAGEN FORM	90	TAB	27.90	22.32
64271	HEALTHY IMMUNE SUPP	120	TAB	43.90	35.12
64741	PHYTOBIOLOGICALS BASIC	60	CAP	43.20	34.56
60982	VITA C FORTE SYNERGY	90	TAB	17.99	14.39

DR RECKEWEG					
29698	R01 INFLAM/FEV/SWELL	50M	LIQ	27.00	24.30
58454	R02 NERV/STR PULSE	50M	LIQ	27.00	24.30
17356	R02 NERV/STR PULSE	22M	LIQ	15.75	14.18
43480	R03 HRT FATIGUE/WK PL	50M	LIQ	27.00	24.30
58341	R04 DIARRHEA	50M	LIQ	27.00	24.30
61021	R06 COLDS & FLU	50M	LIQ	27.00	24.30
52994	R07 LAXATIVE ANTI GAS	50	LIQ	27.00	24.30
17361	R07 LAXATIVE ANTI GAS	22M	LIQ	15.75	14.18
17362	R08 COUGH SYR/BRONCH	150	LIQ	16.50	14.85
53367	R10 MENOPAUSE	50M	LIQ	27.00	24.30
62378	R11 RHEUMATIC PAIN	50M	LIQ	27.00	24.30
59088	R12 CALC/MEMORY	50M	LIQ	27.00	24.30
17370	R15F VITA C FORTE RE	X10	LIQ	30.80	24.64
54375	R16 MIGRAINE	50M	LIQ	27.00	24.30
51244	R19 MEN GLAND/ENDO	50M	LIQ	27.00	24.30
59617	R191 TINNITUS	50M	LIQ	27.00	24.30
39082	R20 WOMEN GLAND/ENDO	50M	LIQ	27.00	24.30
43368	R22 NERV DISORD	50M	LIQ	27.00	24.30
40420	R23 ECZ ACUTE/CHRONIC	50M	LIQ	27.00	24.30
39985	R24 RESPIRATORY	50M	LIQ	27.00	24.30
39083	R27 SHARP SHOOTING PAINS	50M	LIQ	27.00	24.30
38957	R28 MENOR/METRO	50M	LIQ	27.00	24.30
39843	R29 DIZZINESS	50M	LIQ	27.00	24.30

17385	R30 UNI OINT/MUSCLE	85G	ONT	17.50	15.75
39254	R31 LACK OF APPETITE	50M	LIQ	27.00	24.30
40473	R33 EPILEPSY	50M	LIQ	27.00	24.30
50778	R37 COLIC	50M	LIQ	27.00	24.30
39064	R38 ABDOMINAL PAIN	50M	LIQ	27.00	24.30
52279	R46 RHEUMA FORE/HAND	50M	LIQ	27.00	24.30
38590	R48 PULMOSOL	50M	LIQ	27.00	24.30
29701	R49 SINUSITIS/CALARRH	50M	LIQ	27.00	24.30
38658	R54 IMBELION	50M	LIQ	27.00	24.30
39227	R56 NAUSEA CONSTIPTION	50M	LIQ	27.00	24.30
17416	R61 RHEUMA OINT	85G	ONT	15.17	13.66
44118	R64 CHRON/URIN INFLAM	50M	LIQ	27.00	24.30
39496	R68 COLD SORES HERPES	50M	LIQ	27.00	24.30
41632	R70 PROSOPALGIN	50M	LIQ	27.00	24.30
44394	R71 SCIATICA NEURAL	50M	LIQ	27.00	24.30
40551	R73 OSTEOARTHRITIS	50M	LIQ	27.00	24.30
57645	R74 BEDWET/NOC ENURES	50M	LIQ	27.00	24.30
17431	R76 CHRONIC ASTHMA	50M	LIQ	27.00	24.30
17433	R78 CONJUNCTIVITIS	50M	LIQ	27.00	24.30
17434	R79 HYPERTENS/VASODIL	90	SGC	22.50	22.05
17436	R81 CHRON MIG/MALDOL	50M	LIQ	27.00	24.30
17450	R85 ALFALFA TONIC	100	LIQ	16.50	14.85
28687	R95 ALFALFA TONIC	250	LIQ	28.50	25.65
17369	VC15 NIGHTTIME SLEEP	250	LIQ	13.50	12.15

DR VENESSA					
54876	ANTI AGING 3 COLL BERR	300	PWD	60.69	48.55
54875	ANTI AGING 3 COLL BERR	600	PWD	95.99	76.79
54878	ANTI AGING 3 COLL TROP	600	PWD	95.99	76.79
50477	CHOLESTEROL SUPPORT	60	TAB	19.99	15.99
54883	CHOLESTEROL SUPPORT	120	TAB	29.99	23.99
50478	HIGH BLOOD PRESSURE	60	TAB	19.99	15.99
54873	HIGH BLOOD PRESSURE	120	TAB	29.99	23.99
63078	INFLAMA FLEX	60	TAB	36.99	29.59
50481	LIVERCLEAN	60	TAB	19.99	15.99
50483	NEURO MAXX	60	TAB	24.99	19.99
55896	PROSTACLEAN	60	SGC	29.99	23.99
54885	SUGAR BALANCE SUPPORT	120	TAB	29.99	23.99
54884	SUGAR BALANCE SUPPORT	60	TAB	19.99	15.99
56497	THYROID BALANCE	60	VCA	24.99	19.99

DR WOODS					
63159	ALMOND SOAP W/SHEA BUT	32Z	LIQ	14.99	11.99
61965	BLACK SOAP W/SHEA BUTR	32Z	LIQ	14.99	11.99
63143	TTO SOAP W/SHEA BUTTER	32Z	LIQ	14.99	11.99

DYNAMIC HEALTH LABS					
64114	BEEF ROOT JUICE	32Z	LIQ	19.99	15.99
61752	BLUEBERRY COIC	16Z	LIQ	29.99	23.99
51107	GOJI JUICE	32Z	LIQ	24.99	19.99
51109	MANGOSTEEN JUICE	32Z	LIQ	24.99	19.99
55828	PAPAYA PURE ORGANIC	16Z	LIQ	7.49	5.99

DYNAMIC NUTRITIONAL					
31240	ADRENAL + N 1	1	Z LIQ	17.00	13.60
60684	D 20 GL GLANDIN	1	Z LIQ	15.60	12.24
39356	MUCONELL	90	CAP	30.00	24.00
39612	THYROID PLUS N 14	1	Z LIQ	17.00	13.60

EARTH MAMA ANGEL BABY					
64988	BABY LOTION ANGEL BABY	8	Z LOT	19.95	19.95
64989	BODY BUTTER EARTH MAMA	8	Z LOT	19.95	19.95
64993	C MAMA HEALING SALVE	1	Z SLV	29.95	29.95
64987	SHAMPOO BODY WASH ANGL	5.3	Z LIQ	10.99	8.79
64991	SHAMPOO BODY WASH LAV	5.3	Z LIQ	9.95	9.95
64990	STRETCH OIL NAT	4	Z OIL	19.95	19.95

EARTH SCIENCE					
56353	AB HYDROXY NIGHT REJUV	1	Z LIQ	23.99	19.19
40184	ADC CRM CLEANSER	8	Z CRM	10.59	8.47
39655	ALMOND ALOE MOIST SP15	5	Z CRM	10.59	8.47
54149	ALMOND ALOE MOIST UNSC	5	Z CRM	10.59	8.47
43195	APRICOT NIGHT CRM	2	Z CRM	15.99	12.79
40663	AZULENE EYE CRM	1	Z CRM	15.99	12.79
41646	AZULENE SHAVE CRM	6	Z CRM	8.99	7.19
26729	BETA GINSENG DAY CREAM	2	Z CRM	23.99	19.19
56354	COMPLEXION TONER FRESH	8	Z LIQ	10.59	8.47
56344	CONDIT HAIR TREATMENT	12	Z LIQ	8.99	7.19
39058	CONDITIONER FRAG/FREE	17	Z LIQ	8.99	7.19
56355	EYE MAKEUP REMOV CHAM	4	Z CRM	7.59	6.07
32809	FACIAL MASK MINT TINGLE	4	Z CRM	10.59	8.47
56356	FACIAL SCRUB GENTLE	4	Z CRM	9.99	7.99
61376	HAIR MASK DEEP CONDI	8	Z CRM	10.59	8.47
61373	HAND BODY LOT OAT ALDE	8	Z LOT	9.99	7.99
61378	HAND CREAM PUREFECTION	2	Z CRM	8.99	7.19
32786	HERBAL ASTRINGENT	9	Z LIQ	10.59	8.47
61380	I CREAM EYE CARE NOUR	.5	Z CRM	13.99	11.19
33616	PAPAYA GLYCO SKIN PEEL	4	Z CRM	15.99	12.79
39481	SHAMPOO FRAGRANCE FREE	12	Z LIQ	8.99	7.19
56343	SHAMPOO HAIR TREATMENT	12	Z LIQ	8.99	7.19
61374	TONING ELIXIR BETA GIN	8	Z LIQ	13.99	11.19
61379	WHIPP CRM CLEANSER	5	Z CRM	13.99	11.19

EARTHLIY DELIGHT					
28888	CONDITIONER HAIR	16Z	LIQ	14.50	13





WE PUT THE BEST IN  
SO YOU GET THE BEST OUT

25% off  
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Made from real, whole food ingredients, Vega One Nutritional Shake has everything you need, all in one delicious scoop. Like a serving of “I’ve totally got this” in a glass, Vega One gives you the nutritional confidence to do more, better. *In stores now.*







# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



## Green Walnut Complex

1 fl oz - Prod Code: 57034

## Hawthorn Berry 1:3

1 fl oz - Prod Code: 56964  
90 Veggie Caps - Prod Code: 60132

## Headache Complex

**A blend of herbs designed to provide optimal relief to the pain and inflammation associated with headaches.**

Who can benefit from this supplement? Those with migraine or other types of headaches.

Phyto-Tech™ Headache Complex contains the following herbs: White Willow Bark, Feverfew Herb, Meadowsweet Herb, Fresh Ginger Root, Fresh Pulsatilla Herb.

Aspirin was initially synthesized from salicin extracted from white willow bark and/or meadowsweet. The white willow bark used in this product has a very high salicin content.

1 fl oz - Prod Code: 57088

## Herbal Biotic Complex

Child Friendly

1 fl oz - Prod Code: 56973

## Herp Ease Formula

**A blend of herbs designed for use during the acute outbreak of any type of herpes infection.**

Who might benefit from this herbal supplement? Those suffering an acute outbreak of genital herpes, cold sores (oral herpes), or shingles (herpes zoster.)

While there is no cure for herpes, this formula will help to quiet the attack and reduce the inflammation. The Ayurvedic herb Neem is a very strong anti-bacterial and anti-viral that limits the viral attack. Licorice and Turmeric are strong anti-inflammatory herbs that reduce the outbreak. They limit prostaglandin-induced inflammation. The anti-viral actions of St. John's Wort are being discovered and used for many viral conditions. St. John's Wort is also a nerve ending

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

sedative, which helps in pain. Since herpes lives in the nerve endings and tends to erupt when under stress (stress hyper stimulates the nerve endings), St. John's Wort is of obvious value. St. John's Wort is calming under stress, is a nerve ending sedative and has anti-viral implications.

Phyto-Tech™ Herp Ease Formula contains: Neem Herb, Licorice Root, St. John's Wort Flowers Fresh, Turmeric Root Fresh, Alcohol Pure Grain, Water Pure Deionized.

1 fl oz - Prod Code: 57099

## Holy Basil 20-8-8-5 Standardized

**Holy Basil is a powerful adaptogen that helps the body overcome stress while calming the mind, uplifting the spirit, and restoring tranquility. It eases anxiety and nervous irritability and helps those with stress related health conditions. It also promotes healthy glucose levels, acts as a powerful antioxidant and fights inflammation.**

Phyto-Tech™ Holy Basil liquid filled veggie caps is standardized to 20 mg Eugenols, 8 mg Caryophyllene, 8 mg Rosparinic Acid and 5 mg Ursolic Acid. Each liquid filled veggie cap contains the following: Holy Basil Leaf Alc Extract (certified organic), 300 mg; Holy Basil Supercritical Extract, 150 mg; Lecithin Soy Non GMO, Cellulose Mod Vegetable, Chlorophyll. The usual dosage is one capsule 2 times daily.

Who can benefit from this supplement? Those suffering from anxiety, irritability or mild depression; those living a fast-paced, high stress lifestyle; those who need help maintaining normal glucose and cortisol levels; those suffering from various types of inflammation.

Holy Basil (Ocimum sanctum), also known as Tulsi, is one of the most highly regarded plants in Ayurvedic medicine. It has been used for centuries in India to treat an array of conditions such as inflammation, digestive complaints, asthma, arthritis, and skin conditions. In the West it is most well known for its ability to counteract stress, calm the mind and lift the spirit. According to herbalists, Holy Basil is an adaptogen that promotes a healthy stress response and can protect one from breakdown due to chronic stress, emotional turmoil or work overload. Research shows that Holy Basil counteracts stress-induced changes in neurotransmitters and enzymes. It normalizes and brings balance to biochemicals in the body's stress center such as cortisol, epinephrine and dopamine. Holy Basil is helpful for individuals with stress-related conditions, such as anxiety, irritability, depression, irritable bowel, digestive disorders, hormonal fluctuations, adrenal fatigue, insomnia, and immune deficiency. Holy Basil encourages emotional well-being and restores homeostasis to individuals who feel like stress has gotten the best of them.

Research supports the traditional claims for Holy Basil's role in glu-

cose metabolism, and hypoglycemic effects. A 1996 study involving patients with type 2 diabetes reported a significant decrease in the patients' fasting blood glucose levels when treated with holy basil compared to treatment with placebo. Total serum cholesterol levels were also reduced. A more recent 2006 study found that Holy Basil stimulates insulin secretion from the pancreas, which contributes to the plants anti-diabetic action. In addition, Holy Basil decreases the stress hormone cortisol, which rises when one is exposed to chronic stress. Elevated cortisol levels trigger the body to produce more glucose causing an unhealthy increase in blood glucose levels. This can also result in weight gain. Holy Basil can be helpful for those with type-2 diabetes, pre-diabetes, or rapid blood sugar swings.

Why is the Phyto-Tech™ Holy Basil liquid filled veggie cap standardized to 20-8-8-5? Holy Basil contains numerous polyphenols such as eugenol, ursolic acid and rosmarinic acid that act as powerful antioxidants to fight free radicals and protect cells from oxidative damage. These compounds also fight inflammation and inhibit production of cyclooxygenase-2 (COX-2) enzymes. A study published in Phytomedicine measured the activity of Holy Basil's phenolic compounds and found the COX-2 inhibitory activity of the compounds to be comparable to ibuprofen, naproxen and aspirin. Holy Basil is therefore indicated for relieving inflammation and pain caused by arthritis, tendonitis, bursitis, sports injury and physical overuse.

60 Veggie Caps (Liquid Fill) - Prod Code: 57051

## Hoodia Gordonii 1:4

Tested Authentic

**A South African herb thought to support healthy weight by decreasing food cravings.**

According to many experts, many products now on the market claiming to contain Hoodia may be mislabeled. Here is advice from Mitch Coven, Medical Herbalist: "Consumers should use caution when purchasing products that claim to be true Hoodia Gordonii. Several Hoodia products on the market are made of cactus-like material and contain no P57 [P57 is a steroidal glycoside thought to be the active ingredient of Hoodia] or any other active appetite suppressing substance. The 20:1 claims that many companies use for their Hoodia products are false. These products are not concentrated extracts. Their claim of 20:1 is a fresh to dry down ratio of raw material. Their 20:1 claims are just dry raw material. Additionally, many 20:1 Hoodia claims are actually adulterated material with prickly pear cactus, maltodextrin and sand. Many fail independent lab tests. Consumers should demand to see 3rd party authentic test results on the current lot numbered batch. Authentic Hoodia must also be accompanied by an international CITES certificate for validation. Since Hoodia is endangered, the South African government carefully allows only a small amount of Hoodia to be harvested in

... continued on page 54



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



35434	LOMATIUM OSHA ORGANOL	1.7 LIQ	12.90	11.61	55879	EPA 625	90 SGC	29.95	23.96	59046	URIDINE 300 MG	60 CAP	28.95	23.16	20037	AKNE TREATMENT SOAP	3.7 BAR	8.50	6.80
39209	MILK THISTLE 600 MG	120 VCAP	12.90	11.61	10296	FERRITIN IRON 5	60 CAP	12.95	10.36	10385	ZINC PICOL 25	60 CAP	9.95	7.96	20038	AKNE ZYME	90 CAP	19.50	15.60
35435	MOTHERWORT BLKCOHSH GLY	1.7 LIQ	12.30	11.07	54817	FORSKOLIN	60 CAP	15.95	12.76					65042	ALLUNA SLEEP	28 TAB	12.95	10.36	
63297	MUSHROOM ESPRESSO PWD	2.5 PWD	49.30	44.37	10298	FREE RADICAL QUENCHERS	60 CAP	15.95	12.76					36038	ALPHA BETA MULTI	30 CAP	16.95	13.56	
35501	NETTLES 300 MG FD	90 VCAP	21.80	19.62	10300	GASTRAMET	60 CAP	13.95	11.16	64189	DOMATCHA PACKETS	24 PAK	45.99	41.39	28962	AORTA GLYCAN	60 CAP	30.50	24.40
43526	NETTLES QUERCETIN	90 CAP	22.90	20.61	16962	GLUCOSTABIL	180 CAP	26.95	21.56	59684	DOMATCHA POWDER ORG	2.8 PWD	41.99	37.79	32740	ARTICHOKE EXT 160 MG	90 CAP	27.50	22.00
58469	NETTLES ROOT	2.7 LIQ	23.40	21.06	10366	GLUTATHION REDUCED 150	30 CAP	13.95	11.16	59683	DOMATCHA POWDER ORG	306 PWD	33.99	31.59	32648	ASPARAGUS EXT 170 MG	60 CAP	22.95	18.36
41591	NETTLES ROOT 250 MG	90 VCA	23.40	21.06	10338	GTF NON YEAST	120 CAP	15.95	12.76	59448	FUNGAL FREE NAILS	.22 LIQ	39.95	35.95	40854	B COMPLEX DAILY ENERGY	30 CAP	9.50	7.60
57273	NUTRIGENOMIC PWD	90 PWD	33.60	30.24	10304	HEPAGEN	60 CAP	19.95	15.96					30333	B12 INFUSION B10A B12 E	30 CHW	9.50	7.60	
35502	OATS 375 MG FD	90 VCAP	22.00	19.80	10308	HFE THALAMIC	60 CAP	13.95	11.16					22429	BILBERRY EXT CAP 80 MG	60 CAP	22.50	18.00	
17279	OPTI BIOTIC	80 TAB	20.00	18.00	10333	HYPOMULTI NO CU/FE	120 CAP	18.95	15.16					57539	BLOOD SUGAR MANAGER	60 TAB	25.50	20.40	
19070	OPTI LIPOTROPIC	120 TAB	21.00	18.90	10309	INFLAZYME 500 MG	60 CAP	19.95	15.96					45619	BP MANAGER	90 TAB	29.95	23.96	
17280	OPTI NATAL TAB	180 TAB	26.20	23.58	10310	ISOTONIC MIN FORM 1	75 CAP	10.95	8.76					34052	BROMELAIN +	90 CAP	26.50	21.20	
28744	OPTIMUM II IV VI NO/FE	180 TAB	31.20	28.08	10316	LIPOTHAMINE	60 TAB	15.95	12.76					51604	BRONCHIAL SOOTHE	100 LIQ	14.50	11.60	
19069	OPTIMUM ULTRA CAP	240 CAP	33.60	30.24	10317	LIPOTROPIN	90 CAP	14.95	11.96					40629	CELL FORTE MAX	120 CAP	37.50	30.00	
63148	PARSLEY	1.7 LIQ	13.40	10.72	19741	LIVER EXT LYOPHILIZED	90 CAP	8.95	7.16					57756	CELL FORTE PURPLE MUSH	120 CAP	34.50	27.60	
63738	PRESCRIP 42'S FREEZE DR	45 VCA	12.10	9.68	10320	MAGNESIUM SOLUTION 18%	8.7 LIQ	11.95	9.56					36508	CELL FORTE W/P 6 INOS	240 VCA	51.50	41.20	
62276	PURPLE PROBIOTIC	120 PWD	22.40	17.92	10321	MAGNESIUM TAURATE 125	60 CAP	11.95	9.56					30517	CELL FORTE W/P 6 INOS	120 VCA	26.50	21.20	
35504	SAW PALM 600 MG FD	90 VCAP	21.20	19.08	44513	MAGNESIUM TAURATE 125	180 CAP	28.95	23.16					55790	CHERRY FRUIT EXT ORG	90 TAB	26.50	21.20	
64699	TEA TREE OIL	1.7 OIL	10.99	8.79	21765	MALIC ACID 600	90 CAP	14.95	11.96					52738	CHERRY FRUIT EXTRACT	180 CAP	35.95	28.76	
55761	TIWANG POWDER	906 PWD	22.70	20.43	10324	MANGANESE PICOL 20	60 CAP	10.95	8.76					19851	CHERRY FRUIT EXTRACT	90 CAP	20.95	16.76	
19090	URTICA DIO STING 300	90 CAP	19.00	17.10	10327	MEGABIOTIN 7500	50 CAP	16.95	13.56					40517	CHOLESTEROL SHIELD	90 TAB	38.50	30.80	
33812	URTICA DIO TIC RT 250	90 CAP	19.00	17.10	10329	MELATONIN 3 CAP	60 CAP	16.95	13.56					23589	COLD SORE RELIEF (HERP)	.18 GEL	12.95	10.36	
35506	UVA URSI 350 MG FD	90 VCAP	22.00	19.80	10330	METACHEL	90 CAP	15.95	12.76					58622	COLON CLEANSE PURE CAR	120 VCA	14.95	11.96	
35442	VALERIAN PASSN FLW ORG	1.7 LIQ	12.90	11.61	10331	MONOLAURIN 300 MG	90 CAP	16.95	13.56					39505	COMPLETEGEST	90 CAP	23.50	18.80	
43721	VITA BIOTIC	100 TAB	28.80	25.92	57479	MONOLAURIN 600 MG	90 CAP	27.95	22.36					57144	COMPLETEGEST 40 + RENW	60 CAP	25.95	20.76	
24357	VITAL FORCE W/O IRON	180 TAB	35.00	31.50	10332	MUCO POLYSACCHARIDE CON	90 CAP	14.95	11.96					50783	COMPLETEGEST MEALTIME	180 CAP	39.95	31.96	
63147	WHEAT GRASS JUICE FREE	90 VCA	44.00	35.20	56331	NADH 5 MG	120 TAB	37.95	30.36					30265	COQ10 100 MG	60 SGC	39.95	31.96	
					40687	NADH 5 MG	60 TAB	24.95	19.96					52657	COQ10 100 MG SGC	120 SGC	74.95	59.96	
					55318	NATOKINASE 50 MG	90 CAP	28.95	23.16					41413	COQ10 100 MG W/E CHW	30 CHW	29.95	23.96	
					10339	NORVAL	60 CAP	16.95	13.56					41549	COQ10 100 W/E CHW CHOC	30 CHW	29.95	23.96	
					59810	NORVAL	120 CAP	25.95	20.76					41548	COQ10 100 W/E CHW MAPL	30 CHW	29.95	23.96	
					26901	OMNICHOLINE	120 CAP	18.95	15.16					50155	COQ10 200 MG CHW MAPLE	30 CHW	59.95	47.96	
					10343	ORITHRUSH D	8.7 LIQ	11.95	9.56					34543	COQ10 50 MG SGC	60 SGC	24.95	19.96	
					10344	ORITHRUSH G W/MINT	8.7 LIQ	9.95	7.96					20133	DGL	100 CHW	13.95	11.16	
					10363	P 5 P	100 TAB	9.95	7.96					56846	DGL ULTRA FF CHOC	90 CHW	13.50	10.80	
					10349	PAIN 8 SUPREME	90 CAP	10.95	8.76					31870	DGL ULTRA GERMAN CHOC	90 CHW	13.50	10.80	
					10350	PANTETHINE	60 TAB	17.95	14.36					19847	DGL W/O FRUCTOSE CHW	100 TAB	13.95	11.16	
					10353	PARACIQUIN	90 CAP	14.95	11.96					31326	DR CHOICE 45 PLUS WOM	180 TAB	34.95	27.96	
					10358	PRO COPPER LIGAND 4	60 CAP	8.95	7.16					30401	DR CHOICE 50 PLUS MEN	120 TAB	34.95	27.96	
					10361	PSOREX	100 CAP	26.95	21.56					32464	DR CHOICE FOR DIABETIC	90 TAB	33.95	27.16	
					10364	QUERCETIN C	90 CAP	11.95	9.56					28955	DR CHOICE FOR MEN	90 TAB	24.95	19.96	
					10367	RESBID	60 CAP	15.95	12.76					31985	DR CHOICE FOR TEEN F	120 TAB	30.95	24.76	
					10368	RHEUMATOL FORTE	60 CAP	14.95	11.96					31984	DR CHOICE FOR TEEN M	120 TAB	30.95	24.76	
					10371	SERRAFLAZYME 5	100 TAB	15.95	12.76					24873	DR CHOICE FOR WOMEN	90 TAB	24.95	19.96	
					24753	SPHINGOLIN	240 CAP	37.95	30.36					50706	ENERGIZING IRON	90 SGC	21.95	17.56	
					10375	SPHINGOLIN MS	60 CAP	10.95	8.76					40851	ENERGY REVIT SYST CIT	25Z PWD	49.95	39.96	
					10376	SQUALENE	60 CAP	15.95	12.76					44042	ENERGY REVITAL SYS BER	100 PWD	49.95	39.96	
					10378	T CELL FORMULA	60 CAP	13.95	11.16					33030	ESBERITOX CHW	21Z CHW	19.95	15.96	





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



43354	ESTROBALANCE W/ DIM	60 TAB	49.95	39.96
44717	FIBER FUSION + BERRY	5.8 PWD	14.95	11.96
42781	FIBER FUSION + FORMULA	120 CAP	11.50	9.20
44716	FIBER FUSION REGULAR	6 Z PWD	14.95	11.96
24752	FORSKOHLI COLEUS 18%	60 CAP	25.50	20.40
34928	GABA 250 MG	60 CAP	15.95	12.76
24038	GARLINASE	30 TAB	12.50	10.00
29498	GARLINASE	100 TAB	34.95	27.96
22428	GASTROSTOHE	100 CHW	21.50	17.20
29462	GINGKO PHYTOSOME	120 SGC	38.50	30.80
23062	GINSENG PANAX PHYTO	60 CAP	26.50	21.20
55349	GLUTEN DEFENSE	120 CAP	26.95	21.56
34852	GRAPE SEED PCO EXT 100	90 CAP	35.95	28.76
29463	GRAPE SEED PHYTO 100	90 CAP	57.50	46.00
40675	GS 1500 PAK UNFLAVORED	30 PAK	28.95	23.16
42207	GS 500 AND CHOND SULF	60 TAB	38.50	30.80
30260	GS 500 NEW & IMPROVED	180 CAP	41.95	33.56
20142	GUGULUPUS	90 TAB	34.50	27.60
20051	HAIR & SKIN NUTRITION	90 SGC	22.50	18.00
28266	HAWTHORN PHYTOSOME	60 CAP	29.50	23.60
51217	HDL BOOSTER	120 TAB	39.95	31.96
37390	HEALTHY CELLS BREAST	60 TAB	29.50	23.60
39504	HEARTBURN FREE	10 SGC	32.50	26.00
44785	HOT PLANTS FOR HER	60 CAP	32.95	26.36
44784	HOT PLANTS FOR HIM	60 CAP	32.95	26.36
20100	IRON ULTIMATE	90 SGC	22.95	18.36
32811	IVY EXT	90 TAB	14.50	11.60
20105	KREBS CYCLE CHELATES	100 TAB	18.95	15.16
20041	LIV A TOX	90 TAB	20.50	16.40
51195	LIVER CLEANSE COMPLETE	84 VCA	25.95	20.76
26391	MAG POT CHEL (HRT MIN)	60 TAB	9.50	7.60
24369	MEGA ZYME PANCREAT 10X	200 TAB	39.95	31.96
20089	MEGA ZYME PANCREAT 10X	100 TAB	23.95	19.16
38274	MENOPAUSE FORMUL AM/PM	60 TAB	23.95	19.16
52740	METAB ADV THYROID FORM	180 CAP	32.50	26.00
20091	METABOLIC ADV THYROID	100 CAP	21.95	17.56
20114	MILK THISTLE SUPER	60 SGC	21.50	17.20
39248	MILK THISTLE SUPER	120 CAP	40.50	32.40
20104	OSTEOPRIME CAP	120 CAP	22.95	18.36
51616	OSTEOPRIME PLUS	120 TAB	29.50	23.60
20103	OSTEOPRIME TAB	120 TAB	22.95	18.36
32663	OSTIVONE	90 CAP	34.50	27.60
64777	PEARLS 50 + PROBIOTIC	30 PRL	19.95	15.96
58621	PEARLS ELITE ACIDOP 5B	30 PRL	29.95	23.96
54574	PEARLS IC INTENSIVE CAR	30 CAP	19.95	15.96
58645	PEARLS YB YEAST BALANC	30 SGC	19.95	15.96
20138	PEPPERMINT PLUS	60 SGC	17.50	14.00
43376	PERIMENOPAUSE FORM	60 TAB	23.95	19.16
40501	PETADOLEX PROACTIVE	60 SGC	51.95	41.56
45376	PROTATE ADVANTAGE	180 SGC	41.95	33.56
51805	PROTATE ADVANTAGE	120 SGC	31.50	25.20
50921	PROTECTIVE BREAST FORM	60 TAB	67.95	54.36
20057	RELAX O ZYME	90 TAB	19.95	15.96
40500	REMEMBER	60 CAP	31.50	25.20

**Please Note:**

For a variety of reasons, certain companies ask us not to include a listing of their products, or our discount pricing, in this reference catalog or web site. We honor those requests.

If you do not see the products you are interested in, that does not mean we do not carry them.

Please call our toll free number, 1-800-633-1106.

Thank you.

50954	REMIFEMIN	60 TAB	19.95	15.96
50955	REMIFEMIN	120 TAB	34.95	27.96
36121	SAVENTARO UNCARIA TOM	30 CAP	17.50	14.00
36122	SAVENTARO UNCARIA TOM	90 CAP	46.95	37.56
23991	SAW PALM SUPER 160 MG	120 SGC	36.95	29.56
40716	SAW PALM SUPER 160 MG	180 SGC	52.50	42.00
32400	SILYBIN ADVANCED	60 CAP	26.95	21.56
20125	SINUCHECK	60 SGC	11.95	9.55
44728	SLEEP FORM REVITALIZ	90 CAP	34.50	27.60
59813	SLEEP TONIGHT	28 TAB	23.95	19.16
29598	ST JOHN'S WORT EXT 0.3%	120 TAB	24.50	19.60
41714	STINGING NETTLE	90 CAP	29.50	23.60
57128	STRESS CLEANSE KIT	KIT KIT	26.50	21.20
63815	TART CHERRY ULTRA VCAP	90 VCA	23.95	19.16
41404	THEANINE	60 CAP	19.50	15.60
54643	THEANINE 100 MG CAP	180 CAP	49.50	39.60
52558	THYMUPLEX IMM BOOS CP	50 CAP	20.95	16.76
20080	THYMUPLEX IMMUNE BOOST	50 TAB	25.50	20.40
28928	VARICARE	90 TAB	27.50	22.00
20042	VIRA PLEX	80 TAB	19.95	15.96
24653	YEAST BALANCE	90 SGC	30.00	24.00
51603	YOUTHFUL YOU DHEA 5 MG	60 CAP	7.50	6.00

**ENZYMEDICA**

59483	ACID SOOTHE	90 CAP	24.99	19.99
58780	ALLERASE	60 VCA	24.99	19.99
45199	CANDIDASE	84 CAP	51.99	41.79
52697	DIGEST	180 CAP	52.99	42.39
62574	DIGEST GOLD	240 CAP	105.99	84.79
57587	DIGEST GOLD	180 VCA	84.99	67.99
45198	DIGEST GOLD	90 CAP	47.99	38.39
55983	DIGEST GOLD + PROBIOT	45 CAP	32.99	26.39
58919	DIGEST GOLD + PROBIOT	90 CAP	56.99	45.59
59562	DIGEST SPECTRUM	90 CAP	42.99	34.39
57588	ENZYME DEFEN (VIRA 2X)	90 CAP	72.99	58.39
50294	ENZYME DEFENSE	120 CAP	52.99	42.39
59417	ENZYME DEFENSE	60 CAP	30.99	24.79
53831	GLUTENASE	60 VCA	30.99	24.79
57183	LACTO	30 CAP	22.99	18.39
57573	LYPO GOLD	120 VCA	47.99	38.39
45197	MUCOSTOP	48 CAP	33.99	27.19
55225	PRO BIO	90 CAP	55.99	45.79
57149	REPAIR	60 CAP	35.99	28.79
58810	REPAIR GOLD	120 CAP	72.99	58.39
57146	SERRA GOLD	60 CAP	29.99	23.99

60012	STEM XCELL	60 CAP	41.99	33.59
52310	VEGGIE GEST GASTRO	90 CAP	39.99	31.99

**EO PRODUCTS**

63360	BATH SALTS EUCAL ARNIC	22Z SLT	12.99	10.39
63361	BATH SALTS FRNCH LAVEN	22Z SLT	12.99	10.39
63359	BATH SALTS HINDKI GING	22Z SLT	12.99	10.39
63362	BATH SALTS NIGHTY NITE	22Z SLT	12.99	10.39
63209	BODY LOT COCO VAN TANG	8 Z LOT	8.99	7.19
63290	BODY LOT FRENCH LAVEND	8 Z LOT	8.99	7.19
63291	BODY LOT GRAPEFR MINT	8 Z LOT	8.99	7.19
63251	BODY LOT ROSE CHAMOMIL	8 Z LOT	8.99	7.19
63166	FACE & MAKE UP REMOVE	30 PAD	6.99	5.59
51964	HAND SOAP FRENCH LAVEN	12Z LIQ	8.99	7.19
53896	HAND SOAP LEMON EUCAYP	12Z SOP	8.99	7.19

**ERBA VITA**

63036	GASSY KIDS SYRUP	5 Z LIQ	22.39	20.15
63037	LAX KIDS SYRUP	5 Z LIQ	22.39	20.15
63039	PROPOLIS CHILD SYRUP	3.3 LIQ	16.79	15.11
63038	PROPOLIS SOOTH SYRUP	6.8 LIQ	24.49	22.05
63042	PROPOLIS THROAT SPR KD	20M SPY	14.99	13.49
63041	PROPOLIS THROAT SPRAY	20M SPY	14.99	13.49
63035	QUIET KIDS SYRUP	5 Z LIQ	19.99	17.99

**ESSENTIAL FORMULAS**

63521	CHIA OMEGA + COQ10	60 SGC	49.95	44.95
63522	CHIA OMEGA + D3	60 SGC	47.95	43.15
63523	CHIA OMEGA + ENZYMES	60 SGC	47.95	43.15
63524	CHIA OMEGA + EPA & DHA	60 SGC	48.95	44.05
58412	ESSENTIAL LIVING OILS	60 VCA	36.25	32.63
55566	MAGOROKU SKIN CARE	1.7 CRM	38.45	34.60
54093	PROBIOTIC KAMPUKU SOAP	80G BAR	12.05	10.84
44650	PROBIOTICS ORIG FORM	60 CAP	59.35	53.41
42709	PROBIOTICS ORIG FORM	30 CAP	36.25	32.63
57224	PROBIOTICS PROF FORM	60 CAP	69.25	62.25

**ETHICAL NUTRIENTS**

18998	BONE BUILDER	220 TAB	29.75	26.77
36367	BONE BUILDER MAG/BOR/D	120 TAB	21.10	16.88
17576	BONE BUILDER W/BORON	220 TAB	26.99	21.56
38716	INTESTINAL CARE O/F	.45 PWD	17.95	14.36
34204	MAXI PROS PLUS	225 TAB	49.95	39.96
38542	THYRO VITAL	180 TAB	39.90	31.92

**EXTREME EDGE SPORTS**

60503	POST WORKOUT PWD VAN	1.3 PWD	39.95	31.95
60200	PRE WORKOUT PWD GRAPE	.66 PWD	22.95	18.36
60201	PRE WORKOUT PWD SAV LM	.66 PWD	22.95	18.36

**FLORA**

62769	7 SOURCES OMEGA 3 6 9	8.5 LIQ	19.99	15.99
62770	7 SOURCES OMEGA 3 6 9 F	17Z LIQ	35.99	28.79
51776	ADULT ENZY BLN ADV UDO	60 CAP	30.49	24.39
61963	ADULT PROBIOTIC ADV	60 CAP	40.49	32.39
44692	ADULT PROBIOTIC ADV UDO	30 CAP	21.49	17.19
61961	ADULTS PROBIOTIC BLEND	120 CAP	40.49	32.39
51780	ADULTS PROBIOTIC UDO'S	60 CAP	20.99	16.79
45053	BETA GLUCAN	60 CAP	73.79	59.03
51779	CHILDRENS PROBIOTIC UDO	60 CAP	16.49	13.19
60186	DHA 250 MG VEG ALGAE	60 SGC	31.49	25.19
26758	DIGEST ENZYMES UDO'S	90 VCA	29.49	23.59
53391	FLAX O MEGA FLAX OIL	90 CAP	13.79	11.03
24966	FLAX O MEGA FLAX OIL	180 CAP	25.79	20.63
30299	FLAX OIL	17Z LIQ	21.49	17.19
51769	FLAX OIL	32Z LIQ	33.79	27.03
34801	FLAX OIL GOLD	8.5 LIQ	10.99	8.79
51903	FLAX OIL HIGH LIGN ORG	17Z LIQ	21.49	17.19
22607	FLOR ESSENCE DRY 2.2OZ	2.2 PWD	37.99	30.39
22518	FLOR ESSENCE LIQ 17OZ	17Z LIQ	37.99	30.39
52619	FLOR ESSENCE LIQUID	32Z LIQ	59.49	47.59
63575	FLORA ESSENCE CRM 1.69	1.6 CRM	33.49	30.14
52374	GOJI BERRIES	8 Z MIS	12.49	9.99
51963	IMPERIAL GREEN TEA	16 BAG	6.29	5.03
51778	INFANT PROBIOTIC BL UDO	2.6 PWD	19.49	15.59
27194	OLIVE OIL ORGANIC	17Z LIQ	17.79	14.23
37692	PET ESSEN FOR DOGS UDO	16Z PWD	21.99	17.59
35688	PUMPKIN SEED OIL	8.5 LIQ	20.99	16.79
56123	SAMBU ELDERBERRY CONC	5.9 LIQ	17.49	13.99
56124	SAMBU GUARD KIDS	5.9 LIQ	20.49	16.39
54100	SAMBU GUARD LOZENGES	40 LOZ	12.99	10.39
42098	SESAME OIL	8.5 LIQ	9.99	8.99
40789	SILICA VEGETAL	90 CAP	19.49	15.59
40788	SILICA VEGETAL	180 CAP	35.49	28.39
65305	SLEEP ESSENCE	17Z LIQ	17.49	13.99
53198	SUNFLOWER	17Z LIQ	14.79	11.83
32345	SUPER 8 PROBIOTIC UDO'S	60 CHW	18.99	15.19
41935	SUPER 8 PROBIOTIC UDO'S	30 CAP	22.49	17.99
61962	SUPER 8 PROBIOTIC UDO'S	60 CAP	41.99	33.59
53394	SUPER BIFID0 + PROBIOT	30 CAP	46.49	37.19
15546	SWEDISH BITTERS ALC FR	3.3 LIQ	11.49	9.19
15547	SWEDISH BITTERS ALC FR	8.5 LIQ	24.49	19.59
53393	UDO'S CHOICE DHA OIL	8.5 LIQ	20.99	16.79
43947	UDO'S CHOICE HIGH LIGN	17Z LIQ	28.99	23.19
26794	UDO'S CHOICE OIL BLEND	90 CAP	20.49	16.39
23862	UDO'S CHOICE OIL BLEND	8.5 LIQ	17.49	13.99
53392	UDO'S CHOICE OIL BLEND	32Z LIQ	47.49	37.99
26795	UDO'S CHOICE OIL BLEND	180 CAP	35.49	28.39
24061	UDO'S CHOICE OIL BLEND	17Z LIQ	28.99	23.19

**FLORADIX**

22978	CAL MAG ZND/HRB LIQ	8.5 LIQ	26.79	21.43
41088	CAL MAG ZND/HRB LIQ	17Z LIQ	45.79	36.63
15531	CALCIUM LIQ 8.5Z	8.5 LIQ	26.79	21.43
15536	CHILD MULTIVITAMIN OZ	8.5 LIQ	24.49	19.59
15535	EPRESAT ADULT MULTI	17Z LIQ	50.49	40.39
15534	EPRESAT ADULT MULTI	8.5 LIQ	33.79	27.03
15529	FLORAVITAL FE/HRB YF	8.5 LIQ	26.79	21.43
15530	FLORAVITAL FE/HRB YF	17Z LIQ	45.79	36.63
15538	HERBAL BITTERS	8.5 LIQ	26.79	21.43
15525	IRON + HERBS 17OZ	17Z LIQ	45.79	36.63
15524	IRON + HERBS 8.5OZ	8.5 LIQ	26.79	21.43
61333	IRON TABS 10 MG	80 TAB	25.79	20.63

15533	MAGNESIUM LIQ 8.5Z	8.5 LIQ	26.79	21.43
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**FREEDA VITAMINS**

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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



order to protect it. The CITES certificate with a current date shows that the batch is authentic and not an illegally harvested batch. Consumers should insist on seeing this document which responsible manufacturers will always have and gladly show."

Willner Chemists Phyto-Tech™ Hoodia Gordonii 1:4 is tested authentic and certification to this effect is available on request.

Who can benefit from this supplement? Those who are overweight and suffer from excessive food cravings. A good complimentary product would be Phyto-Tech™ Green Tea Guo.

Phyto-Tech™ Hoodia Gordonii 1:4 is available in liquid herbal form (drops) and in liquid filled veggie caps. Each capsule or 30 drops of liquid contains 250 mg of Hoodia gordonii Aerial Parts, tested authentic.

Also available in a veggie cap, with each Phyto-Tech Hoodia capsule containing 250 mg of "selectively imported South African Hoodia gordonii Aerial Parts." (product code: 60133

1 fl oz liquid drops - Prod Code: 57017  
60 liquid filled Veggie Caps - Prod Code: 57050  
60 Veggie Caps - Prod Code: 60133

## Immune Acute Complex

**A blend of herbs that are thought to exert a direct, stimulating effect on immune function. The formula designed for treatment, rather than prevention**

Who might benefit from this herbal supplement? Those who sense the onset a cold, flu or similar condition. Those who need an immediate boost to their immune system.

Each serving of Phyto-Tech™ Immune Acute Complex (30 drops) contains the following: Astragalus Root 50 mg, Maitake Mushroom 50 mg, Shiitake Mushroom 50 mg, Fresh Echinacea angustifolia Root 75 mg, Forsythia Fruit 45 mg, Honeysuckle Flower 46 mg, Isatis Root 45 mg, Licorice Root 13 mg, Colloidal Silver 15 ppm, 0.05 ml, Garlic Bulb 13 mg, Beta-Glucan 5 mg, Eucalyptus Oil 0.6 mg, Menthol Crystals 1.5 mg, Deionized Water, Grain Alcohol.

Dosage: 30-60 drops, 1-2 times per day or as needed in juice or water. Increase frequency when needed. Shake well before using.

References: For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Immune Acute Complex", or use this url: <http://www.willner.com/article.aspx?artid=239>

Phyto-Tech Immune Acute Complex  
1 fl oz, Prod Code: 57728

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

## Immune Complex

**Supports healthy immune system function, especially on a long-term and preventive basis.**

Who can benefit from this product? Those who have a tendency to catch whatever "bug" is going around. Those who have frequent and long-lasting bouts of cold and flu, and those with any chronic immune deficiency problem.

Description: Phyto-Tech™ Immune Complex is a blend of immune system stimulating and adaptogenic herbs. When used long term, before symptoms are present it can decrease your risk of becoming ill. During illness, it helps prevent the spread of infections. Astragalus and Echinacea directly simulate immune function, while Red Root enhances lymphatic function. Suma, Eleuthero and Licorice are adaptogenic herbs that enhance immune function through strengthened stress response. This adaptogenic component makes Immune Complex an ideal supplement to use during chemotherapy.

This is not intended for use after you have come down with the cold, flu or similar condition. In that case, use one of the "acute" formulas, such as Phyto-Tech™ Echina Acute Complex.

Phyto-Tech™ Immune Complex contains the following herbs: Fresh Echinacea angustifolia Root, Astragalus Root, Red Root, Suma Root, Licorice Root, Eleuthero Root.

Complimentary Formulas: Phyto-Tech Ginseng Energy Blend, when fatigue and low energy present.

Phyto-Tech Astragalus Root 1:3, for added immune support.

Phyto-Tech Oregano Oil 70, for added immune support in acute conditions.

Phyto-Tech Respiratory Complex, when congestion is present.

Phyto-Tech Echina Acute Complex, for added immune support in acute conditions and when thick, discolored mucus is present.

Phyto-Tech Elderberry 1:2, especially for viral infections.

Phyto-Tech™ Immune Complex comes in a regular (alcohol) version and an alcohol free version.

1 fl oz ~ Regular - Prod Code: 57003  
1 fl oz ~ Alcohol Free - Prod Code: 57033

## Kava Root 1:2

## Kava Root 75 Standardized

**Long known around the world as an inducer of deep physical and mental relaxation, Kava is now considered a useful herb for calming and anxiety.**

Who can benefit from this supplement? Those with anxiety, mild depression, ADHD and insomnia related to an over active mind.

Phyto-Tech™ Kava Root 1:2 is available as a liquid extract, alcoholic and alcohol free, as well as a standardized liquid filled Veggie Cap. The liquid contains 500 mg of Kava per 30 drops. The liquid filled Veggie Cap is standardized to 75 mg Kavalactone per capsule (approximately 1,500 mg Kava).

Also available in a vegetarian capsule form. Each Phyto-Tech veggie cap contains 380 mg selectively imported Vanuatu Kava Root.

1 fl oz, Regular Liquid Herbal - Prod Code: 56947

1 fl oz, Alcohol Free Liquid - Prod Code: 56975

Phyto-Tech™ Kava Root 75

60 Liquid Filled Veggie Caps - Prod Code: 57049

Phyto-Tech Kava, 90 Veggie Caps - Prod Code: 60341

## Lemon Balm 1:2

1 fl oz - Prod Code: 57057

## Licorice Root 1:3

**Licorice is best known as a tonic for the adrenal gland, useful for those with fatigue or under stress.**

Who can benefit from this supplement? Those suffering from adrenal fatigue, stress, inflammatory conditions, gastric ulcers and lung congestion.

Licorice helps a stressed adrenal gland maintain its' production of adrenaline, cortisone and aldosterone, the hormones normally secreted by the adrenal gland. Aldosterone affects the body's ability to hold more water, and maintains normal hydration. Licorice also increases cortisol levels, thus helping to reduce inflammation. This can be helpful in conditions as varied as asthma, psoriasis, hepatitis, lupus, MS, arthritis, eczema and other auto immune disorders.

Licorice is also thought to have a synergistic action in herbal mixtures, and is commonly used, in small quantities, in herbal blends, especially in traditional Chinese medicine.

Phyto-Tech Licorice Root 1:3 contains 333 mg/ml (30 drops) of certified organic licorice root, along with pure grain alcohol and deionized water. Dosage is 20-40 drops, 2-3 times per day or as needed, in juice or water.

Cautions: Do not use during pregnancy or nursing; long term use might possible cause water retention and/or edema; theoretically, could increase blood pressure at higher doses and over long term use.

1 fl oz - Prod Code: 56986

... continued on page 58



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



### GAIA HERBS

51025	ADRENAL HEALTH	60 CAP	29.99	26.99
63936	ADRENAL HEALTH	120 CAP	49.99	44.99
62702	ASHWAGANDHA ROOT	60 CAP	24.99	22.49
62694	ASTRAGALUS ROOT A/F	12 LIQ	12.99	11.69
37353	ASTRAGALUS ROOT A/F	42 LIQ	44.99	40.49
43585	ASTRAGALUS SUPREME	60 CAP	29.99	26.99
44281	BLACK COHOSH EXT 60 MG	60 CAP	27.99	25.19
40123	BLACK ELDERBERRY	60 CAP	27.99	25.19
60840	BLACK ELDERBERRY KIDS	32 LIQ	19.99	17.99
56193	BLACK ELDERBERRY NIGHT	5.4 LIQ	32.99	29.69
56190	BLACK ELDERBERRY SYRUP	32 LIQ	21.99	19.79
56191	BLACK ELDERBERRY SYRUP	5.4 LIQ	32.99	29.69
56189	BRONCHIAL WELLNESS SYR	5.4 LIQ	24.99	22.49
60215	BRONCHIAL WELLNESS TEA	20 BAG	7.99	7.19
33026	BURDOCK ROOT	12 LIQ	12.99	11.69
51958	CINNAMON BARK	60 GEL	25.99	23.39
65071	CINNAMON BARK G	12 LIQ	12.99	11.69
63501	COUGH SYRUP KIDS A/F	32 LIQ	19.99	17.99
38407	DEEP LIVER SUPPORT	60 CAP	27.99	25.19
60217	DIET SLIM TEA	20 BAG	7.99	7.19
38149	ECHIN GOLDENSL SUPREME	60 CAP	29.99	26.99
37482	ECHIN GOLDENSL SUPREME	12 LIQ	12.99	11.69
23820	ECHIN GOLDENSL SUPREME	42 LIQ	44.99	40.49
38148	ECHIN SUPREME	60 SGC	29.99	26.99
23168	ECHIN SUPREME	12 LIQ	13.99	12.59
37481	ECHIN SUPREME	22 LIQ	25.99	23.39
24900	ECHIN/COLDE/PROP/SPRAY	12 LIQ	13.99	12.59
57425	ECHINACEA SUPREME	30 CAP	17.99	16.19
38167	ELEUTHERO ROOT	60 SGC	27.99	25.19
38150	ENERGY VITALITY	60 SGC	29.99	26.99
24985	FEM RESTORE SUP	12 LIQ	13.99	12.59
60638	FRESH BREATH SPRAY	52 SPY	7.50	6.75
57208	GAS & BLOATING CAP	50 CAP	24.99	22.49
60218	GAS AND BLOATING TEA	20 BAG	7.99	7.19
55203	GINGER SUPREME	60 CAP	34.99	31.49
38152	GINGKO LEAF	60 SGC	29.99	26.99
24221	GINSENG WILD SUPREME	12 LIQ	21.99	19.79
54341	GLYCEMIC HEALTH	60 GEL	29.99	26.99
56099	GREEN TEA	60 VCA	27.99	25.19
56101	GREEN TEA LIQ	12 LIQ	13.99	12.59
31150	HAWTHORN BERRY A/F	22 LIQ	24.99	22.49
36572	HAWTHORN SUPREME	22 LIQ	25.99	23.39
38153	HAWTHORN SUPREME	60 SGC	29.99	26.99
60219	HERBAL DIGEST TEA	20 BAG	7.99	7.19
61014	HIBISCUS FLOWER	60 VCA	19.99	17.99
51194	HOLY BASIL	60 CAP	29.99	26.99
54421	HOLY BASIL	12 LIQ	13.99	12.59
63502	HOLY BASIL LEAF	120 VCA	49.99	44.99
62886	IRON LIQ PLANTFORCE	8.5 LIQ	25.99	23.39
38154	KAVA KAVA	60 SGC	29.99	26.99

62273	KAVA KAVA ROOT XTRA ST	22 LIQ	51.99	46.79
62555	LACTATION SUPPORT TEA	20 BAG	7.99	7.19
30410	LEMON BALM	12 LIQ	12.99	11.69
29766	LICORICE ROOT	12 LIQ	12.99	11.69
38482	LIVER HEALTH LP	60 CAP	29.99	26.99
64072	MACA	60 CAP	19.99	17.99
65413	MACA PWD ORG GELATINZ	82 PWD	34.99	31.49
38155	MALE LIBIDO	60 SGC	27.99	25.19
40130	MENTAL ALERTNESS	60 CAP	29.99	26.99
33680	MILK THIS YELLOW DOCK	22 LIQ	24.99	22.49
38157	MILK THISTLE SEED	60 SGC	29.99	26.99
64885	MILK THISTLE SEED	120 SGC	49.99	44.99
56799	NATURAL LAXATIVE	90 CAP	14.99	13.49
60220	NATURAL LAXATIVE TEA	20 BAG	7.99	7.19
38159	OLIVE LEAF	60 SGC	26.99	24.29
56102	OLIVE LEAF LIQUID	12 LIQ	14.99	13.49
38160	OREGANO OIL	60 SGC	26.99	24.29
55030	PARA SHIELD	60 CAP	31.99	28.79
62272	PASSION FLOWER VINE	12 LIQ	13.99	12.59
52243	PAU D'ARCO BARK	12 LIQ	12.99	11.69
52243	PROSTATE HEALTH	60 SGC	29.99	26.99
52378	QUICK DEFENSE	40 CAP	41.99	37.79
24398	RED CLOVER SUPREME	42 LIQ	43.99	39.59
57210	REFLUX RELIEF CHW	24 CHW	19.99	17.99
38409	RESPIRATORY DEFENSE	60 SGC	29.99	26.99
59635	RESVERATROL 150 MG	50 CAP	23.99	21.59
41914	RHODIOLA ROSEA EXT 240	60 SGC	27.99	25.19
64412	RHODIOLA ROSEA EXT 240	120 VCA	45.99	41.39
38165	SAW PALMETTO	60 SGC	26.99	24.29
24101	SCUDDERS ALTERNATIVE	22 LIQ	24.99	22.49
38166	SERENITY W. KAVA KAVA	60 SGC	29.99	26.99
61781	SLEEP & RELAX CAP	50 CAP	29.99	26.99
60221	SLEEP AND RELAX TEA	20 BAG	7.99	7.19
61762	SLEEPTHRU VCAP	60 VCA	29.99	26.99
56493	SOUND SLEEP	30 VCA	17.99	16.19
56104	ST JOHN'S WORT FLOW LIQ	12 LIQ	12.99	11.69
29097	SWEETISH BITTER ELIXIR	42 LIQ	32.99	29.69
57751	THROAT SHIELD SPRAY	30M SPY	24.99	22.49
62550	THROAT SHIELD TEA	20 BAG	7.99	7.19
38369	THYROID SUPPORT	60 SGC	29.99	26.99
64291	TURMERIC SUPR PAIN PM	30 VCA	24.99	22.49
56313	TURMERIC SUPREME	60 CAP	29.99	26.99
64292	TURMERIC SUPREME ALLER	60 VCA	29.99	26.99
64289	TURMERIC SUPREME EXTRA	120 VCA	49.99	44.99
64293	TURMERIC SUPREME HEART	60 VCA	29.99	26.99
64295	TURMERIC SUPREME JOINT	60 VCA	29.99	26.99
64290	TURMERIC SUPREME PAIN	60 VCA	29.99	26.99
40122	URINARY SUPPORT	60 CAP	29.99	26.99
31346	USNEA UVA URSI SUPREME	22 LIQ	28.99	26.09
25598	USNEA UVA URSI SUPREME	12 LIQ	14.99	13.49
26098	VALERIAN POPPY SUPREME	12 LIQ	12.99	11.69
38170	VALERIAN ROOT EXT 100	60 SGC	27.99	25.19

56103	VALERIAN ROOT LIQ ORG	12 LIQ	13.99	12.59
38410	VISION ENHANCEMENT	60 SGC	29.99	26.99
63993	VITEX BERRY	60 CAP	19.99	17.99
28934	VITEX ELIXIR FOR WOM	22 LIQ	14.99	13.49
60188	VITEX ELIXIR FOR WOMEN	42 LIQ	25.99	23.39
52379	WHOLE BODY DEFENSE	60 CAP	29.99	26.99
59915	WILD OATS MILKY SEED	12 LIQ	13.99	12.59
38161	WOMENS BALANCE	60 SGC	29.99	26.99
38171	WOMENS LIBIDO	60 SGC	27.99	25.19

### GARDEN OF LIFE

62324	5 OY MX CR 400B PRB RW	756 PWD	41.95	35.85
56118	50 & WISER MENS MULTI	120 CAP	43.17	36.69
56117	50 & WISER WOMENS MULT	120 CAP	43.17	36.69
56827	B COMPLEX RAW	60 VCA	21.56	18.32
56556	B12 1000 RAW	30 VCA	16.15	13.72
64572	B12 500 METHYL SPR KND	22 SPY	16.95	14.40
64571	BETTER BRAIN OCEANS 3	90 SGC	47.32	40.22
56392	C 150 MG RAW	60 VCA	19.39	16.48
43635	C L O OIL	12 LIQ	18.33	15.58
57921	CALCIUM 150 MG RAW	120 VCA	48.61	41.32
64975	CALCIUM 150 MG RAW VIT	60 VCA	28.06	22.44
63708	CANDIDA CLEANSE RAW	60 CAP	47.20	40.12
62162	COCONUT OIL ORGANIC	322 OIL	32.39	27.53
41762	COCONUT OIL ORGANIC	162 LIQ	17.25	14.66
62321	COLON CARE SOB PROB RW	30 CAP	41.95	35.85
60674	COO10 RAW VIT CODE	60 CAP	52.45	44.58
64573	O3 1000 VEG SPR VN KND	22 SPY	21.95	18.65
58029	O3 2000 RAW VIT CODE	60 CAP	21.58	18.34
60673	O3 5000 RAW VIT CODE	60 CAP	26.20	22.27
53861	DETOXIFIBER ORGANIC	300 PWD	22.66	19.26
57916	DHA CHW OCEANS KIDS	120 CHW	18.48	15.71
58580	E 250 IU VITAMIN CODE	60 CAP	26.97	22.92
59353	ENZYMES MEN RAW	90 CAP	52.45	44.58
60479	ENZYMES RAW WOMEN 50 &	90 VCA	52.45	44.58
59352	ENZYMES WOMEN RAW	90 CAP	52.45	44.58
58060	FAMILY MULTI VIT CODE	120 CAP	43.17	36.69
59354	FIBER RAW	600 PWD	34.60	29.41
61172	FUCO THIN	180 SGC	86.47	73.49
53607	FUCO THIN	90 SGC	53.98	45.88
62782	FUCO THIN GREEN	90 CAP	52.45	44.58
42166	FUNGAL DEFENSE	84 CPL	43.21	36.72
38726	GOATEIN PWD	450 PWD	64.95	55.20
57655	GROW BONE	KIT KIT	59.43	50.51
62233	HEALTHY BLOOD VIT CODE	60 VCA	16.75	14.23
57744	IRON 22 MG RAW VIT COD	30 VCA	16.15	13.72
62234	K COMPLEX RAW K1/K2	60 VCA	29.35	24.94
59002	KIDS MULTI VITAM CODE	30 CHW	17.25	14.66



# When it comes to potent probiotics Pick Differently



Uniquely made with 100% HDS Probiotics™ (human digestive strains), Primadophilus® Optima High Potency formulas are compatible with your intestinal tract to support healthy digestion, regularity & immunity.\*

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



64283	RAW MEAL PWD CHC COC	21Z	PWD	31.95	27.15
64281	RAW MEAL PWD VAN CHAI	21Z	PWD	31.95	27.15
61559	RAW MEAL PWD VANILLA	2.5	PWD	59.95	50.95
63202	RAW MEAL PWD VN CHI OG	2.5	PWD	59.95	50.95
63203	RAW PROT PWD VN CHI OG	22Z	PWD	45.26	38.47
61556	RAW PROTEIN CHOC ORG	650	PWD	45.26	38.47
58032	RAW PROTEIN ORGANIC	62Z	PWD	45.26	38.47
61557	RAW PROTEIN VAN ORG	631	PWD	45.26	38.47
60675	RESVERATROL RAW VT CD G	60	CAP	52.45	44.58
39990	RM # 10	60	CPL	45.37	38.56
51833	RM # 10 IMMUNE SYSTEM	120	TAB	73.49	62.39
41602	SUPER SEED PWD	600	PWD	26.98	22.93
62223	ULT CARE 100B PROB RAW	30	CAP	49.95	42.45
62322	VAGINAL CRE 50B PRB RW	30	CAP	41.95	35.65
63198	WILD ROSE HERBAL D TOX	KIT	KIT	36.70	31.19
40907	WOBENZYM N TAB	100	TAB	39.97	33.97
21151	WOBENZYM N TAB	200	TAB	68.09	57.87
41028	WOBENZYM N TAB	400	TAB	130.82	111.19
22367	WOBENZYM N TAB	800	TAB	216.26	183.82
60423	WOMEN MULTI RAW ONE	30	VCA	26.98	22.93
56871	WOMEN MULTI RAW ONE	75	VCA	37.78	32.11
64558	WOMENS 40 + MULTI KIND	60	TAB	49.95	42.45
64559	WOMENS 40 + MULTI KIND	120	TAB	79.95	67.95
64566	WOMENS MULTI KIND ORG	60	TAB	49.95	42.45
64567	WOMENS MULTI KIND ORG	120	TAB	79.95	67.95
64571	WOMENS ONCE DAILY KIND	30	TAB	29.95	25.45
64570	WOMENS ONCE DAILY KIND	60	TAB	49.95	42.45
62235	ZINC 30 MG RAW VIT COD	60	VCA	13.60	11.56

## GARY NULL

24297	ALOE HEAVENLY CHERRY	33	LIQ	36.95	33.25
26894	AM SUPER	120	CAP	35.40	31.86
39199	ANTIOXIDANT SUPER	90	CAP	65.40	58.86
20881	B COMPLEX MULTI VITAM	60	TAB	17.40	15.66
23457	CAL MAG SUPER	120	CAP	16.40	14.76
14689	CARNITINE 250 TAB	30	TAB	16.40	14.76
62297	CONDIT NATURAL HAIR	16Z	LIQ	34.99	31.49
29608	DIGESTIVE ENZYME II	100	CAP	17.40	15.66
34519	FIBER STUFF	.99	PWD	34.95	31.45
59178	GREEN STUFF 500G	500	PWD	68.95	62.05
38067	HEAVENLY REFINING CRM	4.5	CRM	26.40	23.76
64414	MUSCLE STUFF VANILLA	1.5	PWD	39.99	35.99
20884	OMEGA 3 1000	100	SGC	23.40	21.06
26895	PM SUPER	120	CAP	35.40	31.86
32822	PROSTATE CARE	60	CAP	29.95	26.95
44688	RED STUFF PWD	500	PWD	111.40	100.26
37338	RED STUFF VCAP	300	VCA	49.95	44.95
62296	SHAMPOO NATURAL HAIR	16Z	LIQ	29.99	26.99
25601	SUPREMA C CHERRY	180	CHW	29.40	26.46
64007	SUPREMA C EXTRA PINCAP	16.	PWD	84.95	76.46
14682	SUPREMA C PWD STRAWBRY	24Z	PWD	53.40	48.06
14687	ZINC PICOL 25	60	TAB	7.60	6.84

## GENACOL USA

59937	GENACOL COLLAGEN 1200	90	CAP	33.99	30.59
60209	GENACOL COLLAGEN 1200	180	CAP	60.99	60.99
59936	GENACOL INST TOPIC GEL	4.2	GEL	25.99	23.39
64724	GENACOL PLUS GLUCOSAM	90	CAP	39.99	39.99

## GENCEUTIC NATURALS

63060	AFRICAN MANGO W/GRN T	60	VCA	39.99	31.99
63052	CINNAMON 500 MG ORG	60	CAP	17.99	14.39
63049	COQ10 100 24 HR MICRO	60	VCA	31.99	25.59
63047	CURCUMIN 250 MG	60	SGC	34.99	27.99
63062	GREEN COFFEE BN 400 BN	120	VCA	34.99	27.99
63050	MILK THISTLE EXT 350	60	CAP	27.99	22.39
63064	PLANT HEAD PROT CHOC	1.7	PWD	29.99	23.99
63065	PLANT HEAD PROT VAN	1.7	PWD	29.99	23.99
65248	PLANT HEAD RL MEAL CHC	2.3	PWD	49.99	39.99
65249	PLANT HEAD RL MEAL VAN	2.3	PWD	49.99	39.99
63063	PTEROSTILBENE 100 MG	60	VCA	29.99	23.99
63787	PTEROSTILBENE + RESV	60	VCA	34.99	27.99
63046	R LIPIC ACID 300 MG	60	VCA	49.99	39.99
63054	RASP KETONES 200 2X60	120	VCA	34.99	27.99
63061	RESVERATROL 500 TRANS	60	VCA	59.99	47.99
63572	SAFFLOWER OIL HIGH LIN	22Z	SGC	29.99	23.99
63053	TURMERIC 300 MG ORG	60	CAP	17.99	14.39

## GENERAL RESEARCH

10422	A PALMITATE 25	100	TAB	10.00	8.00
39836	FOLIC ACID 5 MG	100	CAP	12.50	10.00
10478	MAGNESIUM FORTE	100	CAP	18.00	14.40
10480	MAGNESIUM OXIDE 500 MG	100	TAB	10.00	8.00
10498	PANCREAS CMD/UNCODAT	500	TAB	45.00	36.00
10505	POLY YIM 022	200	TAB	50.00	40.00
10517	THYMUS RAW	100	TAB	10.00	8.00

## GENESIS TODAY

60955	4 RESVERATROL	32Z	LIQ	38.95	38.95
60956	ACAI 100 ORGANIC	32Z	LIQ	42.10	42.10
61835	BLACK RASPBERRY VCAP	60	VCA	22.99	22.99
62377	CALIFORNIA POPPY 400	400	VCA	23.99	23.99
60975	DIGESTION VCAP GENESST	90	VCA	39.99	39.99
60974	FIBER PWD GENESSENTIAL	9 Z	PWD	21.99	21.99
62367	GARCINIA CAMBOGIA 400	60	VCA	23.99	23.99
61586	GREEN COFFEE BEAN 400	60	VCA	23.99	23.99
62366	GREEN COFFEE BN W/SVET	60	VCA	26.99	26.99
60971	GREENS PWD GENESSENT	15.	PWD	45.99	45.99
63086	LIVER CLEANSE LIQ	32Z	LIQ	36.99	36.99
62376	MAGNOLIA BARK EXT 400	60	VCA	23.99	23.99
60958	MANGOSTEEN 100 ORGANIC	32Z	LIQ	36.10	36.10
62371	MORINGA 400 MG	60	VCA	23.99	23.99
63759	MULBERRY WHITE 400 MG	60	CAP	23.99	23.99
63760	MULBERRY WHITE TEA	45	BAG	19.99	19.99
64586	NATURE TRIM 5	90	VCA	39.99	39.99
60959	NONI 100 ORGANIC	32Z	LIQ	36.10	36.10
60960	POWER 4	32Z	LIQ	46.10	46.10
61429	PROBIOTIC SUPERFRUIT	90	VCA	45.99	45.99
62373	RASPBERRY KETONE 400	60	VCA	23.99	23.99
62375	RESVERATROL ULTRA	60	VCA	41.98	41.98
60962	SEA BUCKTHORN	32Z	LIQ	38.95	38.95
60972	SUPERFRUIT 3 6 7 9 BLN	90	SGC	24.99	24.99
60973	SUPERFRUIT 3 6 7 9 BLN	180	SGC	42.99	42.99

63885	TOTAL CLEANSE KIT	KIT	KIT	28.50	28.50
62338	TOTAL NUTRITION LIQ OG	32Z	LIQ	39.95	39.95
62731	TOTAL NUTRITION LIQ OG	4.2	LIQ	7.99	7.99
64538	YACON SYRUP	8.2	LIQ	29.99	29.99

## GENUINE HEALTH

62465	ABS + SGC	90	SGC	30.99	26.34
62477	FAST BACK + CARE	90	CAP	49.99	42.49
62475	FAST JOINT + CARE	30	CAP	39.99	33.49
62476	FAST JOINT + CARE XTRA	60	CAP	49.99	42.49
62466	GO 4 TRIM STICKPACK	21	PAK	34.99	29.24
62959	HEALTHY SKIN CHOC CHW	45	CHW	25.99	22.09
62468	LEAN + EXTRA STRENGTH	60	CAP	30.99	26.34
62470	VEGAN PROTEINS + CH BOX	15	PAK	44.99	38.24
62474	VEGAN PROTEINS + CHOC	840	PWD	49.99	42.49
62618	VEGAN PROTEINS + OBL CH	10Z	PWD	20.99	17.84
62619	VEGAN PROTEINS + STR VN	9.7	PWD	24.99	22.49
63168	VEGAN PROTEINS + STR VN	21Z	PWD	49.99	42.49
62473	VEGAN PROTEINS + VAN	840	PWD	49.99	42.49
62636	VEGAN PROTEINS + VAN	10Z	PWD	20.99	17.84
62472	VEGAN PROTEINS + VAN BX	15	PAK	44.99	38.24
63845	WHOLE BOB NUT FRM ACAI	525	PWD	59.99	50.99
63844	WHOLE BODY NUTR FERM	490	PWD	59.99	50.99

## GEORGE'S

55419	ALOE VERA GEL	8.2	GEL	8.19	6.55
55575	ALOE VERA LIQ 100 %	32Z	LIQ	10.19	8.15
51578	ALOE VERA LIQUID 100%	6AL	LIQ	31.79	25.43

## GIOVANNI

31176	CONDIT DIRECT LEAVE IN	8.2	LIQ	7.95	6.36
29532	CONDITI SMOOTH AS SILK	8.2	LIQ	7.95	6.36
29531	CONDITIONER 50/50 BAL	8.2	LIQ	7.95	6.36
34504	CONDITIONER TEA TREE	8.2	LIQ	7.95	6.36
29529	SHAMPOO 50/50 BALANCED	8.2	LIQ	7.95	6.36
29528	SHAMPOO GOLDEN WHEAT	8.2	LIQ	7.95	6.36
61087	SHAMPOO SMOOTH AS SILK	8.5	LIQ	7.99	6.39
29530	SHAMPOO TEA TREE TRIP	8.2	LIQ	7.95	6.36
62300	STRAIGHT FAST	6.8	LIQ	10.99	8.79
31181	SUNSET LAVENDER	8.2	LOT	7.95	6.36

## GREEN FOODS

34977	BARLEY ESSENCE BERRY	5.3	PWD	21.99	17.59
62933	BEEF ESSENCE ORGANIC	5.3	PWD	21.99	17.59
32751	CARROT ESSENCE PWD	6.8	PWD	21.99	17.59
40195	GREEN MAGMA PWD	11Z	PWD	54.99	43.99
17479	GREEN MAGMA USA PWD OZ	5.3	PWD	32.99	26.39
17478	GREEN MAGMA USA PWD OZ	2.8	PWD	17.65	14.12
17480	GREEN MAGMA USA TAB	250	TAB	27.55	22.04
30057	MAGMA PLUS 10.5 OZ	10.	PWD	43.99	35.19
64753	MATCHA GREEN TEA PWD	2.2	PWD	20.00	16.00
63332	WHEAT GRASS PWD 10.6	10.	PWD	39.99	31.99
63862	WHEAT GRASS PWD ORGANI	5.3	PWD	23.99	19.19

## GREENS PLUS

62408	CAMU CAMU C 400 MG	120	VCA	36.99	29.59
61487	GREENS PLUS PWD ORG BR	8.4	PWD	29.95	26.95
59182	GREENS PLUS PWD ORG CH	240	PWD	30.99	24.79
23479	MULTI ADV RAW SUPERFO	9.4	PWD	49.99	44.99
62409	MULTI ADV VAN CHAI	9.4	PWD	49.99	44.99
51724	MULTI ADV WLD BERR	9.4	PWD	49.99	44.99
61493	OMEGA 3 CHIA SEED ORG	11B	SED	19.95	17.95
59183	SUPERFOOD RAW PWD OP	240	PWD	29.95	26.95

## HEALTH AID AMERICA

63627	2 DAY DETOX PLAN LIQ	3.3	LIQ	23.99	21.59
60788	DAILYPROBIO 10 BILLION	100	VCA	34.99	31.49
64181	FEMPROBIO 50 BILL VAGN	30	CAP	39.99	35.99
63626	GARLIC BLACK OORLESS	30	CAP	20.99	18.89
63590	HAIR VIT ONE A DAY	30	SGC	25.99	23.39
58926	IMMUPROBIO 50 BILLION	30	VCA	37.99	34.39
62274	IMMUPROBIO 50 BILLION	60	VCA	67.99	61.19
62204	MUSHROOM TONIC SPRAY	1.2	SPY	32.99	29.69
64182	SENIORPROBIO 30 BILL	30	CAP	31.49	28.34
62205	SIBERGIN SPORTS SPRAY	1.2	SPY	19.99	17.99
60787	TRAVELPROBIO 10 BILL	30	VCA	17.99	16.19

## HEALTH CONCERNS

30080	8 TREASURERS	90	TAB	21.50	19.35
15515	ASTRA 8	90	TAB	21.50	19.35
27975	ASTRA C	90	TAB	21.50	19.35
24439	ASTRA ESSENCE	90	TAB	21.50	19.35
26546	ASTRA ESSENCE	270	TAB	43.90	39.51
24945	ASTRA ISATIS	270	CAP	43.90	39.51
24944	ASTRA ISATIS	90	CAP	21.50	19.35
21183	DUPLURUM (ENTANGL QI)	90	TAB	21.50	19.35
27230	CALM SPIRIT	90	TAB	21.50	19.35
40384	CALM SPIRIT	270	TAB	43.90	39.51
36316	CHANNEL FLOW	60	TAB	21.50	19.35
27938	CLEAR AIR	90	TAB	21.50	19.35
26548	CLEAR HEAT	90	TAB	21.50	19.35
38209	COLD AWAY	90	TAB	19.95	17.95
31434	COPTIS PURGE FIRE	90	TAB	21.	



