

Friday, December 17, 2004

AMINO ACIDS

BIOCHEM® COMPANION

BIOCHEM® FORMULAS

➤ BIOCHEM® SPORT

DIGESTIVE ENZYMES

HERBALS

HERBAL EXTRACTS

IRON-TEK® ESSENTIALS

IRON-TEK® NUTRITION

MAXIMIZED® SUPP

MAXI-SORB™ MULTI

MINERALS

MULTIPLE VITAMINS

SUPPLEMENTS

TARGET-MINS™

VITAMINS

Product finder

Search



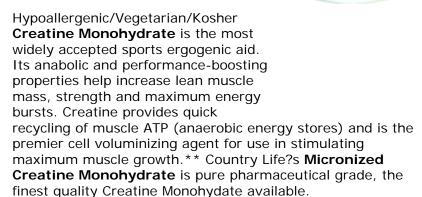
State

Zip

Biochem® sports & fitness

MICRONIZED ULTIMATE™ CREATINE MONOHYDRATE

Pharmaceutical Grade Pre & Post Workout Enhancer**





Item #: 1869-71 Type: Powder Size: Net wt. 500g (17.6 oz.) or 325 g

(11.4 oz.)
Serving Size: 1
heaping teaspoon

Additional Information Directions

Other Ingredients

Does Not Contain

Supplement Facts Serving Size 1 heaping teaspoon (5g) Servings Per Container 100 & 65 & 200 Amount Per Serving Calories 15 Creatine Monohydrate 5 g * *Daily Value not established.

Directions: LOADING PHASE: One heaping teaspoonful (5 g) mixed with juice or water 4 times daily for 5 days on an empty stomach.

WORKOUT ENHANCEMENT: One heaping teaspoonful (5 g) mixed with water 1/2 hour before workout. One heaping teaspoonful (5 g) immediately after workout, mixed with



juice, water or Biochem's Ultimate Protein System" drink.

Other Ingredients: Creatine Monohydrate

No: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives, artificial flavor or artificial color.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SITE MAP

PRIVACY & TERMS OF USE

HOME

Our Family of Companies











Vitamins

Natural Personal Care

Sports & Fitness

Beverages

Body Building

Last Updated: 12/17/2004

<u>Questions, comments</u> or <u>problems</u> about this site? <u>Copyright</u> ©1996-2004 Country Life Vitamins.

All rights reserved.

Country Life Vitamins 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 tel: 800-645-5768

info@country-life.com