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1 fl oz, # 63003

**Cinnamon Leaf**

1 fl oz, #62679

**Clove**

1 fl oz, #63004

**Eucalyptus**

1 fl oz, #62680 ~ 4 fl oz, #62681

**Grapefruit (Pink)**

1 fl oz, #62710

**Lavender (French)**

1 fl oz, #63005 ~ 4 fl oz, #62787

**Lavender (Bulgarian)**

1 fl oz, #62815

**Lemon**

1 fl oz, #63006

**Orange (Sweet)**

1 fl oz, #62820

**Oregano**

1 fl oz, #62821

**Patchouli**

1 fl oz, #62822

**Peppermint**

1 fl oz, #62884 ~ 4 fl oz, #63007

**Rosemary**

1 fl oz, #63008

**Tea Tree (Australian)**

1 fl oz, #63009 ~ 4 fl oz, #63010

**Ylang Ylang**

1 fl oz, #63011

To see a current price listing, go to  
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- Request a free supplement consultation with our pharmacists.
- Attend product demo's & sampling at our stores in Manhattan:  
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## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



### Liver Support

**This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.**

Who can benefit from this supplement? Those who feel they would benefit from

- a systemic cleansing stimulant
- a specific liver function stimulant
- protecting the liver from exposure to toxins
- skin cleansing via liver detox
- bile stimulation

In many medical approaches, the liver is central to a myriad of health problems.

Phyto-Tech™ Liver Support comes in a liquid herbal form, regular and alcohol free, as well as a standardized liquid filled Veggie Cap. The latter is standardized to Silymarin content, and will be discussed in the next monograph.

The liquid supplement contains the following herbs: Fresh Dandelion Root, Red Root, Oregon Grape Root, Milk Thistle Seed, Yellow Dock Root, Fresh Ginger Root, Fringe Tree Bark.

1 fl oz - Regular (alcoholic), Prod Code: 56948

1 fl oz ~ Alcohol Free, Prod Code: 56971

### Liver Support Caps

#### Standardized

**This herbal blend has a systemic detox action, supporting liver function and blood cleansing, protecting the body from environmental and dietary toxins.**

This formula is a modification of the liquid herbal Liver Support product already described. In a normal liquid extract, it is not possible to get levels of Silymarin, the active component of Milk Thistle, at the high levels called for in some of the clinical research. Therefore, this modified formula, in a liquid filled Veggie Cap was developed, with added standardized Silymarin content.

Each Phyto-Tech™ Liver Support Standardized Veggie Cap contains the following: Oregon Grape

Root, Milk Thistle Seed, Yellow Dock Root, Burdock Root, Dandelion Root, Red Root, Fringe Tree Bark, and Silymarin (Milk Thistle) 80 mg.

60 Liquid Filled Veggie Caps, Prod Code: 57048

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

### Lobelia 1:2

**Medically, lobelia is known as a parasympathomimetic. It stimulates the parasympathetic nervous system, countering the effect of adrenal stimulation and stress.**

Who can benefit from this herbal supplement? Those suffering from excess adrenal stimulation and stress, including anxiety, panic attacks, insomnia, ADHD and nervousness.

Lobelia contains an alkaloid called lobeline that is chemically similar to nicotine. Lobelia will decrease the physical craving for cigarettes as lobeline fools the binding sites that are looking for nicotine. Lobelia has historically been used to help one who wants to quit smoking. It also calms the stress one goes through and opens the lungs to help expectorate. It is perfect in its action for smoking cessation.

Phyto-Tech™ Lobelia 1:2 contains fresh lobelia inflata herb, (500 mg/ml, or 30 drops), pure grain alcohol, and pure deionized water. General, and long term dosage is 10-30 drops, 2-3 times daily in juice or water. For acute, short term needs, one can take 10-30 squirts every hour as needed. Use caution if you have low blood pressure, and do not use during pregnancy.

1 fl oz - Prod Code: 56988

### Lustrous Hair

**A herbal blend based on Traditional Chinese Medicine that stimulates hair growth and healthy, lustrous hair.**

Who might benefit from this herbal supplement? Those who suffer from hair loss or thinning, brittle, dull hair.

Phyto-Tech™ Lustrous Hair contains Fo-Ti Root 230 mg, Rehmannia Root 220 mg, Astragalus Root 110 mg, Dong Quai Root 90 mg, White Peony Root 90 mg, Safflower Flower 70 mg, Chinese Salvia Root 60 mg, Liguisticum wallichii Rhizome 60 mg. Alcohol Pure Grain, Water Pure Deionized

Cautions: Do not take during pregnancy or while nursing. Keep out of the reach of children.

Dosage: 60 drops, 1-2 times a day, in juice or water. Shake well before using.

References: For more information on this product, go the reference library section of the Willner Chemists web site, www.willner.com, under "Articles & Reprints." Look for "Lustrous Hair."

Phyto-Tech Lustrous Hair, 2 fl oz, Prod Code: 57733

### Lymphatic Complex

**A blend of herbs affecting the lymphatic system.**

Phyto-Tech™ Lymphatic Complex contains: Red Root, Fresh Ocotillo Bark, Stillingea Root, Fresh Astragalus Root, Fresh Ginger Root, Grain Alcohol, Deionized Water

Dosage: General: 20-40 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops, 3-4 times per day until symptoms reduce.

1 fl oz - Prod Code: 56997

### Maca Root

**A native Peruvian herb, Maca's traditional use for enhancing overall vigor and fertility has been confirmed by animal studies showing it promotes libido, sexual potency and energy.**

Who can benefit from this supplement? Those with age-related sexual dysfunction, low libido, lack of energy and vigor.

According to Dr. Arthur Presser's book, Pharmacist's Guide to Medicinal Herbs, the "modern day uses" for Maca "are probably no different than Maca's ancient uses. They include:

- Aphrodisiac
- Fertility
- Impotence
- Erectile dysfunction
- Vitality
- Menopause & Menstruation
- Mental clarity
- Chronic Fatigue Syndrome
- General immunity
- Anabolic steroid alternative

1 fl oz (500 mg per 30 drops), Prod Code: 57076

### Male Virility

**A blend of well-researched herbs known to enhance men's libido and sexual performance.**

Who might benefit from this herbal supplement? Those men who suffer from decreased libido or impaired sexual function.

Phyto-Tech™ Male Virility contains Maca Root 97 mg, Epimedium Herb 75 mg, Fresh Wild Oat Seed 75 mg, Tribulus Seed 75 mg, Yohimbe Bark 50 mg, Saw Palmetto Berry 17 mg, American Ginseng Root 17 mg, Vitamin B12 60 mcg, L-Arginine 20 mg, Pine Park Extract 5 mg.

Cautions: There may be serious underlying medical problems that could contribute to, or cause, male sexual dysfunction. Consult with a physician to determine if such problems exist. Use this product

... continued on page 60

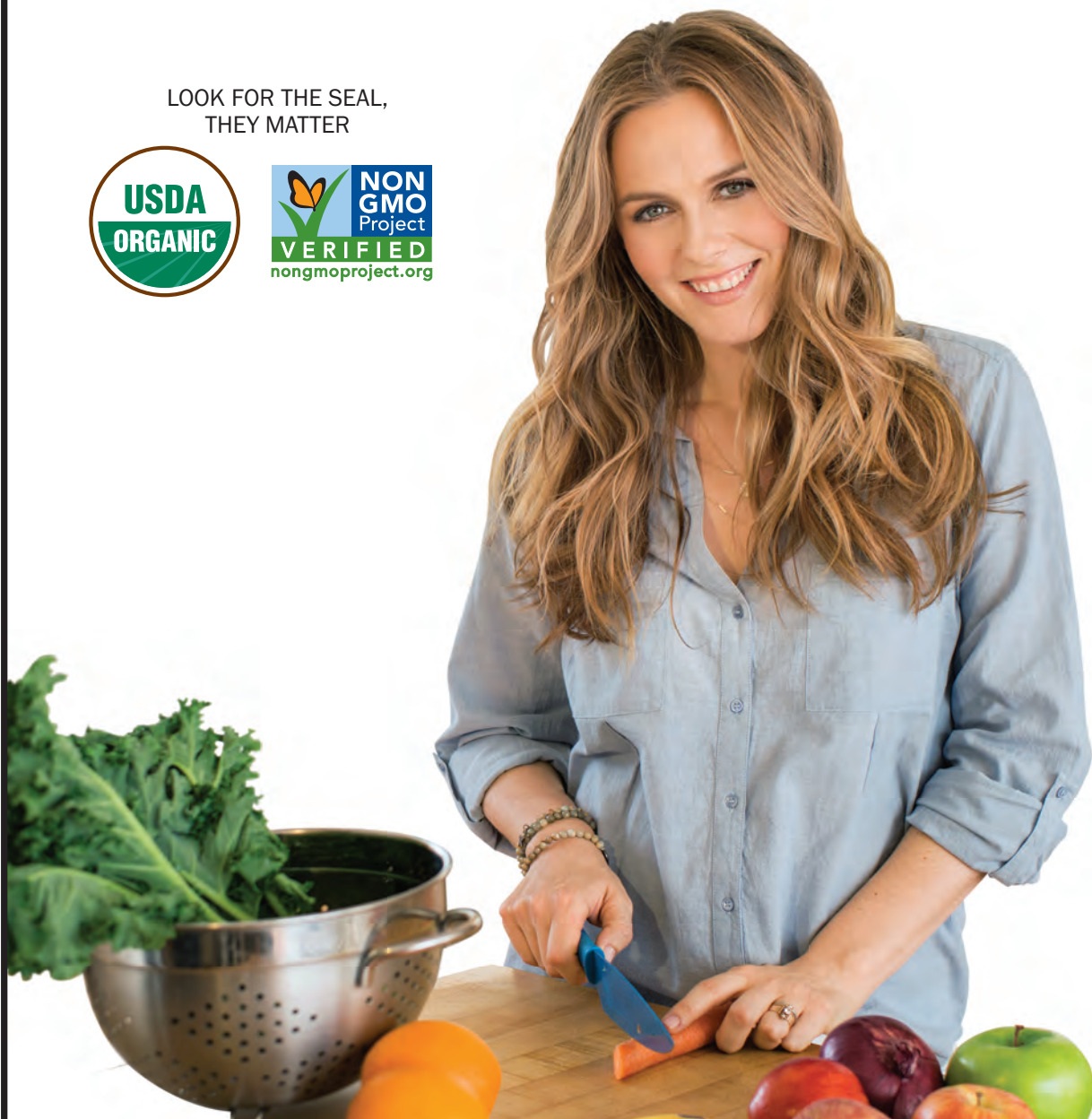
## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



17621	CHASTE TREE	1Z LIQ	12.50	10.00	17666	HORSE CHESTNUT EXT	1Z LIQ	12.50	10.00	17722	SHEPHERDS PURSE	1Z LIQ	11.99	9.59	<b>HERBAL DESTINATION</b>				
43907	CILANTRO EXT	1Z LIQ	13.00	10.40	17669	HYDRANGEA ROOT EXT	1Z LIQ	12.50	10.00	17727	SPLANTHES	1Z LIQ	12.59	10.07	62597	MEMORY HRX VCAP	60 VCA	24.99	22.49
50909	CINNAMON	1Z LIQ	12.50	10.00	17670	HYSSOP	1Z LIQ	12.50	10.00	17716	ST JOHN'S WORT	1Z LIQ	13.00	10.40	62598	SNOOZE HRX VCAP	60 VCA	19.99	17.99
65383	CINNAMON BARK	8Z LIQ	88.40	70.72	22040	IMMUNE DEFENSE TONIC	1Z LIQ	13.00	10.40	17717	ST JOHN'S WORT OIL	1Z LIQ	13.00	10.40	60161	VGOR HRX VCAP	60 TAB	24.99	22.49
17629	CLEAVERS	1Z LIQ	11.99	9.59	23683	IMMUNE DEFENSE TONIC	4Z LIQ	44.50	35.60	28189	STONE BREAKER	1Z LIQ	14.00	11.20	<b>HERBALIST ALCHEMIST</b>				
50323	CLOVES	4Z LIQ	49.40	39.52	28652	INFLAMA RESP TURM CHAM	1Z LIQ	12.80	10.24	17630	STONE RT (COLLINSOIA)	1Z LIQ	12.99	10.39	40057	ANDROGRAPHIS	1Z LIQ	11.50	9.78
43652	COMFREY ROOT	1Z LIQ	12.79	10.23	45194	INFLAMMA RESPONSE	4Z LIQ	49.40	39.52	61424	STRESS MANAGER	1Z LIQ	12.80	10.24	55217	ASTRAGALUS RT	1Z LIQ	11.50	9.77
28150	CONNECTIVE TISSUE TONC	1Z LIQ	13.00	10.40	17672	JAMAICAN DOGWOOD	1Z LIQ	12.49	9.99	22039	SUGAR METABOLISM	1Z LIQ	12.79	10.23	45229	BITTERS COMPOUND	2Z LIQ	22.10	18.80
52673	CONNECTIVE TISSUE TONI	4Z LIQ	48.40	38.72	17674	JUNIPER	1Z LIQ	12.50	10.00	32757	SUGAR METABOLISM	4Z LIQ	49.40	39.52	42614	BLUEBERRY SOLID EXTRAT	6Z LIQ	29.95	25.46
28328	COPTIS EXTRACT	1Z LIQ	12.99	10.39	63106	LAVERNER	4Z LIQ	47.50	38.00	17730	SUMA CONC DROPS	1Z LIQ	12.00	9.60	64584	GUGGUL	2Z LIQ	23.40	19.89
17634	CRAMP BARK	1Z LIQ	12.99	10.39	17680	LEMON BALM BLEND	1Z LIQ	12.99	10.39	24049	THROAT SPRAY STH PR EC	1Z LIQ	12.89	10.31	44629	KIDNEY SUPPORT	1Z LIQ	15.50	13.18
17636	DANDELION	1Z LIQ	13.00	10.40	17684	LOMATIUM	1Z LIQ	13.00	10.40	17735	THUJA	1Z LIQ	11.99	9.59	43397	MENS PROSTATE TONIC	2Z LIQ	23.50	19.98
17638	DEVILS CLAW	1Z LIQ	13.50	10.80	33575	LOMATIUM ST JOHN WORT	4Z LIQ	49.40	39.52	<b>HERBASWAY</b>									
63666	DEVILS CLAW	4Z LIQ	53.20	42.56	64415	MACA	1Z LIQ	12.50	10.00	62956	AFTER SHAVE BALM DUSK	3.4 LOT	8.89	7.11	62955	DEOD STICK DUSK	2.8 STK	8.99	7.19
65286	DRAGON BLOOD	4Z LIQ	49.40	39.52	22048	MALE SEXUAL VITALITY	1Z LIQ	15.00	12.00	62954	DEOD STICK FOR HER PWD	2.8 STK	8.99	7.19	62953	DEOD STICK WILD	2.8 STK	8.99	7.19
17640	ECHIN GLYCERITE A/F	1Z LIQ	13.39	10.71	17685	MARSHMALLOW	1Z LIQ	12.00	9.60	62957	SHAVE CREAM ALOE	6.7 CRM	8.99	7.11	50314	PHYTODENT	1Z LIQ	14.00	11.90
22041	ECHIN GOLDENSEAL CMD	1Z LIQ	13.39	10.71	17689	MILK THISTLE	1Z LIQ	13.99	11.19	<b>Please Note:</b>									
17732	ECHIN SUPER	1Z LIQ	14.00	11.20	63768	MILK THISTLE	8Z LIQ	88.40	70.72	<i>For a variety of reasons, certain companies ask us not to include a listing of their products, or our discount pricing, in this reference catalog or web site. We honor those requests.</i>									
17734	ECHIN SUPER	4Z LIQ	54.59	43.67	17690	MISTLETOE	1Z LIQ	12.39	9.91	<i>If you do not see the products you are interested in, that does not mean we do not carry them.</i>									
17639	ECHINACEA	1Z LIQ	13.00	10.40	17691	MOTHERWORT	1Z LIQ	12.00	9.60	<i>Please call our toll free number, 1-800-633-1106.</i>									
17642	ELECAMPANE	1Z LIQ	13.39	10.71	33218	MUIRA PUAMA	1Z LIQ	12.50	10.00	<i>Thank you.</i>									
24074	ELEUTHERO GINS SIB	1Z LIQ	13.39	10.71	54762	MULLEIN GARLIC	1Z LIQ	12.99	10.39	17736	THYME	1Z LIQ	12.00	9.60	<b>HERBAL DESTINATION</b>				
17652	ELEUTHERO GINS SIB A/F	1Z LIQ	12.50	10.00	22031	NERVOUS SYSTEM TONIC	1Z LIQ	12.80	10.24	33640	THYROID CALM BUGL MOTH	1Z LIQ	12.50	10.00	62957	MEMORY HRX VCAP	60 VCA	24.99	22.49
63838	ELEUTHERO GINS SIB A/F	4Z LIQ	47.50	38.00	55534	NETTLE BLEND	4Z LIQ	49.40	39.52	63899	THYROID CALMING	4Z LIQ	47.50	38.00	62598	SNOOZE HRX VCAP	60 VCA	19.99	17.99
45049	ELEUTHERO SIB GINSENG	4Z LIQ	50.59	40.47	33638	NEUTRALIZING CORDIAL	1Z LIQ	12.80	10.24	17737	TURMERIC	1Z LIQ	11.99	9.59	60161	VGOR HRX VCAP	60 TAB	24.99	22.49
50440	FEMALE LIBIDO TONIC	1Z LIQ	13.39	10.71	33795	OLIVE WHOLE LF EXT	1Z LIQ	13.00	10.40	63689	TURMERIC	4Z LIQ	45.60	36.48	<b>HERBALIST ALCHEMIST</b>				
17645	FENUGREEK CONC DROPS	1Z LIQ	13.39	10.71	60427	OREGANO SPIRITS	1Z LIQ	12.80	10.24	62735	UMCKALDADO	1Z LIQ	12.00	9.60	40057	ANDROGRAPHIS	1Z LIQ	11.50	9.78
17623	FO TI HO SHOU WU CHIN	1Z LIQ	11.99	9.59	17698	OSHA	1Z LIQ	12.50	10.00	22049	URIN SYST SUPP GLD HRS	1Z LIQ	12.80	10.24	55217	ASTRAGALUS RT	1Z LIQ	11.50	9.77
22046	FRIAR'S BALSAM	1Z LIQ	13.39	10.71	17699	PASSION FLOWER	1Z LIQ	13.00	10.40	42161	USNEA	4Z LIQ	45.60	36.48	45229	BITTERS COMPOUND	2Z LIQ	22.10	18.80
24047	FUNGUS FIGHTER SPIL US	1Z LIQ	12.99	10.39	63737	PASSION FLOWER	4Z LIQ	47.50	38.00	17738	USNEA	1Z LIQ	11.99	9.59	42614	BLUEBERRY SOLID EXTRAT	6Z LIQ	29.95	25.46
32923	GARLIC	1Z LIQ	11.99	9.59	33864	PAU D'ARCO	4Z LIQ	49.40	39.52	17739	UVA URSI	1Z LIQ	13.00	10.40	64584	GUGGUL	2Z LIQ	23.40	19.89
17649	GINGER	1Z LIQ	13.39	10.71	17700	PAU D'ARCO	1Z LIQ	13.00	10.40	63770	WORMWOOD	4Z LIQ	45.60	36.48	44629	KIDNEY SUPPORT	1Z LIQ	15.50	13.18
17650	GINKGO BILOBA	1Z LIQ	13.00	10.40	33642	PEPPERMINT SPIRITS	1Z LIQ	13.00	10.40	17750	YARROW	1Z LIQ	12.00	9.60	43397	MENS PROSTATE TONIC	2Z LIQ	23.50	19.98
33667	GINKGO BILOBA	4Z LIQ	49.40	39.52	17702	PERIWINKLE	1Z LIQ	11.99	9.59	17752	YERBA SANTA	1Z LIQ	12.49	9.99	44722	OSTEOHERB	120 VCA	30.95	26.30
63767	GINKGO BILOBA	8Z LIQ	88.40	70.72	17675	PHARMA KAVA	1Z LIQ	15.39	12.31	21967	YUCCA ALC FREE	1Z LIQ	13.19	10.55	50314	PHYTODENT	1Z LIQ	14.00	11.90
38560	GINSENG SIBERIAN	8Z LIQ	75.60	60.48	62571	PIPSISSEWA	4Z LIQ	45.60	36.48	<b>HERBASWAY</b>									
17655	GOLDENSEAL	1Z LIQ	15.39	12.31	17706	PLANTAIN	1Z LIQ	12.00	9.60	50803	BLUEBERRY MAGIC	2Z LIQ	26.69	21.35	38764	CONDITIONER ROYAL CRM	7Z CRM	14.59	11.67
29412	GOOD MOOD TONIC	1Z LIQ	12.79	10.23	22044	POLLEN DEFFEN EYEB NETT	1Z LIQ	12.80	10.24	29028	HERBAGREEN TEA	2Z LIQ	26.69	21.35	36845	HAIR COLOR ASH BLND 7C	4.5 LIQ	17.99	14.39
17657	GOTU KOLA	1Z LIQ	12.99	10.39	17709	PROPOLIS	1Z LIQ	14.50	11.60	53829	HERBAGREEN TEA MANGO	2Z LIQ	26.69	21.35	36846	HAIR COLOR ASH CHST 4C	4.5 LIQ	17.99	14.39
57770	GREEN TEA	4Z LIQ	47.50	38.00	17720	PROSTATE HEALTH	1Z LIQ	12.79	10.23	50082	HERBAGREEN TEA PEACH	2Z LIQ	26.69	21.35	36847	HAIR COLOR BLACK 1N	4.5 LIQ	17.99	14.39
41960	GREEN TEA	1Z LIQ	12.50	10.00	17711	RED CLOVER	1Z LIQ	11.99	9.59	30034	LIVER ENHANCER	2Z LIQ	27.35	21.88	36848	HAIR COLOR BLONDE 7N	4.5 LIQ	17.99	14.39
55180	GREEN TEA A/F	1Z LIQ	12.50	10.00	17712	RED RASPBERRY	1Z LIQ	12.00	9.60	36849	HAIR COLOR BROWN 2N	4.5 LIQ	17.99						



LOOK FOR THE SEAL,  
THEY MATTER



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*Alicia Silverstone  
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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



under the supervision of a health professional.

Dosage: 30 drops, once per day in juice or water.

Complimentary Formulas: Phyto-Tech BPH Complex."

For more information on this herbal blend, go to [www.willner.com](http://www.willner.com) and look for the article in the Reference Library section.

Phyto-Tech Male Virility, 1 fl oz, Prod Code: 57731

## Menopause Complex

Support for the hormonal transition of menopause.

Who can benefit from this supplement? Those women experiencing menopause symptoms, include hot flashes and mood swings.

Phyto-Tech™ Menopause Complex contains the following herbs: Chaste Tree Berries, Black Cohosh Root, Lobelia Herb, Wild Yam Root, Dong Quai Root, Milk Thistle Seed, Motherwort Herb.

1 fl oz - Prod Code: 57084

## Menses Complex

A female tonic that helps regulate the menstrual cycle and relieve PMS symptoms.

Who can benefit from this supplement? Those women who have PMS, irregular cycles, discomfort.

Phyto-Tech™ Menses Complex needs to be taken for from one to three months to see full and lasting effects. Menses Complex contains the following herbs: Chaste Tree Berry, Wild Yam Root, Dong Quai Root, Red Raspberry Leaf, Licorice Root, Oregon Grape Root, Fresh Garrya Leaf, Cramp Bark, Nettles Leaf.

1 fl oz - Prod Code: 57053

## Milk Thistle Seed

Supports and protects healthy liver function.

Who can benefit from this supplement? Those with liver disease, hepatitis, alcoholism, drug users, elevated liver enzymes, exposure to toxins in the environment.

Phyto-Tech™ Milk Thistle Seed 1:3 contains certified organic Milk Thistle Seed, 333 mg per 30 drops.

Also available in a veggie cap, with each Phyto-Tech Milk Thistle capsule containing 250 mg of Milk Thistle Seed (standardized at 80% silymarin) and 200 mg of certified organic Milk Thistle Seed. (Product Code: 60134)

1 fl oz, Regular (alcohol) - Prod Code: 56952

1 fl oz, Alcohol Free - Prod Code: 56954

Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.

90 Veggie Caps - Prod Code: 60134

## Mint Breath Spray Concentrate

New, Stronger Formula; A natural, refreshing breath spray to combat bad breath.

Phyto-Tech™ Mint Breath Spray Concentrate is a new stronger formula, containing Peppermint, Cinnamon, Lo Han Guo Fruit Extract and Chlorophyll in a Vegetable Glycerine Base.

Mint Breath Spray Concentrate is a convenient herbal remedy to quickly combat bad breath. Bad breath or halitosis can be caused by numerous circumstances, including spicy and pungent foods, poor dental hygiene, dry mouth, tobacco use, infection in the respiratory tract or sinuses and poor digestion.

Peppermint is an herb that is helpful for many conditions including indigestion, irritable bowel, nausea, congestion, headaches and body aches. Peppermint and its active constituent menthol have significant antiviral and antibacterial activity. Studies support peppermint's use to enhance gastric emptying and reduce nausea. It will increase saliva in the mouth and facilitate healthy digestion.

Mint Breath Spray Concentrate also contains Chlorophyll, which is known for its deodorizing properties. Chlorophyll cleanses and detoxifies the digestive tract while promoting digestion. It is an effective remedy for those with chronic bad breath or digestive tract odor.

Mint Breath Spray Concentrate can be used for occasional or chronic bad breath. It will deodorize the breath from smoking or tobacco use, illness, infection and eating offending foods such as garlic and onions.

Dosage: Holding spray nozzle close to the mouth, spray 2-3 times into the mouth as needed. Spray more frequently when desired.

1 fl oz, Prod Code: 57732

## Motherwort 1:3

1 fl oz, Prod Code: 57070

## Mullein 1:3

1 fl oz, Prod Code: 57201

## MuscleGestic

A blend of herbs designed to help reduce muscle and nerve pain, and inflammation.

Who might benefit from this herbal supplement? Those suffering from muscle pain; those suffering from fibromyalgia; those who wish to shorten recovery time after athletic workouts; those recovering from injuries or accidents.

Phyto-Tech™ MuscleGestic contains the following: Fresh Skullcap Herb, Fresh St. John's Wort Flowers, Devil's Claw Tuber, Black Cohosh Root, Fresh Lobelia Herb, Fresh Betony Herb, Pure Grain Alcohol, Deionized Water.

MuscleGestic has many uses. It helps diminish muscle and nerve pain and inflammation. Skullcap and St. John's Wort decrease the frequency the nerve sends a pain signal to the brain while Devil's Claw decreases inflammation. It can be used as a preventative, for immediate acute pain and for chronic pain.

Unlike a prescription pain medication (potentially addictive and toxic), this non-toxic and non-addictive approach will diminish pain but not paralyze the pain signal completely. This allows for enough pain relief so one can relax and heal rapidly.

Chronic pain can lead to depression and that is addressed with the St. John's Wort in the formula.

As a specific for fibromyalgia and chronic pain disorders, MuscleGestic helps diminish pain and connective tissue inflammation.

Dosage: Preventative: Before a painful event (dental visit, deep muscle massage, workout, athletic event) 30 drops minimum and up to 120 drops 1/2 to 1 hour before the event.

Acute dosage: 60-90 drops in water every 2-3 hours until pain subsides. Then 2-3 times daily until not needed.

Chronic pain: 60-90 drops 2-3 times daily in water.

Note: Phyto-Tech™ Arnica Oil 1:6 can be used topically for local muscle pain and inflammation along with MuscleGestic.

1 fl oz, Prod Code: 57035

## Mushroom Extract Complex

Dual Extraction Blend; A powerful combination of immune enhancing, adaptogenic mushroom extracts.

Who might benefit from this herbal supplement? Those with a weakened immune system; those who frequently catch cold or flu; those undergoing chemotherapy; those with serious conditions such as HIV and AIDS.

Phyto-Tech™ Mushroom Extract Complex contains: Shiitake Mushroom, Reishi Mushroom, Maitake Mushroom, Fresh Ashwagandha Root, Licorice Root, Deionized Water, Pure Grain Alcohol.

... continued on page 62



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



36854	HAIR COLR DK ASH BN 6C	4.5 LIQ	17.99	14.39
36857	HAIR COLR DK GO BLN 6D	4.5 LIQ	17.99	14.39
36860	HAIR COLR LT ASH BL 8C	4.5 LIQ	17.99	14.39
36861	HAIR COLR LT ASH CT 5C	4.5 LIQ	17.99	14.39
36865	HAIR COLR LT COP BN 8R	4.5 LIQ	17.99	14.39
36868	HAIR COLR LT GO BND 8D	4.5 LIQ	17.99	14.39
36869	HAIR COLR LT GO CHT 5D	4.5 LIQ	17.99	14.39
36870	HAIR COLR LT MAH CT 5M	4.5 LIQ	17.99	14.39
36873	HAIR COLR PLTN BLN 10N	4.5 LIQ	17.99	14.39
42946	SHAMPOO LUMINOUS	6.8 LIQ	11.99	9.59
38763	SHAMPOO NORMAL	6.8 LIQ	11.99	9.59

### HERBS ETC

56663	ALLERGY RELIEF SYSTEM	10 SGC	6.99	5.59
44255	ALLERTONIC	60 SGC	26.48	21.18
63980	BUG ITCH RELIEF PROF	12 LIQ	13.98	11.18
21135	CHLOROXYGEN A/F	12 LIQ	13.32	10.65
55839	CHLOROXYGEN MINT A/F	12 LIQ	13.32	10.65
60102	CHLOROXYGEN SGC	60 SGC	14.98	11.98
52831	CRAN BLADDER RELIEF	60 SGC	26.98	21.58
27376	CRAN BLADDER RELIEF	12 LIQ	14.98	11.98
40594	DEEP SLEEP	60 SGC	26.98	21.58
50131	DEEP SLEEP	120 SGC	47.98	38.38
34681	DEEP SLEEP	12 LIQ	13.98	11.18
21682	DEEP SLEEP	22 LIQ	24.98	19.98
21681	DEEP SLEEP A/F	12 LIQ	14.98	11.98
56661	EARLY ALERT	60 SGC	26.48	21.18
37559	EARLY ALERT	22 LIQ	24.98	19.98
21714	ECHIN TRIPLE SOURCE	12 LIQ	13.98	11.18
29006	ECHIN TRIPLE SOURCE	22 LIQ	24.98	19.98
21686	ESSIAC TONIC	22 LIQ	24.98	19.98
23799	ESSIAC TONIC	42 LIQ	43.98	35.18
39442	ESSIAC TONIC	60 SGC	26.48	21.18
61238	ESSIAC TONIC A/F	22 LIQ	26.98	21.52
43966	ESSIAC TONIC SGC	120 SGC	46.98	37.58
33547	HB PRESSURE TONIC	22 LIQ	24.98	19.98
17760	IMMUNO BOOST	12 LIQ	13.98	11.18
21680	KIDNEY TONIC	22 LIQ	24.98	19.98
21679	KIDNEY TONIC	12 LIQ	13.98	11.18
51766	KIDNEY TONIC	60 SGC	26.48	21.18
28146	LIVER TONIC(MILK THIS)	22 LIQ	24.98	19.98
45193	LUNG TONIC	60 SGC	26.48	21.18
26627	LUNG TONIC	12 LIQ	13.98	11.18
31801	LUNG TONIC	22 LIQ	24.98	19.98
33936	LUNG TONIC A/F	12 LIQ	14.98	11.98
43976	LUNG TONIC SGC	120 SGC	46.98	37.58
50578	LYMPHATIC	60 SGC	26.48	21.18
21693	LYMPHATIC	22 LIQ	24.98	19.98
33937	LYMPHATIC A/F	12 LIQ	14.98	11.98
43022	MENOPAUTONIC	120 SGC	46.98	37.58
43021	MENOPAUTONIC	60 SGC	26.48	21.18
21700	MOUTH TONIC	12 LIQ	13.98	11.18

21701	MOUTH TONIC	22 LIQ	24.98	19.98
28004	MULLEIN GARLIC EAR DRP	12 LIQ	13.98	11.18
21706	OSHA ROOT COMPLEX SYR	42 LIQ	13.98	11.18
28052	PARA FREE	12 LIQ	13.98	11.18
51507	PEAK DEFENSE	12 LIQ	13.98	11.18
54631	RESPIRATONIC	60 CAP	26.48	21.18
21710	RESPIRATONIC	12 LIQ	13.98	11.18
21711	RESPIRATONIC	22 LIQ	24.98	19.98
50143	SINGER SAV GRC CIT HON	12 LIQ	14.29	11.43
50144	SINGER SAV GRC PRF AF	12 LIQ	14.29	11.43
28969	SINGER'S SAV GCE CINN	12 LIQ	13.24	10.59
17767	SINGER'S SAV GCE EXTRA	12 LIQ	13.24	10.59
28972	SINGER'S SAV GCE LEMON	12 LIQ	13.24	10.59
28970	SINGER'S SAV GCE MINT	12 LIQ	13.24	10.59
21677	STOMACH TONIC CHAM/CAT	12 LIQ	13.98	11.18
63045	STRESS RELIEF SGC	60 SGC	26.98	21.58

### HERBS FOR KIDS

31071	ECHINACEA ASTRAGALUS	22 LIQ	18.49	14.79
31070	ECHINACEA ASTRAGALUS	12 LIQ	11.49	9.19
31078	VALERIAN SUPER CALM	12 LIQ	11.39	9.11

### HERCULES BRAND

61441	B COMPLEX W/C VCAP	60 VCA	14.48	11.58
61438	BIOTIN 5000 MCG	60 VCA	13.48	10.78
61439	COQ10 100 MG VCAP	60 VCA	19.95	15.96
62751	FOUR IN ONE NUTRIT PAK	30 PAK	36.99	27.59
61436	KRILL OIL 500 PURE ANT	60 SGC	26.99	21.59

### HERITAGE STORE

29785	ALKA THYM MOUTHWASH	16Z LIQ	14.49	11.59
17770	ATOMIDINE	22 LIQ	18.69	14.95
27186	AURAGLO MASSAGE JASM	8Z LIQ	9.49	7.59
23454	AURAGLO MASSAGE UNSCEN	8Z LIQ	9.49	7.59
50951	AURAGLOW MASSAGE ROSE	8Z LIQ	9.69	7.75
17772	CASTOR OIL LIQ 18OZ	16 LIQ	10.29	8.23
17773	CASTOR OIL LIQ 32Z H	32Z LIQ	16.29	13.03
64373	CASTOR OIL DRG GLASS	16Z OIL	16.49	13.19
65041	CASTOR OIL DRG GLASS	32Z LIQ	23.99	19.19
62525	CASTRO OIL	60 VCA	12.19	9.75
29611	COTTON FLANNEL 13X15	1 MIS	13.39	10.71
63307	GOLD CRM	22 CRM	23.99	18.99
59268	IPSA B GUM TREATMENT	4Z LIQ	17.59	14.07
29109	IPSA B TOOTH PWD	4Z PWD	8.19	6.55
33257	IPSA BENT MOUTHWASH	16Z LIQ	13.29	10.63
36388	MOUTHWASH HPM	16Z LIQ	9.09	7.27
40241	ROSE WATER ATOMIZER	8Z LIQ	9.49	7.59
22260	ROSEWATER	8Z LIQ	8.29	6.63
39241	ROSEWATER GLYCERIN SPY	4Z SPY	7.09	5.67
21992	WOOL FLANNEL 12X27	1 PIE	12.19	9.75

### HIMALAYA BOTANICALS

59787	CONDIT AMLA HOLY BASIL	11. LIQ	9.99	7.99
59730	FACE SCRUB WALN WD APP	5.0 LIQ	8.99	7.19
60507	FACE WASH INVIGORATING	5.0 LIQ	8.99	7.19
59728	FACE WASH NEEM TURMERC	5.0 LIQ	8.99	7.19
59791	FOOT CARE CRM MST INT	3.5 CRM	9.99	7.99
59790	HAND BODY LOT REVIT OG	6.7 LOT	9.99	7.99
59789	SHAMPOO HYDRATING ORG	11. LIQ	9.99	7.99
59788	SHAMPOO REJUVENAT ORG	11. LIQ	9.99	7.99
59792	U KNEAD IT SOOTH BALM	1.7 CRM	7.99	6.39

### HIMALAYA HERBAL HEALTHCARE

50305	AMLA C	60 CAP	13.95	11.16
38518	ARJUNA	60 CAP	13.95	11.16
43038	ASHWAGANDA	60 CAP	19.95	15.96
65229	BACOPA 250 MG	30 CPL	14.95	11.96
40505	BACOPA 250 MG	60 CAP	22.95	18.36
58512	BITTER MELON	60 CPL	13.95	11.16
45217	BOSWELLIA	60 CAP	14.95	11.96
63892	DIARCARE	120 VCA	19.95	15.96
45218	GARCINIA	60 CAP	17.95	14.36
65228	GARCINIA	120 CPL	32.95	26.36
29477	GASTRICARE	/60 VCA	19.95	15.96
62074	GLUCOCARE	180 VCA	39.95	31.96
29474	GLUCOCARE	90 VCA	22.95	18.36
43114	GUGGUL	60 CAP	14.95	11.96
41520	GYMNETMA 250 MG	60 CAP	14.95	11.96
29466	HEARTCARE	120 VCA	19.95	15.96
57358	HEARTCARE	240 VCA	33.95	27.16
59734	I E BALM INHALE EXHALE	1.7 OIL	7.99	6.39
29473	IMMUNOCARE	120 TAB	19.95	15.96
42360	IMMUNOCARE	240 TAB	33.95	27.16
41567	JOINT CARE	60 CAP	24.95	19.96
29479	LEANCARE	120 CAP	24.95	19.96
63496	LICORICE	60 CPL	13.95	11.16
34319	LIV 52 450 MG	90 CAP	21.95	17.56
29470	LIVERCARE	90 CAP	20.95	16.76
54089	LIVERCARE	180 VCA	34.95	27.96
63227	MENO CARE	120 VCA	19.95	15.96
62430	MENSTRICARE	60 VCA	19.95	15.96
39457	MINDCARE	120 TAB	33.95	27.16
29471	MINDCARE	60 TAB	19.95	15.96
45220	NEEM	60 CAP	12.95	10.36
64768	PROSTACARE	240 TAB	42.95	34.36
29475	PROSTACARE	120 TAB	24.95	19.96
51178	SHATAVARI	60 CAP	14.95	11.96
29468	STRESSCARE	120 TAB	19.95	15.96
54090	STRESSCARE	240 VCA	33.95	27.16
64992	TRIBULUS	60 CAP	24.95	19.96
51179	TRIPHALA	60 CAP	18.95	15.16
65230	TRIPHALA 250 MG	30 CPL	12.95	10.36

62583	TURMERIC	60 VCA	29.95	23.96
65231	TURMERIC 250 MG	30 VCA	18.95	





## higher learning

As we age our ability to retain information decreases. Thankfully NOW offers a variety of natural products that can boost your learning capacity and increase retention, such as RememBRAIN™ and Alpha GPC, which support processes involved in memory, learning and cognitive function.\*

Or Magtein™ and Phosphatidyl Serine, two nutrients that help keep your brain connections sharp by promoting cellular stability.\* Take learning to the next level with quality cognitive support supplements from NOW.\*

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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



Many claims are made concerning the immune enhancing activity of various herbs and nutrients. Few such claims are as well documented and supported by clinical evidence as are those surrounding the mushrooms and their constituents. For those in need of immune support, and those suffering from serious health conditions, a mushroom extract should definitely be at the top of the list when it comes to herbal and nutritional support.

Mushroom Extract Complex is indicated for immune deficiency and is considered especially valuable as a long-term tonic. It can be used as a preventative when one either wants to avoid or one already finds they are getting weaker and becoming more prone to getting sick and fatigued. This is especially true when stress is great and immune inundation is heavy. This formula helps when one has debility and lethargy of body, mind and spirit.

Mushroom Extract Complex is a specific for chemotherapy where the white blood cell count and activity (phagocytosis) is impaired or threatened. While the questions of whether or not it is beneficial to take supplementation during cancer treatment remains controversial, the consensus of opinion is moving towards the positive, and the benefits of adaptogenic and immune enhancing herbs during such treatments is gaining acceptance. Side effects are diminished and efficacy of treatment is actually enhanced. However, it is recommended to consult with your physician before using products of this type.

These organic mushrooms are a glucoaminoglycan extracts (GAG) whereby the immuno-modulating polysaccharides are first extracted in a water extraction process. The herb then goes through an alcohol extraction process to remove other immuno-modulating compounds that the water cannot extract. The two liquids are combined to create a full spectrum mushroom extract.

Dosage: General usage: 20-60 drops, 2-3 times per day or as needed in juice or water.

More severe immune deficiency: 60-120 drops 2 times per day in juice or water.

1 fl oz, Prod Code: 57002

## Myrrh Gum 1:4

1 fl oz, Prod Code: 57079

## Neem

1 fl oz, Prod Code: 57074

## Nerve Calmplex

**Nerve Calmplex is a blend of herbs designed to help those with overactive minds, resulting in insomnia at night, and mental stress during the day. More gentle than other sedating formulas, it is very useful for stress, mild insomnia and nervousness, especially during the day.**

Phyto-Tech™ Nerve Calmplex contains Fresh Milky Wild Oat Seed, Fresh St. John's Wort Flowers, Fresh Skullcap Herb, Passion Flower Herb, Hops Strobiles, Fresh Lobelia Herb, Fresh Pulsatilla Herb, Grain Alcohol, Deionized Water. (The alcohol-free version contains no Grain Alcohol) All of the herbs are either certified organic or ethically wildharvested.

1 fl oz, Prod Code: 56984

1 fl oz, Alcohol Free, Prod Code: 57069

## Nettles 1:2

**Nettles has traditionally been used by herbalists for urinary tract infections, edema, allergic rhinitis and general anti-inflammatory action.**

Who might benefit from this herbal supplement? Those with inflammatory diseases of the lower urinary tract; those with kidney stones; those with hayfever and similar allergic conditions.; those with edema.

Nettles is also rich in minerals, and is often used as a nutritional supplement, i.e. a source of calcium, potassium, silicon and other trace minerals.

Phyto-Tech™ Nettles 1:2 contains Nettles herb (Urtica dioica), Pure Grain Alcohol, Deionized Water. Certified Organic. Also known as Stinging Nettle.

Also available in vegetarian capsule form. Each Phyto-Tech Nettle veggie cap contains 500 mg of certified organic Nettles Herb.

Note. Nettles "Herb" refers to the above ground parts of the plant. Nettles "Root" consists of the underground parts of the plant. The constituents are different. It is the root that has been shown to be useful in treating benign prostatic hyperplasia (BPH) not the herb.

Dosage: 30-60 drops, 2-3 times per day or as needed in juice or water

1 fl oz, - Prod Code: 56991

75 Veggie Caps - Prod Code: 60135

## Neutralizing Cordial

**A traditional herbal formula for digestive distress.**

Who might benefit from this herbal supplement: Those with heartburn, acid reflux, indigestion, irritable bowel, ulcers and any digestive discomfort exacerbated by too much stomach acid; those with

overactive bowel peristalsis and gas; those with digestive upset.

Phyto-Tech™ Neutralizing Cordial contains the following: Turkey Rhubarb Root, Cinnamon Bark, Goldenseal Root, Peppermint Spirits, Potassium Carbonate, Simple Syrup, Grain Alcohol, Deionized Water.

Neutralizing Cordial can be used for chronic digestive upset or on an as need basis. The effect can be felt quickly and can be repeated safely. It helps digestive upset when eating new foods while traveling.

Neutralizing Cordial is a "Pepto Bismol"-like formula that can be part of a household medicine cabinet. It is safe for children and has a very agreeable taste.

Dosage: General: 30-60 drops, 2-3 times per day or as needed in juice or water.

Acute: 60-90 drops every 1/2 hour until feel better.

1 fl oz, Prod Code: 57060

## Olive Leaf 1:2

**Increasingly recognized for its value as an immune system stimulant, antimicrobial agent, hypoglycemic agent and antihypertensive agent.**

Who might benefit from this herbal supplement? Those in need of enhanced immune support; those with hypertension (high blood pressure); those with blood sugar swings; those with bacterial or viral infections.

Olive leaf extract contains flavonoids that possess strong antioxidant activity. There is some evidence that this explains its protective action in diabetes.

Caution: Do not use if suffering from gallstones.

Phyto-Tech™ Olive Leaf 1:2 contains Olive Leaf (Olea europaea), 250 mg/ml, Pure Grain Alcohol, Deionized Water. Certified Organic.

Dosage: 20-40 drops, 2-3 times per day or as needed in juice or water.

1 fl oz, Prod Code: 56958

## Oral Tonic Complex

**A therapeutic herbal mouthwash concentrate.**

Who might benefit from this herbal supplement? Those with periodontal disease; those with gum infections, abscess, or bleeding gums; those with halitosis (bad breath).

Phyto-Tech™ Oral Tonic Complex contains the following: Goldenseal Root, Bayberry Root Bark, Prickly Ash Bark, Myrrh Gum, Coptis Root, Grain Alcohol, Deionized Water.

Phyto-Tech™ Oral Tonic Complex is excellent as a preventative or curative for periodontal (gum) disease (pyorrhea). As a mouthwash in water, it helps to kill bacteria in the mouth and gums, it will tighten

... continued on page 64



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



### HOME HEALTH

30859	ALMOND GLO SK LOT COCO	8Z LOT	8.99	7.19
30860	ALMOND GLO SK LOT JASM	8Z LOT	8.99	7.19
30861	ALMOND GLO SK LOT LAVI	8Z LOT	8.99	7.19
56518	ALMOND GLO SK LOT ROSE	8Z LOT	8.99	7.19
30863	ALMOND GLO SK LOT UNSC	8Z LOT	8.99	7.19
30869	ANTIFUNGAL LOTION	4Z LOT	9.99	7.99
63953	BODY LOTION EVERCLEN	8Z LOT	15.58	12.78
30874	CASTOR OIL	16Z LIQ	9.99	7.99
30875	CASTOR OIL	32Z LIQ	15.49	12.39
51549	CELADRIN JOINT CRM	4Z CRM	19.99	15.99
30876	DEODORANT ROLL ON HERB	3Z ROL	7.99	6.39
30877	DEODORANT ROLL ON JASM	3Z ROL	7.99	6.39
30878	DEODORANT ROLL ON UNSC	3Z ROL	7.99	6.39
63954	EYE CREAM EVERCLEN	.5Z CRM	23.98	19.18
55166	EYE CRM GOJI BERRY	1Z CRM	18.99	15.19
63958	FACE CREAM EVERCLEN	1.6Z CRM	23.98	19.18
63957	FACIAL CLEANS EVERCLEN	5.8Z LIQ	17.98	14.38
30868	FACIAL CLEANSING GEL	8Z LIQ	8.99	7.19
55168	FACIAL CRM GOJI BERRY	4Z CRM	19.99	15.99
63960	FACIAL TONER EVERCLEN	4Z LOT	17.98	14.38
55167	HAND & BODY GOJI BERRY	8Z LOT	12.99	10.39
53745	HAND BODY LOT HYALURON	8Z LOT	13.39	10.71
63959	HAND CREAM EVERCLEN	2Z CRM	11.99	9.59
51548	HYALURONIC ACID MOIST	4Z CRM	19.99	15.99
30857	PSORIASIS BODY WASH	8Z LIQ	12.99	10.39
30864	PSORIASIS CRM	2Z CRM	15.49	12.39
30900	ROSE WATER FLOWER MIST	8Z SPY	8.99	7.19
30884	SHAMPOO EVERCLEAN DAND	8Z LIQ	9.99	7.99
30888	WOOL FLANNEL LARGE	EA PAD	14.49	11.59
30889	WOOL FLANNEL SMALL	EA PAD	9.99	7.99

### HOMEOLAB

27501	ACNE PELLETS	EA PEL	6.95	6.25
27473	ALLERGY DROPS	1Z LIQ	10.95	9.86
27472	ALLERGY PELLETS	EA PEL	6.95	6.25
27493	ANXIETY STRESS DROPS	1Z LIQ	10.95	9.86
27492	ANXIETY STRESS PELLETS	EA PEL	6.95	6.25
28538	ARNICA + PAIN RELIEF	50G CRM	8.99	7.19
27485	ARTHRITIS DROPS	1Z LIQ	10.95	9.86
27484	ARTHRITIS PELLETS	EA PEL	6.95	6.25
64844	CALENDULA CRM KIDS REL	1.7Z CRM	8.99	8.09
27480	CANDIDA YEAST DROPS	1Z LIQ	10.95	9.86
27479	CANDIDA YEAST PELLETS	EA PEL	6.95	6.25
28549	COPPER COLLOIDAL	100 LIQ	11.97	10.77
27475	COUGH & COLD DROPS	1Z LIQ	10.95	9.86
27474	COUGH & COLD PELLETS	EA PEL	6.95	6.25
28551	COUGH & COLD SYRUP	250 LIQ	9.65	8.68
27502	EARACHE PELLETS	EA PEL	6.95	6.25
27503	ECZEMA PELLETS	EA PEL	6.95	6.25
27490	FATIGUE PELLETS	EA PEL	6.95	6.25

54314	FIBROMYALGIA	80 PEL	6.95	6.25
27487	GAS/INDIGESTION DROPS	1Z LIQ	10.95	9.86
27488	HEADACHE MIGRAINE PEL	EA PEL	6.95	6.25
63726	INFLUENZINUM	6 TUB	14.00	14.00
27495	INSOMNIA DROPS	1Z LIQ	10.95	9.86
27494	INSOMNIA PELLETS	EA PEL	6.95	6.25
28555	IODINE COLLOIDAL	100 LIQ	11.97	10.77
52303	KIDS 0-9 CALM SYRUP	100 LIQ	8.99	7.19
54485	KIDS 2+ COUGH COLD	100 LIQ	8.99	7.19
27478	MENOPAUSE PELLETS	EA PEL	6.95	6.25
27497	MENTAL ALERTNESS DROPS	1Z LIQ	10.95	9.86
27496	MENTAL ALERTNESS PELL	EA PEL	6.95	6.25
28564	PHOSPHORUS COLLOIDAL	100 LIQ	11.97	10.77
27471	SINUS	EA PEL	6.95	6.25
27499	SMOKING WITHDRAWAL	1Z LIQ	10.95	9.86
63727	THYMO PROTECTION	6 TUB	13.65	13.65
60436	TINNITUS PELLETS	80 PEL	6.95	6.25
27482	WEIGHT CONTROL DROPS	1Z LIQ	10.95	9.86
27481	WEIGHT CONTROL PELLETS	EA PEL	6.95	6.25

### HOUSTON HERBAL TEA

34480	DAILY DETOX APPLE CINN	30 BAG	9.99	7.99
17779	DAILY DETOX HERB TEA	30 BAG	9.99	7.99
30551	DAILY DETOX II TEA	30 BAG	9.99	7.67

### HYLANDS HOMEOPATHIC

59439	ALLERGY 4 KIDS LIQ CMP	4Z LIQ	10.59	8.47
57406	ALLERGY RELIEF 4 KIDS	125 TAB	9.39	7.51
57405	ALLERGY RELIEF TAB	60 TAB	9.19	7.35
42720	ARNICA 30X TAB	50 TAB	8.39	6.71
27798	ARNICA MONTANA 30X	250 TAB	9.49	7.59
28261	ARNICA MONTANA 6X	250 TAB	9.49	7.59
24232	ARNICA SPRAY LOT	4Z LIQ	12.99	10.39
64835	BIOCHEMIC PHOSPHATES HY	000 TAB	20.99	16.79
24455	BIOPLASMA	000 TAB	20.99	16.71
34417	BLADDER IRRITATION	100 TAB	11.79	9.43
39039	BUMPS N BRUISES	125 TAB	9.29	7.43
24940	C 25 MG BABY TAB H	125 TAB	10.99	8.79
25032	CALC FLUOR 6X	500 TAB	12.49	9.99
25403	CALC PHOS 6X	500 TAB	12.49	9.99

#### Please Note:

For a variety of reasons, certain companies ask us not to include a listing of their products, or our discount pricing, in this reference catalog or web site. We honor those requests.

If you do not see the products you are interested in, that does not mean we do not carry them.

Please call our toll free number, 1-800-633-1106.

Thank you.

26535	CALC SULF 6X	500 TAB	12.49	9.99
63431	CALM 'N RESTFUL 4 KIDS	125 TAB	9.39	7.51
18559	CALMS	100 TAB	10.79	8.63
18561	CALMS FORTE	100 TAB	10.79	8.63
57399	COLD N COUGH 4 KIDS	4Z LIQ	11.19	8.95
18558	COLD TABS TINY BABY	125 TAB	14.29	11.43
61422	COLIC TABS BABY	125 TAB	10.99	8.79
59623	COUGH COLD NIGHT KIDS	4Z LIQ	11.69	9.35
52684	COUGH SYRUP ADULT	4Z SRP	9.39	7.51
61288	COUGH SYRUP BABY	4Z LIQ	13.19	10.55
85299	DEFEND COUGH	4Z LIQ	9.39	7.91
61257	DEFEND COUGH & COLD	8Z LIQ	14.49	11.59
61258	DEFEND COUGH&COLD NIGH	8Z LIQ	14.49	11.59
63841	DEFEND SEVE COLD & FLU	4.5 PAK	14.29	11.43
61289	DIAPER OINTMENT BABY	2.5 ONT	9.79	7.83
26542	FERRUM PHOS 6X	500 TAB	12.49	9.99
22281	GAS	100 TAB	11.79	9.43
27045	HEADACH #7	100 TAB	11.69	9.35
40521	INDIGESTION	100 TAB	11.79	9.43
63530	KALI MUR 30X	500 TAB	12.49	9.99
26538	KALI MUR 6X	500 TAB	12.49	9.99
26539	KALI PHOS 6X	500 TAB	12.49	9.99
63529	KALI SULPH 30X	500 TAB	12.39	9.91
26536	KALI SULPH 6X	500 TAB	12.39	9.91
24233	LEG CRAMPS #22	100 TAB	15.59	12.47
44994	LEG CRAMPS OINTMENT	2.5 ONT	9.59	7.67
58345	LEG CRAMPS PM W/QUININ	50 TAB	13.29	10.63
50206	MAG PHOS 6X HYD/1000	000 TAB	22.29	17.83
43237	MENOPAUSE	100 TAB	11.79	9.43
42720	MIGRAINE HEAD RELIEF	60 TAB	9.19	7.35
57402	MOTION SICKNESS TAB	50 TAB	8.69	6.95
57231	MUSCLE THERAPY GEL	3Z GEL	9.59	7.67
26721	NAT PHOS 6X	500 TAB	12.49	9.99
28541	NATRUM MUR 6X	500 TAB	12.49	9.99
28543	NATRUM SULPH 6X	500 TAB	12.49	9.99
57401	NERVE TONIC	100 TAB	10.79	8.63
24730	NERVE TONIC	500 TAB	16.29	13.03
55324	RESTFUL LEGS	50 TAB	10.89	8.71
51916	SILICA 6X 1000	100 TAB	22.29	17.83
28540	SILICEA 6X	500 TAB	12.49	9.99
57403	SINUS	100 TAB	11.79	9.43
57404	SNIFFLES N SNEEZES 4 KD	125 TAB	9.39	7.51
55581	TEETHING GEL BABY	.33 GEL	7.99	6.39
61041	TEETHING TABS BABY	135 TAB	10.29	8.23

### IMPERIAL ELIXIR

36427	GINSENG AMERICAN	100 CAP	33.99	27.19
35977	GINSENG CHINESE RED	100 CAP	30.99	24.79
36466	GINSENG KOREAN RED	100 CAP	38.59	30.87
35979	GINSENG SIBERIAN	50 CAP	14.99	11.99

### INNATE RESPONSE FORMULAS

62832	ADRENAL RESPONSE	60 TAB	36.95	31.90
64264	C COMPLETE POWDER	81G PWD	29.95	25.45
65209	COENZYME B COMPLEX	60 CAP	35.95	30.55
64262	D3 5000 IU CAP	60 CAP	33.95	28.85
64261	FLORA 200-14 7 DAY INT	/7 CAP	31.95	27.15
64421	FLORA 20-14 ULTR STREN	60 CAP	41.95	35.66
64900	FLORA 50 14 CLIN STREN	60 VCA	67.95	57.75
64263	INFLAMA COMPLETE	90 CAP	43.95	37.35
64265	MAGNESIUM 300 POWDER	132 PWD	27.95	23.75
64254	ONE DAILY CAP	60 CAP	39.95	33.45
64256	RESVERATROL REDS PWD	300 PWD	52.95	45.00



Willner Chemists  
Phyto-Tech™ Herbal  
Supplements  
**ESSENTIAL  
OILS**

**100% Pure - Sustainably  
Harvested - Quality Tested -  
GMP Certified Facility -  
Kosher Certified**

**Cedarwood (Himalayan)**

1 fl oz, # 63003

**Cinnamon Leaf**

1 fl oz, #62679

**Clove**

1 fl oz, #63004

**Eucalyptus**

1 fl oz, #62680 ~ 4 fl oz, #62681

**Grapefruit (Pink)**

1 fl oz, #62710

**Lavender (French)**

1 fl oz, #63005 ~ 4 fl oz, #62787

**Lavender (Bulgarian)**

1 fl oz, #62815

**Lemon**

1 fl oz, #63006

**Orange (Sweet)**

1 fl oz, #62820

**Oregano**

1 fl oz, #62821

**Patchouli**

1 fl oz, #62822

**Peppermint**

1 fl oz, #62884 ~ 4 fl oz, #63007

**Rosemary**

1 fl oz, #63008

**Tea Tree (Australian)**

1 fl oz, #63009 ~ 4 fl oz, #63010

**Ylang Ylang**

1 fl oz, #63011

To see a current price listing, go to  
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Manufacturer" pull down menu,  
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Oil."

**SOMETIMES  
THE GOOD  
THINGS IN  
LIFE  
COME IN  
TWOS**

**RESVERATROL+DIMETHYLGLYCINE**

**INTRODUCING RESVERA-DMG™**  
Microencapsulated Resveratrol  
Dimethylglycine  
Provides Antioxidant Support\*  
Supports A Healthy Inflammatory Response\*  
Supports Transmethylation Reactions\*

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**New Formula -- Higher Potency, Veggie Capsule**

**Antiox Phyto Complex II**

*Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength veggie cap.*

Description: Phyto-Tech Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

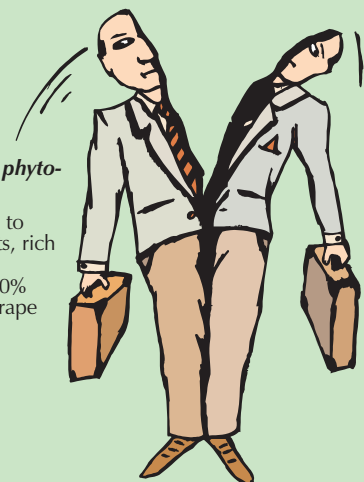
Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable,

**100% Vegetarian - Manufactured in an FDA Registered, GMP Certified facility.**

New, High Potency Atiox Phyto Complex II 375 mg Veggie Caps  
**90 Veggie Caps - Prod Code 63745**

Indications: Who might benefit from this herbal supplement? Those who desire protection against everyday toxins--dietary, environmental and chemical; those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives .or is exposed to a toxic lifestyle; those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration; those who want to live a longer, healthier life.

Antiox Phyto Complex II is the perfect supplement to take along with your multivitamin/multimineral supplement.  
(see full details on page 14)



**Are You Filling Only Half  
Your Body's Antioxidant  
Requirements?**





# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



gums that are puffy and it will decrease gum bleeding. It will also increase saliva that will inhibit bacterial formation.  
 Oral Tonic Complex also makes ones mouth feel clean and fresh even though the formula is bitter initially.  
 It can be used as a preventative before and after oral surgery.  
 Dosage: General: 30-90 drops in a little water and swish around vigorously in the mouth after brushing once per day.  
 Acute infections: Repeat 3 times per day or massage directly into gums with ones finger.

1 fl oz, Prod Code: 56992

## Oregano Oil 70

**Contains only true wild Mediterranean *Origanum vulgare*, the most powerful Oregano nature offers. It is standardized to 70% carvacrol, the active component of the herb. It provides immediate immune support and has a broad spectrum effect. It also helps regulate candida.**

Guaranteed true Wild Oregano, from Turkey. Steam distilled for highest purity and potency.  
 Who can benefit from this supplement? Those with bacterial, fungal, viral (cold and flu) and parasitic infections. Travelers.  
 Phyto-Tech™ Oregano Oil 70 is standardized to not less than 70% Carvacrol. It is available in liquid form (43 mg oregano oil equivalent to 30 mg carvacrol per four drops) and in a liquid filled veggie cap (45 mg oregano oil equivalent to 32 mg carvacrol per capsule).  
 Dosage:  
 Veggie Caps: 1 capsule 1-3 times per day is a typical dose. Go up to 2 caps if necessary when ill or severe parasites.  
 Liquid: Internal Acute: 2-6 drops in water or juice up to every 2 hours until symptoms subside plus a few days. Can go up to 10 drops when necessary per serving.  
 Internal Long Term: 1-4 drops in water or juice 1-3 times per day. Long term use is OK.  
 Topical: Use enough to cover the area desired. If a warming sensation occurs that is unpleasant, dilute in a little lotion or vegetable oil first.

1 fl oz ~ Liquid, Prod Code: 56939  
 60 Liquid Filled Veggie Caps, Prod Code: 57047  
 120 Liquid Filled Veggie Caps, Prod Code: 57046

## Osha Root 1:1/5

**Phyto-Tech Osha Root is considered by many Herbalists to be the best American herb for lung and throat infections. It is especially beneficial for infections where one is already congested and inflamed.**

Who might benefit from this herbal supplement? Those suffering from lung and throat infections. Those who suffer from chronic viral infections, swollen tonsils, throat infections and frequent lung congestion. While Osha is especially effective in treating active infections, it is also effective as a preventative for those who easily get sick when flying on airplanes, lecturing at meetings or conventions, etc, but it should only be used during the time of exposure. It is also helpful to smokers, and those with emphysema, allergies, altitude sickness, and athletic induced asthma.  
 Phyto-Tech™ Osha Root can be used with Phyto-Tech™ Respiratory Complex, and other bronchodilating herbs like Lobelia.  
 Contains Fresh Osha Root (*Ligusticum porteri*), Grain Alcohol, Deionized Water.  
 Dosage: General: 20-60 drops, 2-3 times per day or as needed in juice or water. Acute infection, congestion, and asthma: 2-4 squirts (60-120 drops), every 2 hours until symptoms subside.

Phyto-Tech Osha Root 1:1.5, 1 fl oz, Prod Code: 56965

## Parasite Complex

**A blend of herbs know to kill parasites. It can be used as a preventive, when traveling, camping, etc., or for treatment of acute infestations.**

Who might benefit from this herbal supplement? Those who have parasite infestation or those who anticipate being exposed to parasites (travel, camping, etc.)  
 For Prevention, use 60 drops, 2 times per day for a few days before travel and throughout the travel time. Continue for a few days after returning.  
 For acute parasitic infection: 60 - 90 drops 3-4 times per day for 1 month, or until symptoms stop and then for a few more days. Commonly, one can go into a dormant phase of parasitic infection and one needs to continue taking Parasite Complex during this phase. It is common to need to take this for at least one full month in order to kill all parasites in all their phases (eggs to maturity).  
 Phyto-Tech™ Parasite Complex contains Quassia Wood, Black Green Walnut Hulls, Garrya Herb Fresh, Clove Bud, Bayberry Root Bark, Alcohol Pure Grain, Water Pure Deionized  
 Phyto-Tech™ Parasite Complex can be used along with Phyto-Tech Oregano Oil 70.

Complimentary Formulas: Phyto-Tech Parasite Complex can be used along with Phyto-Tech Oregano Oil 70.  
 Phyto-Tech Parasite Complex  
 1 fl oz, Prod Code: 56960

## Passion Flower 1:3

**Passion Flower has historically been used as a mild sedative. It's effectiveness as a treatment for anxiety seems to be supported by modern research.**

Who might benefit from this herbal supplement? Those who suffer from stress and anxiety; those who are overly restless; those who have trouble sleeping; those suffering from muscle pain due to conditions such as fibromyalgia, overexertion, or accidents.  
 Phyto-Tech™ Passion Flower 1:3 contains Passion Flower Herb (*Passiflora incarnata*), Grain Alcohol, Deionized Water, at a strength of 333 mg/ml (30 drops).  
 Passion Flower is a wonderful relaxing herb to the mind and musculature. It can facilitate sleep for those who have insomnia. It can help relieve muscle pain. It will calm a nervous individual and help them to become more centered. Passion Flower is also mildly antidepressant and mood elevating.  
 Dosage: 30-60 drops 2-3 times per day or as needed in juice or water.

1 fl oz, Prod Code: 57058

## Pau D'Arco Bark 1:3

**Most often used today as a treatment for systemic Candida yeast infections.**

Who might benefit from this herbal supplement? Those suffering from Candida yeast infections; those suffering from weak immune function.  
 Phyto-Tech™ Pau D'Arco Bark 1:3 contains Pau D'Arco Bark (*Tabebuia impetiginosa*), Pure Grain Alcohol, Deionized Water, 200 mg/ml (30 drops).  
 Dosage: 20-40 drops, 2-3 times per day or as needed in water.  
 1 fl oz, Prod Code: 57004

## Pelargonium

**Pelargonium sidoides, also known as umckaloabo, is a member of the Geranium family and is native to South Africa.**

Who would benefit from this herbal supplement? Those suffering from bronchitis, acute pharyngitis, or the common cold.  
 The use of Pelargonium sidoides extract is based on traditional use

... continued on page 66

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



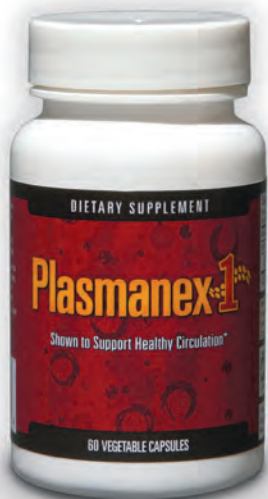
52398	DETOXICATION FACTORS	120	CAP	64.00	51.20	54689	PERMEABILITY FACTORS	90	SGC	40.70	36.63	57363	ESTROPAUSE MENOPAUSE	80	VCA	18.99	15.19	56141	BLACK CURRANT 200 VCAP	60	VCA	21.95	17.56
58142	DHEA 25 MG	60	CAP	9.90	7.92	60070	PHOS SERINE	60	SGC	46.00	36.80	62337	FULL DIET LURALN AF MN	60	SGC	29.99	23.99	23114	BONE UP	120	CAP	16.95	13.56
52417	E H B	60	CAP	21.80	17.44	57240	PRO FLORA PEARLS CONC	30	CAP	19.95	17.95	57336	GINKGO SMART FOCUS MEM	60	SGC	20.99	16.79	23115	BONE UP	240	CAP	28.95	23.16
53800	ENTEROGENIC CONC CAP	120	CAP	40.50	32.40	57682	PRO FLORA PEARLS CONC	90	CAP	49.95	39.96	57341	GREEN TEA FAT METABOL	75	SGC	21.50	17.20	59191	BONE UP	360	CAP	39.95	31.96
52598	ESKIMO 3 LIQ	105	LIQ	21.50	17.20	64374	PRO FLORA WOMENS PROBI	30	CAP	31.50	25.20	57345	IMMUNO SHIELD SGC	100	SGC	20.99	16.79	61851	BONE UP THREE PER DAY	90	CAP	19.95	15.96
52249	ESKIMO 3 SGC	105	SGC	19.90	15.92	50618	PROBIOTIC PEARLS	30	SGC	16.50	14.85	57340	LIVING GREEN MENS MULTI	90	SGC	23.99	19.19	54418	BONE UP ULTRA	240	TAB	45.95	36.76
52240	FOLIPLEX W/B12	60	TAB	22.10	17.68	52345	PROBIOTIC PEARLS	90	PRL	40.00	36.00	57339	LIVING GREEN WOMENS	90	SGC	23.99	19.19	34368	BONE UP ULTRA	120	TAB	31.95	25.56
54416	GABA 750 MG	60	CAP	19.20	15.36	64075	PROBIOTIC PEARLS ADV	60	CAP	60.00	48.00	63562	OMEGA 3 6 9 PLANT OILS	60	SGC	19.99	15.99	24803	BONE UP VEGETARIAN	120	TAB	18.95	15.16
						60742	PROS FORTE	90	SGC	38.00	30.40	57343	POWER TO SLEEP PM SGC	60	SGC	20.99	16.79	30155	BORAGE OIL GLA 240	120	SGC	27.95	22.36
						53372	PUREFA ESKIMO 1000 MG	150	SGC	40.00	32.00	57337	PROSTA STRONG SGC	90	SGC	26.99	21.59	23128	BORAGE OIL GLA 240	60	CAP	16.50	13.20
						52387	RECANCOSTAT 100	90	CAP	46.00	36.80	57335	SKIN HAIR NAILS HEALTH	75	SGC	16.99	13.59	58178	BRAIN BOOST	60	VCA	25.95	20.76
						53464	RECANCOSTAT 400 MG	60	CAP	107.50	86.00	64437	STEEL LIBDO FOR WOMEN	75	SGC	29.99	23.99	39507	BRANCH CHAIN AMINO ACD	120	CAP	15.95	12.76
						53238	RECANCOSTAT POWDER	566	PWD	137.00	109.60	61171	STEEL LIBDO RED	90	SGC	28.95	23.99	50465	BROCCOMAX 250 MG CAP	60	CAP	26.95	21.56
						54016	RESVERATROL ULTRA	90	CAP	24.50	19.60	57333	STEEL LIBDO	75	SGC	29.95	23.99	30012	BROMELAIN 1000 GDU 500	60	TAB	16.95	13.56
						59171	RESVERATROL ULTRA HIGH	60	SGC	44.00	35.20	62788	SUNNY MOOD	75	SGC	27.99	22.39	57298	BROWN RICE PROT CHOC	11B	PWD	20.95	16.76
						53844	RF PLUS	180	CAP	48.80	39.04	64168	SYSTEM SIX	100	SGC	26.99	21.59	57299	BROWN RICE PROT MX BER	11B	PWD	20.95	16.76
						53877	SEDAPLEX CAP	60	CAP	20.00	16.00	63129	TESTOSTERONE UP	60	SGC	39.99	31.99	45674	BROWN RICE PROT VAN	11B	PWD	20.95	16.76
						52399	SIMILASE	90	CAP	23.50	18.80	57334	TRIPLE BOOST CAFF FR IR	75	SGC	21.50	17.20	50302	CARNITALL 600 +	90	VCA	28.95	23.16
						52525	SIMILASE	180	CAP	43.70	34.96	63826	TRIPLE DIET MAX ACCEL	72	GEL	29.99	23.99	56706	CARNITINE 500 LIQUICAP	100	CAP	32.95	26.36
						53818	SIMILASE BV	90	CAP	28.10	22.48	57344	TRIPLE TEA FAT BURNER	75	SGC	21.99	17.59	43844	CARNITINE 500 MG TARTR	180	CAP	58.95	47.16
						55786	SIMILASE GFCE	120	CAP	25.00	20.00	57342	YOHIMBE PLUS	120	SGC	22.95	18.36	23392	CARNITINE 500 TARTRATE	100	VCA	41.95	33.56
						53750	SIMILASE JR	90	CAP	25.40	20.32							23391	CARNITINE 500 TARTRATE	50	CAP	22.95	18.36
						52600	SIMILASE LIPO	90	CAP	27.50	22.00							38261	CARNITINE LIQ 1000 LL	16Z	LIQ	21.95	17.56
						60356	SIMILASE SENSIT STOM	180	VCA	39.80	31.84	22219	SQUALANE MAYUMI 1.120Z	1.1	LIQ	12.95	10.36	39090	CARNOSINE 500 MG	90	CAP	52.95	42.36
						52416	SIMILASE SENSITV STOM	90	VCA	20.70	16.56	22443	SQUALANE MAYUMI 2.170Z	2.1	LIQ	21.50	17.20	43873	CAROTENALL	60	SGC	27.95	22.36
						64579	SLEEP RESET PACKETS	30	PAK	44.90	35.92	29981	SQUALANE MAYUMI CRM	0.7	CRM	11.95	9.55	39821	CHLORELLA PWD	1KL	PWD	89.95	71.96
						54534	SLF FORTE	120	CAP	20.10	23.28							33664	CHLORELLA PWD(YAEYAMA)	100	CAP	15.95	12.76
						53399	SPECTRA 303 T	60	TAB	17.30	13.84							27504	CHLORELLA YAEYAMA CAP	150	CAP	16.95	13.56
						52716	SPECTRA 303 T	180	TAB	49.90	39.92	31838	5 HTP 100 MG	60	CAP	27.95	22.36	37751	CHRYSIN 500	30	CAP	29.95	23.96
						52011	SPECTRA PROBIOTIC W/CO	90	CAP	30.50	24.40	31837	5 HTP 50 MG	90	CAP	20.95	16.76	34648	CITICOLINE 250 MG	60	CAP	33.95	27.16
						54095	SPECTRIENT W/O IRON	180	CAP	47.70	38.16	61897	7 KETO 100 MG	90	CAP	58.95	47.16	59585	CITICOLINE 250 MG	120	CAP	57.95	46.36
						52280	SPECTRUM 2C	240	CAP	42.50	34.00	56423	7 KETO DHEA 100 MG	30	CAP	21.95	17.56	62629	CITRUS BERGAMOT EXT	60	CAP	42.95	34.36
						52533	SPECTRUM 2C NO IRON	240	CAP	42.50	34.00	56805	ACETYL CARNITINE 500	120	CAP	38.95	31.16	36248	CLA 750 TONALIN	100	SGC	21.95	17.56
						62885	SUPER IMMUNO TONE	60	CAP	26.50	21.20	40671	ACETYL L CARNITINE 250	120	CAP	23.95	19.16	35028	CNO TRUE 380 MG	60	CAP	25.95	20.76
						54535	TESTOSTERONE FORMULA	90	CAP	29.20	23.36	29951	ACETYL L CARNITINE 250	60	CAP	15.95	12.76	58065	COCONUT OIL EXTRA VIRG	120	SGC	16.95	13.56
						57141	THEANINE	60	CAP	19.50	15.60	30010	ACETYL L CARNITINE 500	60	CAP	22.95	18.36	52490	COCONUT OIL EXTRA VIRG	32Z	LIQ	28.50	22.80
						62983	THERACURMIN	45	VCA	58.00	44.80	53177	ADRENAL OPTIMIZER	120	TAB	25.95	20.76	33211	COCONUT OIL ORGANIC	16Z	LIQ	11.95	9.55
						54969	THYMUCIN	60	CAP	25.50	20.40	51313	ALCA 500 W/LIP ACID	100	CAP	39.95	31.96	61854	COCONUT OIL ORGANIC	32Z	LIQ	20.50	16.40
						56531	THYROSINE COMPLEX	100	CAP	21.00	16.80	42173	ALPHA GPC 300 MG	60	VCA	39.95	31.96	45669	COCONUT OIL XTRA VIRGN	16Z	LIQ	16.95	13.56
						56619	TOTAL FORMULA 3 NO FE I	60	TAB	14.60	11.68	23113	ANTIOXIDANT OPTIMIZER	90	VTAB	23.95	19.16	56676	COLLAGEN TYPE II	60	CAP	20.95	16.76
						54415	TRI MAGNESIUM	90	VCA	19.80	15.84	36755	ARGININE 1000	100	TAB	17.95	14.36	34792	COLOSTRUM PRIME LIFE	120	CAP	26.95	21.56



# Introducing Plasmanex<sup>1</sup>

Bacillopeptidase F Proprietary Blend (BFPB)

Taking care of your heart means making sure your circulation is healthy. And healthy circulation depends on maintaining a balance between blood clot formation and blood clot dissolution. If you're looking to protect your heart, then you'll want to know about Plasmanex<sup>1</sup> dietary supplement. Plasmanex<sup>1</sup> contains Bacillopeptidase F Proprietary Blend, a natural enzyme extracted through a patented fermentation production process. Clinical and laboratory studies suggest that Plasmanex<sup>1</sup> supports balanced blood flow, thereby helping promote optimal heart health.\* So every second of your life can be savored.



Plasmanex<sup>1</sup> – *Because prevention is the best medicine.*

 **DAIWA HEALTH DEVELOPMENT**

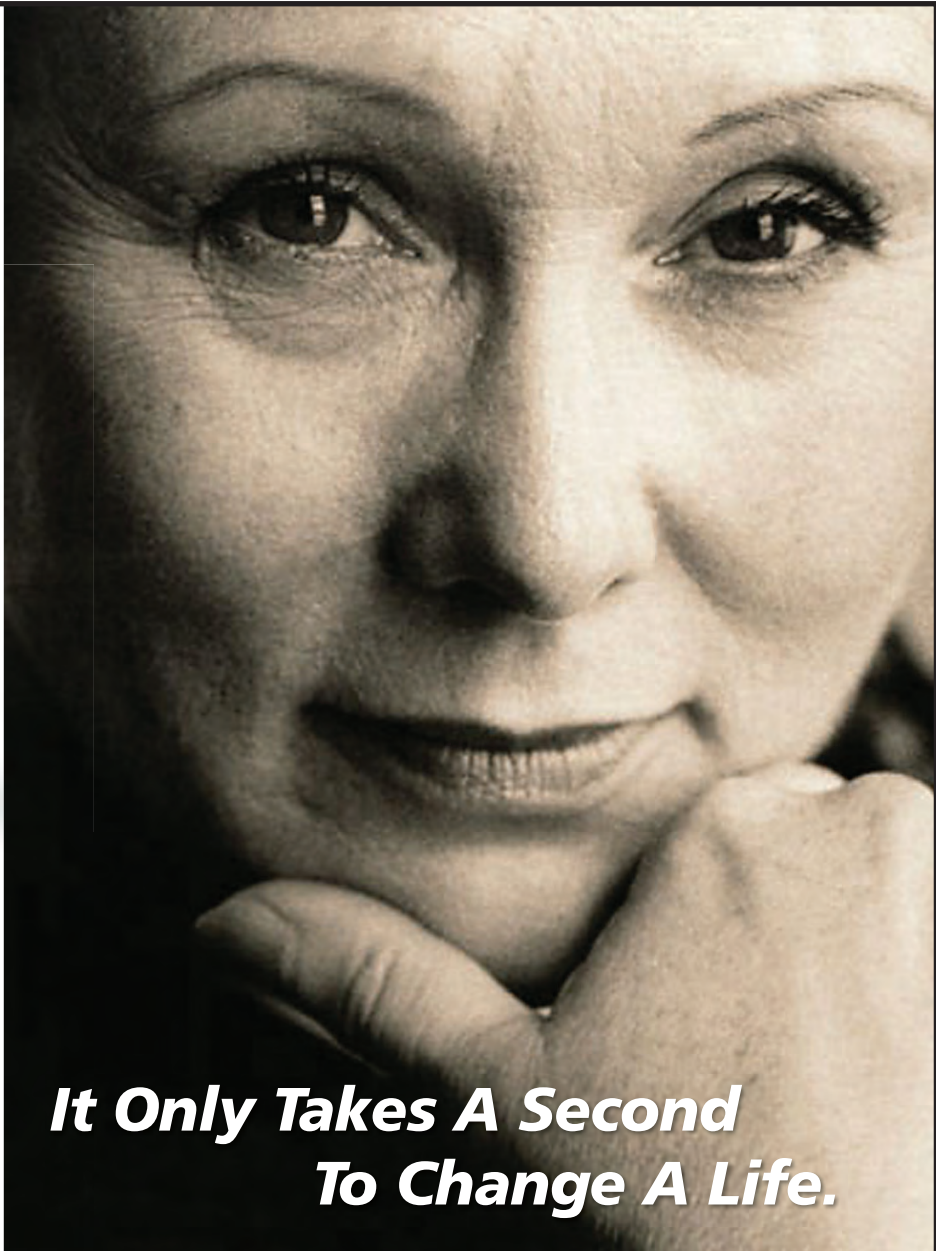
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Email: [Info@DHDMED.com](mailto:Info@DHDMED.com)

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## *It Only Takes A Second To Change A Life.*

# PEAK IMMUNE<sup>4</sup>



### THE BEST DEFENSE IS THE POWER OF 4



Coping with health issues doesn't have to mean giving up your quality of life. A healthy immune system provides the strength to endure aggressive medical treatments, the power to fight illness, and the vitality to get more out of life. PeakImmune4 is the safe, natural dietary supplement clinically shown to optimize the immune system.\* Live better. From the inside out.

## **PeakImmune<sup>4</sup>**

*The trusted, proven formula for immune support.\**

 **DAIWA HEALTH DEVELOPMENT**

Gardena, California 90248

Toll Free: 877.434.3633

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



by Zulu healers in the Eastern Cape province of South Africa, and has been known to modern science since the 1890s. The word "umkaloabo" is derived from the two Zulu words, "umkhuhlane" (fever and cough-related illnesses) and "uhlabo" (chest pain related to pleurisy) (16). In the early 1920s, the Englishman Charles Stevens traveled to South Africa for the treatment of his tuberculosis. He turned to a Basuto tribal healer who gave him a medicine derived from umkaloabo. He eventually recovered from his illness.

Extracts of the root have been available in German pharmacies since 1983 without prescription and have found widespread usage against infections of the sinus, throat, and respiratory tract.

Each serving (one teaspoonful or 5 ml) contains the following: Selectively Imported Pelargonium sidoides Root 1X 500 mg.

Dosage: Take one teaspoonful 2 times a day; can be taken every 2-3 hours when needed..

Reference: Natural Standard. The Authority on Integrative Medicine. (www.naturalstandard.com)

4 fl oz ~ Cherry Flavor, Prod Code: 57729

### Propolis Resin 1:5

Lead Free

**Who might benefit from this herbal supplement? Those suffering from microbial infections.**

Propolis is a tree resin that the bees use to coat their hive. It prevents bacterial infection in the hive and keeps the bees healthy.

Propolis is a very strong anti-microbial, bacterial and viral. It is important for the Propolis to be pretreated to remove lead toxicity as it naturally contains lead. Our Propolis is lead-free. Propolis is primarily an acute and first aid remedy. It is best in the acute mode of a cold or any other infection. Herbalists recommend Propolis for bronchitis, pneumonia and other respiratory infections.

Dosage: General: 10-25 drops, 2-3 times per day or as needed in juice or water.

Acute: 20-30 drops every 2 hours to fight infection.

1 fl oz, Prod Code: 57072

### Reishi Mushroom 1:3

**A powerful adaptogenic herb with proven immune enhancing activity.**

Who might benefit from this herbal supplement? Those under constant, daily stress; those who suffer from frequent illness, those undergoing chemotherapy.

Phyto-Tech™ Reishi Mushroom 1:3 contains Red Reishi Mushroom, Pure Grain Alcohol, Deionized Water, 250 mg/ml (30 drops).

Reishi Mushroom is for those under daily stress and want to avoid

break down. Stress can bring on irritability, fatigue, weakened immune function, headaches, poor digestion, and elimination problems. Stress does not directly cause disease, but brings it on faster, usually along the lines of ones genetic, constitutional, predispositional or inherited weakness. Conversely, the release of stress promotes healing.

Reishi Mushroom is best used over the long-term (one month or more). It can be valuable to those suffering from chronic fatigue syndrome.

Dosage: 20-60 drops, 2-3 times per day or as needed in juice or water.

1 fl oz, Prod Code: 57063

### Relax AM

**A blend of Kava Kava and other anti-anxiety, relaxing herbs that calm and sooth the mind without inducing drowsiness or mental fog. This is the perfect herbal supplement to use during the day, therefor, during periods of emotional stress.**

Who might benefit from this herbal supplement? Those with anxiety, nervous irritability, panic attacks and over-active minds. Those under emotional stress. Those with insomnia due to over-activity and stress during the day. Those with performance anxiety, ranging from public speaking to sex. And those with mild depression associated with anxiety or severe stress.

For those with insomnia, Phyto-Tech Relax PM is a perfect supplement to use along with this, in the evening.

Phyto-Tech™ Relax AM contains Kava Kava Root Vanuatu, Kava Kava Root Hawaiian, Passion Flower, St. John's Wort Flowers, Lobelia Herb Fresh, Pulsatilla Herb Fresh, Alcohol Pure Grain, Water Pure Deionized

Relax AM synergistically combines the wonderful benefits of Kava Kava with the potentiating benefits of the powerful anti-anxiety herbs Pulsatilla and fresh Lobelia extract. This formula reduces anxiety, nervous irritability, compulsive thinking and panic attacks.

Similar in action to benzodiazepine drugs (valium, xanax, klonopin, halcion) Relax AM will calm and soothe the mind and soul when going through difficult times emotionally and mentally, yet does not interfere with cognitive function for staying alert and clear.

Relax AM helps insomnia when the mind will not calm down, yet one is tired or exhausted. It will help light sleepers by helping one go beyond REM sleep and into deeper sleep stages where rest and healing occur.

Relax AM is calming, and appeals to those needing a safe way to relax.

Relax AM may help reduce depression if associated with anxiety or severe stress.

Relax AM can help performance anxiety from activities ranging from public speaking to sex

Complimentary Formulas:

Phyto-Tech™ St. John's Complex (a blend of Fresh St. John's Wort

Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, and Fresh Pulsatilla Herb (if depression accompanies the anxiety)

Phyto-Tech™ St. John's Wort 1:2 (if depression accompanies the anxiety)

Phyto-Tech™ Relax PM (to help sedate the whole nervous system)

Phyto-Tech™ Ginseng Energy Blend (if exhaustion and deficiency is present)

1 fl oz, Prod Code: 56963 ~ 2 fl oz, Prod Code: 57019

### Relax PM

**A blend of Valerian and other herbs designed to promote sleep, relaxation and pain relief, especially in the evening and at night.**

Who might benefit from this herbal supplement? Those with insomnia will find this supplement very helpful. It induces relaxation, lessens anxiety, and can reduce pain. It has a muscle relaxant action.

Relax PM slows mental activity, and thus is best used at night. For daytime use, the Phyto-Tech™ Relax AM formula is recommended.

Phyto-Tech™ Relax PM contains Valerian Root, Fresh, Hops Strobiles, Kava Kava Root, Vanuatu, Passion Flower, Chamomile Flowers, Lobelia Herb, Fresh, Pulsatilla Herb, Fresh, Alcohol, Pure Grain, Water, Pure Deionized

Dosage: Sleep: 60 - 120 drops in water or juice every 30-60 minutes, 1/2 hour before bed time until asleep. Can repeat if wake up.

OK with other sleeping aids or protocols. Acute Pain: 60 - 120 drops in water or juice every hour or as needed to control pain. General Use: 30 - 60 drops in water or juice 2-3 times per day or as needed

Complimentary Formulas: Phyto-Tech™ Relax AM or Phyto-Tech™

Anxiety Complex (if anxious or mind races, toss and turn)

Phyto-Tech™ Valerian Root 1:2 (if need more sedation)

Phyto-Tech™ Kava Root 1:2 (if anxious or mind races)

Phyto-Tech™ St. Johns Wort (for depression, pain)

Phyto-Tech™ Relax PM, 1 fl oz, Prod Code: 56959

Phyto-Tech™ Relax PM, Alcohol Free,

1 fl oz, Prod Code: 57025

### Respiratory Complex

**A blend of antimicrobial, decongestant, bronchopulmonary healing herbs.**

Who might benefit from this herbal supplement? Those suffering from acute colds, flue, sinus infections, asthma, bronchitis, pneumonia, and general lung congestion; those who smoke; those with excess mucous in the lungs; those who get sick easily and are exposed to sources of infection.

Phyto-Tech™ Respiratory Complex Veggie Caps contains Fresh

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## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



52584	CORDYCEPS 500 MG	60 TAB	19.95	15.96	30291	GLUTATHIONE REDUC 500	60 CAP	40.95	32.76	61382	MAGMIND MAG L THEON	90 VCA	38.95	31.16	26555	PS 100 PHOS SERINE	60 SGC	33.95	27.16
38843	CRAN CLEARANCE	100 CAP	18.95	15.16	45552	GPLC 750 GLYCOCARN	60 CAP	39.95	31.96	38052	MAGNESIUM OPTIMIZER	100 TAB	11.95	9.55	60354	PIEROSTILBENE TRANS 50	60 VCA	29.95	23.96
54661	CREATINE 800 CAP J	120 CAP	12.95	10.36	65073	GREEK YOGURTEIN COCONT	118 PWD	24.95	19.96	39862	MASTIC GUM	60 CAP	31.95	25.56	63121	QH ABSORB 100 + PQQ 10	30 SGC	39.95	31.96
25042	CREATINE MONO POWDER	325 PWD	15.95	12.76	62025	GREEN COFFEE BEAN EXT	60 VCA	20.95	16.76	25931	MAX DHA 505 MG	90 SGC	21.95	17.56	53094	QH ABSORB 100 MG UBIO	60 SGC	49.95	39.96
34502	CREATINE MONO POWDER	118 PWD	25.95	20.76	38835	GREEN DEFENSE 6.35Z	6.3 PWD	26.95	21.56	34494	MAX DHA 505 MG	180 SGC	37.95	30.36	58922	QH ABSORB 100 MG UBIO	120 SGC	79.95	63.96
51698	CURCUMIN 95 500 MG	120 CAP	43.95	35.16	31368	GREEN TEA 5:1	100 CAP	12.95	10.36	25010	MELATONIN 3 MELLOWTON	60 CAP	7.95	6.36	55162	QH ABSORB 200 MG UBIO	30 SGC	49.99	39.99
23121	CURCUMIN 95 500 MG	60 CAP	25.95	20.76	61096	GREEN TEA 500 ORG TAB	100 TAB	19.95	15.96	26310	MELATONIN SUSTAIN 1 MG	60 TAB	7.95	6.36	59935	QH ABSORB 200 MG UBIO	60 SGC	79.95	63.96
62875	CURCUMIN PHYTOS MERIVA	60 CAP	26.95	21.56	27730	GTF CHROMIUM 200 MCG	100 CAP	6.50	5.20	24584	MELATONIN SUSTAIN 1 MG	120 TAB	11.95	9.55	62463	QH ABSORB POMEQ 100 MG	30 SGC	35.95	28.76
56412	D LIMONENE 1000 MG	60 SGC	12.95	10.36	31727	HAWTHORN 500 MG	100 CAP	16.95	13.56	34453	METHYL B12 1000 MCG	100 LOZ	11.95	9.56	23123	QUERCETIN 500	100 CAP	33.95	27.16
55164	D3 1000	200 SGC	13.95	11.16	45670	HYALURONIC ACID 50 MG	60 CAP	19.95	15.96	61715	METHYL B12 500 MCG	60 LOZ	9.95	7.96	34406	QUERCETIN 500	200 CAP	61.95	49.56
51924	D3 1000 IU	100 SGC	8.95	7.16	50486	HYALURONIC ACID 50 MG	120 CAP	35.95	28.76	34918	METHYL B12 500 MCG	60 LOZ	29.95	23.96	60367	R LIPOIC ACID 100 MG	60 VCA	29.95	23.96
54727	D3 2500 IU	100 SGC	11.95	9.56	58176	IDEAL BOWEL SUPPORT	30 VCA	26.95	21.56	61325	METHYL FOL 400 5 MTHF	60 VCA	9.95	7.96	63624	RED PALM OIL 100X 250	30 CAP	14.95	11.96
43691	D3 400	100 SGC	6.95	5.56	57999	INOSITOL 750 MG	100 CAP	16.95	13.56	23120	MILK THISTLE SILYMARIN	100 CAP	14.95	11.96	58831	RED YEAST RICE + COQ10	120 CAP	29.95	23.96
57302	D3 400 YUM YUM GUMMIES	90 CHW	11.95	9.56	34634	INOSITOL PWD	8.2 PWD	28.95	23.16	34672	MILK THISTLE SILYMARIN	200 CAP	26.95	21.56	63625	RED YEAST RICE + NATTO	60 CAP	23.95	19.19
58307	D3 5000 IU OLIVE OIL	100 SGC	12.95	10.36	53826	INULINFOS	180 PWD	11.95	9.55	23754	MINERAL BALANCE CAPS	120 CAP	16.95	13.56	53126	RESVERATROL 100	60 VCA	20.95	16.76
53560	DHEA 10	90 CAP	9.95	7.96	33013	IP 6 500 MG	120 CAP	16.95	13.56	44618	MK 7 90 MCG	60 SGC	23.95	19.16	59192	RESVERATROL 100	120 VCA	37.95	30.36
53561	DHEA 25	90 CAP	10.95	8.76	33011	ISO RICH SOY 446 GMS	142 PWD	17.50	14.00	65380	MK 7 90 MCG	120 SGC	41.95	33.56	57300	RESVERATROL SYNER 200	60 TAB	39.95	31.96
62666	DIM + COG	30 CAP	29.95	23.96	52993	ISO RICH SOY 899 GMS	899 PWD	27.95	22.36	39763	MSM 1000 SULFUR	218 PWD	44.95	35.96	52992	RESVERATROL SYNERGY	120 TAB	37.95	30.36
23130	E P O 1300 HEXANE FREE	60 SGC	14.50	11.60	58054	JARRO DOPHI ALLERG FR	60 VCA	19.95	15.96	38663	MSM SULFUR 1000 MG	200 CAP	19.95	15.96	36724	RESVERATROL SYNERGY	60 TAB	20.95	16.76
51939	EPA DHA BALANCE 2:1	240 SGC	41.95	33.56	34898	JARRO DOPHILUS BABY	2.5 PWD	19.95	15.96	34040	MSM SULFUR 1000 MG	100 CAP	11.95	9.56	42741	RHODIOLA ROSEA	60 CAP	29.95	23.96
50874	EPA DHA BALANCE 2:1	120 SGC	23.95	19.16	51940	JARRO DOPHILUS EPS	120 VCA	39.95	31.96	39230	MSM SULFUR PWD	118 PWD	27.95	22.36	56003	RIBOSE 1000 MG CHW BER	90 CHW	23.95	19.16
50873	EPA DHA BALANCE 2:1	60 SGC	13.95	11.16	50875	JARRO DOPHILUS EPS	15 VCA	8.95	7.16	29416	MSM SULFUR PWD	200 PWD	13.95	11.16	35278	RIBOSE PWD	100 PWD	21.95	17.56
44619	FAMIL E	60 SGC	31.95	25.56	38625	JARRO DOPHILUS EPS	60 VCA	22.95	18.36	23112	MULTI 1-TO-3	90 TAB	24.95	19.96	50504	RIBOSE PWD 200 GRAMS	200 PWD	39.95	31.96
55615	FEM DOPHILUS	60 CAP	41.95	33.56	63623	JARRO DOPHILUS EPS 258	30 CAP	39.95	31.96	41345	NEUTROPTIMIZER	100 CAP	16.95	13.56	62698	SACCHARO BULARD STPKP	20 STK	29.95	23.96
51525	FEM DOPHILUS	30 CAP	26.95	21.56	62800	JARRO DOPHILUS SENIOR	60 CAP	29.95	23.96	23393	N A C 500	100 CAP	17.95	14.36	55652	SACCHAROMYCES BOUL + MOS	30 VCA	13.95	11.16
34500	FIBER PERFECT 530 MG	150 CAP	15.95	12.76	56441	JARRO DOPHILUS ULTRA	60 VCA	41.95	33.56	23394	N A C 500 SUPER	200 CAP	32.95	26.36	60280	SACCHAROMYCES BULARDI	180 VCA	49.95	39.96
24810	FIBERS GENTLE FLORA	118 PWD	14.95	11.96	24549	JARRO DOPHILUS + FOS CAP	100 CAP	19.95	15.96	23395	N A C 600 SUSTAIN	100 TAB	25.95	20.76	24551	SACCHAROMYCES BULARDI	70 CAP	28.95	23.16
24814	FLAXSEED OIL SGC	100 SGC	9.50	7.60	27359	JARRO DOPHILUS + FOS CAP	200 CAP	29.95	23.96	23501	N A C 700 CAP	120 CAP	23.95	19.16	33012	SAM E 200	20 TAB	15.50	12.40
41029	FLAXSEED OIL SGC	200 SGC	15.95	12.76	23387	JARRO DOPHILUS + FOS PWD	2.5 PWD	23.95	19.16	39341	N ACETYL TYROSINE	120 CAP	19.95	15.96	37220	SAM E 200 MG	60 TAB	39.95	31.96
44814	FOLIC ACID 800 MCG	100 CAP	7.95	6.36	23126	JARRO ZYMES PLUS	100 CAP	18.95	15.16	44532	NATOMAX	30 VCA	17.95	14.36	42070	SAM E 400 MG	30 TAB	39.95	31.96
58179	GABA SOOTHE	30 VCA	23.95	19.16	52494	JARRO ZYMES PLUS VEG	60 CAP	13.95	11.16	54733	NATOMAX	90 CAP	29.95	23.96	41946	SAM E JOINT W/GLUCOS	60 TAB	41.95	33.56
44186	GAMMA E 300	120 SGC	37.95	30.36	63306	JARROSIL	60 CAP	24.95	19.96	34454	NEUROPTIMIZER	120 CAP	49.95	39.96	43017	SAW PALMETTO EXT 160	120 SGC	23.95	19.16
64186	GARCIN CAMBOG EXT 500	90 CAP	29.95	23.96	55617	JARROSIL	30M LIQ	15.95	12.76	41883	NIACINAMIDE 250 MG FF	100 CAP	8.95	7.16	24535	SAW PALMETTO EXT CAP	60 SGC	13.95	11.16
23399	GARLIC + GINGER 500	100 CAP	15.95	12.76	56406	JARROSIL 60ML	60M LIQ	24.95	19.96	24305	OPC 95 100 MG	50 CAP	15.95	12.76	27728	SELENEXT SELENIUM SYNE	60 CAP	13.95	11.16
29907	GERMANIUM 100 SESOIQ																		



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# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



## Sinus Allergy Blend

Traditional Chinese Herbal Formula

1 fl oz, Prod Code: 56982

## Sinus Decongest

**A blend of herbs that exert an immediate, dramatic effect on the sinus area. These herbs are pungent and aromatic, producing vapors that open and dilate the sinus passageways. This facilitates breathing, drainage and helps fight microbial growth. It produces a short term intensity that is followed by a more mellow, warming sensation in the sinus area. Sinus Decongest will open even the most stubborn and clogged sinus cavity. It can be used many times during the day to help maintain breathing and sinus drainage.**

Who might benefit from this herbal formula? Those suffering from sinus infections, sinus headaches, cold and flu, congestion from allergies and environmental toxins. Those who snore. Those with congestion while flying.

It is best to inhale deeply right after taking Phyto-Tech™ Sinus Decongest. The deeper one inhales, the more effective the result.

General Dosage: Take 15-30 drops directly in mouth, or in water or juice as soon as is needed. Take 1-3 times per day and up to every 3 hours when needed.

Acute infection: Take every 30 minutes to 2 hours until relief maintains

Phyto-Tech™ Sinus Decongest contains: Horseradish Root Fresh, Spilanthes Herb Fresh, Echinacea angustifolia Root, Elderberry, Peppermint Oil, Olive Leaf, Horehound Herb, Garlic, Licorice Root, Cayenne Fruit, Boneset Herb, Osha Root Fresh, Andrographis Herb, Onion, Yarrow Herb, Goldenseal Root, Wild Cherry Bark, Water Pure Deionized, Alcohol Pure Grain, Glycerin Vegetable, Honey.

How does it work? Peppermint Oil and Fresh Organic Horseradish pulls the action up and into the sinus while the pungency of Cayenne, Garlic Onion and Horseradish increase circulation. Since the sinus cavity has poor circulation in general, this increase allows immune compounds in the blood to fight infection. The additional Immuno-Stimulating action of Echinacea, Spilanthes, Goldenseal, Elderberry, Garlic, Olive and Fresh Osha help stimulate the body to fight off microbial inundation and assist in healing. Decongesting herbs like Horehound, Licorice, Wild Cherry and Osha also help clean the lungs. Sinus Decongest helps to thin, thick and infected mucus and expectorate it out. In this way, it can help resolve an unproductive cough. Fever managing herbs like Boneset, Yarrow, Osha, Andrographis and Peppermint also help reestablish immune homeostasis.

Complimentary Formulas: Phyto-Tech Sinus Decongest is synergistic with other immune formulas to increase immune stimulation. Combine with Echinacea Goldenseal (Phyto-Tech Echina Acute Complex) or Phyto-Tech Oregano Oil 70 to additionally stimulate

white blood cell activity. For lung congestion or sore throats, combine with Phyto-Tech Respiratory Complex. For long-term immune weakness, combine with Phyto-Tech Immune Complex or Phyto-Tech Elderberry 1:2.

Phyto-Tech Respiratory Complex (to clear out lungs); Phyto-Tech Mushroom Extract Complex/Dual Extraction Blend (rebuild immunity)

Phyto-Tech Sinus Allergy Blend/Chinese Herbal Formula (Chinese formula to balance constitutions)

Phyto-Tech Allergy Complex (if allergies)

Phyto-Tech Oregano Oil 70 (powerful anti-microbial)

Phyto-Tech Echina Acute Complex (colds and Flu)

Phyto-Tech Astragalus Root 1:3 (if chronic weak immunity)  
Phyto-Tech Sinus Decongest, 1 fl oz, Prod Code:56941

## Skullcap 1:2

1 fl oz, Prod Code: 57064

## Sleep Complex

Phyto-Tech™ Sleep Complex with Melatonin

**A sleep aid or deep relaxation formula, useful as a general sedative and analgesic. This formula combines the best herbal sleep aids with Melatonin.**

Who can benefit from this supplement? Those who have problems falling asleep and staying asleep throughout the night, including those who cannot sleep or rest due to pain or anxiety.

Phyto-Tech™ Sleep Complex with Melatonin capsules contains the following herbs: Valerian Root, Hops Strobiles, Fresh Skullcap Herb, Passion Flower Herb, Chamomile Flower, Fresh California Poppy Herb and Melatonin, 3 mg.

Phyto-Tech™ Sleep Complex with Melatonin Liquid Herbal Extract contains the following herbs: Valerian Root, Fresh Skullcap Herb, Hops Strobiles, Passion Flower Herb, Fresh California Poppy Herb, Chamomile Flower, and Melatonin, 3 mg.

Sleep Complex with Melatonin comes in two forms—a liquid herbal extract, and a liquid filled Veggie Capsule. The liquid contain 425 mg per 30 drops and 3 mg Melatonin, while the liquid filled Veggie Cap contains 1,000 mg per capsule and 3 mg Melatonin.

For the liquid, take 30 drops in water about 15 minutes before bedtime. This can be repeated every 20 minutes, if necessary. For the liquid filled Veggie Cap, take one capsule about 30 minutes before bedtime. Two capsules can be used if necessary. Repeat if needed, or if you wake up during the night.

This herbal supplement can be used along with other sleeping aids.

1 fl oz - Prod Code: 57028

60 liquid filled Veggie Caps, Prod Code: 57045

## Spilanthes 1:2

**An herb with a long folk history of use in treating dry mouth, toothache, and various types of gum disease. More recently, it have been investigated for its antibacterial and antifungal action, along with antioxidant and anti-inflammatory activity**

Who might benefit from this herbal supplement? Those with dry mouth. Those with gum disease, bad breath, an altered sense of taste, thick saliva, cracked lips or split skin at the corners of the mouth. Those with fungal infections in the mouth. Those with sore throat

Phyto-Tech™ Spilanthes is composed of Spilanthes Flower Tops Fresh, Alcohol Pure Grain, Water Pure Deionized.

Phyto-Tech Spilanthes, 1 fl oz, Prod Code: 57487

## St John's Complex

**A synergistic blend of herbs designed to reduce mild depression and elevate mood.**

Who might benefit from this supplement? Those with mild depression, mood swings, lethargy; those who are "feeling down;" those with a depressed libido.

Phyto-Tech™ St. John's Complex contains a blend of Fresh St. John's Wort Flowering Tops, Vanuatu Kava Kava Root, Damiana Herb, Ginkgo Leaf, Fresh Pulsatilla Herb, Pure Grain Alcohol, Deionized Water.

Those who feel flat or have lowered passion and vital energy can use St. John's Complex. Many people do not have clinical depression, but do feel deflated and a bit down on a daily basis. These people can use this safe remedy. While some will feel immediate effects (most likely from the other ingredients besides the St. John's Wort), full benefits are realized after one month of continual use.

Effects can take effect in as soon as 2 weeks, but 4 weeks is more common. It is best used as a long-term tonic over 1 month. It can also be used very long term.

Caution: not intended for severe depression; do not take during pregnancy or while nursing; do not combine with prescription antidepressant medication.

Dosage: Generally: 20-60 drops, 2-3 times per day in juice or water.

1 fl oz, Prod Code: 57075

## St John's Wort 1:2

**St. John's Wort is indicated for mild to moderate depression. It is safe and can be used long term.**

Also available in a vegetarian capsule form. Each Phyto-Tech St.



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



17817	KYOLIC 104 W/LECITHIN	100	CAP	13.99	11.19	52660	ACETYL L CARNITIN ARGIN	100	CAP	59.00	47.20	63764	COQ10 100 UBIO BIOPRO	30	SGC	54.00	43.20	52202	GREEN TEA EXTRACT 725	100	CAP	30.00	24.00
22058	KYOLIC 105 W/SEL/A/E	200	CAP	27.49	21.99	61932	ADRENAL ENERGY FORMULA	60	VCA	24.00	19.20	52163	COQ10 100 W/ D LIMON	100	SGC	66.00	52.80	53288	HEPATAPRO 900 MG	60	SGC	50.00	40.00
17820	KYOLIC 106 CIRCULATION	100	CAP	16.49	13.19	65175	AMPK ACTIVATOR	90	VCA	48.00	38.40	62414	COQ10 200 MG UBIOQUINOL	30	SGC	62.00	49.60	64267	IMMUNE MODULATOR W/TIN	60	VCA	17.00	13.60
32266	KYOLIC 106 CIRCULATION	300	CAP	38.99	31.19	60282	ANTI ADIPOC W/MANG IRV	60	VCA	39.00	31.20	52172	COQ10 50 MG ENHAN SUP	60	SGC	25.00	20.00	65176	IMMUNE SENSENCESE PROT	60	VCA	40.00	32.00
21610	KYOLIC 106 CIRCULATION	200	CAP	27.99	22.39	59022	ANTI ALCOHOL ANTI OX	100	CAP	26.00	20.80	59594	CR MIMETIC LONGEVITY	60	VCA	39.00	31.20	56188	INTEGRA LEAN IRVINGIA	60	VCA	28.00	22.40
43218	KYOLIC 108 HEART	100	CAP	16.49	13.19	63930	APPETITE SUPPRESS NATU	60	VCA	38.00	30.40	58501	CRANMAX 500 MG L	60	VCA	17.50	14.00	57900	IRVINGIA OPTIMIZED	120	VCA	56.00	44.80
56546	KYOLIC 109 BLOOD PRESS	80	CAP	25.99	20.79	61573	APPLEWISE POLYPHEN EXT	30	CAP	21.00	16.80	58511	CRANMAX OPTIMIZED	60	VCA	18.00	14.40	53066	JOINT FORMULA FAST ACT	30	VCA	39.00	31.20
51734	KYOLIC 110 W/COQ10	100	CAP	29.95	23.96	58772	ARTHRIO IMMUNE JOINT	60	VCA	32.00	25.60	62382	D RIBOSE PWD 150 GRAMS	162	PWD	30.00	24.00	52193	K SUPER W/ K2 ADVANCE	90	SGC	30.00	24.00
61659	KYOLIC CURCUMIN	50	CAP	30.99	24.79	60988	ARTHRONAX ADV UC II	60	CAP	36.00	28.80	58251	D RIBOSE TAB	60	VCA	32.00	25.60	57513	K2 45 MCG LOW DOSE	90	SGC	18.00	14.40
17824	KYOLIC LIQ GAR	2.7	LIQ	16.99	13.59	56168	ASHWAGANDA EXT OPTIM	60	VCA	10.00	8.00	54588	D RIBOSE 1000 IU	60	VCA	38.00	30.40	60828	KRILL HEALTHY JOINT	30	SGC	32.00	25.60
17823	KYOLIC LIQ GAR	4.2	LIQ	28.99	23.19	63897	ASIAN ENERGY BOOST	90	VCA	24.00	19.20	63870	D RIBOSE PWD 150 GRAMS	30	SGC	30.00	24.00	64058	LACTOFERRIN	60	CAP	48.00	38.40
22843	KYOLIC OMEGA 3	90	SGC	24.99	19.99	63127	ASTAXANTHIN PHOSLI 4 MG	30	SGC	16.00	12.80	63889	D RIBOSE TAB	30	VCA	30.00	24.00	52180	LIFE EXTENSION MIX	490	CAP	110.00	88.00
44680	KYOLIC ONE PER DAY	30	CAP	13.99	11.19	63856	B COMPLEX COMPLETE	60	VCA	10.00	8.00	58681	D RIBOSE 1000 IU	60	CAP	24.00	19.20	52181	LIFE EXTENSION MIX	315	TAB	98.00	78.40
25640	KYOLIC RESERVE 600	120	CAP	27.99	22.39	61450	BCAA	90	VCA	19.50	15.60	53683	D RIBOSE 1000 IU	150	PWD	27.50	22.00	52182	LIFE EXTENSION MIX PWD	14	PWD	98.00	78.40
64438	PROBIATA 15B DIGESTION	20	VCA	21.95	17.56	54044	BENFOTIAMINE MEGA 250	120	VCA	30.00	24.00	53661	D RIBOSE 1000 IU	100	TAB	32.00	25.60	61055	LIVER EFFICIENCY FORM	30	VCA	18.00	14.40
64439	PROBIATA 50B CRIT CARE	20	VCA	39.99	31.99	54043	BENFOTIAMINE W/THIAMIN	120	VCA	19.95	15.96	52560	D3 1000 IU	250	CAP	12.50	10.00	62708	LYCOPENE EXT MEGA 15MG	90	SGC	35.00	28.00
31895	PROSTA LOGIC	60	CAP	38.49	30.79	56453	BERRY COMPLETE	30	VCA	21.00	16.80	52488	D3 5000 IU	60	SGC	11.00	8.80	64094	MACUGUARD OCUL W/ASTAX	60	SGC	42.00	33.60
63835	RED YEAST RICE W/COQ10	75	CAP	22.95	18.36	58955	BERRY COMPLETE ENHANCE	60	VCA	29.00	23.20	58872	D3 7000 IU	60	CAP	14.00	11.20	64063	MACUGUARD OCULAR SUPP	60	SGC	22.00	17.60
<b>LANE LABS</b>						58702	BILBERRY EXT 100 MG	100	CAP	42.00	33.60	62412	D3 W/SEA IODIN 5000 IU	60	CAP	14.00	11.20	57758	MAG CITRATE 160 MG	100	CAP	9.00	7.20
58491	ADVA CAL 1000	150	CAP	40.69	36.62	61875	BIO COLLAGEN W/ UC II	60	CAP	36.00	28.80	52196	DHEA 100 MG FREE BASE	60	VCA	24.00	19.20	52419	MAGNESIUM 500 MG	100	VCA	12.00	9.60
58115	ADVA CAL ULTRA 1000	120	CAP	37.69	34.00	59824	BIOACTIVE MILK PEPTIDE	30	VCA	18.00	14.40	54735	DHEA 15 MG	100	CAP	14.00	11.20	54559	MELATON 5 MG SEELP NAT	60	CAP	18.00	14.40
42600	FERTILE MALE	90	CAP	40.69	36.62	62496	BLACK CUMIN SD OIL 500	60	SGC	16.00	12.80	52316	DHEA 25 MG CAP	100	CAP	18.00	14.40	65013	MELATON 3 MG T/R V/TAB	60	TAB	12.00	9.60
42602	H2O2 TABS	90	TAB	22.69	20.42	62521	BLACK CUMIN W/BIO CURM	60	SGC	32.00	25.60	52315	DHEA 25 MG CHW	100	CHW	14.00	11.20	62478	MELATONIN 10 MG	60	CAP	28.00	22.40
24391	IMMUNOFIN GE LIPIDS	120	SGC	40.69	36.63	59402	BLUEBERRY EXT W/POMEGR	60	VCA	30.00	24.00	61357	DHEA 50 MG	60	CAP	19.00	15.20	61010	MELATONIN 3 MG	60	CAP	8.00	6.40
<b>LE PAIN FLEURS</b>						52165	BLUEBERRY EXTRACT CAPS	60	VCA	22.50	18.00	62984	DHEA COMPLETE	60	VCA	48.00	38.40	56449	MELATONIN 300 MCG T/R	100	CAP	12.00	9.60
64735	CRISPBRD ANCIENT GRAIN	4.4	BRD	6.10	6.10	52167	BONE RESTORE	120	CAP	22.50	18.00	52520	DIGEST RC	30	TAB	14.00	11.20	56843	MELATONIN 750 MCG T/R	60	CAP	8.00	6.40
64760	CRISPBRD BUCKWHEAT	4.4	BRD	6.10	6.10	62932	BONE RESTORE W/ K2	120	CAP	24.00	19.20	52519	DIGESTIVE ENZYMES SUPR	100	CAP	18.95	15.16	61451	METHYLCOBALMIN 1 MG VAN	60	LOZ	9.95	7.96
64876	CRISPBRD QUINOA	4.4	SNK	6.10	6.10	56688	BONE STRENGTH W/ KOACT	120	CAP	42.00	33.60	63574	EFFERESCENT VIT C MAG	180	PWD	20.00	16.00	61711	METHYLCOBAL 5 MG VAN	60	LOZ	32.00	25.60
<b>LEDERLE</b>						52173	BP MANAGEMENT NATURAL	60	TAB	42.00	33.60	58666	ENDOTHELIAL DEF W/POME	60	SGC	56.00	44.80	53832	MIGRA EZZE W/BUTTERBU	60	SGC	29.50	23.60
54959	CALTRATE 600 + D	+ D	TAB	20.69	20.69	63888	BRAIN SHIELD GASTRODIN	60	VCA	33.00	26.40	59031	ENDOTHELIAL DEFENSE	60	VCA	54.00	43.20	63898	MIGRA MAG W/BRAIN SHILD	90	VCA	22.00	17.60
32610	OCUVITE	120	TAB	17.70	14.19	55892	BREAST HEALTH	60	CAP	34.00	27.20	63782	ESOPHAGAL GUARDIAN	60	CHW	36.00	28.80	63931	MILK THISTLE (EUROPEN)	120	SGC	44.00	35.20
21824	OCUVITE 60	60	TAB	11.49	9.65	52460	BRITE EYES III	2	VIL	34.00	27.20	53410	ESTROGEN NATURAL	60	TAB	38.00	30.40	59329	MITOC ENERG OPT BIOPRO	120	CAP	94.00	75.20
32607	POSTURE D CALCIUM 600	60	TAB	13.49	10.79	55265	BROMELAIN COATED	60	TAB	21.00	16.80	58717	EUROPEAN LEG SOLUTION	30	TAB	20.00	16.00	59781	MITOCHONDRIAL BASC PQQ	30	VCA	52.00	41.60
<b>LIDDELL</b>						54344	BUFF C PWD 454.6 GRAMS	454	PWD	23.95	19.16	62447	EXTRAORDINARY ENZYMES	60	CAP	26.00	20.80	55739	M				





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<i>Olive Leaf Extract</i>	<i>Bye Bye Burns</i>	<i>Olive Leaf Nasal Spr</i>
<i>Liquid Olive Leaf Extract</i>	<i>Bye Bye Diaper Rash</i>	<i>Olive Leaf Throat Spray</i>
<i>Olive Leaf Mint Tea</i>	<i>Stop Rash</i>	<i>Earache Remedy</i>
<i>Olive Leaf Surface Cleaner</i>	<i>Olive Oil caps</i>	<i>Pediatric Earache Remedy</i>
<i>Cut &amp; Wound Remedy</i>	<i>Olive Vaginal Spray</i>	<i>Extra Virgin Olive Oil 500 ml</i>
<i>OliveViate antifungal</i>	<i>Smooth Skin (day &amp; night)</i>	<i>Olive Rectal Spray</i>
<i>Olive Leaf Acne Remedy</i>		

Visit [www.SeagateWorld.com](http://www.SeagateWorld.com) and see photos of Seagate's farm, factory and their world beneath the sea





# Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



John's Wort veggie capsule contains 300 mg of St. John's Wort Herb (standardized at 0.3% Hypericin) in a base of 150 mg of full spectrum, certified organic St. John's Wort Herb.

1 fl oz, - Prod Code: 57020 ~ 90 Veggie Caps - Prod Code: 60123

## Stay Well Complex

**Child Friendly. A great family immune booster for use at the first sign of cold or flu. The addition of Elderberry and Vitamin C to two forms of Echinacea results in enhanced efficacy.**

Who can benefit from this herbal supplement? Children and their family members who want to prevent the spread and worsening of cold and flu infection. Those who frequently catch colds.

At the first threat of the onset of a cold or flu, give large frequent doses over the course of one day for an immediate effect. It is safe to repeat doses every 2 hours when on the edge of getting sick. Contrary to popular myth, Echinacea will remain effective for months with daily use. This is why Echinacea has become famous and is indicated for children who get repeated colds season after season. It is also indicated for adults and the elderly.

The addition of Elderberry increases efficacy for use for symptoms of a cold, flu or influenza. It should help reduce these symptoms and their duration.

Phyto-Tech™ Stay Well Complex is not diluted but is instead, a full strength extract suitable for adults as well.

Contains Fresh Echinacea angustifolia Root, Fresh Echinacea purpurea Flower, Elderberry Berry, Vitamin C (ascorbic acid) 20 mg./ml., Vegetable Glycerin, Deionized Water, Honey.

Caution: Due to the honey content, this product is not recommended for children under two years of age.

Dosage: (by weight) If 10-30 lb., use 10-20 drops; if 31-60 lb., use 20-40 drops; if 61-100 lb., use 40-60 drops; if over 100 lb. Use 60-90 drops. Take appropriate dose 2-3 times per day or as needed in juice or water. Direct dosing in the mouth is OK, but taste is improved if added to juice.

1 fl oz, Prod Code: 56976

## Stevia Extract 90

**Stevia Leaf Extract, standardized to 90% Steviosides. A very pleasant tasting, sweet herb, with no bitter aftertaste.**

Who can benefit from this herb? Those with blood sugar swings, diabetes, obesity, hypertension.

Dosage: Add 2-8 drops as needed. Each ml. of Phyto-Tech™ Stevia Extract 90 is equivalent to 300 mg of Stevia. All are 100% Gluten Free.

*Important Notice: The information given here is designed to help you make informed decisions about your health, and the proper use of dietary supplements. It is not intended as a substitute for medical advice, nor a substitute for any treatment that may have been prescribed by your doctor. If you have a medical problem, you should seek medical help. Products described herein are not intended to diagnose, treat, cure or mitigate disease.*

2 fl oz - Prod Code: 56940

1 fl oz, Prod Code: 56943

4 fl oz, Prod Code: 56942

Now Available In Naturally Flavored Versions:

Lemon Flavor Stevia, 2 fl oz - Prod Code: 60141

Orange Flavor Stevia, 2 fl oz - Prod Code: 60144

Chocolate Flavor Stevia, 2 fl oz - Prod Code: 60140

Peppermint Flavor Stevia, 2 fl oz - Prod Code: 60143

Cinnamon Flavor Stevia, 2 fl oz - Prod Code: 60139

Vanilla Flavor Stevia, 2 fl oz - Prod Code: 60142

## Systemic Detox

**This detoxifying herbal formula facilitates a full body (systemic) cleansing.**

Who might benefit from this herbal supplement? Those who are concerned about exposure to internally and/or environmental toxins; those who are concerned about the toxemia from drug usage.

Phyto-Tech™ Systemic Detox contains the following: Fresh Burdock Root, Yellow Dock Root, Oregon Grape Root, Fresh Dandelion Root, Red Clover Flowers, Nettles Herb, Red Root, Fresh Ginger Root, Grain Alcohol, Deionized Water

This synergistic blend of herbs is designed to affect multiple organ systems, as follows:

Liver: Oregon Grape, Burdock, Yellow Dock, Dandelion, and Red Root

Urinary Tract: Burdock, Dandelion Root

Lymph: Red Root, Red Clover

Skin: Red Clover, Burdock, and Yellow Dock

Small Intestines: Yellow Dock

Large Intestines (colon): Yellow Dock

Blood: Red Clover, Nettles

Circulation: Ginger

Many of these herbs have a long tradition of use in naturopathic medicine for many toxic conditions. Using Systemic Detox will result in blood and tissue cleansing through stimulating the organs that do this innately, including the liver, urinary tract, skin, lymph and bowels. Herbs do not really cleanse the blood and tissues but instead, stimulate the organs to increase the rate in which they do this naturally. Systemic Detox will help in the elimination of cellular metabolic waste, dietary toxemia and environmental toxins. It is indicated for internally and externally generated toxins. Detoxify helps stimulate organs that eliminate the toxemia from drug usage. It can be used in larger more frequent doses if a faster cleanse is desired, or in moderate doses for a slower cleanse.

Caution: Temporary discomfort can occur during "detoxification"

protocols. The value and efficacy of "detoxification" is somewhat controversial, and may not be supported by medical evidence.

This product is contraindicated during pregnancy and nursing. This product may affect the rate of metabolic breakdown of certain medications, especially those metabolized in the liver--consult a physician if you are taking such medications.

As these herbs can increase bile from the liver for fat digestion and hydrochloric acid from the stomach for protein digestion, thereby decrease metabolic waste form incomplete digestion. This will assist those who need digestive enzymes. As a consequence of increased innate digestive enzyme output, peristalsis will increase to help assist normal healthy bowel function. It is not so much a laxative as a regulating agent for sluggish bowels.

Dosage: Regular cleansing: 15-60 drops 2 to 3 times per day in juice or water; Fast cleanse: Take up to 3 squirts (1 squirt is 30 drops) 4 to 6 times per day in a little water; Overall, adjust the dose to the intensity of the cleansing process and pace desired.

Complementary Formulas:

For more focus on the liver, add Phyto-Tech™ Liver Support formula.

For additional digestive system focus, add Phyto-Tech™ Digest Stim Complex.

1 fl oz, Prod Code: 56970 ~ 1 fl oz, Alcohol Free, Prod Code: 57078

## Throat Spray

**A soothing, healing spray for sore and irritated throats.**

Who might benefit from this herbal supplement? Those with sore and irritated throats due to sickness or over-use; those whose throats are raw and sore from lecturing, yelling, singing, excessive talking, dry air, etc; those with sore throats due to cold or flu.

Phyto-Tech™ Throat Spray contains the following: Fresh Osha Root, Echinacea angustifolia Root, Propolis, Thyme Herb, Fresh Spilanthes Flower, Fresh Ginger Root, Licorice Root, Aloe Vera, Vegetable Glycerin, Deionized Water, Organic Honey, Natural Flavors (Raspberry and Mint)

Throat Spray can be used as a preventive measure, i.e. before lecturing, flying on airplanes, contact with sick people, etc, or at the first onset of a respiratory illness.

For colds and flu, Throat Spray is a powerful and immediate lung white blood cell stimulant (Osha, Propolis). Phlegm is loosened with Licorice and the lungs are opened with Osha. Thyme is specific for throat infections while Propolis coats and helps create an immune barrier. General immunity is stimulated with Echinacea and Spilanthes. Both of those herbs also increase saliva, which pH corrects the mouth and throat to prevent bacteria penetration. As long as saliva and healthy mucus cover the throat, microorganisms such as Strep and influenza will have a harder time penetrating tissue and moving into the body. Licorice, Aloe Vera and honey help to coat

... continued on page 74



# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



58034	POT IODIDE 130 MG	14 TAB	6.95	5.56	63506	WHEY PROTEIN VAN	520 PWD	30.00	27.00	<b>LIVING INTENTIONS</b>		64671	C PROTECT DAILY PWD	636 PWD	19.99	17.99			
62413	POQ 20 MG W/BIOPOQ L	/30 CAP	40.00	32.00	63854	WINTER WELLNESS	60 CAP	15.00	12.00	64612	CEREA ACAI BLUEBERRY	9Z CER	12.00	9.60	58394	D3 1000 IU	60 TAB	23.96	21.56
59678	POQ CAPS W/BIO POQ 10	30 VCA	24.00	19.20	62998	YOUTH SERUM COSMESIS	1Z SER	65.00	52.00	64613	CEREA CACAO CRUNCH	9Z CER	12.00	9.60	64674	DAILY ENERGY PAK	30 PAK	29.98	26.98
52216	PREGNENOLONE 100 MG CP	100 CAP	30.00	24.00	64653	ZINC 50 MG HIGH POTENY	90 VCA	7.95	6.36	64611	CEREA CHIA GINGER	9Z CER	12.00	9.60	64669	DAILY ENERGY PWD	526 PWD	19.99	17.99
64578	PREGNENOLONE 50 MG	100 CAP	26.00	20.80	65179	ZINC LOZ 18.8 ENHAN VG	30 LOZ	12.00	9.60	64605	CHIPOLTE PISTACH PUMPK	3Z SNK	7.00	5.60	64672	DAILY PURIFY PAK	30 PAK	29.98	26.98
58257	PRELOX NAT SEX FOR MEN	60 TAB	52.00	41.60	<b>LIFE FLO</b>				64610	CLUST CACAO ALM RAIS	3Z SNK	7.00	5.60	64670	DAILY PURIFY PWD	586 PWD	19.99	17.99	
54896	PROSTATE FORM ULTRA	60 SGC	38.00	30.40	60936	ARGAN OIL PURE ORGANIC	4Z LIQ	32.29	25.83	65027	CLUST CACAO MULB HEMP	3Z SNK	7.00	5.60	63811	DREAM RELEASE	60 TAB	41.50	37.35
64411	PROVINAL PURIF OMEGA 7	30 SGC	27.00	21.60	59211	BI ESTRO CARE BODY CRM	4Z CRM	35.49	28.39	64606	MESQUITE MAPLE WALNUTS	3Z SNK	7.00	5.60	63843	DREAM RELEASE	30 TAB	21.50	19.35
54961	PS 100 PHOS SERINE	100 CAP	54.00	43.20	59346	DHEA FOR MEN CREAM	4Z CRM	40.89	32.71	64607	ROSEMARY CARL PIST ALM	3Z SNK	7.00	5.60	63592	EXTINGUISH	120 TAB	62.50	56.25
59251	PURE PLANT PROTEIN VAN	450 PWD	38.00	30.40	37804	DHEA PLUS	2Z CRM	17.69	14.15	64608	THAI LEM CASH ALM COCO	3Z SNK	7.00	5.60	39271	HAIR SKIN & NAILS	60 TAB	31.96	28.76
61940	PYCNOGENOL 100 MG	60 VCA	64.00	51.20	59040	E 25000 SUPER CREAM	2Z CRM	15.89	12.71	64609	WHITE CHOC CASH ALM	3Z SNK	7.00	5.60	23956	HAIR SKIN & NAILS	180 TAB	79.96	71.96
57172	QUERCETIN OPTIMIZED	60 VCA	22.00	17.60	59172	ESTRIOL CARE	2Z PUM	17.69	14.15	<b>LUMINA HEALTH</b>		63744	KIDS ONE DAILY	60 TAB	30.96	27.86			
55363	R LIPIDIC ACID SUPER	60 VCA	49.00	39.20	36830	ESTRO CARE	2Z CRM	20.49	16.39	38380	CELL FOOD	1Z LIQ	29.95	29.95	60470	KIDS ONE DAILY	30 TAB	18.96	17.06
62384	REISHI EXT MUSHRM CMP	60 VCA	30.00	24.00	59254	ESTRO CARE	2Z CRM	20.49	16.39	39385	CELL FOOD OXYGEN SKIN	2Z GEL	32.95	32.95	60850	MEDI SAFE	90 CPL	40.96	36.86
62897	REJUVENEX BODY LOT	6Z	24.00	19.20	59447	IODINE PLUS LIQUID	2Z LIQ	6.95	5.56	40824	CELL FOOD WEIGHT LOSS	4Z LIQ	36.95	36.95	44192	MEGAFLORA	90 VCA	58.50	52.65
58126	RESVERATROL 100 PTER	60 VCA	36.00	28.80	64919	LUBRI CARE OVULES	10 MIS	13.59	10.87	<b>MACRO LIFE</b>		61991	MEGAFLORA PLUS 50 BILL	60 VCA	67.96	61.16			
59023	RESVERATROL 250 OPT GB	60 VCA	46.00	36.80	64920	MAGNESIUM GEL UNSCENTED	16Z GEL	15.99	12.79	44441	MACRO GREENS PWD	10Z PWD	42.99	34.39	34074	MEGAZYMES	60 VCA	29.98	26.55
65223	RESVERATROL W/NAD +	30 VCA	42.00	33.60	54596	MAGNESIUM OIL PURE UNS	8Z SPY	10.49	8.39	52999	MACRO GREENS PWD 90 DY	30Z PWD	99.99	79.99	60472	MEN OVER 40 ONE DAILY	60 TAB	40.96	36.86
53947	RHODIOLA EXT 250 MG	60 VCA	11.75	9.40	55223	MELATONIN CREAM	2Z CRM	16.95	13.56	53834	MIRACLE REDS 90 DAYS	30Z PWD	99.99	79.99	62480	MEN OVER 55 TAB	60 TAB	31.96	28.76
65224	RIBOGEN 200 MG OAK WOOD	30 VCA	36.00	28.80	59172	MSM LOTION	8Z LOT	10.69	8.55	51941	MIRACLE REDS PWD 30 DY	10Z PWD	42.99	34.39	62762	MENS ONE DAILY	30 TAB	25.96	23.36
59087	SAFFRON WSATIEREAL	60 CAP	36.00	28.80	38044	OLIVE LEAF PLUS LFO	60 CAP	23.49	18.79	<b>MAXI HEALTH</b>		61660	QUERCETIN STRENGTH	60 TAB	31.96	28.76			
55499	SAM E 200 MG	20 TAB	16.00	12.80	34755	PREGNENOLONE CREAM	2Z CRM	17.79	14.23	62593	B12 LOZ 800 MCG	90 LOZ	22.95	20.65	64668	TURMERIC DAILY PWD	596 PWD	19.99	17.99
55498	SAM E 400 MG	20 TAB	28.00	22.40	44125	PROGESTA CARE BODY CRM	4Z CRM	35.49	28.39	63505	D3 1000 IU	180 TAB	12.95	11.65	60905	UN STRESS	60 TAB	30.96	27.86
64998	SE METHYL L SELENOCYST	100 VCA	12.00	9.60	59798	PROGESTA CARE COMPLETE	4Z CRM	37.19	29.75	62406	D3 2000 IU	180 TAB	24.95	22.45	61646	VEGAN DAILY MULTI	90 TAB	49.96	44.96
57757	SEA IODINE 1000 MCG	60 VCA	8.00	6.40	37721	PROGESTA CARE FOR MEN	3Z CRM	35.39	28.31	63850	D3 3000 IU MAXI	180 TAB	26.95	21.56	63558	WOMEN OVER 40	90 TAB	39.50	35.55
52192	SELENIUM CMP SUPER 200	100 CAP	14.00	11.20	55913	PROGESTA CARE LAV CRM	4Z CRM	35.89	28.71	35218	GLUTAMAX	60 TAB	53.49	42.79	60471	WOMEN OVER 40 ONE DAIL	90 TAB	40.96	36.86
59175	SHARK LIVER OIL NORWEG	30 SGC	18.00	14.40	64950	PROGESTA CARE MIST UNS	1Z SPY	26.09	20.87	62594	LONGEVITY MEN MAXI	120 CAP	65.95	52.76	62481	WOMEN OVER 55	60 TAB	31.96	28.76
59613	SKIN RESTORING CERAMID	30 CAP	25.00	20.00	55912	PROGESTA CARE PEPP CRM	4Z CRM	35.89	28.71	62595	LONGEVITY WOMEN MAXI	120 CAP	65.95	52.76	62763	WOMENS ONE DAILY	30 TAB	25.96	23.36
60295	SLEEP NAT ENHAN NO MEL	30 CAP	20.00	16.00	<b>LIFETIME NUTRITIONAL</b>				51941	MIRACLE REDS PWD 30 DY	10Z PWD	42.99	34.39	35631	WOMEN'S ONE DAILY	90 TAB	59.50	53.55	
60065	SLEEP NATURAL W/MELATO	30 CAP	22.00	17.60	53204	CAL MAG CIT LEMON CUST	16Z LIQ	14.59	11.67	<b>MACRO LIFE</b>				<b>METABOLIC RESPONSE</b>					
52199	SODZYME W/ GLISODIN	90 CAP	28.00	22.40	53598	CAL MAG CIT LIQ PINA CO	16Z LIQ	14.79	11.83	44441	MACRO GREENS PWD	10Z PWD	42.99	34.39	57998	ACETYL L CARNITINE LEM	16Z LIQ	29.95	23.96
53798	STRESS RELIEF NATURAL	30 VCA	28.00	22.40	39800	CAL MAG CITRATE LIQ	16Z LIQ	14.99	11.99	52999	MACRO GREENS PWD 90 DY	30Z PWD	99.99	79.99	34592	ATTENTION GELS	90 SGC	29.95	23.96
60321	STRONTIUM 750 MG	90 VCA	20.00	16.00	62298	ENZYME COMPLEX	180 TAB	27.49	21.99	53834	MIRACLE REDS 90 DAYS	30Z PWD	99.99	79.99	62674	BIOTIN 5 MG	60 VCA	12.99	10.39
65163	SUPER BOOSTER MACUGUAR	60 SGC	52.00	41.60	54575	OSTEO DENSITY RASBERRY	16Z LIQ	15.59	12.47	64671	C PROTECT DAILY PWD	636 PWD	19.99	17.99	32724	BONE MAXIMIZER II	180 CAP	20.98	16.78
56823	SUPER MIRAFORTE LIGNAN	120 CAP	62.00	49.60	62786	YOUTH GLOW	120 CAP	42.49	33.99	64669	DAILY ENERGY PWD	526 PWD	19.99	17.99	60370	BONE MAXIMIZER III	150 CAP	29.99	23.99
64858	TART CHERRY EXT	60 VCA	22.00	17.60	<b>LILY OF THE DESERT</b>				64605	CHIPOLTE PISTACH PUMPK	3Z SNK	7.00	5.60	63609	BONE MAXIMIZER VEGAN	120 VCA	39.99	31.99	
56454	THEAFLAVIN STAND EXT	30 VCA	18.00	14.40	27152	ALOE GEL WHL LEAF ORG	32Z LIQ	9.88											



Willner Chemists  
Phyto-Tech™ Herbal  
Supplements  
**ESSENTIAL  
OILS**

**100% Pure - Sustainably  
Harvested - Quality Tested -  
GMP Certified Facility -  
Kosher Certified**

**Cedarwood (Himalayan)**

1 fl oz, # 63003

**Cinnamon Leaf**

1 fl oz, #62679

**Clove**

1 fl oz, #63004

**Eucalyptus**

1 fl oz, #62680

4 fl oz, #62681

**Grapefruit (Pink)**

1 fl oz, #62710

**Lavender (French)**

1 fl oz, #63005

4 fl oz, #62787

**Lavender (Bulgarian)**

1 fl oz, #62815

**Lemon**

1 fl oz, #63006

**Orange (Sweet)**

1 fl oz, #62820

**Oregano**

1 fl oz, #62821

**Patchouli**

1 fl oz, #62822

**Peppermint**

1 fl oz, #62884

4 fl oz, #63007

**Rosemary**

1 fl oz, #63008

**Tea Tree (Australian)**

1 fl oz, #63009

4 fl oz, #63010

**Ylang Ylang**

1 fl oz, #63011

To see a current price listing, go to  
[www.willner.com](http://www.willner.com). Using the "By  
Manufacturer" pull down menu,  
(upper left) select "Willner Essential  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**New Formula -- Higher Potency, Veggie Capsule**

**Antiox Phyto Complex II**

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength veggie cap.

Description: Phyto-Tech Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable,

**100% Vegetarian - Manufactured in an FDA Registered, GMP Certified facility.**

New, High Potency Atiox Phyto Complex II 375 mg Veggie Caps

**90 Veggie Caps - Prod Code 63745**

Indications: Who might benefit from this herbal supplement? Those who desire protection against everyday toxins--dietary, environmental and chemical; those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle; those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration; those who want to live a longer, healthier life.

Antiox Phyto Complex II is the perfect supplement to take along with your multivitamin/multimineral supplement.  
(see full details on page 14)



**Looking For A Stronger  
Antioxidant Supplement?**





## Product Reference Guide: Willner Chemists Phyto-Tech™ Herbal Supplements



mucosal tissue like the throat as demulcents. Ginger increases blood supply to the respiratory tract to bring in innate immunity and help resolve an infection.

Throat Spray may be helpful to athletes, asthmatic and those exposed to high altitudes as Osha will increase oxygen uptake. It is great for high altitude sports. Osha brings blood into the capillaries of the lungs, thus facilitating oxygen uptake via hemoglobin.

1 fl oz, Alcohol Free Spray, Prod Code: 56957

### Turmeric Root 1:1.5

**Phyto-Tech™ Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and anti-inflammatory agent.**

Who might benefit from this herbal supplement? Those who suffer from inflammatory conditions, including joint pain, atherosclerosis, bursitis, osteoarthritis; those who suffer from auto-immune disorders, ranging from rheumatoid arthritis to Crohn's disease; Those who suffer from ulcerative colitis, and indigestion; those who suffer from liver disorders.

Phyto-Tech Turmeric Root 1:1.5 is one of the most potent anti-inflammatory herbs. Turmeric (Curcuma longa) contains curcumin, a powerful antioxidant and anti-inflammatory agent. It works by keeping naturally occurring levels of cortisone at higher blood levels, thus producing a systemic anti-inflammatory effect. This can help conditions ranging from all auto-immune disorders (MS, lupus, psoriasis, asthma, arthritis-osteo asnd rheumatoid) to any condition where cortico-steroid drug use is indicated. This includes Crohn's disease, colitis and bursitis.

Phyto-Tech™ Turmeric Root 1:1.5 contains Certified Organic Fresh Turmeric Root (Curcuma longa), 667 mg per Serving, Alcohol Pure Grain, Water Pure Deionized.

Also available as a vegetarian capsule. Each Turmeric capsule contain 450 mg of Standardized (95% Curcumanoids) Turmeric Root, along with 5 mg of Bioperine for enhanced absorption.

Phyto-Tech™ Turmeric Root 1:1.5 - 1 fl oz ~ Prod Code: 57016

Phyto-Tech Turmeric Root 60 Veggie Caps - Prod Code: 60137

### Urinary Kidney Complex

**A blend of herbs effective against urinary tract infections--acute and chronic.**

Who might benefit from this herb? Those with urinary tract infections, both acute and chronic.

Phyto-Tech™ Urinary Kidney Complex contains the following: Uva Ursi Leaf, Nettle Leaf, Fresh Dandelion Root, Juniper Berries, Fresh Marshmallow Root, Horsetail Herb, Fresh Ginger Root, Grain Alcohol, Deionized Water

The Uva Ursi is germicidal in the urinary tract. Juniper and Myrrh

are also strong antibacterial herbs for the urinary tract. It is important to increase the flow of urine to wash out the urinary tract. This is facilitated by the addition of Dandelion, Nettle. It helps to drink large amounts of water as well. The Marshmallow is a soothing herb to the mucosa of the urinary tract to help decrease pain and discomfort.

Dosage: General: 20-40 drops, 2-3 times per day or as needed in juice or water.

For acute infection: 60-90 drops every 3-4 hours in juice or water  
1 fl oz, Prod Code: 56990

### Uva Ursi Leaf 1:3

**A powerful urinary tract antiseptic and diuretic.**

Who might benefit from this herb? Those with urinary tract infections.

Phyto-Tech™ Uva Ursi Leaf contains arbutin, which is thought to be responsible for the herbs powerful urinary tract antiseptic properties. It is best used short term,, for acute situations, for up to 2-3 weeks. It is often combined with cranberry juice to acidify the urine. It also exhibits diuretic properties, and helps to flush the urinary tract.

Dosage: 30-60 drops 2-3 times per day or as needed in juice or water. Can increase dose to 4-5 times per day in very acute situations for a few days.

1 fl oz, Prod Code: 57042

### Valerian Root 1:2

**Valerian has been used as a sedative and anti-anxiety treatment for more than 2,000 years. Valerian extracts were widely used in the U.S. and Europe, until replaced by prescription sedative drugs.**

Who might benefit from this herbal supplement? Valerian has a long history of use as a sedative and sleep aid. Many consider Valerian to be the strongest western herbal central nervous system sedative. Valerian will quiet a busy mind. It can promote sleep for those who cannot fall asleep and helps those who wake up in the middle of the night. Repeat the doses as needed within a night to facilitate sleep. The liquid is significantly faster in action compared to a tablet or capsule, which must be digested before it can be absorbed, so liquids are preferred for fastest action. It will help calm one down when going through difficult emotional and mental times or when in therapy and in turmoil. Taking Valerian during the day can make one feel tired, sedated or a little out of it. Thus, caution is advised. This can sometimes be controlled my altering the dosage.

Many consider valerian to be the strongest western herbal painkiller as well. It will reduce pain in the musculo-skeletal system (i.e. muscle and joint pain from injury, accidents, work outs, surger-

ies). Valerian may be enough to control pain after relatively mild surgeries or dental procedures. It is also a smooth muscle relaxer for pain from menstrual cramps, digestive cramps, gall bladder and kidney stones. According to herbalists, Valerian will not remove all pain like a pharmaceutical pain killer but will instead, reduce the percent of pain recognition by 10-50%.

Contrary to popular belief, Valium was not derived from Valerian. They sound alike and are used for similar conditions, but are not related. The generally acknowledged active constituent, especially for purposes of standardization, is valerianic acid,

Phyto-Tech™ Valerian Root 1:2 contains Fresh Valerian Root, 500 mg/ml.

Also available in vegetarian capsule form. Each Phyto-Tech Valerian Veggie Cap contains 500 mg of certified organic Valerian Root.

1 fl oz, - Prod Code: 56951

1 fl oz, Alcohol Free - Prod Code: 56978

90 Veggie Caps - Prod Code: 60138

### White Willow Bark 1:2

**White Willow is one of the herbs originally associated with aspirin. White Willow (and Meadowsweet) contains salicin, a substance that reduces pain and inflammation. A chemical derivative of salicin, acetylsalicylic acid, is aspirin. Like aspirin, White Willow has a mild "blood thinning" action, which is usually considered beneficial to the heart and circulatory system.**

Who might benefit from this herbal supplement? Those who need relief from pain, including headache pain, arthritic or joint pain, etc.

Phyto-Tech™ White Willow Bark 1:2 contains White Willow Bark, Alcohol, Pure Grain, Water, Pure Deionized

Phyto-Tech™ White Willow Bark 1:2

1 fl oz, Prod Code: 57044

### Women's Energy Tonic

**A combination of herbs that function as adaptogens, hormone balancers and circulatory stimulants.**

Who might benefit from this herbal supplement? Those women that help optimizing hormone balance; those women seeking an increase in energy and vitality; those women who need protection against the negative effect of stress; those women with mood swings, irritability, fatigue, PMS, stress, low libido and mild depression.

Phyto-Tech™ Women's Energy Tonic contains the following: Dong Quai root, Ashwagandha Root, Damiana Leaf, Gotu Kola Leaf, Fresh Ginkgo Leaf, Chaste Tree Berry, American Ginseng Root, Grain Alcohol and Pure Deionized Water.

... continued on page 76



## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



#### Please Note:

For a variety of reasons, certain companies ask us not to include a listing of their products, or our discount pricing, in this reference catalog or web site. We honor those requests.

If you do not see the products you are interested in, that does not mean we do not carry them.

Please call our toll free number, 1-800-633-1106.

Thank you.

#### METAGENICS

13716	500 C METHOXYFLAVONE	90 TAB	20.75	--
13825	500 C METHOXYFLAVONE	270 TAB	54.75	--
13711	ADRENODEN	90 TAB	19.25	--
13822	ADRENODEN	270 TAB	49.95	--
39702	ADRESEET	60 CAP	34.50	--
44464	ADRESEET	180 CAP	94.25	--
41134	ADVA CLEAR	126 CAP	80.75	--
43613	ANDROGRAPHIS PLUS	90 TAB	62.95	--
44040	ARGININE PLUS	120 TAB	35.95	--
64840	ATTENCIA	60 SGC	49.95	--
13823	AZED PANGEN	270 TAB	68.95	--
13713	AZED PANGEN EXTRA	90 TAB	43.75	--
54907	BIOPURE PROTEIN	12. PWD	35.75	--
38342	BIOSOM DHEA SPRAY CHER	2.2 SPY	17.75	--
34017	BLACK COHOSH PLUS	60 TAB	32.95	--
13845	BONE BUILDER VEG MTG/27	270 TAB	41.95	--
13718	C ULTRATABS	90 TAB	35.25	--
13827	CAL APAT BONE BLD 500	270 TAB	45.95	--
26209	CAL APAT BONE BLD ACT	180 TAB	59.25	--
13828	CAL APAT BONE BLD BOR	270 TAB	48.50	--
44340	CAL APAT BONE BLD FORT	90 CAP	28.75	--
53485	CAL APAT BONE BLD FOT	180 CAP	52.95	--
59980	CAL APAT BONE BLD MAG	180 TAB	48.50	--
30405	CAL APAT BONE BLD W/MG	90 TAB	27.50	--
22286	CAL APAT BONE BLD XTRA	90 TAB	28.25	--
43821	CAL APAT BONE BLD XTRA	180 TAB	51.75	--
33546	CAL APATITE + IPRIFLAV	270 TAB	75.50	--
31730	CAL APATITE + IPRIFLAV	90 TAB	29.25	--
55991	CANDBACTIN AR	120 SGC	67.25	--
36568	CANDBACTIN AR	60 SGC	37.25	--
55992	CANDBACTIN BR	180 TAB	67.25	--
36569	CANDBACTIN BR	90 TAB	37.25	--
50005	CARDIOGENIC INTEN CARE	90 TAB	36.75	--
13721	CARDIOGENICS	90 TAB	24.75	--
13722	CARNITINE 250 W/CHR 50	30 TAB	23.25	--
38341	CELAPRO (CELL PROTECT)	60 SGC	39.25	--
38897	CENTOL 30 SERVINGS	7.8 PWD	36.95	--
52958	CERAMIN FORTE	90 CAP	55.25	--

64845	CERIVA TAB	30 TAB	39.95	--
33719	CHASTEBERRY PLUS	60 TAB	24.25	--
43922	CHOLAREST SC	180 TAB	67.50	--
41257	CHOLAREST SC TAB	60 TAB	25.75	--
35733	CHONDRO CARE	120 TAB	45.25	--
54816	CHONDRO CARE	240 TAB	80.75	--
13724	CHROMIUM PICOL	60 TAB	12.25	--
36112	CLA ULTRA	60 CAP	38.75	--
13830	COLLAGENICS	180 TAB	54.75	--
61959	CO010 300 MG NUTRAGEMS	30 CHW	69.95	--
36412	CO010 ST 100 MG	60 SGC	51.95	--
43923	CO010 ST 100 MG	120 SGC	98.75	--
62002	CORATIN	60 TAB	32.25	--
13727	CORTICO B5B6	60 TAB	23.95	--
13831	CORTICO B5B6	180 TAB	59.75	--
51711	D3 1000	120 TAB	18.75	--
63274	D3 10000 W/K2 SGC	60 SGC	25.95	--
50000	D3 2000 CMP ISOFLAVONE	90 TAB	22.75	--
57094	D3 5000 SGC	120 SGC	21.95	--
63080	D3 LIQ 1000 IU DROPS	2.2 DRP	22.00	--
59843	DHA CHILDRENS 100 TUTT	120 SGC	24.75	--
13729	E 400 SELENIUM	60 TAB	20.50	--
33810	E COMPLEX 1:1	60 CAP	20.75	--
43924	E COMPLEX 1:1	180 CAP	51.50	--
13755	E P O OMEGAG META EPD	90 CAP	19.25	--
56007	EC MATRIX	90 TAB	43.95	--
39727	EDEFEN	142 PWD	49.50	--
51197	EPA 500 DHA 6:1 EC	90 SGC	41.95	--
44534	EPA DHA 1200 LIQ BAL	7.2 LIQ	30.50	--
50046	EPA DHA 2325 LIQ HI CON	5.2 LIQ	44.25	--
13736	EPA DHA 300	90 SGC	12.95	--
44847	EPA DHA 720 LEMON SGC	120 SGC	43.25	--
13834	EPA DHA COMPLEX	270 SGC	35.50	--
41940	EPA DHA EXTRA ENTRIC	60 SGC	21.50	--
51169	EPA DHA X STR ENT COAT	120 SGC	38.25	--
63208	EPA DHA X STR ENT COAT	240 SGC	69.95	--
51204	EPA DHA XTRA STR LEMON	120 SGC	31.75	--
58663	EPA DHA XTRA STR LEMON	60 SGC	18.25	--
63206	EPA DHA XTRA STR LEMON	240 SGC	57.95	--
38316	ESTRUM TROPICAL MANGO	232 PWD	53.25	--
50877	ESTRO FACTORS	180 TAB	107.25	--
40316	ESTRO FACTORS	90 TAB	60.95	--
64104	ESTROVERA BLISTER PAK	30 TAB	34.95	--
64066	ESTROVERA BLISTER PAK	90 TAB	94.95	--
36314	EXHILARIN	60 TAB	23.75	--
29883	FEM ESSENTIALS	90 TAB	23.25	--
29800	FEM ESTROPLEX	90 TAB	44.95	--
13817	FEM PREMENSTR FEM PMS	60 TAB	24.25	--
51290	FEM PRENATAL 1 DAY	30 PAK	43.75	--
34619	FENUGREEK PLUS	60 TAB	27.75	--
21242	FIBROPLEX	120 TAB	29.75	--
54350	FIBROPLEX	240 TAB	54.25	--

40222	FOLAPRO	60 TAB	20.25	--
43925	FOLAPRO	120 TAB	35.75	--
21981	GARLIC SUPER 6000	90 TAB	31.95	--
63272	GI SUSTAIN	29. PWD	69.95	--
32850	GINKGO ROSE	60 TAB	30.25	--
13739	GLA 240 (GLA FORTE)	30 CAP	23.50	--
13835	GLA 240 OMEGAGEN FORTE	90 CAP	58.50	--
31911	GLUCOS SULF 500 MG	90 TAB	30.50	--
36595	GLUTAGENICS PWD	9.2 PWD	62.25	--
59547	GLYCEM 360 CHOC	272 PWD	64.95	--
13836	GLYCOGENICS	180 TAB	50.75	--
13741	GLYCOGENICS	60 TAB	20.50	--
13742	HEMAGENICS	60 TAB	15.25	--
13837	HEMAGENICS	180 TAB	40.75	--
62099	HERBULK ULTRA BALANCE	8.7 PWD	25.95	--
65320	HISYNERGY	60 TAB	23.75	--
13839	INFLAVONOID	180 TAB	39.75	--
33800	INFLAVONOID INTEN CARE	90 TAB	57.75	--
51950	INSINASE	90 TAB	64.25	--
39515	INTESOL	60 SGC	38.75	--
13840	INTRINSI B 12 FOLATE	180 TAB	50.95	--
13747	INTRINSI B 12 FOLATE	60 TAB	19.25	--
51476	KAPREX AI	90 TAB	54.50	--
53233	KAPREX NEW IMPROVED	60 SGC	53.50	--
32750	LICORICE PLUS	60 TAB	24.95	--
13750	LIPO GEN	90 TAB	20.95	--
13841	LIPO GEN	270 TAB	50.95	--
52114	LIPOTAIN NO FLUS NIACIN	180 TAB	106.25	--
35191	LIPOTAIN NO FLUS NIACIN	60 TAB	39.75	--
13752	MAG CITRATE 200 MG	120 TAB	17.75	--
43926	MAG GLYCINATE 100 MG	240 TAB	46.25	--
13753	MAG GLYCINATE 100 MG	120 TAB	25.75	--
63715	MEGA 10 OMEGA 7+3	60 SGC	42.95	--
44050	META GLYCEM	60 TAB	46.25	--
53649	META GLYCEM	120 TAB	80.75	--
38340	META I 3 C	180 CAP	74.75	--
50309	META LIPOATE 300 MG	60 CAP	27.50	--
13757	META STIOSTEROL 2.0	30 TAB	37.95	--
10597	META FIBER 300MG	90 TAB	36.75	--
13756	METAGEST	380 PWD	25.75	--
13842	METAGEST	90 TAB	17.75	--
55216	METALLO CLEAR	270 TAB	46.25	--
13758	METAZYME	180 TAB	55.25	--
13759	MG K ASPARTATE	90 TAB	17.75	--
63273	MITOVIVE	60 TAB	14.25	--
43637	MULT INT CAR NO FE ACT	60 TAB	14.25	--
13766	MULTI MIN CHELATE	16. PWD	39.95	--
13760	MULTIGENICS	180 TAB	33.50	--
13843	MULTIGENICS	90 TAB	21.75	--
28638	MULTIGENICS INT CARE	180 TAB	37.75	--
13844	MULTIGENICS NO FE	180 TAB	33.50	--

13761	MULTIGENICS NO FE	90 TAB	21.75	--
13763	MULTIGENICS ORANGE FLV	90 CHW	21.95	--
21273	MYCOFERON	1.2 LIQ	38.75	--
51884	MYCOTAKI	90 CAP	44.75	--
13770	MYOCALM (MYOPLEX)	60 TAB	11.25	--
21979	MYOCALM (MYOPLEX)	180 TAB	27.25	--
13771	MYOCALM P M (MYOPX PM)	60 TAB	14.25	--
21980	MYOCALM PM MYOPLEX PM	180 TAB	33.75	--
53324	NANO CELL Q CO010	5.2 LIQ	38.25	--
39499	NAZAND	30 TAB	26.75	--
38919	NEUROSOL	60 CAP	42.50	--
59195	NIATIN NIACIN 500 MG	120 TAB	25.75	--
59677	NIATIN NIACIN 500 MG	60 TAB	13.50	--
64153	OSTEOANTIV	60 TAB	54.95	--
56581	OSTERA	60 TAB	53.95	--
41688	PERIMINE	60 TAB	33.95	--
61179	PHYTO MULTI NO IRON	60 TAB	36.50	--
61178	PHYTO MULTI W/IRON	60 TAB	36.50	--
57115	PHYTOGALIX SUPERFRUIT	150 PWD	55.25	--
13785	PNEUMO CAROTENE	60 TAB		



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New research continues to confirm the efficacy of Ultimate Omega®. A recent study showed that Ultimate Omega provides greater increases in blood levels of EPA and DHA than salmon oil, krill oil, and comparable ethyl ester fish oil omega-3 products. As the #1 omega-3 in the U.S., Ultimate Omega is routinely chosen by independent research institutions and universities for their clinical studies.†

 Up to 382% More Effective Than Krill††

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† Based on SPINS Scan Data  
†† Source: *Lipids in Health and Disease* 2014.

\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

NORDIC  NATURALS







## Over 90%!

Over 90% of the world's CoQ10 comes from China but none of that supply goes into Healthy Origins CoQ10 - 100% Kaneka Q10 - only made in Texas!



Where does your favorite CoQ10 brand come from?

from **Healthy Origins®**  
Healthy Value from Reliable Origins

Kaneka Q10® is the only CoQ10 in the world produced through a natural yeast fermentation process. This exclusive fermentation process yields a CoQ10 which is bio-identical to what the human body itself produces. All of the other manufacturers from China produce their CoQ10 from bacteria.

All Healthy Origins® CoQ10 Gels are encapsulated in the USA, using only Kaneka Q10®, produced exclusively in Pasadena, TX, USA.

In addition to our raw material quality, we formulate our CoQ10 in a base of cold pressed olive oil for enhanced absorption.

### CoQ10 for adults ages 20 to 40:



**40%  
Off Entire Line  
Every Month**



Kaneka Preferred:  
Healthy Origins® CoQ10 and Ubiquinol are the only approved products purchased by Kaneka Corporation for sale to their own employees.

All Healthy Origins® Ubiquinol Gels are encapsulated in the USA, using only Kaneka QH™, produced exclusively in Pasadena, TX, USA.

### Ubiquinol for adults ages 40 and older:

What is Ubiquinol? - Your body produces CoQ10 and then converts it to its active form Ubiquinol, an essential nutrient for cellular function and antioxidant protection. By age 40, the body's ability to produce and convert CoQ10 to its active form Ubiquinol diminishes significantly.\*

Formulated with Medium Chain Triglycerides and Ascorbyl Palmitate for enhanced absorption. All of our Ubiquinol gels are fortified with an additional 5 percent Ubiquinol raw material to ensure that every softgel is a minimum 100 percent of label claim at the time of expiration.\*



\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

## Co10 (USA) Complete Selection

<b>100 MG</b>				
30 Gels	Retail:	\$ 12.99	-	Sale Price: \$ 7.79
60 Gels	Retail:	\$ 23.29	-	Sale Price: \$ 13.97
150 Gels	Retail:	\$ 52.99	-	Sale Price: \$ 31.79
300 Gels	Retail:	\$ 94.99	-	Sale Price: \$ 56.99
<b>200 MG</b>				
30 Gels	Retail:	\$ 20.99	-	Sale Price: \$ 12.59
60 Gels	Retail:	\$ 37.99	-	Sale Price: \$ 22.79
150 Gels	Retail:	\$ 85.99	-	Sale Price: \$ 51.59
<b>300 MG</b>				
30 Gels	Retail:	\$ 28.99	-	Sale Price: \$ 17.39
60 Gels	Retail:	\$ 51.99	-	Sale Price: \$ 31.19
150 Gels	Retail:	\$ 117.99	-	Sale Price: \$ 70.79
<b>400 MG</b>				
30 Gels	Retail:	\$ 35.99	-	Sale Price: \$ 21.59
60 Gels	Retail:	\$ 64.99	-	Sale Price: \$ 38.99
150 Gels	Retail:	\$ 149.99	-	Sale Price: \$ 89.99
<b>600 MG</b>				
30 Gels	Retail:	\$ 44.99	-	Sale Price: \$ 26.99
60 Gels	Retail:	\$ 79.99	-	Sale Price: \$ 47.99
150 Gels	Retail:	\$ 179.99	-	Sale Price: \$ 107.99

@

All Healthy Origins CoQ10 and Ubiquinol products are Soy Free & Non-GMO!

## Ubiquinol (USA) Complete Selection

<b>50 MG</b>				
30 Gels	Retail:	\$ 17.99	-	Sale Price: \$ 10.79
60 Gels	Retail:	\$ 31.99	-	Sale Price: \$ 19.19
150 Gels	Retail:	\$ 75.99	-	Sale Price: \$ 45.59
<b>100 MG</b>				
30 Gels	Retail:	\$ 29.99	-	Sale Price: \$ 17.99
60 Gels	Retail:	\$ 55.99	-	Sale Price: \$ 33.59
150 Gels	Retail:	\$ 132.99	-	Sale Price: \$ 79.79
<b>200 MG</b>				
30 Gels	Retail:	\$ 51.99	-	Sale Price: \$ 31.19
60 Gels	Retail:	\$ 97.99	-	Sale Price: \$ 58.79
150 Gels	Retail:	\$ 235.99	-	Sale Price: \$ 141.59
<b>300 MG</b>				
30 Gels	Retail:	\$ 69.99	-	Sale Price: \$ 41.99
60 Gels	Retail:	\$ 124.99	-	Sale Price: \$ 74.99
150 Gels	Retail:	\$ 279.99	-	Sale Price: \$ 167.99









— Your Trusted Source —

# PureLean®

## Targeted Healthy Weight Management<sup>†\*</sup> Program

Body weight is influenced by multiple factors including genetics, diet, neurotransmitter function, physical activity and stress. Excess weight induces complex interactions between these factors that can lead to increased health risks.

PureLean® is designed to support:

- ✓ Metabolic Rate\*
- ✓ Appetite and Mood Centers of the Brain\*
- ✓ Thermogenesis and Energy Expenditure\*
- ✓ Satiety and Healthy Glycemic Control\*
- ✓ Carbohydrate and Lipid Metabolism\*



PureLean®: A proactive path to good health\*

Visit [www.PureLean.com](http://www.PureLean.com) and use our Supplement Selector to discover which products are right for you



<sup>†</sup>Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

800-753-2277 | [PureEncapsulations.com](http://PureEncapsulations.com)

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.



## Joint Formula

...from Willner Chemists:



**Joint Formula** is a combination of nutrients and herbs designed to support normal joint function and integrity. It combines some of the most potent agents known for reducing inflammation and maintaining and rebuilding the matrix of collagen and connective tissue of the joint.

Arthritis is a condition characterized by an inflammation of a joint with accompanying pain, swelling, stiffness and redness. Osteoarthritis, a natural consequence of aging joints, occurs when the cartilage cushion which lines the joints becomes stiffer and rougher. Rheumatoid arthritis is the most severe type of the disease. The body's immune system acts against the joints and surrounding tissue the same way it would attack an unwanted invader. Joints in the hands, feet and arms become extremely painful, stiff and eventually deformed. This type of arthritis can affect the entire body.

Among the various methods of treating arthritis, nutritional and herbal supplements can play a valuable role. Impressive research, along with growing clinical evidence, shows that Glucosamine and Chondroitin can relieve symptoms and, it seems, even reverse the disease. Even rheumatoid arthritis can be helped. A recent study showed that people with this condition do better when their levels of

Vitamin C are higher. Vitamin C, of course, is a key component of collagen, which makes up cartilage. Certain herbs have been shown to reduce inflammation and pain. Devil's Claw, for example (Harpagophytum procumbens), is one example. The powerful antioxidant components of Turmeric, Grape Seed and Boswellin serve to combat the free-radical tissue damage and inflammation associated with this painful condition. We feel that a combination of anti-inflammatory and healing nutrients and herbs is the most effective approach.

Two Capsules of Joint Formula Contain:

Vitamin C	50 mg
Niacinamide	75 mg
Manganese (Gluconate)	2 mg
Glucosamine Sulfate	500 mg
Chondroitin Sulfate	150 mg
DLPA (dl-phenylalanine)	100 mg
Turmeric Extract (95%)	100 mg
Devil's Claw Extract (4:1)	100 mg
L-Proline	100 mg
Horsetail Extract (2%)	50 mg
Boswellin Extract (60%)	50 mg
Grape Seed Extract*	45 mg
Grape Skin Extract*	30 mg
Bromelain (2400 GDU)	25 mg

\*from 37.5 mg grape seed extract and 37.5 mg of grape skin/grape seed extract (80:20).

### Joint Formula, by Willner Chemists

60 Capsules, Product Code: 30440

List Price: \$16.99

Discount Price: \$13.59

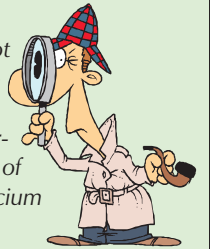
**120 Capsules,  
Code 34568**

List: \$32.59, ~ Disc: \$26.07

## Willvite, the complete multivitamin multimineral ~new, revised formula~

A complete, balanced multivitamin-multimineral formula that contains not only all of the essential vitamins, antioxidants and trace minerals, but also a full days requirement of calcium and magnesium.

Calcium and magnesium, as well as the other minerals, are no less important to your health than the vitamins. Do not make the critical mistake of only taking a vitamin supplement. It is impossible to get your daily calcium and/or magnesium requirements from any one-a-day or two-a-day multivitamin supplement. A balanced multivitamin-multimineral formula should be the cornerstone, or foundation, of your supplement regimen. Additional supplements can be added to your program, depending on your particular health



Looking for the perfect multivitamin supplement?

needs and concerns. Willvite is best taken two tablets, twice a day. This will provide for maximum utilization, especially for the water-soluble vitamins and minerals.

• Now: with added CoQ10, lycopene, phytoantioxidants and Lutein! ... regular, and Iron-Free!

### WILLVITE (with Iron) 120 Tablets

Vitamin A (25% (5,000 IU) from acetate, 75% (15,000 IU) from natural D. salina beta carotene) , 20,000IU, 400%; Vitamin C (as Ascorbic Acid & Calcium Ascorbate), 750 mg, 1250%; Vitamin D3 (as Cholecalciferol), 800IU, 200%; Vitamin E (as d-Alpha Tocopheryl Succinate), 300IU, 1000%; Vitamin K2 (as MK7), 60 mcg, 75%; Vitamin B1 (as Thiamine Mononitrate), 30mg, 2000%; Vitamin B2 (as Riboflavin), 30 mg, 1764%; Niacin (as Niacinamide), 50 mg, 250%; Vitamin B6 (as Pyridoxine HCl), 30 mg, 1500%; Folic Acid , 400 mcg, 100%; Vitamin B12 (as Methylcobalamin), 200 mcg, 3333%; Biotin , 300 mcg, 100%; Pantothenic Acid (from d-calcium pantothenate), 50 mg, 500%; Calcium (from Carbonate & Citrate), 800 mg, 80%; Iron (from Rice Chelate), 9 mg, 50%; Iodine (from Kelp) , 150 mcg, 100%; Magnesium (from Oxide & Aspartate), 600 mg, 150%; Zinc (from AA Chelate), 20 mg, 133%; Selenium (from L-Selenomethionine), 100 mcg, 143%; Copper (from AA Chelate), 2 mg, 100%; Manganese (from Manganese Gluconate), 5 mg, 250%; Chromium (as Picolinate), 100 mcg, 83%; Molybdenum (from Chelate), 150 mcg, 200%; Potassium (from AA Chelate), 50 mg, 1%; Choline Bitartrate , 50 mg, \*; Inositol , 25 mg, \*; Grapeseed Extract(Vitis vinifera), 25 mg, \*; CoEnzyme Q 10 , 20mg, \*; PABA (para-aminobenzoic acid), 10 mg, \*; Lutein , 2 mg, \*; Lycopene , 2 mg, \*; Boron (from citrate, aspartate, glycinate), 1 mg, \*; Silicon (horsetail) , 350 mcg, \*; Vanadium (sulfate) , 10 mcg, \*; \* Daily value not established.



**Willvite: 120 Tablets,  
Code #30439:  
Willvite Iron-Free 120 Tabs,  
Code 44384**



## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



63284	CARNOSINE 500 MG	60 VCA	34.95	27.96	63283	GLUTAMINE 1000 MICRON	180 VCA	28.95	23.16	45678	OMEGA 3 RX FISH & FLAX	120 SGC	23.95	19.16	63904	VEGAN PROT SATIS STRW	525 PWD	34.95	27.96
45451	CELAORIN JOINT HEALTH	90 SGC	24.95	19.96	63282	GLUTAMINE 500 MICRON	180 VCA	23.95	19.16	61319	OMEGA 3 RX ULT 1 BY D3	150 SGC	59.95	47.96	63903	VEGAN PROT SATIS VAN	525 PWD	34.95	27.96
40867	CELERY SEED EXT 75 MG	60 CAP	21.95	17.56	43251	GRAPE SEED EXT 100 MG	60 CAP	14.95	11.96	59107	OMEGA 3 RX ULTRA 1 DAY	150 SGC	56.95	45.56	62420	VEGAN PROTEIN FACTORS	122 PWD	24.95	19.96
60832	CHERRY FRUIT EXT 500	90 SGC	22.95	18.36	50083	GRAPE SEED EXT 100 MG	90 CAP	21.99	17.59	59094	OSTEOMOVE JOINT CARE	120 CPL	44.95	35.96	52982	VEINSENSE BEAUTIF LEGS	60 VCA	26.95	21.56
56912	CHIA FACTORS POWDER	12 PWD	14.95	11.96	56400	HAIR SKIN AND NAILS	120 VCA	41.95	33.56	64963	OSTEOMOVE JOINT CARE N	240 CPL	79.95	63.96	43261	VITEX EXT FOR WOMEN	90 CAP	15.95	12.76
51368	CHOLESTEROL FORMULA	120 CAP	39.95	31.96	85120	HERRING GOLD 1000 OMEG	60 SGC	55.95	47.96	43273	PAPAYA ENZYME CHW	120 CHW	10.95	8.76	43858	WELLBEX GLUCOSE BALAN	120 TAB	29.95	23.96
64863	CITRUS BIOFL 650 + HES	90 CAP	12.95	10.36	85119	HERRING GOLD 500 OMEGA	60 SGC	29.95	23.96	51883	PEPPERMINT + OREGANO OIL	60 SGC	17.95	14.36	45680	WELLBEX OMEGA 3 BORAG	120 SGC	29.95	23.96
53166	CLA 1000 MG DUO	60 SGC	23.99	23.99	59682	HYALURONIC ACID 100 MG	60 VCA	49.95	39.96	42769	PEPTACE	90 CAP	39.95	31.96	43855	WELLBEX PGX	180 VCA	34.95	27.96
43277	CLA 1000 MG TONALIN	90 SGC	29.95	23.96	85091	K2 100 MCG	60 CAP	17.95	14.36	54634	PGX DAILY 750 MG	120 SGC	39.95	31.96	64449	WHEY FACTOR MATCHA GRE	122 PWD	26.95	21.56
43281	CO010 100 MG SGC	120 SGC	39.95	31.96	80549	KELP 800 MCG LIQUID	17 LIQ	19.95	15.96	56399	PGX DAILY 750 MG	240 SGC	69.95	55.96	55971	WHEY FACTORS CHOC	212 PWD	59.95	47.96
43280	CO010 100 MG SGC	60 SGC	22.95	18.36	40885	LACTASE ENZYME	60 CAP	21.95	17.56	54478	PGX DAILY PAK	30 PAK	25.95	20.76	52156	WHEY FACTORS DOUB CHOC	122 PWD	26.95	21.56
53165	CO010 100 MG SGC DUO	60 SGC	24.99	24.99	43286	LIPIC ACID 100 MG	60 CAP	11.95	9.55	57433	PGX PLUS 820 MG	120 SGC	44.95	35.96	52155	WHEY FACTORS FR VANILL	122 PWD	26.95	21.56
56164	CO010 100 MG SGC DUO	120 SGC	46.99	46.99	43242	LIPIC ACID 200 MG	60 CAP	16.95	13.56	54730	PHARMA GABA 100 MG	60 CAP	25.95	20.76	56413	WHEY FACTORS FRENCH VN	212 PWD	59.95	47.96
43282	CO010 200 MG SGC	30 SGC	19.95	15.96	45643	LIPIC ACID 200 MG	120 CAP	29.95	23.96	53579	PHARMA GABA CHW	60 CHW	29.95	23.96	58489	WHEY FACTORS STRAWBERRY	212 PWD	59.95	47.96
43283	CO010 200 MG SGC	60 SGC	35.95	28.76	41227	LIV GALL CLEANSE	90 CAP	17.95	14.36	40884	PHOS SERINE 100 MG	30 SGC	19.95	15.96	52158	WHEY FACTORS UNFLAVOR	122 PWD	26.95	21.56
62688	CO010 200 MG SGC DUO	60 SGC	46.99	46.99	43249	LIVER HEALTH HERBAL	60 CAP	24.95	19.96	63570	PROBIOTIC GABA KIDS	27 PWD	25.95	20.76	56913	WHEY FACTORS UNFLAVOR	212 PWD	59.95	47.96
43607	CO010 50 MG	120 SGC	25.95	20.76	40873	LUNG BRONCHIAL SINUS	90 TAB	26.95	21.56	51650	PROSTATE HEALTH	60 SGC	29.99	23.96	52157	WHEY PROTEIN STRAWBERR	122 PWD	26.95	21.56
57547	CRANRICH 500 MG DUO	90 CAP	19.99	19.99	43264	LUTEIN 20 MG SGC	30 SGC	11.95	9.56	63401	PYCNOGENOL 25 MG PINE	60 CAP	29.95	23.96	64966	WOMENS 50+ WHLE EARTH	60 TAB	39.95	31.96
51369	CRANRICH 500 MG ORG	90 CAP	16.95	13.56	63289	LUTEIN 40 MG SGC	60 SGC	34.95	27.96	63970	QUICK BLAST ECHINAMIDE	30 CHW	11.95	9.55	64964	WOMENS MULTI WHLE EART	60 TAB	39.95	31.96
60952	CRANRICH 500 MG SGC OG	90 SGC	21.95	17.56	43263	LYCOPENE 10 MG CAP	60 CAP	24.95	19.96	57936	RESVERATROL 250 MG	60 VCA	39.95	31.96	40859	WOMENS PLUS MULTISTART	180 TAB	34.95	27.96
59476	CURCUMIN THERACURM 300	60 VCA	29.95	23.96	63287	LYSINE 1000 (PER 2 CP)	180 VCA	18.95	15.16	41081	SALMON OIL 1000 MG	90 SGC	13.95	11.16	40874	ZYMACTIVE SUPER ENZYME	90 TAB	37.95	30.36
63095	CURCUMIN THERACURM 300	120 VCA	54.95	43.96	82202	MACARICH MACA 500 VCAP	90 VCA	22.95	18.36	40862	SALMON OIL 1000 MG	180 SGC	24.95	19.96					
63859	CURCUMIN THERACURM 600	30 VCA	31.95	25.56	51911	MAG CITRATE 150 MG	90 CAP	12.95	10.36	43252	SAW PALM EXT 160 MG	60 SGC	17.95	14.36					
63860	CURCUMIN THERACURM 600	60 VCA	55.95	44.76	56710	MAGSENSE PWD WOMEN	72 PWD	22.49	17.99	52930	SEISORIL ASHWAGAND 250	60 CAP	17.95	14.36					
55976	D3 & K2 1000IU/120 MCG	60 SGC	29.95	23.96	63966	MELATONIN 3 MG CHW	180 CHW	13.95	11.16	52929	SERENITY FORMULA	60 CAP	17.95	14.36					
58026	D3 1000 DROPS	52 LIQ	19.95	15.96	63967	MELATONIN 5 MG CHW	180 CHW	23.95	19.16	54207	SEXESSENTIALS WOMANS	90 CAP	24.95	19.96					
61050	D3 2000 IU SGC	120 SGC	10.95	8.76	42439	MENOSENSE	90 CAP	24.95	19.96	58197	SEXUAL VITALITY MEN	90 VCA	39.95	31.96					
58292	D3 2000 IU SGC DUO	120 SGC	15.99	15.99	55887	MENOSENSE	180 VCA	44.95	35.96	43227	SLEEP RELAX	90 CAP	16.95	13.56					
54792	D3 2000 IU TAB	90 TAB	7.95	6.36	64967	MENS 50+ WHLE EARTH	60 TAB	39.95	31.96	44423	SLIMSTYLES CHOC	1.1 PWD	49.99	39.96					
60527	D3 400 IU CHW KIDS	100 CHW	7.95	6.36	64965	MENS MULTI WHOLE EARTH	60 TAB	39.95	31.96	44431	SLIMSTYLES FRENCH VAN	1.1 PWD	49.95	39.96					
63567	D3 400 IU CHW KIDS BER	250 CHW	14.95	11.96	40871	MENS MULTISTART	120 TAB	29.95	23.96	45350	SLIMSTYLES PGX 500 MG	180 CAP	29.95	23.96					
63566	D3 400 IU DROPS KIDS	52 DRP	14.95	11.96	43256	MILK THISTLE PHYTO	90 CAP	24.95	19.96	52863	SLIMSTYLES PGX GRANULE	5.3 PWD	25.95	20.76					
58293	D3 5000 IU SGC DUO	120 SGC	17.99	17.99	57291	MULBERRY EXT 100 MG	90 CAP	13.95	11.16	52932	SUNTHEANINE 100 MG CHW	60 CHW	25.95	20.76					
57747	D3 5000 IU SGC LANOLIN	120 SGC	14.95	11.96	40893	MULTI ENZYME HIGH POTN	60 VCA	21.95	17.56	44875	SUNTHEANINE 150 MG	60 VCA	25.95	20.76					
40882	DGL CHEWABLE	90 CHW	13.49	10.79	40875	MULTI ENZYME HIGH POTN	120 VCA	39.95	31.96	41325	THYROID HEALTH FORMULA	60 VCA	14.95	11.96					
63858	DGL CHEWABLE	180 CHW	24.95	19.96	63568	MULTI VIT CHW KIDS TRP	60 CHW	14.95	11.96	50569	THYROSENSE	60 VCA	14.95	11.96					
43268	E 400 MIXED CAP	90 SGC	19.95	15.96	63285	N A C 500 MG	90 VCA	19.95	15.96	55533	THYROSENSE	120 VCA	26.95	21.56					
43269	E 400 MIXED CAP	180 SGC	35.95	28.76	63288	NATOKINASE 100 MG	60 VCA	29.95	23.96	52931	TRANQUIL SLEEP CHW	60 CHW	31.95	25.56					
45022	E P O 1000 ULTRA PRIM	180 SGC	33.95	27.16	62464	NEM 500 NAT EGGSH MEMB	30 VCA	29.95	23.96	57646	TURMERIC SLEEP ENTER N	90 SGC	37.95	30.36					
59482	E P O 500 ULTRA PRIM N	180 SGC	23.95	19.16	62877	NEM 500 NAT EGGSH MEMB	60 VCA	55.95	44.76	40889	TURMERIC BOSWELIN 450	90 CAP	33.95	27.16					
51879	ECHINAMIDE THROAT SPY	12 SPY	16.95	13.56	62544	NEM W/GLUCOSAMINE	60 TAB	29.95	23.96	63281	TYROSINE 1000 (PER 2)	60 VCA	8.95	7.16					
43125	ESTROSENSE	60 CAP	29.95	23.96	63571	OIL OF OREGANO	27 LIQ	39.95	31.96	60523	UBIQUINOL 100 OH CO010	30 SGC	29.95	23.96					
55529	ESTROSENSE	120 VCA	53.95	43.16	63968	OIL OF OREGANO 180 SGC	30 SGC	12.95	10.36	60524	UBIQUINOL 100 OH CO010	60 SGC	49.95	39.96					
55338	EYE FACTORS ADVANCED	60 CAP	34.95	27.96	63631	OIL OF OREGANO 180 SGC	60 SGC	23.95	19.16	61320	UBIQUINOL 100 OH DUO	30 SGC	34.99	34.99					
43511	EYE FACTORS W/LUTEIN	90 CAP	14.95	11.96	57446	OIL OF OREGANO ORGANIC	17 LIQ	21.95	17.56	60953	UBIQUINOL 100 OH DUO	60 SGC	57.99	57.99					
56879	FOLIC ACID 1 MG	90 TAB	7.95	6.36	43253	OLIVE LEAF EXT 500 MG	60 CAP	13.95	11.16	64116	UBIQUINOL 200 OH CO010	60 VCA	49.95	39.96					
60273	GARLIC RICH 500 MG OC	90 VCA	19.95	15.96	54003	OMEGA 3 FACTORS 120+60	180 SGC	27.99	27.99	52375	ULT PROB 12/12 FORM	60 VCA	29.95	23.96					



## Green Tea Guo

**A rich source of phyto-antioxidants, including EGCG, the list of research-proven health benefits of Green Tea continues to grow.**

The Phyto-Tech™ Green Tea Guo formulas contain Whole Green Tea Leaf and Green Tea Extract, standardized at 90% polyphenols, 50% EGCG. such that one dropper full has the same antioxidant content as 10 cups of regular green tea. In addition, the product is sweetened with natural stevia and the popular Chinese herb, Luo Han Guo. Luo Han Guo is considered a longevity booster, and is commonly used for numerous health problems in China.

Who can benefit from this supplement? The easy answer is everyone. As a healthy beverage, just squirt one dropperful into a glass of hot or cold water. The powerful antioxidants will exert a protective effect against free radical damage. It is felt that free radicals contribute to cancer risk, aging, inflammation damage, cardiovascular damage, and immune system deterioration. In addition, green tea has been shown in numerous studies to assist in weight loss.

Please note that one dropperful of Phyto-Tech™ Green Tea Guo contains less than 2 mg caffeine. A regular cup of coffee contains from 100 to 150 mg of caffeine.

All Phyto-Tech™ Green Tea Guo preparations are alcohol free. One is naturally peach flavored.

Also available in a veggie cap. Each Phyto-Tech Green Tea capsule contains Green Tea Extract (98% polyphenols, 50% EGCG) 250 mg, and full spectrum Green Tea Leaf, 200 mg.

1 fl oz ~ Regular Flavor - Code: 56944

2 fl oz ~ Regular Flavor - Code: 57098

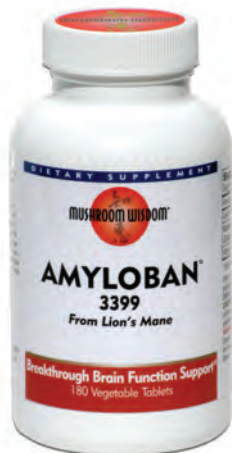
1 fl oz ~ Peach Flavor - Code: 56998

90 Veggie Caps - Code: 60126



## Playing those mind games together -- play them with Amyloban® 3399!

**Seeking a clue, in pursuit of trivia, planning to build a monopoly, or any other display of cognitive prowess at play or at work? – Obtain that mental nourishment, naturally!\***



**Amyloban® 3399** contains unique, patented phytochemicals from the Lion's Mane mushroom — *hericenones and amyloban* — shown through research to support nerve cell health and healthy brain function.\* Now you can enjoy being mentally fit, naturally!

**Amyloban® 3399 is on Sale now at Willner Chemists only until May 15th!**



THE POWER OF KNOWLEDGE

[www.MushroomWisdom.com](http://www.MushroomWisdom.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



58196	CALM PLUS CAL RASP LEM	8Z	PWD	25.95	20.76
52496	CALM PLUS CALCIUM PWD	8Z	PWD	25.95	20.76
58910	CALM PWD	16Z	PWD	39.95	31.96
52497	CALM PWD	8Z	PWD	22.95	18.36
52498	CALM PWD RASP LEMON	8Z	PWD	23.95	19.16
58655	CALM PWD RASPBERRY LEM	16Z	PWD	40.95	32.76
63512	CALM PWD SWEET LEMON	8Z	PWD	23.95	19.16
52707	ORGANIC LIFE VIT LIQ	32Z	LIQ	36.95	29.56

## NATURALLY VITAMINS

57255	HISTAME	30	CAP	37.59	30.07
44212	NATOKINASE 75 MG	120	TAB	48.99	39.19
42472	RUTOZYM	120	TAB	52.95	47.65

## NATURANECTAR

65370	BEE PROPOLIS TRIO	60	CAP	27.99	22.39
65371	IMMUNE GUARDIAN	30	CAP	22.99	18.39
65373	NASAL GUARDIAN	1Z	SPY	22.99	18.39
65372	THROAT GUARDIAN SPRAY	20M	SPY	20.99	16.79

## NATURES ANSWER

62177	ADRENAL STRESS AWAY	90	VCA	29.99	23.99
31403	ASHWAGANDA A/F	2Z	LIQ	23.00	18.40
14801	ASTRAGALUS	1Z	LIQ	12.70	10.16
14964	ASTRAGALUS A/F	1Z	LIQ	12.70	10.16
45550	B COMPLEX LIQUID	8Z	LIQ	16.99	13.59
45547	B12 1000 MCG LIQUID	2Z	LIQ	19.99	15.99
62034	BACOPA 500 MG	90	VCA	14.99	11.99
14802	BARBERRY BERBER VULGAR	1Z	LIQ	13.80	11.04
25669	BIOFLAV CITRUS W/RH	8Z	LIQ	29.89	23.91
28701	BITTERS W/GINGER A/F	2Z	LIQ	15.99	12.79
14965	BLACK COHOSH A/F	1Z	LIQ	13.80	11.04
14809	BLACK WALNUT	1Z	LIQ	12.70	10.16
28702	BLACK WALNUT & WORMWD	1Z	LIQ	15.00	12.00
14967	BLACK WALNUT HULL A/F	1Z	LIQ	13.80	11.04
62073	BLACK WALNUT WORMWOOD	90	VCA	29.99	23.99
14966	BLUE COHOSH A/F	1Z	LIQ	13.80	11.04
28703	BUPLEURUM A/F	1Z	LIQ	13.80	11.04
14821	BURDOCK ROOT	2Z	LIQ	20.70	16.56
14968	BURDOCK ROOT A/F	1Z	LIQ	13.80	11.04
45548	C 1000 MG LIQUID	8Z	LIQ	12.99	10.39
51755	CARNITINE LIQ 1200 MG	16Z	LIQ	24.99	19.99
24786	CAT'S CLAW A/F	2Z	LIQ	24.99	19.99
25533	CAT'S CLAW BARK	2Z	LIQ	24.99	19.99
14824	CAYENNE (CAPSICUM)	1Z	LIQ	11.50	9.20
14969	CHAMOMILE FLOWERS A/F	1Z	LIQ	13.80	11.04
14832	CHICKWEED HERB	1Z	LIQ	12.99	10.39
62032	COCONUT OIL EXTRA VIRG	120	SGC	17.99	14.39
14973	CORN SILK A/F	1Z	LIQ	12.70	10.16
27768	CRANBERRY A/F	1Z	LIQ	13.80	11.04
54513	D3 4000 IU DROPS	.5Z	LIQ	17.95	14.36
14845	DANDELION ROOT	2Z	LIQ	20.70	16.56
14975	DANDELION ROOT A/F	1Z	LIQ	12.99	10.39
14977	DONG QUAI A/F	1Z	LIQ	17.99	14.39
28712	ECHIN A/F W/MANOA DRAG	1Z	LIQ	12.99	10.39
23132	ECHIN GILDESCOMB A/F	2Z	LIQ	21.99	17.59
15021	ECHIN GOLDENSEAL A/F	1Z	LIQ	12.99	10.39
28710	ECHIN GOLDENSEAL A/F	4Z	LIQ	38.99	31.19
28707	ECHIN GOLDENSEAL ORGAN	1Z	LIQ	12.99	10.39
14849	ECHIN PURPUREA WHOLE	1Z	LIQ	12.99	10.39
28711	ECHIN W/GRAPE FLAV A/F	1Z	LIQ	12.99	10.39
14979	ECHINACEA A/F	2Z	LIQ	26.99	21.59
14978	ECHINACEA A/F	1Z	LIQ	16.09	12.87
31402	ELDER A/F	4Z	LIQ	21.90	17.52
14855	EVENING PRIMROSE	1Z	LIQ	13.80	11.04
14980	EYEBRIGHT A/F	2Z	LIQ	13.80	11.04
14860	FENUGREEK SEED	1Z	LIQ	20.70	16.56
14861	FO TI	1Z	LIQ	12.70	10.16
14981	GINGER ROOT A/F	1Z	LIQ	16.99	13.59
14982	GINKGO BILOBA A/F	1Z	LIQ	13.80	11.04
50840	GINKGO BILOBA A/F	2Z	LIQ	25.30	20.24
14983	GINSENG AMERICAN A/F	1Z	LIQ	20.70	16.56
14869	GINSENG AMERICAN ROOT	1Z	LIQ	23.99	19.19
45542	GLUCOS CHOND LIQ	16Z	LIQ	27.99	22.39
14985	GOLDENSEAL ROOT A/F	1Z	LIQ	21.90	17.52
14986	GOTU KOLA HERB A/F	1Z	LIQ	12.99	10.39
14987	GREEN TEA EXT A/F	1Z	LIQ	13.80	11.04
44116	GREEN TEA EXT SUP A/F	2Z	LIQ	18.99	15.19
61252	GREENS TODAY RAW	300	PWD	37.99	30.39
14876	HAWTHORN BERRIES	1Z	LIQ	12.70	10.16
14877	HAWTHORN BERRIES	2Z	LIQ	22.90	18.32
14988	HAWTHORN BERRY A/F	1Z	LIQ	13.00	10.40
62176	HAWTHORN COMPLETE	90	VCA	27.99	22.39
14878	HOPS	1Z	LIQ	12.99	10.39
14989	HORSETAIL A/F	1Z	LIQ	12.70	10.16
14880	HORSETAIL GRASS	1Z	LIQ	13.99	11.19
62072	INFLAMA DYNE COMPLETE	90	VCA	39.99	31.99
14889	LICORICE ROOT	1Z	LIQ	13.99	11.19
14991	LICORICE ROOT A/F	1Z	LIQ	13.80	11.04
59595	MAG GLYCINATE LIQ 400	16Z	LIQ	17.99	14.39
14992	MARSHMALLOW ROOT A/F	1Z	LIQ	13.80	11.04
23131	MILK THISTLE	1Z	LIQ	13.99	11.19
23002	MILK THISTLE A/F	1Z	LIQ	13.80	11.04
14998	MOTHERWORT	1Z	LIQ	11.50	9.20
14899	MUIRA PUAMA ROOT	1Z	LIQ	13.99	11.19
15032	MULLEIN FLOWER OIL A/F	1Z	LIQ	11.50	9.20
14993	MULLEIN LEAVES A/F	1Z	LIQ	13.80	11.04
45545	MULTIPLE MINERALS LIQ	8Z	LIQ	11.99	9.59
45546	MULTIPLE VITAMINS LIQ	8Z	LIQ	11.99	9.59
14994	NETTLES A/F	1Z	LIQ	12.70	10.16
14907	OATS	1Z	LIQ	12.70	10.16
37536	OLIVE LEAF OLEOPIN A/F	2Z	LIQ	19.60	15.68
33167	OREGANO OIL A/F	1Z	LIQ	32.99	26.39
25995	OREGANO GRAPE	1Z	LIQ	12.99	10.39
28724	OSHA A/F	1Z	LIQ	13.99	11.19
14911	PASSION FLOWER	2Z	LIQ	20.70	16.56
14995	PASSION FLOWER A/F	1Z	LIQ	12.70	10.16
37998	PASSIONFLOWER STAND	60	VCAP	13.99	11.19
14996	PAU D'ARCO A/F	1Z	LIQ	12.70	10.16
42688	PERIOCLEANSE	4Z	LIQ	19.95	15.96
42689	PERIOWASH	16Z	LIQ	10.95	8.76
58089	PERIOWASH CINNAMINT	16Z	LIQ	10.99	8.79
59525	PERIOWASH WINTER MINT	16Z	LIQ	10.95	8.76

28725	PROPOLIS A/F	1Z	LIQ	17.99	14.39
14922	PUMPKIN SEED	1Z	LIQ	13.80	11.04
14924	RED CLOVER TOPS	1Z	LIQ	11.50	9.20
14999	RED CLOVER TOPS A/F	1Z	LIQ	13.80	11.04
15001	REISHI A/F	1Z	LIQ	21.90	17.52
58850	RESVERATROL RESERVE	5Z	LIQ	29.99	23.99
62070	RHODIOLA ROSEA VCAP	90	VCA	25.99	20.79
14931	ROSEMARY LEAVES	1Z	LIQ	12.99	10.39
15002	SAGE A/F	1Z	LIQ	13.80	11.04
57886	SAMBUCUS	8Z	LIQ	25.99	20.79
56106	SAMBUCUS	4Z	LIQ	14.99	11.99
57888	SAMBUCUS IMMUNE SUPP	4Z	LIQ	15.99	12.79
57887	SAMBUCUS KIDS FORMULA	4Z	LIQ	14.99	11.99
64187	SAMBUCUS PM NIGHTTIME	4Z	LIQ	19.99	15.99
59470	SAMBUCUS SPRAY	2Z	SPY	9.99	7.99
14938	SAW PALM BERRIES	2Z	LIQ	22.90	18.32
15004	SAW PALM BERRY A/F	1Z	LIQ	13.80	11.04
15005	SCHISANDRA A/F	1Z	LIQ	13.80	11.04
15006	SKULLCAP HERB A/F	1Z	LIQ	12.70	10.16
14942	SLEPPERY ELM BARK	2Z	LIQ	19.60	15.68
14943	ST JOHNS WORT	1Z	LIQ	12.70	10.16
15008	ST JOHNS WORT A/F	1Z	LIQ	12.70	10.16
28726	STEVIA A/F	2Z	LIQ	23.00	18.40
62069	THYROID COMPLETE VCAP	90	VCA	27.99	22.39
62031	TPST PERIOBRITE CINNAM	4Z	TUB	6.99	5.59
42870	TPST PERIOBRITE MINT	4Z	TUB	6.99	5.59
62068	TURMERIC & GINGER VCAP	90	VCA	29.99	23.99
61210	UT ANSWER LIQ CRN MAN	4Z	LIQ	34.99	27.99
14949	VALERIAN ROOT	1Z	LIQ	12.70	10.16
14950	VALERIAN ROOT	2Z	LIQ	22.90	18.32
15009	VALERIAN ROOT A/F	1Z	LIQ	12.99	10.39
15010	VALERIAN ROOT A/F	1Z	LIQ	21.80	17.44
14970	VITEX CHASTE/BERRY A/F	2Z	LIQ	13.80	11.04
38007	WHITE WILLOW BARK STD	60	VCAP	18.99	15.19

## NATURES PLUS

40423	ACTI ZYME	180	CAP	41.80	37.62
15842	ADULTS CHEWABLE	90	CHW	27.95	25.15
38683	ANIMAL PARADE ASSORTED	180	CHW	27.25	24.52
34704	ANIMAL PARADE ASSORTED	90	CHW	15.20	13.68
22640	ANIMAL PARADE CHERRY	180	CHW	27.25	24.52
50688	ANIMAL PARADE LIQ TROP	8Z	LIQ	7.95	7.15
16000	APPLE PECTIN 500	180	TAB	20.40	18.36
15686	B 150 MEGA SR	90	TAB	38.35	34.51
15676	B 50 SUPER NO YEAST	180	VCAP	33.70	30.33
15688	B COMPLEX W/ICE BRAN	180	TAB	16.95	15.25
15693	B2 250 SR	60	TAB	16.25	14.62
15697	B6 500 SR	90	TAB	25.15	22.63
26194	BIOFLAV 1000	90	TAB	14.55	13.09
26194	BIOPERINE 10 MG	60	CAP	8.99	8.09
15770	BIORUTIN 1000	90	TAB	21.40	19.26
62432	BLUE LIGHTNING S O L	/,5	PWD	51.30	46.17
15867	BONE POWER	180	SGC	35.50	31.95
64033	BONE SUPPORT S O L	120	TAB	64.15	57.73
15976	BROMELAIN 250	90	TAB	17.85	16.06
15761	C CMP SUPER SR 1000	180	TAB	45.55	40.99
24294	C MICRO CRYSTALS	8Z	PWD	29.90	26.91
15876	CAL MAG 500 250 VTB	180	TAB	38.50	34.65
15878	CAL MAG CAP 250/125	180	VCA	25.90	23.31
15915	CALCIUM DYNO MINS NP	90	TAB	18.20	16.38
15953	CHLOROPHYLL CAP	90	CAP	18.85	16.78
42092	CRANBERRY 1000 ULTRA	90	TAB	39.25	35.33
15641	D 400 H2O DIS	90	TAB	6.75	6.07
56252	D3 1000 IU K2 100 MCG	90	VCA	23.90	21.51
59573	D3 5000 IU SOL VEG	60	VCA	15.50	13.95
27733	DHEA 25 MG	60	CAP	19.95	17.95
22206	E OIL LIQ 14 000	.5Z	LIQ	9.30	8.37
42093	FAT BUSTERS	90	TAB	33.75	30.38
63404	FRUITAIN STRAW LEMON	11B	PWD	35.25	31.72
27731	GARLITE 1000 MG SR	90	CAP	24.55	22.09
55359	GINSENG KOREAN 1000 MG	30	CAP	29.55	26.59
34620	GLUCOS CHOND JOINT RX	60	TAB	42.55	38.29
35889	GLUCOS CHOND MSM JOINT	4Z	CRM	17.35	15.61
63405	GLUCOS CHOND MSM JT 3X	4Z	CRM	21.85	19.67
35375	GLUCOS CHOND MSM RX	90	TAB	51.85	46.66
53863	GLUCOS CHOND MSM RX 3X	120	TAB	67.60	60.84
43654	GUGULIPID 1000 RX	30	TAB	21.40	19.26
26714	HAWTHORN HERBAL ACTIVE	60	CAP	11.55	10.48
34623	HUPERZINE RX BRAIN	30	TAB	13.10	11.79
56074	KIDGREENZ ANIMAL PARAD	90	CHW	14.45	13.00
15957	LECITHIN EGG YOLK 600	90	CAP	22.60	20.34
15742	LOVE BUFFS BUFF C 250 N	90	CHW	22.85	20.56
15872	MAG 200 MG CHELATED	180	TAB	24.35	21.91
41749	MAG 250 DYNO MINS NEW	90	TAB	18.20	16.38
15870	NUTRI CAL HEARTS	120	CHW	20.95	18.85
61620	OPTI FRESH BREATH GELS	1EA	GEL	6.10	4.41
15752	ORANGE JUICE C 500 CHW	180	CHW	32.60	29.34
15755	ORANGE JUICE JR C 100	180	CHW	13.55	12.19
15988	PAPAYA ENZYMES CHW	360	CHW	15.85	14.26
25911	PHOS SERINE DMAE CAMP	60	CAP		





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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



40532	CRANBERRY EXT VCAP	60	VCA	10.49	8.39	18272	NETTLE HERBS	100	CAP	8.99	7.19	42670	UMCKA ORIGINAL A/F DRP	1	Z LIQ	15.59	12.47	58560	PERFECT PRENATAL NEW	192	TAB	84.95	67.96	
40461	CRANBERRY EXT VCAPS	120	VCA	20.99	16.79	24580	NIACINAMIDE 500 NO FLS	100	CAP	6.99	5.59	42664	UMCKA ORIGINAL DROPS	1	Z LIQ	15.59	12.47	58558	PERFECT PRENATAL NEW	48	TAB	28.95	23.16	
18177	CRANBERRY FRUIT CAP	100	CAP	13.49	10.79	44274	NONI EXT STAND	60	VCA	19.99	15.99	52285	UMCKA ORIGINAL DROPS	2	L IO	28.99	23.19	58559	PERFECT PRENATAL NEW	96	TAB	48.95	39.16	
61425	CURICA PAIN RELIEF	100	TAB	42.99	34.39	56636	OLIVE LEAF EXT 20% OLE	60	VCA	21.99	17.59	56048	UMCKA PWD BERRY	10	PWD	10.99	8.79	36394	PROSTATE 5LX	60	SGC	33.95	27.16	
24561	D 400 DRY	100	CAP	7.49	5.99	32591	OLIVE LEAF STANDARDIZED	60	CAP	11.49	9.19	65037	UMCKA THROAT SPR CH MT	1.9	SPY	11.99	9.59	38720	PROSTATE 5LX	120	SGC	55.95	44.76	
18178	DAMIANA LEAVES	100	CAP	8.49	6.79	38761	ORCHARD 12 FRUITS	60	CAP	14.99	11.99	29726	UVA URSI EXT STANDARDZ	60	CAP	13.49	10.79	64851	PROSTATE 5LX	180	SGC	78.95	63.16	
18179	DANDELION ROOT	100	CAP	8.99	7.19	42259	OREGANO OIL STAND	60	VCA	16.99	13.59	18317	UVA URSI LEAVES	100	CAP	8.99	7.19	61919	PROSTATE TAKE CARE	60	SGC	33.95	27.16	
60488	DANDELION ROOT	180	VCA	15.49	12.39	37441	OREGON GRAPE ROOT	90	CAP	7.49	5.99	29733	VALERIAN EXT STAND 110	90	CAP	10.99	8.79	50067	RHODIOLA FORCE 100 MG	30	VCA	18.95	15.16	
18180	DEVILS CLAW ROOT TUBE	100	CAP	10.59	8.47	18278	PARSLEY HERB	100	CAP	8.99	7.19	22409	VALERIAN NIGHTTIME	50	TAB	10.99	8.79	45520	RHODIOLA FORCE 300 MG	30	CAP	37.95	30.36	
29720	DEVILS CLAW STANDARDZD	90	CAP	18.99	15.19	18278	PAU D'ARCO	180	CAP	12.49	9.99	24039	VALERIAN NIGHTTIME	100	CAP	19.99	15.99	61109	SEA BUCKTHORN FORCE	30	SGC	33.95	27.16	
28452	DHA 100 MG NEUROMINS	60	SGC	25.49	20.39	18279	PAU D'ARCO INNER BARK	100	CAP	8.49	6.79	18318	VALERIAN ROOT 530 MG	100	CAP	8.49	6.79	61110	SEA BUCKTHORN FORCE	60	SGC	59.95	47.96	
53263	DHA NEUROMINS 200 MG	60	SGC	43.49	34.79	38336	PEPOGEST	60	SGC	13.99	11.19	18319	VALERIAN ROOT 530 MG	180	CAP	12.99	10.39	34390	SELENIUM FOOD CMP 200	90	TAB	26.95	21.56	
38680	DIM PLUS	120	CAP	39.99	31.99	26367	PHOS SERINE	60	SGC	51.99	41.59	18322	VITEX AGNUS-CASTUS	100	CAP	7.49	5.99	61443	ST JOHNS FORCE SGC	60	SGC	42.95	34.36	
38689	DIM PLUS	60	CAP	21.99	17.59	44276	POMEGRANATE EXT STAND	60	VCA	18.99	15.19	62599	WHITE KIDNEY BEAN EXT	60	VCA	18.99	15.19	61918	STRESS TAKE CARE	60	SGC	36.95	29.56	
18183	DONG QUAI ROOT	100	CAP	14.59	11.67	24625	POT CHELATE 99	100	CAP	6.99	5.59	18324	WHITE OAK BARK	100	CAP	8.49	6.79	36138	TINY TABS MULTIPLE	192	TAB	35.95	28.76	
24613	E 400 D ALPHA SGC	100	SGC	21.99	17.59	64447	PRIMADO OPT 50 BIL DIG	30	VCA	39.99	31.99	18325	WHITE WILLOW BARK	100	CAP	8.99	7.19	38776	TURMERIC FORCE	30	SGC	24.95	19.96	
44939	E P D 1300 MG EFA GOLD	120	SGC	30.49	24.39	64446	PRIMADO OPT 50 BIL WOM	30	VCA	39.99	31.99	29685	WHITE WILLOW BARK EXT	60	CAP	22.99	18.39	64750	TURMERIC FORCE	120	SGC	59.95	47.96	
29734	ECHIN EXT STANDARDIZED	60	CAP	24.49	19.59	54570	PRIMADOPH INTENSIVE PAK	10	PWD	28.99	23.19	24292	WILD YAM	100	CAP	8.99	7.19	45319	TURMERIC FORCE	60	SGC	33.95	27.16	
18186	ECHIN GOLDENSEAL COMP	100	CAP	17.49	13.99	65403	PRIMADOPH OPT INT 200B	30	VCA	79.99	63.99	18328	YELLOW DOCK ROOT	100	CAP	8.49	6.79	64853	TURMERIC FORCE LIQVCP	120	LVC	63.95	51.16	
24366	ECHIN GOLDSEAL ROOT	180	CAP	27.49	21.99	51831	PRIMADOPH OPTIMA	30	VCA	30.99	24.79	18329	YUCCA	180	CAP	13.99	11.19	64852	TURMERIC FORCE LIQVCP	60	LVC	36.95	29.56	
18188	ECHIN ROOT COMPLEX	100	CAP	16.49	13.19	50910	PRIMADOPH OPTIMA	60	VCA	59.49	47.59	24627	ZINC 30	100	CAP	6.49	5.19	59837	WHOLEMEGA 1000 MG	180	SGC	83.95	67.16	
24525	ECHIN ROOT COMPLEX	180	CAP	24.49	19.59	60652	PRIMADOPH OPTIMA 100 B	30	VCA	49.99	39.99							57438	WHOLEMEGA 1000 MG	120	SGC	59.95	47.96	
18184	ECHIN/ASTRAG/R/ESH	100	CAP	10.49	8.39	60650	PRIMADOPH OPTIMA 60 BL	30	VCA	39.99	31.99							57365	WHOLEMEGA 1000 MG	60	SGC	31.95	25.56	
18185	ECHINACEA	180	CAP	16.49	13.19	60651	PRIMADOPH OPTIMA 90 BL	30	VCA	49.99	39.99							57366	WHOLEMEGA 500 TINY	90	SGC	31.95	25.56	
18187	ECHINACEA HERB	100	CAP	10.99	8.79	38415	PRIMADOPH REUTERI	30	CAP	10.99	8.79							59840	WHOLEMEGA FLEX	60	SGC	39.95	31.96	
31428	ELDERBERRY	100	CAP	11.49	9.19	44506	PRIMADOPH REUTERI	90	CAP	29.99	23.99							58101	WHOLEMEGA PRENATAL	90	SGC	31.95	25.56	
41709	ESTRO SOY PLUS	60	CAP	21.99	17.59	52295	PRIMADOPH REUTERI PERL	30	PRL	17.99	14.39							35737	ZINC 30 MG FOOD CMP	60	TAB	22.95	18.36	
18204	EX STRESS	100	CAP	10.99	8.79	52296	PRIMADOPH REUTERI PRL	60	PRL	30.99	24.79							61152	ZYFLAMEND HEART	60	SGC	44.95	35.96	
18205	EYEBRIGHT HERB	100	CAP	10.59	8.47	38931	PRIMADOPH REUTERI PWD	5.2	PWD	18.99	15.19							36391	ZYFLAMEND NIGHTTIME PM	60	SGC	34.95	27.96	
18248	EYEBRIGHT HERBAL	100	CAP	13.99	11.19	18284	PRIMADOPHILUS 290 CAP	90	CAP	20.99	16.79							61153	ZYFLAMEND PROSTATE NC	60	SGC	44.95	35.96	
18208	FENNEL SEED	100	CAP	8.49	6.79	18285	PRIMADOPHILUS 290 CAP	180	CAP	36.49	29.19							43055	ZYFLAMEND TINY EASY	180	SGC	34.95	27.96	
18209	FENU THYME	100	CAP	8.49	6.79	22252	PRIMADOPHILUS BIFIDUS	90	CAP	22.99	18.39							35395	ZYFLAMEND WHOL BOD 2CX	60	SGC	39.95	31.96	
18210	FENUGREEK	100	CAP	8.49	6.79	37871	PRIMADOPHILUS KID CHW	30	CHW	6.99	5.59							61155	ZYFLAMEND WHOLE BODY	30	SGC	24.95	19.96	
18211	FEVERFEW	180	CAP	16.49	13.19	56930	PRIMADOPHILUS KIDS ORA	30	CHW	6.99	5.59							38721	ZYFLAMEND WHOLE BODY	120	SGC	84.95	51.96	
29681	FEVERFEW EXT STANDZ	60	CAP	8.99	7.19	18287	PRIMADOPHILUS/CHILDREN	5.2	PWD	17.99	14.39							58803	ZYFLAMEND WHOLE BODY	180	SGC	89.95	71.96	
43697	FISOL FISH OIL	90	SGC	32.49	25.99	18288	PRIMADOPHILUS/JUNIOR	90	CAP	18.99	15.19													
38748	FISOL FISH OIL	90	SGC	16.99	13.59	39771	PROSTOL	120	SGC	39.49	31.59													
51688	FISOL SUPER FISH OIL	90	SGC	22.99	18.39	18291	PSYLLIUM HUSK	100	CAP	8.99	7.19													
60028	FISOL SUPER FISH OIL	180	SGC	42.49	33.99	64775	RAPI DEFENSE	15	VCA	19.99	15.99													
18215	FO TI	100	CAP	9.49	7.59	63491	RASPBERRY KETONE 25 MG	60	VCA	21.49	17.19													
62927	FORSYTHIOLIN 250 MG EXT	60	VCA	29.99	23.99	18293	RED CLOVER BLOSSOM HRB	100	CAP	8.49	6.79													
38762	GARDEN VEGGIES 12 VEGG	60	CAP	14.99	11.99	18295	RED RASPBERRY LEAVES	100	CAP	9.49	7.59													
64428	GARLICIN 350 MG	180	TAB	27.99	22.39	56505	RED YEAST RICE + COQ10	60	VCA	34.49	27.59													
18218	GARLIC/PARSLEY	100	CAP	8.99	7.19	56501	RED YEAST RICE 600 MG	120	VCA	36.99	29.59													
18219	GARLICIN 350 MG	90	TAB	15.49	12.39	29736	REISHI MUSHR EXT STANZ	100	CAP	14.59	11.67													
18226	GARLICIN HC	90	TAB	16.49	13.19	52732	RESVERATROL	60	VCA	21.99	17.59													
18227	GINGER ROOT	100	CAP	8.49	6.79	43693	RHODIOLA ROSEA EXT	60	VCA	16.99	13.59													
18228	GINGER ROOT	180	CAP	13.49	10.79	64818	SAMBUCUS DROPS	1.2	DRP	24.99	19.99													
31432	GINKGO EXTRACT 60 MG	60	CAP	18.49	14.79	60704	SAMBUCUS FLU CARE LOZ	30	LOZ	15.49	12.39													
62026	GINKGO EXTRACT 60 MG	120	VCA	32.99	26.39	32589	SAMBUCUS FOR KIDS	4.2	LIQ	15.59	12.47													
42260	GINKGOLD 60 MG BONUS	150	TAB	40.49	32.39	56966	SAMBUCUS FOR KIDS BER	8.2	LIQ	28.99	23.19													
42263	GINKGOLD EYES	60	TAB	33.99	27.19	64773	SAMBUCUS GUMMIES ELDER	60	GUM	19.99	15.99													
42261	GINKGOLD MAX 120 MG	30	TAB	22.49	17.99	32590	SAMBUCUS IMMUNE FORM	4.2	LIQ	16.59	13.27													
42262	GINKGOLD MAX 120 MG	60	TAB	39.49	31.59	43720	SAMBUCUS IMMUNE FORM	8.2	LIQ	30.99	24.79													
18233	GINSENG 550 AMERICAN	50	CAP	21.99																				



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## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



61297	OMEGA ALGAE LIQ VEG	2.7	LIQ	49.95	39.96	43758	A 2500 IU	250	SGC	17.99	14.39	56469	BETA ALANINE POWDER	500	PWD	44.99	35.99	59059	CASTOR OIL	16.7	LIQ	8.99	7.19
61740	OMEGA ALGAE VEG	60	SGC	27.99	22.39	56470	AAGK 3500 ARGIN ALP K	180	TAB	49.99	39.99	42170	BETA GLUCAN 1 3 100 MG	90	VCA	19.99	15.99	54180	CASTOR OIL 650 MG SGC	120	SGC	13.99	11.19
62151	OMEGA ALGAE VEG	120	SGC	49.95	39.96	64297	ACACIA PWD ORGANIC PUR	122	PWD	14.99	11.99	59825	BETA GLUCANS 250 XTRA	60	VCA	24.99	19.99	38828	CATS CLAW 5000	120	CAP	22.99	18.39
56885	OMEGA BLOOD SUGAR	60	SGC	26.95	21.56	56761	ACAI POWDER ORGANIC	3.7	PWD	25.99	20.79	61950	BETA SITOSTEROL PLANT	90	SGC	24.99	19.99	61492	CELADRIN 500 MG & MSM	120	CAP	31.99	25.59
65252	OMEGA BOOST TROP MANGO	122	LIQ	34.95	27.96	41378	ACEROLA PWD	6.7	PWD	11.99	9.59	40706	BETAINE HCL 648 MG	120	CAP	19.99	15.99	51007	CELADRINE LIPUS CRM	4.7	CRM	19.95	15.96
65251	OMEGA BOOST TROP MANGO	6.7	LIQ	19.95	15.96	43813	ACETYL L CARNIT 500 MG	50	CAP	16.99	13.59	36580	BILBERRY COMPLEX 80 MG	100	CAP	29.99	23.99	41473	CHAMOMILE OIL	1.7	LIQ	64.99	51.99
59821	OMEGA DAILY KIDS CHW	30	CHW	9.95	7.96	55743	ACETYL L CARNITINE 500	100	CAP	29.99	23.99	30422	BIOFLAV 700 MG W/C RUT	100	CAP	12.99	10.39	63817	CHEER UP BUTTERCUP OIL	1.7	LIQ	12.99	10.39
59822	OMEGA DAILY W/D3 SGC	30	SGC	15.95	12.76	43901	ACID COMFORT	90	LOZ	14.99	11.99	63386	BIOTIN 10 MG XTRA STR	120	CAP	23.99	19.19	65330	CHEST RUB RELIEF	2.7	CRM	8.99	7.19
58858	OMEGA JOINT EXTRA	90	SGC	51.95	41.56	64451	ACIDOPH & BIFIDS 8 BIL	60	VCA	14.99	11.99	41994	BIOTIN 5000 VCAP	60	VCA	9.99	7.99	63484	CHIA SEED ORGANIC	122	SGC	11.99	9.59
55708	OMEGA LDL	60	SGC	29.95	23.96	43946	ACIDOPH BIFDUS	120	CAP	27.99	22.39	52905	BLACK CHERRY EXT	90	VCA	19.99	15.99	39923	CHITOSAN 500 MG CHROM	120	CAP	19.99	15.99
42307	OMEGA ULTIMATE	60	SGC	27.75	22.20	59692	ACIDOPHILLUS 4XG	3.7	PWD	21.99	17.59	63353	BLACK COHOSH 80 W/LIC	90	CAP	11.99	9.59	41818	CHLORELLA 1000 MG	120	TAB	23.99	19.19
53378	OMEGA ULTIMATE	180	SGC	69.95	55.96	65147	ADAM MENS MULTI SGC	90	SGC	29.99	23.99	64170	BLACK CURANT OIL 1000	100	SGC	28.99	23.19	57852	CHLORELLA PURE PWD	11.8	PWD	49.99	39.99
50093	OMEGA ULTIMATE	120	SGC	49.95	39.96	62942	ADAM MENS MULTI SGC	180	SGC	53.99	43.19	40787	BONE CALCIUM	240	TAB	27.99	22.39	51830	CHLOROPHYLL LIQ MINT	16.7	LIQ	17.99	14.39
55117	OMEGA ULTIMATE + COQ10	60	SGC	38.95	31.16	44032	ADAM MENS MULTIPLE TAB	120	TAB	43.99	35.19	41984	BONE STRENGTH	120	CAP	14.99	11.99	64982	CHOCOLA FUDGE BROW MIX	16.7	PWD	6.99	5.59
54587	OMEGA ULTIMATE 500 MIN	90	SGC	29.95	23.96	62522	AFRICAN MANGO DIET SUP	60	VCA	24.99	19.99	28647	BORAGE OIL 240 MG	120	SGC	31.99	25.59	60562	CHOLESTEROL PRO	120	TAB	54.99	43.99
55874	OMEGA ULTIMATE D3	60	SGC	28.95	23.16	64763	AGAVE NECTAR AMBER ORG	23.	LIQ	6.99	5.59	52659	BORON 3 MG	250	CAP	15.99	12.79	60247	CHOLESTEROL PRO	60	TAB	29.99	23.99
61840	OMEGA ULTIMATE D3	120	SGC	51.95	41.56	51491	AHCC 5000 MG	60	VCA	82.99	66.39	56197	BRANCHED CHAIN AMINO	120	CAP	25.99	20.79	37718	CHOLESTEROL SUPPORT	90	VCA	23.99	19.19
59725	OMEGA ULTIMATE FISH GL	60	FSG	29.95	23.96	62044	ALFAFA PURE PWD	11.8	PWD	17.99	14.39	39525	BRAZIL NUTS ORGANIC	122	SNK	8.49	6.79	36167	CHROM PICOL 200 MCG	250	CAP	14.99	11.99
59820	OMEGA ULTIMATE JUNIOR	90	SGC	29.95	23.96	50869	ALLIOTIC	60	SGC	21.99	17.59	45361	BRAZIL NUTS WHOLE RAW	122	SNK	8.49	6.79	35267	CHROM PICOL 200 MCG	100	CAP	6.99	5.59
53379	OMEGA ULTIMATE LIQUID	8.7	LIQ	71.95	57.56	58254	ALMOND CRUNCH CLUSTERS	9.7	SNK	6.49	5.19	56209	BREWERS YEAST	11.8	PWD	12.99	10.39	39642	CIDER VINEGAR DIET	180	CAP	14.99	11.99
43371	OMEGA ULTIMATE LIQUID	4.7	LIQ	41.95	33.56	61607	ALMOND OIL ORGANIC	8.7	LIQ	23.99	19.19	62662	BROMELAIN 500 MG 2400	120	VCA	29.99	23.99	50045	CINNAMON BARK 600 MG	120	CAP	12.99	10.39
62351	OMEGA ULTIMATE SPORT D	60	SGC	32.95	26.36	62577	ALMOND OIL SWEET	12.8	OIL	67.99	54.39	39054	BROMELAIN 500 MG VCAP	60	VCAP	15.99	12.79	33024	CINNAMON OIL (CASSIA)	1.7	LIQ	8.99	7.19
61399	OMEGA ULTIMATE XTRA	60	SGC	32.95	26.36	56580	ALMOND OIL SWEET	16.7	OIL	12.99	10.39	64614	BROWN RICE PROT SPROUT	21.8	PWD	24.99	19.99	64590	CITRIC ACID	11.8	PWD	12.99	10.39
61400	OMEGA ULTIMATE XTRA LIQ	4.7	LIQ	44.95	35.96	39042	ALMONDS RAW	16.7	SNK	9.99	7.99	53494	BUG BAN SPRAY	4.7	SPY	7.49	5.99	52962	CITRULLINE 750 MG	90	CAP	27.99	22.39
55601	OMEGA VISION DHA EYE	60	SGC	49.95	39.96	40402	ALMONDS ROASTED SALT	16.7	SNK	10.99	8.79	51495	BUTTERBUR 75 MG	60	VCA	25.99	20.79	37077	CLA 800 MG	90	SGC	19.95	15.96
41538	OMEGA WOMAN E P O	120	SGC	24.95	19.96	38476	ALO VERA 5000 MG SGC	100	SGC	11.99	9.59	51425	C 1000 CMP BUFF S/R	90	TAB	15.99	12.79	50773	CLA EXTREME	90	SGC	31.99	25.59
63716	PROBIOTIC 12 BILL + PRE	60	CAP	29.95	23.96	58842	AMINO 9 ESSENTIALS PWD	11.	PWD	43.99	35.19	39532	C 1000 SR ROSE HIPS	250	TAB	25.99	20.79	41474	CLARY SAGE OIL	1.7	LIQ	15.99	12.79
<b>NORTH AMERICAN HERB</b>																							
57211	BLACK SEED PLUS	90	VCA	24.99	19.99	29660	AMINO COMPLETE	360	CAP	35.99	28.79	53286	C 1000 SR ROSE HIPS	100	TAB	11.99	9.59	59899	CLEANS GEL C MANUK HON	8.7	GEL	9.99	7.99
58876	BLACK SEED PLUS OIL	8.7	LIQ	39.99	31.99	43388	ANTIOXIDANT SUPER VCAP	120	VCA	37.99	30.39	36649	C 1000 W/BIOFLAV 100	250	CAP	25.99	20.79	63816	CLEAR THE AIR OIL BLIND	1.7	LIQ	12.99	10.39
33895	CILANTRO OIL	1.7	LIQ	39.99	31.99	37491	APRICOT KERNEL OIL	16.7	LIQ	10.99	8.79	54803	C 500 ALPHASORB BUFF	90	VCA	15.99	12.79	63086	CLINICAL GI PROBIOTIC	60	VCA	29.99	23.99
62553	COCO PALM	8.7	LIQ	19.99	19.99	61610	ARGAN OIL ORGANIC	2.7	LIQ	16.99	13.59	63345	C 500 CAL ASCORBAT BUF	250	CAP	21.99	17.59	63087	CLINICAL PROBIOTIC IMM	60	VCA	29.99	23.99
60455	HEMA BUILD	90	VCA	39.99	31.99	45264	ARGININE 1000 MG	120	TAB	27.99	22.39	54263	C 500 CMP W/BIOFLV/RH	250	TAB	19.99	15.99	37477	CLOVE OIL	1.7	LIQ	6.99	5.59
28002	OREGAMAX	90	CAP	29.99	23.99	41091	ARGININE 500 MG	100	CAP	11.99	9.59	51276	C 500 COMPLEX	100	TAB	9.99	7.99	36194	COCOA BUTTER	7.7	LIQ	8.99	7.12
28001	OREGANO OIL 45 OZ	45	LIQ	29.99	23.99	53604	ARGININE 500 MG	250	CAP	23.99	19.19	54553	C CRYSTALS ASC AC PWD	8.7	PWD	14.99	11.99	52290	COCOA BUTTER LOTION	8.7	LOT	8.99	7.19
43390	OREGANOL CRM	2.7	CRM	34.99	27.99	39344	ARGININE PWD	11.8	PWD	39.95	31.96	39485	C CRYSTALS ASCORBIC AC	11.8	PWD	27.99	22.39	27256	COCOA BUTTER W/O JOBA	6.5	CRM	9.99	7.99
37098	OREGANOL OIL SUPER	1.7	LIQ	69.99	55.99	54381	ARNICA COOLING RELIEF	2.7	GEL	9.99	7.99	39486	CAL CITRATE 300 MG	250	TAB	25.99	20.79	51216	COCOA PWD ORGANIC	14.7	PWD	9.99	7.99
37097	OREGANOL OREGANO JUICE	12.7	LIQ	19.99	15.99	56214	ARTICHOKE EXT 450 MG	90	VCA	16.99	13.59	36652	CAL CITRATE PURE PWD	8.7	PWD	11.99	9.59	36195	COCONUT OIL	7.7	LIQ	7.49	5.99
65128	OREGANOL SUPER STRNGTH	60	SGC	39.99	31.99	44239	ASCORBYL PALMITATE 500	100	VCA	17.99	14.39	35620	CAL MAG 1000 500	100	TAB	9.99	7.99	36163	COLLOIDAL MINERAL	32.7	LIQ	19.99	15.99
38413	OREGANOL WILD	60	SGC	29.99	23.99	56216	ASHWAGANDA EXT 450 MG	90	VCA	16.99	13.59	38109	CAL MAG CITRATE POWDER	8.7	PWD	12.99	10.39	38670	COLOSTRUM 500 MG	120	CAP	23.99	19.19
52592	OREGARESP	90	VCA	69.99	55.99	60039	ASTAXANTHIN 4 MG	90	SGC	29.99	23.99	54432	CAL MAG DK	180	CAP	23.99	19.19	38258	COQ10 100 MG HAWTHORN	90	VCA	35.99	28.79
41972	OREGARESP OREGACYN VCA	30	VCA	29.99	23.99	59246	ASTAXANTHIN 4 MG VEG	60	VSG	19.99	15.99	42510	CAL MAG W/D SGC	240	SGC	25.99	20.79	38253	COQ10 100 MG W/E 30	50	GEL	21.99	17.59
63709	PURELY C	90	CAP	34.99	27.99	56215	ASTRAGALUS EXT 500 MG	90	VCA	16.99	13.59	53284	CAL MAG W/D SOFTGEL	120	SGC	13.99	11.19	38458	COQ10 100 MG W/E 30	150	SGC	55.99	44.79
29394	ROSEMARY OIL	5.7	LIQ	39.99	31.99	42638	AVOCADO OIL	4.7	LIQ	6.99	5.59	43013	CALCIUM CARBONATE PWD	122	PWD	9.99	7.99	35759	COQ10 100 MG W/HAWTH	180	VCAP	61.99	49.59
57398	ROYAL OIL	2.7	OIL	34.99	27.99	61609	AVOCADO OIL	16.7	LIQ	15.99	12.79	41983	CALCIUM CITRATE 150	120	VCA	13.99	11.19	27302	COQ10 30 MG	120	CAP	18.99	15.19
50487	ROYAL POWER	90	CAP	39.99	31.99	43416	B 100 CAPS	250	CAP	43.99	35.19	41389	CALCIUM CITRATE 250 MG	100	TAB	11.99	9.59	41979	COQ10 400 MG SGC	60	SGC	69.99	55.99
54619	SINUOREGA	1.7	SPY	19.99	15.99	36644	B 50 CAP	100	CAP	12.99	10.39	43233	CANDIDA SUPPORT CLEAR	90	VCA	19.99	15.99	38456	COQ10 50 MG E SELENIUM	100	SGC	29.99	23.99
<b>NOW FOODS</b>																							
38807	5 HTP 100 MG	120	VCAP	35.95	28.76	53018	B12 1000 MCG CHW W/F A	100	LOZ	7.99	6.39	36149	CARNITINE 500 MG	180	CAP	65.99	52.79	51284	COQ10 60 MG W/OMEGA 3	60	SGC	18.99	15



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## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



64942	CURCUBRAIN 400 LONGVIO	60	VCA	39.99	31.99	39922	ENERGY	90	CAP	19.99	15.99	36659	GLUTAMINE PWD	11B	PWD	39.95	31.96	51831	LANOLIN OIL PURE	7Z	OIL	11.99	9.59
56218	CURCUMIN 700 MG	120	VCA	49.99	39.99	57107	ERYTHRITOL PURE PWD	11B	PWD	8.99	7.19	57107	ERYTHRITOL PURE PWD	1Z	LIQ	8.99	7.19	59923	LAVENDER & TEA TREE	1Z	LIQ	9.99	7.99
59324	CURCUMIN BIO PHYTOSOME	60	VCA	31.99	25.59	59250	EUCALYPTUS OIL	2Z	LIQ	8.99	7.19	59114	GLUTATHIONE 500 MG	60	VCA	43.99	35.19	36178	LAVENDER OIL	1Z	LIQ	11.99	9.59
52111	CURCUMIN EXT	60	VCA	27.99	22.39	36177	EUCALYPTUS OIL	4Z	LIQ	12.99	10.39	28019	GLYCERINE VEGETABLE	16Z	LIQ	8.99	7.19	64452	LAVENDER OIL	2Z	LIQ	19.99	15.99
27301	CYSTEINE 500 MG	100	TAB	16.99	13.59	41054	EUCALYPTUS OIL ORG.	1Z	LIQ	8.99	7.19	36157	GLYCINE PWD	11B	PWD	25.99	20.79	36179	LAVENDER OIL	4Z	LIQ	34.99	27.99
50507	D MANNOSE 500 MG	120	CAP	31.99	25.59	36579	EVE WOMAN'S MULTIPLE	180	TAB	49.99	39.99	62156	GOLDENBERRIES ORGANIC	8Z	SNK	9.99	7.99	41055	LAVENDER OIL ORGAN.	1Z	LIQ	22.99	18.39
50508	D MANNOSE PWD	3Z	PWD	31.99	25.59	60559	EVE WOMENS MULTI SGC	90	SGC	26.99	21.59	64405	GPLC GLYCOCARN NO	60	VCA	39.99	31.99	36198	LAVILIN FOOT DEO 125 G	125	CRM	18.99	15.19
55594	D RIBOSE 1500 MG CHW	90	CHW	35.99	28.79	59591	EVENING PRIMROSE OIL	4Z	OIL	16.99	13.59	41978	GR 8-DOPHILLUS	60	VCA	17.99	14.39	36684	LAVILIN UNDERARM DEOD	EA	CRM	17.99	14.39
53019	D RIBOSE 750 MG CAP	60	CAP	18.99	15.19	59030	EYE CRM CORRECT 2 IN 1	1Z	CRM	17.99	14.39	36663	GRAPE SEED ANTI OX 60	90	VCA	13.95	11.16	58459	LECITHIN 1200 MG SUNFL	100	SGC	9.99	7.99
57122	D RIBOSE POWDER	8Z	PWD	39.99	31.99	63085	FACIAL CLNSR GL CLR ILL	8Z	GEL	15.99	12.79	51373	GRAPE SEED EXT 100 MG	200	VCA	37.99	30.39	30178	LECITHIN 3X	200	SGC	29.99	23.99
63144	D RIBOSE PWD	11B	PWD	69.99	55.99	63084	FACIAL TONER CLR ILL	8Z	CRM	15.99	12.79	36951	GRAPE SEED EXT 100 MG	100	VCA	19.99	15.99	41374	LECITHIN GRAN NON GE	11B	PWD	15.99	12.79
55325	D3 & K2 1000/45	120	VCA	12.99	10.39	56762	FIBER 3 POWDER	16Z	PWD	15.99	12.79	31251	GRAPE SEED OIL	16Z	LIQ	10.99	8.79	52293	LECITHIN GRAN NON GMD	21B	PWD	29.99	23.99
59325	D3 & K2 SPRAY LIPOSOM	2Z	SPY	18.99	15.19	41990	FLAX OIL 1000 LIGNAN	120	SGC	12.99	10.39	41477	GRAPEFRUIT OIL	1Z	LIQ	9.99	7.99	34124	LECITHIN GRANULES	21B	PWD	23.99	19.19
43559	D3 1000 IU	180	SGC	8.99	7.19	54871	FLAX OIL 1000 ORGANIC	250	SGC	23.99	19.19	62939	GRAPEFRUIT PECTIN 500	120	VCA	18.99	15.19	55595	LEMON EUCALYPTUS OIL	1Z	LIQ	6.99	5.59
63846	D3 10000 IU SGC	120	SGC	16.99	13.59	54870	FLAX OIL 1000 ORGANIC	100	SGC	10.99	8.79	53064	GRAVIOLA 500 MG	100	VCA	12.99	10.39	41450	LEMON OIL ORGANIC	1Z	LIQ	12.99	10.39
56755	D3 2000 IU	240	SGC	16.99	13.59	58729	FLAXSEED GOLDEN ORG	21B	SED	6.99	5.59	38288	GREEN CLAY FRENCH PWD	6Z	PWD	6.99	5.59	65331	LEMONGRASS OIL	4Z	LIQ	16.99	13.19
53496	D3 2000 SGC	120	SGC	8.99	7.19	43960	FOLIC ACID 800 MCG/B12	250	TAB	7.49	5.99	62277	GREEN COFFEE DIET SUPP	90	VCA	24.99	19.99	41390	LIME OIL	1Z	LIQ	6.99	5.59
54824	D3 400	180	SGC	6.99	5.59	41392	FRANKINCENSE OIL	1Z	LIQ	9.99	7.99	54379	GREEN TEA POM PURIFY 10	8Z	LIQ	9.99	7.99	42636	LIPIC ACID 100 MG	120	VCA	18.99	15.99
55083	D3 5000 SGC	120	SGC	12.99	10.39	65104	FRUIT AND GREENS ORG	120	TAB	24.99	19.99	54144	GTF CHROMIUM 200 MCG	250	TAB	13.99	11.19	32821	LIPIC ACID 250 MG	60	VCA	17.99	14.39
56538	D3 LIQUID	2Z	LIQ	9.99	7.99	53011	FULL SPECTRUM MINERALS	100	TAB	14.99	11.99	56219	GYMNETMA SYLVESTRE 400	90	CAP	14.99	11.99	43551	LIPIC ACID 250 MG	120	VCA	33.99	27.19
41980	DAILY VITS MULTI TAB	100	TAB	14.99	11.99	59454	GABA 250 MG CHW	90	CHW	19.99	15.99	63848	HAIR SKIN NAILS	90	CAP	29.99	23.99	55312	LIPIC ACID 600 MG	120	VCA	49.99	39.99
63772	DARK SPOT SERUM	1Z	LIQ	15.99	12.79	40480	GABA 500 MG	100	CAP	12.99	10.39	53176	HAWTHORN EXT 300 MG	90	VCA	13.99	11.19	42831	LIPIC ACID 600 VCAP	60	VCA	29.99	23.99
50041	D-FLAME	90	VCA	25.99	20.79	55148	GABA 750 MG	100	VCA	17.99	14.39	61163	HEALTHY IMMUNE PAK	24	PAK	17.99	14.39	50044	LIVER DETOXIF & REGEN	90	CAP	23.99	19.19
39947	DGL 400 MG	100	LOZ	14.99	11.99	52354	GAMMA E ADVANCE	60	SGC	19.99	15.99	50210	HOODIA 250 MG MEGA	60	VCA	21.99	17.59	36185	LIVER EXTRACT CAPS	100	CAP	17.99	14.39
43312	DHA 250	120	SGC	19.99	15.99	64716	GARLIC ODORLESS ORIG	100	SGC	9.99	7.99	53283	HYALUR ACID PM WRINK	2Z	CRM	18.99	15.19	36657	LIVER PWD ARGENTINE	12Z	PWD	19.99	15.99
56539	DHA 500 MG SGC	90	SGC	26.99	21.59	51875	GARLIC OIL 1500 MG	250	SGC	12.99	10.39	57117	HYALURONIC ACID 100 MG	60	VCA	29.99	23.99	36187	LUTEIN 10 MG ESTERS	60	SGC	14.95	11.96
58004	DIGEST ULTIMATE PLATIN	60	VCA	25.99	20.79	53017	GARLIC SUPER ODORLESS	90	CAP	13.99	11.19	45066	HYALURONIC ACID 50 MG	60	VCA	19.99	15.99	55309	LUTEIN 20 MG ESTERS	120	SGC	26.99	21.59
58272	DIGEST ULTIMATE PLATIN	120	VCA	45.99	36.79	31250	GELATIN BEEF PWD	11B	PWD	13.99	11.19	52939	HYALURONIC ACID AM	2Z	CRM	18.99	15.19	57558	LUTEIN 20 MG ESTERS	90	VCA	29.99	23.99
44957	DMAE 250 MG	100	VCA	13.99	11.19	36786	GELATIN CAPS #1	500	CAP	9.99	7.99	60430	HYALURONIC ACID LIQ	16Z	LIQ	29.99	23.99	36188	LYCOPENE 10 MG	60	SGC	21.99	17.59
43574	DMG 125 MG	100	CAP	12.99	10.39	36786	GELATIN CAPS #3	000	CAP	14.99	11.99	52947	HYALURONIC ACID MSM	120	VCA	37.99	30.39	56211	LYCOPENE 20 MG SGC	50	SGC	29.99	23.99
56760	DOPA MUCUNA 400 MG	90	VCA	19.99	15.99	24072	GELATIN CAPS '0'	000	CAP	12.99	10.39	52875	HYALURONIC ACID SERUM	1Z	LIQ	19.99	15.99	45254	LYSINE 500 MG	250	CAP	18.99	15.19
44101	E 200 ALPHA	100	SGC	11.99	9.59	34422	GELATIN CAPS '00'	750	CAP	16.99	13.59	41394	HYSSOP OIL	1Z	LIQ	31.99	25.59	36153	LYSINE 500 MG CAP	100	CAP	8.99	7.19
53045	E 400 D ALPHA SGC	250	SGC	39.99	31.99	59897	GENTLE SCRUB C & ORYZA	4Z	CRM	8.99	7.19	65146	IGF 1 EXTREME SPRAY	2Z	SPY	59.99	47.99	36152	LYSINE 500 MG TAB	250	TAB	15.99	12.79
36650	E 400 MIXED	100	SGC	17.99	14.39	41475	GERANIUM OIL	1Z	LIQ	19.99	15.99	41324	IGF 1 SPRAY	1Z	SPY	29.99	23.99	39345	LYSINE PWD	11B	PWD	21.99	17.59
36651	E 400 MIXED	250	GEL	39.99	31.99	41476	GINGER OIL	1Z	LIQ	10.99	8.79	51493	IMMUNE RENEW	90	VCA	19.99	15.99	57500	MACA 500 MG	100	CAP	11.99	9.59
41977	E 400 MIXED W/SELENIUM	100	SGC	21.99	17.59	52884	GINKGO BILOBA 120 MG	200	VCA	36.99	29.59	51492	INDOLE 3 CARBINOL	60	VCA	25.99	20.79	57501	MACA 750 MG EXT VCAP	90	VCA	24.99	19.99
53282	E CREAM 28000 IU	4Z	CRM	14.99	11.99	35846	GLUCOS 1000 MG	60	CAP	11.99	9.59	53143	INOSITOL 500 MG	100	CAP	9.99	7.99	57377	MACA POWDER 6:1	7Z	PWD	29.99	23.99
53014	E OIL 2X 32 000 IU	1Z	LIQ	17.99	14.39	36667	GLUCOS CHOND 2X	120	TAB	45.99	36.79	51477	INSTANT ENERGY B12 PAK	75	PAK	14.99	11.99	60338	MACADAMIA NUTS ROASTED	9Z	SNK	10.99	8.79
39537	E P O 500 MG	250	SGC	23.99	19.19	37659	GLUCOS CHOND 2X	240	TAB	77.99	62.39	39252	INULIN	8Z	PWD	11.99	9.59	36647	MAG ASCORBATE PURE	8Z	PWD	22.99	18.39
56142	E P O 500 MG	100	SGC	10.99	8.79	39925	GLUCOS CHOND MSM	90	CAP	23.99	19.19	38887	IPRIFLAVONE 300 MG	90	CAP	17.99	14.39	65102	MAG BISGLYCIN PWD 250	8Z	PWD	19.99	15.99
56178	EASY CLEANSE KIT N	KIT	KIT	23.99	19.19	38918	GLUCOS CHOND MSM	180	CAP	43.99	35.19	63847	IRON 36 FERROCH BISGLY	90	VCA	14.99	11.99	44804	MAG CITRATE 166 MG VCP	120	VCA	16.99	13.59
65101	EFFER C CRAN POM PAK	30	PAK	12.99	10.39	40954	GLUCOS CHOND MSM LIQ	16Z	LIQ	21.99	17.59	44765	IRON COMPLEX	100	TAB	9.99	7.99	37492	MAG CITRATE 200 MG	100	TAB	13.99	11.19
61702	EFFER C ELDERBERRY PAK	30	PAK	12.99	10.39	29781	GLUCOS CHOND SULF	120	CAP	31.95	25.56	41060	JASMINE ABSOLUTE OIL	1Z	LIQ	24.99	19.99	34413	MAG CITRATE 200 MG	250	TAB	27.99	22.39
61805	EFFER C LEMON LIME PAK	30	PAK	12.99	10.39	38854	GLUCOS CHOND SULF 2X	60	TAB	24.99	19.99	39757	JASMINE OIL	1Z	LIQ	7.99	6.39	42627	MAG CITRATE PWD	8Z	PWD	12.99	10.39
61806	EFFER C ORANGE PAK	30	PAK	12.99	10.39	51424	GLUCOS MSM 500/500 VEG	240	VCA	39.99	31.99	36197	JOJOBA OIL	4Z	LIQ	12.99	10.39	53208	MAG POT ASPARTATE + TA	120	CAP	17.99	14.39
45672	EGCG GREEN TEA EXT	100	CAP	14.99	11.99	42832	GLUCOS MSM 500/500 VEG	120	VCA	21.99	17.59	35806	JOJOBA OIL PURE	16Z	LIQ	39.99	31.99	65333	MAGNESIUM LIQ W/TRC MN	8Z	LIQ	23.99	19.19
55542	EGGWHITE PROT PWD PURE	11B	PWD	34.99	27.99	38132	GLUCOS MSM 550/250	180	CAP	33.99	27.19	64697	JOJOBA OIL PURE ORGANIC	4Z	LIQ	14.99	11.99	41377	MAGNESIUM OXIDE PWD	8Z	PWD	9.99	7.99
54425	ELDERBERRY EXT 10:1 500	60	VCA	15.99	12.79	38105	GLUCOS MSM ARNICA LOT	8Z	GEL	16.99													

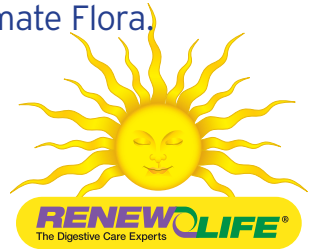




## More power to your gut.



Your gut is your digestive core. Keep it running smoothly with Ultimate Flora.™ It's the probiotic that works hard with billions of cultures to keep you feeling lighter, happier, and more energized.\* It's the power of Ultimate Flora.



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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# The Ultimate Shake

NEW!



- ✓ Certified Organic
- ✓ Grain Free
- ✓ Vegan
- ✓ 20 grams Protein
- ✓ 10 grams Fiber
- ✓ 10 Billion **ULTIMATE FLORA**™ Probiotic Cultures
- ✓ Vitamins & Minerals
- ✓ Digestive Enzymes
- ✓ Antioxidant Blend
- ✓ Gluten & Dairy Free
- ✓ Low Fat & Low Calorie
- ✓ Delicious Taste
- ✓ No Artificial Ingredients
- ✓ No Preservatives
- ✓ No GMOs
- ✓ No Added Sugar

**Renew Life Skinny Gut Ultimate Shake** has everything you want in a healthy protein shake and nothing that you don't. It's USDA Organic and grain free, and comes in delicious, natural vanilla or chocolate flavors. You'll enjoy the convenience of all these ingredients in one great shake that promotes healthy gut balance, helps build muscle, and curbs appetite.\*†

25% OFF



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† Helps curb appetite by helping you feel full.



## Willner Chemists Phyto-Tech™ Herbal Supplements MALE VIRILITY

**Description:** Phyto-Tech *Male Virility* is a blend of well-researched herbs known to enhance men's libido and sexual performance.

**Indications:** Who might benefit from this herbal supplement? Those men who suffer from decreased libido or impaired sexual function.

**Keywords:** Libido, Sexual Performance

**Ingredients:** Maca Root 97 mg, Epimedium Herb 75 mg, Fresh Wild Oat Seed 75 mg, Tribulus Seed 75 mg, Yohimbe Bark 50 mg, Saw Palmetto Berry 17 mg, American Ginseng Root 17 mg, Vitamin B12 60 mcg, L-Arginine 20 mg, Pine Park Extract 5 mg

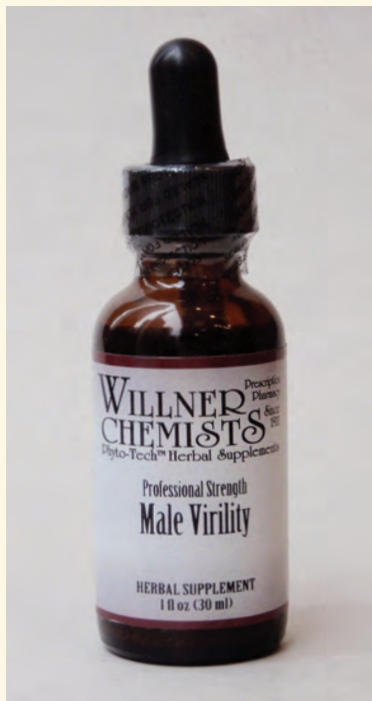
**Cautions:** There may be serious underlying medical problems that could contribute to, or cause, male sexual dysfunction. Consult with a physical to determine if such problems exist. Use this product under the supervision of a health professional.

**Dosage:** 30 drops, once per day in juice or water.

**Complimentary Formulas:** Phyto-Tech *BPH Complex*."

**References:** For more information on this product, go the reference section of the Willner Chemists web site, [www.willner.com](http://www.willner.com), under "Sexual Dysfunction . . ."

**Ordering Information:**  
*Phyto-Tech™ Male Virility*  
1 fl oz, Product Code: 57731



## Willner Chemists Phyto-Tech™ Herbal Supplements MUSHROOM EXTRACT COMPLEX

*Professional Strength, Dual Extraction Blend*  
*A powerful combination of immune enhancing, adaptogenic mushroom extracts.*

Who might benefit from this herbal supplement? Those with a weakened immune system; those who frequently catch cold or flu; those undergoing chemotherapy; those with serious conditions such as HIB and AIDS.

Phyto-Tech™ Mushroom Extract Complex contains:

Shiitake Mushroom, 75 mg  
Reishi Mushroom, 58 mg  
Maitake Mushroom, 50 mg  
Fresh Ashwagandha Root, 89 mg  
Licorice Root, Deionized Water, Pure Grain Alcohol.  
(Herb Strength Ratio 1:3.2)

Many claims are made concerning the immune enhancing activity of various herbs and nutrients. Few such claims are as well documented and supported by clinical evidence as are those surrounding the mushrooms and their constituents. For those in need of immune support, and those suffering from serious health conditions, a mushroom extract should definitely be at the top of the list when it comes to herbal and nutritional support.

Mushroom Extract Complex is indicated for immune deficiency and is considered especially valuable as a long-term tonic. It can be used as a preventative when one either wants to avoid or one already finds they are getting weaker and becoming more prone to getting sick and fatigued. This is especially true when stress is great and immune inundation is heavy. This formula helps when one has debility and lethargy of body, mind and spirit.

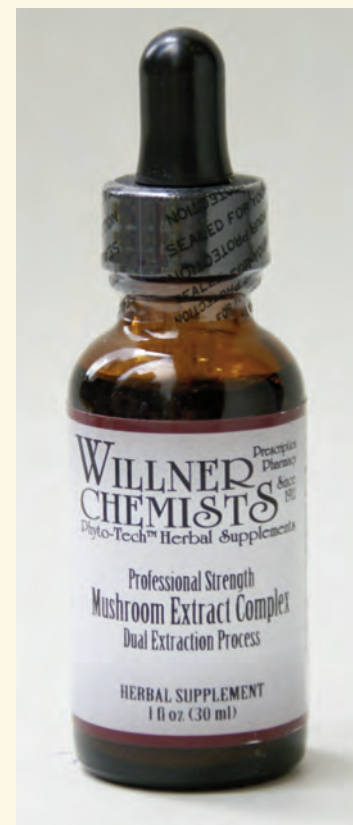
Mushroom Extract Complex is a specific for chemotherapy where the white blood cell count and activity (phagocytosis) is impaired or threatened. While the questions of whether or not it is beneficial to take supplementation during cancer treatment remains controversial, the consensus of opinion is moving towards the positive, and the benefits of adaptogenic and immune enhancing herbs during such treatments is gaining acceptance. Side effects are diminished and efficacy of treatment is actually enhanced. However, it is recommended to consult with your physician before using products of this type

These organic mushrooms are a glucoaminoglycan extracts (GAG) whereby the immuno-modulating polysaccharides are first extracted in a water extraction process. The herb then goes through an alcohol extraction process to remove other immuno-modulating compounds that the water cannot extract. The two liquids are combined to create a full spectrum mushroom extract.

Dosage: General usage: 20-60 drops, 2-3 times per day or as needed in juice or water.

More severe immune deficiency: 60-120 drops 2 times per day in juice or water.

**Ordering Information:** *Phyto-Tech™ Mushroom Extract Complex*  
One Fluid Ounce, Product Code: 57002



### Ashwagandha Root

Ashwagandha root, also known as winter cherry or Indian ginseng, is an important herb from the Ayurvedic or Indian system of medicine. Ashwagandha has been traditionally used for the treatment of debility, emaciation, impotence, and premature aging. This dietary supplement is used to enhance mental and physical performance, improve learning ability, and decrease stress and fatigue. Ashwagandha is a general tonic to be used in stressful situations, especially insomnia, overwork, nervousness, and restlessness.(1)

### Reishi Mushroom

Reishi mushroom is called the "mushroom of immortality" in China and has been used as a tonic and strengthening medicine for thousands of years. Uses in traditional healing include increasing intellectual capacity and memory, promoting agility, and lengthening the life span. Reishi is reported to have some of the most active polysaccharides in the plant kingdom. Polysaccharides are claimed to have immunomodulating activity. Reishi is also reported beneficial as an antioxidant, antihypertensive, hypoglycemic, antiviral, and hepatoprotective agent.(1)

### Shiitake Mushroom

Shiitake mushroom grows on the trunks or stumps of trees and has been used by the Chinese for centuries as a healing agent. The part used medicinally is the mycelia or immature growing stage of the mushroom. Shiitake mycelia are rich in carbohydrates, protein, vitamins, and minerals. Shiitake has been used in Traditional Chinese Medicine for thousands of years as a medicinal agent. The polysaccharide/protein complex of the medicinal extract reportedly provides the immunomodulating activity of the mushroom.(1)

### Maitake Mushroom

Maitake has been used both as a food and for medical purposes. Extracts of maitake mushroom have been associated with immune enhancement and anti-tumor activity; more human studies are needed in these areas.(2)

Maitake mushroom contains chemicals which might help fight tumors and stimulate the immune system. There is some evidence that it can lower blood pressure, improve cholesterol levels, lower blood sugar levels, and reduce weight in rats, but this has not been shown for humans yet.

In 2009, a phase I/II human trial, conducted by Memorial Sloan-Kettering Cancer Center, showed Maitake could stimulate the immune systems of breast cancer patients.(4) Small experiments with human cancer patients, have shown Maitake can stimulate immune system cells, like NK cells.(5) In vitro research has also shown Maitake can stimulate immune system cells. An in vivo experiment showed that Maitake could stimulate both the innate immune system and adaptive immune system.(3)

(1) nhiondemand.com; (2) Natural Standard; (3) Wikipedia; (4) Deng G, Lin H, Seidman A, et al. (September 2009). "A phase I/II trial of a polysaccharide extract from *Grifola frondosa* (Maitake mushroom) in breast cancer patients: immunological effects". *Journal of Cancer Research and Clinical Oncology* 135 (9): 1215-21.; (5) Kodama N, Komuta K, Nanba H (2003). "Effect of Maitake (*Grifola frondosa*) D-Fraction on the activation of NK cells in cancer patients". *Journal of Medicinal Food* 6 (4): 371-7.



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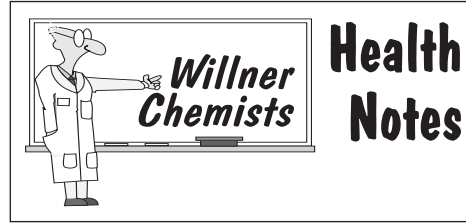
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**Blueberries, blood pressure, and immunity**

Blueberries contain powerful antioxidants that help boost the immune response to viruses and tumors. In this study, 25 men and postmenopausal women took a blueberry powder supplement equal to about 8.8 ounces of fresh blueberries per day, or a placebo.

After six weeks, while there was no improvement for placebo, the blueberry group saw a 4 percent increase in immune response, more flexible arteries, and lower systolic blood pressure. In a sub-group of blueberry users with slightly elevated blood pressure, diastolic blood pressure also decreased.

Reference: *Nutrition Research Journal*; 2014, Vol. 34, No. 7, 577-84



**Health Notes**

**ADHD and Autism**

**Nutrients provide benefits in children and adults**

**Phosphatidylserine and ADHD**

Doctors are looking for a safer way than standard drugs to treat children with attention deficit hyperactivity disorder (ADHD). In this study, 36 children, aged 4 to 14, who had never taken drugs for ADHD took a placebo or 200 mg of phosphatidylserine per day.

After two months, compared to placebo, kids in the phosphatidylserine group had much better short-term memory of sounds they had just heard, and recognized and reacted more quickly to visual imagery. Also, symptoms of ADHD decreased seven times as much for phosphatidylserine, short-term memory improved more than 2.5 times, and errors due to inattention decreased 93 percent while increasing 11 percent for placebo, all without side effects.

Reference: *Journal of Human Nutrition & Dietetics*; April, 2014, 27 Suppl. 2, 284-91

**Broccoli sprouts and autism**

Broccoli sprouts contain a powerful antioxidant called sulforaphane, which doctors thought might improve behavior in autism. In the study, 40 teens and young adults with moderate to severe autism took a placebo or

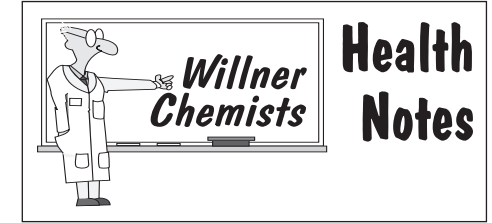
9 to 27 mg of sulforaphane per day, based on their body weight.

Doctors began to see improvement at four weeks, which continued through the study period. After 18 weeks, while the placebo group had not improved, for sulforaphane, the aberrant behavior and social responsiveness scores had improved by 34 and 17 percent, respectively. Participants also were less irritable, lethargic, and hyperactive, made fewer repetitive movements, and had greater improvement in verbal communication. Doctors said it would be difficult to achieve adequate sulforaphane levels by eating broccoli, and that improvements trended back to original values after stopping sulforaphane.

Reference: *PNAS*; October, 2014, Published Online



Jarrow BroccoMax 250 mg  
60 Caps ` #50465  
List: \$26.95 ` Disc



**Health Notes**

**Early-Stage Discoveries: Leucine, HMB, folic acid, and a nutritional approach to brain aging**

*Ahead of the Curve: Good results in pilot studies lead to larger, human trials. Here are some of the most promising recent findings.*

**Leucine and HMB**

Muscles lose their mass and strength with age, a condition called sarcopenia. Doctors analyzed 12 studies on nutrient supplementation and found that essential amino acid supplements including 2.5 grams of leucine and hydroxymethylbutyric acid (HMB) generally improved muscle mass and strength after three months, and prevented muscle loss in some studies.

Reference: *Age and Ageing*; 2014, Vol. 43, No. 6, 748-59

**Folic acid in diabetes**

Depression increases the chances of type 2 diabetes, and doctors suspected antidepressant drugs may contribute to this tendency. In the lab, the antidepressant fluoxetine reduced the natural insulin response to elevated blood sugar levels and increased oxida-

... continued on page 95



**Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)**



53563	MASSAGE OIL LAVEN ALM	16Z LIQ	14.99	11.99	50371	OMEGA 3 1000 MG ENTER	90 SGC	12.99	10.39	50959	PROGESTRONE CRM	3Z CRM	22.99	18.39	55139	SHAMPOO CITRUS MOISTUR	16Z LIQ	7.99	6.39
61967	MASSAGE OIL VAN CITRUS	8Z LIQ	8.99	7.19	51456	OMEGA 3 1000 MG ENTER	180 SGC	23.99	19.19	58846	PROSTATE HEALTH CLN ST	90 SGC	34.99	27.99	51494	SHARK CARTILAGE 750 MG	100 CAP	15.99	12.79
61808	MASSAGE OIL TRAND ROSE	8Z LIQ	8.99	7.19	50423	OMEGA 3 6 9	250 SGC	27.99	22.39	36672	PROSTATE SUPPORT	90 GEL	25.99	20.79	26303	SHARK CARTILAGE 750 MG	300 CAP	37.99	30.39
56467	MCT OIL	32Z LIQ	24.99	19.99	41988	OMEGA 3 6 9 SUPER	90 SGC	15.99	12.79	57805	PSYLLIUM HUSKS ORGANIC	12Z PWD	13.99	11.19	36815	SHEA BUTTER	7Z CRM	9.99	7.99
62159	MCT OIL 1000 MG SGC	150 SGC	19.99	15.99	45094	OMEGA 3 FISH OIL LEMON	7Z LIQ	18.99	15.19	57804	PSYLLIUM WHOLE HSK ORG	12Z PWD	13.99	11.19	51873	SHEA BUTTER LOT	4Z LOT	9.99	7.99
42231	MELATONIN 1 MG TWO STG	100 TAB	8.99	7.19	59592	OMEGA 3 MINI GELS	90 SGC	9.99	7.99	63016	PTEROSTILB & RESVERATR	60 VCA	45.99	36.79	54655	SILICA COMPLEX 500 MG	90 TAB	13.99	11.19
53021	MELATONIN 3 MG	180 CAP	11.99	9.59	53490	OMEGA 3 ULTRA 750 MG	90 SGC	23.99	19.19	36172	PUMPKIN SEED OIL 1000	100 SGC	14.99	11.99	60560	SILVER SOL 10 PPM N	4Z SPY	17.99	14.39
57502	MELATONIN 3 MG LIQ	2Z LIQ	9.99	7.91	53491	OMEGA 3 ULTRA 750 MG	180 SGC	43.99	35.19	63030	PUMPKIN SEEDS ORGANIC	12Z SNK	6.49	5.19	58891	SILYMARIN 2X 300 MG	50 VCA	13.99	11.19
50513	MELATONIN 3 MG LOZ	180 LOZ	11.99	9.59	63090	OMEGA 7 224 MG	60 SGC	29.99	23.99	39493	PUMPKIN SEEDS RAW	16Z SNK	6.99	5.59	36244	SILYMARIN W/ARTICHOKE	100 CAP	25.99	20.79
58849	MELATONIN 5 MG VCAP	CAP VCA	19.99	15.99	51923	OPTIMAL DIGESTIVE SYST	90 VCA	19.99	15.99	61060	PYCNOGENOL 100 MG	60 VCA	74.99	58.99	38474	SLIPPERY ELM PWD	4Z PWD	12.99	10.39
58848	MELATONIN 5 MG VCAP	60 VCA	8.99	7.19	58844	ORALBIOTIC BLIS K12 LZ	60 LOZ	23.99	19.19	28845	PYCNOGENOL 30 MG	150 CAP	59.99	47.99	53406	SODIUM ASCORBATE PURE	3LB PWD	69.99	55.99
39917	MENOPAUSE SUPPORT	90 CAP	19.99	15.99	41451	ORANGE OIL ORGANIC	1Z LIQ	6.99	5.59	55694	PYCNOGENOL 30 MG	30 CAP	15.99	12.79	36648	SODIUM ASCORBATE PURE	8Z PWD	16.99	13.59
63082	MENS EXTREM SPORT MULT	180 SGC	44.99	35.99	36678	OREGANO 450 MG	100 CAP	9.99	7.99	55308	PYCNOGENOL 60 MG	50 VCA	43.99	35.19	41485	SPEARMINT OIL	1Z LIQ	6.99	5.59
63081	MENS EXTREM SPORT MULT	90 SGC	24.99	19.99	36192	OREGANO 450 MG	90 SGC	17.99	14.39	42736	PYGEUM & SAW PALM EXT	60 SGC	16.99	13.59	58410	SPECIAL ONE TAB N	180 TAB	43.99	35.19
53101	MENS VIRILITY POWER	60 CAP	17.99	14.39	30545	OREGANO OIL 100% PURE	1Z LIQ	16.99	13.59	64926	PYGEUM & SAW PALM EXT	120 SGC	31.99	25.59	30175	SPECIAL TWO TAB	180 TAB	47.99	38.39
63819	MENTAL FOCUS	1Z LIQ	12.99	10.39	41064	OREGANO OIL XTRA STRN	1Z LIQ	11.99	9.59	56206	PYRUVATE 1000 MG	90 TAB	19.99	15.99	54182	SPIRULINA 500 MG ORG	180 TAB	15.99	12.79
51397	METHIONINE 500 MG W/B6	100 CAP	15.99	12.79	41939	PANTETHINE 300 MG SGC	60 SGC	26.99	21.59	65006	QUERCETIN BROMELAIN	120 VCA	27.99	22.39	56210	SPIRULINA PWD ORG	1LB PWD	44.99	35.99
59926	MK 7 100 MCG K2	60 VCA	19.99	15.99	55510	PANTETHINE 600 MG SGC	60 SGC	45.99	36.79	61952	QUERCETIN BROMELAIN	240 VCA	53.99	43.19	38551	STEVIA BALANCE PAKS	100 PAK	9.99	7.99
63083	MOIST CLARIFY ILLUMIN N	2Z CRM	24.99	19.99	41063	PATCHOULI OIL	1Z LIQ	15.99	12.79	64865	QUINOA BLACK GRAIN ORG	14Z MIS	7.99	6.39	63576	STEVIA CINNAMON VAN	2Z LIQ	10.99	8.79
51506	MOOTHWASH NEEM TIO MNT	16Z LIQ	9.99	7.99	63245	PATCHOULI OIL	4Z OIL	42.99	34.39	65006	QUINOA RED ORGANIC	14Z MIS	7.99	6.39	63577	STEVIA ENGLISH TOFFEE	2Z LIQ	10.99	8.79
29706	MSM 1000 MG	120 CAP	12.99	10.39	55683	PAU D'ARCO CAP	100 CAP	7.99	6.39	43453	QUINOA WHITE GRAIN ORG	16Z MIS	7.99	6.39	53794	STEVIA EXT FRENCH VAN	2Z LIQ	10.99	8.79
36698	MSM 1500 MG	200 TAB	27.99	22.39	65332	PEA PROTEIN ORG UNFLAV	1.5 PWD	26.99	21.59	55087	RAW ENERGY NUT MIX	1LB NUT	8.99	7.19	36688	STEVIA EXT PACKETS	100 PAK	8.99	7.19
32433	MSM HEALTHY SKIN LOT	8Z LOT	14.99	11.99	55885	PEA PROTEIN UNFLAVOR N	2LB PWD	27.99	22.39	65357	RECOVERY FACTORS IGF1	90 VCA	39.99	31.99	53493	STEVIA EXT PAK FR VAN	75 PAK	8.99	7.19
35845	MSM PURE PWD	8Z PWD	12.99	10.39	63818	PEACE & HARMONY	1Z LIQ	12.99	10.39	55173	RED CLAY MOROCCAN	6Z CRM	6.99	5.59	60728	STEVIA EXT PAK ORGANIC	75 PAK	8.99	7.19
51584	MULTI GELS LIQ	60 SGC	21.99	17.59	63820	PEACEFUL SLEEP BLEND	1Z LIQ	12.99	10.39	56758	RED OMEGA	90 SGC	23.99	19.19	26308	STEVIA EXTRACT PWD	1Z PWD	8.99	7.19
51565	MULTI GELS LIQ	180 SGC	47.99	38.39	63027	PECANIS HALVES & PIECES	12Z SNK	10.99	8.79	43747	RED YEAST RICE + COQ10	60 VCA	25.99	20.79	37322	STEVIA GLYCERITE	2Z LIQ	8.99	7.16
50732	MULTI LIQ ORANGE	16Z LIQ	21.99	17.59	64781	PECANIS HONEY ROASTED	8Z SNK	10.99	8.79	53106	RED YEAST RICE 1200 MG	60 TAB	25.99	20.79	55513	STEVIA LIQ DARK CHOC	2Z LIQ	10.99	8.79
41059	MYRRH OIL	1Z LIQ	10.99	8.79	41393	PENNYROYAL OIL	1Z LIQ	9.99	7.99	56163	RED YEAST RICE 1200 MG	120 TAB	49.99	39.99	36145	STEVIA LIQ EXTRACT	2Z LIQ	8.99	7.19
51956	N A C 600 MG	250 CAP	39.99	31.99	38108	PEPPERMINT GELS	90 SGC	14.99	11.99	56163	RED YEAST RICE 600 COQ	120 VCA	49.99	39.99	55515	STEVIA LIQ LEMON TWIST	2Z LIQ	10.99	8.79
39847	N A C 600 MG	100 CAP	19.99	15.99	56196	PEPPERMINT OIL	4Z LIQ	21.99	17.59	43423	RED YEAST RICE 600 MG	60 VCA	15.99	12.79	62622	SUN E 400	120 SGC	35.99	28.79
59924	NASAL MIST ACTIVATED	2Z SPY	8.99	7.19	41515	PEPPERMINT OIL	1Z LIQ	7.99	6.39	56162	RED YEAST RICE 600 MG	120 VCA	28.99	23.19	62523	SUN E 400	60 SGC	19.99	15.99
51496	NATOKINASE 100 MG	60 VCA	29.99	23.99	65358	PEPPERMINT OIL	2Z LIQ	12.99	10.39	41975	RELDORA 300 MG VCAP	60 VCA	19.99	15.99	65093	SUN E LIQUID 200 IU	4Z LIQ	23.99	19.19
63821	NATURALLY LOVEABLE	1Z LIQ	12.99	10.39	41056	PEPPERMINT OIL ORG	1Z LIQ	16.99	13.59	36124	RESPIR ALL	60 TAB	23.99	19.19	65221	SUNFLOWER LECTHIN LIQ	16Z LIQ	12.99	10.39
53791	NEEM OIL	1Z OIL	8.99	7.19	63357	PHOS SERIN 150 SOY FR	60 TAB	47.99	38.39	54435	RESVERATROL 200 MG	60 VCA	29.99	23.99	65220	SUNFLOWER LECTHIN PWD	1LB PWD	19.99	15.99
61160	NEPTUNE KRILL OIL 1000	60 SGC	59.99	47.99	37084	PHOS SERINE 100	120 VCAP	59.99	47.99	53022	RESVERATROL 50 MG	60 VCA	19.99	15.99	53279	SUPER CORTISOL SUPPORT	90 VCA	29.99	23.99
54884	NEPTUNE KRILL OIL 500	60 SGC	33.99	27.19	39255	PHOS SERINE W/ GINKGO	100 SGC	53.99	43.19	42057	RHODIOLA ARCTIC ROOT	60 VCA	17.99	14.39	36665	SUPER ENZYMES	90 TAB	16.99	13.59
60682	NEPTUNE KRILL OIL 500	120 SGC	64.99	51.99	61161	PINE BARK EXT 240 MG	90 VCA	25.99	20.79	41482	ROSE ABSOLUTE OIL	1Z LIQ	15.99	12.79	42735	SUPER ENZYMES CAP	180 CAP	32.99	26.39
41401	NEROLI OIL	1Z LIQ	24.99	19.99	62157	PINE NUTS ORGANIC	8Z SNK	14.99	11.99	41481	ROSE HIPS	1Z LIQ	6.99	5.59	61062	T LEAN EXTREME	60 VCA	29.99	23.99
44087	NETTLE ROOT EXT 250 MG	90 VCA	14.99	11.99	41480	PINE OIL	1Z LIQ	9.99	7.99	39756	ROSEMARY OIL	4Z LIQ	22.99	18.39	56198	TAURINE 1000 MG 2X CAP	100 CAP	12.99	10.39
59028	NIACIN 500 FLUSH FR 2X	180 VCA	39.99	31.99	38045	PISTACHIOS SALTED	12Z SNK	7.99	6.39	41065	ROSEMARY OIL	1Z LIQ	7.99	6.39	30180	TAURINE 500 MG	100 CAP	7.99	6.39
59653	NIACIN 500 MG CAP	100 CAP	8.99	7.19	34436	PLANT ENZYMES	120 VCAP	15.99	12.79	42076	ROSEMARY OIL ORGANIC	1Z LIQ	13.99	11.19	57427	TAURINE PWD	8Z PWD	13.99	11.99
37778	NIACIN NO FLUSH 250 MG	90 CAP	10.99	8.79	56159	POLICOSANOL 10 MG VCAP	90 VCA	15.99	12.79	43142	ROSEWATER CONC	60 VCA	9.99	7.99	41057	TEA TREE OIL ORG.	1Z LIQ	12.99	10.39
51428	NIACINAMIDE 500 MG	100 CAP	7.99	6.39	52299	POLICOSANOL 20 MG 2X	90 VCA	27.99	22.39	39721	ROYAL JELLY 1000 MG	60 SGC	19.99	15.99	51490	TESTOJACK 100 MG	60 VCA	26.99	21.59
59410	NUTMEG OIL	1Z OIL	13.99	11.19															



Willner Chemists  
Phyto-Tech™ Herbal  
Supplements  
**ESSENTIAL  
OILS**

100% Pure - Sustainably  
Harvested - Quality Tested -  
GMP Certified Facility -  
Kosher Certified

**Cedarwood (Himalayan)**

1 fl oz, # 63003

**Cinnamon Leaf**

1 fl oz, #62679

**Clove**

1 fl oz, #63004

**Eucalyptus**

1 fl oz, #62680

4 fl oz, #62681

**Grapefruit (Pink)**

1 fl oz, #62710

**Lavender (French)**

1 fl oz, #63005

4 fl oz, #62787

**Lavender (Bulgarian)**

1 fl oz, #62815

**Lemon**

1 fl oz, #63006

**Orange (Sweet)**

1 fl oz, #62820

**Oregano**

1 fl oz, #62821

**Patchouli**

1 fl oz, #62822

**Peppermint**

1 fl oz, #62884

4 fl oz, #63007

**Rosemary**

1 fl oz, #63008

**Tea Tree (Australian)**

1 fl oz, #63009

4 fl oz, #63010

**Ylang Ylang**

1 fl oz, #63011

To see a current price listing, go to  
[www.willner.com](http://www.willner.com). Using the "By  
Manufacturer" pull down menu,  
(upper left) select "Willner Essential  
Oil."

"Nature's Answer and parent company Bio-Botanica  
have evolved into one of today's largest family-owned  
and operated manufacturers of high-quality  
nutritional products."

Frank D'Amelio, Sr.  
Owner and CEO



# JUST THE GOOD STUFF



## Promotion Dates April 6th- May 15th, 2015

Nature's Answer Groundbreaking Advanced Botanical Fingerprint Technology authenticates ingredients through our comprehensive plant fingerprint matching. Raw materials are tested, authenticated and fingerprint verified to help ensure the holistic balance of mother nature is captured in every bottle... **just as Nature intended.**



ADVANCED BOTANICAL FINGERPRINT TECHNOLOGY  
From our family to yours - Since 1972  
[www.naturesanswer.com](http://www.naturesanswer.com)

### New Formula -- Higher Potency, Veggie Capsule

#### Antiox Phyto Complex II

Some of the most powerful, broad-spectrum antioxidants are those found in plants. This supplement contains a blend of several of the most potent plant-derived phyto-antioxidants available, in a high potency, professional strength veggie cap.

Description: Phyto-Tech Antiox Phyto Complex II is a blend of powerful plant-derived (phyto) antioxidants. Most health problems are either directly or indirectly related to oxidative (free-radical) damage. While vitamins and minerals (vitamin C, vitamin E and selenium, for example) are antioxidants, it is now recognized that phytoantioxidants, rich in a broad spectrum of flavonoids, polyphenols, anthocyanidins, etc are the most powerful.

Ingredients: Each 375 mg Capsule contains the following: Acai Berry Extract 4:1, 75 mg; Mangosteen Fruit Extract, 75 mg (10% Mangostin); Goji Berry Extract 75 mg (40% Polysaccharides); Pomegranate 75 mg, (40% Ellagic Acid); Green Tea Leaf Extract 30 mg (98% Polyphenols, 50% EGCG); Grape Skin Extract, 30 mg (50% Polyphenols); Grape Seed Extract, 15 mg (95% Proanthocyanidin); Cellulose Modified Vegetable,

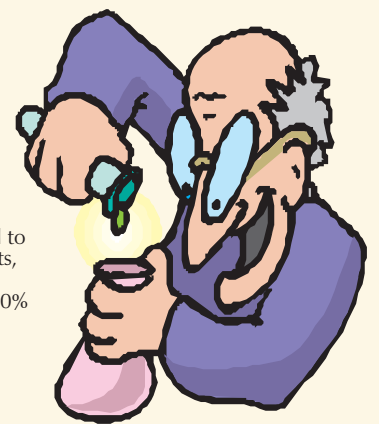
100% Vegetarian - Manufactured in an FDA Registered, GMP Certified facility.

New, High Potency Atiox Phyto Complex II 375 mg Veggie Caps

90 Veggie Caps - Prod Code 63745

Indications: Who might benefit from this herbal supplement? Those who desire protection against everyday toxins--dietary, environmental and chemical; those with current health problems, those under high amounts of stress, smokers or those exposed to second-hand smoke, and anyone who lives or is exposed to a toxic lifestyle; those who are at risk to the various degenerative diseases associated with aging, including cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, cataracts, and macular degeneration; those who want to live a longer, healthier life.

Antiox Phyto Complex II is the perfect supplement to take along with your multivitamin/multimineral supplement.  
(see full details on page 14)



Still Looking For The  
Perfect Antioxidant  
Supplement?





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



63506	TRIBULUS 1000 MG	180 TAB	39.99	31.99
65134	TRIBULUS EXTREME	90 VCA	27.99	22.39
52446	TRU C BIOCOMPLEX	60 VCA	17.99	14.39
57123	TRU FOOD VEGAN BERRY	2.2 PWD	44.99	35.99
44184	TRUE BALANCE	120 CAP	25.99	20.79
42740	TRUE CALM	90 CAP	13.99	11.19
63628	TRYPTOPHAN 500 MG	120 VCA	39.99	31.99
54385	TRYPTOPHAN 500MG	60 VCA	21.99	17.59
34998	TTO 100 %	4.2 LIQ	26.99	21.59
41402	TTO PURE 100%	1.7 LIQ	8.99	7.19
56537	TURMERIC & BROMELAIN	90 VCA	27.99	22.39
56199	TYROSINE 500 MG CAP	120 CAP	15.99	12.79
55882	UBIQUINOL 100 MG COQ10	60 SGC	49.99	39.99
58845	UBIQUINOL 200 MG	60 SGC	89.99	71.99
54712	UBIQUINOL COQH 50 MG	60 SGC	31.99	25.60
57277	UC II JOINT COLLAGEN	60 VCA	32.99	26.39
45356	ULCETROL	60 TAB	27.99	22.39
63849	ULTRASONIC OIL DIFFUSR	EA MIS	44.99	35.99
63585	VALERIAN ROOT 500 MG	250 CAP	15.99	12.79
55140	VANILLA OIL IN JOJOBA	1.2 LIQ	24.99	19.99
64171	VIT C & SEABUCKTHO LOT	8.2 LOT	12.99	10.39
63028	WALNUT HALVES & PIECES	122 SHK	10.99	8.79
39992	WALNUTS	122 SHK	9.99	7.99
55141	WATER OUT HERBAL DIUR	100 VCA	15.99	12.79
62586	WHEAT GERM OIL 20 MINI	100 SGC	16.99	13.59
44110	WHEY PROTEIN ISO CHOC	1.8 PWD	49.99	39.99
44109	WHEY PROTEIN ISO VAN	1.8 PWD	49.99	39.99
53012	WHEY PROTEIN VANILLA	11B PWD	29.99	23.99
36184	WINTERGREEN OIL	1.2 LIQ	9.99	7.99
65259	WOODEN ULTRASO OIL DIF	/EA MIS	49.99	39.99
43839	XYLITOL	16Z PWD	6.99	5.59
54366	XYLITOL 2.5 LBS	LBS PWD	14.95	11.96
45203	XYLITOL PAKS	75 PAK	7.49	5.99
43548	XYLITOL PLUS PAKS	75 PAK	7.50	6.00
41391	YLANG YLANG OIL EXTRA	1.7 LIQ	24.99	19.99
55742	ZINC GLUCONATE 50 MG	250 TAB	13.99	11.19
45311	ZINC GLUCONATE 50 MG	100 TAB	6.99	5.59
26305	ZINC PICOLINATE 50 MG	120 CAP	14.99	11.99
42286	ZMA	90 CAP	21.99	17.59

18050	BIOPLASMA GX	125 TAB	6.39	5.11
18051	CAL FLUOR #1 GX	125 TAB	6.39	5.11
18052	CAL SULPH #3 GX	125 TAB	6.39	5.11
18053	CALC PHOS #2 GX	125 TAB	6.39	5.11
18054	FERRUM PHOS #4 GX	125 TAB	6.39	5.11
18055	KALI MUR #5 GX	125 TAB	6.39	5.11
18057	KALI SULPH #7 GX	125 TAB	6.39	5.11
18060	NATRIUM PHOS #10 GX	125 TAB	6.39	5.11
18061	NATRIUM SULPH #11 GX	125 TAB	6.39	5.11
18062	SILICA #12 GX	125 TAB	6.39	5.11

64304	AFRICAN BLACK SOAP LOT	13Z LOT	11.99	9.59
64305	COCONUT & PAPAYA LOT	13Z LOT	11.99	9.59
64306	GOATS MILK & CHAI LOT	13Z LOT	11.99	9.59

63211	COQ10 100 MG OSPEED	40 TAB	25.99	25.99
63212	COQ10 200 MG OSPEED	40 TAB	33.99	33.99
64139	COQ10 400 MG OSPEED	60 TAB	45.99	45.99
63863	D3 1000 IU SPEED PEACH	60 TAB	14.99	14.99

60502	COCONUT OIL EXTRA VIRGI	29Z OIL	25.74	20.59
59899	COCONUT OIL EXTRA VIRGI	15Z OIL	13.59	10.87
65222	HEMP PROTEIN & FIB ORG	16Z PWD	17.49	13.99
59528	HEMP PROTEIN PWD	16Z PWD	20.49	16.39
60058	HEMP SEED OIL	24Z OIL	22.99	18.39
64783	HEMP SEED OIL ORG	16Z LIQ	17.99	14.39
63921	HEMP SEED RAW SHELLED	13Z CER	15.99	12.79
63563	RED PALM OIL ORGANIC	15Z OIL	8.99	7.19

53206	AVOCA ASU GLUCOS HCL	120 TAB	41.00	36.90
62614	COSAMIN ASU 3X CAP	180 CAP	59.99	47.99
56909	COSAMIN ASU 3X CAP	90 CAP	39.99	31.99
25659	COSAMIN DS	210 CAP	79.95	79.95
26658	COSAMIN DS	108 CAP	44.95	44.95
41881	COSAMIN DS TAB	150 TAB	63.95	51.16

38989	BIOASTIN 4 MG	60 SGC	21.99	17.59
22836	SPIRULINA PAC 500	200 TAB	19.99	15.99
24359	SPIRULINA PAC POWDER	16Z PWD	49.99	39.99
45280	SPIRULINA PAC TAB	400 TAB	32.99	26.39
25929	SPIRULINA PACIFICA	100 TAB	12.99	10.39

63468	ACTIVE 50 PLUS COQ10	60 VCA	40.50	32.40
63469	EYE CARE ULTRA	120 VCA	58.90	47.12
63462	HAIR & NAIL SUPPORT	120 TAB	43.50	34.80
63464	NATURES CALM TABS	90 TAB	35.95	28.76
63467	OMEGA MOOD BOOSTER	120 SGC	55.95	44.76
63466	OMEGA Q10 PLUS D3	120 SGC	73.95	59.16
63465	OMEGA SHARP ORANGE LIQ	8.2 LIQ	64.90	51.92
63470	PROSTATE CARE ULTRA	120 VCA	43.90	35.12
63461	ULTIMATE FOCUS	90 VCA	59.90	47.92
63463	ULTRA MULTI 2 W/COQ10	60 VCA	30.40	24.32

62759	ASCORBIC ACID W/BIOFV	8.2 PWD	15.49	13.94
65098	COCONUT OIL SOAP PURE	8.2 OIL	6.99	6.29
39991	DEFENSE PLUS	90 TAB	25.99	23.39
22725	GRAPEFRUIT SD EXT + VCA	90 VCA	21.99	19.79
44530	GRAPEFRUIT SEED CONC	4.2 LIQ	24.99	22.49
23000	GRAPEFRUIT SEED CONC	2.7 LIQ	14.49	13.04
29013	GRAPEFRUIT SEED EXT TB	100 TAB	11.99	9.59
62336	HYPO ALLER C	16Z PWD	25.49	22.94
24131	NASAL SPRAY	1.7 LIQ	9.99	8.99
40300	RICE PROTEIN CHOC	22Z PWD	21.49	19.34
40265	RICE PROTEIN MIX BERRY	21Z PWD	21.49	19.34
60353	RICE PROTEIN ORG PLAIN	21Z PWD	24.95	19.96

58893	RICE PROTEIN PLAIN PAK	12 PAK	14.99	13.49
39304	RICE PROTEIN VAN	3LB PWD	42.49	33.49
25444	SHOWER GEL SUPER	12Z LIQ	8.99	8.09
63573	SKIN OINTMENT FIRST AID	.5Z OINT	8.99	8.09

58742	B CMP GUMMY VIT CHW	70 CHW	8.99	7.19
58743	B12 GUMMY CHW	100 CHW	8.99	7.19
58744	CALCIUM GUMMY VIT CHW	60 CHW	9.99	7.99
58746	COQ10 GUMMY CHW	60 CHW	17.99	14.39
58745	D GUMMY VITAMIN	75 CHW	9.99	7.99
58747	MULTIVITES GUMMY VIT	70 CHW	9.99	7.99
58748	OMEGA 3 GUMMY VIT	60 CHW	11.99	9.59
21801	PB 8 CAP	60 CAP	14.99	11.99
22547	PB 8 CAP	120 CAP	24.99	19.99
56742	PB 8 VEG	120 VCA	24.99	19.99
22635	PB 8 VEG CAP	60 VCA	14.99	11.99
60637	PRENATAL ADULT GUMMY	75 CHW	14.99	11.99
52246	RHINO CALCI BEARS W/D	60 CHW	9.99	7.99
52940	RHINO GUMMY BEAR VIT	190 CHW	24.99	19.99

64927	BETAZYME	120 VCA	35.00	31.50
64105	CALM DAY VCAP	60 VCA	33.00	29.70
65148	CANDIKILL VCAP	90 VCA	49.50	44.55
64107	SUPER SHAKE BANANA STR	2.2 PWD	59.50	53.55
64106	SUPER SHAKE PEANUT BUT	2.2 PWD	59.50	53.55

Please Note:  
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If you do not see the products you are interested in, that does not mean we do not carry them.  
Please call our toll free number, 1-800-633-1106.  
Thank you.

64330	X FLAME	120 CAP	59.50	53.55T
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28955	ALLER AVERT	90 TAB	40.95	32.76
38974	B COMPLEX FACTOR	60 TAB	25.20	20.16
42934	BREATHE CLEAR	60 TAB	24.95	19.96
27991	FIBER DOPHILUS	100 TAB	18.90	15.12
44422	HEALTHY AGING NT FACT	120 TAB	40.00	32.00
38639	NT FACTOR	90 TAB	50.40	40.32
58275	PROPAX GOLD	60 PAK	99.99	89.99
58274	PROPAX GOLD	30 PAK	59.99	53.99
38519	PROPAX WITH NT FACTOR	30 PAK	46.00	41.40
40149	PROPAX WITH NT FACTOR	15 PAK	27.00	24.30
41998	PROPAX WITH NT FACTOR	60 PAK	87.50	78.75
38520	PROPAX WITH NT FACTOR	90 PAK	124.99	112.49
63381	SMART YOUTHFUL EMERG WF	30 WAF	29.99	23.99
62356	YOUTHFUL ENERGY	150 TAB	69.95	55.96

58793	FEMALE STIMULATING GEL	50M GEL	19.99	15.99
58795	M DRIVE FOR MEN	60 VCA	44.99	35.99
58796	PERSONAL LUBRICANT	4.2 GEL	14.69	11.75

57625	OLA LOA BONE JOINT REP	30 PKT	38.49	30.79
52878	OLA LOA ENERGY GRAN RS	30 PAK	38.49	30.79
44877	OLA LOA ENERGY DRNG PK	30 PAK	38.49	30.79
42237	OLA LOA ENERGY TRO PAK	30 PWD	38.39	30.71
52880	OLA LOA SPORT MANG TAN	30 PAK	24.99	19.99
52881	OLA LOA SPORT MIX BERR	30 PAK	24.99	19.99

23484	ANALGESIC OIL	1.6 LIQ	32.99	26.39
18080	ANALGESIC OIL .95 OZ	.95 LIQ	19.99	15.99
18081	COUGH SYRUP	4.2 LIQ	9.59	7.67
58094	OLBAS LOZ BLAC CURRANT	24 LOZ	6.49	5.19
53131	OLBAS OIL .32 OZ	.32 OIL	9.59	7.67
18079	PASTILLES (LOZENGES)	27 LOZ	6.55	5.24

62325	AAGK POWDER	90G PWD	21.79	17.43
62326	ANTI AGING FORM SGC	90 SGC	54.49	43.59
50811	B 100 SR	90 TAB	31.69	25.35
64364	BEEF PROTEIN CHOC	11B PWD	37.50	30.00
41011	BIOCELL COLLAGEN II	100 CAP	52.95	42.36
63812	BIOCELL COLLAGEN II DP	60 CAP	29.95	23.96
62327	CAKNG PWD CREAT ALPH KT	90G PWD	21.69	17.35
63808	CAL MNG PWD OPTIM BLND	111 PWD	18.99	15.19
57980	COQ10 60 MG CAP	60 CAP	25.99	20.79
41008	CORAL CALCIUM	270 CAP	49.99	39.99
40527	CORAL CALCIUM	90 CAP	24.99	19.99
17181	CORTI CUT	60 CAP	48.95	39.16
63810	CRANBERRY CMP OPT BLND	30 CAP	18.25	14.60
59039	D3 3000 IU	100 CAP	14.95	11.96
63546	DAILY ESSENTIALS	30 CAP	18.95	15.16
63606	DIM 150 MG EXTRA STREN	30 CAP	22.50	18.00
42856	FLAXSEED 1000 HB LIGN	90 SGC	21.69	17.35
55230	FUCOGENE	90 VCA	39.95	31.96
30099	GLUCOSALAGE S04 EXTRA	100 CAP	39.99	31.99
57985	GRAPE SEED EXT 120 MG	100 CAP	25.79	20.63
50502	GRAPE SEED EXT 200 MG	100 CAP	32.99	26.39
62328	GRAPE SEED EXT 400 MG	100 VCA	41.49	33.19
42536	HERP EEZE SELF HEAL	120 VCA	59.95	47.96
37281	INFLAMERIC	90 VCA	41.49	33.19
53152	JOINT COMFORT (INFLAM)	60 VCA	32.99	26.39
64644	KRILL COMPLEX ADV	60 SGC	59.95	47.96
57983	LIPOIC ACID 100 ALPHA	60 CAP	15.99	12.79
62288	LIPOIC ACID COQ10 200	60 CAP	32.49	25.99
42854	LUTEIN 20 MG VEG	60 CAP	40.99	32.79
54540	MAGNESIUM CITRATE 400	100 CAP	15.99	12.79
61304	METHYL B12 500 SB MIGHT	60 TAB	11.69	9.35
37279	NUTRAVISION	60 CAP	34.99	27.99
40257	OLIVE LEAF EXT 500 MG	60 VCA	23.49	18.79

50373	OMEGA 3 2000 ENTERIC	120 SGC	28.49	22.79
50239	OMEGA 3 FISH OILS MEGA	120 SGC	34.99	27.99
61420	PEA PROTEIN CHOC	11B PWD	44.99	35.99
55229	PEA PROTEIN VANILLA	11B PWD	44.95	35.96
42852	POLICOSANOL 5 MG VEG PROSLEX	60 CAP	14.49	11.59
34345	PROSLEX	60 CAP	34.95	27.96
27861	SHARK CARTILAGE 750 MG	100 CAP	29.49	23.59
39609	SKIN SUPPORT	60 CAP	31.49	25.19
51881	THEANINE 200 MG	60 CAP	32.99	26.39
62529	ULTRALEAN 3	60 VCA	38.99	31.19
63809	ULTRALEAN 3 OPTIM BLND	40 CAP	22.50	18.00
27822	VANADYL PLUS W/CHROM	100 CAP	21.49	17.19
27823	VANADYL SULFATE 20 MG	100 CAP	18.29	14.63

62121	CONDITIONER DERMAQOL	8.5 LIQ	15.00	15.00
62122	COOLING ALOE SPRAY	8.5 SPY	20.00	20.00
62924	DERMAQOL STARTER KIT	KIT KIT	24.00	21.60
62126	SHOWER GEL DERMACOL	8.5 LIQ	12.50	12.50
62118	SKIN CARE BAR BALS SLF	4.5 BAR	9.99	9.99





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



59971	GUM PELLU PEPP XYLITOL	100	GUM	10.95	8.76
59688	GUM PELLU PEPPERMINT	300	GUM	27.89	22.31
59870	GUM PELLU SPEARMINT XYLIT	100	GUM	10.95	8.76
23717	TPST PLAIN PELLU	7Z	CRM	10.19	8.15

PETER LAMAS					
58547	CONDIT AVOCADO & OLIVE	12Z	LIQ	20.00	18.00
83233	CONDIT CHINESE HERBS	8.5	LIQ	22.00	19.80
58546	SHAMPOO AVOCADO OLIVE	12Z	LIQ	20.00	18.00
83231	SHAMPOO CHINESE HERBS	8.5	LIQ	22.00	19.80

PHARMACARE LABS					
55765	SAMBUCOL + C + ZINC IM	4Z	LIQ	14.99	11.99
55762	SAMBUCOL COLD & FLU	30	TAB	14.99	11.99
64937	SAMBUCOL EFFERVESC TAB	15	TAB	9.99	7.99
55763	SAMBUCOL FOR KIDS BER	4Z	LIQ	14.99	11.99
55755	SAMBUCOL LOZENGES ORIG	30	LOZ	14.99	11.99
55754	SAMBUCOL ORIGINAL	7.8	LIQ	24.99	19.99
55753	SAMBUCOL ORIGINAL	4Z	LIQ	14.99	11.99
64986	SAMBUCOL PASTILLES	20	LOZ	9.99	7.99

PHARMAX SEROYAL					
63722	BILE SUPPORT	60	CAP	23.25	18.60
51205	BROAD SPECTRUM COMPLEX	60	VCA	26.15	20.92
53136	C VITAMIN PWD 250 GRAM	250	PWD	27.55	22.04
57191	D 1000 IU CHW	90	CHW	10.50	8.40
50512	EPA DHA ULTRA	90	SGC	39.50	31.60
50962	FISH OIL CAPS FINEST	120	SGC	36.00	28.80
50527	FISH OIL FINEST HI DHA	150	LIQ	41.30	33.04
42404	FISH OIL FINEST LIQ	200	LIQ	31.85	25.48
59943	FISH OIL FINEST ORANGE	500	LIQ	69.95	55.96
82812	FISH OIL FINEST STAWBE	200	LIQ	32.20	25.76
82813	FISH OIL PURE + COQ10	200	LIQ	50.30	40.24
62814	FISH OIL PURE PLUS D OR	200	LIQ	34.65	27.72
50857	FRUTOL BERRY HIGH DHA	225	LIQ	49.50	39.60
42403	FRUTOL FISH OIL LIQ	300	LIQ	31.25	25.00
42405	GARLIC FREEZE DRIED	90	VCA	24.20	19.36
42419	GLUTAMINE PWD	250	PWD	43.10	34.48
58304	HCl & PEPPIN	180	CAP	33.25	26.60
64009	HLC ANTI-BIOTIC CARE	14	CAP	55.00	44.00
63100	HLC CHILD + MULTI CHW	30	CHW	37.70	30.16
63101	HLC CHILD CHW	30	CHW	25.15	20.12
42617	HLC HI POTENCY VCAP	120	VCA	56.70	45.36
42409	HLC HI POTENCY VCAP	60	VCA	32.90	26.32
44336	HLC HIGH POTENCY PWD	120	PWD	56.80	45.44
64008	HLC IMMUNITY PLUS PRO	30	SCH	31.35	25.08
45153	HLC INTENSIVE CAPS	30	CAP	37.35	29.88
64531	HLC INTENSIVE PWD	1Z	PWD	36.55	29.24
42760	HLC MAINTENANCE	120	CAP	37.00	29.60
42759	HLC MAINTENANCE	60	CAP	22.00	17.60
63099	HLC MATERNITY + PRO	28	CAP	53.90	43.12
51295	HLC MINDUX	60	CAP	41.85	33.48
64533	HLC MULTI STRAIN	60	CAP	38.25	30.60

42411	HLC NEONATE PWD	66R	PWD	23.75	19.00
63096	HLC PERINATE	30	CAP	30.30	24.24
42410	HLC SYMBIOTIC INTENSIV	7	PAX	38.00	30.40
63097	HLC TODDLER + PRO PWD	60G	PWD	38.45	30.76
59079	HOMOCYSTEINE MODULATING	60	CAP	37.10	29.68
64159	PHARMAX HEAL CREAM	2.5	CRM	37.90	30.32
64158	PHARMAX NERVE CREAM	2.5	CRM	37.90	30.32
64195	PHARMAX NERVE CRM SACH	14	SCH	19.95	15.96
64160	PHARMAX REBUILD CREAM	2.5	CRM	37.90	30.32
64157	PHARMAX RELIEF CREAM	2.5	CRM	37.90	30.32
64196	PHARMAX RELIEF SACHET	14	SCH	19.95	15.96
42417	PYLORICIN	60	VCA	23.90	19.12
64532	SACCHAROMYCES BOULARDI	60	CAP	41.15	32.92
64530	STATIN CARE	60	VCA	41.30	33.04
43756	TRACE MINERAL CMP CWS	15M	LIQ	11.30	9.04

PHYSIOLOGICS					
45385	7 KETO DHEA 25 MG	90	SGC	24.99	19.99
60049	ACETYL L CARNIT 1000	30	CAP	33.30	26.70
58993	B 100 COMPLEX SUB B12	2Z	LIQ	9.70	7.76
59670	B12 5000 MCG SUBLINGUL	60	LOZ	20.50	16.40
51430	B6 100 MG	100	TAB	7.50	6.00
50668	BORAGE OIL 1000 MG	100	SGC	25.90	20.72
41956	C 1000 MG W/BIO	100	CPL	15.50	12.40
52371	C W/ ROSE HIPS & ECHIN	90	TAB	13.50	10.80
53587	CINNAMON W/CHROM PIC	60	CAP	15.89	12.71
41285	COQ10 120 MG Q SORB	120	SGC	82.30	65.84
41285	COQ10 200 MG Q SORB	60	SGC	71.90	57.52
34049	COQ10 30 MG HYDROSOLUB	60	SGC	36.70	29.36
58077	COQ10 75 MG Q SORB	120	SGC	56.90	45.52
64974	CRANBERRY TRIPLE STREN	90	SGC	18.55	14.84
38317	CTR SUPPORT	90	CAP	31.90	25.52
42755	DIABEST 2	60	CAP	17.99	14.39
39891	DIM COMPLEX 100 MG	60	CAP	29.00	23.20
45027	E P D 500 MG ORGNAIC	100	SGC	12.50	10.00
57947	EPA DHA OMEGA 3 950	100	SGC	41.00	32.80
64814	ESSENTIAL E 400	120	SGC	15.45	12.36
44083	ESTER C 500 W/BIO	90	CAP	15.50	12.40
61137	FLAX SEED OIL 1200 MG	120	SGC	15.90	12.72
41273	GLUCOS CHOND HP	120	TAB	36.00	28.80
40605	JOINT FORMULA	120	SGC	45.90	36.72
60113	MELATONIN 5 MG	60	TAB	10.50	8.40
41150	MILK THISTLE 250 MG	100	CAP	16.00	13.20
58368	MULTILOGICS ULTRA WOM	90	TAB	33.00	26.70
41092	MUSCLEASE	90	CAP	16.40	13.12
64971	N A C 600 MG	90	CAP	20.10	16.08
40981	NEURO PS 100 MG PHS	60	SGC	43.90	35.12
41408	OCULAR DEFENSE PLUS	100	CAP	31.85	25.48
50051	RED YEAST RICE 600 MG	120	CAP	29.90	23.92
57919	RED YEAST RICE W/COQ10	60	SGC	31.90	25.52
58601	SAM E 400 DOUBLE STR	30	TAB	48.40	38.72
40603	TRIPLE OMEGA 3 6 9 EFA	120	SGC	31.90	25.52

58224	TURMERIC CURCUMIN 1000	60	CAP	18.90	15.12
64549	VINPOCETINE 10 MG	90	SGC	21.55	17.24
35086	ZYGEST	180	CAP	19.60	15.68
58014	ZYGEST PRO	90	VCA	25.00	20.00

PHYTO THERAPY					
27909	CAL LIQ	90	SGC	15.99	12.79
35313	CAL LIQ	180	SGC	29.79	23.83
27905	PROSTATE CONTROL	60	SGC	24.99	19.99
62380	Q 100 MG CHEW WAFERS	50	CHW	44.99	35.99

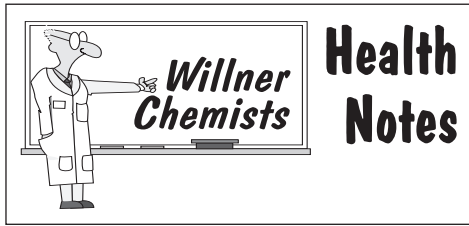
PINES INTERNATIONAL					
33701	BARLEY GRASS PWD	10Z	PWD	32.59	26.07
37714	BEEF JUICE PWD	5Z	PWD	38.79	31.03
22230	WHEAT GRASS 500	500	TAB	32.29	25.83
23784	WHEAT GRASS 500	100	TAB	12.59	10.07
22927	WHEAT GRASS PWD	10Z	PWD	32.59	26.07
23862	WHEAT GRASS PWD	24Z	PWD	62.59	50.07

PIONEER NUTRITIONAL					
63229	C 500 CMP VEG	180	VCA	24.49	19.59
41433	CAL MAG 250/125 MG	120	TAB	22.29	17.83
55538	CAL MAG CHW VG 250/125	90	CHW	21.39	17.11
41828	CAL MAG VCAP	180	VCA	26.09	20.87
41435	CAL MAG VEG 250/125 MG	120	TAB	20.49	16.39
43129	DIGESTIVE ENZYMES	120	CAP	31.39	25.11
43037	IPRIFLAVONE CAL MAG	150	TAB	36.49	29.19
42793	MULTI ADULT CHILD CHW	180	CHW	31.99	25.59
44679	ONE PLUS VIT IRON FREE	120	VCA	33.99	27.19
42795	ONE PLUS VIT MIN VCAP	120	VCAP	35.09	28.07

PLANETARY HERBALS					
51353	ANDROGRAPHIS	120	TAB	18.50	14.80
51326	ANTLER VELVET 250 MG	60	TAB	48.50	38.80
51030	BUPLERUM CAMATIVE	120	TAB	18.50	14.80
36249	BUPLERUM LIVER CLEANS	7Z	TAB	12.50	10.00
39009	BUPLERUM LIVER CLEANS	150	TAB	24.50	19.60
18343	CALM CHILD SYRUP	2Z	LIQ	14.50	11.60
57283	CANDIDA DIGEST	180	TAB	27.98	22.38
58428	CILANTRO HEAVY METAL	2Z	LIQ	12.98	10.38
63339	CILANTRO HEAVY METAL	4Z	LIQ	24.90	19.60
44609	CINNAMON EXT 200	120	TAB	18.50	14.80
56511	CINNAMON GLUCOSE BALANC	90	TAB	30.50	24.40
60820	CORDYCEPS 450 FULL SPC	120	TAB	24.98	19.98
45572	CORDYCEPS 450 FULL SPC	60	TAB	12.98	10.38
51828	CORDYCEPS POWER CS-4	60	TAB	13.25	10.60
61902	CRANBERRY BLADDER DEFE	120	TAB	37.50	30.00
56419	DIGESTIVE COMFORT	60	TAB	9.50	7.60
56865	ECHIN GOLDENSL W/OLIVE	60	TAB	21.50	17.20
54363	ELDERBERRY SYRUP	4Z	LIQ	15.98	12.78
63883	FEVERFEW HEADAID	100	TAB	20.50	16.40
57552	GINSENG REVITALIZER	90	TAB	26.98	21.58
18369	GUGGUL CHOLESTEROL TAB	90	TAB	23.50	18.80

61876	HOLYBASIL LIQ P	4Z	LIQ	28.50	22.80
52227	HORNY GOAT WEED 1200	30	TAB	12.50	10.00
44452	HORSE CHESTNUT CRM	2Z	CRM	11.50	9.20
43508	HORSE CHESTNUT CRM	4Z	CRM	22.50	18.00
58225	INFLAMA CARE	60	TAB	24.98	19.98
64834	INFLAMA CARE	120	TAB	47.98	38.34
57815	KUDZU RECOVERY	120	TAB	22.50	18.00
61274	LEMON BALM 500 FLL SPC	120	CAP	12.98	10.38
56560	LOQUAT RESPIR KIDS SYR	4Z	LIQ	9.50	7.60
55815	LOQUAT RESPIRATORY SYR	4Z	LIQ	10.25	8.20
61159	LYSINE LIP BALM OINT	7GM	OINT	6.25	5.00
44771	MACA EXT	60	TAB	14.50	11.60
55816	MINOR PAIN RELIEF 750	30	TAB	10.50	8.40
65319	MULLEIN LUNG COMPLEX	90	TAB	14.98	11.98
45387	MULLEIN LUNG COMPLEX	180	TAB	28.50	22.80
58045	NECK AND SHOULDERS SUP	60	TAB	12.75	10.20
55814	NOPAL CACTUS 1000 MG	60	TAB	13.50	10.80
58140	OIL OF OREGANO	5Z	LIQ	19.98	15.98
55817	OLD INDIAN SYRUP KIDS	4Z	LIQ	9.25	7.40
63508	OLIVE LEAF 825 MG FULL	30	TAB	12.98	10.38
55734	POSITIVE TEENS AND KID	60	TAB	9.50	7.60
44442	SCHISANDRA ADRENAL CMP	60	TAB	11.50	9.20
60052	SCHISANDRA ADRENAL CMP	120	TAB	21.50	17.20
57707	SINUSFREE	2Z	LIQ	7.50	6.00
57463	SINUSFREE	4Z	LIQ	13.50	10.80
60631	SLEPPERY ELM LOZ/WECHE	100	LOZ	8.98	7.18
62707	SOY 1000 FULL SPECTRUM	120	TAB	22.50	18.00
63138	STEVIA W/FOS	8Z	PWD	20.50	16.40
50519	STINGING NETTLE 420 MG	120	TAB	27.50	22.00
18395	STONE FREE 820 MG	90	TAB	13.98	11.18
39510	STONE FREE 820 MG	180	TAB	26.50	21.20
54972	STRESS FREE TABS	ABS	TAB	16.50	13.20
44445	STRESS FREE TABS	60	TAB	11.50	9.20
62331	THREE SPICES SINS COMP	180	TAB	23.98	19.18
44299	TRI CLEANS CMP INT CLN	10Z	PWD	15.75	12.60
58584	TRIPHALA CAP	90	CAP	11.50	9.20
58802	TRIPHALA GOLD 1000 MG	120	TAB	22.98	18.38
18412	TRIPHALA INTERNAL CLNS	90	TAB	12.50	10.00
42700	TRIPHALA INTERNAL CLEAN	180	TAB	23.98	19.18
44298	TRIPHALA INTERNAL CLENS	6Z	PWD	14.50	11.60
45574	VITEX 500 MG STD FS	60	TAB	9.75	7.80
56829	WASABI DETOX 200 MG	60	TAB	20.50	16.40
44450	WILD CHERRY BARK SYR	4Z	LIQ	9.50	7.60
59414	WILD CHERRY BARK SYR	8Z	LIQ	18.50	14.80
64124	WOMENS DONG QUAI	120	TAB	21.75	17.40
64583	YELLOW DOCK SKIN CLEAN	120	TAB	23.98	19.18
45225	YIN CHIAO CLASSIC	120	TAB	32.98	26.38
44446	YIN CHIAO ECHIN CMP	60</			





## The Perfect Multivitamin Supplement

If we were to design the perfect multivitamin supplement, what features would we look for?

### Goals: The Perfect Multi

1. We would want it to be a “general purpose” supplement, appropriate for the majority of people.
2. We would want it to contain a full, comprehensive selection of nutrients, designed to insure optimal intake of all the essential and important nutrients, in the proper ratios and quantities.
3. With that in mind, we would want it to provide minerals as well, including the “macrominerals,” calcium and magnesium, in proper ratio and meaningful quantities.
4. We would want it to be flexible, so that the dosage could be tailored to each individual’s needs.
5. We would want to keep it reasonably priced, making sure we avoided unnecessarily expensive but only marginally beneficial ingredients.
6. We would want to set the potencies so that additional supplements could be added to the individual’s daily regimen without danger of exceeding safe levels of any individual nutrient.
7. We would want to avoid adding any

undesirable ingredients, such as artificial colors, flavors, preservatives, etc.

8. We would use natural ingredients whenever possible.
9. We would include as many phytonutrients and accessory food factors as possible.
10. We would want it to be the perfect “nucleus” or “foundation” product upon which an individualized supplement program, tailored to an individual’s specific health concerns, could be designed.

We think we have achieved this at Willner Chemists with the release of our new, improved Willvite Multivitamin Multimineral Formula.

It has always been our belief that your multivitamin supplement is the most important component of your daily regimen. Nutrients work in concert with each other, synergistically. Too many people make the mistake of either taking an inadequate multivitamin, or trying instead to satisfy their perceived needs by taking a selection of individual supplements. They risk missing various essential nutrients altogether, or inadvertently creating an imbalance.

We recommend using a broad spectrum multivitamin multimineral supplement such as Willvite as a starting point, or foundation, upon which your supplement program can be built.

### Common Mistakes

1. Once A Day. Many of the vitamins and minerals are water soluble. This can mean that they remain available to the body for only a limited time (four to six hours) before they are excreted. What happens during the rest of the day? You will get much greater benefit from your daily vitamin and mineral

intake if you divide the dose into, at least, two servings. Taking your multi twice a day is much better than once a day. And, remember that your body is designed to obtain these essential nutrients from food—so do not be misled into thinking certain nutrients should be taken all at once, at certain times of the day. Willvite, with its recommended dosage of 2 to 4 per day, is easily taken twice a day.

2. Overlook Important Minerals. Many multivitamin supplements fail to provide the required amount of calcium and magnesium. These two important minerals are required in higher dosages than most vitamins and trace minerals. They take up a lot of space in the tablet or capsule. For this reason, they cannot be fit into a one a day or two a day formula. This is one major advantage of Willvite—a full daily dose of calcium and magnesium is included in the full four tablet per day recommended dosage.

3. Letting Marketing Hype Overshadow What’s Really Important. It’s easy to be swayed by marketing claims that imply various features of multivitamin supplements create a superiority of one product over another. Focus on a form of calcium utilized in a product should not make you lose sight of the fact that it might contain little if any magnesium. Talking about “bioavailability” should not make you lose sight of the fact that even 100% of a fraction of what is actually needed remains just a fraction. Adding a pinch of saw palmetto to a multivitamin supplement does not really turn it into a “mens” multi. What is important is that the multi provides a broad spectrum of all the nutrients you need, in the proper ratios, in a stable, flexible dosage format.

### Flexible Dosage

For those who do not want to take four

tablets a day, even a two per day dosage is better than most other formulations. Ideally, it would be one tablets twice a day, but two tablets once a day is better than most “one a day” formulas. Note the content of two tablets daily from the following table (see page 103), including the fact that you will get 400 mg calcium and 300 mg magnesium. [See Dosage Table on Page 103]

### Features and Improvements

- Includes actual pre-formed vitamin A (25%) along with natural Beta Carotene (75%) for enhanced immune and mucous membrane support.
- Vitamin C is present in partially buffered form.
- Vitamin D is the preferred D3 form for greater potency
- Vitamin E is in the natural, d-alpha tocopherol form.
- Vitamin K is present in the preferred K2 (MK7) form.
- The B Vitamins are present in high enough levels to ensure tissue saturation, yet allows the additional use of additional B-Complex supplements if desired.
- In response to the most recent research, the Folic Acid level remains at 400 mcg.
- Vitamin B12 is present in the active, methylcobalamin form for enhanced bioavailability.
- The full U.S. Daily Value (300 mcg) of Biotin is provided.
- The daily dose of Calcium has been reduced from 1000 mg to 800 mg to reflect the most recent guidelines and concerns over excess levels. This allows for those who require extra calcium to take additional supplementation without potential over dosage.

... continued on page 103

# Discover Bee Propolis



**WILLNER CHEMISTS**  
Prescription Pharmacy  
Since 1911  
The Nutritional Supplement Professionals

**NaturaNectar™**

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naturanectar.com



Are you getting what you think you're getting from the product you're currently taking?



### How do you know?

- ❓ Is there a published study demonstrating product benefits
- ❓ Is the product optimally absorbed and bioavailable
- ❓ Is the supplier able to explain how it works
- ❓ Is the product so novel or innovative that it is patent-protected
- ❓ Is it doctor formulated and recommended



## Introducing OptiChoice® Products

### The Natural Choice for Optimal Health

- 💧 Science supported ingredients backed by clinical studies
- 💧 Dose offered is the same dose used in clinical studies
- 💧 Product formulas and delivery systems are patent-protected
- 💧 Doctor formulated and recommended products
- 💧 Independently tested for safety and purity



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or ask your Willner Chemists sale representative.





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



61719	PREBIOTIN REGULARITY 6	14Z	PWD	39.99	39.99
<b>PREMIER ONE</b>					
23983	BEE POLLEN CAP 580 MG	100	CAP	12.29	9.83
21579	BEE POLLEN CHW 650 TAB	100	TAB	11.39	9.11
24890	BEE PROPOLIS 650 MG	60	CAP	15.09	12.07
26716	POLLEN POWER GRANULES	.75	PWD	9.09	7.27
29836	PROPOLIS THYME TINC	1 Z	LIO	15.99	12.79
27396	ROYAL JELLY 1000 MG	60	CAP	34.19	27.35
31829	ROYAL JELLY 1000 MG	30	CAP	19.69	15.75
52699	ROYAL JELLY 2000 MG	30	CAP	27.89	22.31
18338	ROYAL JELLY 500	30	CAP	13.89	11.11
23033	ROYAL JELLY 500 MG	90	CAP	33.19	26.55
26180	ROYAL JELLY GINS 500	60	CAP	17.59	14.07
21574	ROYAL JELLY/HNY 14000	11Z	LIO	17.89	14.31
18337	ROYAL JELLY/HNY 30000	11Z	LIO	23.09	18.47

<b>PRINCE OF PEACE</b>					
62488	GINGER HONEY CRYSTALS	30	PAK	12.19	9.75
18428	GINSENG KOREAN RED	50	CAP	20.19	16.15
18442	GINSENG PANAX EXT POP/	OCC	VIL	12.99	10.39
64252	ODLANG TEA ORGANIC	100	BAG	8.99	7.19
52589	PU ERH BLACK TEA PREM	100	BAG	8.99	7.19

<b>PROGRESSIVE LABS</b>					
15254	ACIDOPH DR HP 2.8 BILL	90	VCA	24.00	19.20
15259	ADRENO TROPIC	250	CAP	40.99	32.79
15260	ALLER B	90	CAP	20.00	16.00
15261	AMINO BLEND 750 CAP	90	CAP	27.50	22.00
15298	B12 INTRINSIC FACTOR	60	CAP	23.50	18.80
15263	B12 LINGUAL 1000 MCG	60	TAB	16.00	12.80
20289	B6 100 CAP	100	CAP	13.00	10.40
15265	BIFIDO COMPLEX	90	CAP	22.50	18.00
22060	BRAIN CONCENTRATE	90	CAP	18.00	14.40
60600	BRIGHT VISION	90	VCA	70.00	56.00
22767	C 1000 + BIOFLAV	250	CAP	35.00	28.00
20291	CALCIUM LACTATE	100	CAP	17.00	13.60
15271	CAPRYLATE COMPLEX	100	CAP	22.00	17.60
36757	CARDIO FLOW	180	CAP	47.00	37.60
15275	CHLOROPLEX	90	CAP	15.00	12.00
15278	CHROMIUM PICOL + 500	60	CAP	19.00	15.20
24414	COLLOIDAL SILVR 20 PPM	4 Z	LIO	31.00	24.80
55958	COQ10 100 MG UBIQUINOL	30	SGC	42.00	33.60
15279	COQ10 25 MG SUB	60	TAB	29.00	23.20
54741	COQ10 400 MG SGC	30	SGC	40.00	32.00
15280	CORYZA FORTE	90	CAP	23.99	19.19
15281	CORYZA FORTE	250	CAP	49.50	39.60
62060	D3 1000 IU	100	CAP	7.80	6.24
61305	D3 5000 IU	100	CAP	9.00	7.20
22897	DGL COMPLEX	90	CAP	21.50	17.20
27550	DHEA 50 MG X TRA	60	CAP	23.00	18.40
20292	DIGESTIN	60	CAP	22.99	18.39
15282	DIGESTIN	250	CAP	59.00	47.20
20294	ENTERO CONC	90	CAP	16.00	12.80
22784	EPA DHA 300 1000	90	CAP	18.00	14.40
24969	FEM GEST CREAM	2 Z	CRM	24.00	19.20
30018	G/C 1000	60	CAP	30.00	24.00
25935	GABA 500 MG	90	CAP	24.00	19.20
15288	GABA VAL	90	CAP	32.99	26.39
43948	GC MSM 3550	120	CAP	36.49	29.19
22770	GLUCOS SULF 500	60	CAP	15.00	12.00
24842	GSC GLAND STRESS CMP	90	CAP	15.00	12.00
15293	HEMADYN PRO	60	CAP	15.00	12.00
15294	HEMADYN PRO (HEMAPLEX)	250	CAP	45.50	36.40
15295	HERBAL WATER BALANCE	50	CAP	15.00	12.00
63017	HLA JOINT SUPPORT	180	CAP	59.00	47.20
15317	IODINE ORGANO DROPS	2 Z	LIO	25.00	20.00
57469	K2 VITAMIN (MENA07)	30	VCA	27.50	22.00
63544	KELP	100	VCA	11.50	9.20
22508	LECITHIN 1200 CAPS	100	CAP	23.00	18.40
54796	LECITHIN GRANULES	16Z	PWD	28.00	22.40
53983	LEGS ON EDGE	90	CAP	18.99	15.19
15302	LITHINASE	100	CAP	16.00	12.80
15303	LIVATRATE	100	CAP	16.00	12.80
63763	LUTEIN ZEAXANTHIN	30	SGC	18.50	14.80
15304	LYSINE 500	90	CAP	13.00	10.40
15305	MAGNEZYME 400 MG	100	CAP	18.00	14.40
30492	MCHC CAP	120	CAP	24.49	19.59
59403	MCHC W/VIT K	120	CAP	23.00	18.40
58189	MEMORIES W/SEANOL P	90	CAP	62.00	49.60
59540	METHYL FOLATE 5 MTHF	60	VCA	16.00	12.80
15308	MULTI CAP	90	CAP	18.00	14.40
15309	MULTI CAP	250	CAP	42.00	33.60
15311	MULTI SCORB	100	TAB	39.00	31.20
15312	MULTI SCORB	250	TAB	76.50	61.20
50716	NATOKINASE PLUS P	60	SGC	32.49	25.99
22742	NIACIN 500 SR	100	TAB	17.00	13.60
45064	OSTEO MINS AM	60	CAP	17.50	14.00
43954	OSTEO MINS PM W/D	240	CAP	27.00	21.60
43936	OSTEO MINS PM W/D + K	240	CAP	38.00	30.40
30400	PAN 10X	250	CAP	78.00	62.40
23856	PAN 10X	90	CAP	32.00	25.60
15319	PAN 5X	250	CAP	62.00	49.60
15320	PAN CHELATE	100	CAP	15.00	12.00
23950	PANTOTHENIC 500	90	CAP	16.00	12.80
15321	PARA THYROLATE	90	CAP	17.99	14.39
23166	PARADEX	90	CAP	19.00	15.20
61938	PHOS SERINE 100 MG	60	VCA	34.00	27.20
23751	PINEAL CONC	90	CAP	33.50	26.80
24916	PRO ANTHO FORTE	60	VCA	31.00	24.80
60830	PROBIOTIC BROAD TO BIL	30	TAB	26.00	20.80
26727	PROBIOTICS MPF	90	CAP	22.00	17.60
15328	PROSTAGLAN	120	CAP	30.49	24.39
54587	R LIPIC ACID 100 MG	60	CAP	41.00	32.80
15335	SPLENOTRATE	100	CAP	13.00	10.40
15338	THYRO COMPLEX	90	CAP	20.99	16.79
15339	TRACE MIN +	100	CAP	16.50	13.20
15340	TRI 40	90	CAP	17.00	13.60
15341	TYROSINE	90	CAP	18.00	14.40
50212	U TRACT CMP CAP	120	CAP	38.00	30.40
57198	U TRACT COMPLETE	2 Z	PWD	41.50	33.20
40667	U TRACT MANNOSE	1 Z	PWD	31.99	25.59
15342	VEGZYME	90	VCA	20.00	16.00

15343	ZINC PICOL + 25 MG	60	CAP	12.50	10.00
<b>PROTOCOL FOR LIFE</b>					
65278	A BIOTIC ENTERIC	60	SGC	22.00	18.70
65279	ADRENAL CORTISOL SUPP	90	VCA	30.00	25.50
65282	B12 10000 NTRODS VL 15M	12	VIL	25.00	21.25
65285	BIFIDO DIGEST VCAP	60	CAP	30.00	25.50
65286	COGUMIN SCLP CURCUMIN	50	VCA	40.00	34.00
65283	D3 10000 IU SGC	120	SGC	17.00	14.45
65284	D3 5000 SGC OLIVE BASE	60	TAB	36.00	30.60
65287	GI GUARD PM VCAP	60	VCA	25.00	21.25
65288	MCT OIL LIQUID	16Z	LIO	18.00	15.30
65289	MK 7 K2 150 MCG TAB	60	TAB	36.00	30.60
65270	MYO INOSITOL POWDER	1LB	PWD	50.00	42.50
65271	PLANT PROTEIN COMPLETE	2LB	PWD	35.00	29.75
65272	PROGESTER CRM SKIN CRM	3 Z	CRM	23.00	19.85
65273	PROTODCLEAR CTR FR VAN	1KG	PWD	54.50	46.32
65274	PROTODCLEAR PWD BERRY	1KG	PWD	54.50	46.32
65275	PROTODOPHILUS 50 BILL	90	VCA	50.00	42.50
65276	PROTOSORB MAGTEN MAG	90	VCA	38.00	32.30
65277	SACCHAROMYCES BOLLARDI	60	VCA	20.00	17.00
65416	UBIQUINOL 100 MG	60	SGC	50.00	40.00

<b>PURE ENCAPSULATIONS</b>					
39786	+ CAL + IMPROVED FORMULA	350	CAP	63.30	--
19168	+ CAL + IMPROVED FORMULA	210	CAP	38.50	--
37512	5 HTP 100 MG	180	CAP	119.70	--
39673	5 HTP 100 MG	60	CAP	47.40	--
29322	5 HTP 50 MG	60	CAP	33.90	--
42960	7 KETO DHEA 100 MG	60	VCA	66.10	--
43121	7 KETO DHEA 25 MG	120	VCA	39.00	--
64535	7 KETO DHEA 50 MG	60	VCA	37.70	--
44038	7 KETO DHEA 50 MG	120	VCA	67.50	--
61693	A 10000 IU	120	SGC	6.90	--
60990	A C FORMULA II	120	VCA	32.70	--
39522	A 1 ENZYMES	120	CAP	52.00	--
22136	A 1 FORMULA	120	CAP	50.20	--
36844	ACEROLA PLUS 150 MG	120	CAP	36.50	--
42181	ACETYL L CARNITINE 250	60	CAP	32.40	--
36970	ACETYL L CARNITINE 500	60	CAP	58.80	--
64285	ADIPOLEAN	60	VCA	47.10	--
19142	ADR FORMULA	60	CAP	31.40	--
30082	ADR FORMULA	120	CAP	55.30	--
19141	ADRENAL	60	CAP	13.50	--
19164	ANTIOXIDANT FORMULA	60	VCA	28.10	--
23794	ANTIOXIDANT FORMULA	120	VCA	48.60	--
64624	ARABINGALACTAN	90	VCA	33.50	--
38888	ARABINGALACTAN	180	CAP	60.40	--
58259	ARGININE 700 MG	90	VCA	19.90	--
45616	ARGININE 700 MG	180	VCA	35.10	--
19185	ASCORBIC ACID PURE 1000	250	CAP	39.00	--
44492	ASCORBIC ACID PURE 1000	90	VCA	16.00	--
19188	ASCORBIC ACID BUFF C	250	CAP	45.30	--
29101	ASCORBIC ACID BUFF C	90	CAP	18.70	--
22143	ASCORBIC ACID BUFF PWD	227	PWD	27.40	--
19187	ASCORBIC ACID PURE PWD	227	PWD	25.10	--
37743	ASCORBIC PALMIT 500 MG	180	CAP	34.60	--
31576	ASCORBIC PALMITATE	90	CAP	18.60	--
57213	ASHWAGANDHA 500 MG	120	VCA	34.90	--
50895	ASHWAGANDHA EXT 500 MG	60	VCA	19.30	--
44866	ASTAXANTHIN 4 MG	120	SGC	64.80	--
54687	ASTAXANTHIN 4 MG	60	SGC	36.60	--
61395	B COMPLEX LIQ 3.9 OZ	3.9	LIO	29.10	--
19179	B COMPLEX PLUS	60	CAP	19.30	--
40524	B COMPLEX PLUS	120	CAP	32.40	--
59487	B COMPLEX ULTRA W/PDQ	60	VCA	64.30	--
58266	B12 5000 MCG LIQ	1 Z	LIO	29.90	--
19180	B12 FOLATE 800/800	60	CAP	15.40	--
53095	B12 LIQUID 1000 MCG	1 Z	LIO	16.60	--
22142	B6 COMPLEX	60	CAP	19.60	--
59944	BACOPA MONNIERA	180	VCA	38.00	--
51292	BCAA PWD	227	PWD	45.70	--
43951	BCAA VCA	90	VCA	20.20	--





# SUPPLEMENT YOUR BEAUTY ROUTINE

WITH  
CLINICALLY STUDIED  
**VERISOL® COLLAGEN  
AND VITAMINS C & A**

## 8 WEEKS TO 60% INCREASE IN SKIN COLLAGEN WITH CLINICALLY STUDIED VERISOL® BIOACTIVE COLLAGEN PEPTIDES®†\*\*\*

Leveraging over 20 years of expertise in hair, skin and nail supplements, Country Life® introduces **Maxi-Skin™, Collagen + C&A** with clinically studied Verisol® collagen. In clinical tests, Verisol® Bioactive Collagen Peptides® increased skin elasticity and reduced depth of eye wrinkles in 4 weeks.†\*\*\* By affecting collagen metabolism directly from the inside, via collagen peptides, **Maxi-Skin™, Collagen + C & A** is able to help reduce the appearance of wrinkles and increase skin elasticity.†\*\*\*

A daily vitamin available in two convenient forms, tablets and powder. Go to [CountryLifeVitamins.com](http://CountryLifeVitamins.com) to learn more.

† Randomized, double-blind, placebo-controlled studies with daily intake of 2.5 grams Verisol® collagen in healthy women 35-55 years (measured skin elasticity at 4 and 8 weeks and observed a 7% increase) and in healthy women 45-65 years (measured eye wrinkle volume at 4 and 8 weeks and observed a 7% and 20% reduction, respectively, and measured collagen enhancement at 8 weeks and observed a 60% increase). Study results compared Verisol® Collagen to placebo. Individual results may vary.



From the maker of Maxi-Hair® and the leader in hair, skin & nails\*



\* Based on SPINScan Natural, 52 weeks ending 09/07/14  
[CountryLifeVitamins.com](http://CountryLifeVitamins.com)  
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\*\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



63901	NEUROPURE	120 VCA	48.90	--	58486	TRYPTOPHAN	180 VCA	91.20	--	27566	SUPER LYSINE + LIQ	2 Z LIQ	14.99	11.99	65008	JOINT HEALTH SOFT CHEW	30 CHW	31.99	25.59
63352	NIACITL 650 MG (NO FLU)	180 VCA	53.70	--	57470	TRYPTOPHAN	90 VCA	51.70	--	18457	SUPER LYSINE + CRM	76 CRM	6.49	5.19	62967	MUSCLE EASE	60 TAB	17.99	14.39
19183	NIACITOL 500 MG	60 CAP	22.70	--	42825	TYROSINE 600 MG	90 VCA	22.30	--	26719	SUPER LYSINE + CRM	216 CRM	14.99	11.99	62973	NERVE SHIELD R	60 TAB	31.99	25.59
43666	NIACITOL 500 MG	120 CAP	40.90	--	54841	UBIQUINOL QH 100 MG	60 SGC	69.50	--	18459	SUPER LYSINE + TAB	180 TAB	18.49	14.79	64736	PAIN T4 VCAP	60 VCA	34.99	27.99
58108	NITRIC OXIDE SUPP PWD	162 PWD	36.20	--	56385	UBIQUINOL QH 200 MG	60 SGC	124.00	--	18458	SUPER LYSINE + TAB	90 TAB	9.99	7.99	62962	SINUS SUPPORT ADULT	100 TAB	34.99	27.99
55980	NSK SO (NATTOKINASE)	60 VCA	61.10	--	54899	UBIQUINOL QH 50 MG	60 SGC	44.40	--	23824	ZINC ECHIN LOZ	48 LOZ	8.49	6.79	62965	SINUS SUPPORT CHLD	60 CHW	18.99	15.19
45690	NSK SO (NATTOKINASE)	120 VCA	65.60	--	30257	ULTRA NUTRIENT	180 VCA	69.40	--						62977	SINUS SUPPORT INHALER	EA INH	6.99	5.59
62449	NSK SO 100 MG	120 VCA	113.50	--	44880	ULTRA NUTRIENT	360 VCA	120.90	--						62974	SINUZYME CAP	40 CAP	24.99	19.99
19169	NUTRIENT 950	180 CAP	42.30	--	42211	ULTRA SYNERGIST E	180 SGC	69.90	--						62976	THYROID STRONG	60 VCA	34.99	27.99
55717	NUTRIENT 950	360 VCA	75.20	--	63905	VASCULAR RELAX BP	120 VCA	55.60	--						62975	TRUE ENERGY CAP	50 CAP	24.99	19.99
19172	NUTRIENT 950 NO CU/FE	90 CAP	24.80	--	54718	VINPOCETINE 20 MG	60 VCA	23.00	--						62978	TRUE ENERGY INHALER	EA INH	6.99	5.59
19171	NUTRIENT 950 NO CU/FE	180 CAP	42.30	--	50284	VINPOCETINE 20 MG	120 VCA	41.60	--										
19173	NUTRIENT 950 NO IRON	180 CAP	42.30	--	61858	VISION PRO NUTRIENTS	90 VCA	35.10	--										
44892	NUTRIENT 950 NO IRON	360 VCA	75.20	--	60344	VISION PRO	180 CAP	79.60	--										
60941	NUTRIENT 950 W K	180 VCA	42.30	--	59277	WHEY BASIC VAN BEAN	480 PWD	49.00	--										
44229	NUTRIENT 950 W/ NAC	240 VCA	64.50	--	64513	WOMENS NUTRIENTS	360 VCA	97.80	--										
58973	NUTRIENT 950 W/ NAC	120 VCA	37.90	--	56448	WOMENS NUTRIENTS	180 VCA	52.60	--										
39218	NUTRIENT W/O CU/FE/IOD	180 CAP	42.30	--	61254	WOMENS PURE PAK	30 PAK	60.80	--										
33506	OLIVE LEAF EXT 500 MG	120 CAP	63.90	--	60566	XANTHINUM	60 VCA	51.30	--										
45623	OLIVE LEAF EXT 500 MG	60 VCA	35.40	--	19207	ZINC 15 PICOLINATE	60 CAP	9.30	--										
63126	ONE MULTI W/ COQ10	60 VCA	31.90	--	19208	ZINC 30 PICOLINATE	60 CAP	11.80	--										
64343	OPC SORB 100 MG	60 CAP	50.50	--	33258	ZINC 30 PICOLINATE	180 CAP	29.90	--										
55228	OPTIFERIN	60 VCA	10.60	--	44738	ZINC CITRATE 30 MG	60 VCA	8.40	--										
42416	OSTEO BALANCE	210 VCA	38.50	--	44737	ZINC CITRATE 30 MG	180 VCA	20.80	--										
19184	P 5 P 50 ACTIVATED B6	60 CAP	13.90	--															
39368	P 5 P 50 ACTIVATED B6	180 CAP	35.20	--															
54424	PAIN RELIEVE	120 VCA	43.00	--															
19160	PANCREATIC ENZYME FORM	180 CAP	76.80	--															
19159	PANCREATIC ENZYME FORM	60 CAP	29.40	--															
57748	PANCREATIC VEGETENZYMES	180 VCA	46.20	--															
52040	PANTHETHINE 250 MG	60 VCA	43.30	--															
41146	PANTHETHINE 250 MG	120 CAP	79.10	--															
58267	PANTOTHENIC ACID 500	120 VCA	16.70	--															
45026	PETADOLEX	50 VCA	65.40	--															
64235	PHYTO 4 PEN	60 CAP	33.40	--															
51363	PHYTO ADR	180 VCA	53.50	--															
32810	PHYTOBALANCE (MENOPAUI)	120 CAP	34.30	--															
50334	POLICOSANOL 20 MG	120 VCA	55.80	--															
53627	POLYPHENOL NUTRIENTS	360 VCA	82.90	--															
54018	POMEGRANATE PLUS	120 VCA	51.30	--															
19204	POT 99 (ASPARTATE)	90 CAP	11.00	--															
19205	POT MAG ASPARTATE	90 CAP	13.40	--															
37106	POT MAG ASPARTATE	180 CAP	23.50	--															
64427	POTASSIUM 200 CITRATE	180 VCA	21.20	--															
50326	POTASSIUM 200 MG CITRA	90 VCA	11.80	--															
43832	PREGNENOLONE 10 MG	180 VCA	23.80	--															
27307	PREGNENOLONE 10 MG	60 CAP	10.00	--															
30126	PREGNENOLONE 30 MG	180 CAP	33.20	--															
27308	PREGNENOLONE 30 MG	60 CAP	13.70	--															
53249	PRENATAL NUTRIENTS	120 VCA	33.80	--															
64615	PREBIODOOD STICK PAKS	30 PAK	42.70	--															
52381	PROBIOTIC 5 DAIRY FRE	60 VCA	33.30	--															
61997	PROBIOTIC 50B	60 VCA	63.50	--															
58213	PROBIOTIC G1	60 VCA	33.70	--															
50591	PROSTAFLO	90 VCA	39.60	--															
32486	PS 100	60 CAP	62.30	--															
64342	PURE HEART PROBIOTIC	60 CAP	50.70	--															
64358	PURE HEARTS PURE PAK	30 PAK	69.50	--															
58460	PURE PALS CHW CHERRY	90 CHW	23.90	--															
59151	PURE PROBIOTIC	60 VCA	17.10	--															
63079	PURE TRANQUILITY LIQ	1 Z LIQ	37.30	--															
64514	PUREBI OME CRANBERRY	60 VCA	47.70	--															
64516	PUREBI OME DETOX	60 VCA	49.40	--															
64515	PUREBI OME GI	60 VCA	40.50	--															
64517	PUREBI OME INTENSIVE	30 VCA	43.30	--															
55772	PURECELL	120 VCA	48.80	--															
58263	PURELEAN NUTRIENTS	180 VCA	54.90	--															
65014	PURELEAN PROT BLEN VAN	680 PWD	49.90	--															
62028	PURELEAN PURE PAK	30 PAK	68.60	--															
64296	PURESNAPS PURE PAK	30 PAK	68.50	--															
58057	PYCNOGENOL 100 MG	60 VCA	115.30	--															
51713	PYCNOGENOL 100 MG	30 VCA	63.10	--															
33532	PYCNOGENOL 50 MG	120 CAP	120.50	--															
28337	PYCNOGENOL 50 MG	60 CAP	62.90	--															
23827	QUERCETIN	120 CAP	35.30	--															
19150	QUERCETIN 250	60 CAP	20.20	--															
52407	R LIPOIC ACID 100 MG	120 VCA	75.80	--															
50282	RELDORA	180 VCA	67.70	--															
40514	RESVERATROL	120 CAP	36.30	--															
38354	RESVERATROL	60 CAP	20.50	--															
52701	RESVERATROL EXTRA	120 VCA	69.80	--															
52700	RESVERATROL EXTRA	60 VCA	39.00	--															
62515	REVITAL AGE	90 CAP	47.30	--															



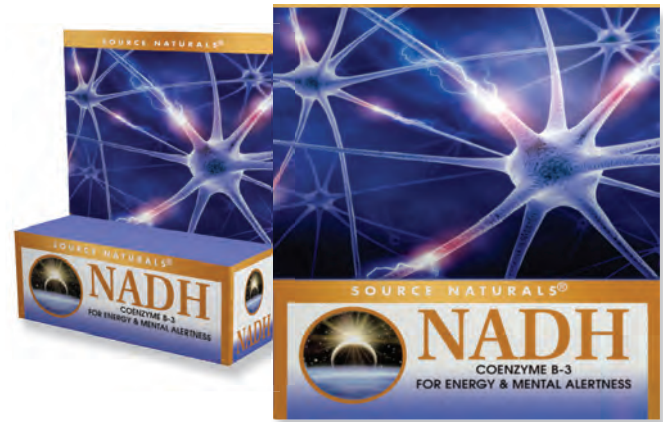


# Support Your Energy with Source Naturals® NADH

**35% Savings Every Day on Source Naturals® Brand**



NADH is a naturally occurring coenzyme derived from vitamin B-3 (niacin) found in all living cells. It plays a key role in the biochemical processes in the body that generate energy. NADH supports the production of ATP, which holds the energy cells require to fuel biological reactions. Whatever parts of your body need energy—the muscles, brain, or heart—there is a good chance that NADH helps provide that energy. Supplementation with Source Naturals® NADH may help support energy production and the maintenance of healthy ATP levels.\*



Available in 5 mg, 10 mg and 20 mg potencies

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



59833	TRUE ENERGY COCOAWELL	60 CAP	29.99	29.99
57557	UBIQUINOL COQ10 RESVER	60 CAP	54.99	54.99
62285	WHEY PROT PAK CH GR FD	12 PWD	29.99	29.99
64426	WHEY PROT PAK CH GR FD	10 PAK	31.49	31.49
64425	WHEY PROT PAK VN GR FD	10 PAK	31.49	31.49
62284	WHEY PROT VAN GRASS FD	12 PWD	29.99	29.99
62286	WHOLEGAMIC GREENS PWD	8.5 PWD	41.99	41.99

REVIVA LABS				
40740	BROWN SPOT NIGHT GEL	1.2 GEL	12.99	10.39
22115	BROWN SPOT/NIGHT CRM	1.2 CRM	11.99	9.59
54605	COLLAGEN FIBER EYE PAD	KIT KIT	38.00	30.40
58130	COLLAGEN FIBER EYE PAD	3PK PAD	20.99	16.79
27146	COLLAGEN NIGHT CREAM	1.5 CRM	13.99	11.19
58132	COLLAGEN SERUM	1.2 LIQ	24.99	19.99
57505	DMAE FIRMING FLUID	1.2	19.00	15.20
32396	ELASTIN NIGHT CRM	1.5 CRM	12.99	10.39
27147	EYE COMP FIRMING CRM	.75 CRM	12.99	10.39
63351	EYE GELLEC CONCENTRATE	1.2 GEL	11.00	8.80
58133	FAC CLEAN LIGHT BRIGHT	4.2 LIQ	9.49	7.59
42015	FIRMING EYE SERUM	1.2 CRM	19.00	15.20
54713	GLYCOLIC 10% NIGHT CRM	1.5 CRM	28.99	23.19
21833	GLYCOLIC ACID CRM	1.5 CRM	24.99	19.99
22196	GLYCOLIC ACID TONER	4.2 LIQ	12.00	9.60
24245	GLYCOLIC CLEANSER	4.2 CRM	11.99	9.59
44263	HYALURONIC SERUM	1.2 SER	21.99	17.59
24281	INTERCELL DAY CRM	1.5 CRM	13.99	11.19
24282	INTERCELL NIGHT GEL	1.2 GEL	13.99	11.19
45449	K CREAM	1.5 CRM	19.00	15.20
27196	LIGHT SKIN PEEL 1.5 OZ	1.5 CRM	21.99	17.59
40143	LIPIC ACID CRM	2.2 CRM	22.99	18.39
57910	MAKEUP PRIMER	1.2 LIQ	19.99	15.68
58131	NOURISHING EFAS CRM	1.5 CRM	24.99	19.99
27148	SEAWEED FACE MASK	1.5 CRM	11.99	9.59
24283	SKIN ENERGIZING GEL	2.2 GEL	10.99	8.79
57380	SKIN LIGHT DAY CRM	1.5 CRM	12.99	10.39
54606	UNDER EYE DARK CIRCLE	1.2 SER	29.00	23.20
56938	VARIKOSE VEIN LOT	8.2 LOT	22.99	18.39

RIDGECREST HERBAL				
57887	ADRENAL FATIGUE FIGHTR	60 CAP	24.99	19.99
64743	ANXIETY FREE	60 CAP	24.99	19.99
38783	ASTHMA CLEAR EPW/FREE	60 CAP	19.99	15.99
60277	CLEAR LUNGS EXTRA STRE	120 CAP	39.99	31.99
30848	CLEAR LUNGS RED	120 CAP	32.99	26.39

ROWELL LABORATORIES				
62869	ANTIFUNGAL CRM NATURAC	25G CRM	11.95	10.75
64453	PSORIASIS CARE	3.5 CRM	19.95	17.95
62868	ROSACEA CRM NATURACARE	25G CRM	22.95	20.65

RX VITAMINS				
45128	ACID BLOCK (GES 5)	60 CHW	20.00	16.00
58918	ALGINATE PLUS	120 CAP	30.00	24.00
40403	BONE DENSITY	180 CAP	29.00	23.20
45490	CAL MAG CHW	90 CHW	12.00	9.60
53892	D3 LIQ 2000 IU	1.2 LIQ	20.00	16.00
40263	ENZYME FORM ACTIVATED	90 CAP	31.00	24.80
40260	LICORICE CHEWABLE	90 CHW	19.00	15.20
40434	OCULAR FORMULA	90 CAP	31.00	24.80
40258	POLICOSANOL 10	60 CAP	24.00	19.60
40259	PROSTATE ADVANCED FORM	90 SGC	38.00	30.40

SANHELIOS				
19868	CIRCU CAP	48 CAP	19.99	15.99
19849	CIRCU CAP	96 CAP	33.99	27.19
38640	CIRCU CAP ONE A DAY	50 SGC	26.99	21.59
45001	CURBITA 1000 MG BLADDE	30 SGC	24.99	19.99

SANTEVIA				
61689	ALKALINE PITCHER FLTR	EA MIS	15.99	15.99
61688	ALKALINE PITCHER WHITE	EA MIS	59.99	59.99
63402	ALKALINE WATER STICK	EA STK	14.99	14.99

SAVANNAH BEE COMPANY				
65029	BODY BUT ROY JEL SENS	1.6 BUT	12.90	11.61
65028	BODY BUTTER ROYAL JEL	1.6 BUT	12.90	11.61
65109	HONEY ACACIA RAW	20Z LIQ	27.00	24.30
64924	HONEY ORANGE BLOSSOM	20Z LIQ	21.70	19.53
64923	HONEY TUPELO RAW	20Z LIQ	27.00	24.30
64925	HONEY WILDFLOWER	20Z LIQ	21.70	19.53

SCANDINAVIAN FORMULA				
44062	SALIVASURE DRY MOUTH	90 LOZ	9.95	7.96
25610	SHARK LIVER OIL 500 MG	120 SGC	39.95	31.96
18476	STRIX BILBERRY EXT 80	60 CAP	19.95	15.96

SCHIFF PRODUCTS				
29644	CAL MAG SUP 1200 W/D	90 SGC	11.39	9.11
11112	CAL MAG W/D SOFTGEL	100 SGC	9.59	7.67
22065	CALCIUM 1200 SUPER W/D	120 SGC	14.19	11.35
63228	DIGESTIV ADVTG GAS DEF	32 CAP	14.69	11.75
30016	KNOCKOUT MELATONIN + VAL	50 TAB	22.89	18.31
60933	MEGA RED OMEGA 3 KRILL	60 SGC	48.59	38.87
25428	MELATONIN 3	60 TAB	9.29	7.43
25430	MELATONIN PLUS 3 MG	180 TAB	11.99	9.59
55288	MOVE FREE PLUS MSM ADV	120 TAB	38.19	30.55

SCIENTIFIC BOTANICAL				
51319	ANANACUR CURCUMIN BROM	60 CAP	18.00	18.00
17513	BETA PLEX	1.2 LIQ	19.50	19.50
17538	CRATOXY HAWTHORN SOLID	4.2 PWD	28.00	28.00
17528	FOURINSE	1.2 LIQ	19.50	19.50

55119	HYDROXO 12	.5Z LIQ	30.00	30.00
50634	K QUINONE K1 2 MG	.5Z LIQ	22.50	22.50
17535	LICROGEL	1.2 GEL	18.00	18.00
50666	MAXIFLAV QUERCETIN 300	80 CAP	27.00	27.00
17510	MAXIFLAV QUERCETIN PWD	30G PWD	30.00	30.00
23523	NATXROOT (LICORICE)	8.2 LIQ	31.50	31.50
17540	NATX RT (LICORICE)	4.2 LIQ	18.00	18.00
51239	PEPLIC DGL	1.4 PWD	12.00	12.00
17527	SELENIUM 50 MCG	1.2 LIQ	12.00	12.00
17531	TRI QUENCH POT IODIDE	1.2 LIQ	37.50	37.50

SCIENTIFIC CONSULTIN				
19790	B12 HYDROXYCOBAL 1 MG	60 TAB	18.25	18.25
19760	CAL MAG ASPARTATE	100 CAP	16.50	16.50
43310	FOLIC ACID 10 MG NAT	50 LOZ	28.60	28.60
19828	MEGA VM VCAP	300 VCA	64.00	64.00
19833	MULTI VM TAB (#53)	120 TAB	30.60	30.60
62708	TABIT 500 MG	30 VCA	25.20	25.20
50289	TANALBIT	120 VCA	38.75	38.75
19767	TANALBIT	60 VCA	20.50	20.50
19769	VIRACIN	60 CAP	20.99	20.99

SEABUCK WONDERS				
64199	FACIAL CRM SEA BUCKTH	1.2 CRM	19.99	15.99
60205	OMEGA 7 COMP SEA BUCK	60 SGC	29.97	29.97
60203	SEA BUCKTHORN BERRY OG	1.7 LIQ	32.99	26.39
60204	SEA BUCKTHORN SEED ORG	1.2 LIQ	32.97	26.37

SEAGATE				
62221	ARTICHOKE 400 MG	100 VCA	9.99	7.96
39901	BROCCOLI SPROUTS 250	100 VCA	33.95	27.16
39900	BROCCOLI SPROUTS 250	50 VCA	17.95	14.36
62265	BYE BYE DIAPER RASH	2.2 SPY	9.95	7.96
61117	CUT & WOUND REMEDY	1.2 SPY	14.00	11.20
52144	EARACHE REMEDY	.5Z LIQ	9.75	7.80
29976	GRAPE SEED EXT 250 MG	30 CAP	17.95	14.36
29977	GRAPE SEED EXT 250 MG	90 CAP	26.50	21.20
62580	LEMON 450 MG	100 VCA	17.95	14.36
62263	LEMON POWDER 100 GM	100 PWD	23.50	18.80
53107	LYCOPENE 15	90 VCA	19.99	15.99
50624	MARINE PROTEIN 700 MG	300 VCA	35.00	28.00
53969	NOPAL CACTUS	180 VCA	17.95	14.36
62264	OLIVE LEAF ACNE REMEDY	1.2 DRP	14.95	11.96
32899	OLIVE LEAF EXT 450 MG	45 VCA	16.50	13.20
32700	OLIVE LEAF EXT 450 MG	90 VCA	29.95	23.96
51358	OLIVE LEAF EXT 450 MG	250 VCA	76.00	60.80
65412	OLIVE LEAF EXTRACT	2.2 LIQ	9.99	7.99
59025	OLIVE LEAF MINT TEA	24 BAG	7.75	6.20
42582	OLIVE LEAF NASAL SPRAY	1.2 SPY	9.95	7.96
42279	OLIVE LF THROAT SPY RS	1.2 SPY	9.95	7.96
42278	OLIVE LF THROAT SPY RS	1.2 SPY	9.95	7.96
51011	OLIVE OIL EXTRA VIRGIN	100 SGC	18.00	14.40

59024	OLIVE RECTAL SPRAY	1.2 SPY	14.95	11.96
58271	OLIVE VAGINAL SPRAY	1.2 SPY	14.95	11.96
44145	OLIVEVATE SKIN CREAM	1.2 CRM	12.95	10.36
39899	OMEGA 3 SHARK LIVER OL	100 CAP	16.00	12.80
65328	POMAGRANATE 500 MG	100 CAP	19.75	15.80
54863	SEAWEED PWD FD	300 PWD	21.95	18.65
27000	SHARK CARTILAGE 650 MG	300 VCA	78.29	62.63
26999	SHARK CARTILAGE 650 MG	100 CAP	29.49	23.59
51806	STOP RASH	2.2 SPY	9.95	7.96
64862	SURFACE CLEAN OLIVE LF	2.2 LIQ	8.99	7.19

SHIKAI				
38524	50 + BORAGE HAND CRM	2.2 CRM	8.49	6.79
58215	BORAGE DRY FOOT CRM	4.2 CRM	11.49	9.19
36607	BORAGE DRY SKIN CHLD S	8.2 LIQ	13.59	10.87
55186	BORAGE EYE CREAM	.5Z CRM	17.99	14.39
63319	BORAGE FACIAL CLEANSER	6.2 CRM	11.99	9.59
63320	BORAGE FACIAL SCRUB S	4.2 CRM	13.99	11.19
61047	BORAGE SKIN THR ADV FF	8.2 LOT	15.99	12.79
55294	FACIAL MOIST BORAGE	2.2 CRM	17.99	14.39
33976	HAND & BODY LOT CUCUM	8.2 LOT	8.99	7.19
61045	HAND & BODY LOT STARFR	8.2 LOT	8.99	7.19
33978	HAND & BODY LOT YUZU	8.2 LOT	8.99	7.19
33742	SHAMPOO FINE	12Z LIQ	7.99	6.39
33747	SHAMPOO PERMED	12Z LIQ	7.99	6.39
33735	SHOWER GEL MST FR VAN	12Z GEL	9.59	7.67
42257	SHOWER GEL SANDALWOOD	12Z LOT	9.59	7.67
38525	SKIN LOT BORAGE ADULT	8.2 LOT	14.49	11.59

SIMILASAN				
36130	ALLERGY EYE #2 VIALS	20 VIL	20.19	16.15
22112	ALLERGY EYE RELIEF #2	10M LIQ	13.89	11.11
56514	ANXIETY RELIEF	15G LIQ	13.89	11.11
58025	COLD & MUCUS RELIEF	4.2 LIQ	10.39	8.31
37844	COMPUTER EYE FATIGUE #3	10M LIQ	13.89	11.11
58024	COUGH RELIEF KIDS	4.2 SRP	10.39	8.31
38478	EAR DROPS	10M DRP	13.89	11.11
42830	EAR WAX RELIEF	10M LIQ	13.89	11.11
44667	IRRITATED EYE RELIEF	10M LIQ	13.89	11.11
58138	NASAL ALLERGY RELIEF	.68 SPY	9.99	7.99
22111	RED DRY EYE #1 DROPS	10M LIQ	13.89	11.11
23800	SINUS RELIEF NASAL SPR	.68 LIQ	9.99	7.99
56515	SLEEPLESSNESS RELIEF	EA PEL	13.89	11.11
53645	STYE EYE RELIEF	10M LIQ	13.89	11.11

SMITHKLINE BEECHAM				
62573	ALIGN PROBIOTIC	42 CAP	47.59	47.59
63934	GIFT CERTIFICATE \$100	100 MIS	100.00	100.00
63932	GIFT CERTIFICATE \$50	\$50 MIS	50.00	50.00
63933	GIFT CERTIFICATE \$75	\$75 MIS	75.00	75.00





Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



**SOLARAY**

31774	5 HTP 100 MG W/ B6 & C	60 CAP	40.09	32.07
29115	5 HTP 100 MG W/ST JOHN	30 CAP	23.49	18.79
22334	A 25000 DRY EMULS	60 CAP	8.89	7.11
30163	ADRENAL CAP	60 CAP	9.49	7.59
64722	ADRENAL SUCCESS	60 VCA	29.49	23.59
20859	ALFAJUICE 550 CAP	180 CAP	13.19	10.55
28206	ALFAFA 500 MG	100 CAP	7.99	6.39
23704	ALOE VERA GEL CAPS	100 CAP	10.59	8.47
31825	ASHWAGANDHA EXT 470 MG	60 CAP	21.99	17.59
32653	ASTRAGALUS EXT	30 CAP	10.59	8.47
28204	ASTRAGALUS ROOT 400 MG	100 CAP	9.69	7.75
23546	B 100 COMPLEX CAP	100 CAP	23.59	18.87
25175	B 50 COMPLEX CAP	50 CAP	8.09	6.47
22337	B 50 COMPLEX CAP	250 CAP	30.99	24.79
34061	B COMPLEX 50	100 CAP	14.59	11.67
22336	B STRESS MEGA T/R	240 VCA	38.79	31.03
19327	B12 2000 SUBL LOZ	90 LOZ	13.39	10.71
40817	B12 5000 MCG	30 LOZ	13.19	10.55
22488	B12 W/FOLIC 1000/400 IZ	90 LOZ	12.19	9.75
55226	B6 100 MG TIME RELEASE	60 VCA	7.79	6.23
38448	BILBERRY & LUTIN	30 CAP	30.99	24.79
28938	BILBERRY 160 MG 1 DAY	30 CAP	29.99	23.99
18658	BILBERRY EXT 42 CAP	60 CAP	15.49	12.39
25458	BILBERRY EXT 60 MG	60 CAP	18.29	14.63
44937	BILBERRY EXT 60 MG	120 VCA	32.39	25.91
29197	BILBERRY EXTRACT 42 MG	120 CAP	27.99	22.39
31848	BIO E W/SELENIUM	60 PRL	15.69	12.55
24899	BIO E WITH SELENIUM	120 SGC	28.09	22.47
34859	BIO ZINC	100 CAP	7.99	6.39
59204	BIOTIN 5000 MCG TANGY	60 LOZ	16.59	13.27
36770	BITTER MELON EXT 500	30 CAP	16.89	13.51
22880	BLACK COHOSH 540 CAP	100 CAP	10.29	8.23
20831	BLOOD BLEND SP11A	100 CAP	10.79	8.63
28656	BOSWELLIA EXT 325 MG	60 CAP	20.89	16.55
40049	BROMELAIN 500 MG	60 CAP	23.39	18.71
18659	BUTCHERS BRM EXT 100 C	60 CAP	10.79	8.63
45313	BUTTERBUR EXT 50 MG	60 VCA	23.89	19.11
60937	C 1000 W/RH/AC T/R	100 VCA	14.79	11.83
23172	C 1000 W/RH/AC T/R	250 VCA	33.19	26.55
22339	C 1000 W/RH/ACEROLA CP	250 CAP	32.69	26.15
37283	C 500 BIO PLEX BUFF	250 CAP	22.49	17.99
25160	C BIO SUPER T/R BUFF	100 CAP	14.89	11.91
20290	C BIO SUPER T/R BUFF	250 CAP	28.89	23.11
21582	CAL ASPROTATE CAP	100 CAP	15.49	12.39
20730	CAL CITRATE SUP 132 MG	90 CAP	11.09	8.87
38635	CAL CITRATE W/D 250	90 CAP	9.39	7.51
40059	CAL CITRATE W/D 250	180 CAP	17.79	14.23
20753	CAL HYDRYAPAT 1000	120 CAP	24.89	19.75
31615	CAL MAG ASPROTATES	240 CAP	28.79	23.03
23543	CAL MAG CAP	180 CAP	16.79	13.43
22540	CAL MAG CITRATE CAP	90 CAP	11.69	9.35
22198	CAL MAG CITRATE CAP	180 CAP	21.69	17.35
31616	CAL MAG CITRATE W/D	90 CAP	11.29	9.03
36481	CAL MAG CITRATE W/D	180 VCA	20.29	16.23
60654	CAL MAG CT 2:1 O3 1000	180 CAP	20.79	16.63
23193	CAL MAG ZINC CAP	250 CAP	24.09	19.27
20790	CALCIUM CITRATE 250 MG	120 CAP	12.19	9.75
31613	CALCIUM CITRATE 250 MG	240 CAP	20.69	16.55
20811	CAPRYL CAP	100 CAP	12.69	10.15
23013	CAROTENE 10000 FOOD	100 PEL	11.69	9.35
34638	CAROTENE 10000 FOOD	200 PEL	21.09	16.87
31611	CAROTENE FOOD 25000	100 SGC	23.89	19.11
28664	CAROTENE FOOD 25000 S	200 SGC	47.59	38.07
45121	CATUABA BARK	100 CAP	14.39	11.51
25728	CAYENNE 100000 450 MG	100 CAP	12.19	9.75
25723	CAYENNE COOL 100 000	90 CAP	13.89	11.11
21800	CAYENNE COOL 40 000	90 CAP	9.69	7.75
20849	CELLULAR BLEND SP29	100 CAP	11.89	9.51
18672	CENTELLAWEIN FORM CAP	60 CAP	20.19	16.15
18660	CENTLLA ASIATCA MADAGA	60 CAP	12.59	10.07
20858	CHARCOAL ACTIVATED 280	90 CAP	11.09	8.87
32277	CHICKWEED	100 CAP	9.99	7.99
26301	CHROMIACIN 100 MG	100 CAP	15.29	12.23
20400	CHROMIACIN NO FLUSH	50 CAP	9.49	7.59
63739	CHROMIUM PICOL 200 MCG	200 TAB	15.49	12.39
33231	CHROMIUM PICOL 500 MCG	60 CAP	11.59	9.27
55295	CINNAMON BARK EXT 300	60 VCA	15.39	12.31
20832	CIRCULATION BLND SP11B	100 CAP	11.19	8.95
33105	CIRCULEGS	60 CAP	18.79	15.03
42826	CIRCULEGS	120 CAP	35.39	28.31
20834	COLD BLEND SP12	100 CAP	11.79	9.43
35916	CONTINENCE W/FLOWTRDL	60 CAP	30.09	24.07
29537	CORDYCEPS 520 MG	100 CAP	22.99	18.39
20817	CRANACTIN CAP	60 CAP	15.99	12.79
25471	CRANACTIN CAP	120 CAP	29.29	23.43
32323	CRANACTIN CAP	180 CAP	40.09	32.07
29849	CRANACTIN SUPER	60 CAP	21.99	17.59
63494	CRANACTIN SUPER	120 CAP	41.19	32.95
22343	CYSTEINE 500 CAP	30 CAP	10.59	8.47
53880	D MANNOSE W/CRANACTIN	60 VCA	28.99	23.19
62619	D MANNOSE W/CRANACTIN	120 VCA	55.19	44.15
58671	D3 400 IU	120 SGC	7.39	5.91
20812	DEVILS CLAW SPEC FORM	90 CAP	22.09	17.67
35754	DOPABEAN MUCUNA PRURN	60 CAP	23.49	18.79
22335	E 200 DRY MIXED CAP	100 CAP	18.09	14.47
23493	E 400	200 PRL	43.99	35.19
24467	E 400 DRY	100 CAP	27.99	22.39
41916	E P O 500 SGC	180 SGC	42.79	34.23
22976	ECHIN ANGST CAP	100 CAP	19.39	15.51
29840	ECHIN W/C & ZINC	100 CAP	19.09	15.27
20372	EYE BLEND SP23	100 CAP	15.49	12.39
22857	EYEBRIGHT 430 CAP	100 CAP	10.59	8.47
31612	FEMALE CAPS	60 CAP	12.39	9.91
20819	FERTILITY BLEND SP1	100 CAP	11.89	9.51
35310	FOLIC ACID 800 MCG	100 CAP	7.79	6.23
28207	GINGER ROOT	100 CAP	9.49	7.59
33234	GINGER ROOT EXT 250 MG	60 CAP	11.29	9.03
63918	GINGER RT ORGANIC 540	100 VCA	12.89	10.31
31857	GINGER TRIPS CHW	60 CHW	10.59	8.47
32403	GINKGO BILOBA 120 MG	30 CAP	22.79	18.23
20813	GINKGO BILOBA EXT 60	60 CAP	19.39	15.51

29198	GINKGO BILOBA EXT 60	120 CAP	37.79	30.23
20823	GLUCOCUT BLEND SP5 CAP	100 CAP	12.29	9.83
39065	GLUCOREG	30 CAP	21.09	16.87
52103	GLUCOSAMINE SULF 1500	120 VCA	30.69	24.55
25153	GLUTAMINE 500 FREE FM	100 VCA	17.09	13.67
32410	GOTU KOIA	100 CAP	9.49	7.59
29926	GRAPENOL 50 MG	60 CAP	19.19	15.35
35782	GREEN TEA EXT DE CAFF	30 CAP	15.09	12.07
28246	GTF CHROMIUM 200 MCG	200 CAP	12.79	10.23
43518	GUGGUL & RED YEAST RIC	60 CAP	15.49	12.39
52177	GUGGUL EXT 500 MG	60 CAP	23.89	19.11
30344	GYMHEMA LF EXT 385 MG	60 CAP	23.59	18.87
23073	HAIR BLEND SP 38	100 CAP	11.19	8.95
28322	HAWTHORN BERRIES	100 CAP	8.89	7.11
18674	HAWTHORN SPEC FORM CAP	90 CAP	23.89	19.11
23111	HCL W/PEPSIN 650 CAP	100 CAP	12.59	10.07
28086	HCL W/PEPSIN 650 CAP	250 CAP	26.09	20.87
20853	HISTAMINE BLEND SP33	100 CAP	11.39	9.11
32397	HORSE CHESTNUT EXT 400	60 CAP	13.99	11.11
32411	HORSTAIL SHAVEGRASS	100 CAP	8.99	7.19
35301	HUP A (HUPERZINE A)	60 CAP	24.09	19.27
60013	IBU ACTIN	60 VCA	21.49	17.19
29174	IMMUTAIN BLEND SP40	100 CAP	12.39	9.91
32709	INDOLE 3 CARBINOL 25	30 CAP	14.39	11.51
43231	INDOLE 3 SUPREME 200	30 VCA	39.29	31.43
42933	INDISTOL	2.7 PWD	17.49	13.99
20824	KIDNEY CORNSLK SP6	100 CAP	9.89	7.91
51188	KUDZU ROOT EXT	60 CAP	18.39	14.71
22344	LECITHIN OIL FREE CAP	250 CAP	21.69	17.35
50934	LITHIUM ASPARTATE 5 MG	100 CAP	12.69	10.15
34432	LIVER BLEND SP 13	100 CAP	9.39	7.51
31350	LUTEIN EYES 18 MG	60 CAP	34.29	27.43
33963	LUTEIN EYES 6 MG	60 CAP	15.89	12.71
36482	LUTEIN EYES ADV 24 MG	30 CAP	30.09	24.07
25792	LYSINE 500 FREE FORM	120 CAP	11.89	9.51
60445	MAG ASPROTATE	180 CAP	20.39	16.31
20794	MAG ASPROTATE 400 MG	60 CAP	7.99	6.39
20795	MAG ASPROTATE 400 MG	120 CAP	14.89	11.91
40478	MAG BIODICITRATE 133 MG	90 VCA	11.89	9.51
63789	MAG GLYCINATE 400 MG	120 VCA	19.09	15.27
22078	MAG POT ASPR W/BROM C	120 CAP	18.79	15.03
27313	MAGNESIUM 200 MG	100 CAP	11.59	9.27
32412	MAITAKE MUSHROOM	100 CAP	20.49	16.39
22357	MANGANESE 50 CAP	100 CAP	7.99	6.39
22681	MANGANESE ASPROTATE CP	100 CAP	9.29	7.43
42142	MELATONIN 3 MG W/VALER	60 CAP	10.59	8.47
20850	MEMORY BLEND SP30 CP	100 CAP	10.79	8.63
51249	MILK THISTLE 350 1 DAY	60 CAP	33.89	27.11
18664	MILK THISTLE 175 CAP	60 CAP	18.49	14.79
32550	MILK THISTLE 350 1 DAY	30 CAP	18.99	15.19
27046	MILK THISTLE PHYTOSOM	60 CAP	30.79	24.03
36504	MOIRA PUAMA ROOT 300	100 CAP	13.89	11.11
27117	MULLEIN LEAVES	100 CAP	9.39	7.51
52991	MULTI MINERAL NO IRON	200 CAP	20.39	16.31
25546	MULTIDOPHILUS	100 CAP	16.59	13.27
20729	MULTIMIN ASPROTATES	120 CAP	19.09	15.27
55929	NATURAL CHANGE SP 7D SR	100 VCA	11.99	9.59
20835	NERVE BLEND SP14	100 CAP	9.49	7.59
25729	NETTLE LEAVES 450 MG	100 CAP	9.89	7.91
44659	NETTLE LF ORGANIC	60 VCA	12.09	9.67
51718	NETTLE ROOT 300 MG	100 CAP	17.09	13.67
33038	NIACINAMIDE 500	100 CAP	8.09	6.47
35951	OLIVE LEAF 1000 MG	30 CAP	43.49	34.79
34256	OLIVE LEAF 250 MG	60 CAP	22.79	18.23
32631	OLIVE LEAF 300 MG OLEA	100 CAP	15.49	12.39
29850	OLIVE LEAF EXT 250 MG	30 CAP	12.29	9.83
38877	ONCE DAILY IRON FREE	60 CAP	17.49	13.99
57777	ONCE DAILY IRON FREE	60 CAP	19.99	15.99
31622	OPTI ZINC 30 MG	60 CAP	7.09	5.67
62578	ORAL FLORA MINT	30 LOZ	17.69	14.15
29841	OREGON GRAPE ROOT	100 CAP	14.39	11.51
28440	ORIGINAL GREENS	80Z PWD	34.49	27.59
50390	PANTOTHENIC ACID 250	100 CAP	8.39	6.71
34540	PANTOTHENIC ACID 500	250 CAP	29.19	23.35
27710	PASSION FLOWER	100 CAP	8.89	7.11
53614	PASSION FLOWER EXT	60 VCA	13.59	10.87
27012	PHYTOESTROGEN	120 CAP	23.89	19.11
29251	POLLEN BLOCK	30 CAP	15.89	12.71
39935	POMEGRANATE 200 MG	60 CAP	19.59	15.67
51722	PRICKLY PEAR 500 MG	100 VCA	13.39	10.71
20837	PROSTATE BLEND SP16	100 CAP	11.19	8.95
18665	PYGUEM AFRICAN EXT 50	60 CAP	22.79	18.23
53188	PYGUEM EXT ONE DAY	30 CAP	24.69	19.75
25443	PYGUEM SAW PALM W/CRAV	90 CAP	26.89	21.51
21764	PYGUEM/SAW PALM CAP	120 CAP	37.39	29.91
20404	PYGUEM/SAW PALMETTO CP	60 CAP	19.19	15.35
26424	QBC PLEX	120 CAP	31.89	25.51
37578	QUERCETIN 500 MG	90 CAP	22.79	18.23
61542	RED MARINE ALGAE 375	100 CAP	16.89	13.51
63891	RED RASPBERRY 400 MG	100 CAP	10.09	8.07
32422	RED ROOT	100 CAP	11.39	9.11
43809	RED YEAST RICE + COQ10	60 CAP	31.59	25.27
34173	RED YEAST RICE 600 MG	45 CAP	15.89	12.71
39282	RED YEAST RICE 600 MG	90 CAP	29.19	23.35
52835	RED YEAST RICE 600 MG	120 CAP	36.19	28.95
27023	REISHI MUSHROOM	100 CAP	19.49	15.59
20821	RESPIRATION BLEND SP3	100 CAP	9.69	7.75
52591	RHOIOLA SUPER 500 MG	60 VCA	26.69	21.35
32415	ROSE HIPS	100 CAP	10.59	8.47
26934	SAW PALM BER EX 160 CP	120 SGC	35.89	28.71
20815	SAW PALM BER EX 160 CP	60 CAP	18.39	14.71
28265	SAW PALM PYGUEM 1 DAY	30 PRL	41.79	33.43
23584	SAW PALMETTO BERRY	180 CAP	20.59	16.47



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Also, this facilitates the adjustment of the calcium:magnesium ratio to better favor magnesium.

- The consensus of opinion among experts is that the ratio of magnesium to calcium should be higher than 1:2. The level of Magnesium in Willvite has been increased from 500 mg to 600 mg, thus altering the magnesium to calcium ratio from 1:2 to 3:4.

- There are two versions of Willvite, with Iron and without Iron. The version containing Iron only provides 9 mg per day, which is 1/2 of the daily recommended dose. Much of the advice to avoid iron is unfounded, and it should be remembered that iron is an essential and extremely important mineral. To accommodate those who truly require an iron-free version, we have made it available.

- To facilitate the absorption of the macro minerals, calcium and magnesium, while, at the same time allowing for the full 800 mg and 600 mg doses, we have utilized a blend of organic (citrate and aspartate) and inorganic forms (carbonate and oxide). The trace minerals (zinc, copper, selenium, etc) are in organic (chelated) forms. For optimal absorption, take Willvite with meals.

- Zinc has been reduced from 30 mg to 20 mg, to comply with the latest recommendations. Likewise, Selenium has been reduced from 200 mcg to 100 mcg. Chromium has been reduced from 200 mcg to 100 mcg. These adjustments address concerns about higher dose levels, and allow for additional supplementation when necessary.

- Lycopene, has been added, at a level of 2 mg.

- The level of Lutein has been increased from 1 mg to 2 mg.

- The level of CoQ10 has been increased from 5 mg to 20 mg.

Don Goldberg



Willvite: New Dosage Levels		
Ingredient	Per Two Tabs	Per Four Tabs
Vitamin A (acetate)	2,500 IU	5,000 IU
Natural Beta Carotene (D. Salina)	7,500 IU	15,000 IU
Vitamin C (ascorbic acid/calcium ascorbate)	375 mg	750 mg
Vitamin D-3 (cholecalciferol)	400 IU	800 IU
Vitamin E (d-alpha tocophneryl succinate)	150 IU	300 IU
Vitamin K2 (as MK7)	30 mcg	60 mcg
Vitamin B1 (thiamine)	15 mg	30 mg
Vitamin B2 (riboflavin)	15 mg	30 mg
Niacin (as niacinamide)	25 mg	50 mg
Vitamin B6 (pyridoxine)	15 mg	30 mg
Folic Acid	200 mcg	400 mcg
Vitamin B12 (as Methylcobalamin)	100 mcg	200 mcg
Biotin	150 mcg	300 mcg
Pantothenic Acid (d-calcium pantothenate)	25 mg	50 mg
Calcium (carbonate and citrate)	400 mg	800 mg
Iron (rice chelate)	4.5 mg	9 mg
Iodine (from Norwegian kelp)	75 mcg	150 mcg
Magnesium (oxide and aspartate)	300 mg	600 mg
Zinc (amino acid chelate)	10 mg	20 mg
Selenium (L-selenomethionine)	50 mcg	100 mcg
Copper (chelated copper gluconate)	1 mg	2 mg
Manganese (chelated manganese gluconate)	2.5 mg	5 mg
Chromium (as picolinate)	50 mcg	100 mcg
Molybdenum (chelate)	75 mcg	150 mcg
Potassium (amino acid chelate)	25 mg	50 mg
Choline Bitartrate	25 mg	50 mg
Inositol	12.5 mg	25 mg
PABA (para amino benzoic acid)	5 mg	10 mg
CoQ10	10 mg	20 mg
Boron (citrate, aspartate, glycinate)	0.5 mg	1 mg
Lutein	1 mg	2 mg
Silicon (from horsetail)	175 mcg	350 mcg
Vanadium (sulfate)	5 mcg	10 mcg
Lycopene	1 mg	2 mg
Grape Seed Extract	12.5 mg	25 mg

\* Willvite (regular, with iron) provides 50% US Daily Value per 4 tablets, or 25% Daily Value per 2 tablets. For those who want no iron in their multi, there is an iron-free version of Willvite available as well.

## New, Improved Willvite Multivitamin/Multimineral Tablets

*How do you make the best even better?  
Incorporate the latest research!*

- Reduce calcium from 1000mg to 800 mg ~ • Increase magnesium from 500mg to 600 mg
- Increase vitamin D3 from 400 IU to 800 IU ~ • Increase vitamin B12 from 100 mcg to 200 mcg
- Reduce selenium from 200 mcg to 100 mcg ~ • Reduce chromium from 200 mcg to 100 mcg
- Use chelates and active coenzyme forms ~ • Add natural lycopene, 2 mg
- Increase lutein from 1 mg to 2 mg ~ • Increase CoQ10 level from 5 mg to 20 mg
- Increase levels of B-vitamins by 20% ~ • Reduce zinc to 20 mg

Willvite is a unique, specially designed multivitamin-multimineral supplement, designed to satisfy the needs of those seeking to limit their supplement intake to as few products as possible, as well as those looking for the best "foundation" formula to which they can add specific nutrients relative to their individual health requirements.

**Ask for New Willvite Tablets -- Available Now!**

**Willvite, 120 Tabs, Product Code: 30439**  
**Willvite, Iron Free, 120 Tabs, Product Code: 44384**

Willvite: Suggested Dose: 2 to 4 tablets daily.





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



13055	D3 1000 SGC	100	SGC	7.10	5.68	13533	HEMATINIC TAB	100	TAB	12.98	10.38	13376	POT GLUCONATE 99 MG	250	TAB	18.55	14.84	62750	ESSENTIAL SHATUM KAUR	EA	CDR	17.98	17.98		
13056	D3 1000 SGC	250	SGC	12.88	10.30	13638	HERBAL WATER PILL	100	VCA	17.49	13.99	13666	POT/MAG ASPARTATE VCAP	90	VCA	13.98	11.18	62743	FINDING TRUE REFUGE	EA	CDR	24.95	24.95		
60234	D3 1000 TAB	90	TAB	8.25	6.60	29040	HOMOCYSTEINE MODULATOR	60	VCA	11.98	9.58	30194	PRENATAL NUTRIENTS TAB	240	TAB	25.25	20.20	63528	GIFTS IMPER PARENTING	EA	CDR	19.95	19.95		
59856	D3 10000 IU	120	SGC	17.49	13.99	21843	HY BIO TAB W/BIOFLAV	100	TAB	13.98	11.18	58602	PRO BIO BEADS 2 BILL	30	PRL	16.49	13.19	64334	HARMONIZE YOUR HOME	EA	CDR	16.98	16.98		
56274	D3 2200 IU	100	VCA	12.98	10.38	13230	HY BIO TAB W/BIOFLAV	250	TAB	30.89	24.71	64737	PROBI 20 BILLION	30	VCA	29.98	23.98	63526	IN MOTION	EA	CDR	16.98	16.98		
13053	D3 400 SGC	100	SGC	6.98	5.58	13234	HY C TAB W/BIOFLAV	250	TAB	26.79	21.43	65407	PROBI 30 BILLION	30	VCA	39.99	31.99	62744	KARMA	EA	CDR	19.95	19.95		
13054	D3 400 SGC	250	SGC	11.98	9.58	13233	HY C TAB W/BIOFLAV	100	TAB	11.98	9.58	22980	PROLINE 500 VCAP	100	CAP	22.65	18.12	65170	KIND AWARENESS	EA	CDR	19.95	19.95		
57134	D3 5000 IU	120	VCA	21.05	16.84	51542	HYALURONIC ACID 120 MG	30	TAB	20.59	16.47	24095	PROLINE/LYSINE TAB	90	TAB	20.59	16.47	63305	KIRTRONICA	EA	CDR	16.98	16.98		
59857	D3 5000 IU LIQ DRNG	2.2	LIQ	8.98	7.18	60997	HYDROXY CITRATE 500 MG	60	VCA	12.90	10.32	30512	PROSTATE SUPPORT 6 S	60	VCA	34.39	27.51	65143	LIFELINE	EA	CDR	16.98	16.98		
58404	D3 5000 IU SGC	100	SGC	14.98	11.98	13138	INOSITOL 500 VCAP	100	CAP	15.45	12.36	13485	PSYLLIUM HUSKS VCAP	200	CAP	18.45	14.76	65162	LIGHT BODY SOUND HEAL	EA	CDR	16.98	16.98		
58106	D3 5000 VCAP	240	VCA	33.99	27.19	13331	IRON CHEL TAB	100	TAB	10.20	8.16	13486	PSYLLIUM HUSKS VCAP	500	CAP	39.15	31.32	65165	LIVING IN WISE MIND	EA	CDR	24.95	24.95		
52603	D3 600 IU VCAP	60	VCA	7.90	6.32	29138	IRON GENTLE 25 MG	90	CAP	10.88	8.70	13487	PSYLLIUM SEED HUSKS OZ	10	PWD	13.98	11.18	65166	MEDIT FOR INNER SHAMAN	EA	CDR	24.95	24.95		
52604	D3 600 IU VCAP	120	VCA	12.90	10.32	29139	IRON GENTLE 25 MG	180	CAP	19.55	15.64	20069	PYCNOGENOL 100 MG	30	VCA	57.69	46.15	63278	MEDITAT FOR YOGA LOVER	EA	CDR	19.95	19.95		
27747	DHA 100 MG NEUROMINS	60	SGC	25.75	20.60	32371	ISOFIOLAV CONC SUPER	60	TAB	21.60	17.28	13548	PYCNOGENOL 30 CAP	60	VCA	37.59	30.07	65169	MEDITAT OF THE HEART	EA	CDR	19.95	19.95		
63445	DHA 100 MG VEG	30	SGC	13.98	11.18	37494	ISOFIOLAV CONC SUPER	120	TAB	39.15	31.32	13550	QUERCETIN COMPLEX VCAP	100	VCA	24.70	19.76	62748	MEDITATION	EA	CDR	19.95	19.95		
59607	DHA 200 MG VEG OMEGA 3	50	SGC	29.85	23.88	13295	K 100 MCG TAB	250	TAB	14.90	11.92	50889	RED YEAST RICE 600 MG	60	VCA	15.30	12.24	60739	MEDITATIONS FOR HAPP	EA	CDR	24.95	24.95		
13470	DIGESTIVE AID TAB	100	TAB	12.90	10.32	13294	K 100 MCG TAB	100	TAB	7.80	6.24	50690	RED YEAST RICE 600 MG	120	VCA	28.20	22.56	62747	MEN WOMEN WORTHINESS	EA	CDR	19.95	19.95		
13471	DIGESTIVE AID TAB	250	TAB	30.80	24.64	53917	K2 100 MCG MK 7	50	VCA	19.55	15.64	26104	REISHI SHITAKE MAITKE	50	CAP	21.40	17.12	63355	MINDFULNESS FOR BEGINN	EA	CDR	19.95	19.95		
13476	DIGESTIVE AID TAB VEG	100	CHW	12.90	10.32	42916	KANGAVITES BERRY	120	CHW	16.39	13.11	53916	RESVERATROL 100 MG	60	VCA	25.65	20.52	63340	MUSIC TO CALM YOUR PUP	EA	CDR	14.98	14.98		
13477	DIGESTIVE AID TAB VEG	250	CHW	29.79	23.83	42918	KANGAVITES TRIP PUNCH	120	CHW	16.39	13.11	57593	RESVERATROL 250 W/RW	30	SGC	25.79	20.63	65158	NEURODHARMA OF LOVE	EA	CDR	29.95	29.95		
13475	DIGESTIVE AID TAB VEG	50	CHW	7.90	6.32	13640	KELP 520 VCAP	100	CAP	12.98	10.38	29042	RHODIOLA ROOT EXT 250	60	VCA	18.55	14.84	64328	NEUROSCULPT STRESS REL	EA	CDR	19.95	19.95		
12992	DLPA 500 VCAP	100	CAP	25.85	20.52	13641	KELP 520 VCAP	250	CAP	22.65	18.12	52151	RIBOSE POWDER	5.3	PWD	30.89	24.71	60759	PASSWORD	EA	CDR	17.98	17.98		
13273	E 100 MIXED SGC	100	SGC	7.98	6.38	13362	KELP TAB	250	TAB	14.98	11.98	13551	RNA DHA 100-100 TAB	100	TAB	24.70	19.76	62749	PRANA PULSE	EA	CDR	16.98	16.98		
13290	E 1000 MIXED SGC	100	SGC	30.89	24.71	19357	LACTASE CHW 3500 TAB	60	TAB	18.45	14.76	13591	ROYAL JELLY 500 SGC	60	SGC	20.59	16.47	65171	RISING MUSIC PULSE LIF	EA	CDR	16.98	16.98		
40469	E 1000 MIXED VEG SGC	100	SGC	51.49	41.19	13502	LECITHIN 21 SGC	100	SGC	11.38	9.10	13237	RUTIN 50 TAB	100	TAB	6.90	5.52	65161	SARASWATI DREAMS	EA	CDR	16.98	16.98		
13276	E 200 ALPHA SGC	100	SGC	11.98	9.58	13503	LECITHIN 21 SGC	250	SGC	24.70	19.76	13240	RUTIN 500 TAB	100	TAB	13.98	11.18	62742	SHAKTI MEDITATIONS	EA	CDR	29.95	29.95		
13258	E 200 DRY VCAP	100	CAP	17.20	13.76	13506	LECITHIN GRANULES 95	162	PWD	17.49	13.99	13241	RUTIN 500 TAB	250	TAB	28.85	23.08	64333	SONGS OF UNTETHER SOUL	EA	CDR	16.98	16.98		
13279	E 200 MIXED SGC	100	SGC	11.98	9.58	13505	LECITHIN GRANULES 95	82	PWD	9.98	7.98	21539	SAW PALM 520 VCAP	100	CAP	18.55	14.84	63440	THROUGH A CATS EARS	EA	CDR	14.98	14.98		
40464	E 200 MIXED VEG SGC	100	SGC	20.59	16.47	28291	LECITHIN DEGLYCERYRRHIZE	60	VCA	11.98	9.58	31371	SAW PALM BERRY EXT	180	CAP	52.50	42.00	62740	TIBETAN BOWL MEDITAT	EA	CDR	11.98	11.98		
13282	E 400 ALPHA SGC	100	SGC	16.49	13.19	13580	LINSEED OIL 1250 SGC	90	SGC	11.98	9.58	26774	SAW PALM BERRY EXT 150	60	VCA	20.59	16.47	62746	TIBETAN HEALING MUSIC	EA	CDR	21.98	21.98		
13284	E 400 ALPHA SGC	250	SGC	35.00	28.00	29102	LIPIC ACID 120 MG	60	VCA	12.48	9.98	26105	SAW PALM PYGEUM LYCOPN	50	CAP	25.75	20.60	63525	TRIP TRACKS	EA	CDR	16.98	16.98		
13262	E 400 DRY CAP	100	CAP	26.69	21.35	31689	LIPIC ACID 200 MG	50	VCA	16.95	13.56	13387	SELENIUM 100 YEAST TAB	100	TAB	7.90	6.32	65164	TRIP TRACKS ECSTASY	EA	CDR	16.98	16.98		
13286	E 400 MIXED SGC	100	SGC	16.49	13.19	26620	LIPIC ACID 60 MG	60	VCA	10.00	8.00	13380	SELENIUM 200 YEAST FR	250	TAB	26.69	21.35	65159	UNRAVEL	EA	CDR	16.98	16.98		
13287	E 400 MIXED SGC	250	SGC	32.95	26.36	50672	LIPIC ACID 600 MG	50	TAB	30.89	24.71	13391	SELENIUM 200 YEAST FR	100	TAB	11.90	9.52	63527	WHEN PAIN IS THE DOORW	EA	CDR	19.95	19.95		
13285	E 400 MIXED SGC	50	SGC	8.98	7.18	13536	LIPOTROPIC FACTORS TAB	100	TAB	20.59	16.47	13390	SELENIUM 200 YEAST FR	250	TAB	21.85	23.88	64329	YOGA IS LOVE	EA	CDR	16.98	16.98		
40466	E 400 MIXED VEG SGC	100	SGC	26.79	21.43	13577	LIVER DESSICATED TAB	250	TAB	20.50	16.40	13384	SELENIUM 200 YEAST TAB	100	TAB	12.98	10.38	64410	YOGA MAMA YOGA BABY	EA	CDR	24.95	24.95		
13293	E LIQ 20 000 I.U.	4	LIQ	19.55	15.64	28289	LIVER HERBAL CMP SFP	50	VCA	20.59	16.47	13383	SELENIUM 200 YEAST TAB	100	TAB	8.00	6.40	64326	YOUR CREATIVE SOUL	EA	CDR	29.95	29.95		
13292	E LIQ E	2.2	LIQ	12.98	10.38	57710	LUTEIN 20 MG SGC	60	SGC	26.79	21.43	13377	SELENIUM 50 YEAST TAB	100	TAB	3.00	2.40								
31513	E P D 1300 MG	60	SGC	13.98	11.18	57711	LUTEIN 40 MG SGC	30	SGC	24.70	19.76	19349	SHARK CARTILAGE	90	CAP	30.80	24.64								
19841	E P D 500 SGC	90	SGC	8.98	7.18	29103	LUTEIN CAROTENOID CMP	30	VCA	18.00	14.40	19350	SHARK CARTILAGE	180	CAP	55.60	44.48								
22984	E P D 500 SGC	180	SGC	16.49	13.19	29246	LUTEIN LYCOPENE CAROTE	30	VCA	19.55	15.64	25279	SHARK LIVER OIL CMP	60	SGC	16.20	12.96								
13268	E P D 5000 YF VCAP	100	VCA	20.50	16.40	13012	LYSINE 1000 TAB	100	TAB	12.98	10.38	19363	SILICA OCEANIC 25 VCAP	100	CAP	13.98	11.18								
13410	EARTH SOURCE MULTI TAB	90	TAB	29.49	23.59	13013	LYSINE 1000 TAB	250	TAB	27.79	22.23	13650	SILICA VEG 520 VCAP	100	CAP	13.98	11.18								
13411	EARTH SOURCE MULTI TAB	180	TAB	56.79	45.43	13008	LYSINE 500 CAP	50	CAP	7.90	6.32	13341	SOLAMINS TAB	90	TAB	15.45	12.36								
26767	ECHIN HERB EXT	60	VCA	16.49	13.19	13009	LYSINE 500 CAP	100	CAP	12.90	10.32	13342	SOLAMINS TAB	180	TAB	27.79	22.23								
13618	ECHINACEA 520 VCAP	100	CAP	14.98	11.98	13010	LYSINE 500 CAP	250	CAP	27.79	22.23	13439	SOLOVITE IRON FREE	90	TAB	20.80	16.64								
51184	EFA 1300 OMEGA 3 & 9	120	SGC	32.89	26.31	28283	MAG CAL 2:1 200/100	90	TAB	13.98	11.18	31509	ST JOHNS WORT 300 MG	150	VCA	29.85	23.88								
26768	ELDERBERRY EXTRACT	60	VCA	13.98	11.18	13334	MAG CHEL 100 MG TAB	250	TAB	26.79	21.43	31642	ST JOHNS WORT 300 MG	50	VCA	11.98	9.58								
26765	ELEUTHERO ROOT EXT	60	VCA	13.98	11.18	13333	MAG CHEL 100 MG TAB	100	TAB	1															



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## Why would a Doctor tell 5,000 of her patients to take this product???



Rita Ellithorpe MD, is Founder and Medical Director of the Tustin Longevity Ctr in Tustin, CA. Board Cert. in Anti-Aging & Board Cert. in Integrative Medicine. She has made presentations to 35 International Medical Conferences and is published in multiple international peer reviewed publications.

**From The Doctor:** "In the 14 yrs I've been researching & recommending NTFactor to thousands of my patients, I have never seen anything that does so many different things for so many people. It is the single most important thing I would recommend for a healthy and vital life. That's why I encourage all my patients to take NTFactor."

- NT Factor** is Energy
- NT Factor** is Cellular Repair
- NT Factor** is Patented
- NT Factor** is Non-GMO
- NT Factor** is Whole Food Based
- NT Factor** is All Natural
- NT Factor** is Clinically Researched
- NT Factor** is Time Tested
- NT Factor** is Anti-Aging

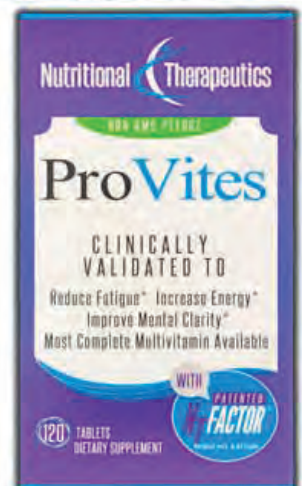
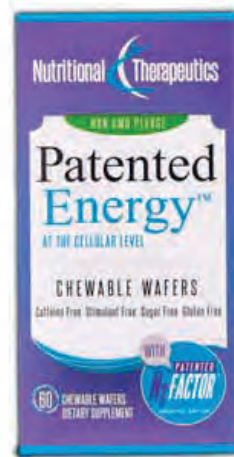
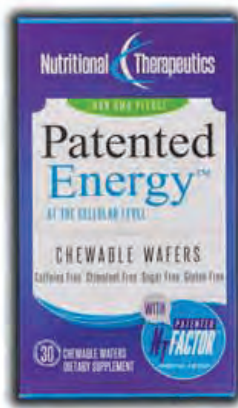


Our newest product is **ProVites**. This is a Multi Vitamin & Mineral product with a therapeutic amount of Patented NTFactor, PLUS CoQ10, PLUS 100mg of Resveratrol, PLUS 575,000 shelf stable Probiotic cultures, PLUS Prebiotics. All this in every daily dose.

**ProVites** has all the features, benefits and value of a premium Multi Vitamin AND all the power of NTFactor. No other Multi Vitamin has all that to offer no matter what the cost is.

Our other new product is **Patented Energy**. These are our delicious chewable wafers that will give you energy to perform at a higher level, to think more clearly and to eliminate fatigue all without the use of caffeine, stimulants or sugar.

**Come in to get your free Energy Analysis Test while supplies last.**







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33316	COLLOIDAL SILVER 30PPM	2.2 LIQ	17.98	14.38
29885	COLLOIDAL SILVER 30PPM	4.2 LIQ	32.98	26.38
33317	COLLOIDAL SILVER 30PPM	8.2 LIQ	63.50	50.80
29886	COLLOIDAL SILVER NASAL	2.2 SPY	20.50	16.40
23854	COLLOIDAL SILVER SALVE	1.2 CRM	15.50	12.40
23008	COLLOIDAL SILVER ULTRA	4.2 LIQ	27.16	21.73
60591	COLLOIDLIFE TRACE MIN	16.2 LIQ	41.98	33.59
36142	COLLOIDLIFE TRACE MIN	4.2 LIQ	11.75	9.40
55797	COQ QUICK 100 MG LOZ	30 LOZ	25.98	20.78
24129	COQ10 100 MG	60 CAP	29.98	23.98
25416	COQ10 100 MG	90 CAP	43.98	35.18
33718	COQ10 100 MG W/BIOPEPI	60 SGC	31.50	25.20
40970	CORAL CALCIUM	120 TAB	25.98	20.78
44713	D 1000	200 TAB	10.25	8.20
55812	D3 2000 IU	200 CAP	13.98	11.18
56563	D3 2000 IU SGC	200 SGC	15.98	12.78
28197	DHA 100 MG NEUROMINS	60 SGC	30.98	24.78
32330	DHA 100 MG NEUROMINS	120 SGC	59.98	47.98
36556	DHA 200 MG NEUROMINS	60 SGC	44.50	35.60

Please Note: The prices in this listing are the normal, day-to-day Willner Chemists discounts. Be sure to check the Sale listings for additional discounts! See front page, or www.willner.com

36557	DHA 200 MG NEUROMINS	120 SGC	85.98	68.78
19346	DIBENCOLZ 10 SUBL B12	30 TAB	19.50	15.60
83112	DIET METABO 7	90 TAB	26.98	21.58
40957	DIM 100 MG	60 TAB	20.98	16.78
59446	DIM 100 MG	180 TAB	58.50	46.80
20679	DMAE 130	100 TAB	12.50	10.00
20680	DMAE 130 TAB	200 TAB	23.98	19.18
57942	DMAE 351 MG CAP	100 CAP	12.50	10.00
42533	DMAE SERUM	1.2 SER	17.98	14.38
25317	DMG 100	60 TAB	14.50	11.60
42529	DURA CARB	322 PWD	18.50	14.80
25318	E P D 1350 MG	120 SGC	25.50	20.40
60063	EDTA 500 MG CAP	240 CAP	34.98	27.98
29884	ELDERBERRY EXT WELLNES	120 TAB	26.75	21.40
27932	ELDERBERRY LIQ WELLNES	4.2 LIQ	15.98	12.78
51191	ELLAGIC ACTIVE 300 MG	60 TAB	23.98	19.18
85200	ESSENTIAL ENZYME 500	360 CAP	55.50	44.40
20672	ESSENTIAL ENZYME 500	60 CAP	10.50	8.40
20674	ESSENTIAL ENZYME 500	120 CAP	19.50	15.60
20675	ESSENTIAL ENZYME 500	240 CAP	37.98	30.38
59241	ESSENTIAL ENZYME ULTR	90 CAP	39.25	31.40
37041	ESSENTIAL ENZYME VEG	120 CAP	20.50	16.40
56397	FLU GUARD WELLNESS	525 TAB	20.98	16.78
25346	GABA 750	180 TAB	37.98	30.38
54794	GABA 750 CAP	90 CAP	19.50	15.60
25345	GABA 750 MG TAB	90 TAB	19.50	15.60
62797	GABA CALM ORANGE FLAV	30 TAB	8.75	7.00
26215	GABA CALM SUB ORANGE	60 TAB	16.50	13.20
31531	GAMMA ORYZANOL 60 MG	200 TAB	18.50	14.80
22550	GARCINIA +	120 TAB	33.50	26.80
27919	GENISTEIN 1000 SOY ISO	120 TAB	22.50	18.00
25350	GINKGO 24 120	60 TAB	19.50	15.60
29170	GINKGO 24 120 MG	120 TAB	37.98	30.38
25349	GINKGO 24 60 BILOBA	120 TAB	21.50	17.20
25326	GLA 300 MEGA	60 CAP	28.50	22.80
52455	GLUCOSAMINE HCI VEG	120 TAB	23.50	18.80
40987	GLUCO SCIENCE	90 TAB	40.75	32.60
37043	GLUCOS CHOND MSM	120 TAB	46.50	37.20
39127	GLUCOS CHOND XTRA STRN	120 TAB	48.98	39.18
30255	GLUCOS SULF 750 MG	120 TAB	27.98	22.38
39287	GLUCOS SULF PWD	162 PWD	42.98	34.38
39129	GLUCOS SULF PWD	8.2 PWD	23.50	18.80
39136	GLUTATHIONE 250 MG	60 TAB	31.98	25.58
55993	GLYCINE 500 MG	200 CAP	15.50	12.40
35954	GOLD COLLOIDAL ULTRA	4.2 LIQ	42.98	34.38
23855	GRAPE SEED EXT 100	60 TAB	17.98	14.38
25340	GRAPE SEED EXT 100	120 TAB	32.50	26.00
25341	GRAPE SEED PROANTH 200	60 TAB	32.98	26.38
25322	GRAPEFRUIT PECTIN 1000	120 TAB	15.50	12.40
64700	GUARANA ENERGIZER 900	60 TAB	10.50	8.40
44070	GUARANA ENERGY S	200 TAB	29.98	23.98
25426	HEART SCIENCE	90 TAB	45.75	36.60
44714	HERB KIDS LIQ WELLNESS	4.2 LIQ	21.98	17.58
29887	HERBAL RESIST A/F WELL	4.2 LIQ	21.98	17.58
60831	HERBAL RESIST WELLNES	120 VCA	48.98	39.18
25353	HI STRESS B AND C	120 TAB	19.50	15.60
44683	HOLY BASIL	120 CAP	22.50	18.00
29893	HOMOCYSTEINE DEFENSE	120 TAB	17.50	14.00
52457	HORNY GOAT WEED EXT	60 TAB	22.98	18.38
29311	HOT FLASH	90 TAB	23.98	19.18
52234	HUPERZINE A 200 MCG	120 TAB	39.50	31.60
50605	HYALURONIC JOINT CMP	120 TAB	59.50	47.60
44682	HYALURONIC ACID 50	60 TAB	45.50	36.40
42594	HYALURONIC ACID 50 TAB	60 TAB	23.50	18.80
41358	HYALURONIC ACID 70 SGC	60 SGC	47.50	38.00
55704	HYALURONIC ACID SERUM	1.2 LIQ	17.98	14.38
50606	HYDROGENBOOST 500 MG	30 CAP	29.98	23.98
42810	INFLAMA REST	90 TAB	38.98	31.18
54734	INOSINE 500 MG	120 TAB	36.98	29.58
55211	INOSITOL CHOLI 400/400	100 TAB	14.50	11.60
64396	INTESTI COMFORT BOW RL	30 VCA	23.98	19.18
64397	INTESTI COMFORT BOW RL	60 VCA	46.50	38.20
58728	IYV GOURD EXT 250 MG	120 TAB	16.98	13.58
53050	K2 100 MCG W/D3 400 S	60 TAB	27.50	22.00
63731	K2 500 MCG	120 TAB	11.98	9.58
64655	KAV 500 MG	120 TAB	57.98	46.38
55721	KIDS COUGH SYRUP WELLNES	8.2 LIQ	13.50	10.80
59413	KRILL OIL 500 ARCTICP	60 SGC	38.50	30.80
59355	LIFE FORCE GREEN MULTI	45 TAB	16.98	13.58
59242	LIFE FORCE GREEN MULTI	90 TAB	32.98	26.00
60098	LIFE FORCE MULTI W/IRON	180 CAP	44.98	35.98
54701	LIFE FORCE MULTI NO IR	180 CAP	44.98	35.98
20669	LIFE FORCE MULTIPLE	60 TAB	23.98	19.18
25351	LIFE FORCE MULTIPLE	90 TAB	34.98	27.98

20670	LIFE FORCE MULTIPLE	120 TAB	46.50	37.20
20671	LIFE FORCE MULTIPLE	180 TAB	67.98	54.38
40963	LIFE FORCE MULTIPLE CP	120 CAP	30.50	24.40
22659	LIFE FORCE NO IRON	120 TAB	46.50	37.20
22660	LIFE FORCE NO IRON	180 TAB	67.98	54.38
25352	LIFE FORCE NO IRON	90 TAB	34.98	27.98
22658	LIFE FORCE NO IRON	60 TAB	23.98	19.18
62526	LIFE FORCE VEGAN	120 TAB	47.98	38.38
62527	LIFE FORCE VEGAN NO IR	120 TAB	44.50	35.60
30216	LIPOIC ACID 200 MG	120 TAB	28.98	23.18
58216	LIPOIC ACID 300 MG ALP	120 CAP	41.98	33.58
40989	LIPOIC ACID 300 MG TR	60 TAB	21.98	17.58
28152	LIVER GUARD	120 TAB	56.98	45.58
54547	LUTEIN 20 MG	60 CAP	32.50	26.00
38304	LYCOPENE 15 MG	30 SGC	19.25	15.40
52987	LYSINE 1000 MG	100 TAB	12.98	10.38
36331	MAG CHELATED 100 MG	100 TAB	6.50	5.20
23936	MAG MALATE 1000	90 TAB	9.50	7.60
27135	MAG MALATE 1000 MG	180 TAB	18.98	15.18
28183	MAG MALATE 1000 MG	360 TAB	36.50	29.20
59676	MAG MALATE 625 MG	100 CAP	10.50	8.40
62807	MAGTEIN MAG THREONATE	45 CAP	20.98	16.78
64701	MAGTEIN MAG THREONATE	180 CAP	74.50	59.60
52232	MANGOSTEEN EXTRACT	120 TAB	29.98	23.98
62808	MBP BONE RENEW	30 CAP	14.98	11.98
64394	MBP OSTEO W/ CALCIUM	90 TAB	21.50	17.20
64395	MBP OSTEO W/ CALCIUM	180 TAB	41.50	33.20
54585	MEGAFOLINIC 800 MCG	60 TAB	8.50	6.80
25454	MELATONIN 1 MG	100 TAB	7.50	6.00
25461	MELATONIN 1 MG ORAN SB	100 TAB	8.50	6.80
25446	MELATONIN 1 MG PEP SUB	100 TAB	8.50	6.80
25634	MELATONIN 1 MG PEP SUB	300 TAB	23.75	19.00
28403	MELATONIN 2.5 SUB ORAN	120 TAB	14.98	11.98
24691	MELATONIN 2.5 SUB ORAN	120 TAB	15.50	12.40
24693	MELATONIN 2.5 SUB ORAN	240 TAB	30.98	24.78
23274	MELATONIN 2.5 SUB ORAN	60 TAB	8.50	6.80
24692	MELATONIN 2.5 SUB PMIN	240 TAB	30.98	24.78
24690	MELATONIN 2.5 SUB PMIN	120 TAB	15.50	12.40
25660	MELATONIN 3 MG	60 TAB	7.50	6.00
25327	MELATONIN 3 MG	120 TAB	14.98	11.98
42133	MELATONIN 3 MG	240 TAB	28.50	22.80
26404	MELATONIN 3 MG T/R	120 TAB	17.50	14.00
30252	MELATONIN 5 MG	240 TAB	47.98	38.38
35948	MELATONIN 5 MG	60 TAB	12.50	10.00
25328	MELATONIN 5 MG	120 TAB	24.75	19.80
25329	MELATONIN 5 SUBL ORANG	100 TAB	25.50	20.40
25330	MELATONIN 5 SUBL PMINT	100 TAB	25.50	20.40
44935	MELATONIN COMPLEX ORNG	100 CHW	22.50	18.00
35805	MELATONIN LIQ ORANGE	2.2 LIQ	10.50	8.40
35859	MELATONIN NUTRASRAY	2.2 SPY	12.50	10.00
53252	MENS LIFE FORCE MULTI	90 TAB	40.98	32.78
20667	MENTAL EDGE	120 TAB	24.50	19.60
60521	MERIVA TURMERIC CMP 500	120 CAP	47.98	38.38
60520	MERIVA TURMERIC 500 MG	120 TAB	47.98	38.38
42812	METHYLCOBALAMIN 1 MG	60 TAB	9.50	7.60
38305	METHYLCOBALAMIN 1 MG	120 TAB	15.50	12.40
38306	METHYLCOBALAMIN 5 MG	30 TAB	12.98	10.38
37048	MSM 1000 MG	120 TAB	14.50	11.60
38226	N A C 1000 MG	120 TAB	42.98	34.38
20712	N A C 600	120 TAB	26.50	21.20
25331	N A G 500	60 TAB	18.50	14.80
64393	N K O 1000 NEPTUNE KRL	60 SGC	71.98	57.58
44481	N K O NEPTUNE KRL OIL	60 SGC	44.98	35.98
53990	NADH 10 MG SUBL PEPP	20 TAB	32.98	26.38
55804	NADH 20 MG SUBL PEPP	20 TAB	42.98	34.38
64984	NADH 20 MG SUBLIN PEPP	30 TAB	60.98	48.74
38307	NADH 5 MG	30 TAB	36.98	29.58
62308	NADH 50 MG ENADA	60 TAB	71.98	57.58
43702	NATTOKINASE	90 SGC	37.75	30.20
50607	NATTOKINASE 100 MG CAP	60 CAP	50.98	40.78
50608	NATTOKINASE 50 MG SGC	60 SGC	35.50	28.40
58208	NIACINAMIDE B3 1500 MG	100 TAB	15.98	12.78
25332	NIGHT REST W/MELATONIN	100 TAB	20.98	16.78
62838	OMEGA 3 1125 ENTERIC	60 SGC	34.50	27.60
62806	OMEGA 3 1125 ENTERIC	30 SGC	17.98	14.38
53980	OMEGA 3 FISH ARC LEM	200 LIQ	24.98	19.98
60112	OMEGA 3 FISH OIL ARTICP	120 SGC	40.98	32.78
53986	OMEGA 3 FISH OIL LEMON	60 SGC	32.98	26.38
53987	OMEGA 3 FISH OIL ULTRA	60 SGC	21.50	17.20
53981	OMEGA 3 FISH ULT ENTER	60 SGC	23.98	19.18
59668	OMEGA 3 FISH ULT ENTER	120 SGC	45.98	36.78
64398	OMEGA 7 SEA BUCKTHORN	60 SGC	22.50	18.00
64399	OMEGA 7 SEA BUCKTHORN	120 SGC	42.98	34.38
23283	OMEGA EPA 1000 CAP	100 SGC	14.50	11.60
31468	OPTI ZINC	240 TAB	20.50	16.40
20695	OPTI ZINC	120 TAB	10.98	8.78
40973	OREGANO OIL	60 CAP	20.50	16.40
53959	PABA 100 MG	250 TAB	9.98	7.98
45532	PANCREATIN 475 MG VEG	120 CAP	21.50	17.20
60307	PANCREATIN BX	100 CAP	19.98	15.98
62301	PAU D'ARCO EXT LIQ	8.2 LIQ	23.50	18.80
60849	PEA PROTEIN	162 PWD	18.98	15.18
32291	PECTIN CITRUS MOD	400 PWD	123.98	99.18
28153	PECTIN CITRUS MOD	3.5 PWD	35.98	28.78
63379	PERILLA OIL 1000 MG	90 SGC	20.98	16.78
44711	PHASE 2 CARBO BLOCKER	60 TAB	19.50	15.60
34905	PHOS SERINE 150 MG	60 CAP	68.50	54.80
24789	PHOS SERINE COMP	60 SGC	54.98	43.98
52091	PHOS SERINE MATRIX	60 SGC	44.98	35.98
42309	POLICOSANOL 10 MG	60 TAB	32.98	26.68
50609	POLICOSANOL 20 MG	60 TAB	31.98	25.58
41218	POLICOSANOL CHOLESTERL	90 TAB	36.50	29.20
40238	POLICOSANOL COQ10 10 M	60 TAB	24.50	19.60
29261	POSITIVE THOUGHTS	90 TAB	23.98	19.18
41663	POT IODIDE TAB	120 TAB	23.98	19.18
41757	POT IODIDE TAB	240 TAB	46.50	37.20
62805	PQQ MIND 20 MG BIO PQQ	30 TAB	34.98	27.98
64032	PREGNENOLONE 10 MG	60 TAB	6.98	5.58
57996	P			





**"I'LL BE READY IN FIVE"**



*Our Policy:*  
**DON'T SAY IT  
UNLESS YOU  
MEAN IT**

When we say gluten-free, allergen-free, non-GMO, vegan, vegetarian, or made with extra virgin olive oil, we truly mean it. So you know you're getting the cleanest, highest quality vitamins and supplements on the market.



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# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



11330	AQUA SEL 95 15ML	15 LIQ	11.00	9.90
11332	BUTYREX 650	250 CAP	39.00	35.10
11331	BUTYREX 650	100 CAP	18.50	16.65
11337	MAGNESORB MAG CHLORIDE	100 CAP	14.60	13.14
11339	MYCOPRYL 680	250 CAP	43.00	38.70
11338	MYCOPRYL 680	100 CAP	20.40	18.16

TA SCIENCES				
63839	TA 65 MD	90 CAP	600.00	600.00

TANGUT USA				
63474	MEMORY FORTIFIER	60 TAB	39.99	39.99
63471	RESVENE ANTI AGING	30 VCA	35.99	35.99
64125	RESVENE ANTI AGING	60 VCA	49.99	49.99
63473	SEA BERRY CARDIO MED	60 VCA	49.99	49.99
63472	SEA BERRY ESSENCE IMM	30 SGC	29.99	29.99

TEA TREE THERAPY				
28988	SOAP TEA TREE THERAPY	8Z SOP	6.49	5.19
29527	SUPPOSITORY TEA TREE	6 SUP	12.49	9.99
28981	TTO PURE	.5Z LIQ	7.79	6.23
28982	TTO PURE	1Z LIQ	11.49	9.19

TEGOR				
41268	BIO 82 30ML	30M LIQ	27.50	24.75
41267	BIO 87 (R87)	30M LIQ	27.50	24.75

TERRY NATURALLY EUROPHARMA				
62310	ACIDAMED	100 CAP	25.00	22.50
63024	ARTHOICIN JOINT SUPPORT	60 CAP	46.95	42.25
63601	BONE SIL (TRICA SIL)	60 TAB	35.95	32.35
64455	BOS CUR	30 SGC	27.95	25.15
64756	BOSMED 500 EXTRA STR	60 SGC	39.95	35.95
63679	COMFREY CREAM	1.7 CRM	24.95	22.45
64758	CURAMED 375 MG	60 SGC	34.95	31.45
58393	CURAMED 750 CURCUMIN	60 SGC	60.95	54.85
63026	CURAMED 750 CURCUMIN	30 SGC	33.95	30.55
63029	CURAMIN EXTRA STRENGTH	30 TAB	24.95	22.45
63514	CURAMIN EXTRA STRENGTH	120 TAB	83.95	75.55
63032	CURAMIN EXTRA STRENGTH	60 TAB	46.95	42.25
63033	CURAMIN PM	30 CAP	23.95	21.55
58392	CURAMIN STOP PAIN NOW	60 CAP	38.95	35.05
58757	CURAMIN STOP PAIN NOW	120 CAP	66.95	60.25
65385	ENERGY 12 HOUR	30 SGC	17.95	16.15
64959	GLUTATHIONE CLINICAL EU	60 TAB	65.95	59.35
64658	HAIR RENEW FORMULA	60 SGC	40.95	36.85
64456	HEALTHY FEET & NERVES	60 CAP	21.95	19.75
64759	HEALTHY FEET & NERVES	120 CAP	37.95	34.15
60748	HEALTHY KNEES & JOINT	60 CAP	39.95	35.95
65152	HEARTBURN RELIEF IMMED	50 CHW	9.95	8.95
63645	LIGAMENTS & TENDONS	60 CAP	25.95	23.35
64457	LOW BACK FORMULA	60 SGC	43.95	39.55
64961	MENTAL ADVANTAGE	60 SGC	41.95	37.75
63730	MESOGLYCAN	30 CAP	29.95	26.95
63510	OMEGA 7 EYE RELIEF	60 SGC	39.95	35.95
61104	OMEGA 7 SEA BUCKTHORN	60 SGC	39.95	35.95
62309	PANCREATIN	60 CAP	24.00	21.60
63031	SAGAPPO	30 TAB	29.95	26.95
63646	SAGAPPO	60 TAB	51.95	46.75
61499	SINUCARE	60 SGC	33.95	30.55
64145	THE FRENCH BEAUTY MINE	60 TAB	35.95	32.35
64580	TRI IODINE 12.5 MG	90 CAP	32.95	29.65
64581	TRI IODINE 12.5 MG	180 CAP	58.95	53.05
63034	VECTOMEGA	60 TAB	45.95	41.35
65002	VISION HEALTH	60 CAP	32.95	29.65

THINKSPORT				
63710	SPORT BOT GREEN SMALL	12Z BOT	15.99	15.99
63711	SPORT BOT PURPLE SMALL	12Z BOT	15.99	15.99
62827	SPORTS BOTTLE BLACK SM	12Z BOT	15.99	15.99
62828	SPORTS BOTTLE BLUE SM	12Z BOT	15.99	15.99
62824	SPORTS BOTTLE GREEN LG	25Z BOT	19.99	19.99
62826	SPORTS BOTTLE ORANG LG	25Z BOT	19.99	19.99
62825	SPORTS BOTTLE PURPL LG	25Z BOT	19.99	19.99
62823	SPORTS BOTTLE SILVR LG	25Z BOT	19.99	19.99
63125	SPORTS BOTTLE WHITE LG	25Z BOT	19.99	19.99
62829	SUNSCREEN SPF 50 +	3Z LOT	15.99	15.99
62831	SUNSCREEN SPF 50 +	3Z LOT	11.99	9.59
62830	SUNSCREEN SPF 50 + KIDS	3Z LOT	11.99	9.59

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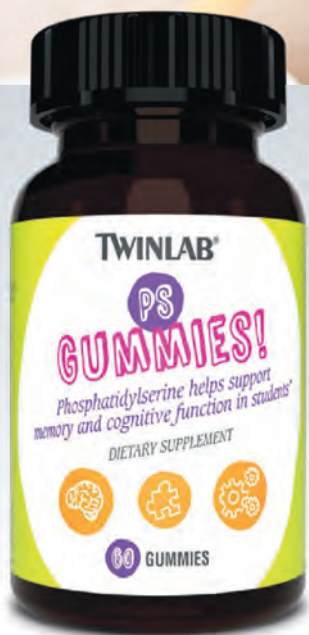
THORNE RESEARCH				
31836	5 HTP 50 MG	90 CAP	30.65	--
41510	A 25000	90 CAP	10.45	--
18978	ADRENAL CORTEX	60 CAP	11.05	--
28343	ALS FORMULA	240 VCAP	56.65	--
63330	AMINO COMPLEX LEMON	6.8 PWD	65.00	--
64401	AMINO COMPLEX BERRY	6.8 PWD	65.00	--
36787	AR-ENCAP CAP	240 CAP	45.55	--
18960	ARTEICIN ARTIMIS ANNUA	90 CAP	23.95	--
18872	ASCORBIC ACID CAP 1000	250 CAP	37.40	--
18858	B COMPLEX #12 CAP	60 CAP	13.95	--
18857	B COMPLEX #6 CAP	60 CAP	17.55	--
59721	BACILLUS COAGULANS	60 VCA	22.05	--
18855	BASIC B COMPLEX CAP	60 CAP	19.30	--
27107	BASIC NUTRI CHD WCU/FE	180 CAP	22.60	--
63644	BASIC NUTRIENTS 2 DAY	60 VCA	26.70	--
18845	BASIC NUTRIENTS III CT	180 VCAP	40.05	--
18846	BASIC NUTRIENTS IV CT	180 VCAP	40.05	--
18847	BASIC NUTRIENTS V C/M	180 VCAP	40.80	--
18850	BASIC PRENATAL CAP	90 CAP	26.30	--
19709	BASIC PYGMEUM HERBL	60 CAP	24.20	--
18975	BERBERCAP 200 CAP	60 CAP	23.30	--
62231	BERBERINE 500 MG	60 VCA	30.65	--
18941	BETAINE HCL PEPSIN 520	225 VCA	28.25	--
64815	BETAINE HCL PEPSIN 520	450 VCA	50.75	--
18864	BIO B12 CAP	60 CAP	16.75	--
18939	BIO GEST CAP	180 CAP	38.70	--
18938	BIO GEST CAP	60 CAP	17.20	--
18863	BIOTIN 8 (8000 MCG) CAP	60 CAP	23.10	--
18930	BROMELAIN MF 500 MG	60 CAP	29.05	--
18870	BUFFERED C PWD	8Z PWD	21.15	--
37570	C WITH FLAVONOIDS	180 CAP	20.75	--
18880	CAL CITRAMATE 160 CAP	90 CAP	11.40	--
18879	CAL CITRATE 150 CAP	90 CAP	12.10	--
38260	CAL D GLUCARATE 500 MG	90 CAP	41.70	--
35298	CAL MAG CITRAMATE	240 CAP	28.95	--
18882	CAL MAG CITRAMATE 80/80CP	90 CAP	13.00	--
18881	CAL MAG CITRATE 80/80CP	90 CAP	12.35	--
18883	CAL MAG CITRATE EFF	8Z PWD	15.75	--
18918	CARNITINE 330 CAP	60 CAP	36.15	--
24220	CARNITYL 500	60 CAP	22.55	--
60178	CHOLEST 900	120 VCA	43.00	--
38210	CHOLEST W/COQ10	120 VCAP	36.05	--
18907	CHROMIUM PICOL 500 CAP	90 CAP	14.35	--
18877	CITRAMINS II NO CU/FE	90 CAP	16.20	--
18876	CITRAMINS W/CU/FE CAP	90 CAP	16.20	--
64028	COPPER BISGLYCINATE	60 VCA	15.00	--
18977	CORTINE CAP	60 CAP	11.55	--
18976	CORTREX CAP	60 CAP	16.15	--
59461	CRUCERA SGS	60 VCA	53.25	--
18926	CYSTEPLUS 500 CAP	90 CAP	23.55	--
50658	D3 1000 IU	90 CAP	9.85	--
58571	D3 500 IU K2 100 MCG	1Z LIQ	23.50	--
53850	D3 5000 IU	60 CAP	12.60	--
60696	DEPROLOFT HF	120 CAP	47.65	--
27167	DHEA 15 MG DEHYDRONE	90 CAP	17.05	--
32848	DHEA 5 MG DEHYDRONE 5	90 CAP	13.95	--
34271	DIABINOL	90 CAP	53.65	--
41657	DIOSMIN HMC	60 VCA	22.15	--
18937	DIPAN 9 PURE PANCR CAP	180 CAP	72.15	--
18936	DIPAN 9 PURE PANCR CAP	60 CAP	31.10	--
39180	E ULTIMATE	60 SGC	43.90	--
53875	EPA SUPER 425/270	90 SGC	37.80	--
18851	EXTRA NUTRIENTS CAP	180 CAP	55.05	--
18969	FERRASORB CAP	60 CAP	19.50	--
61196	FLORAMEND PRIME PROBIO	30 VCA	39.00	--
18867	FOLICAL CAP	60 CAP	14.10	--

18952	FORM SF 722 CAP	250 CAP	33.60	--
22100	GI ENCAP	60 VCA	15.80	--
42732	GLUCOSAMINE CHOND	90 VCA	30.10	--
29387	GLUCOSAMINE SULFATE	180 CAP	28.50	--
27212	GLUTAMINE 500 MG	90 CAP	18.15	--
27414	GLUTAMINE PWD	12Z PWD	57.80	--
53353	GLUTATHIONE SR RED 175	60 CAP	40.85	--
18921	GLYCINE 500 CAP	250 CAP	21.30	--
24125	GREEN TEA PHYTO G T EX	60 CAP	22.65	--
37679	HEAVY METAL SUPPORT	120 VCAP	27.00	--
18933	HMC HESPERIDIN CAP	60 CAP	17.30	--
39739	INDOLE 3 CARBINOL 200	60 VCA	27.60	--
18904	IODINE TYROSINE CAP	60 CAP	15.90	--
64379	IRON BISGLYCINATE 25	60 VCA	11.10	--
33986	ISO PHOS	60 CAP	54.90	--
43692	K2 VITAMIN	1Z LIQ	64.90	--
18942	LIPOTREPEIN (TREPEIN)	60 CAP	12.80	--
38142	LIVER CLEANS	60 VCAP	14.55	--
26378	LYSINE 500 MG	60 VCA	9.60	--
18886	MAG CITRAMATE 150 CAP	90 CAP	13.90	--
18885	MAG CITRATE 140 CAP	90 CAP	12.45	--
62401	MANUKA THERAPY CRM	2Z CRM	13.50	--
64136	MEDIBOLIC W/MAD/EGLYCL	20 VCA	65.95	--
18993	MEDIBOLIC	8Z PWD	17.85	--
38838	MEDICLEAR 32.45 OZ	32. PWD	60.60	--
57269	MEDICLEAR PLUS	32. PWD	63.80	--
61200	MEDICLEAR SGS CHOC	40. PWD	78.80	--
30098	MELATON 1 1 MG	90 CAP	9.75	--
29385	MELATON 3 MG	60 CAP	12.65	--
29384	MELATON 5 MG	60 CAP	16.75	--
33278	MEMORACTIV	60 CAP	70.25	--
60182	MERIVA 500 CURCUMIN	60 VCA	28.00	--
60183	MERIVA 500 CURCUMIN	120 VCA	51.50	--
44589	MERIVA SR CURCUMIN	120 VCA	39.60	--
39729	META BALANCE	120 CAP	26.95	--
29779	META FEM	240 VCAP	47.65	--
29049	METHYL GUARD	180 CAP	43.05	--
60181	METHYL GUARD PLUS	90 VCA	44.30	--
34076	METHYLCOBALAMIN B12	60 CAP	18.60	--
34163	MODUCARE STERINOL CMP	90 CAP	46.85	--
63803	MOLYBDENUM GLYCINATE	90 CAP	9.60	--
39377	MYCO IMMUNE	2Z LIQ	29.15	--
54285	NEUROCHONDRIA	90 CAP	74.90	--
64372	NIA CEL	60 CAP	59.00	--
26884	NIACINAMIDE 500 MG	180 CAP	17.95	--
29402	NIASAFE 600	180 CAP	49.30	--
18859	NIASAFE 800 CAP	60 CAP	21.55	--
38712	OLIVE LEAF EXTRACT	60 CAP	23.95	--
18988	OMEGA + (EPA & GLA)CAP	90 CAP	35.15	--
64682	OMEGA SUPERB LEMON BER	8.4 LIQ	39.99	--
64681	OMEGA SUPERB PINA COL	8.4 LIQ	39.99	--
29384	OPC 100	60 CAP	42.45	--
18980	OSCAP CAP	120 CAP	20.05	--
34170	OSCAP PLUS W IPRIFLAVO	180 CAP	35.80	--
18862	P 5 P CAP	180 CAP	43.65	--
18861	P 5 P CAP	60 CAP	19.30	--
28259	PANTHINE 250 MG	60 CAP	33.35	--
25983	PECTIN PWD CITRUS MOD	5Z PWD	60.65	--
63232	PEPTI GAURD	120 VCA	42.00	--
60179	PERFUSIA PLUS	180 VCA	60.70	--
44818	PERFUSIA PLUS	120 VCA	34.80	--
34738	PERMA CLEAR	180 CAP	62.90	--
54284	PHARMA GABA 100	60 VCA	26.75	--
59462	PHARMA GABA 250	60 VCA	48.30	--
18990	PHOS CHOL	60 SGC	16.25	--
34267	PHYTISONE	60 CAP	15.50	--
18954	PHYTOGEN CAP	60 CAP	13.90	--
35175	PHYTOPROFEN	60 CAP	24.55	--
22789	PIC MINS CAP	90 CAP	17.05	--
25036	PLANTIZYME MULTIZYME	90 CAP	38.90	--
60178	POLYRESVERATROL SR	60 VCA	49.10	--
50080	POT CITRATE 99 CAP	90 CAP	12.30	--
60701	POT MAG CITRATE	90 CAP	13.40	--
60701	Q BEST 100 MG COQ10	60 SGC	65.95	--
32981	QUERCENASE 250 MG	60 CAP	41.20	--
64861	QUERCETIN PHYTSOME	60 VCA	32.50	--
56108	R LIPOIC ACID 100 MG	60 VCA	38.75	--
61197	RELORA PLUS	60 VCA	31.80	--
38692	RHODIOLA ROSEA	60 CAP	13.15	--
18860	RIBOFLAVIN 5 PHOS CAP	60 CAP	23.90	--

18958	S A T CAP	60 CAP	28.50	--
18973	SACRO-B 250 CAP	60 CAP	35.05	--
50845	SILPHOS	90 CAP	36.80	--
38057	SOLVENT REMOVER	90 CAP	21.20	--
63145	STRESS B COMPLEX	60 VCA	13.10	--
39437	T A P S	60 VCA	30.40	--
28775	T ASTMATICA PLUS	120 VCAP	37.00	--
18920	TAURINE 500 CAP	90 CAP	12.10	--
43531	THEANINE	90 CAP	52.10	--
56535	THIOCID LIPOIC			



Being a student  
can be tough.  
**Give yourself  
an edge.**



**PS Gummies!**

UPC 027434041065



**A fun way to help support memory  
and cognitive function in students.\***

PS Gummies are a fun way to provide Phosphatidylserine. This product was formulated using Sharp-PS® Green, a non-soy based high-quality sunflower source of Phosphatidylserine. PS Gummies are non-GMO tested\*\*, certified gluten-free, vegan and Kosher.

\*\*Independently PCR (Polymerase Chain Reaction) tested by a third party lab for genetically modified DNA to a limit of 0.9%.

**TWINLAB®**



# GLUTEN FREE GOODNESS

TRY OUR WIDE ARRAY OF WHEAT & GLUTEN FREE PRODUCTS



## Beauty Blooms in the Desert™

In austere and harsh climates, bloom some of nature's most nutrient-rich botanicals. Tea Tree, Jojoba, and Aloe, which are abundant in our personal care products, deliver many healthy benefits.



DESERT ESSENCE®



## Reserveage™ nutrition



THE BEST SELLING RESVERATROL BRAND†

One of the secrets to anti-aging lies with trans-Resveratrol, the active polyphenol found in wildcrafted, naturally sourced Polygonum cuspidatum. This is combined with the polyphenols from organic French and red Muscadine grapes in our exclusive formulas.‡

- May help activate SIRT1 'Longevity Gene'§
- Unique Patent Pending Vine-To-Capsule™ Technology
- Exclusive Pro-Resveratrol Polyphenol Complex™

25% OFF

Bergamot with Resveratrol, Grapeseed, On Resveratrol SKUs 100mg, 250mg & 500mg Valid 4/1/2015-5/25/2015



†Spins Scan 06.15.14

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Nutritious Meets Delicious



Nothing beats feeling Alive!®

Great tasting gummy vitamins now including  
Prenatal, B-Complex & Immune\* formulas.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

† Alive!® Multi-Vitamins provide 60-200 mg fruit/vegetable powder, extract and dried juice per serving





Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



16890	ELECTROLYTE STAMINA TB	90 TAB	18.39	14.71	63292	BIO PQQ 20 MG MICROTAB	30 TAB	34.99	27.99	11672	COQ10 MAXILIFE CAP	120 CAP	55.07	44.05	25045	LUTEIN 20 MG	30 CAP	22.99	18.39
56010	ENDURE INTENSE PERF TMN	1.7 LIQ	6.49	5.19	61008	BIOTIN 3000 MCG DOTS	60 LOZ	6.99	5.59	63130	CREATINE FUEL STACK CP	90 CAP	24.49	19.59	25044	LUTEIN 6 MG	100 CAP	19.79	15.83
56011	ENDURE INTENSE PERFORM	4.7 LIQ	20.29	16.23	11408	BIOTIN 600 CAP	100 CAP	11.01	8.80	11606	CYSTEINE 500 CAP	60 CAP	20.90	16.72	11621	LYSINE 500 CAP	100 CAP	10.49	8.39
55320	GREENS PAK TO GO	30 PAK	39.99	31.99	54764	BLOOD PRESSURE SUCCESS	60 CAP	29.99	23.99	53639	D3 1000 + K2 DOTS	60 CHW	17.63	14.10	23863	MAGNESIUM 400 MG	200 CAP	18.73	14.98
64785	IRON IONIC LIQ 22 MG	2.7 LIQ	12.19	9.75	32871	BONE SUPPORT OSTIVONE	60 TAB	28.61	22.88	57489	D3 2000 DOT	100 TAB	10.99	8.79	11658	MAGNESIUM 400 MG OXIDE	100 CAP	9.99	7.99
56120	KIDS MULTI LIQ T	8.7 LIQ	19.99	15.99	35679	BROMELAIN MEGA 300 MG	60 CAP	17.09	13.67	11353	D3 400 ALLERGY CAP	100 CAP	9.91	7.92	11659	MANGANESE 10 CAP	100 CAP	11.01	8.80
43446	MAG IONIC 400 MCG LIQ	2.7 LIQ	8.39	6.71	35679	BROMELAIN MEGA 300 MG	90 CAP	24.20	19.36	61059	D3 5000 IU DOTS MEGA	60 LOZ	13.25	10.60	24871	MELATONIN 3 MG	60 CAP	9.49	7.59
64003	MAG LIQ 300 MG TANG	16.7 LIQ	17.89	14.31	11413	C + CITRUS BIOFLAV CAP	100 CAP	17.59	14.07	11491	DAILY ONE NO IRON CAP	180 CAP	48.46	38.76	61776	MELATONIN 3 MG DOTS	60 TAB	6.49	5.19
64004	MAG PWD 350 STRESS X	25. PWD	37.89	30.31	11418	C 1000 CAP	250 CAP	33.02	26.41	11489	DAILY ONE NO IRON CAP	90 CAP	19.79	15.83	64403	MENOPAUSE RESPONSE	60 VCA	29.99	23.99
39033	MEGA MAG	4.7 LIQ	12.39	9.91	11420	C 500 CAP	250 CAP	23.14	18.51	11490	DAILY ONE NO IRON CAP	90 CAP	27.51	22.00	11622	METHIONINE 500 CAP	30 CAP	11.01	8.80
65094	MULTI VIT MIN ORANGE	30Z LIQ	40.89	32.71	11351	C 750 MG ALLERGY CAP	ALM CAP	38.58	30.86	11484	DAILY ONE W/IRON CAP	180 CAP	49.56	39.64	64718	MOMMI CHC PREN PRT DHA	1.1 PWD	36.99	29.59
63721	MULTI VIT MINERL BERRY	30Z LIQ	40.89	32.71	11350	C 750 MG ALLERGY CAP	ALM CAP	22.04	17.63	11487	DAILY ONE W/IRON CAP	90 CAP	28.12	22.49	64717	MOMMI VAN PREN PRT DHA	1.0 PWD	36.99	29.59
64002	PROBIOTIC 55 BILLION	30 VCA	38.99	31.19	11784	C ASCORB SUPR PWD 2000	8.7 PWD	29.76	23.80	11486	DAILY ONE W/IRON CAP	60 CAP	20.40	16.32	11705	MULTI MIN CAP	180 CAP	20.94	16.75
64005	TRACE MINERAL DROP GLS	4.7 LIQ	25.89	20.71	11381	C ASCORBATE PWD 2000	8.7 PWD	24.24	19.39	11494	DAILY TWO CAP	90 CAP	33.02	26.41	11707	N A C 600 MG CAP	60 CAP	19.79	15.83
16886	TRACE MINERAL DROPS	4.7 LIQ	19.99	15.99	54137	C GENTLE 500 W/BIOFLAV	100 TAB	22.04	17.63	11495	DAILY TWO CAP	180 CAP	60.59	48.47	11708	NA PCA (SKIN MOIST)	8.7 LIQ	9.99	7.99
16885	TRACE MINERAL DROPS	8.7 LIQ	28.39	22.71	11469	C L O EMULS SGC	100 SGC	10.49	8.39	11498	DAILY TWO NO IRON CAP	90 CAP	32.53	26.02	11709	NA PCA W/ALOE VERA	8.7 LIQ	10.49	8.00
16888	TRACE MINERAL TABS	90 TAB	16.79	13.43	11466	C L O SGC	100 SGC	7.44	5.95	11499	DAILY TWO NO IRON CAP	180 CAP	59.48	47.58	63133	NAC FUEL 600 MG	90 CAP	27.29	21.83
16887	UTAH SEA MINERALS	16 LIQ	10.99	8.79	11467	C L O SGC	250 SGC	14.28	11.42	11508	DILPA 500 CAP	60 CAP	17.59	14.07	11713	NIACIN 1000 (B-3)	100 CAP	17.63	14.10
43715	ZINC IONIC 50 MG	2.7 LIQ	8.88	7.10	11475	C L O/MNT EMULSIFIED	12Z LIQ	15.31	12.24	21210	DMAE 100 MG CAP	100 CAP	9.49	7.59	11712	NIACIN 500 (B-3) CAP	100 CAP	11.01	8.80
<b>TWINLAB</b>					11476	C L O/RANGE EMULSIFID	12Z LIQ	15.54	12.43	11509	DMAE H3 1.7OZ	1.7 LIQ	13.30	10.64	21105	NIACIN 800 MG NO FLUSH	50 CAP	22.04	17.63
11349	AGD 100/400 ALLERGY	100 CAP	10.46	8.36	11477	C L O/PLAIN	12Z LIQ	15.99	12.79	11511	DUAL TABS VIT/MIN S/R	100 TAB	29.76	23.80	25047	OCUGUARD PLUS	60 CAP	27.51	22.00
45035	ACETYL L CARNITINE 500	120 CAP	55.07	44.05	11645	C LIQ SUGAR FREE	8.7 LIQ	10.00	8.00	11512	DUAL TABS VIT/MIN SR	200 TAB	57.87	46.29	25048	OCUGUARD PLUS	120 CAP	51.27	41.01
63781	AGE DEFENSE TELEMERE	30 CAP	29.99	23.99	11646	C LIQ SUGAR FREE 16OZ	16Z LIQ	18.31	14.64	11793	E + SELENIUM SUPER CAP	100 CAP	34.73	27.78	54930	OMEGA 3 1000 MG	100 SGC	22.00	17.60
11346	ALLEROPH ACIDOPH CAP	100 CAP	24.24	19.39	11786	C SUPER PWD 2000	8.7 PWD	25.35	20.28	11795	E 400 COMPLEX SUPER	100 SGC	20.40	16.32	11731	OMEGA 3 EMUL SUPR 12Z	12Z LIQ	18.67	14.93
11356	ALLERGY MULTI CAP	200 CAP	36.37	29.09	23348	CAL 500 W/MAG60 TAB	180 TAB	18.83	15.86	11796	E 400 COMPLEX SUPER	250 SGC	45.15	36.12	55151	OMEGA 3 FISH OIL SGC	50 SGC	10.49	8.39
64060	AMINO FUEL 1000 MG	250 TAB	35.59	28.47	11424	CAL CITRATE 250 CHW	60 CHW	19.99	15.99	11517	E 400 DRY CAP	100 CAP	28.61	22.88	64404	ORAL HEALTH DOT TRP AC	30 CHW	19.99	15.99
11358	AMINO FUEL 1000 TAB	150 TAB	23.09	18.47	11423	CAL CITRATE CAP + MAG	150 CAP	18.73	14.98	21990	E P O MEGA 1300 MG	60 SGC	20.90	16.72	11625	ORNITHINE 500 CAP	100 CAP	27.51	22.00
63131	AMINO FUEL 2000 TAB	150 TAB	42.69	34.15	11425	CAL CITRATE CAP + MAG	250 CAP	27.55	22.04	43421	EPA COMPLETE SGC	90 SGC	24.24	19.39	57181	PABA 500 MG	100 CAP	15.42	12.33
11361	AMINO FUEL 32Z	32Z LIQ	37.19	29.75	11421	CAL QUICK	16Z LIQ	15.16	12.12	52404	EPA DHA SUPER TWIN	100 SGC	28.61	22.88	11748	PANCREATIN CAP	50 CAP	13.22	10.57
63734	AMINO FUEL CHERRY	16Z LIQ	23.19	18.55	11426	CALCIUM LACTATE 100 MG	100 CAP	13.77	11.01	11549	FIBERSOL CAP	200 CAP	25.35	20.28	39679	PANTOTHENIC ACID 500	200 CAP	28.65	22.92
57493	AMINO FUEL CHERRY LIQ	32Z LIQ	39.79	31.83	50138	CARDIO KRILL OIL	60 SGC	44.09	35.27	24422	FOLIC ACID 800	200 CAP	16.53	13.22	11751	PANTOTHENIC ACID 500 CP	100 CAP	15.42	12.33
11377	APPLE PECTIN 500 MG	100 CAP	16.53	13.22	11601	CARNITINE 250 CAP	60 CAP	32.53	26.02	11552	FOLIC ACID 800 CAP	100 CAP	9.49	7.59	11629	PHENYLALANINE 500 CAP	60 CAP	15.38	12.30
11598	ARGININE 500 CAP	100 CAP	15.99	12.79	25056	CARNITINE 250 MG CAPS	90 CAP	46.25	37.00	61083	FORSKOLI DIET FUEL	60 CAP	28.49	22.79	11441	POT & MAG CELLMIN CAP	180 CAP	29.72	23.77
63134	ARGININE FUEL 500 MG	90 CAP	18.39	14.71	11689	CARNITINE MEGA TAB 500	60 TAB	42.95	34.36	11554	GABA + CAP	100 CAP	27.51	22.00	11758	POTASSIUM 99 MG CAP	180 CAP	12.44	9.95
11600	ARGININE/ORNITHINE 750	100 CAP	26.41	21.12	25057	CARNITINE MEGA TAB 500	90 TAB	60.59	48.47	22381	GLA 300 ULTRA SGC	60 SGC	24.20	19.36	11757	POTASSIUM 99 MG CAP	90 CAP	7.71	6.16
11389	B 100 COMPLEX ALLER FR	50 CAP	13.18	10.54	11451	CHERRY AMINO	32Z LIQ	31.45	25.16	32870	GLUCOS CHOND MAXI	120 TAB	71.85	57.32	63018	PRE WORKOUT PWD CITRUS	1.5 PWD	39.99	31.99
11390	B 100 COMPLEX ALLER FR	100 CAP	24.20	19.36	29639	CHICKEN COLLAGN TYPE II	60 CAP	28.61	22.88	27671	GLUCOS SULF 750 MG	90 CAP	47.40	37.92	64860	PS GUMMIES PHOS SERINE	60 GUM	29.99	23.99
11395	B 50 ALLERGEN FREE CAP	50 CAP	9.91	7.92	11453	CHOU/INDISTOL 500 CAP	100 CAP	15.99	12.79	11613	GLUTAMINE 500 CAP	100 CAP	22.04	17.63	25051	PYCNOGENOL 50 MG	60 CAP	52.91	42.32
11396	B 50 ALLERGEN FREE CAP	100 CAP	15.38	12.30	38951	CHOLESTEROL SUCCESS TB	120 TAB	33.02	26.41	37423	GLUTAMINE FUEL MEGA	120 CAP	47.69	38.15	11765	QUERCETIN + C CAP	50 CAP	18.69	14.95
11640	B CMP LIQ HERBAL SUPER	8.7 LIQ	28.94	23.15	43541	CHOLESTEROL SUCCES PLUS	120 TAB	44.05	35.24	11616	GLUTATHIONE 100 CAP	60 CAP	23.71	18.96	22351	QUERCETIN + C CAP	100 CAP	33.02	26.41
11644	B CMP LIQ REG SUPER	8.7 LIQ	25.08	20.06	11452	CHOLINE 300 CAP	100 CAP	16.53	13.22	25052	GRAPE SEED EXT 50 MG	60 CAP	20.90	16.72	11774	SELENITE SODIUM 250	100 CAP	12.12	9.69
11387	B1 100 CAP	100 CAP	11.01	8.80	24751	CHROM PICOL MEGA 500	100 CAP	20.90	16.72	11576	GTF CHROMIUM 200 TAB	100 TAB	16.53	13.22	11772	SILYMARIN CAP	50 CAP	9.38	7.50
11388	B1 500 CAP	100 CAP	18.73	14.98	11455	CHROMIC FUEL 200 CAP	100 CAP	11.99	9.59	11582	HAIR FACTORS	100 TAB	35.23	28.18	62989	SKIN WITHIN LIQUICAP	30 CAP	29.99	23.99
42114	B12 5000 MCG MEGA LOZ	60 LOZ	27.55	22.04	11461	CITRUS BIOFLAV 700 CAP	100 CAP	17.63	14.10	38235	HORNY GOAT WEED	60 CAP	27.19	21.75	32769	SOY MEGA	60 CAP	33.02	26.41
11392	B12 DOTS 500 LOZENGES	100 LOZ	11.01	8.80	11471	COD LIVER OIL CHERRY	12Z LIQ	14.58	11.66	11594	INDISTOL 500 CAP	100 CAP	16.53	13.22	63019	SOY PROT ISOL CLN SER	1.5 PWD	23.99	19.19
11393	B12 DOTS 500 LOZENGES	250 LOZ	21.50	17.20	53707	COD LIVER OIL EMUL LEM	12Z LIQ	15.59	12.47	11595	IRON 18 CAP	100 CAP	6.56	5.24	63020	SPORT PROT CHOC CLN SR	1.7 PWD	43.99	35.19
63243	B12 DOTS 5000 MCG LOZ	30 LOZ	16.53	13.24	11480	COLON CARE PWD 13.6OZ	13. PWD	20.94	16.75	62990	IRON 18 MG CHW BISGLYC	100 CHW	14.99	11.99	63021	SPORT PROT VAN CLN SER	1.7 PWD	43.99	35.19
61187	B12 DOTS BARIAT SUPP	100 CHW	10.99	8.79	11481	COPPER 2 CAP	100 CAP	9.91	7.92	11637	K(POTASSIUM) 99 MG LIQ	16Z LIQ	12.60	10.08	11777	STRESS B COMPLEX CAP	250 CAP	46.25	37.00
11394	B2 100 CAP	100 CAP	14.32	11.45	11826	COQ10 100 MG ULTRA CAP	60 CAP	71.65	57.32	64660	KRILL OMEGA FUEL 625	11776	37.99	30.39	11776	STRESS B COMPLEX CAP	100 CAP	20.90	16.72
11398	B6 100 CAP	100 CAP	10.46	8.36	11683	COQ10 30 MEGA CAP	100 CAP	41.88	33.50	29774	LIPIC ACID ALPH 100	60 CAP	24.20	19.36	11801	SUPER ENZYME CAP	50 CAP	14.28	11.42
11404	BETAINE HCL PEPSIN 648	100 CAP	19.79	15.83	37122	COQ10 50 MG TWINSORB	60 SGC	58.42	46.73	53462	LPP REGULAR	16Z LIQ	16.79	13.43	24936	SUPER ENZYME CAPS	200 CAP	44.05	35.24
					11791	COQ10 50 SUPER CAP	60 CAP	40.74	32.59	11657	LPP TAB 1000 TAB	100 TAB	22.04	17.63	11807	SUPER RICH YEAST +	16Z PWD	22.04	17.63

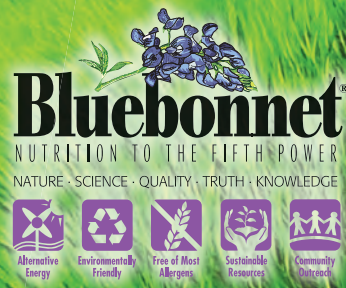
# LIVE LONG



# Plant Protein That Goes The Distance

When it comes to the power of pure protein, Bluebonnet's kosher-certified Super Earth® Organic VeggieProtein™ surpasses all others.† It draws its strength from four of the Earth's most potent plant proteins – brown rice, yellow pea, chia, and quinoa – to provide 18 grams of complete and balanced protein containing all nine essential amino acids.

In fact, the amino acid profile is comparable to that of top-quality animal protein like whey. Plus, it's unrivaled purity is rooted in the fact that these proteins are derived exclusively from sustainable, organic and non-GMO, dairy/lactose-free vegetable sources that do not contain soy or gluten. So, stay ahead of the pack with this pure and complete vegetarian/vegan protein that will take you as far as you want to go on just 110-125 calories!♦



Available in five delicious natural flavors (original, vanilla, vanilla chai, chocolate mocha and chocolate) and in both 1lb canisters and convenient, single-serving packets

For additional information on Bluebonnet nutritional supplements, please log on to [www.bluebonnetnutrition.com](http://www.bluebonnetnutrition.com) or write: Bluebonnet Nutrition Corp., 12915 Dairy Ashford, Sugar Land, TX 77478 USA.

† Only those Bluebonnet products bearing the KOF-K emblem on the front label panel are kosher certified.

Available at Willner Chemists

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





# Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



11690	TAURINE 1000 MEGA CAP	50 CAP	9.49	7.59
63779	THEANINE 50 MG DOTS	60 CHW	9.99	7.99
34254	TOMATO LYCOPENE 10 MG	60 SGC	27.51	22.00
11818	TRI BORON + CAP	240 CAP	27.51	22.00
11817	TRI BORON + CAP	120 CAP	15.38	12.30
11816	TRI BORON 3 CAP	100 CAP	9.91	7.92
64402	TRIGOSAMINE VCAP	90 VCA	24.99	19.99
11535	TWINEPA MEGA SGC	60 SGC	30.82	24.85
11633	TYROSINE + CAP	100 CAP	22.04	17.63
11632	TYROSINE CAP 500	100 CAP	18.69	14.95
11837	VEGE FUEL UNFLAVORED	1.1 PWD	25.39	20.31
62991	VEGGIE PROT VAN CLN SR	1.7 PWD	39.99	31.99
62994	WHEY FUEL CHOCOLATE	2.2 PWD	37.69	30.15
62995	WHEY FUEL VANILLA	2.2 PWD	37.69	30.15
62996	WHEY PROT 100% CHOC	21B PWD	43.19	34.55
62997	WHEY PROT 100% VANILLA	21B PWD	43.19	34.55
62993	WHEY PROT ISOL CHOC	1.5 PWD	44.99	35.99
62992	WHEY PROT ISOL VANILLA	1.5 PWD	44.99	35.99
44893	WOMENS ULTRA DAILY	120 CAP	29.76	23.80
11845	YEAST FIGHTERS CAP	75 CAP	15.99	12.79
63132	YOHIMBE FUEL	50 CAP	18.49	14.79
11847	ZINC 30 CAP	100 CAP	9.91	7.92
11848	ZINC 50 CAP	90 CAP	9.36	7.48
11849	ZINC 50 CAP	180 CAP	17.63	14.10
63780	ZINC CARBOSINE DOTS	100 CHW	19.99	15.99

<b>TYSON AND ASSOC.</b>				
18696	A KETOGLUTARIC AD 500	100 CAP	32.95	32.95
18695	ALANINE 600	50 CAP	18.95	18.95
18678	AMINOLETE 700	100 CAP	40.45	40.45
21238	AMINOPLEX 740	100 CAP	40.45	40.45
21542	AMINOPLEX 740	250 CAP	98.95	98.95
18679	AMINOVIROX 700	100 CAP	40.45	40.45
18697	ASPARTIC ACID 500	50 CAP	11.95	11.95
39884	CATEMIN CAP	120 CAP	28.95	28.95
18704	GABA 500	100 CAP	33.90	33.90
18705	GLUTAMIC ACID 500	100 CAP	14.95	14.95
18708	GLYCINE 600	100 CAP	20.45	20.45
18709	HISTIDINE 600	50 CAP	24.80	24.80
18711	LEUCINE 600	50 CAP	17.95	17.95
18714	SERINE 600	50 CAP	31.95	31.95

<b>U.A.S. LABORATORIES</b>				
64793	UP4 ACIDOPHILUS 5 BILL	60 VCA	21.95	17.56
64228	UP4 ADULT PROB 15 BILL	60 VCA	36.95	29.56
64127	UP4 DAILY 5 BILL D/F	60 VCA	24.95	19.96
64794	UP4 GREEN PROB 5 BILL	60 VCA	24.95	19.96
64799	UP4 JUNIOR PROB 5 BILL	2.1 PWD	25.95	20.76
64795	UP4 PROB 18 KIDS CUBES	60 CHW	29.95	23.96
64796	UP4 SENIOR PROB 25 BIL	60 VCA	46.99	37.59
64797	UP4 ULTRA PROB 50 BIL	60 VCA	59.99	47.99
64800	UP4 WOMENS PROB 10 BIL	60 VCA	35.95	28.76

<b>ULTIMA HEALTH</b>				
63342	ULTIMA GRAPE LARGE	13. PWD	35.99	32.39
55723	ULTIMA LEMONADE LARGE	13. PWD	35.99	32.39
55724	ULTIMA LEMONADE PWD	32 PAK	23.99	21.59
55722	ULTIMA LEMONADE SMALL	4.8 PWD	15.99	14.39
44237	ULTIMA ORANGE LARGE	13. PWD	35.99	32.39
44226	ULTIMA ORANGE PWD PAK	32 PAK	23.99	21.59
44233	ULTIMA ORANGE SMALL	4.8 PWD	15.99	14.39
58593	ULTIMA REP GRAPE PWD	30 PAK	23.99	21.59
58592	ULTIMA REP GRAPE PWD	4.8 PWD	15.99	14.39
44236	ULTIMA WILD RASP LARGE	13. PWD	35.99	32.39
44231	ULTIMA WILD RASP PWD	30 PAK	23.99	21.59
44232	ULTIMA WILD RASP SMALL	4.8 PWD	15.99	14.39

<b>VASCURE NATURAL</b>				
62250	ALL IN ONE HEART HEALT	120 CAP	49.95	39.96
62252	COQ10 200 MG	30 SGC	29.99	23.99
62251	OMEGA 3 SUPER ENT COAT	60 SGC	29.95	23.96

<b>VEGA</b>				
54601	EFA OIL BLEND ANTIOX	17Z LIQ	24.99	22.49
83268	ELECTROLYTE HYDRAT BER	5.2 PWD	29.99	25.49
63267	ENERGIZER ACAI SUG FR	4.5 PWD	49.99	42.49
65410	MACA POWDER	6.4 PWD	33.95	30.55
65346	PROTEIN & GREENS BERRY	21. PWD	39.95	35.95
65235	PROTEIN & GREENS CHOC	21. PWD	39.99	35.99
65253	PROTEIN & GREENS NAT	20. PWD	39.99	35.99
65347	PROTEIN & GREENS TROP	20. PWD	39.95	35.95
65254	PROTEIN & GREENS VAN	21. PWD	39.99	35.99
61077	RECOVERY ACCEL APP BER	19Z PWD	40.00	36.00
64817	SAVI SEED OH NAT POUCH	5.7 SNK	9.99	8.99
62608	SMOOTHIE PWD CHOC A LT	9.7 PWD	19.99	17.99
64904	SMOOTHIE PWD OH NATURL	8.9 PWD	19.99	17.99
62607	SMOOTHIE PWD VIVA VAN	9.7 PWD	19.99	17.99
61462	VEGA ONE BERRY SHAKE	15. PWD	39.99	35.99
61349	VEGA ONE BERRY SHAKE	30Z PWD	69.99	62.99
61933	VEGA ONE CHOC SHAKE	30. PWD	69.99	62.99
61461	VEGA ONE CHOC SHAKE	15. PWD	39.99	35.99
62605	VEGA ONE FRN VAN SHAKE	15Z PWD	39.99	35.99
62604	VEGA ONE FRN VAN SHAKE	30Z PWD	69.99	62.99
62319	VEGA ONE NATURAL SHAKE	30. PWD	69.99	62.99
64930	VEGA ONE NATURAL SHAKE	15. PWD	39.99	35.99
61350	VEGA ONE VAN CHAI SHAK	30Z PWD	69.99	62.99
61544	VEGA ONE VAN CHAI SHAK	15. PWD	39.99	35.99
59235	VEGA SPORT ACAI BERRY	540 PWD	49.99	44.99
62395	VEGA SPORT PERP PRT VAN	60 TAB	64.99	59.49
59044	VEGA SPORT PRE WRK LEM	540 PWD	49.99	44.99
65348	VEGA SPORT PROT MOCHA	28. PWD	64.99	58.49
62486	VEGA SPRT PERP PRT CHC	82Z PWD	64.99	59.49

<b>VIBRANT HEALTH</b>				
38829	A MANS ZINC 30 MG	60 TAB	10.95	8.76
38699	CAL SUPER NATURAL	200 PWD	36.75	29.40
55364	CHOLESTEROL BLOCKER CH	60 CHW	15.95	12.76
41254	CURCUMINOID 1000	60 TAB	54.95	43.96
62760	CURCUMINOID 95 +	60 VCA	19.95	15.96
62752	FIELD OF GREENS	3.7 PWD	27.95	22.36
58376	FIELD OF GREENS	7.5 PWD	49.95	39.96
32457	GIGARTINA RED ALGAE	90 VCA	34.95	27.96
57202	GIGARTINA RED ALGAE V	120 VCA	39.75	31.80

41220	GLYCEMIC VIBRANCE	90 CAP	29.95	23.96
33444	GREEN VIBRANCE	24Z PWD	84.95	67.95
23709	GREEN VIBRANCE	12Z PWD	49.95	39.96
60846	GREEN VIBRANCE	35Z PWD	111.00	88.80
42648	GREEN VIBRANCE 15 PAK	15 PAK	29.95	23.96
31186	GREEN VIBRANCE VCAP	240 VCA	39.95	31.96
62173	IMMUNE DEFENSE	60 TAB	29.95	23.96
29185	JOINT VIBRANCE	25Z TAB	49.95	39.96
29184	JOINT VIBRANCE	12Z PWD	49.95	39.96
53842	MANNOSE UT VIBRANCE TB	50 TAB	35.65	28.52
62864	PUREGREEN PROTEIN BERR	45Z PWD	39.95	31.96
57673	PUREGREEN PROTEIN CHOC	44Z PWD	39.95	31.96
62256	PUREGREEN PROTEIN NATU	431 PWD	39.95	31.96
57674	PUREGREEN PROTEIN VAN	44Z PWD	39.95	31.96
55800	RAINBOW VIBRANCE	6.2 PWD	46.95	37.56
36701	RMA HEALING OINTMENT	.25 CRM	18.95	15.16
57390	UT BIOTIC CAP	30 CAP	29.55	23.65
62591	VIBRANCE MAXIMUM	24Z PWD	74.95	59.96
40720	VIBRANCE UT PWD	2.0 PWD	36.95	29.56
54694	VIBRANT CLEANSE	360 PWD	40.75	32.60
62986	VIBRANT CLEANSE PAK	15 PAK	30.95	24.76

<b>VIOPIN</b>				
18602	PROMETOL 10 MIN	100 SGC	30.19	24.15
18605	WHEAT GERM OIL	16Z LIQ	13.59	10.87
18604	WHEAT GERM OIL	8 Z LIQ	8.99	7.19
18606	WHEAT GERM OIL 20 MIN	100 SGC	18.29	14.63

<b>VITA SCIENCES</b>				
60725	B12 PATCH 1000 W/SELEN	4 PTH	19.95	19.95
64299	JOINT RIGHT CREAM	30M CRM	19.95	19.95
64298	MAXASORB B12 SERUM	30M LIQ	19.95	19.95
64300	NERVE PAIN RELIEF CRM	30M CRM	19.95	19.95

<b>VITAL LIFE</b>				
60586	ENDO ZIN	60 CAP	37.95	30.36
64475	MAG CITRATE PWD	10. PWD	29.95	26.95
64023	MICEL D3 400 IU	1 Z LIQ	15.95	14.35
62434	THER BIOTIC CHILD CHW	60 TAB	37.95	34.15
62672	THER BIOTIC FACTOR 6	60 VCA	79.99	71.95
65043	THER BIOTIC SENIOR FORM	60 VCA	39.95	35.95
61742	VITA SPECTRUM CITRUS	5.8 PWD	28.95	26.05

<b>VITALAH</b>				
61600	OXYLENT BLACKBERRY PAK	30 PAK	34.99	31.49
58298	OXYLENT MANDARIN PAK	30 PAK	34.95	31.45
58299	OXYLENT SPARK BERR PAK	30 PAK	34.95	31.45
58300	OXYLENT VARIETY PAK	30 PAK	35.95	32.35

<b>VITAMINDER</b>				
22116	PILL CASE STACKERS	5 BOX	6.99	5.59
22019	PILL CRUSH & SPLITTER	1 BOX	6.99	5.59
24295	VITAMINDER DRINK MIX	EA MIS	8.99	7.19
40179	VITAMINDER POWDER MIXER	1EA MIS	11.19	8.95
21791	VITAMINDER VIT CHEST	1 MIS	6.99	5.59

<b>VITANICA</b>				
52746	CANDIDASTAT	60 CAP	16.75	16.75
52756	CHASTE TREE BERRY	60 CAP	16.45	16.45
52747	CHRANSTAT EXTRA	60 CAP	17.95	17.95
52752	LACTATION BLEND	60 CAP	17.95	17.95
64917	LAXABLEND V	60 CAP	17.95	17.95
52826	MATERNAL SYMMETRY	180 VCA	34.95	34.95
52754	PREGNANCY PREP	60 CAP	17.95	17.95
52751	SLEEP BLEND	60 CAP	17.95	17.95
52755	SLOW FLOW	60 CAP	17.95	17.95
64846	V FRESH SUPPOS	6 SUP	24.95	24.95
52750	WOMENS PHASE II	180 CAP	27.95	27.95
52748	WOMENS SYMMETRY	180 CAP	34.95	34.95
51026	YEAST ARREST SUPP	28 SUP	25.95	25.95
52745	YEAST ARREST SUPP	14 SUP	14.45	14.45

<b>WALLYS NATURAL PRODT</b>				
30040	EAR CANDLE B WAX	4PK CAN	15.79	12.63
30041	EAR CANDLE HERB	4PK CAN	13.29	10.83
30042	EAR CANDLE LAVENDER	4PK CAN	12.69	10.15
30045	EAR OIL	1 Z LIQ	12.59	10.07

<b>WASHINGTON HOMEOPATHIC PROD</b>				
64064	BRUISES & BUMPS BE GON	2 Z CRM	10.79	10.79
59099	DRY EYES PELLETS	200 PEL	9.39	9.39
61140	INFLUENZINUM 9C	EA PEL	6.19	6.19
59100	MOTION SICKNESS PELLETT	200 PEL	9.39	9.39
57851	RRA OINTMENT	2 Z CRT	10.79	10.79
60146	SCARS HEALING CRM	1.7 CRM	20.00	20.00
61097	SMOKING BE GONE	EA PEL	9.39	9.39

<b>WELEDA</b>				
27149	ARNICA MASSAGE OIL	3.4 LIQ	13.99	11.19
54063	BABY OIL CALENDULA	6.8 LIQ	16.59	13.27
56893	BIRCH CELLULITE OIL	3.4 OIL	22.00	17.60
44687	BODY OIL SEA BUCKTHORN	3.4 LIQ	18.00	14.40
18607	CALENDULA BABY CRM OZ	2.5 CRM	12.49	9.99
43680	DEODORANT ROSE	3.4 LIQ	15.00	12.00
54048	DEODORANT SAGE SPY	3.4 SPY	13.99	11.19
52737	DIAPER CARE CREAM 2.8Z	2.8 CRM	10.00	8.00
62517	FACIAL OIL ALMOND	1.7 OIL	25.49	20.39
42232	IRIS DAY CRM	1 Z CRM	19.99	15.99
54006	SEA BUCKTHORN HAND CRM	1.7 CRM	9.99	7.99
54060	SHAMP CALEN BABY BODY	6.8 LIQ	12.59	10.07
42002	SKIN FOOD	2.5 CRM	17.00	13.60
58626	SOAP BAR ROSE	3.5 BAR	10.99	8.79
53072	STRETCH MARK PEG OIL	3.4 LIQ	20.00	16.00
63108	TPST RATANHIA	2.5 TUB	7.99	6.39
64684	WHITE MALLOW FACE CRM	1.7 CRM	10.49	8.39
64683	WHITE MALLOW LOT BABY	6.8 LOT	12.74	10.19

<b>WHOLE WORLD BOTANICL</b>				
60827	MACA PLUS WOMEN W/OIM	90 VCA	32.99	32.99
52009	ROYAL BREAK KIDNEY BLD	120 VCA	32.75	32.75
56855	ROYAL BREAK STONE LIVR	120 VCA	32.75	32.75
36721	ROYAL BREAK STONE TEA	4.4 TEA	23.95	23.95
36719	ROYAL CAMU	140 VCA	33.25	33.25

36720	ROYAL CAMU PWD 100GM	100 PWD	37.55	37.55
56156	ROYAL DESMODIUM	2 Z LIQ	19.45	19.45
63629	ROYAL GRAVIOILA LIQ	4 Z LIQ	36.48	36.48
44958	ROYAL MACA FOR MEN	180 VCA	32.99	32.99





## Product Reference Guide: Company Listings (Product Code, Name, Size, List, Discount Price)



56957	THROAT SPRAY AF	1Z LIQ	12.20	9.76
60137	TURMERIC EXT 450 MG	60 VCA	26.00	20.80
57016	TURMERIC ROOT 1:1.5	1Z LIQ	11.70	9.36
56990	URINARY KIDNEY COMPLEX	1Z LIQ	12.00	9.60
57042	UVA URSI LEAF 1:3	1Z LIQ	11.40	9.12
56951	VALERIAN ROOT 1:2	1Z LIQ	12.00	9.60
56978	VALERIAN ROOT 1:2 AF	1Z LIQ	12.20	9.76
60138	VALERIAN ROOT 500 ORG	90 VCA	13.00	10.40
57044	WHITE WILLOW BARK 1:2	1Z LIQ	11.40	9.12
57086	WOMENS ENERGY TONIC	1Z LIQ	12.00	9.60
57056	WORMWOOD	1Z LIQ	11.40	9.12
56993	YIN CHIAO PLUS	1Z LIQ	12.00	9.60
57009	YOHIMBE BARK 1:3	1Z LIQ	12.80	10.24

### WISDOM OF THE ANCIENTS

39224	PAU D'ARCO	20 BAG	7.99	6.39
32439	STEVIA EXT CLEAR LIQ	2Z LIQ	15.49	12.39
32438	STEVIA EXT WHITE PWD	1Z PWD	14.79	11.83
24993	STEVIA EXTRACT	2Z LIQ	15.09	12.07
34339	STEVIA PLUS FIBER PWD	4Z PWD	13.99	11.19
62579	SWEETLEAF STEVIA PAK	70 PAK	8.29	6.63
38464	YERBA MATE ROYALE TEA	7/25 BAG	6.99	5.59
31711	YERBA MATE TEA BULK	7Z TEA	8.99	7.19

### WOODSTOCK

62512	ALMONDS DARK CHOC	6.5 SNK	8.99	7.19
62530	ALMONDS SLICED RAW THIC	7.5 SNK	6.99	5.59
62511	ALMONDS TAMARI	7.5 SNK	6.49	5.19
62506	BLUEBERRIES DRIED	4Z SNK	7.49	5.99
62507	CHERRIES SWEETENED	5Z SNK	6.49	5.19
58107	PINEAPPLE SLICES UNSULPH	13Z MIS	6.49	6.49
62513	RAISINS DARK CHOC	8.5 SNK	8.99	7.19
62514	SUNSET TRAIL MIX	10Z SNK	6.99	5.59

### WOODSTOCK HERBAL

64010	ADRENAL FORMULA	1Z LIQ	19.99	17.99
64011	BP BALANCE FORMULA	1Z LIQ	16.99	15.29
64012	BRONCHIAL FORMULA	1Z LIQ	19.99	17.99
64676	C & F SUPPORT COLD FLU	2Z LIQ	38.98	35.08
64013	C & F SUPPORT COLD FLU	1Z LIQ	19.99	17.99
64014	ELDERBERRY OLIVE SYRUP	4Z LIQ	24.99	22.49
64015	FEMALE BALANCE FORMULA	1Z LIQ	16.99	15.29
64043	KIDNEY BLADDER FORMULA	1Z LIQ	16.99	15.29
64677	LIVER GALLBLADDER FORM	1Z LIQ	19.99	17.99
64241	PARA STOP FORMULA	1Z LIQ	19.99	17.99
64242	SINUS FORMULA	1Z LIQ	19.99	17.99
64243	SINUS NASAL WASH	1Z SPY	19.99	17.99
64244	SUPER IMMUNE FORMULA	1Z LIQ	19.99	17.99
64245	VIRA STOP FORMULA	1Z LIQ	19.99	17.99

### WORLD ORGANICS

12085	CHLOROPHYLL 100	8Z LIQ	7.89	6.31
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12086	CHLOROPHYLL 100	16Z LIQ	12.99	10.39
12084	CHLOROPHYLL 60	100 CAP	10.79	8.63
23476	CHLOROPHYLL MEGA 100	60 CAP	9.69	7.75

### XLEAR

57617	GUM CINNAMON SPRY	100 GUM	8.95	8.95
57618	GUM FRESH FRUIT	100 GUM	8.95	8.95
58325	GUM GREEN TEA SPRY	100 GUM	8.95	8.95
57616	GUM PEPPERMINT SPRY	100 GUM	8.95	8.95
57372	GUM SPEARMINT SPRY	100 GUM	8.95	8.95
63092	NETI XLEAR REFILL PAK	20 PAK	7.99	7.99
58569	ORAL RINSE SPRY MINT	16Z LIQ	9.95	9.95
36611	XLEAR NASAL WASH	1.5 SPY	15.59	12.47
61219	XLEAR SPRY LEMON BURST	240 LOZ	9.75	9.75
61628	XLEAR SPRY MINTS BERRY	240 LOZ	9.75	9.75
61220	XLEAR SPRY PEPPERMINT	240 LOZ	9.75	9.75

### XYLICHEW

64913	XYLICHEW GUM CINNAMON X	60 GUM	9.29	7.43
64914	XYLICHEW GUM FRUIT	60 GUM	9.29	7.43
64912	XYLICHEW GUM LICORICE	60 GUM	9.29	7.43
64915	XYLICHEW GUM PEPPERMINT	60 GUM	9.29	7.43
64916	XYLICHEW GUM SPEARMINT	60 GUM	9.29	7.43

### XYNDET HEALTH BEAUTY

50886	CLEANS BAR SENS SKIN	3.5 SOP	10.00	8.00
50887	SHAMPOO HAIR BODY	7Z LIQ	25.00	20.00
50888	SKIN BALM	7Z CRM	45.00	36.00

### Y S ORGANIC BEE FARM

59724	HONEY BUCKWHEAT RAW YSO	13Z JEL	6.45	6.45
60208	HONEY CLOVER	32Z JEL	7.75	7.75
63751	HONEY GINSENG	11Z LIQ	8.95	8.95
60571	HONEY MANUKA & PROPOLY	20 LOZ	7.75	7.75
61430	HONEY MANUKA RAW 1Z +	12Z JEL	19.95	19.95
34039	POSITIVE ENERGY	75 CAP	25.40	25.40
65195	PROPOLIS SUP STRN 50%	1Z LIQ	10.95	10.95
40344	PROPOLIS 1000 MG	90 CAP	13.90	13.90
63490	PROPOLIS GOLDENSL ECHN	60 CAP	14.50	14.50
55298	ROYAL JELLY 1000 MG	60 SGC	23.90	23.90

54934	ROYAL JELLY 2000 MG	75 CAP	36.00	36.00
58895	TRIPLE BEE COMPLEX	90 CAP	12.90	12.90

### YERBA PRIMA

24496	BENTONITE GREAT PLAINS	1PT LIQ	11.99	9.59
31676	BENTONITE GREAT PLAINS	32Z LIQ	18.09	14.47
12097	COLON CARE FORM 625 CP	180 CAP	14.99	11.99
12096	COLON CARE FORMULA	12Z PWD	12.99	10.39
18629	FIBER DAILY	180 CAP	12.99	10.39
12100	FIBER DAILY PWD	12Z PWD	11.99	9.27
26183	FIBER PLUS	180 CAP	14.99	11.99
31675	FIBER PLUS PWD	12Z PWD	13.79	11.03
12120	FIBER SOLUBLE	180 CAP	12.99	10.39
12121	FIBER SOLUBLE FORMULA	12Z PWD	12.99	10.39
28355	KALENITE HERBAL	100 TAB	11.69	9.35
18637	PSYLLIUM HUSK	180 CAP	12.99	10.39
12118	PSYLLIUM HUSK PWD	12Z PWD	11.99	9.59
12117	PSYLLIUM HUSK VCAP	180 CAP	13.99	11.19
18639	PSYLLIUM WHOLE HUSK	12Z PWD	11.99	9.59
29613	REBUILD MEN'S CLEANSNG	KIT KIT	29.99	23.99
29614	RENEW WOMEN'S CLEANSNG	KIT KIT	29.99	23.99

### YOGOURMET

64495	CBA PROB YOGURT START	5PK PAK	10.69	10.69
64496	KEFIR START FRZ DRIED	3PK PAK	8.49	8.49
64509	YOGURT MAKER 20Z ELECT	EA MIS	69.79	69.79
64494	YOGURT START NON DAIRY	4PK PAK	7.79	7.79
64497	YOGURT STARTER FRZ DRD	2PK PAK	6.49	6.49

### YUMMI BEARS

33282	C 30 MG YUMMI BEARS	BOX BER	12.99	10.39
41659	ECHIN W/C ZINC YUMMI	40 BER	11.95	9.55
39044	FIBER SUPP YUMMI BEARS	BOX BER	11.99	9.59
35134	MULTI VIT YUMMI BEARS	200 BER	27.99	22.39
33281	MULTI VIT YUMMI BEARS	90 BER	15.99	12.79
54039	OMEGA 3 6 9 YUMMI BEAR	90 GUM	16.99	13.59
33283	WHOLEFOOD YUMMI BEARS	90 BER	15.99	12.79

### ZAND HERBAL FORMULAS

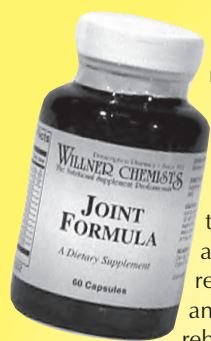
33205	HERBAL MIST THROAT SPR	2Z SPY	12.69	10.15
18623	INSURE HERBAL FORM	2Z LIQ	16.09	12.87
64132	INSURE HERBAL SUPPORT	60 CAP	11.69	9.35
18624	INSURE IMMUNE SUPPORT	4Z LIQ	27.19	21.75
64382	SILVA LOZ CITRUS TOPPM	30 LOZ	15.69	12.55
63998	SILVA SOLUTION	4Z LIQ	15.69	12.55
54914	SILVA SOLUTION ADVANCE	8Z LIQ	29.99	23.99
64095	SILVA SOLUTION ADVANCE	4Z LIQ	16.99	13.59

### ZION HEALTH

58962	ACNE TERMINATOR	1Z CRM	25.19	22.67
64353	ADAM MOIST LOT PINK GRA	8Z LOT	12.99	11.69
63261	BEAUTY BALM ADM SPF 30	2Z CRM	39.99	35.99

## Joint Formula

...from Willner Chemists:



**Joint Formula** is a combination of nutrients and herbs designed to support normal joint function and integrity. It combines some of the most potent agents known for reducing inflammation and maintaining and rebuilding the matrix of

collagen and connective tissue of the joint. Arthritis is a condition characterized by an inflammation of a joint with accompanying pain, swelling, stiffness and redness. Osteoarthritis, a natural consequence of aging joints, occurs when the cartilage cushion which lines the joints becomes stiffer and rougher. Rheumatoid arthritis is the most severe type of the disease. The body's immune system acts against the joints and surrounding tissue the same way it would attack an unwanted invader. Joints in the hands, feet and arms become extremely painful, stiff and eventually deformed. This type of arthritis can affect the entire body.

Among the various methods of treating arthritis, nutritional and herbal supplements can play a valuable role. Impressive research, along with growing clinical evidence, shows that Glucosamine and Chondroitin can relieve symptoms and, it seems, even reverse the disease. Even rheumatoid arthritis can be helped. A recent study showed that people with this condition do better when their levels of

Vitamin C are higher. Vitamin C, of course, is a key component of collagen, which makes up cartilage. Certain herbs have been shown to reduce inflammation and pain. Devil's Claw, for example (Harpagophytum procumbens), is one example. The powerful antioxidant components of Turmeric, Grape Seed and Boswellin serve to combat the free-radical tissue damage and inflammation associated with this painful condition. We feel that a combination of anti-inflammatory and healing nutrients and herbs is the most effective approach.

Two Capsules of Joint Formula Contain:  
 Vitamin C 50 mg  
 Niacinamide 75 mg  
 Manganese (Gluconate) 2 mg  
 Glucosamine Sulfate 500 mg  
 Chondroitin Sulfate 150 mg  
 DLPA (dl-phenylalanine) 100 mg  
 Turmeric Extract (95%) 100 mg  
 Devil's Claw Extract (4:1) 100 mg  
 L-Proline 100 mg  
 Horsetail Extract (2%) 50 mg  
 Boswellin Extract (60%) 50 mg  
 Grape Seed Extract\* 45 mg  
 Grape Skin Extract\* 30 mg  
 Bromelain (2400 GDU) 25 mg  
 \*from 37.5 mg grape seed extract and 37.5 mg of grape skin/grape seed extract (80:20).

### Joint Formula,

by Willner Chemists

60 Capsules, Product Code: 30440

List Price: \$16.99

Discount Price: \$13.59

120 Capsules,

Code 34568

List: \$32.59, ~ Disc: \$26.07

## New, Improved Willvite Multivitamin/Multimineral Tablets

How do you make the best even better?  
Incorporate the latest research!

- Reduce calcium from 1000mg to 800 mg
- Increase magnesium from 500mg to 600 mg
- Increase vitamin D3 from 400 IU to 800 IU
- Increase vitamin B12 from 100 mcg to 200 mcg
- Reduce selenium from 200 mcg to 100 mcg
- Reduce chromium from 200 mcg to 100 mcg
- Use chelates and active coenzyme forms
  - Add natural lycopene, 2 mg
  - Increase lutein from 1 mg to 2 mg
- Increase CoQ10 level from 5 mg to 20 mg
- Increase levels of B-vitamins by 20%
- Reduce zinc to 20 mg

Willvite is a unique, specially designed multivitamin-multimineral supplement, designed to satisfy the needs of those seeking to limit their supplement intake to as few products as possible, as well as those looking for the best "foundation" formula to which they can add specific nutrients relative to their individual health requirements. Willvite: Suggested Dose: 2 to 4 tablets daily.

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## Willner Chemists Phyto-Tech™ Herbal Supplements

### ESSENTIAL OILS

**100% Pure - Sustainably Harvested - Quality Tested - GMP Certified Facility – Kosher Certified**

**Cedarwood (Himalayan) ~ 1 fl oz, # 63003**

**Cinnamon Leaf ~ 1 fl oz, #62679**

**Clove ~ 1 fl oz, #63004**

**Eucalyptus ~ 1 fl oz, #62680; 4 fl oz, #62681**

**Grapefruit (Pink) ~ 1 fl oz, #62710**

**Lavender (French) ~ 1 fl oz, #63005; 4 fl oz, #62787**

**Lavender (Bulgarian) ~ 1 fl oz, #62815**

**Lemon ~ 1 fl oz, #63006**

**Orange (Sweet) ~ 1 fl oz, #62820**

**Oregano ~ 1 fl oz, #62821**

**Patchouli ~ 1 fl oz, #62822**

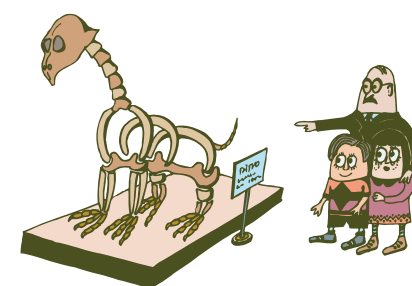
**Peppermint ~ 1 fl oz, #62884; 4 fl oz, #63007**

**Rosemary ~ 1 fl oz, #63008**

**Tea Tree (Australian) ~ 1 fl oz, #63009; 4 fl oz, #63010**

**Ylang Ylang ~ 1 fl oz, #63011**

To see a current price listing, go to [www.willner.com](http://www.willner.com). Using the "By Manufacturer" pull down menu, (upper left) select "Willner Essential Oil."



Who knows what might have happened if they had vitamin supplements back in those days?

Don't take any chances. Ensure optimal health by taking the appropriate nutritional supplements.

At the very least, take plenty of calcium, magnesium and vitamin D. Strong bones may be more important than you think!

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- Request a free supplement consultation with our pharmacists.
- Attend product demo's & sampling at our stores in Manhattan:  
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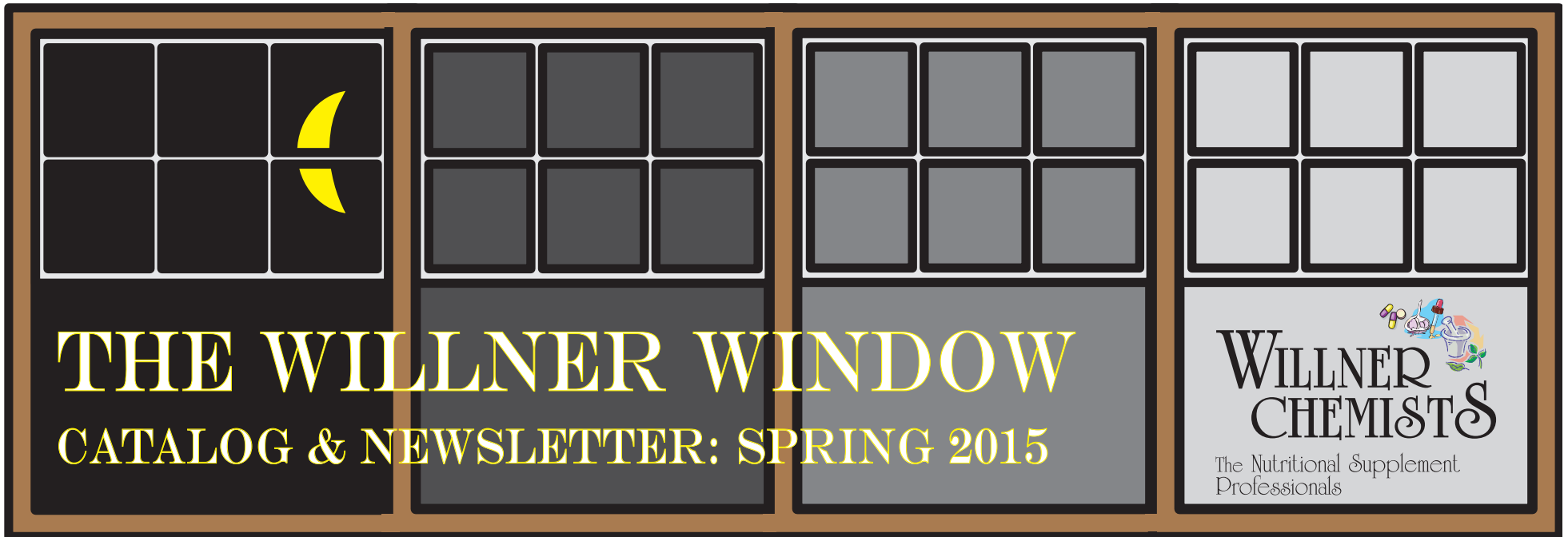


100 Year Anniversary









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**NeoCell**  
**30% Off**  
Entire Line

**Source  
Naturals**  
**35% Off**  
Entire Line

**Jarrow  
Formulas**  
**30% Off**  
Entire Line

**Nordic  
Naturals**  
**30% Off**  
Entire Line

**Healthy  
Origins**  
**40% Off**  
Entire Line

**DaVinci  
Labs**  
**30% Off**  
Entire Line

**Child Life**  
**30% Off**  
Entire Line

**Enzymatic  
Therapy**  
**35% Off**  
Selected Items

**New  
Chapter**  
**25% Off**  
Entire Lines

**Dr  
Venessa**  
**30% Off**  
Entire Line

**Natural  
Factors**  
**30% Off**  
Entire Line!

**Kyolic  
Wakunaga**  
**25% Off**  
Selected Items

**Redd  
Remedies**  
**35% Off**  
Selected Items

**Creative  
BioScience**  
**30% Off**  
Entire Line

**Garden of  
Life**  
**35% Off**  
Selected Items

**Life  
Extension**  
**25% Off**  
Selected Items!

**Opti  
Choice**  
**30% Off**  
Entire Line

**Daiwa  
Health**  
**30% Off**  
Entire Line

**Nature's  
Way**  
**35% Off**  
Selected Items

**Doctor's  
Best**  
**25% Off**  
Entire Line

**Planetary  
Herbals**  
**35% Off**  
Entire Line

**Vega**  
**25% Off**  
Selected Items

**Olympian  
Labs**  
**25% Off**  
Entire Line

**Borlind**  
**30% Off**  
Selected Items

**Reserveage**  
**25% Off**  
Selected Items

**NOW  
Foods**  
**30% Off**  
Selected Items

**Allergy  
Research**  
**25% Off**  
Entire Line

**Rainbow  
Light**  
**30% Off**  
Selected Items

**Country  
Life**  
**25% Off**  
Entire Line

**Mushroom  
Wisdom**  
**25% Off**  
Most Items



# WILLNER CHEMISTS SPRING SALE!

## UP TO 40% OFF LIST PRICE!

### APR 6TH THROUGH MAY 15TH, 2015

#### The Following Product Lines Are On Sale, As Indicated:

Acure	20% Off	Selected Items	NeoCell	30% Off	Entire Line
Allergy Research	25% Off	Entire Line	New Chapter	25% Off	Entire Line
Borlind	30% Off	Selected Items	Nordic Naturals	30% Off	Entire Line
Child Life	30% Off	Entire Line	Now Foods	30% Off	Selected Items
Country Life	25% Off	Entire Line	Olbas	30% Off	Entire Line
Creative BioScience	30% Off	Entire Line	Olympian Labs	25% Off	Entire Line
Daiwa Health Development	30% Off	Entire Line	OptiChoice	30% Off	Entire Line
DaVinci Laboratories	30% Off	Entire Line	Pines	25% Off	Entire Line
Desert Essence	30% Off	Selected Items	Planetary Herbals	35% Off	Entire Line
Doctors Best	25% Off	Entire Line	Rainbow Light	30% Off	Selected Items
Dr Venessa's Formulas	30% Off	Entire Line	Redd Remedies	35% Off	Selected Items
Enzymatic Therapy	35% Off	Selected Items	Renew Life	25% Off	Selected Items
Flora, Inc.	20% Off	Entire Line	Reserveage	25% Off	Selected Items
Garden of Life	35% Off	Selected Items	Reviva	25% Off	Selected Items
Healthy Origins	40% Off	Entire Line	Savannah Bee	20% Off	Selected Items
Jarrow Formulas	30% Off	Entire Line	Source Naturals	35% Off	Entire Line
Kyolic Wakunaga	25% Off	Selected Items	Super Nutrition	20% Off	Entire Line
Life Extension	25% Off	Selected Items	Symbiotics	30% Off	Entire Line
Mushroom Wisdom	25% Off	Most Items	Tea Tree Therapy	25% Off	Selected Items
Naturade	25% Off	Entire Line	Vega	25% Off	Selected Items
Natural Dentist	25% Off	Selected Items	Vibrant Health	25% Off	Selected Items
Natural Factors	30% Off	Entire Line	Woodstock Herbals	30% Off	Entire Line
Natures Answer	25% Off	Selected Items			
Natures Way	35% Off	Selected Items			

*\*note: All indicated Sale Discounts are based on List Price!*

*Check out all sale prices and discount pricing on our website, [www.willner.com](http://www.willner.com).*



See Order Form on page 117

*A digital version of our publications (Product Reference Catalog / Newsletter) can be found on our website, [www.willner.com](http://www.willner.com), along with radio podcasts, reference library, online product catalog and ordering.*

*We are also on Facebook and Twitter.*

*Check Don Goldberg's Blog -- [www.dongoldberg.com](http://www.dongoldberg.com)*

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